












ALP	Duncaster is pleased to host a number of UCONN's Adult Learning Program (ALP) classes this fall. They include "Movie Buffs", "Connecticut Forum", "Reconstruction", "The Wonders of Nepal", "Surprises of all Sizes in Our Wild Woods", and "The Play's the Thing". Be sure to check the ALP-HORN newsletter for details regarding all the course offerings on the Seabury Campus as well. Registration and a modest membership fee is required.	Classes will take place on occasional Mondays and Wednesday in Sept., Oct. & Nov. Check ALP-Horn for times and dates.
ART	"Museum Masterpieces: The Metropolitan Museum of Art", one of the Great Courses offerings this fall, offers a way to both understand the Met and to make sense of the wide range of works, artists, styles, and cultures that populate its various departments. The course is moderated by Mary Osborn and Michelle Press.	Mondays 1:45pm Meeting Room
AUTHOR  Tom Cobb	Duncaster is thrilled to once again welcome author Thomas Cobb , whose latest book "Darkness the Color of Snow" A True Crime Novel was released in August 2015. Tom plans to do a potpourri of readings from his various books. He hopes that you will enjoy his description about writing fiction based on a true event in a rural town vs. writing a true crime book - two very different things. Tom has a family connection to Duncaster (he is the son-in-law of Jackie Brown) and "... looks forward to entertaining and conversing with our remarkably intelligent community." Mark your calendars! Tom is the author of the novel <i>Crazy Heart</i> (HarperCollins 2010; Harper and Row 1987). Following the success of the movie <i>Crazy Heart</i> , he was nominated for a 2010 Scriptor Award from USC Libraries, and for a 2011 Audie Award for a work narrated by the author. In 2008 he received the Western Writers Spur Award for long novel for <i>Shavetail</i> (Berkley/Penguin Group USA 2010; Scribner 2008). Cobb's collection of short stories, <i>Acts of Contrition</i> (Texas Review Press 2003), won a George Garrett Award in 2002. His short fiction and poetry have been published in numerous small magazines, while his translated novels have been published in Europe and Australia.	Thursday, October 29 3:00pm Meeting Room
BLOOMFIELD CINEMA BALLET	The Bolshoi Ballet Season is now posted. Transportation will be provided to the Sunday Matinees at the Bloomfield Theaters. <i>Giselle</i> , <i>Jewels</i> , <i>The Lady of the Camellias</i> , and <i>The Taming of the Shrew</i> , are this season's offerings. Complete information about each ballet can be found at the bulletin board in the Commons. Tickets can be purchased online or at the Box Office.	Oct. 11 @ 12:55pm Nov.15 @ 12:55pm Dec. 6 @ 12:55pm Jan. 24 @ 12:55pm Bus departs FC Lobby at 12:15pm
BLOOMFIELD CINEMA MET-Live OPERA	The 2015/2016 Metropolitan Live Opera Series begins with " <i>Il Trovatore</i> ", the first of eleven outstanding performances. Bus transportation to these Saturday matinees will be provided from October- April. Be sure to sign up for all or some of those that you wish to attend. Tickets have been purchased and distributed for the entire series to those who have signed up by Oct. 1. Anyone else wishing to ride the bus may sign up and purchase tickets at the box office.	All performances begin at 12:55pm Bus will depart from FC lobby at 11:55am and 12:30pm Cost: \$22 per ticket

UNIVERSITY OF HARTFORD 	In addition to the series transportation that is provided for Masterworks, Broadway, Hartford Stage, Goodspeed and the Norma Terris Theater, transportation will be provided to two upcoming concerts for the Hartt School's Richard P. Garmany Chamber Music Series featuring the Grammy Award-winning soprano, Dawn Upshaw , and the Dover Quartet , 2013 winners of the Banff International String Quartet Competition. Details regarding box office hours and ticket sales can be found on the Bulletin Board in the Commons.	Thursday, Oct. 15 Thursday, Nov.19 7:30pm Millard Auditorium University of Hartford Depart FC Lobby at 6:45pm
