

THE LUTHER MANOR TIMES

SUMMER 2014

NURSING CENTER RESIDENTS EXPERIENCE THE SYMPHONY

The Dubuque Symphony Orchestra League (DSOL) is a group of women that support the Dubuque Symphony Orchestra (DSO) with their time, talents and fundraising efforts. In 2013 and in 2014, the DSOL was able to offer a unique program to our senior citizens that reside in our eight certified nursing centers in Dubuque. Funding was arranged so that these residents were able to attend a Dubuque Symphony Orchestra classical concert FREE to them and their facility as part of our educational and musical outreach to the community.

Transportation was arranged for twelve residents to attend a Sunday

concert that was held at the new University of Dubuque Heritage Center. The seniors attended the DSO performance in October 2013 and April 2014. The eight nursing centers were divided up equally and three residents from each center were offered the opportunity to attend a live performance of the DSO. Assistance was provided by DSOL members to ensure the residents' needs were met and were comfortably seated. The residents were able to listen to Musical Musings, a program that gives an overview of the music and the composer prior to the concert.

All the residents were thrilled to

be able to participate in this rare opportunity to share the arts. Several residents noted that normally they would not have been able to attend a concert and were delighted to attend a beautiful performance with superb musicians from our very own Dubuque Symphony Orchestra under the direction of Maestro William Intrilligator. Together with the Dubuque Symphony Orchestra League, we were glad to be able to facilitate this event that provided outreach to our seniors while enriching their lives. Thank you to Barbara Barker (Retired Administrator) for "orchestrating" this event.

CALENDAR OF EVENTS

SEPTEMBER 24

The Dubuque Symphony Orchestra is coming! The orchestra will be performing classics for Luther Manor resident and visitors. Performance begins at 1:30PM in the main dining room at the Hillcrest Campus.



OCTOBER 25

The Auxiliary's Fall Bake and Basket Sale will be held from 7:30AM-2:00PM at Luther Manor Hillcrest Campus. Bake sale and basket items will be located in the Family Room and main dining room areas.



WELCOME

August, 2014

Welcome New Chaplain!

By Janet Warren

Please join me in welcoming Chaplain Burton Everist to Luther Manor Communities! I commend the board for their diligent efforts by forming a search committee of one member from each of the 7 sponsoring Lutheran churches. Working under the direction of the Evangelical Lutheran Church in America (ELCA), they prayerfully considered the needs of Luther Manor's residents and selected Chaplain Burton.

When his orientation is complete, Chaplain Burton may be seen around the Hillcrest campus beginning August 18th and he will work his way over to the Asbury campus for introductions. He will temporarily be located in the Apartment Library on first floor until space opens up in the lower level suite. When construction on the Asbury Club House is finished in early September, additional office space will open up for the Asbury team and thereby shifting staff to our west campus. Chaplain Burton will mostly be seen in the resident halls devoting his time to the residents and their needs.

Chaplain Burton comes to us from the ELCA where he provided pastoral services as an interim Pastor to their member churches. He is looking forward to a shorter commute and working with the residents and their families, and staff at Luther Manor Communities. Welcome Chaplain Burton!

Janet Warren
Executive Director
Janet.Warren@luthermanor.com



2014 Board of Directors

	Larry Croghan, President
	Marv Cocayne, Vice President
	Jan Hess, Secretary
	Alan Stache, Treasurer
Dan Avenarius	Jim Patrum
Tom Greenawalt	Joe Pieper
Dick Kokemiller	Bill Posey
Dick Lorenz	Jim Schroeder
Linda McKeag	Burnell Smith

2014 Foundation Board

	Bill Posey, President
	Phil Jensen, Vice President
	Jeff Mentzer, Treasurer/Secretary
	Larry Croghan, Ex Officio
	Alan Stache, Ex Officio
Marv Cocayne	Tom Johnson
Bob Hoefler	Larry Vogt

