

# McLean Assisted Living News

*The Atwater at McLean*

Memory Care Assisted Living  
*Encouraging Choice, Changing Lives, So Much More...*

*The New*

*McLean Robinson Assisted Living*

*So Much More*

*September 2013*

## From the Desk of the *Director & Supervisor...*

Dear Members of The Robinson & The Atwater,

It's time for a renovation update!

We want to begin by thanking each of you for your patience and understanding during the renovation process of The Robinson. By the time you read this, the hallway ceiling tiles will have all been replaced and new carpet installed in the hallways and common areas. Robinson Room doors will be the next items to undergo a face lift with raised panels and a fresh coat of paint. The day room will transition from wallpaper to paint along with a wall-mounted TV and some fresh curtains. We remain on track for a target completion of mid-September and new rooms being occupied starting in early October.

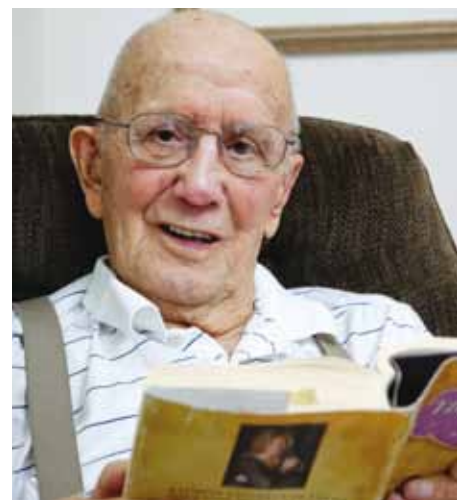
All assisted living residents will enjoy the renovated Koopman Room for many activities. On cool fall days, we are sure you'll like visiting with family and friends in the new fireplace lounge area in that room.

We will be planning a CONSTRUCTION IS OVER party for October! Thanks again for your understanding – the end results will be well worth it!

Warmly,

Megan Gill  
*Director of Assisted Living*

Susan Safino  
*Supervisor of Assisted Living*





## *Fall Fun Dining Experiences...*

### **September 2, *Labor Day Picnic***

Join us for a classic picnic as we celebrate Labor Day with all of the trimmings!

### **September 4, *Waffles to Order***

Join us for chef's center stage as our culinary team presents "Waffles to Order" cooked table-side in the Pfirman Dining Room.

### **September 12, *Milkshake Day***

Don't miss chocolate milkshakes, freshly made on National Milkshake Day. Enjoy this sweet and creamy delight!

### **September 18, *Waffles to Order***

Join us for chef's center stage as our culinary team presents "Waffles to Order" cooked table-side in the Pfirman Dining Room.

### **September 26, *National Pancake Day***

On National Pancake Day, we feature pancakes for supper.

## *Special Events Not to Be Missed!*

### **September 4, 10:45 a.m.**

Police Picnic at Simsbury Farms

### **September 6, 12 p.m.**

Rosh Hashanah Luncheon

### **September 8, 1:30 p.m.**

Grandparents Day celebration with Music by "A Touch of Jazz" with Vincent Cassotta

