A MONTHLY
PUBLICATION OF
RESIDENTS AND
ADMINISTRATION



November 2016

Festival 2016 is Almost Here!

Miriam Therese Winter's hymn,
"O for a World," opens with this verse:
O for a world where everyone
Respects each other's ways,
Where love is lived and all is done
With justice and with praise.

This year Pilgrim Place residents celebrate our 68th Festival in which residents and people in the surrounding communities come together to rejoice in each other's presence and to share God's love with each other. The above hymn expresses the way we have sought to live our lives: "Where love is lived...with justice and with praise." We have all sought to reflect the ways of love, peace, and justice with the way we lived our lives in every corner of the world. Now we are living in Pilgrim Place and have discovered our annual Festival as the means by which we can continue to share God's justice and love with the thousands of people who come to our campus each year.

Each year, as I have walked around the Festival grounds, I have seen children enjoying themselves in ways they cannot do anywhere else! Parents bring their children because they know the children are both safe here and can have a wonderful time for two days! In my early years here, I recall a mother mentioning to me how her two sons enjoy keeping their Glue-in projects in their rooms. When I asked their age, she replied, "Oh, they've both graduated from college!" Community volunteers come to help us

year after year because they can feel the love and support we give and receive from the thousands of people who attend Festival. It's definitely a two-way street where both sides give and receive life's basic needs of love and support.

So thank you to each and every Pilgrim Place resident who contributes to Festival in countless ways all through the year, and especially on our two Festival days! Thanks to our wonderful staff who work overtime to make this such a wonderful event. Thank you to each and every volunteer who wants to be part of this expression of love and joy.

Let us work for that day when justice may prevail throughout our troubled world!

-Tom Duggan, Chair, 2016 Festival

Don't Forget! Festival Kickoff Celebration

JUST FOR FUN—JUST FOR US!

Friday, November 4, 3:00—4:30 pm

on Plymouth Road—

Outside the Petterson Museum and Pitzer Lodge



Ann's Musings...

As you are aware we will be opening our first secured Memory House in the near future. With this goal in mind the Advancement Team has been hard at work on a fundraising campaign. They designed an adoption campaign for the items that are needed to turn the house into a warm and inviting home. The costs of items ranged from a low of \$12.00 to a high in the thousands of dollars so that all donors could contribute at many levels.

Our goal is to raise \$300,000 before the end of the year. By sending out a well-crafted and heartfelt letter, we have had a huge response to our request for support. Residents, Board members and staff have contributed to this campaign and we have had a ground swell of support from the outside community. Many of these outside donors are first-time contributors to Pilgrim Place. They stated that this campaign truly resonated with them as a way to help those who suffer from memory loss. Almost everyone has known a friend or a loved one who has experienced cognitive impairment.

I am pleased to inform you that as of October we have raised \$271,000 towards our \$300,000 goal. As soon as we have final approval from the city of Claremont and the L.A. County Fire Marshal, we will be able to proceed with our Memory House. We are very grateful for this outpouring of support from all of you.

-Ann R. Schiff, President and CEO

Did You Know that for many years
Pilgrim Place depended upon the benevolence of
others to provide the capacity to admit many
who could not afford to become Pilgrim Place
residents otherwise? Churches and individuals
often provided gifts to purchase or construct
residences. Denominational support also gave
much needed financial support.

In recent years, this kind of support has not been a part of our ability to continue as an institution. This has not kept us from the desire to make residency possible for those whose ministry has not been financially rewarding.

In **2005**, the Board accepted a Town Meeting proposal to provide up to three admissions of individuals or couples with a need for financial assistance, the maximum total amount not to exceed \$30,000 per year.

With the advent of CCRC membership in **2009** came a second pattern for admissions. It enabled the admission of residents without the immediate payment of admission fees. In lieu of

such payment, potential residents could opt for a monthly payment of 165% of the normal fee for their unit.

Concern for long-term sustainability led the Resident Health and Support Program Committee and Town Meeting Executive Committee to ask the Board for a moratorium on the three admissions program established in **2005**, but to continue with the 165% second pattern which does not have the same long term impact on RHSP sustainability.

The moratorium on the **2005** provision is to continue for up to three years to give time to gain more financial information about the unique population that makes up Pilgrim Place.

