

A MONTHLY
PUBLICATION OF
RESIDENTS AND
ADMINISTRATION



NEWS

October 2013

Celebrating 100 Years • 1915 - 2015

CALIFORNIA ASSEMBLY MEMBER CHRIS HOLDEN FORUM

California State Assembly member, Chris Holden, is coming to Pilgrim Place for a capitol/legislative update Q&A on **Friday, October 11, at 10:00 a.m. in Decker Hall.**

Chris was elected to the State Assembly in November 2012 with an overwhelming 62% of the vote from the new 41st Assembly District that includes cities from Pasadena to Upland. He has been appointed Majority Whip, and also serves on the numerous legislative committees in Sacramento, including Labor and Employment, Consumer Protection, and Transportation.

He formerly served 23 years as a Pasadena City Council member, and is only the second African American to serve as Mayor.

Join us for what will undoubtedly be a lively, informative, and important dialogue with one of the dynamic leaders of the new California State Assembly.

-Bill Cunitz, President/CEO

CONGRATULATIONS TO PILGRIM PLACE WEAVERS FOR THEIR PRIZE-WINNING WAYS AT THE L. A. COUNTY FAIR!

First prizes went to Ruth Auld, Jane Douglass, Gail Duggan, Elsie Freudenberger, Donna Klein, Audrey Lightbody, Cathy Thompson, Miriam Todoroff, Janet Vandevender, and Shirley Washington. Second prizes went to Elsie Harber and Audrey Lightbody (for one of her two entries). Every entry submitted won a prize—way to go Pilgrims!!

-Audrey Lightbody for the Weavers



DR. PATRICIA EASTON TO VISIT PLATONIC COFFEE



Dr. Patricia Easton is the Chairperson of the Philosophy Department, and Academic Provost at Claremont Graduate University. We are truly excited that she will be with us at Platonic Coffee on **Thursday, October 17, at 10:00 a.m. in Porter Conference Room.** Ed Yonan is as happy as I am, and we are making available a scholarly paper that she has sent us on the philosophy of mind and its relation to the body. The modern history of this subject, starting with Descartes, is an important and contentious one. She will talk with us informally about the importance of that history, and engage us in conversation about philosophy in general.

Dr. Easton is originally from Canada and speaks French fluently. She did her Ph.D. at the University of Western Ontario, and taught there before coming to CGU in 1995. She specializes in the history of modern philosophy, particularly in Descartes and the Cartesians of the seventeenth century. Her interests include the philosophy of mind and related fields of study.

It will be thought-provoking, indeed, to converse with such a first-rate scholar who has published so prolifically on current issues of modern thought. The list of her presentations, grants, honors, and other achievements goes on for seven pages on the CGU website. Please join us on Thursday, October 17, at 10:00 a.m.

-Ken Stephens

When the well is dry, we know the worth of water. -BENJAMIN FRANKLIN

RESIDENT ANNUAL GIVING

RECEIVING & GIVING: ONE STORY

I imagine that you, like me, have enjoyed hearing dozens, and even hundreds of Pilgrims, speak of the interesting, important ways they've given their lives to their vocational callings. "To give" has been the operative verb. Recently, I've paid attention to another verb shared among us Pilgrims: "to receive."

I move around the campus now on crutches, or a wheelchair, or scooter. This is not what I had in mind when our family made plans to visit Bali! However, I now have had the amazing opportunity, like many others here, **to receive** something special because I live at Pilgrim Place.

Pilgrim friends have helped in a myriad of ways—met us at the airport, brought food, cards, flowers, the latest New York Times—on and on! My heart overflows with gratitude.

As a member of the Resident Annual Giving team, I want to encourage us all to observe and appreciate the range of "receiving" that takes place among us as Pilgrims over and over choose to give.

May you give what you can, "according to your gifts" in this 2013 campaign, and know that many Pilgrims will receive the gifts you contribute gratefully. I see it as a vital way that each one of us—an intentionally diverse group connected through a caring community of receivers and givers—become united as one band of Pilgrims.

My profound thanks to you for the giving and receiving at Pilgrim Place. *-Philip F. McKean*

KEITH'S KOMMENTS

Recently, there has been discussion about the question of why people come to Pilgrim Place. What are the strengths which draw people to want to live in this community, and what are the aspects of life here which tend to discourage one from choosing Pilgrim Place as a place of residence? This has prompted Linda and me to think about why we chose Pilgrim Place.

First, of course, is the fact that we had lived overseas most of our lives, and never owned a home. Upon retiring, we needed to find a place, preferably with a warm climate. Our daughter had attended Pitzer College, and while vacationing from Hong Kong to visit her, we became acquainted with the city of Claremont. We knew many people who were residents of Pilgrim Place, and through their kindness, stayed in the guest rooms at Porter Hall whenever we would we come to see our daughter.