### **September 11, 10:30 a.m.**

Lunch on the Patio and Watch the Golfers at Simsbury Farms

### **September 17, 3:30 p.m.**

Birds of Prey by Horizon Wings Raptor Rehabilitation and Education Center

### **September 19, 10 a.m.**

Shopping at Wal-Mart

### **September 24, 3:15 p.m.**

Cocktail Social

### **September 25, 6 p.m.**

Casino Night Sponsored by the McLean Auxiliary

### **September 27, 6 p.m.**

Cocktail Social with Music by Chip Ames



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# September

Sunday	Monday	Tuesday	Wednesday
9:00 Morning Chit Chat - AT 10:00 Gentle Yoga - AT 11:00 Church Service - Chapel 1:30 Spa Time - AT 2:30 Walk - AT 3:30 Let's Get Crafty! - AT <div>1</div>	<b>Labor Day</b> 10:00 Morning Chit Chat - AT 11:00 Exercise - AT 1:30 Let's Get Crafty! - AT 3:00 Walk Outside 4:00 Bingo 6:00 Monday Night Movie <div>2</div>	9:30 Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 11:00 Name That Tune - RO 1:00 Exploring Our World - AT 1:30 Reminisce w/ Mary Mitchell - RO 2:00 Walk 3:00 Armchair Workout - AT 3:30 Bunco - AT 6:00 Money Bingo - RO <div>3</div>	9:30 Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 10:30 Exercise - AT <b>10:45 Outing: Police Picnic</b> 11:00 Brain Challenge - AT Chapel Service - Chapel Game of Choice - RO 11:30 Stories from the Bible - AT 1:15 Book Club - RO 2:00 Keeping Minds Alert - AT Quiddler - RO
9:00 Morning Chit Chat - AT 10:00 Gentle Yoga - AT 11:00 Church Service - Chapel 1:30 Spa Time - AT 2:30 Walk - AT 3:30 Let's Get Crafty! - AT <div>8</div>	9:30 Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 10:00 Men's Coffee - HCCR 10:30 Workout - AT 11:00 Brain Challenge - AT Catholic Mass - Chapel Pokeno - RO 1:15 Our World Around Us - AT 2:00 Keeping Minds Alert w/ Pearl - RO 3:15 Connecting w/ Classics - RO 6:00 Silverscreen Classic - RO, AT <div>9</div>	9:30 Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 11:00 Name That Tune - RO 1:00 Exploring Our World - AT 1:30 Reminisce w/ Mary Mitchell - RO 2:00 Walk 3:00 Armchair Workout - AT 3:30 Bunco - AT 6:00 Money Bingo - RO <div>10</div>	9:00 Morning Chat w/ Jane - AT 10:00 Exercise - RO 10:00 Visiting with Jane - AT 11:00 Exercise - AT <b>10:30 Outing: Lunch on the Farm at Simsbury Farms</b> 11:00 Chapel Service - Chapel Time w/ Jane - RO 11:30 Brain Challenge - AT 2:00 Keeping Minds Alert - AT Quiddler - RO 3:00 Walk - AT   6:00 Nite
9:00 Morning Chit Chat - AT 10:00 Gentle Yoga - AT 11:00 Church Service - Chapel 1:30 Spa Time - AT 2:30 Walk - AT 3:30 Let's Get Crafty! - AT <div>15</div>	9:30 Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 10:00 Men's Coffee - HCCR 10:30 Workout - AT 11:00 Brain Challenge - AT Catholic Mass - Chapel Pokeno - RO 1:15 Our World Around Us - AT 2:00 Keeping Minds Alert w/ Pearl - RO 3:15 Connecting w/ Classics - RO 6:00 Silverscreen Classic - RO, AT <div>16</div>	9:30 AM Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 11:00 Name That Tune - RO 1:00 Exploring Our World - AT 1:30 Reminisce w/ Mary Mitchell - RO 2:00 Walk 3:00 Armchair Workout - AT <b>3:30 Bird Program by Horizon Wings Raptor Rehabilitation - Chapel Crossing</b> 6:00 Money Bingo - RO <div>17</div>	9:00 Morning Chat w/ Jane - AT 10:00 Exercise - RO 10:00 Visiting w/ Jane - AT 11:00 Exercise - AT Time w/ Jane - RO Chapel Service - Chapel Game of Choice - RO 11:30 Top Ten Lists - AT 1:15 Book Club - RO 2:00 Keeping Minds Alert - AT Quiddler - RO 3:00 Walk - AT   6:00 Nite
9:00 Morning Chit Chat - AT 10:00 Gentle Yoga - AT 11:00 Church Service - Chapel 1:30 Spa Time - AT 2:30 Walk - AT 3:30 Let's Get Crafty! - AT <div>22</div>	9:30 Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 10:00 Men's Coffee - HCCR 10:30 Workout - AT 11:00 Brain Challenge - AT Catholic Mass - Chapel Pokeno - RO 1:15 Our World Around Us - AT 2:00 Keeping Minds Alert w/ Pearl - RO 3:15 Connecting w/ Classics - RO 6:00 Silverscreen Classic - RO, AT <div>23</div>	9:30 Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 11:00 Name That Tune - RO 1:00 Exploring Our World - AT 1:30 Reminisce w/ Mary Mitchell - RO 2:00 Walk <b>3:15 Cocktail Social - Lounge</b> 6:00 Money Bingo - RO <div>24</div>	9:00 Morning Chat w/ Jane - AT 10:00 Exercise - RO 10:00 Visiting w/ Jane - AT 11:00 Exercise - AT Time w/ Jane - RO Chapel Service - Chapel Time w/ Jane - RO 11:30 Punctuation Matters - AT 1:15 Book Club - RO 2:00 Keeping Minds Alert - AT Quiddler - RO 3:00 Walk - AT   6:00 Nite
9:00 Morning Chit Chat - AT 10:00 Gentle Yoga - AT 11:00 Church Service - Chapel 1:30 Spa Time - AT 2:30 Walk - AT 3:30 Let's Get Crafty! - AT <div>29</div>	9:30 Meeting - RO 10:00 Exercise - RO 10:00 Morning Meeting - AT 10:00 Men's Coffee - HCCR 10:30 Workout - AT 11:00 Brain Challenge - AT Catholic Mass - Chapel Pokeno - RO 1:15 Our World Around Us - AT 2:00 Keeping Minds Alert w/ Pearl - RO 3:15 Connecting w/ Classics - RO 6:00 Silverscreen Classic - RO, AT <div>30</div>		