The first step in providing that necessary information is the financial survey which all residents must complete in order to provide the information needed to make accurate actuarial projections.

LET'S WORK TOGETHER TO GET THIS JOB DONE!

-Barrie Gray for RHSP Committee

DE LOS MUERTOS SERVICE

Pilgrim Place, Penner Memorial Garden Wednesday, November 2, 4:00 p.m.

For the seventh consecutive year, Pilgrim Place residents will gather at our Memorial Garden on All Souls Day, November 2, to honor our Beloveds—those who have died this year, as well as those who have passed away earlier, but whose memory remains strong within us. The service is derived from the Mexican observance of "Los Muertos," in a tradition that has reached deeply into the U.S., and especially into Southern California.



Residents are invited to bring labeled photos to place on the altar the community will build as we gather. The service will combine prayer, song and scripture, and will be followed by a "fiesta" of fall drinks and the "pan des Muertos." During the celebration we'll tell the stories, listen to each other, and honor the love and communion we share with each other, our Beloveds, and God.

All are invited to this service, including staff and outside friends. If you have any questions, please speak with the service planners—Bob Hurd, Pia Moriarty, Pat Hynds, Bear Ride, Jim Lamb, Connie Kimos, and Susan Craig.

-Susan Craig

Claremont FOSNA Presents Rabbi Rosen on November 20



Rabbi Brant Rosen will speak at Decker Hall on Sunday, November 20, at 7:00 p.m. on "Current Challenges in the Palestinian Solidarity Movement." Rosen's presentation will include a frank explanation of the evolution of his thinking from a liberal Zionist to an outspoken critic of Israel's unjust treatment of Palestinians. His views put him at the center of a growing tension among American Jews and also non-Jews who seek social justice.

Rabbi Rosen is currently the Midwest Regional Director of the American Friends Service Committee. In August 2015, he founded Tzedek Chicago, a new "non-Zionist" synagogue in Chicago. Rosen previously served as the rabbi of the Jewish Reconstructionist Congregation in Evanston, Illinois from 1998 to 2014. He is a former president of the Reconstructionist Rabbinical Association, and is the co-founder and co-chairperson of the Jewish Voice for Peace Rabbinical Council. In 2009, he co-founded the Jewish Fast for Gaza, or Ta'anit Tzedek with Rabbi Brian Walt. He is an excellent speaker, named one of the Top Twenty-Five Pulpit Rabbis in America by *Newsweek* magazine in 2008.

Copies of his book, Wrestling in the Daylight, will be available for sale and signing by Rabbi Rosen. His book is highly recommended, because it can serve as a valuable resource for all those within or beyond the Jewish community who yearn to hold open and honest discussions on Israel and Palestine.

-Chuck Rassieur, facilitator/convener Claremont Area FOSNA/Friends of Sabeel North America Group

Attention Widows and Widowers

Several Pilgrim Place widows and widowers have suggested that they would like to form a support group on campus. They have some unique experiences and they believe that sharing those experiences would be mutually enriching.

I will attend the first meeting only to help the group get started. We will hold our first meeting on **Tuesday, November 22, 2016 at 7:00 p.m. in the Napier Brunger Room**. At that meeting, participants will decide on the best meeting times and talk about how they want to share responsibilities. Whether you have been widowed recently or some time ago, you will be very welcome. For more information, call me at (909) 626-7671. -*Bruce Jones*

Turkey Trot

How about starting Thanksgiving Day,

November 24, with an exhilarating 5K run or walk right here in Claremont? It's a community race sponsored by the Sunrise Rotary Club for people of all ages. Run it, walk it, or stroll it. It starts at 8:00 a.m. Sign up with the Pilgrim Pacers at http://claremontturkeytrot.com.

-Bill Moreman for Pilgrim Pacers

Will Your Will Be Done?

Consider naming Pilgrim Place as a beneficiary in your will or living trust. Such a Legacy gift could be a set dollar amount or a percentage of the remainder of your estate after other gifts are made. Remember, if you have no will or trust, state laws will determine who will inherit your property at your death. State laws do not include your favorite charities, including Pilgrim Place, as a beneficiary. Giving to Pilgrim Place through your WILL is the most common way to strengthen Pilgrim Place's endowment for the future.

For more information contact Joyce Yarborough, Vice President for Advancement, at 399-5511.

