



Mark the day with an act of kindness!

"If it weren't for Don..."



Taylor Community residents enjoyed another glorious day on Lake Winnisquam on August 17, lucky to have Don Foudriat with us that day - a pioneer in the efforts to save Lake Winnisquam from the pollution that threatened it in the 1970's. Don was a member of The Lakes Region Clean Waters Association - along with Peter Karagianis, Esther Peters and Jim Walker - whose efforts received national attention when William Ruckelshaus, the first administrator of the Environmental Protection Agency (EPA) awarded it a \$1 million grant and in 1975, the association



received the EPA's first Environmental Protection Award. Thanks, Don, for your work that helped us enjoy such a beautiful day on such a beautiful lake. For those of you not familiar with the story of the Lakes Region Clean Waters Association, I encourage you to view the documentary by Director John Gfroerer entitled "Clearing the Water," a very important Lakes Region history lesson.

~ Brenda M. Kean, Director of Resident Life

Thank you for your support for 11 weeks of providing 28,438 meals to the children of Laconia. Several Taylor folks were among the 273 volunteers it took to make this work; others of you wrote checks and/or ate in restaurants supporting Got Lunch during restaurant week.

Thank you, thank you!

GOT LUNCH!



Taylor Community 2017 Music Series

Concord Community Music School

Sunday, September 17 at 3:00pm

Soprano Hannah Murray sings Spirituals, joined by Calvin Herst on Piano.

This performance is kindly sponsored by Taylor Residents Barbara & Thomas Madden.

Generously supported by Bank of New Hampshire, Taylor Community's 2017 Music Series is free and open to the public.

Barbara Stockton Day



Taylor Community Resident Barbara Linderme Stockton celebrated her 100th birthday on Monday, August 21 in the company of many friends and relatives. As part of the birthday celebration, Mayor Ed Engler presented Barbara with a proclamation naming August 21, as "Barbara Stockton Day" in honor of her birthday on this date in 1917.

Barbara grew up in Middletown, Connecticut and married Lloyd G. Stockton on Christmas Day in 1941. This marriage brought two daughters, Shirley Stockton Johnes (husband Don Johnes) and Deb Stockton (husband Ed Cohen), all of whom were present for this special event. Barbara graduated from Willimantic State Teachers College in Connecticut. She and Lloyd lived in Middletown for many years until they both retired and moved to Center Sandwich. Barbara taught elementary school for many years, was an avid volunteer as well as one of the founding members of the "Over the Hill Hiking Club."

A citation prepared by Gov. Christopher T. Sununu for this occasion was read by Resident Advocate Charlie Coulter. Presentations were also made by Taylor Community President and Chief Executive

(Continued on Page 8)



Annual Meeting of Incorporators

Monday, September 25, 2017
Woodside

5:00 – 5:45 p.m. Hors d'Oeuvres

6:00 p.m. Business Meeting

Resident transportation to the Meeting will be provided (Back Bay and Meeting House Commons included).
Please call Dial-A-Ride at 366-1234 to request a ride.



Taylor Chorus: Sing with us!

1st and 3rd Thursday of the month at 2pm starting Sept. 7, Taylor Home Atrium.

The following offices will be closed Sept. 4 in observance of Labor Day:

Taylor Home Administrative Offices, Business Office, Facilities Office, Dial-A-Ride, Sales & Marketing, Care Management.

Trash and Recycling pickup for Ledges Residents will be delayed one day due to the holiday (picked up Wednesday).

Have a safe and happy holiday!

Playreaders Prepare for Fall Performance of "Forever Yours"



They're at it again! Playreaders, John Earley excepted, try on hats with veils provided by Carolyn Parker. Other significant props include a coffin secured by director Doris Citron for the fall performance of *Forever Yours*, a one-act comedy by Helen Paramore.

Partial Cast: Peg Petrie, Doris Citron, John Earley, Lois Lunetta, Carolyn Parker and Barbara Madden.

This is fun stuff!

Stay tuned for more information, coming soon!