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Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>9:00 Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>10:00 Morning Meeting - AT</p> <p>11:00 Chime Choir Rehearsal - RO</p> <p>1:30 Bocce - RO, Craft - AT</p> <p>3:00 Chat with Judy</p> <p>4:00 I'm Out! - AT</p> <p>6:00 Movie - AT</p>	<p>5</p> <p>9:30 Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>10:00 Morning Meeting - AT</p> <p>11:00 Chime Choir Rehearsal - RO</p> <p>1:30 Bocce - RO, Craft - AT</p> <p>3:00 Chat with Judy</p> <p>4:00 I'm Out! - AT</p> <p>6:00 Movie - AT</p>	<p>6</p> <p>9:30 Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>11:00 Stretch and Move in - AT</p> <p>Game of Choice - RO</p> <p>11:30 Wheel of Fortune - AT</p> <p>12:00 Rosh Hashanah Luncheon - Craft Room</p> <p>1:00 Exploring Our World - AT</p> <p>1:30 Ceramics - Craft Room</p> <p>2:00 Keeping Minds Alert w/ Pearl - RO</p> <p>3:30 Sing-along - AT</p> <p>6:00 Friday Night Movie - AT</p>	<p>7</p> <p>9:00 "That's the Way It Is" - AT</p> <p>10:30 Nu-Step - AT</p> <p>1:30 Money Bingo - RO</p> <p>2:00 Walk - AT</p> <p>3:00 Creative Connection - AT</p> <p>6:30 Saturday Night at the Movies - AT</p>
<p>11</p> <p>9:30 Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>10:00 Morning Meeting - AT</p> <p>11:00 Chime Choir Rehearsal - RO</p> <p>1:30 Bocce - RO, Craft - AT</p> <p>3:00 Chat w/ Judy</p> <p>4:00 I'm Out! - AT</p> <p>6:00 Movie - AT</p>	<p>12</p> <p>9:30 Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>10:00 Morning Meeting - AT</p> <p>11:00 Chime Choir Rehearsal - RO</p> <p>1:30 Bocce - RO, Craft - AT</p> <p>3:00 Chat w/ Judy</p> <p>4:00 I'm Out! - AT</p> <p>6:00 Movie - AT</p>	<p>13</p> <p>9:00 Morning Chat w/ Jane - RO</p> <p>10:00 Exercise - RO</p> <p>Great Reads w/ Jane - AT</p> <p>11:00 Stretch and Move in - AT</p> <p>Time w/ Jane - RO</p> <p>Talking w/ Glenn - RO</p> <p>11:30 Wheel of Fortune - AT</p> <p>1:00 Exploring Our World - AT</p> <p>1:30 Ceramics - Craft Room</p> <p>2:00 Keeping Minds Alert w/ Pearl - RO</p> <p>3:30 Sing-along - AT</p> <p>6:00 Friday Night Movie - AT</p>	<p>14</p> <p>Yom Kippur</p> <p>9:00 "That's the Way It Is" - AT</p> <p>10:30 Nu-Step - AT</p> <p>1:30 Money Bingo - RO</p> <p>2:00 Walk - AT</p> <p>3:00 Creative Connection - AT</p> <p>6:30 Saturday Night at the Movies - AT</p>