Luther Manor Staff

Executive Director
Janet Warren, CPA
janet.warren@luthermanor.com

Administrator
Cris Kirsch, BSN, NHA
cris.kirsch@luthermanor.com

Managing Director
Troy Smith, PHR
troy.smith@luthermanor.com

Care at Home Director
Lindsay Ede, BSN
lindsay.ede@luthermanor.com

Human Resources
Zoe Coyss
zoe.coyss@luthermanor.com

Admissions
Amanda Wachendorf, BASW
amanda.wachendorf@luthermanor.com

Dietary Services
Sheri Scheffert, CM, CFPP
sheri.scheffert@luthermanor.com

Activities Director
Mary Bettcher
mary.bettcher@luthermanor.com

Nursing Services
Kim Harkey, R.N., D.O.N.
kim.harkey@luthermanor.com

Residences-Sales Counselor
Betty Apelian
betty.apelian@luthermanor.com

Apartments-Residents Services Coordinator
Cindy Chatfield
cindy.chatfield@luthermanor.com

Billing Coordinator
Corey Root
corey.root@luthermanor.com

Chaplain
Burton Everist
burton.everist@luthermanor.com

HERITAGE SOCIETY

The Planned Giving Committee has joined Leave a Legacy Iowa (LALI). It is part of a national campaign to increase public awareness and interest in charitable estate and gift planning. Our membership with LALI provides Luther Manor Communities information brochures, newsletters, and resources to help residents and their families fulfill their wishes. Our Certificate of Partnership allows us to display our affiliation with LALI on their website at www.leavealegacyiowa.org. You can also find a link on our web-site at www.luthermanor.com to LALI. We are proud to have our name listed as one of the organizations in the Tri-State region. To learn more about planned giving, please check out the LALI website.



2

www.LutherManor.com

EVENTS AT NURSING CENTER

There is no federal mandate for nursing homes or home health programs to implement electronic health records (EHR). The upcoming federal deadline for EHR implementation that you hear about in the news applies to health professionals and acute-care hospitals. The reasons cited by this mandate were that electronic health records will lower the cost of health care, make the system more efficient and prevent medical errors. For these same reasons, we will benefit from electronic records. In addition, we believe that our system will allow the nursing staff and other care providers to share information which will provide updated and personalized care of residents.



Cris Kirsh, BSN, NHA
Administrator

Cris.Kirsch@luthermanor.com

On June 2, 2014 we took a huge step towards our electronic health records goal being realized with the implementation of new software. Hats off to Kim Harkey, BSN and Kathy Gruel, RN for their tireless efforts on getting everyone trained, adjusting their hours to provide support to all departments and for their continued enthusiasm through it all. CNA's also went live, charting on, "Point of Care". The information that they enter can be seen immediately by the nurses. Consultants and physicians were also trained on our system.

Medication Administration Records will be the last piece of our health records to go electronic which we plan on implementing this fall.

THERAPY SERVICES

Since expanding our Therapy Center in 2013, we continue to add new equipment and treatment options for the benefit of our residents and outpatient clients. Millennium Therapy helped us purchase a Diathermy for the relief from stiffness of joints and promoting relaxation of the muscles. A diathermy provides a combination of heat and high-frequency waves that travel through the body tissues. The degree of heat and depth of penetration is adjusted according to the resident's fibrous tissues to increase blood flow and speed up the rate of ion diffusion across cellular membranes thereby allowing tendons to more easily stretch and help movement.



It is a unique piece of equipment to the tri-state area we encourage you to check out. Thank you, Millennium for your support and recommending the diathermy.



GIVING FRIENDS OF LUTHER MANOR

EXPAND. EXPERIENCE. EMBRACE. PHASE II OF THE 2013-2014 APPEAL

Luther Manor Communities has now entered Phase II of the Expand. Experience. Embrace Appeal. Donations continue to come in but much more is needed before construction can begin. With your support, Luther Manor Communities plans to expand the front lobby, create a more accessible ramp to the main entrance and add a Porte cochere (a covered canopy that provides protection from the elements). Luther Manor Communities continues to revitalize the Nursing Center by providing a safe method for residents, families, visitors, and emergency personnel to access the facility while being protected from inclement weather.

