

Choices

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Why Move to The Glenridge Now? In a Word: *Freedom*

These new members decided that sooner was better than later. Now, absent the responsibilities of home maintenance and worries about future healthcare, they have time to flourish – learning, traveling, making music, and even writing a book!

The Next Chapter

JoAnn Rall and her “champion guard dog,” Chico the Chihuahua, couldn’t be happier living at The Glenridge.

The former real estate agent – and author of *Joanna’s Sugar Bowl of Memories*, a self-published book that includes poems and family stories – is starting a new chapter in life. “Even though you might think you’re too young, you’ll make lots of friends and have the security of continuing care,” JoAnn says. “I just love the lifestyle and would encourage anyone to move here.”

With all the freedom The Glenridge offers, JoAnn is now doing more traveling and also taking advantage of opportunities to play bridge, swim, sing alto with the Harmonaires and attend classes through The Glenridge Academy. “I’m in a good place – the best place I could be – and I’ll shout it to the world,” she adds. “The Glenridge is the biggest blessing. It’s the complete fulfillment of my needs.”



The Glenridge was “the right place at the right time” for JoAnn Rall and Chico.

Good to Go

Fred and Nance Brisky moved to The Glenridge for several key reasons. They wanted to make life easier for their children. They felt it was time to downsize. And they wanted to continue their lifelong love affair with traveling. In fact, they have visited 96 countries, and have just returned from their ninth safari in Africa. “We have the fattest passports in the world,” laughs Nance.

The couple, who became Glenridge members about a year ago, are former overseas educators for the Department of Defense – living in Japan, Turkey, Germany, Norway and England. “We’ve always been world travelers, so having the freedom to maintain an active lifestyle was an important part of our decision,” Nance says. “Here, we don’t have the responsibilities that come with owning a

home, so we just close the door and go.”

Nance and Fred say The Glenridge is friendly, inclusive and active – and that the transition was an easy one. “The social atmosphere is spectacular,” they add. “We tell people that it’s better to be five years too early than five minutes too late. Come to The Glenridge while you can enjoy all the activities, make new friends, and do whatever you want to do.”

No Worries

The Briskys aren’t the only globetrotters at The Glenridge. New members Bev Ware and Dr. John Wasinda have been married five short years, but already they’ve visited every continent together – even Antarctica. “We’re very content here,” Bev says. “We can take off and travel and not worry about anything.”

A former superintendent of schools in Burlington, New Jersey, John is a Glenridge ambassador who’s trying singing and acting for the first time. Bev, a theater major in college, is a tour guide and soprano

with the Harmonaires. Both are part of the Playreaders drama troupe and The Glenridge Singers.

“The theater was a big draw for us, but there’s something for everyone,” says Bev, who coordinates volunteers at The Glenridge Performing Arts Center. “We visited a number of other communities, and the people here are just so happy and positive. You don’t always see that elsewhere. The Glenridge is a great place to live!”



Free from the responsibilities of home ownership, globetrotters Fred and Nance Brisky have all the freedom in the world.

“It’s better to be five years too early than five minutes too late.”



Bev Ware and John Wasinda display a variety of travel-related mementos in their eclectic apartment.

Life's an Adventure at The G

Pursue new hobbies. Get back in shape. Grow and flourish. Members say it's worrying about the house and the yard – and start enjoying the country-club



Dave and Carole Munro view life – and nature – through the long lens.

No Reason to Wait

Before Dave and Carole Munro moved to The Glenridge, they did some serious soul-searching. “Honestly, we felt we were too young to make the move,” Dave recalls. “We were active and in good health and thought we weren’t ready yet.”

But, in contemplating their future, the Munros took the long-lens approach. “Our kids don’t live nearby, and they can’t run over if something goes wrong,” Carole adds. “So, we decided not to wait.”

Carole, a licensed psychologist, and Dave, an engineer who worked at Lucent Technologies, looked at several continuing care communities before making the decision. “We felt most comfortable here,” they say.

“People are very welcoming, and it’s easy to get involved with all sorts of activities.”