It soon became obvious that Claremont is a wonderful, friendly community in which to live. The tree-lined streets and the small shopping area are pleasant for strolling. The libraries, lectures, plays, and concerts which are freely offered by the colleges to residents, contribute much to the quality of life here. The Los Angeles area also offers much.

The intentional nature of life in Pilgrim Place is welcoming, inviting, and stimulating. The caring and concern which residents have for one another is very apparent. The support which is shared by individuals for one another—both through giving financially for the good of the community, as well as volunteering in many ways—is encouraging. Residents taking responsibility for one another is a serious commitment here. Beyond the campus of Pilgrim Place, there are many ways to join with others in continuing lives of service and ministry.

These are all values we hold dear, and are reasons for choosing Pilgrim Place as a community for residence. Linda and I have no regrets, and feel fortunate to be here. I invite each of you to reflect on why you chose Pilgrim Place. Are we meeting your needs? How can we, together, improve so it will continue to be inviting to others?

-Keith Tennis, Moderator

RESIDENT GIVING AS OF SEPTEMBER 18, 2013

55% of Pilgrim households
have contributed to date

\$121,944 total giving to date

\$58,056 to meet 2013 goal of \$180,000

Considerations of the CEO

FUTURE *TENSE?*

Resident, Eleonore Powell, suggests that Pilgrim Place has gone through more change in the last 25 years than during its first 75! In many ways, she's probably right. But I also think it's safe to say that the next 25 years will undoubtedly witness even more accelerated change! Are you feeling tense yet?

Some of that change may be welcome and offer hopeful perspectives on healthy aging, for example. Other changes may strike fear in the hearts of those concerned about the continuing evolution of the Claremont Missionary Home into a model of senior living our forebears couldn't even dream about. A few others may be anxious that more changes could threaten our identity, our niche, our perceived unique place among CCRC's.

Envisioning the future is probably more important than focusing on our past as we approach the 100th anniversary of the incorporation of the Claremont Missionary Home a.k.a. Pilgrim Place. It requires us to think strategically and plan thoughtfully about how to ride waves of change while not being overwhelmed in the process. It provides us with continuing opportunities to be leaders in modeling successful aging to a defined, but increasingly diverse population.

When I arrived here in the late 1990's, we began to speculate strategically on what changes might be necessary or recommended in the future to ensure the continuing viability and vitality of Pilgrim Place. Many things we envisioned back then have been realized. Yet even as we ushered in these new elements over the past 15 years, our strategic vision has always been to preserve the core of who we are as an intentional community.

Consider the record:

- ♦ Redesigned by-laws with a new Board/Resident/Staff governance model back in 2003.
- ♦ Major campus development project and a \$26,000,000 bond issue.
- ♦ Successful transition to a licensed Continuing Care Retirement Community.
- ♦ Admission eligibility evolution while adding dozens of new, engaged residents.
- ♦ Innovative technologies have transformed how we communicate, share information.
- ♦ Culture Change is evolving our "hospital-like" skilled nursing and traditional Assisted Living facilities to more home-like Person First environments.

The distinctiveness of Pilgrim Place is not automatic, not a given. As we've experienced in recent months, it requires conscious effort, discussion, and buy-in. In light of our Centennial, I look forward to more dialogue about the nature of intentional community, the core identity of Pilgrim Place, and changes that are taking place now and will inevitably take place in the future.

-Bill Cunitz, President/CEO

MAKE A SIMPLE PLANNED GIFT

It is simple to make a planned gift by designating the beneficiary of your IRA to the Pilgrim Place Endowment, and/or another charity. You can secure a beneficiary designation document from the custodian of your IRA. Be sure to return a completed copy to them.

Because the funds in a traditional IRA are tax-deferred, all withdrawals by you in your lifetime (or that benefit your estate) will pay income tax on the growth. If you are 70-1/2 or over, you may make a qualified charitable distribution directly to your charity, satisfying any IRA required minimum distributions for the year which would be otherwise taxable. For more information, talk with your financial advisor as you consider this "simple gift."

For more information on benefitting Pilgrim Place, contact Joyce Yarborough, Vice President of Advancement, telephone 909-399-5511.

ANNOUNCING

WINSOR BRASS MINI-CONCERT

On Friday, October 4, following our noon meal in Decker Hall, the Winsor Brass will have a 20-25 minute concert of light music. The program will be varied, featuring music of different periods and styles which we believe you will find interesting and, hopefully, delightful.

We hope you will put this date on your calendar as we look forward to entertaining you.

