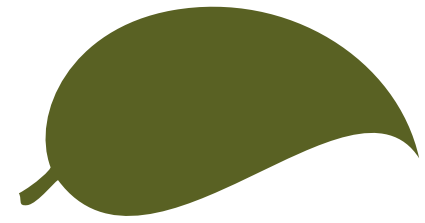


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-10 Communion 11:00 Religious Services (C) (1st, 3rd, and 4th Sundays)	9:30 Morning Chat (KR) 10:00 Exercise (KR) 10:15 Men's Coffee (CR) 10:30 Reminisce (CC) 11:00 Fun and Games (KR or AT) 1:30 Time with Pearl (AB) 2:30 Open Art Studio (CR) 2:30 Keeping Minds Alert with Pearl (KR)	9:30 Morning Chat (KR) 10:00 Exercise (KR) 10:15 Reading and Conversation (WL) 11:00 Fun and Games (KR or AT) 2:00 Strength and Balance (KR) 2:00 Story Hour with Ann (AGR) 3:00 Great Courses (KR) 3:30 Patterns and Puzzles (AT) 6:00 Bingo (KR)	9-10 Communion 9:30 Morning Chat (KR) 10:00 Exercise (KR) 11:00 Fun & Games (KR or AT) 1:45 Candy Bingo (KR) 2:00 Silver Screen Classic (CR) 3:15 Kazoo Band Practice (KR)	9:30 Morning Chat (KR) 10:00 Exercise (KR) 10:45 Bible Study with Vic (C) - 1st, 2nd and 4th Thursdays 11:00 Fun and Games (KR or AT) 11:00 Rosary (C) 3rd Thursday of Month 2:00 Gentle Exercise with Kim (AB) (Not on last Thursday of Month) 5:45 Music and Wine Around the Fireplace (KR)	9:30 Morning Chat (KR) 9:30 Morning Visits (CC) 10:00 Exercise (KR) 10:45 Music and Memories (AT) 11:00 Fun and Games (KR or AT) 1:30 Time with Pearl (AT) 1:45 Ceramics (CR) 1:45 Sing-a-long with Juni (CC) 2:15 Keeping Minds Alert with Pearl (KR)	1:45 Bingo (KR)