UNIVERSITY OF HARTFORD	Presidents' College Tuesdays at Duncaster THE BOOKER PRIZE FOR FICTION: WHO WON, WHO LOST, AND WHY? MICHELE TROY and HUMPHREY TONKIN Tuesday, October 13, is the date when this year's winner of the Booker Prize for Fiction will be announced in London. In September and October, Michele Troy will be leading a Presidents' College Booker Prize Book Club, whose members will read the novels on the short list of finalists for the prize and vote on who they think should win. Humphrey Tonkin will also be reading along with another group of readers interested in contemporary fiction. By 4:45 p.m. on October 13, we will know who the winner is and can perhaps speculate on why the judges chose this novel over the five or six others on the short list.	Tuesday, October 13, 4:45 pm Meeting Room Sign up at Resident Services
UNIVERSITY OF HARTFORD	UNIVERSITY OF HARTFORD COLLEGE OF EDUCATION NURSING AND HEALTH PROFESSIONS DEPARTMENT OF REHABILITATION SCIENCES NEW: COMMUNITY PRESENTATIONS This 4-week educational discussion series will be conducted by Professor Daniel Lee's doctoral students from the University of Hartford. Each week, a new group of five students will give presentations based on the topics that are chosen to be the most valuable to the residents. All talks will take place in the 4 th Floor Conference Room on Wednesdays at 2:00pm on the dates listed below: <ul style="list-style-type: none"> • 10/7 ... What is "normal" aging? • 10/14 ... What does it mean to be "old"? • 10/21 ... Medicine and how it interacts with our lives. • 10/28 ... Staying active as we age. <i>"I want to make sure every one of my students understands the special challenges that geriatric patients face, and that they have a moral obligation to speak up if they feel their patients' needs aren't being met."</i> Daniel Lee (see insert)	Wednesdays 2:00-2:30pm 4 th Fl. Conf. Rm

<p>PROGRAMS</p> 	<p align="center">The James Argiro Quintet</p> <p>Join pianist/composer James Argiro as he leads his quintet through a most enjoyable evening of jazz. You'll hear music in the style of legendary jazz pianist George Shearing – including his classic <i>September in the Rain</i> and signature anthem <i>Lullaby of Birdland</i>, along with other jazz pieces and original compositions.</p> <p>Argiro received his training at The Hartford Conservatory of Music and the University of California at Los Angeles. His musical career began while in his teens, leading a band that provided backup to some of the top groups of the late 1950s, including The Moonglows, The Drifters, and others. He has worked with jazz great Cat Anderson, played with the Harry James big band, and served as music director for such stars as Bernadette Peters, Joan Rivers, and Carol Channing.</p>	<p align="center">Saturday October 17 8:00pm Meeting Room</p> 
 	<p align="center">Dream Performing Arts Asian Performing ~ Chinese Culture</p> <p>DPA is the performing division of Kang Hua Singers of Greater Hartford (founded in 1989), a group of dedicated performers actively performing locally and across the United States. They are specialized in singing and Chinese dancing. Their dancing styles include Mongolian dance, long sleeve Tibetan dance, Chinese traditional Fan dance, Umbrella dance, Dai dance and more. Our singing styles include solo, duet, trio and group singing of Chinese folk songs, art songs and songs in English and other languages.</p> <p>The group is led by artistic director Chai-lun Yueh. This award-winning artist, exciting and dramatic baritone, will perform with the group. Mark your calendars!</p>	<p align="center">Saturday October 24 8:00pm Meeting Room</p>
<p>THEATER</p>	<p align="center">PLAYHOUSE ON PARK</p> 	<p align="center">SUNDAY OCTOBER 18 Depart FC Lobby at 1:15 pm</p>
<p>TRIP</p> 	<p>Looking ahead, it is not too soon to sign up for a day trip to Foxwoods Casino which includes a fabulous afternoon concert by 4Troops to celebrate an early Veteran's Day. Package includes transportation, reserved seats for the 2pm show, free lunch buffet, Current Foxwoods Bonus Package, and \$10 Slot Play. Cost: \$62.50. A limited number of tickets have been ordered. Sign up today!</p>	<p align="center">Wednesday, November 4 Depart FC Lobby at 9:30am</p>

<p>GALLERY</p> 	<p align="center">"Impressions"</p> <p>Prints by students and faculty of the Hartford Art School will be featured in our gallery from Oct.4 - October 30. A Gallery Opening will take place on Sunday, October 4th. The artists will speak at approximately 4:30pm. All are welcome. Refreshments will be served.</p>	<p align="center">Sunday, October 4th 4:00 - 5:30pm.</p>