-Jim Fiske

FALL 2013 EVENTS FOR WORLD AFFAIRS

On Wednesday, October 9, at 10:45 a.m. in Decker Hall, we will mark twelve long years of war with Afghanistan by watching a 70-minute film called "Wartorn: 1861-2010." Today we call the interior psychological wounds of war PTSD, but it has a long history under such names as hysteria, shell shock, and combat fatigue. Produced by James Gandolfini, the narrative draws on personal stories, interviews, letters and journals, as well as photographs and war footage. The destructive legacy of combat's invisible wounds is increasingly part of our national and international life.



Our December World Affairs offering will be on December 11 in Decker Hall at 11:00 a.m. The subject will be Indonesia as Phil McKean speaks of their recent trip and compares present-day Indonesia with what he and Deborah experienced as frontier interns in their youth. Indonesia has over 238 million people, of whom approximately 87% are Muslim. It is an influential force in Southeast Asia. With his background in anthropology, Phil will be focusing especially on Java.

-Pat Patterson

JOIN IN READING & DISCUSSING HOMER ON FRIDAY AFTERNOONS

The Homer discussion group wishes to invite others to join them in reading and discussing *The Iliad* and *The Odyssey* on Fridays, 3:00-4:00 p.m., in Friendship Court Lounge. During the summer, the group has been listening to lectures by Professor Elizabeth Vandiver on *The Iliad* and *The Odyssey*, and will now read aloud, beginning with chapters in *The Iliad* selected by Dennis MacDonald, or by reading all of the opus, which concerns the events of the Trojan War. Dennis also has readings on cassette tapes. Discussions will be a part of the readings.

Homer's epic poem is the first written work in Western literature, and has had a strong influence, not only in Greek literature, but also Roman—especially Virgil's *Aeneid*, the *Old & New Testaments*, and other Western literature, including Dante's *Divine Comedy*.

Each member of the group should have a copy of the *Iliad*. Copies may be found on line, or borrowed from local libraries. For further information, contact Ken Hougland at 909-447-0935, or e-mail khoug@live.com.

-Ken Hougland

The Rev. Stephen Sterner, Acting President of Pacific School of Religion, will visit Pilgrim Place on October 18. He will be here for the common meal and afterwards, conversation with those interested in the future of theological education and PSR in particular. The conversation after the meal will take place in the Porter Conference Room.

-Paul Kittlaus & Bill Johnson

IDEAS FOR CENTENNIAL

Many thanks to the 35 residents who attended one of four IDEAS sessions, and shared a total of 89 wonderful IDEAS for our upcoming Centennial commemoration! Your IDEAS will be reported at the next meeting of the Centennial Committee, and I know the members will join me in offering their great appreciation to you!

-Dale Morgan



... Reminder, campus speed limit is 15 miles per hour!

WES BROWN TO SPEAK AT ANDIRON CLUB ON HIS LIFE & WORK ON FOUR CONTINENTS

Wes and Cheryl Brown came to Pilgrim Place in September 2004 from service in theological education in Prague, Czech Republic. Wes will tell his own story at the Andiron Club in **Decker Hall on Wednesday, October 2, at 11:00 a.m.** His title is, *"A Journey of Faith & Witness on Four Continents."* Theological educator, pastor, seminary president, lecturer, columnist—his ministry has taken a variety of roles in different countries in Africa, Asia, Europe, and North America.

-Donald Swearer

FALL RELIGIONS LECTURE: THE MORMONS

Dr. Armand L. Mauss will lecture on *"The Mormons: Christians with a Difference,"* on **Friday, October 4, 11:00 a.m., at Decker Hall.** Professor Mauss received his Ph.D. in Sociology and Religious Studies from the University of California, Berkeley, and had a long career in teaching at various colleges and universities before retiring after 30 years on the faculty at Washington State University (Pullman).

Since 1999, he has lived with his wife, Ruth, in Irvine, California, near some of their eight children. He is the author of several books and many articles on the Latter Day Saints (Mormons), and is a life-long member of that denomination. His most important books are, *"The Angel & the Beehive: The Mormon Struggle with Assimilation"* (1994); *"All Abraham's Children: Changing Mormon Conceptions of Race & Lineage"* (2003); and *"Shifting Borders & a Tattered Passport: Intellectual Journeys of a Mormon Academic"* (2012), all published by university presses.

Since his retirement in California, Professor Mauss has devoted much of his time toward the establishment and funding of the Howard W. Hunter Chair of Mormon Studies in the Department of Religion at the Claremont Graduate University, where he also taught as an adjunct professor between 2005 and 2009.

-Dickson K. Yagi



"Change your thoughts, and you change the world."

-HAROLD R. MCALINDON, WRITER

CELEBRATING OUR NEW PHYSICAL REHABILITATION CENTER



Announcing an open house at our **Health Services Center on October 17 from 4:00-6:00 p.m.**, with a ribbon cutting ceremony held at 5:30 p.m. for the wider Claremont community. All are welcome.