Special Events for January

		10:45 Fitness & Fun (AT) 1 1:45 All Things New Trivia (CC) 3:30 Beading Creations (ST/AB) 6:00 Bingo (KR)	10:00 New Year's Resolutions Discussion (CC) 2 10:45 Sing-a-long with Martha and Deborah (AGR) 11:00 Alphabet Challenge (CC) Noon Omelets Made to Order (AT) 2:00 Movie: <i>The Great Gilly Hopkins</i> (CR&CC) 3:30 All About Canada (CC) 6:00 National Geographic Documentary "Ocean Life" (AGR)	10:00 Good Morning! (AT) 3 10:30 Stretch and Sway (AT) 10:30 Wake Up Exercises (AGR) 11:00 Joggin' Your Noggin' (AGR) 1:30 Creative Arts (CC) 1:45 Enjoy an Afternoon Drive 3:00 Manicures & Massages (AB/ST) 3:30 Ball Popping Fun! (AT) 5:45 Glitter Snowflake Decorations (CC) 6:00 Science & History Hour: Absolute Zero, The Conquest of Cold (MC)	10:00 Snow Man Slam! (AT) 4 10:30 January In Review (CC) 11:00 Pictionary (AT) 2:45 Winter Wonderland Decorations (AB/ST) 3:30 Travel Documentary "Laos Wonderland" (KR)	10:30 Symphony Hall (CC & AB) 5 10:45 Sing-a-long with Martha and Deborah (AT) 11:00 Crossword Puzzle Time! (AGR) 3:15 Manicures and Music (CC) 4:45 Dine & Dash (ST/AB)
11:00 Religious Service with Sean Kennelly (C) 6 1:30 Enjoy Music by the "Mass Confusion Duo" (LR) 3:00 Color For A Cause (CC) 3:30 Social Time with our SHS Senior Scholars (KR) 4:45 Table Talk (AT) 6:00 Test Our Wits (AGR)	10:00 Science for Seniors: Making Snow (AT) 7 10:30 Morning Stretches (AGR) 11:00 Giant Snowflakes (AT) 1:45 Peanut Butter Snowball Creations (CC) 3:30 Hot Chocolate Social (AT)	10:00 Good Morning Sunshine (ST) 8 10:45 Tootin Hills 5th Graders Visit Their Grand Friends 10:45 Time with our friends (AT) 1:15 Faith & Friends (MC) 3:00 Lock It Up! (CC) 3:00 Great Courses, Great Presidents: JFK (KR) 3:30 Let's Play Uno! (ST/AB)	8-9 Waffles (AB/ST) 9 2:00 Movie: <i>"Must Love Dogs"</i> (CR) 3:30 Hot Chocolate Creations (CC) 6:00 Blue Planet: Ocean World (AGR)	10:00 Happy News! (CC) 10 1:30 Science for Seniors: Making Snow (CC) 3:30 Dutch Shuffleboard (AT) 6:00 Science & History Hour: Edge of the Universe Episode 1 (MC)	10:45 Jenga AB/SV 11 3:30 Travel Documentary: Interstellar Travel (KR)	10:00 Morning Visits (AT) 12 10:30 Café Jazz (AGR,AT) 10:45 Sing-a-long with Martha and Deborah (CC) 11:00 High-Low Card Game (AGR)
10:30 Sunday Comics (CC) 13 11:00 Video Hymn Sing (AGR) 1:30 Musical performance by Chris Loftus and His American Folk Trio (LR) 3:30 Social Time with Our SHS Senior Scholars (KR)	10:00 Coffee and Conversation (AT) 14 11:00 Catholic Mass with Fr. Whyte, St. Catherine of Siena (C) 1:30 Food Forum (KR) 2:00 Resident Council (KR) 3:30 Indoor Snow Ball Fight (AT)	10:30 Exploring Alaska (AGR) 15 10:45 Morning Strolls & Visits (CC) 12:45 Outing to the Cobb School 3:00 Great Courses, Great Presidents: JFK (KR) 3:00 Neighborhood Visits (CC) 3:30 Remember When (AGR)	7:45-9 Omelets Made to Order (PDR) 16 10:45 Sing-a-long with Martha and Deborah (KR) 2:00 Movie: <i>"The Little Mermaid"</i> (CR) 6:00 Blue Planet: "The Deep" (AGR)	10:00 Good Morning Sunshine (AT) 17 10:30 Lock It Up! (AT) 10:00 Shopping at Wal-Mart 1:30 Giving Back to Our Community: Making Dog Biscuits (CC) 3:00 Pure Fun Sing a Long (AT) 3:30 Neighborhood Visits (ST) 6:00 Science & History Hour "The Mathematical Mysteries of the Universe" (MC)	10:30 Cinnamon & Sugar Toast Treats (CC) 18 10:00 Snow Ball Toss (AT) 10:45 Paper Plate Snow Flakes (AT) 1:30 Enjoy a "Travelogue" of Europe by Rebecca May (KR)	10:00 Rise & Shine Time (AT) 19 10:30 Folk Songs Special (CC & AT) 10:45 Sing-a-long with Martha and Deborah (AGR) 11:00 Decorate a Snow Flake (CC) 1:15 What's In A Word (AGR) 3:00 Music by the Farmington Valley Chorale (KR)
11:00 Religious Service, Deacon Pat Joy, Tariffville Episcopal (C) 20 1:45 Bingo (KR) 1:45 Enjoy an Afternoon Drive 3:30 Social Time with Our SHS Senior Scholars (KR) 4:45 Table Talk (ST/AB) 6:00 Reading Corner (AT)	Martin Luther King Day 21 10:15 Giving Back to Our Community: Making Dog Biscuits (AT) 10:45 Winter Poems and Conversation (AGR) 1:4 High - Low Card Game (CC) 3:30 Every Picture Tells a Story (AT) 6:00 20 Questions Game (AGR)	10:00 Coffee & Conversation (AB) 22 10:30 Travelling the World: Paris (AGR) 10:45 Time with Our Friends (AT) 10:45 Morning Strolls and Visits (CC) 1:15 Faith & Friends (MC) 3:00 Giant Snowflakes (CC) 3:00 Great Courses, Great Presidents (JFK) (KR) 3:30 Alphabet Challenge (AGR)	9:45 Manicures & Music (CC) 23 11:00 Finish The Phrase (CC) 10:45 Sing-a-long with Martha and Deborah (AT) 2:00 Movie: <i>"God's not Dead (a Light in the Darkness)"</i> (CR) 3:30 Finishing Lyrics (CC) 6:00 Blue Planet: Open Ocean (AGR)	10:00 Coffee and Conversation (ST/AB) 24 11:00 Word Sweep (AGR) 2:00 January Birthday Party (KR) 3:00 Joggin Your Noggin' (CC) 3:30 Ball Toss (AT) 3:30 Thumbprint Snowman Painting (CC) 6:00 Science & History Hour: "Suez Canal" (MC)	10:15 Mitten Match-Up Game (AT) 25 10:30 Fitness and Fun (CC) 11:00 Winter Hangman (AT) 2:00 Outing for a Beverage and Dessert at Anna's Kitchen 3:00 Documentary: The Longest Tunnel in the World (KR)	10:30 Glenn Miller in Concert Video (CC) 26 10:45 Benny Goodman in Concert Video (AB) 10:45 Sing-a-long with Martha and Deborah (KR)