Our goal is to begin the project in fall 2014. The initiative is to create more homelike space on the Hillcrest campus for members of our community to enjoy socialization, learning and programming. The refurbishing of the living room space will encourage more interaction among one another and with those that visit. This enhanced area will improve the quality of life for those who call Luther Manor Communities their home.

Your support is needed to make this important project possible. To make a gift, please use the envelope enclosed in this newsletter or go online to: www.luthermanor.com. Click on the Donate button at the top of the home page. For more information or interest in naming opportunities, please contact the business office at: 563-588-1413, extension 6672 or email us at: info@luthermanor.com. Together, we can make a difference in the lives that we serve.

Donations:

Dale & Susan Schulz
St. Peter Lutheran Church
Martin Brothers Distributing Co., Inc.
Weber Paper Co.
Conlon Construction Co.
Scott Printing & Design
Pacific Appraisal Inc.
Diane Sorenson & Allen Meurer
Morse Electric, Inc.
Mr. & Mrs. Robert H. Wahlert
United Clinical Labs
All Seasons Heating & Cooling, Inc.
Luther Manor Board
McGovern & Associates
The Henry Family Foundation
J & K Distributing
Mercy Family Pharmacy
Total Plumbing & Heating Co.
Midwest Business Products
Gordon & Coletta Wells
Klauer Family Charitable Foundation
Richard & Barbara Barker

Alliant Energy Foundation, Inc.
Longshadow Foundation
St. John's Evangelical Lutheran Church
Our Redeemer Lutheran Church
Lord of Life Lutheran Church
Gertrude Klinge
James & Melita McDonough Foundation
Robert Brissey
In memory of Paul Schmitt:
Larry & Barbara Croghan
In memory of Viola Stewart:
Fred & Ardrith Meeker
In memory of Delphine Dolter:
Daniel & Cheryl Dolter
In memory of Laura Nilles:
Keith Nilles
In memory of Rhonda Tafolla:
Fred & Ardrith Meeker
Memorials:
In memory of Betty Schaffert:
Marsha & Arthur Harrison Jr.

In memory of Ray Avenarius:
Dan Avenarius
In memory of Mary Jo Atkinson:
Fred & Ardrith Meeker
In Memory of Violet Stewart:
Mary Stewart
In memory of Don Warren:
Janet Warren
Union-Hoermann Press
Sharon Heller
Linda Lunde
Luther Manor Auxiliary
In memory of Floy Kiebel:
Alyse Franklin
Lori Garner
Eileen Trimble
Thomas Pierce Jr.
Sharon Pierce
Gary & Kathy Reid
Rickie & Sheryl Treanor
Dale Repass
Robert Humke Jr.
Robert & Marcia Davis



Lawrence & Lynn Pape
 Gil & Rebecca Spence
 Dupaco Community Credit Union
 In memory of Ruth Paulsen:
 Jack & Mary Thompson
 In memory of Bernie Geisler:
 Michael & Mary Pat Ament
 In memory of Marge Rusk:
 Marguerite Brodbelt Rusk Trustee
 In memory of Mona Hanley:
 James & Shirley Healy
 Mona Hanley Family
 In memory of Brittany Honkomp:
 Terry & Rhonda Tafolla

Amber Galle
 Sandra Gonzales-Denham
 Thomas & Catherine Boxleiter
 Peter James Nordloh
 Millennium Rehab
 Luther Manor Staff
 Fred & Ardrith Meeker
 Marcia Stock
 Barbara Barker
 Janet Miniaci
 Kay Brune
 Mary Bettcher
 Linda Lankamp
 Nicole Makovec

Jennifer Birch
 Beta King
 Troy Smith
 Kime Harkey
 Kathy Gruel
 Donna Decker
 April Erzen
 Janet Warren
 Stephanie Guy
 Cris Kirsch
 Mary Schmidt
 Verrena Dagitz-Stein
 Gertrude Klinge

OUTREACH

VISITATION SCHEDULE

Tuesday mornings.....10:30 a.m.
 Wednesday afternoons.....1:30 p.m.
 Or any time, other than meal times, that fits
 your schedule, including evenings/weekends.