Tours of the new therapy center include indoor and outdoor exercise areas. The enclosed outdoor courtyard hosts an exercise station, various textured walking surfaces, and a putting green. Inside, a variety of exercise machines are being used for mobility, resistance training, and balance. Included in the center is a studio apartment designed for occupational therapy.

Please RSVP to Viki Battaglia at 909-399-5573.

Still composing your page for the Pilgrim Book of Life? Haven't started yet? Waiting for things to calm down so you can focus on it?

The fall **CONTEMPLATIVE WRITING** series offers gentle guidance and community support. Bring pen, paper, and curiosity to North Pitzer Lounge on **Tuesdays from 9:30 to 11:00 a.m., October 15, 22, and 29.** Come once, twice, or all three sessions.

During Advent, Contemplative Writers will gather from 3:00-4:30 p.m. on Thursdays, December 5, 12, and 19.

-Judith Favor

WOMENCHURCH

On **Sunday, October 27**, women from the Claremont/Pomona area, from Santa Monica, La Crescenta, Montebello, Bakersfield, Duarte, L.A., Long Beach, and Montebello will gather as we do on the fourth Sunday of most months for Women Church, at **10:00 a.m. in Napier Common Room.** Karen Kidd from Bakersfield will be leading an ecumenical liturgy using II Timothy 1:7, *"God did not give us a spirit of cowardice,"* and the song, *"O Spirit of Power"* by Jann Aldredge. All women are welcomed, always. To help planning for set-up and refreshments, RSVP to Peg Linnehan at 909-626-9140, if possible.

-Virginia Bergfalk



NEW PILGRIM PLACE LIBRARY BOOKS OCTOBER 2013

Non-Fiction

- ◆ *The Art of Controversy: Political Cartoons & their Enduring Power*, by Victor S. Navasky. Knopf, 2013.
- ◆ *The Future: Six Drivers of Global Change*, by Al Gore. Random House, 2013.
- ◆ *The Oath: The Obama White House & the Supreme Court*, by Jeffrey Toobin. Doubleday, 2012.
- ◆ *Why Did Jesus, Moses, the Buddha, & Mohammed Cross the Road? Christian Identity in a Multi-faith World*, by Brian D. McLaren. Jericho Books, 2012.

Mysteries

- ◆ *Danse Macabre*, by Gerald Elias. Minotaur Books, 2010.
- ◆ *Low Pressure*, by Sandra Brown. Grand Central, 2012.
- ◆ *The Mapping of Love & Death: A Maisie Dobbs Novel*, by Jacqueline Winspear. Harper, 2010.

Claremont on the Same Page 2013 Selection

- ◆ *Take One Candle, Light a Room*, by Susan Straight. Anchor Books, 2010. (The PP Library has one hardback copy plus four paperback copies donated by the Friends of the Claremont Public Library.)

From National Book Award finalist, Straight, a searing, ultimately redemptive novel about America's legacy of racial violence and a woman's struggle to forge her own identity. "*Straight writes about the thorny subject of race with sensitivity and nuance.*" (*Kirkus* book review)

Pilgrim Place Authors

- ◆ *Guide to Birds in Our Neighborhood*, by Miriam Olson. Pilgrim Place, 1994.
- ◆ *1 Corinthians*, by David J. Lull. Chalice Press, 2007.
- ◆ *The Meaning of These Days: Memoir of a Philosophical Pastor*, by Kenneth D. Stephens. Resource Publications, 2013.
- ◆ *Nag Hammadi Codices: A General Introduction to the Nature & Significance of the Coptic Gnostic Library from Nag Hammadi*, by James M. Robinson. 2nd revised edition. Institute for Antiquity and Christianity, 1977.
- ◆ *Why Whitehead?* by John B. Cobb. P&F Press, 2004.

-Mary Yonan

PATIENT ADVOCACY TRAINING

November 15-16, 2013

"If it's true that we only remember about half of what the doctor says, then I think we all need to have an advocate all the time," said one Pilgrim.

The Patient Advocacy Program is a unique Pilgrim Place program which was established by Donna Ambrogi and John Denham ten years ago. It links trained residents with those who wish to have an advocate or "buddy"—a spouse, partner, friend—to help thread the medical treatment maze. Today we have over 60 advocates who work with more than 70 Pilgrim Place residents. Advocates help by talking with the resident about symptoms and what they want from their appointment, accompanying Pilgrims to doctor appointments, taking notes and insuring that all questions are answered, following up with our Clinic staff, arranging for follow-up tests or visits to specialists (if needed), and helping to think through the implications of medical recommendations.

This fall, training will occur on **Friday afternoon, November 15 (1:30-4:30 p.m.), and Saturday morning, November 16 (9:00 a.m. to noon), in the Board Room of the Administration building.**

The training process involves detailed information, practice in the doctor/patient relationship, and techniques to ensure the best possible medical outcomes. Training helps to make everyone a smarter patient, and actually signing on to become a Patient Advocate is optional.