-Bill Beck for
Pilgrim Place Legacy League Committee

2016 RESIDENTS ANNUAL FUND RESULTS (as of October 18, 2016)

2016 Annual Giving Goal: \$180,000 Donations received: \$97,383 Pledge balance to date: \$16,382

Total donations received

and pledge balance: \$113,735 Amount needed to meet goal: \$66,235

2016 100% Participation Goal
275 Independent Residents
66% have contributed
57 Assisted Living Residents
70% have contributed

Total of 332 Residents:

67% have contributed

-Joyce Yarborough, VP for Advancement

PILGRIM PLACE LIBRARY NEWS

SHOULD THE PILGRIM PLACE LIBRARY CIRCULATE E-BOOKS ON E-BOOK READERS?

A survey was carried out by the Library Committee at lunchtime on September 29 to understand whether enough residents would be interested in checking out e-book readers with a small but growing collection of e-books on them?

- 24 people eating at Pitzer Lodge and 153 people at Abernethy Dining Room completed the surveys.
- 33% of those from Pitzer Lodge said they would check out an e-book reader; 20% of those in Abernethy said they would; 22% of both groups said they would.

- 42% of residents who took the survey said they already have an e-book reader.
- 31% of residents said they would not check out an e-book and 36% said they would not check out an e-book but they thought it was a good idea for the library to do this.

The Library Committee took this as a positive response but is working out how the e-books will be checked out, as well as the technical details.

-Betty Frank for the Library Committee

Water Update

In 2016 the water conservation standard for Claremont was adjusted allowing sprinkler irrigation three days a week, between 5 PM and 9 AM, for no more than 10



minutes a day. This was a change from the 2015 regulation that limited lawn sprinkling to two days a week for no more than 15 minutes each day. In 2016 the State's water conservation goal for Claremont was also adjusted from a 32% reduction compared to the community's 2013 water use to a 30% reduction.

In 2015 water use by Pilgrim Place was 39% lower

than in 2013. In 2016 through September water use by Pilgrim Place has been 31% lower than in 2013. The water bill so far in 2016 is \$13,000 higher than in 2015 for a total cost of \$117,342 through September.

Some of this increase in water use and cost is due to residents watering fruit trees and other trees that seem stressed, and the water report shows that some residents have used excessive amounts of water on their trees and yards. Through September 2016, however, indoor and irrigation water use for HSC, Pitzer, Friendship Court, Abernethy/Decker/Porter, and 625/621 Mayflower Road (Administration and Norton Garden) was 730,796 gallons greater than in 2015. HSC use is 95% of this increase.

-Bob Traer

Update from Resident Safety Council: WHO'S ON CAMPUS?

We live in a community which genuinely welcomes friends and relatives and often hosts groups composed of residents of the larger area. We don't have walls but what if you see a stranger? One of the delights of Pilgrim Place is the way we greet residents and visitors as we move around the campus. But what if you see a stranger doing something odd, like poking into equipment outside Napier Center? Or being in an unusual place like the Aquatic Fitness Center without a companion? It's appropriate to approach such a person and ask in a friendly way if you can help them find something or someone. If you feel unsafe in doing so, phone B&G, or our emergency numbers (see

below), and report what you see, or you can tell staff members working around campus. They have direct radios to B&G.

If someone comes to your door, and you don't recognize them, you can start a conversation through the door without opening it. Ask the person to identify themselves. If your suspicions are aroused, you can phone B&G and/or the police.

Pilgrim Place has two security persons patrolling the campus at night. Their shifts overlap in the late evening. They can be reached at 909-969-1240. There's also a 24-hour number to call staff at Pitzer Lodge: 909-450-7267.

-Resident Safety Council: John Forney, Ken Frank, Diane Kenney, David Lull, & Phil McKean



DID YOU KNOW THERE IS A TRANSITIONS BOOK?

If you do, you will know to refer to it in the cubby in the Café or on the entrance desk at Pitzer Lodge. This book is a record of transitions (moves) of residents of Pilgrim Place from one level of care to another. The information in the book is sent by "authoritative sources" to a person on the Community Wellness Team who records the information for all to see. It doesn't contain information shared at table or in hallways, but only that given by staff. It is true that the above information is often shared earlier than it is received by the recorder and so the book may seem out of date, but it is an accurate record. Please refer to it as you wish, but do not write in it yourself. Hoping this finds you with the answer to your transitions questions.