<p>GEOLOGY</p>	<p>The Great Courses series continues with "The World's Greatest Geological Wonders" moderated by Thayer Browne. In your reading and travels you may have puzzled over some of the world's amazing geological formations, many of them popular tourist attractions. What caused each of these formations, how long ago, and why in that particular location? The lectures are clear and have plentiful visual aids and use a limited number of technical terms. You need know nothing about geology ahead of time.</p>	<p align="center">Thursdays 10:30-Noon Meeting Room</p>
<p>LITERATURE</p>  <p align="center">Edna St. Vincent Millay</p> 	<p>All are invited to attend Edna St. Vincent Millay - a six-week literature seminar presented by Stephen Collins. Edna St. Vincent Millay (1892-1950), winner in 1923 of the second annual Pulitzer Prize for Poetry, was a daring, versatile writer whose work includes plays, essays, short stories, songs, and the libretto to an opera that premiered at New York's Metropolitan Opera House to rave reviews. Millay infused new life into traditional poetic forms, bringing new hope to a generation of youth disillusioned by the political and social upheaval of the First World War. She ventured fearlessly beyond familiar poetic subjects to tackle political injustice, social discrimination, and the women's sexuality in her poems and prose. In the 1920's and 30's Millay was considered a spokesperson for personal freedom in America, particularly for women, and we turn to her lines to illuminate the social history of the period and the Bohemian lifestyle she and her friends enjoyed. In this class we will closely examine much of her poetry, beginning with the masterpiece, "Renescence" which she wrote at age 19. Stephen Collins grew up in Cambridge, and received a BA in Literature from UMass Boston. His style of teaching has been described as a hybrid between teaching and performance.</p>	<p align="center">Tuesdays: Oct. 20, 27, Nov. 3, 17, 24, Dec. 1 3:00-4:00pm Meeting Room</p>
<p>MUSEUM</p> 	<p>What better way to spend a beautiful afternoon than at the Hill-Stead Museum. Arrangements have been made for a guided tour of this remarkable home and fabulous collection of Impressionist paintings. Cost: \$28 for transportation and admission. Sign up in the TRIPS BOOK today.</p>	<p align="center">Thursday, Oct. 15 Depart FC Lobby at 1:30pm</p>
	<p>Hop on the Duncaster bus to the New Britain Museum of American Art on Saturday morning, November 7th. Admission is free for all who arrive before noon. Be sure to bring money for lunch in the museum café. Sign up in the TRIPS BOOK.</p>	<p align="center">Saturday, Nov. 7 Depart FC Lobby at 10:00am</p>

<p>MUSIC</p> <p>NEW</p> <p><i>SongPlay</i></p>  	<p>Music has the power to take us on an emotional journey and to affect us deeply. It influences our moods and can change how we feel. Music is often connected to important moments in our lives because of its capacity to enhance an experience. Adele Paxton, professional opera and concert singer, vocal coach and faculty member at Connecticut State University, will introduce a new program "SongPlay" in which she will highlight the ways in which we use music for different purposes, such as rest and relaxation, relief from pain or anxiety, meditation, stretching or exercise, concentration, inspiration, and stimulation.</p> <p>This program will integrate listening to songs and other recorded music with live singing and discussions. The core purpose will be to share songs that have particular, personal importance to individual group members, together with associated memories and other topics of interest. Sessions will include music from multiple genres: film, classical, popular, jazz, folk, and music theater. Sessions will be educational, fun, and community-building.</p> <p><i>"I am a performing vocal artist and healing voice teacher. I love to sing and I love to share the joy of singing with others. My performing career has taken me all over the world. I also have a passion for therapeutic voice work, that is, using my somatic and kinesthetic understanding of voices to bring awareness, insight, and healing into the lives of others."</i> Adele Paxton</p>	<p>Tuesdays Oct. 6, 13 Nov. 3, 10 1:30pm Meeting Room</p>
