

## A Guide to Life at **St. Mark Village**

### As we prepare to celebrate our 38th Anniversary here at **St. Mark Village**, we first pause to reflect.

We are a nation with many uncertainties about its healthcare system. With the recent information that has come to light regarding the financial instability of a number of large, well-known healthcare companies that care for Seniors, those of us looking to make a Continuing Care Community our new home have heightened concerns.

1. Will my financial investment be safe at the Community I choose?
2. What is the care going to be like at that Community if I need Assisted Living, Memory Care, Nursing Home Care, or Rehabilitation?
3. Are the Staff I've placed my trust in truly committed to their mission now and just as importantly are they planning for the future?

Every year we honor and remember our founder, Pastor James Henry Fresh, by continuing the mission he laid out for St. Mark Village: **To enrich the lives of the Residents we serve by creating an environment that fulfills their every need - mind, body, and spirit.** Today the members of the St. Mark Village family, Residents and Staff alike, are led by his son, Doug. Over these many years together we are united by a common passion to care for and respect each other.

We will also celebrate another important milestone. Four years ago, the Betty Fresh Rehab and Spa, named in honor of Betty Beam Fresh, wife of Pastor Fresh, opened its doors. This year she added a new chapter to her story, when with her usual mix of resilience and grace, she recovered from an illness in the Rehabilitation Center bearing her name, and then decided the time was right to reside in Assisted Living here at St. Mark after 19 wonderful years in Independent Living. Betty Fresh holds a special place in the hearts of the Residents and Staff, as she inspires us every day with her kindness and compassion.



## IN THE NOW

Our current Wellness Program, led by Dawn-Louise San Pedro, offers strength training, yoga and everything in between. As class participants offer feedback, she is inspired every day to research different and challenging ways for our Residents to stay healthy.

Ellen Wade, our Life Enrichment Director, is always busy planning unique and diverse adventures for our St. Mark Village family. It seems that with each new Resident comes a surprising and creative idea that Ellen can incorporate into our already amazing program.

Huseyin Isguzar, our Chief Culinary Officer, his hard working team, and the Resident Culinary Committee continually strive to provide a variety of delicious, freshly prepared meal options. Our "Monday Morning Menu Chats" also give Residents the opportunity to share their favorite recipes and comfort foods from their past, which could end up as a special on our menu.

## ON THE HORIZON

Our new Village Health and Rehabilitation will have exciting news to share very soon...stay tuned!

We continue to upgrade and update all parts of St. Mark Village, from the physical design of our common spaces and apartments in Independent Living to our behind the scenes digital enhancements which now support a hi-tech phone system and free Wi-Fi Village-wide!

As we add on to our already impressive fleet of vehicles, our friendly and accommodating chauffeurs will get you where you need to go in style!

## Welcome to the Family



## Pastor Bill Magee

My name is Pastor Bill Magee, and I'm happy to say that I am the chaplain here at St. Mark Village. I was born and raised in Northeast Philadelphia.

After graduating from high school, I enlisted in the U.S. Navy where I spent 14 years serving aboard three aircraft carriers as part of the carrier air group. In 1992, I was honorably discharged from the Navy and decided to focus on my education.

I went to Rowan University in New Jersey where I graduated with a degree in environmental biology. However, after some soul-searching, I decided on another path and attended the Lutheran Seminary in Philadelphia. I graduated from seminary in 2000 and I took the call to St. Matthias Lutheran Church in Clearwater where I spent the next 14 years serving my community.

It was a little over a month ago when I took another call... to St. Mark Village. From the moment I arrived, I felt the warmth and love here. There is no denying this is a special place and I couldn't be happier with my new St. Mark Village family.

When I am not at the Village, I am enjoying time with my wife of 26 years, Stacy and our three kids, Victoria, Billy, and Shawn. We currently live in Palm Harbor.



## Interested in learning more about **St. Mark Village**?

Name

Address

City

State

Zip

Phone

Email

Visit our website at [www.stmarkvillage.org](http://www.stmarkvillage.org)







See why  
**IT TAKES  
 A VILLAGE**  
 to live life fulfilled

Experience the Lifestyle

Here at St. Mark Village, we strive to find partners that make our Continuing Care Community the very best place to live and work.

Of our diverse group of partners, the ones dearest to our heart are three local arts organizations: Tarpon Arts, Tota Music and Theatre Conservatory, and Ruth Eckerd Hall.

As a Producer-Level Sponsor for the Tarpon Arts 2017-2018 Season, our contribution to the organization helps make it possible for this unique organization to continue bringing world-class entertainment and educational programs to Tarpon Springs.

St. Mark was highlighted at our sponsored show, *Rhythm of the Dance*, an amazing evening of live Celtic music and Irish step dancing that Residents and Staff attended together. Over the past few years, we have also been the recipient of two outstanding Dance Outreach programs. New York City based companies, *Paul Taylor* and *Dance Heginbotham*, came to the Village to entertain and dance with Residents and Staff from Independent Living and the Care Centers.

The young students of Tota Music and Theatre Conservatory inspire us with their talent, professionalism, and energy. This past Christmas, they performed outdoors in the evening by candlelight while the holiday lights in our courtyard flickered on to begin the most blessed of seasons at the Village. Recently, our Residents were even treated to a tour of the Conservatory to see the beautiful teaching and rehearsal spaces where they observed students in vocal, instrumental, dance, and acting studies.

Our longest partnership has been with Ruth Eckerd Hall, one of the best performing arts theaters in Florida. Through the years we have continued to sponsor shows including in April the groundbreaking musical, *A Chorus Line*. We were honored to welcome Zev Buffman, award-winning producer, President, and CEO of Ruth Eckerd Hall, to St. Mark to fascinate us with stories from his life and legendary career. If you love the arts there is no better place to enjoy the best of what our area has to offer than St. Mark Village. Join us as we continue to enjoy and support our creative partners.



2655 Nebraska Avenue  
 Palm Harbor, FL 34684  
 www.stmarkvillage.org



SUMMER 2018

St. Mark Village  
*View*



CELEBRATING  
 38 YEARS

A guide to the **St. Mark Village Lifestyle**  
 News & Views From the Suncoast's Premier Continuing Care Community




**YOU ARE  
 INVITED  
 TO JOIN US.**

**You are invited to join us.**  
 You are invited to an informal, educational luncheon to learn more about our exciting and unique community. Enjoy great food and good conversation as you discover why people just like you are joining the St. Mark Village family.

**Tuesday, August 14th** | Luncheons will start at 11am.  
**Tuesday, September 11th**

Space is limited so please call (727) 785-2580 to RSVP.

  
**ST. MARK VILLAGE**  
A MEMBER OF THE SUNCOAST'S PREMIER CONTINUING CARE COMMUNITY

**BUSINESS REPLY MAIL**  
FIRST-CLASS MAIL PERMIT NO 1049 PALM HARBOR FL

POSTAGE WILL BE PAID BY ADDRESSEE

**ST MARK VILLAGE**  
 2655 NEBRASKA AVENUE  
 PALM HARBOR, FL 34684-9925

NO POSTAGE NECESSARY IF MAILED IN THE UNITED STATES