<p>18</p> <p>9:30 AM Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>10:00 Morning Meeting - AT</p> <p>10:00 Shopping at Wal-Mart</p> <p>11:00 Chime Choir Rehearsal - RO</p> <p>1:30 Bocce - RO, Craft - AT</p> <p>3:00 Chat with Judy</p> <p>4:00 I'm Out! - AT</p> <p>6:00 Movie - AT</p>	<p>19</p> <p>9:30 AM Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>10:00 Morning Meeting - AT</p> <p>10:00 Shopping at Wal-Mart</p> <p>11:00 Chime Choir Rehearsal - RO</p> <p>1:30 Bocce - RO, Craft - AT</p> <p>3:00 Chat with Judy</p> <p>4:00 I'm Out! - AT</p> <p>6:00 Movie - AT</p>	<p>20</p> <p>9:00 Morning Chat w/ Jane - RO</p> <p>10:00 Exercise - RO</p> <p>Great Reads w/ Jane - AT</p> <p>11:00 Stretch and Move in - AT</p> <p>Time with Jane - RO</p> <p>Talking with Glenn - RO</p> <p>11:30 Wheel of Fortune - AT</p> <p>1:00 Exploring Our World - AT</p> <p>1:30 Ceramics - Craft Room</p> <p>2:00 Keeping Minds Alert w/ Pearl - RO</p> <p>3:30 Sing-along - AT</p> <p>6:00 Friday Night Movie - AT</p>	<p>21</p> <p>9:00 "That's the Way It Is" - AT</p> <p>10:30 Nu-Step - AT</p> <p>1:30 Money Bingo - RO</p> <p>2:00 Walk - AT</p> <p>3:00 Creative Connection - AT</p> <p>6:30 Saturday Night at the Movies - AT</p>
<p>25</p> <p>9:30 Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>10:00 Morning Meeting - AT</p> <p>11:00 Chime Choir Rehearsal - RO</p> <p>1:30 Bocce - RO, Craft AT</p> <p>3:00 Chat w/ Judy</p> <p>4:00 I'm Out! - AT</p> <p>6:00 Movie - AT</p>	<p>26</p> <p>9:30 Meeting - RO</p> <p>10:00 Exercise - RO</p> <p>10:00 Morning Meeting - AT</p> <p>11:00 Chime Choir Rehearsal - RO</p> <p>1:30 Bocce - RO, Craft AT</p> <p>3:00 Chat w/ Judy</p> <p>4:00 I'm Out! - AT</p> <p>6:00 Movie - AT</p>	<p>27</p> <p>9:00 Morning Chat w/ Jane - RO</p> <p>10:00 Exercise - RO</p> <p>Great Reads w/ Jane - AT</p> <p>11:00 Stretch and Move in - AT</p> <p>Time w/ Jane - RO</p> <p>Talking w/ Glenn - RO</p> <p>11:30 Wheel of Fortune - AT</p> <p>1:00 Exploring Our World - AT</p> <p>1:30 Ceramics - Craft Room</p> <p>2:00 Keeping Minds Alert w/ Pearl - RO</p> <p>3:30 Sing-along - AT</p> <p>6:00 Music by Chip Ames - Lounge</p>	<p>28</p> <p>9:00 "That's the Way It Is" - AT</p> <p>10:30 Nu-Step - AT</p> <p>1:30 Money Bingo - RO</p> <p>2:00 Walk - AT</p> <p>3:00 Creative Connection - AT</p> <p>6:30 Saturday Night at the Movies - AT</p>