-Joan Stock for Community Wellness Committee

PILGRIM PLACE LIBRARY NEW BOOKS—NOVEMBER 2016

New Books

<u>Damaged: A Rosato & DiNunzio Novel</u> by Lisa Scottoline. St. Martin's Press, 2016. **Mystery**

<u>The Great Reckoning: a Chief Inspector Gamache novel</u> by Louise Penny. Minotaur Books, 2016. **Mystery**

Hillbilly Elegy: A Memoir of a Family and Culture in Crisis by J. D. Vance. Harper, 2016. Non-fiction

In the Unlikely Event by Judy Blume. Alfred A. Knopf, 2015. Fiction

An Irish Doctor in Love and at Sea by Patrick Taylor. Forge Books, 2015. Fiction

Jade Dragon Mountain by Elsa Hart. Minotaur Books. Mystery

The Making of Donald Trump by David Cay Johnson. Melville House 2016. Non-fiction, Biography

The Miniaturist by Jessie Burton. Ecco, 2014. Fiction

The Narrows: A Novel by Michael Connelly. Little Brown, 2004. Mystery

<u>The Second Life of Nick Mason</u> by Steve Hamilton. G. P. Putnam's Sons, 2016. **Mystery**

<u>Truly Madly Guilty</u> by Liane Moriarty. Flatiron Book, 2016. **Fiction**

The Way to the Spring: Life and Death in Palestine by Ben Ehrenreich. Penguin Press, 2016. Non-fiction

Gifts

Commonwealth by Ann Patchett. Harper, 2016. Fiction - Best Seller

Fellowship of Fear by Aaron J. Elkins, Walker, 1982. Mystery

Grounded: Finding God in the World—a Spiritual Revolution by Diana Butler Bass. HarperOne, 2015.

Non-Fiction – Best Seller

Heirs and Graces by Rhys Bowen. Berkley Prime Crime, 2013. Fiction

Hero of France: A Novel by Alan Furst. Random House, 2016. Fiction

House Full of Daughters: A Memoir of Seven Generations by Juliet Nicolson.

Farrar, Stauss and Giroux, 2016. Non-fiction, Biography

The Underground Railroad: a Novel by Colson Whitehead. Doubleday, 2016. Fiction

Large Print

The Great Reckoning: A Chief Inspector Gamache Novel by Louise Penny. Mystery

The Wish by Beverly Lewis. Thorndike Press, 2016. Fiction

Audiobooks - All Unabridged

<u>The Black Widow</u> by Daniel Silva. Harper Audio, 2016. **Mystery**

Great Reckoning: A Chief Inspector Gamache Novel by Louise Penny. Macmillan Audio, 2016. Mystery

Our Endangered Values by Jimmy Carter. Simon & Schuster, 2005. Non-fiction

Infidel Stain: A Blake and Avery Mystery by M.J. Carter. HighBridge Audio, 2016. Mystery

Heroes of the Frontier: A Novel by Dave Eggers. Penguin Random House, 2016 Fiction

Gardening/Environmental Concerns Collections

Ecologies of Grace: Environmental Ethics and Christian Theology by Willis Jenkins.

Oxford University Press, 2008.

Native Shrubs of Southern California by Peter H. Raven. University of California, 1966.



Happy November Birthdays!

Lynne Juarez	1	Mary Beck	16
Nancy Preston	1	Constance Waddell	16
Pudge Hartmire	2	Keith Tennis	18
Jack Jackson	2	Darlene Nicgorski	19
Rosemary Ruether	2	Earl Bergh	20
Audrey Lightbody	4	Mary Atwood	21
Pat Light	5	Marion Eskildsen	21
Barbara Coates	6	Diane Kenney	25
Ann Marie Coleman	6	Lois Thompson	25
Mary Gindhart	7	Peggy Wallace	25
Maclovia Rodriguez	7	Jean Rosewall	26
Angela Donnelly	9	Marilee Scaff	27
Herman Ruether	11	Lou Ann Parsons	28
Shirley Washington	12	Chris Blackburn	29
Jane Gibbons	13	Mary Jean Gano	30
Gene Boutilier	14	Pat Hynds	30
Janet Evans	14		



REMINDER!