Alavare Walking Labyrinth, Moultonborough



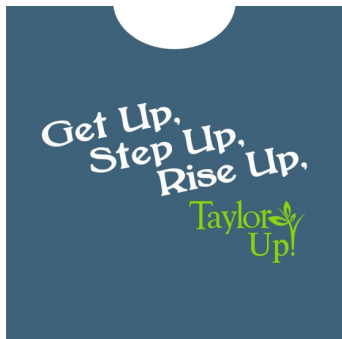
Northeast Passage out of the University System of New Hampshire returned for a fun day of Archery & Cycling sponsored by the Wellness Department at Taylor on August 22. No one hit the apple. (Just a joke!!!)



September Fitness News and Events

Wellness Focus for the Month: Physical Movement!

August's Summer Challenge to row 50,000 meters or take 5,000 steps on the NUSTEP went great! We had 12 participants, all completing the challenge. Each will receive a special T-shirt for their efforts (*front and back shown below*). To win your shirt, contact Tammy for more information on the next challenge in October.



Therapy Pool Re-Opens September 5!

Benefits of Taylor's Therapy Pool:

1. It is fall proof! The buoyancy of the water will keep you upright and if you slip, it's a splash, not a crash. Aging limbs and slowly worsening vision can cause an older adult to lose coordination and increase their risk of falling. Aquatic exercise is a great way to combat this loss of balance.
2. The 92-degree pool is the perfect therapy for tight or stiff joints and achy backs.
3. It can be social. You will find others who enjoy the benefits of being active and feeling better.
4. Water exercise will get your heart rate up, increase aerobic capacity, burn fat, and decrease risk for heart disease.
5. Trying to make quick arm and leg movements in the water is a form of resistance training that can help build muscle strength and endurance.

If you are interested in using the pool but are unsure how to start, contact Tammy at 366-1206.

Couch to 5K Program meeting – Wed., Sept. 6 @ 3:30pm. A walk/jog program for beginners with the goal of jogging the Tanger Outlet 5K Breast Cancer Walk/Run Race at the end of September.

Softball Game! Our very own Leah Smith is playing softball at Memorial Park in Laconia – Wed., Sept. 6 at 6:30pm. Call Tammy at 366-1206 if you would like a ride.

Updated Pool Schedules and Fitness Calendars are available at the Woodside Fitness Center.

Be Well!

Taylor'd Bootcamp with Lena Nirk – Sept. 6 to Oct. 4, Mondays and Wednesdays at 5:50am. A fun way to "Fall" into fitness. Feel better in your body by moving outdoors. The cost of the 5-week program is \$108. Call Lena to join: 366-1405.

WOW Trail Walk, 2nd Half – Thurs., Sept 7 @ 2:00pm, departing from Woodside. We will start at the Belmont Beach and walk to Aubuchon in Belmont. Possible pick-ups along the way; good for all abilities!

Fire Pit Grand Opening! – Fri., Sept. 8 @ 5:00pm, Woodside. More information provided on Page 9.

Wellness Committee Meeting – Tues., Sept. 19 @ 1:00pm in the Fitness Center at Woodside.

Pool Committee Meeting – Tues., Sept. 19 @ 2:00pm in the Fitness Center at Woodside.

Water Babies – Saturdays, Sept. 23 to Oct. 21, from 10:15 - 11:30am. Call Tammy to join, 366-1206.

Active Aging Week at Taylor Community:

Mon., Sept. 25 – Tai Chi on the Front Lawn, Taylor Home – 10:30am, Master Russell Jones (Elm Room if poor weather).



Tues., Sept. 26 – Walk to End Alzheimer's – 2:00pm, Woodside. Support the cause by contributing \$25 to the Alzheimer's Association, and walk a 1/4-mile, 1/2-mile or full mile in support of research to find a cure. Stop by Woodside for an application.

Wed., Sept. 27 – TED Talks: Life's Third Act and Let's End Ageism – 2:00pm, Woodside Theater.

Thurs., Sept. 28 – Hike: Locke's Hill, Gilford – 1:00pm, departing from Woodside. A moderate to challenging hike. The summit features rock chairs and a beautiful view of Lake Winnepesaukee. Call Tammy to register.



Fri., Sept. 29 – Special Morning Wake-Up Yoga on the Pool Deck with Tammy – 8:15am. Breathe in the fresh air and enjoy a reviving session of mindful stretching and breathing exercises.

Fri., Sept. 29 – Basketball Shootoff: Around the World Challenge – 11:00am to 12:30pm, Woodside. Winning categories include 1st, 2nd and 3rd place finishers for both residents and staff, male and female. Three shots per person per location.