The Patient Advocacy course gets rave reviews! Folks have said: *"The training had a direct impact on my thinking about my own health care."* *"As a new person in the area, I was delighted to learn about how things work here in Southern California".* *"I have an entirely new perspective on my own responsibility for communicating effectively with my doctor."*

The course will focus on the Doctor/Health Professional/Patient relationship, patient record keeping, and internet research, as well as becoming a "smart patient" in the doctor's office, the emergency room, and the hospital setting. Training includes the advocate's role, making treatment decisions, and dealing with Advance Directives, HMOs, and HIPPA.

To discuss the training course and the Patient Advocacy program itself in further detail, please contact Linda Vogel, Janet Evans, or Donna Ambrogi. Please let us know of your interest by sending \$10 to cover the cost of reading materials to Janet Evans, 607 Leyden Lane, by November 1.

-Janet Evans

RELAX & GROW

A small group of Pilgrims, led by Howard Fuller, has been meeting to explore aspects of personality that we neglected in earlier years. The format combines silence and individual writing with group conversation. We are using our imaginations to take pressure off ourselves and heal, to develop greater inner freedom and authenticity, to gain more balance, and to learn more about who we are now and who we may become.

We are inspired by this quotation from Marianne Williamson: *"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, 'Who am I to be brilliant, gorgeous, talented, and fabulous?' Actually, who are you **not** to be? You are a child of God...we are all meant to shine, as children do. We were born to make manifest the glory of God that is within us."*

The group meets for an hour on **Tuesday afternoons at 4:00 p.m. in North Pitzer lounge.** Bring writing materials and see whether this approach speaks to you.

-Tom Hubbard

65th Annual Pilgrim Place Festival

Friday & Saturday, November 8 & 9, 2013

10:00 a.m. - 4:00 p.m.

YIKES!!

It's October! That means Festival is only a month (and maybe a couple of weeks, but who's counting) away. And so far only a few of you have returned your Authors & Composers inventory sheets to let me know what you hope to sell in the **Pilgrim Place Authors & Composers Booth.** At this point, it looks like we won't need a regular booth; we could set up in a pup tent.

DO NOT PANIC (I'll take care of that)! But RUN (figuratively speaking) to your nearest bookshelf, or the thingy that holds your CDs. Then decide which titles you want to sell this year in the booth, fill out your inventory form, and give it back to me. (If I forgot to give you a form, or if you forgot where you put it, I can give you another.)

I'll be looking for you...

-Donna Blackstock

PAUL DWYER & ADRIANE POST IN CONCERT AT PILGRIM PLACE

Paul Dwyer, baroque cello, will return to Pilgrim Place for a concert in **Decker Hall on Friday, October 4, at 7:00 p.m.** He will be joined by his fiancée, Adriane Post, baroque violin. (This is two days later than originally announced!) A reception will follow the concert. Their program will include the following works:

- Georg Friedrich Händel (1685-1759), Sonata for violin & basso continuo in D Minor, Op. 1/No. 1, HWV 359a
- Johann Sebastian Bach (1685-1750), Suite for Solo Cello No. 3 in C Major, BWV 1009
- François Couperin (1668-1773), Septieme Concert Royal from "*Les Gouts Reunis*"
- Arcangelo Corelli (1653-1713), Sonata for violin and basso continuo No. 5 in G Minor, Op. 5/No. 5

Please join them for this evening of baroque music on instruments appropriate for the period.

(Both will also be playing in the San Diego area for The Musical Oratory Foundation at www.facebook.com/TheMusicalOratoryFoundation. More information on Paul and Adriane can be found on their web pages at pauldwyer.net and adrianepost.com.)

-Jim Dwyer

“NOT BY BREAD ALONE...”

It was clear to the group of us who volunteered at Camp 13 (a camp for convicted female felons in the Santa Monica Mountains) that helping the women keep in contact with their children would be the best thing we could do for them. Even though the inmates lived in a highly-desired facility, where they were taught valuable firefighting skills, their greatest pain was being parted from their children. *“I miss my children so much,”* was a constant refrain in every conversation.

One of our members suggested that we purchase cards and card-making materials for the women and provide postage stamps for those who wished to write their children. The initial response was very positive and encouraging; most took us up on our offer. Now that we had what we thought was a very well-balanced and varied program of family outreach/Bible study/Mass/prayer opportunities, we knew that we were on the right path.

All went well until the director of the camp called to say that a routine check of the inmates’ lockers revealed the presence of many cards and colored paper, a breach of the camp’s regulations. *“The women are allowed to have in their lockers only those materials provided by the authorities,”* we were told. *“Nothing else is allowed.”*

We wondered why some of the women did not send their cards, even though they had made many and seemed happy to be able to communicate with their children. It was only when we asked the women about the matter that we found out that many of them felt so dispirited about being in prison and ashamed of being such failures as mothers, that they could not bring themselves to make contact with their children. Some feared rejection or even an angry outburst by their children for what was regarded as abandonment by their mothers. All this was for them a bitter pill to swallow.

