

Well Written (or SAID)

With the right music, you either forget everything or you remember everything.



You must have long-term goals to keep from being frustrated by short-term failures.

Be so happy that when others look at you, they become happy too.

If you can't change your mind, then you are not using it.



Don't you love the smell of possibility in the morning?

Be careful when you blindly follow the masses. Sometimes the 'm' is silent.

The story that William Tell shot an apple off his son's head seems like a terrible waste of a computer.

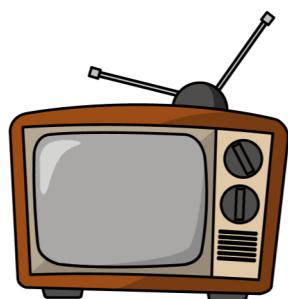
There is so much nudity on TV and in the movies that the Oscar for best costume design should go to a dermatologist.

The one thing that unites all human beings, regardless of age, gender, religion, economic status or ethnic background, is that deep down inside, we ALL believe that we are above average drivers.



This month's oxymoron: Twelve-ounce pound cake

"Watching golf on TV is too aerobic for me so I switched to watching poker."
- Anonymous



October Birthdays

Kenlyn Blecker	4th
Ivy Knierim	5th
Sonja Greene	6th
Nhanh Begley	7th
Pauline Sexton	8th
Jeanne Donars	8th
Jack Bates	9th
Barbara Swartwout	10th
Florence Goid	10th
Marilyn Taylor	11th
Dot Baar	13th
Marilyn Hart	13th
Kathryn Bennett	14th
Kathleen Smith	14th
Lois Nuernberg	14th
Roger Siegel	14th
Sidney Corderman	15th
Richard Schaffer	16th
Beverly Dajches	17th
Molly Howard	18th
Mary Christensen	18th
Lou Trevathan	19th
Angie Gentile	20th
Barbara Herring	20th
Betty Zick	21st
Emily Carroll	21st
Loren McFarland	21st
Audrey Davis	22nd
Nancy Davis	25th
Bob Blecker	25th
Mary Turner	28th
Sue Henderson	28th
Geri Turner	29th
Leroy Ozanne	30th

The Villager Contributors

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The Villager

October 2017

Westminster Village

Vol. 29 Number 10

October Highlights

Westminster Village 29th Anniversary Festivities:

Casino Night! - Thursday, October 5th - 4:00-7:00pm - Nuernberg Hall
Anniversary Dinner - Friday, October 6th - Ocotillo Dining Room *Reservation Required

Harvest Week Events:

Courtyard Dinner - Wednesday, October 18th & Thursday, October 19th - 5:00pm
*Reservation Required
Craft Show & Sell Boutique - Friday, October 20th - 2:00-6:00pm - Nuernberg Hall

Diversity Day - Friday, October 27th - 2:00pm - Nuernberg Hall

Halloween Spooktacular - Tuesday, October 31st - 4:30pm - Nuernberg Hall



A Solar Eclipse Expedition

Solar eclipses have happened probably since the moon was formed four and a half billion years ago. Earliest inhabitants of the earth, even before we homo-sapiens became our present genetic selves, gazed at the surprising phenomenon of a solar eclipse with wonder and fear. They imagined that the sun was being swallowed by some monstrous mythical creature, or that this astronomical phenomenon presaged a portentous event. Science and the scientific method have progressed in the last few hundred years, and we now know that what we see in a solar eclipse is merely the moon in its orbital motion blocking the solar light briefly at some locations on the earth. And it is now possible to predict with great accuracy the location and timing of such eclipses.

With this scientific background to guide us, Molly and I, accompanied by our children and some of our grandchildren (9 of us in all), set out to view the total solar eclipse of August 21, 2017. Many eclipse expeditions in the past have braved difficult conditions, from cannibals to terrorists, across jungles and deserts in remote areas of the earth. We simply flew to Salt Lake City, rented two large vehicles, and drove to Jackson, Wyoming. On the way, we enjoyed touring Glacier and Yellowstone National Parks. When we reached Jackson the day before the eclipse, we checked into our hotel and relaxed.