AUXILIARY BINGO 1:30 p.m.

Wednesday: August 27
 Wednesdays: September 10
 Wednesdays: October 8 and 22
 Wednesdays: November 12 and 19

AUXILIARY MEETINGS

On Tuesday, September 9th, the Auxiliary will have a
 general meeting at 1:30 p.m. at Luther Manor.
 Hostess is the Gift Case Group.

AUXILIARY BIRTHDAY PARTIES 2:00 p.m.

Sundays: September 7th, October 5th, November 2nd

GIFT CASE SCHEDULE 1:30-3:00 p.m.

Monday-Saturday

UPCOMING EVENTS:

The Auxiliary's Fall Bake & Basket Sale will be
 held at Luther Manor October 25th,
 7:30 a.m.-2:00 p.m.
 A Staff Luncheon will be held Friday
 September 19th 10:30 a.m.-12:30 p.m.

SEPTEMBER MEMBERSHIP MONTH

Membership form available on page 8.

TO JOIN THE AUXILIARY

The Auxiliary's goal is to be of service to the
 residents and staff of Luther Manor. If you are
 interested in joining the Auxiliary, please contact
 either Co-Chairperson, Delores Lindsay 582-5810
 or Dorothy Gibb 563/845-7145.

Ambassador Day & Membership will be held
 at the Shalom Center (1001 Davis St.) September
 16th, 11:30 a.m.

HELP - ENTERTAINMENT WANTED

On the first Sunday of every month,
 the Auxiliary has a birthday party for
 the residents who have a birthday in
 that month. If you know of anyone or
 any group that would like to provide
 entertainment (free) of any kind, please
 contact Sally Fuller 588-4452.



LUTHER MANOR AUXILIARY MISSION STATEMENT

*"The objective of this organization shall be to be
 of service to the residents and the staff of Luther
 Manor whenever possible and to give interested
 persons an opportunity to work together for the
 benefit of Luther Manor."*



INDEPENDENT LIVING

The Residences

**Phase One of The Residences' Townhome Neighborhood Now Three-Quarters Complete!
Call Soon to Learn About Remaining Home Options**

By Betty Apelian, Sales Counselor, The Residences

Phase One of Luther Manor Communities' Asbury Campus development will be three-quarters complete with the start on construction for 6 more townhomes this fall. There are 13 sites remaining in this first phase. Luther Manor's next focus will be development on the southernmost edge of its Asbury campus to add an



Assisted Living complex. Townhome construction will be lighter until completion of Assisted Living.

Now is the right time to plan a move into The Residences' townhome neighborhood to take advantage of remaining "prime" locations and pricing.

Make the most of your retirement years while

becoming associated with Luther Manor Communities' premier healthcare services. Enjoy carefree, healthful living by trading in the snow shovel for exercise and wellness programs to be offered in the new Club House opening in September. The Residences' senior-friendly neighborhood

receives the benefits of comprehensive exterior and interior home maintenance; lock and leave services for snowbirds; and social opportunities.

A limited number of Phase One homes are available. For a tour and more information about The Residences' stylish homes, please call Betty Apelian at 563-557-7662. Or, join us for a Lunch & Learn in the Conference Center on the Hillcrest Campus for a complimentary lunch, presentation and guided tour of Luther Manor Communities' Asbury campus and The Residences' townhomes. Remaining dates are: August 27 and September 10. All programs are held from 12 noon - 2:00 p.m. Call today!



Betty Apelian
Residences-Sale Counselor

APARTMENTS

Current Availability in the Apartments

The connection of the Independent Senior Living Apartments to the Nursing Center allows for a seamless transition when there is a need for a higher level of care. For over 30 years, our apartment residents have enjoyed maintenance free living providing quality of life. As a benefit of support services, the average age of the residents in the apartments has historically been greater than the average age of the Nursing Center. While residents in the Nursing Center may be healing from a fall or other unexpected short term illness requiring rehabilitation care to successfully return to home, the apartment residents live in a maintenance free environment. The apartments also offer dining services for good nutrition and access to wellness in Luther Manor's new Therapy Center, also enhancing their quality of life.