For the Munros, who are avid birders and longtime Audubon Society members, the natural beauty of The Glenridge was also a big draw. They can spot a variety of species – including eagles, swallow-tailed kites, sandhill cranes, scrub jays and herons – right from their back yard. “Dave enjoys photographing the birds, and I enjoy looking at them,” Carole says. “Sarasota is one of the Gulf Coast’s major birding hotspots, so we just like to go out in nature and see what we can see.”

Despite their initial hesitancy, the Munros know The Glenridge was the right choice. “We had friends who didn’t understand our decision and actually asked what was wrong,” Dave adds. “They drove up to visit and when they saw the community, they said, ‘Now we know why you came here. It’s absolutely beautiful!’”

The Right Match

Committed to optimum health, The Glenridge provides members with a variety of ways to stay fit – so the community’s healthful lifestyle has always been a big draw.

That’s one of the perks that attracted new members Fred and Josephine Falkner, who are always

interested in finding a mixed-doubles tennis match. Fred competes in the Suncoast League, and Jo is a long-time recreational player. Together, they team up for friendly games with other couples on The Glenridge’s two HAR-TRU® tennis courts – which feature a green clay surface that’s easier on the joints than asphalt or concrete. “Whether you’re into swimming or tennis or lifting weights, the athletic facilities are top notch,” Fred says. “Everything’s right here, and it’s all so convenient.”

Even though the Falkners are fitness buffs, knowing they have access to advanced care is reassuring. “We don’t have any children,” Josephine says, “so moving to The Glenridge was a natural choice to ensure we’d be taken care of when we needed it. It’s very comforting.”

Fred, 74, also appreciates being around positive “role models” who are a little older. “I’ll see someone and think, ‘When I’m 90, I hope I’m like him or her,’” he says. “People here are very caring for their spouses, and it just warms your heart.”

Gift of a Lifetime

Many years ago, when Judy Singer’s father entered a continuing care retirement community at the age of 86, little did his family know that he would celebrate another 16 birthdays. Thankfully, he had chosen to live in an environment that – just like The Glenridge – provided a full spectrum of quality care.

“It was one of the best gifts he ever gave us,” says Judy’s husband, Dr. Jerry Singer.



The Glenridge was love at first sight for avid tennis players Fred and Josephine Falkner.



Judy and Jerry Singer say that moving to The Glenridge was a gift to their children.

Glenridge!

time to stop lifestyle.

“Now, we’re giving the same gift to our three sons. They have a lot less to worry about, knowing we’re at The Glenridge.”

Originally from Pennsylvania, the couple met on a blind date in high school. Jerry went on to serve two years as a general medical officer during the Vietnam War and later chaired the pediatrics department at Mercy Catholic Medical Center in Philadelphia. Judy is a graduate of Temple University and former travel agency owner.

For the Singers, who moved from Bonita Springs this past April, the chance to be near Judy’s brother, and the ability to live in a beautifully renovated club home held tremendous appeal. The Glenridge’s proximity to Sarasota and nearby cultural attractions, as well as the community’s flexible financial and health plans, also made it the ideal fit.

“The Glenridge has exceeded our expectations,” Jerry says. “The friendliness of the members is contagious, inviting and invigorating. Everyone is genuinely nice and interesting.”

The Perfect Fit

It’s like being on vacation 365 days a year. That’s how Bob and Anne Jones feel about living at The Glenridge. “There are so many fun activities and things to do,” says Bob, a retired investment banker. “The two of us are very physically active, so we really enjoy the Fitness Center. The instructors are fantastic!”

From Pilates and yoga to aerobics and aquatic classes, it’s easy for the couple to find exciting ways to keep fit. This summer, Anne even tried her hand in a new group exercise: Zumba.

After a good workout, the Joneses enjoy relaxing in their completely renovated apartment. Then it’s off to a meal at one of The Glenridge’s three dining venues, which consistently get rave reviews and recently earned a 98 percent member-satisfaction rating. “We’ve never eaten alone since we’ve been here,” says Anne, a former development officer at the Albright-Knox Art Gallery in Buffalo, New York. “This is an extraordinarily friendly community that’s very welcoming.”