The morning of the eclipse (August 21) was beautifully clear, and as the total phase of the eclipse grew closer, we reclined comfortably in the pool yard of the Marriott hotel and were served snacks and beverages as the moon slowly inched its way (actually it was traveling at thousands of miles per hour in its orbit) across the face of the sun. The hotel provided eclipse glasses to all of us, although we had brought our own. When the eclipse entered the total phase, everyone applauded, (perhaps to give credit to the astronomers who had their prediction right), it got a bit cooler, and we removed our glasses to view the awe-inspiring scene of a total solar eclipse. We were able to see a planet (Jupiter) and a few bright stars during the total phase. In a past eclipse that Molly and I viewed, the birds became excited when the sun disappeared, but, sadly, all the time we were in Jackson we saw no bird life, so that experience was denied us. When, after about two minutes, the total phase ended and the sun began to peak around the edge of the moon, there was again applause from the group at the pool. At that point we donned our eclipse glasses once more, to watch the moon continue in its orbit to expose the sun, and the exciting part of the event was over.



A solar eclipse occurs somewhere on the earth at least twice each year. Most of them happen over water, in the Polar Regions, or in regions of the earth that are difficult or dangerous to reach. If you ever have an opportunity to see a total eclipse, it is well worth the effort and the cost to see it.

- Bob Howard

Guaranteed Fun For Everyone

Dining Service Events

Courtyard Dinner

Wednesday, October 18th &
Thursday, October 19th
5:00pm - Courtyard

Please call ext. 2079 for reservations.
Include all names of guests in your party
and desired dining date when you call.



Sunday Cinema in Nuernberg Hall - 6:00pm

Sunday, October 1 - Classic
"Barefoot in the Park"

Sunday, October 8 - Drama
"Carrie Pilby"

Sunday, October 15 - Romance
"Bright Star"

Sunday, October 22 - Comedy
"Easy Virtue"

Sunday, October 29
"Dear Zindagi"



October Summit Fitness Schedule

MONDAYS

8:30 Cardio Lite
9:30 Sit & Be Fit
10:15 Aqua Balance
12:15 Neurological Fitness

TUESDAYS

8:30 Yoga Flow 2
9:30 Beginner Yoga Flow

WEDNESDAYS

8:30 Sit and Be Fit
9:30 FUNctional Fitness

THURSDAYS

8:30 Chair Yoga & Stretch
9:00 Aqua Fit
9:30 Triple Threat
12:15 Neurological Fitness

FRIDAYS

8:30 Fit For Life
9:30 Sit and Be Fit
10:00 Aqua Balance
11:00 Yoga Nidra - Saguaro

SATURDAYS

10:00 Line Dancing
2:30 T'ai Chi

Fitness Room Orientation

11:00am - Fitness Room
Call ext. 2033 to reserve your session

Brain Training

Thursday, October 12th
2:00pm - Nuernberg Hall

Fire Safety

Wednesday, October 4th

Nuernberg Hall - 10:00am

All residents are encouraged to attend the Fire Safety Meeting. New and existing residents both have an opportunity to learn new information to stay safe! Do you ever wonder what *you* should do when the fire alarm goes off? This is your chance to find out!

Craft Show & Sell Boutique

Friday, October 20th

Nuernberg Hall - 2:00-6:00pm

Don't miss out on the Craft Show fun!

Shop the many hand-made crafts, artwork, and projects made by Westminster Village Residents, staff, and outside vendors.

Additionally, there will be a large raffle with a variety of interesting items, live music, and food!

Hope to see you there!



Diversity Day

Friday, October 27th

Nuernberg Hall - 2:00pm

Join the Westminster Village Staff for an afternoon of diversity, education, and fun! The employees at Westminster Village will be selecting a country or region as a department and creating a table with information, decorations, and snacks relative to that country.

All residents are welcome to attend and participate!



Halloween Spooktacular

Tuesday, October 31st

Nuernberg Hall - 4:30pm

Gather for an eerie evening of drinks, appetizers, costumes, and mingling. This year, we will offer seating in Nuernberg Hall, Jayhawk Lounge, and Donnelly's with appetizer stations in each room to encourage a mix-and-mingle atmosphere. No reservations or reserved seating. We will also have a "parade of costumes" for all who choose to dress up!