Daylight Savings Time ends Sunday, November 6, at 2:00 a.m...

Set clocks BACK one hour!!

No Women's Church In November!

Join us on Sunday, December 4, at 10:00 am in Napier Common Room.

Keeping Your Brain Healthy!

It is essential to keep your brain healthy. What is the best way to do this? Come learn ways for optimizing your brain at any age. **Dr. Tina Enerjoy (Tina Huang) Ph.D.,** daughter of Jane Gibbons, will provide evidence from the latest research on brain health and aging from her perspective as a holistic healer. She will also discuss effective strategies for prioritizing and changing behaviors. Tina has a Ph.D. in neuroscience, and has for many years researched the underlying causes of Alzheimer's disease. Come gather new insights from this holistic healer on **Tuesday, November 15 at 3:00 pm in the Napier Common Room.** Your brain will thank you!

-Community Wellness Committee



Hallam Shorrock

Pitzer Lodge 627 Leyden Lane, #102 626-3733 (Same #)

ANIMAL POLICY REMINDER

If you acquired a pet since February 1, 2016, please recall there is a \$250 refundable pet deposit for each animal owned. Please see Gisele Tackoor for a copy of the Animal Policy and Agreement.

Thank you.

-Pet Committee

Welcome

New Resident!Judith Dunbar

527 Berkeley Avenue Cell: (408) 857-0619

Final Community Dialogue Gatherings of 2016

Both dialogues are at 11:00 am in Decker Hall Wednesday, November 2—CFO Dialogue Monday, November 14—CEO Dialogue

CALENDAR

Wednesday, November 2

11:00 am CFO Dialogue—Audrey Morabito

Decker Hall, pg. 7

4:00 pm De Los Muertos Service

Memorial Garden, pg. 3

Thursday, November 3

7:00 pm Vespers: *Service of Thanksgiving*

Leader: Judy Fiske

Meditation: Bob Fukada

Musicians: Karen Lull & Helen Dwyer

Friday, November 4

3:00 pm Festival Kick-Off Celebration, p. 1

Sunday, November 6

10:00 am Pitzer Lodge Worship:

Gentleness Has My Vote Leader: Barbara Anderson Musician: Miriam Olson

11:00 am HSC Worship: Same as above

Thursday, November 10

7:00 pm Festival Vespers

Friday, November 11

10:00 am—4:00 pm FESTIVAL!

Saturday, November 12

10:00 am—4:00 pm FESTIVAL!

Sunday, November 13

10:00 am Pitzer Lodge Worship:

Christian Faith Requirements

Leader: Henry Hayden

Musicians: Bonnasue & Eloise Dale

11:00 am HSC Worship: Same as above

Monday, November 14

11:00 am CEO Dialogue—Ann Schiff

Decker Hall, pg. 7

1:30 pm New NEWS Deadline

Tuesday, November 15

3:00 pm Keeping Your Brain Healthy, p.7

Thursday, November 17

7:00 pm Vespers:

The Question of "Armistice Day" Leaders: Ron & Janet Evans

Musician: Karen Lull

Sunday, November 20

10:00 am Pitzer Lodge Worship:

Raise Songs of Thanksgiving Leader: Gene Boutilier Musician: David Lutz

11:00 am HSC Worship: Same as above

7:00 pm FOSNA Presents Rabbi Rosen

Decker Hall, pg. 3

Tuesday, November 22

7:00 pm Widows & Widowers Support Group

Napier Brunger Room, pg. 4

Thursday, November 24

8:00 am Turkey Trot, pg. 3

Sunday, November 27

10:00 am Pitzer Lodge Worship:

Take No Thought for the Morrow

Leader: John Cobb Musician: Beryl Moore

11:00 am HSC Worship: Same as above

November Events Coordinator

Sue Likens: 268-7133

November Guest Rooms

Jeanne Halverson: 621-1236 **Back up:** Donna Klein: 625-5495 *Reservations must be made by a resident or staff member. Two guest rooms are available during Porter Hall closure.*

NOTE: New NEWS Deadline!

All newsletter articles may be submitted to Viki Battaglia at vbattaglia@pilgrimplace.org

Deadline for December is Monday, November 14, 1:30 pm