While we were processing their responses, one of the volunteers mentioned that she had noticed an increasing preference by the women for Bible study/prayer/Mass get-togethers, with a parallel drop off in the numbers choosing the card-making workshop. This shift in focus caught us by surprise, but it did provide us with an insight into the minds and hearts of the Camp 13 inmates. The women lacked self-confidence, and felt so bad about themselves that they first needed to build up their own self-esteem before they could reach out to others. Their hunger was not just social or maternal; it was above all spiritual, a need that only prayer could satisfy. It was a good illustration of the truth of Jesus’ words, *“It is not by bread alone that one lives, but on every word that comes from the mouth of God.”*

-Fr. Peter O’Reilly

WOMAN'S PERSPECTIVE FORUM

"Justice will not be Defeated: Women's Stories"

Wednesday, October 23, 11:00 a.m., Decker Hall

This first presentation of the 2013-14 year will feature Maria Guardado, refugee from El Salvador and tireless worker on behalf of immigrants, labor, and who is against the institutions of torture, as well as Darlene Nicgorski, a new Pilgrim Place resident. Maria, who fled El Salvador as a result of her justice work as a follower of El Salvador's Archbishop, Oscar Romero, and Darlene, whose pastor had been assassinated in Guatemala and whose community fled Guatemala, met in Tucson in 1983. Maria, who was escaping for her life, was assisted across the border by the Tucson Ecumenical Council and given sanctuary. Darlene interviewed her in Tucson, and Maria spent two weeks at Darlene's home before the underground railroad took her to L.A. In late 2011, Maria found Darlene again.

Maria Guardado has received numerous honors for her courage and activism, including a recent ten-story high mural near the Paseo de la Reforma in Mexico City. She is an accomplished poet whose story was portrayed in a short documentary in 2000. Maria will be accompanied by Sandra Sunshine Williams, who directs the L.A. office of the School of the Americas Watch, and who will update us on the current status of immigration reform and continued efforts to raise awareness around the teaching and export of torture to other countries.

On **October 16, at 7:00 pm in Decker Hall**, we will have the opportunity to see the **documentary on Maria Guardado's life: *"Testimony: The Maria Guardado Story; Welcome Back to El Salvador."*** This 60-minute film has received many international Best Documentary awards. This provides background for the October 23 forum when we get to meet Maria Guardado in person.

-Lynn Rhodes

PILGRIM PLACE SUSTAINABILITY SITE UPDATE

The new web pages under "*Sustainability*" on the Pilgrim Place website—"Residents' Side"—have been filled out to a high degree with useful resources. You will be pleased to see what valuable information you can find about our semi-arid climate, including photos to remind us how beautiful both native California plants and succulents from many origins can be under the right circumstances, while offering an enormous potential savings in water use and ever-climbing water bills. And if you missed Bob's insightful PowerPoint on September 16, it should soon be available from Sights and Sounds on DVD.

In addition to the pages you'll find on the web site (mostly under the Environmental Concerns Committee's rubric), you'll also find a forum (aka blog) where you can add your opinion and helpful comments to the postings which you find there. (If you want your contribution to appear as a post, Jim Dwyer can see to that, too—just email jamesdwyer@mac.com.)

Finally, if you see irrigation water run-off into the streets, or have other issues to report about water waste anywhere on campus, you can just "click-through" from the line at the bottom of any page in the sustainability site to send an email message from your email account to Adam Villegas at B&G, with a copy to Bob Traer which will be logged for follow-up. Bob reports that Adam and his people at B&G are dealing with the run-off as quickly as possible, thanks to your input.

-Jim Dwyer

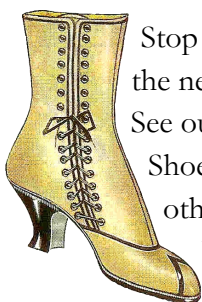
IN REMEMBRANCE

Grace Jones Moore

September 17, 2013

Entered Pilgrim Place in 2000

NEW EXHIBIT AT THE PETTERSON MUSEUM!



Stop by and view ***"Stepping out in Style,"*** the new exhibit of shoes from all over the world!

See our own history and that of other countries through their shoes!

Shoes on display include those donated from community members, other museums, and our own collection here at the Petterson.