In addition to all the luxury amenities, the Joneses are impressed by The Glenridge’s “fabulous” healthcare options. “Most people wait too long to move to a community like this – but we didn’t want to be in that situation,” they say. “Right now, we’re very healthy and able to enjoy everything The Glenridge offers. But, if we ever need care, we know that it’s here. Plus, if we had waited, we’d be missing out on a lot of fun!”



From growing tomatoes in their garden to walking their retrievers, Le and Jody Linquist are enjoying every inch of The Glenridge.

A Golden Opportunity

For Le and Jody Linquist, life at The Glenridge is golden. In more ways than one.

For starters, there are Jamison and Benjamin – the couple’s golden retrievers, popular pooches around the community. Benjamin, a therapy dog, is a welcome visitor at The Carroll Center, where his gentle disposition is perfect for big hugs and even bigger smiles. “It’s so moving,” Jody says. “People really brighten up when they pet him.”

The Linquists were raised in the Midwest but have lived all over the country during their 53 years of marriage. An A-4 pilot in Vietnam, Le spent the majority of his career flying for American Airlines before retiring in 1998. Both in their 70s, the couple moved to The Glenridge a year ago and acclimated

easily. While Jody enjoys water aerobics and classes at The Glenridge Academy, Le can usually be found tending to his delicious Chadwick tomatoes in one of The Glenridge’s 10 gardening plots.

“Just about anything will grow here in one of the four seasons we have in Florida,” says Le, who was raised on a farm. “One of the neighboring plots is growing eggplant, and in the cooler months we’ll be growing four or five varieties of lettuce.”

“The Glenridge is a great choice for us,” say the Linquists. “It was part of our estate-planning process and enabled us to provide for future healthcare needs. We feel secure knowing that if we need care in later years, it’s all right here.”



The Glenridge’s focus on health and fitness impressed Bob and Anne Jones.

If we had waited longer to come to The Glenridge, we’d be missing out on a lot of fun!



The Right Time

It's not about age, say Glenridge members.
It's about value, benefits and opportunity.

Life Doesn't Change; It Just Gets Better

Years ago, when Alison and DuPont (Dewey) Snowden began thinking about moving to a community like The Glenridge, they asked their primary care physician if there was a "right age" to relocate. "He said it's not about age,"



Alison and Dewey Snowden love The Glenridge's country-club atmosphere.

Dewey recalls. "It's when taking care of the house is becoming too much to handle – and that was certainly becoming the case for us."

The Snowdens, formerly of Englewood, now live in a spacious residence that didn't require much downsizing. They appreciate how The Glenridge staff – from housekeeping to the move-in coordinator – helped make the transition as seamless as possible. "If you move here soon enough, there's no reason to change your life at all," Dewey says. "You do the same things you always did."

For Alison, that means art, traveling and singing with the Sweet Adelines chorus in Fort Myers. For Dewey, it's golf, fitness and volunteering. Both like working out at the Fitness Center, walking around the property, grabbing a drink at the Thistle Stop and being active in the social scene and country-club atmosphere. "Just look at all the benefits and value," Alison says. "It's important to move sooner rather than later, especially when you consider the access to advanced care. In all stages of life, people can really thrive here."

So Much to Enjoy

No one knows that better than Alison's sister, Dodie, who had already secured her future by relocating to The Glenridge earlier this year, at age 72. "My mother waited until she was 90

If I sat around to decide whether I was 'ready' or not, I would have missed the opportunity.



Dodie Sorenson advises others to join The Glenridge while they're young and can enjoy all the amenities.

and regretted not moving into a continuing care retirement community sooner," she says. "I didn't want to make the same mistake. If I sat around to decide whether I was 'ready' or not, I would have missed the opportunity. I could have waited until there was a crisis situation – but it made sense to move sooner rather than later. Circumstances can change so fast. That's one of the reasons I encouraged my sister and brother-in-law to move here, too."

Before retiring in 2002, Dodie owned a consignment store in Rhode Island, which kept her too busy to get involved in anything else. But, life at The Glenridge comes with the freedom to try new things.

Today, she plays trivia and mah-jongg and has time to pursue her love of art. She also serves on two boards and started the "Kitty Committee," where members watch each other's cats while on vacation. "Come while you're young enough to enjoy the amenities," Dodie says. "I never heard anyone say they moved too soon."



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