 	<p>Jeffrey Engel will return with a 3-part series, SIBELIUS: Finland's Mighty Man of Music. During the second thirty years of his life Sibelius was a nationally and internationally venerated figure. He was in demand to conduct his own music all over Europe and was offered prestigious musical posts in Vienna and New York City. By age sixty-two, and at the height of his creative powers, his compositional flow came to an end. Though he lived another thirty-one years, he never composed another major score. This course will explore the slow development of Finnish art music and the curious career of Finland's most celebrated composer.</p> <p>For more than fifteen years, Jeffrey Engel has been giving lectures devoted to music history. His lectures center on a musical personality or theme. The subject is always placed within a cultural and political context to make the audience aware of what was occurring when the composer was at work.</p> <p>Mr. Engel has an unusual background. After graduating with a Bachelor of Arts degree in music from Ithaca College, he moved to Paris where he would reside for fourteen years. There he studied art history at the Sorbonne and earned diplomas in the French language while performing in orchestral and chamber music concerts with his cello. He has played throughout France, playing at the Paris Opera and becoming a member of Concerts Padeloup, the second oldest symphony orchestra in the capital city.</p>	<p>Saturdays Oct. 10, 24, Nov.14 10:30-Noon Meeting Room</p>

<p>POETRY</p> 	<p>Senior Voices-Expressing Yourself Through Poetry, ALFA National Award Winning Program with originator/facilitator Andy Weil continues throughout the Fall season. Through non-threatening, non-obligatory, simple and fun writing exercises coupled with an atmosphere of total emotional group support, participants find themselves writing truly beautiful poems that allow everyone to "walk with them" through this wonderfully cathartic painting created in words; this process results in knowing others better . . . as well as ourselves. New members welcome!</p>	<p>2nd & 4th Thursdays 4:00-5:00pm Art Room</p>
<p>PROGRAMS & Special events</p>  <p>"Morrie"</p>	<p>Duncaster's own Tuesday with "Morrie!"</p> <p>All are invited to a wine and cheese social to meet and greet Gannon McHale, who is currently appearing as Morrie in TUESDAYS WITH MORRIE at West Hartford's Playhouse on Park. Gannon will give a brief talk about the experience here in Hartford and his role as Morrie.</p> <p>In a thirty-seven year career, Gannon has appeared on Broadway in JAMES JOYCE'S THE DEAD and THE SOUND OF MUSIC, and Off-Broadway in FAME, 42nd STREET, THE GOD COMMITTEE, FINAL ANALYSIS, and THE FANTASTICKS. Five national and two international tours, plus numerous regional theatre engagements include twenty musicals and a dozen productions of plays by William Shakespeare. Recent film and television: Steven Spielberg's LINCOLN and FX's THE AMERICANS. He is the author of STEALTH BOAT: Fighting the Cold War in a Fast Attack Submarine. (Naval Institute Press, 2008)</p>	<p>WINE & CHEESE SOCIAL Tuesday October 6th 4:00-5:00pm Lounge</p>
 <p>Paul Bisaccia</p>	<p>GERSHWIN'S AN AMERICAN IN PARIS GREAT AMERICAN COMPOSERS</p> <p>A unique piano concert based on Paul's CD featuring waltzes by Scott Joplin, (we'll bet you've never heard a Joplin Waltz before!) the <i>Carouse! Waltz</i> by Richard Rodgers plus Sousa's <i>Washington Post March</i>. Some great Gershwin standards will also be performed.</p> <p>In celebration of the new Tony award winning Broadway musical hit, Paul plays his exciting new piano transcription of Gershwin's <i>An American in Paris</i>. Great American music and Great American Composers at their best!</p> <p><i>"Bubbling over with Gershwin."</i> from The Hartford Courant review of Paul Bisaccia's recording of <i>An American in Paris</i>.</p> <p><i>"For Gershwin interpretations Bisaccia wins hands down."</i> – American Record Guide</p> <p><i>"It just proves that talent always prevails in these times of mediocrity. Consummate musicianship."</i> – Michael Feinstein</p>	<p>SATURDAY October 10 8:00pm Meeting Room</p>