Recent moves have opened up availability in a 1 Bedroom apartment. If you are looking for a 2 Bedroom apartment, move-in and move-up until one becomes available. As Cindy Chatfield, Apartment Coordinator says, "One thing that is certain, I have learned, nothing stays the same!" Call Cindy at 563-690-5239 for more information and to set up a tour.



6

www.LutherManor.com

Care at Home

Since the beginning of the year, Lindsay Ede, Care at Home Director has been collaborating with a consultant to obtain Medicare certification. Under the direction of Patti Paar, Trendlinks Home Health Care Consulting, Lindsay and Patti are completing the application process to Medicare. Luther Manor Communities is diligently working to develop the required policies and forms for successfully complying with Medicare regulations. Currently, Care at Home provides non-medical services to seniors in the community to help them remain independently in their home.

A Medicare certification will allow Care at Home to provide medical services. Also, most long term care insurance policies are beginning to require Medicare certification to bill for non-medical or medical services. We are pleased to see the application process nearing completion and excited to begin operating as a Medicare certified agency as of January 1, 2015. To learn more about Care at Home services, call Lindsay at 588-1145.

Catering Services

Did you know Luther Manor can cater your special occasion? If you live out of town and travel will be enough of a commitment of your time, then let Sheri Scheffert, Director of Dining Services take care of your private party. Space is available to accommodate over 50 people in the lower level Conference Center. Call Sheri at 563-690-5245 to personalize your menu options.

Would you like to advertise in the quarterly Luther Manor Times?
For more information on advertising in our newsletter, contact
Cathy Manders at: (563) 588-1413, ext. 6672
Prices are:

\$95.00 - 1 1/4" x 1 7/8"
\$150.00 - 2 1/2" x 1 7/8"

MAINTENANCE

News from Maintenance

- Maintenance requests may now be submitted on-line. To notify us for service via the web, go to www.luthermanor.com and look for Maintenance Requests under the Services tab.
- The phone system conversion is now complete. Phones have been "ported" over from Century Link to our new carrier, Windstream. Residents will now dial '9' for an outside line, and may dial a four digit extension for internal calls. Aside from a few individual glitches the system is fully operational. Several residents have expressed appreciation for the unlimited long-distance feature.





LUTHERMANOR
COMMUNITIES

HILLCREST CAMPUS
3131 Hillcrest Road, Dubuque, IA 52001-3908
P: 563.588.1413 | F: 563.588.3875

Visit our new website:
www.luthermanor.com



Enriching lives through a continuum of quality services guided by Christian love and compassion

MEMBERSHIP FOR 2015
LUTHER MANOR AUXILIARY - Membership Drive - 2015

_____ I would like to be an INACTIVE member of the auxiliary in 2015, supporting the work of the auxiliary by paying my \$5 dues.

_____ I would like to be an ACTIVE member of the auxiliary in 2015 supporting the work of the auxiliary by paying my \$5 dues and volunteering in the following ways:

- | | |
|---|---|
| <input type="checkbox"/> Baking for bake sales, birthdays, bingo treats
or other special occasions | <input type="checkbox"/> Visiting residents |
| <input type="checkbox"/> Helping with the gift case | <input type="checkbox"/> Crafts/sewing for the gift case |
| <input type="checkbox"/> Helping with bingo | <input type="checkbox"/> Assisting with special activities |
| <input type="checkbox"/> Phone calling | <input type="checkbox"/> Promoting/advertising Auxiliary activities
at my church |
| <input type="checkbox"/> Other _____ | |

Name _____
Address _____
Phone _____
E-mail _____

Please return this form and donation to:
Luther Manor, Attn: Auxiliary
3131 Hillcrest Rd.
Dubuque, IA 52001

For more information about the auxiliary,
call 588-1413.



8