SEPTEMBER TRIPS

SIGN-UP MAY BEGIN immediately. Please call 366-1226 to sign up for trips unless otherwise noted.

Note: Trip descriptors – **Easy, Moderate, and Independent** – indicate the degree of mobility [walking, standing, stepping, etc.] required in order to safely participate and enjoy the trip. All pick-up times are an approximation.

Non-residents pay a \$10 fee. There is a \$10 fee charged for cancellations within 72 hours of the trip. If a trip requires pre-paid tickets or entry fees, you cannot be reimbursed if you cancel from the trip OR if Taylor needs to cancel the trip due to weather conditions that make driving unsafe.



Friday – September 1 – Squam Lakes Natural Science Center, Holderness [Independent]

Through spectacular live animal exhibits, natural science education programs, an informal public garden, and lake cruises, Squam Lakes Natural Science Center has educated and enlightened visitors since 1966 about our natural world. The Science Center is accredited by the Association of Zoos and Aquariums (AZA) and is the only accredited institution in northern New England. Their open meadows, mature forests, and marsh boardwalks connect interactive natural exhibits where native animals reside: black bears, mountain lions, raptors, river otters, bobcats and more. Join us as we tour the Center's Live Animal Exhibits and enjoy a picnic lunch on-site. **Admission is \$15.00. Laconia Campus pick-up begins 8:45AM.**

POSTPONED

Thursday – September 7 – Dining Out: Lunch at Johnson's Seafood & Steak, New Durham [Easy] Ultra-fresh seafood; land lover options too. Save room for ice cream! **Laconia Campus pick-up begins at 11:00AM.**



Friday – September 8 – Meredith Sculpture Walk [Independent]

The Meredith Sculpture Walk is an annual, free to the public exhibit with installations on Main Street, throughout the Mill Falls Marketplace, and in the parks on the shores of Lake Winnepesaukee in historic Meredith. Installations for the MSW's inaugural year began June 2014. This year-round outdoor exhibit welcomes work by artists from around the country. An independent jury selects among exceptional works from artists who apply for the annual exhibit. Most works may be purchased directly from the artists. Following this docent-led tour, we will enjoy lunch at Giuseppe's. **Laconia Campus pick-up begins at 8:45AM.**

ly form the artists. Following this docent-led tour, we will enjoy lunch at Giuseppe's. **Laconia Campus pick-up begins at 8:45AM.**

Saturday – September 9 – Laconia Multicultural Festival [Independent] Join us for this wonderful celebration of Music, Arts, Crafts and Cuisine. Circus demos, African drumming and dance workshops, Puppets, Music, Flamenco dancing and more. **Laconia Campus pick-up begins at 10:00AM and will make rounds, with final pick-up at 2:00PM.**



Laconia Multicultural Festival



Monday – September 11 – Patriot Day Ceremonies, Hesky Park, Meredith [Easy]

Led by Master of Ceremonies Pat Kelly, the Program will consist of Posting of Colors, by American Legion Post 33 Honor Guard; National Anthem, The Chordsmen; Pledge of Allegiance; Striking of "The Four Fives," Meredith Fire Dept.; Introduction of Dignitaries; Special Recognitions; Invocation, Reverend Lemieux; Addresses: Police Captain Kevin Morrow, Fire Chief Ken Jones, Chair of Board of Selectmen Nate Torr, Ralph Ascoli eulogy for his sister Debbie, State Senator Jeanie Forrester, Service Officer Bob Kennelly; Laying of the Wreath, Elliott Finn; Benediction, American Legion Auxillary Chaplain Fran Milligan; Taps; Closing Remarks. The American Legion invites you back to the Post for a light lunch. **Laconia Campus pick-up begins at 10:30AM.**

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"Even the smallest act of service, the simplest act of kindness, is a way to honor those we lost, a way to reclaim that spirit of unity that followed 9/11." ~ President Obama, 2011

"If we learn nothing else from this tragedy, we learn that life is short and there is no time for hate." ~ Sandy Dahl, wife of Flight 93 pilot Jason Dahl, 2002