11:00 Religious Service, Lay Minister, Simsbury United Methodist (C) 27 1:30 Neighborhood Music by Shawn Taylor (CC) 2:30 Neighborhood Music by Shawn Taylor (AGR) 3:30 Neighborhood Music by Shawn Taylor (AT)	10:00 Breakfast Buddies (AT) 28 11:00 Catholic Mass, Fr. Whyte, St. Catherine of Siena (C) 1:45 Beading Creations (CC) 3:30 Fun With Hats (AT) 6:00 Crossword Puzzle (AGR)	10:30 Giving Back to Our Community: Dog Biscuits (AB) 29 10:45 Morning Strolls and Visits (CC) 1:15 Faith & Friends (MC) 3:00 Great Courses, Great Presidents: JFK (KR) 3:30 Casino Games and Cocktails (LR) (sponsored by the McLean Auxiliary)	10:00 Breakfast Conversations (CC) 30 2:00 Movie: <i>"Lincoln"</i> (CR) 3:30 Winter Word Games (CC) 6:00 Blue Planet: Frozen Seas (AB)	10:00 Sunrise Stretches (AT) 31 10:45 Lunch Outing to the Summer House 1:30 Creative Arts (CC) 2:15 Snowman Bowling (AT) 3:30 National Hot Chocolate Day: Enjoy a Cup by the Fireplace 5:45 Origami Hour (CC) 6:00 Science & History Hour: Harrier Jump Jet (MC)	LOCATION KEY: <table border="0"> <tr> <td>MC Sorenson Media Center</td> <td>LR Living Room</td> </tr> <tr> <td>AB Abernethy</td> <td>PDR Pfirman</td> </tr> <tr> <td>AGR Abernethy</td> <td>ST Skyview Terrace</td> </tr> <tr> <td>STP Skyview Terrace Patio</td> <td>WL Watson Library</td> </tr> <tr> <td>C Chapel</td> <td>GH Greenhouse</td> </tr> <tr> <td>CC Chapel Crossing</td> <td>CY Courtyard</td> </tr> <tr> <td>CR Craft Room</td> <td>* Noteworthy Events</td> </tr> <tr> <td>AT Atwater</td> <td></td> </tr> <tr> <td>EW Evergreen Way</td> <td></td> </tr> <tr> <td>KR Koopman Room</td> <td></td> </tr> </table>		MC Sorenson Media Center	LR Living Room	AB Abernethy	PDR Pfirman	AGR Abernethy	ST Skyview Terrace	STP Skyview Terrace Patio	WL Watson Library	C Chapel	GH Greenhouse	CC Chapel Crossing	CY Courtyard	CR Craft Room	* Noteworthy Events	AT Atwater		EW Evergreen Way		KR Koopman Room	
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Health Center Dining News

Tuesday, January 1 • *New Year's Day • Pfirman Dining Room*
Celebrate the New Year with a Special Meal at Noon.

Wednesday, January 2 • *Chef's Action Station • Atwater Dining Room*
Join Us Chef's Stage Center as Our Culinary Team Presents "Omelets Made to Order" with Your Favorite Fillings at Lunch, Served with Fresh Fruit.

Wednesday, January 9 • *Chef's Action Station • Abernethy Dining Room*
Join Us Chef's Stage Center as Our Culinary Team Presents "Waffles Made to Order" with Your Favorite Toppings at Lunch.

Thursday, January 10 • *National Soup Month • Pfirman Dining Room*
Special Soup and Sandwich Offered at Lunch.

Wednesday, January 16 • *Chef's Action Stage • Pfirman Dining Room*
Join Us Chef's Stage Center as Our Culinary Team Presents "Omelets Made to Order" with Your Favorite Fillings at Breakfast, Served with Home Fries and Fresh Fruit.

Monday, January 21 • *Martin Luther King Day • Pfirman Dining Room*
Celebrate this Holiday with a Special Menu.

Sunday, January 27 • *National Chocolate Cake Day • Pfirman Dining Room*
Join Us for a Delicious Chocolate Cake at Dinner!

Thursday, January 31 • *National Hot Chocolate Day • Pfirman Dining Room*
Gather Around the Fireplace and Enjoy Some Hot Chocolate.