We hope you get a chance to drop by for a look. - Viki Battaglia

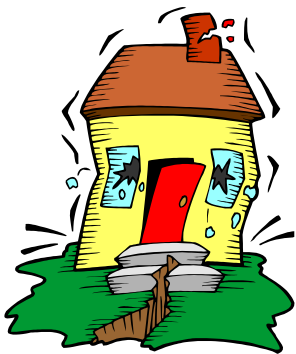


EQUAL EMPLOYMENT OPPORTUNITY REPORT

Each year Pilgrim Place is required to provide a staffing report to the United States Equal Employment Opportunity Commission. The report is required under the authority of Title VII of the Civil Rights Act of 1964. It represents a listing of current employees by gender and ethnic category for a series of job categories such as managers, professionals, technicians, administrative support, craft workers, laborers, and service workers. The following is a summary of our 2013 report by ethnic and gender breakdown:

	<u>Male</u>	<u>Female</u>
White	16	38
Hispanic	20	86
African-American	5	11
Hawaiian/Pacific Island	0	2
Asian	6	28
American Indian	0	1
Two or more races	0	2
TOTAL	47	168

-Mary Ann Macias, Human Resources Director



GREAT CALIFORNIA SHAKE-OUT

The Resident Security Council (RSC) was given considerable feedback following the last two earthquake preparedness drills for independent-living residents, which are held in the fall and spring each year. The admonition that new residents should be better informed on earthquake safety issues was heard loud and clear.

October 16, 3:00 p.m., New Resident Orientation, Napier Common Room.

Especially for new Pilgrims, but all are welcome; learn how residents are organized, through the RSC, to prepare for and react responsibly to a major earthquake. The basics of earthquake preparation and reaction will be covered.

Last year, the RSC was asked by several residents to register Pilgrim Place with, and participate in, the yearly statewide earthquake drill called the **Great California Shake-Out**. We are registered, and on **October 17**, wherever you are at **10:17 a.m.**, all Pilgrim Place residents should take appropriate action as if a real earthquake has occurred: **Duck—Cover—and Hold** as best you can. Put the yellow door-hanger card on the outside of your front door if you are at home (to indicate you are okay). An RSC representative from your area will come to your home following the Shake-Out drill and provide you with a brief questionnaire. Bring the questionnaire to Decker and attend the RSC meeting.

October 17, 11:00 a.m., Decker Hall. Following the Shake-Out drill, please attend this important informational meeting. We will review actions taken during the Shake-Out and field questions. The following issues will be covered:

- ♦ Sharon Berry, Director of Wellness & Clinical Services, will review how best to react if you have limited mobility, and Sue Fairley, Vice President of Health Services, will join us to answer any additional questions.
- ♦ Review importance of monthly mini-drills and hear how they have been implemented in several areas.
- ♦ Review actions to take at Pilgrim Place following a quake.
- ♦ Information on pet safety from the Pet Policy Committee.
- ♦ Distribute updated cluster lists and provide informational handouts.

We have heard from several Pilgrims that past drills have not adequately prepared you or Pilgrim Place for an earthquake. We know from those who have survived disasters that practicing what to do ahead of time (as opposed to reading about it) is the only effective preparation. When adrenaline is pumping, our brains are less reliable, but our **muscle memory WILL kick in** and help us be effective during a crisis. The RSC has been organizing with area leaders to provide monthly mini drills in their areas, thus making earthquake preparedness a year-round focus. Please participate as often as possible.

-Rupert Nelson & Alice Cook, Resident Security Council

About Pilgrims...

PILGRIM TOURS

Pilgrim Tours is staying put until after Festival, content to let the world come to us. But before things get really crazy around here, take a moment now to add the following entries to your calendar...

Fall color in Apple Country, November 20, \$34, dinner included. The air will be crisp, the trees will be brilliant except, of course, for the plentiful evergreens! We will sample the wares at the apple barns. Be sure to try the made-before-your-eyes cider donut holes! Later, we will enjoy a fireside supper at picturesque Pilgrim Pines. You will savor every bite of Chef John's fresh baked apple pie as you gaze across the valley at the glorious sunset. We will head home, tired but happy, by the light of the silvery moon.

Christmas is...Saturday, December 7. Kick off the holiday season with music at Citrus College. This production features the award-winning college choirs singing sacred music, followed by infectiously lighthearted fare. *-Jeanne Halverson & Dale Morgan*

3RD ANNUAL

DIA DE LOS MUERTOS EVENT

At the Memorial Garden site, we will hold our 3rd annual "*Day of the Dead*" remembrance event **outside the Petterson Museum, Friday, November 1, at 4:30 p.m.** All are welcome to attend this 20-minute Mexican-style ceremony, and you may bring mementos of loved ones to add to the decorated altar. Simple refreshments will accompany a "*talking time*" afterwards.