1989 = Birth of The Villager

February - March 1989 *Westminster Village of Scottsdale UPDATE = a mailer promoting Westminster Village: "Open since early October 1988, Westminster Village of Scottsdale is proud to presently serve about 170 residents in 110 beautiful apartments."

"HOORAY, THE FIRST OF MAY, 1989 THE VILLAGE PAPER STARTS TODAY"

*Requests for social notes, suggested names for our new publication, resident profiles, and campus news. *Derby Day with Mint Juleps on Saturday 6 May featuring Kentucky Burgoo at the buffet. *"Initial History of Westminster Village" - a very interesting article continuing through October 1989.

June 1989 ***THE VILLAGER** by popular vote! *Weyrich Health Care Center was a big winner at Kentucky Derby Day = \$61 of the betting pool! *Invitation to join 7:00 a.m. daily in the pool for Wet and Wonderful Aquarobics.

July 1989 *A lesson in Westminster vs Westminster. We of course do not have that extra (i) in Westminster Village! *Show friendship - Please wear your name tags!

August 1989 *Thank You to an anonymous couple who presented Weyrich Health Care Center with a new piano. *Security to the rescue for a bee in a lady's apartment and Maintenance into action when a resident noticed water all over his bathroom floor.

September 1989 *190 residents occupy 128 units. *The royal blue smocks of our many wonderful volunteers in the Library, Health Care Center, Ice cream Parlor, playing the piano - where there is a need, there is a volunteer! *There is a Needlepoint exhibit in the showcase by Lavidia Beaman and her late husband.

October 1989 ***1ST Anniversary Celebration, October 8, 1989 11am - 5pm** - music, dancing, awards, games, booths and good food. *Residents and employees - find great bargains at our next "Walk and Swap." *The Board established a council, elected by residents, to represent residents with requests and complaints = Residents Council.

November 1989 *Warren Kingsbury won First Place in the Arizona Senior Olympics. *Lucy Millikin became Mrs. David Morrow on the 18th. *Rosemary Cornwell has accepted Bill Miller's proposal.

December 1989 *Jane Weyrich sold James Watson a raffle ticket to benefit the Neo Natal Nursery at Scottsdale Memorial Hospital - he won a hand knit Victorian Afghan valued at \$1200. *Residents are urged to vote 4 December for Residents Council members. *A Baldwin organ is being provided for a special musical performance on 6 December.

- Jan Evans

Words From Your Residents Association President, Faye Berk



Have you seen the activity list for October? Take a deep breath and plunge into the pool of activities for this month! You will have a great time celebrating the end of a hot season in Scottsdale. I am convinced that there is no other retirement community that offers more fun and educational activities! Do take advantage of your opportunities this month.

Joan Koppenbrink, president of the Westminster Village Board of Directors, will be with us at our October Residents Association meeting. We hope that you will join us then so that you may meet her and learn more about how the Board works to make Westminster Village work for us.

We are presently in the first round of our Lifelong Learning Program. The reviews have been good. We owe a very special thank you to Maeghan Borrego, Sarah Moran and Nellie Rivera for their guidance and help in developing this new program for Westminster Village. A special 'thank you' to Bob and Sharon Cottor and Sandra Fox for sharing their expertise in this new venture. The Spring Session is in the planning stages. From the looks of the Resident participation, we may have to go to a quarter system!!!!

I extend a special 'thank you' to all of you who support the Residents Association with your attendance at the monthly meetings. Please don't tell me it's because of the coffee and cookies!

- Faye Berk, President, Residents Council

Editor's Moment

Did you realize that the carved Jack O'Lantern began in Ireland folklore about a stingy fellow named Jack. He tried to out-manuever the Devil and, when his shenanigans failed, neither God nor the Devil would let him rest.

As a result, Jack roamed the earth at night with a burning coal placed inside a hollowed-out turnip to light his way. Folks started carving scary faces on turnips with lit candles inside to keep old Stingy Jack and other bad spirits away.

After migrating to America, the tradition continued by carving pumpkins that were easier to carve than turnips. Anyway, who would enjoy a turnip pie for supper?