Since the 2008 establishment of our Memorial Garden, ashes of ten "*Pilgrims Continuing the Journey*" have been interred in the modest plot (at the western edge of Penner Garden). Did you know of this alternative to Oak Park or your local church columbarium? If you have no firm attachment to other sites, but you do consider Pilgrim Place to hold the greatest meaning for your final years, you may want to consider joining the now 61 other Memorial Garden members for inexpensive, loving disposition of your ashes. You can get further details from anyone on the MG committee: Connie Kimos, Susan Craig, Dean Freudenberger, Jim Lamb, Nancy Preston, Steve Smith, Glenn Trost. *-Connie Kimos*



Happy October Birthdays!

Fern Jo Kaukonen	1	Mary Hubbard	16
Duanne Welsch	1	Judy Manley	17
Suzanne Brown	3	Chris Chase	18
Nancy Traer	4	Eloise Dale	18
John Anderson	5	Connie Stanton	18
Kimball Coburn	5	Peter O'Reilly	19
Janice Newborn	6	Lowell Larson	22
Marilyn Isler Brunger	7	Dorothy Hartzler	24
Gail Hinand	7	Annie King	25
Henry Hayden	9	Ken Frank	26
Paul Johnson	9	Ruth Blunt	27
Peg Linnehan	9	Betty Clements	27
Dwight Vogel	9	Barbara Rogers	27
David Anderson	12	Ken Stephens	27
Elsie Harber	14	Lois McAfee	28
David Lull	14	Doris Rhoades	28
Eliot Shimer	14	Ron Evans	29
Jim Brashler	16	Faith Jackson	30
		Marlene Mann	31



Halee Spriggins

From: 508 Bradford Court
To: 627 Leyden Lane, #105

*All newsletter articles may be submitted to Karen Laponis at klaponis@pilgrimplace.org. **Deadline for November newsletter is Tuesday, October 22, 1:30 p.m.***

Calendar

Tuesday, October 1, 8, 15, 22, & 29

4:00 p.m. Relax & Grow •

Wednesday, October 2

11:00 a.m. Andiron Club •

3:00 p.m. Doing Theology

Thursday, October 3

7:00 p.m. Vespers: *"Songs & Saints We Might Affirm"*
Leader: Gene Preston; Musician: Ann Gray

Friday, October 4

11:00 a.m. Religion Lecture: The Mormons •

1:30 p.m. Winsor Brass Mini-Concert •

3:00 p.m. Homer Discussion Group •

7:00 p.m. Dwyer-Post Concert •

Sunday, October 6

10:30 a.m. HSC Worship - The Celebration of World
Communion Sunday: *"One Global Family in
Christ"*; Leader: Wes Brown
Musician: Yasuko Shorrock

Wednesday, October 9

10:45 a.m. World Affairs: *"Wartorn"* •

7:00 p.m. Emily Dickinson Conversation

Thursday, October 10

7:00 p.m. Vespers: *"Perish the Thought"*
Leader: Jane Harmes;
Musician: Mary Hornberger

Friday, October 11

10:00 a.m. Assemblyman Chris Holden Forum •

3:00 p.m. Homer Discussion Group •

Sunday, October 13

10:30 a.m. HSC Worship - Leader: Peggy Wallace
Musician: Zola Cadwallader

Tuesday, October 15, 22, & 29

9:30 a.m. Contemplative Writing •

Wednesday, October 16

11:00 a.m. **Resident-Staff Picnic, Porter Green**

3:00 p.m. Doing Theology

3:00 p.m. New Resident Orientation •

7:00 p.m. *"Testimony: The Maria Guardado Story"* •

Thursday, October 17

10:00 a.m. Dr. Patricia Easton Visit •

10:17 a.m. Great California Shake-Out •

11:00 a.m. Earthquake Safety •

4:00 p.m. HSC Open House •

7:00 p.m. Vespers: *"The Care of the Soul"*
Leader: Joe Hough; Musician: Karen Lull

Friday, October 18

1:30 p.m. Rev. Stephen Sterner Conversation •

3:00 p.m. Homer Discussion Group •

Sunday, October 20

10:30 a.m. HSC Worship - Leader: Lois McAfee
Musician: Cathy Thompson

Tuesday, October 22

1:30 p.m. **November NEWS Deadline**

Wednesday, October 23

11:00 a.m. Woman's Perspective Forum •

Thursday, October 24

7:00 p.m. Vespers: Pilgrim Memorial Service
Musicians: The Winsor Brass

Friday, October 25

3:00 p.m. Homer Discussion Group •

Sunday, October 27

10:00 a.m. WomenChurch •

10:30 a.m. HSC Worship
Leaders: Charlene Tschirhart & Lynn Juarez

Thursday, October 31

7:00 p.m. Vespers: A Time of Meditation Through
Songs & Scriptures; Musician: Ann Gray

• Denotes NEWS article

☞ OCTOBER EVENTS COORDINATOR ☞

Suzanne Brown: 624-4100

☞ OCTOBER GUEST ROOMS ☞

Donna Klein: 625-5495 • Nancy Wittler: 399-9032

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