- Don Jones

New Neighbors – New Friends

Allan & Mary Campbell	Apartment #1061	Telephone 2293
Bruce & Lillian Knudsen	Apartment #1048	Telephone 2360
Mary Grossman	Apartment #2006	Telephone 5044
Audrey Davis	Apartment #2123	Telephone 2204
Barbara & Donald Goodwin	Apartment #2009	Telephone 2223

Wellness Schedule

Hearing Clinic - Tues, Oct. 24th - (3-4pm)

Flu Clinic

Wednesday, October 18th
Nuernberg Hall - See flyer for times
Please call ext. 2069 for an appointment

Blood Pressure Checks

Mon. to Fri. 9am - 2pm
Wellness Center

Physical Therapy

Physical Therapy by Summit Healthcare
Please call ext. 2033 for an appointment

Support Groups

Electric Cart, Walker,
Wheelchair Service

Monday, October 2nd
10:30am, IL Activity Room

Al-Anon

Meets SATURDAYS & SUNDAYS
11:00 -12:00

CoDa

WEDNESDAYS - 5:30pm
FRIDAYS - 6:00pm



Chapel Services

SUNDAY, October 1st - 4:00

Karen Meyer
Roman Catholic Chaplain

THURSDAY, October 5th - 10:00

Elizabeth Roles
Eucharist Services

SUNDAY, October 8th - 4:00

Rev. Michael Lessard
Pastoral Care Associate

SUNDAY, October 15th - 4:00

Rev. Michael Lessard
Pastoral Care Associate

WEDNESDAY, October 18th - 10:30

Jewish Services

SUNDAY, October 22nd - 4:00

Rev. Michael Lessard
Pastoral Care Associate

SUNDAY, October 29th - 4:00

Rev. Michael Lessard
Pastoral Care Associate

EVERY SUNDAY

8:30 ~ Catholic Service, NH
10:00 ~ Episcopal Service, Chapel
All Are Welcome To Attend

Have You Met Him Yet?

Did you know that one of our fellow Residents owned and restored clocks? Owned a 1936 Pierce-Arrow Roadster Convertible? Gave talks about classic cars of the 1930's? Won five – that's right, FIVE – Academy Awards? Loves classical music and ancient history? Glenn Berggren is the one.

A native of Rochester, NY, he took a teenaged interest in Early American and wooden-works clocks. From the \$2 purchase of a non-working clock he found at an antique store, which he restored to working condition, he built up his collection to 75. Encouraged by the store owner, he even opened a clock repair business, advertising "Prompt attention, careful workmanship, reasonable rates."

After graduating from the University of Rochester, he attended Chrysler Institute, served during the Korean War and worked at Chrysler and General Electric before hitting his stride in optics. That "stride" included designing a curved screen to eliminate dark edges and a special lens to sharpen projected images for the movie industry. "The lens doctor", as he was known in Hollywood, was presented with five awards for technical advancement by the Academy of Motion Pictures and Sciences. The first was for design of the Ultra-Vision Motion Picture Theater Projection System. Ultra-Vision is described as a curved screen picture projection system engineered to match basic components – the screen, the arc lamp, the lens and the projector – to each other and to the theater, designed for authentic color reproduction and startling realism.

From The Baltimore Sun, MD, 13 Feb 1983: "Nearly all of the major new film system developments in the past 30 years were tied to some lens type attachment or spreader," writes Glenn Berggren, of Optical Radiation, in the new issue of Boxoffice, the business magazine of the motion picture industry."

Working on lens designs with a German company gave Glenn and his late wife, Diane, the opportunity to travel in Europe; his favorite city is Würzburg. They also spent many years vacationing on Nantucket Island prior to his retirement from Optical Radiation Corp in Azusa, California. He then worked as a consultant for the Sigma Consulting Group until the age of 75. He continues to study ancient history, hoping that someday he will learn how the Romans moved a huge, multi-ton obelisk from Egypt to Rome with their now-primitive tools.



DID YOU TURN YOUR CLOCK BACK?
Getting back to Standard Time last night was something more than a mere chore for Glenn Berggren, 29 Cobbs Hill Dr., whose hobby is clocks. He's shown readjusting part of collection of 35 before retiring for last "fast time" night.

This photo is from the Rochester, NY, Democrat & Chronicle newspaper, 29 Sep 1946.

— Bob Miller

Recent Happenings



Butterfly Tagging



Veteran's Interviews



Happy Mariachi Trio!



Lifelong Learning



Taco Bout a Party!



Post Office Hours
Mon. - Fri. 9:45am - 12pm
Sat. 10am - 1pm
 12:30pm - 1:45pm

Banking Hours
Mon., Wed., Fri.
 9am - 12pm

October 2017

Bus Departs for Sunday Services
 7:30 St. Patrick's
 8:20 Valley Presbyterian
 9:30 St. Barnabas
 9:30 First Christian
 10:30 Mt. View Presbyterian

Sun Mon Tue Wed Thu Fri Sat

<p>1 11:00 Al-Anon - Conf Rm 1:30 Valley Pres. Communion - Chapel 2:00 Poker - Pima Lounge 4:00 Chapel Services 5:00 Casino Bingo - Act Rm 6:00 Movie - NH</p>	<p>2 9:30 Safeway, Walgreens, CVS 10:00 Bingo - NH 10:30 Electric Cart Repair 1:00 Rummikub - Crossroads 1:00 Bridge - Saguaro 1:00 Pinochle - Jayhawk 5:00 Sapporo Dinner Trip</p>	<p>3 9:30 Brain Games - Act Rm 10:00 Pokeno - NH 1:45 Pat on the Back - NH</p>	<p>4 9:45 Kerr 10:00 Fire Safety - NH 10:30 Card Sale - PO Lobby 3:00 Meet & Greet - NH 5:30 CoDa-Conference Rm.</p>	<p>5 8:00 Putting - Café Patio 9:30 Fry's 1:00 Pinochle - Jayhawk 2:00 Wood Crafts - Shop Anniversary Casino Night 4:00-7:00 - NH</p>	<p>6 9:30 Indian Bend Pavilions 10:00 Bingo - Canceled 11:00 Bible Study - Act Rm 1:00 Bridge - Saguaro 29th Anniversary Dinner Ocotillo - Call ext. 2092 for reservation</p>	<p>7 10:00 Line Dancing - NH 11:00 Al-Anon - Conf Rm 1:30 Horseracing - NH 2:30 T'ai Chi - Fitness Rm 7:00 Movie, Ch. 22</p>
<p>8 11:00 Al-Anon - Conf Rm 2:00 Poker - Pima Lounge 3:00 Scottsdale Philharmonic Trip 4:00 Chapel Services 6:00 Movie - NH</p>	<p>9 9:30 Fry's & Sprouts 10:00 Bingo - NH 11:15 Lunch Bunch Trip 1:00 Rummikub - Crossroads 1:00 Bridge - Saguaro 1:00 Pinochle - Jayhawk 2:30 WV Dollars Q&A - NH</p>	<p>10 9:30 Pres. Bible Study - Sag 9:45 Fashion Square Mall 10:00 Pokeno - NH 10:30 Art All Around Us - NH 1:30 Resident Association Meeting - NH 4:30 Cutler-Plotkin Trip</p>	<p>11 9:45 Walmart & Trader Joe's 10:30 Card Sale - PO Lobby 5:30 CoDa-Conference Rm Don Scott Clothing Sale 10:00-3:00 - NH</p>	<p>12 8:00 Putting - Café Patio 9:30 Fry's 10:30 Bake Sale - NH 1:00 Pinochle - Jayhawk 2:00 Wood Crafts - Shop 2:00 Brain Training - NH 6:45 Sing a Long - NH 6:30 She Loves Me at Don Bluth Theater Trip</p>	<p>13 10:00 Bingo - NH 11:00 Bible Study - Act Rm 1:00 Bridge - Saguaro 1:30 Music Appreciation with Cathie McDaniel - NH 4:00 Happy Hour - Café</p>	<p>14 10:00 Line Dancing - NH 11:00 Al-Anon - Conf Rm 12:30 Scottsdale Community College Planetarium Trip 2:30 T'ai Chi - Fitness Rm 7:00 Movie, Ch. 22</p>
<p>15 11:00 Al-Anon - Conf Rm 1:00 Symphony Pops Trip 2:00 Poker - Pima Lounge 4:00 Chapel Services 5:00 Casino Bingo - Act Rm 6:00 Movie - NH</p>	<p>16 9:30 Safeway, Walgreens, CVS 10:00 Bingo - NH 9:30 Desert Botanical Garden Tour & Lunch Trip 1:00 Rummikub - Crossroads 1:00 Bridge - Saguaro 1:00 Pinochle - Jayhawk</p>	<p>17 9:30 Brain Games - Act Rm 11:00 Kohl's Trip 10:00 Pokeno - NH 1:00 Harvest Cooking - Act Rm 2:00 Remembrance Service - NH</p>	<p>18 10:30 Card Sale - PO Lobby 10:30 Jewish Services 5:30 CoDa-Conference Rm 5:00 Fall Courtyard Dinner *Reservation Required Flu Clinic - NH See Flyer for Times</p>	<p>19 8:00 Putting - Café Patio 9:30 Fry's 1:00 Pinochle - Jayhawk 2:00 Wood Crafts - Shop 2:00 Movie Matinee - NH 5:00 Fall Courtyard Dinner *Reservation Required</p>	<p>20 9:30 Indian Bend Pavilions 10:00 Bingo - Canceled 11:00 Bible Study - Act Rm 1:00 Bridge - Saguaro 4:00 Happy Hour - Café 4:00 Shabbat Dinner Trip Craft Show & Sell Boutique 2:00-6:00 - NH</p>	<p>21 10:00 Line Dancing - NH 11:00 Al-Anon - Conf Rm 2:00 Carole Kepner - NH 2:30 T'ai Chi - Fitness Rm. 7:00 Movie, Ch. 22</p>
<p>22 11:00 Al-Anon - Conf Rm 2:00 Poker - Pima Lounge 4:00 Chapel Services 6:00 Movie - NH</p>	<p>23 9:30 Fry's & Sprouts 10:00 Bingo - NH 1:00 Rummikub - Crossroads 1:00 Bridge - Saguaro 1:00 Pinochle - Jayhawk</p>	<p>24 9:45 Kerr 10:00 Pokeno - NH 10:30 Art All Around Us - Saguaro 2:00 Igor Glenn, One Man Band Performance - NH</p>	<p>25 8:00 Breakfast on Bud - Café 10:00 Dolly Steamboat Trip 10:30 Rabbi Levi - Saguaro 10:30 Card Sale - PO Lobby 1:15 Walmart & Trader Joe's 5:30 CoDa-Conference Rm</p>	<p>26 8:00 Putting - Café Patio 9:30 Fry's 1:00 Pinochle - Jayhawk 2:00 Wood Crafts - Shop 2:00 Movie Matinee - NH 6:45 Sing a Long - NH 6:45 Shakespeare at Fountain Hills Theater Trip</p>	<p>27 10:00 Bingo - NH 11:00 Bible Study - Act Rm 1:00 Bridge - Saguaro 2:00 Diversity Day - NH 4:00 Happy Hour - Café</p>	<p>28 10:00 Line Dancing - NH 11:00 Al-Anon - Conf Rm 2:30 T'ai Chi - Fitness Rm 7:00 Movie, Ch. 22</p>
<p>29 11:00 Al-Anon - Conf Rm 2:00 Poker - Pima Lounge 2:00 Children's Bluegrass Band - NH 4:00 Chapel Services 6:00 Movie - NH</p>	<p>30 9:30 Safeway, Walgreens, CVS 10:00 Bingo - NH 11:30 Wild Horse Pass Casino & Phoenix Outlets Trip 1:00 Rummikub - Crossroads 1:00 Bridge - Saguaro 1:00 Pinochle - Jayhawk</p>	<p>31 Halloween! 10:00 Pokeno - NH 4:30 Halloween Spooktacular - NH</p>	<p>Game Night Every Tuesday in the Garden Café 7:30pm</p>	<p>The Village Shoppe J2 Foyer <u>Check Flyer for Shoppe Schedule</u></p>		