SEPTEMBER TRIPS *Continued*



Wednesday – September 13 – Seaplane Tour of Lake Winnepesaukee [Moderate] Lakes Region Seaplane Services owner and operator Dave French spent his summers on Pine Island on Lake Winnepesaukee. His love of flying off water began 33 years ago on “The Big Lake.” Dave has accumulated over 12,000 hours of flight time throughout his 34 year aviation career. He has a long list of piloting experience which includes Folsom’s Air Service, Bar Harbor Airlines, American Trans Air and bush flying in Alaska to name a few. Having come full circle, he has returned to his original passion - Seaplane flying in the Lakes Region. These unique flying tours will provide you with a memorable view of the Lakes Region that only a

seaplane can provide. The first flight (of 4 passengers) will occur at 10:00AM with additional flights hourly based on demand. **Per person ticket price is \$65.00.**

Wednesday – September 13 – Dining Out at Angelina’s, Concord [Easy] Join us for our second visit to this lovely little Italian Restaurant, hidden away on a side street in Concord. Angelina’s chef Richard takes great pride in using the finest quality, freshest ingredients available. All of the soups, salad dressings, sauces and raviolis, in addition to the seasonal dessert tray, are homemade. **Laconia Campus pick-up begins at 4:15PM.**



Friday – September 15 – Visit to Historic Strawberry Banke, Portsmouth [Independent] An outdoor history museum located in the historic district of Portsmouth, Strawberry Banke is the oldest neighborhood in New Hampshire to be settled by Europeans, and the earliest neighborhood remaining in the present-day city of Portsmouth. It features more than 37 restored buildings built between the 17th and 19th centuries in the Colonial, Georgian, and Federal style architectures. The neighborhood’s history goes back to 1630, when Captain Water Neale chose the area to build a settlement, naming it after the wild berries growing along the

Piscataqua River. Strawberry Banke existed as a neighborhood for four centuries from 1630 to the late 1950s. The neighborhood’s buildings were saved from 1950s urban renewal by the efforts of a large group of historic preservationists. Strawberry Banke opened as a museum in 1965. **Admission is \$12.00. Laconia Campus pick-up begins at 8:15AM.**

Monday – September 18 – Shopping at Rockingham Mall, Salem [Moderate] This mall is the largest shopping mall in the state of New Hampshire, with 1,020,000 square feet of floor space. Something for everyone! **Laconia Campus pick-up begins at 9:00AM.**



Friday – September 22 – American Police Motorcycle Museum with Lunch at Town Docks [Moderate] The American Police Motorcycle Museum represents over forty years of collecting motorcycles, parts and literature. This is the only museum in the country which chronicles the history of the motorcycle policeman. This privately run museum showcases this rich history through a timeline of motorcycles, uniforms, literature and equipment, from the early years where motorcycles were simply bicycles with engines to the modern complex machines that we see today. **Admission is \$9.00. Laconia Campus pick-up begins at 9:15AM.**

Tuesday – September 26 – Lunch at Masa Japanese Steakhouse in Manchester [Easy] Masa offers a wide array of traditional Japanese cuisine in a casual atmosphere. Join us for a unique dining experience. **Laconia Campus pick-up begins at 11:00AM.**



Friday – September 29 – Perkins Cove and Marginal Way, Ogunquit, Maine [Moderate] According to legend, Ogunquit was named by the Abenaki tribe, because the word means “beautiful place by the sea.” Those who have visited agree with this assessment. We all have different reasons for finding Ogunquit beautiful - some love the salty-sweet scent of beach roses or sea breezes wafting along the Marginal Way walking path, or the lapping incoming tide, or perhaps the nostalgic village feel of strolling among quaint buildings, coves and pedestrian bridges throughout the town. Join us on this walking tour of Perkins Cove and Marginal Way

where you can shop and eat at locations of your choice. **Laconia Campus pick-up begins at 8:15AM.**

UPCOMING LECTURES AND CAMPUS EVENTS



Friday – September 1 – Meet Me at *The Oasis!* – A great place to meet new people, sit and chat for a while on a nice evening. The name may have changed from the Pub; the convivial spirit is still the same. Beer, wine, soft drinks, and Pub Grub! Come and enjoy. **Join us at Woodside beginning at 4:30PM.**



Monday – September 11 – Resident Lecture Series: *Birding* with Cook Anderson – Join us as Taylor's own birding aficionado shares his experiences on "Birding." Birdwatching, or "Birding," is a recreational activity of wildlife observation with either the naked eye or through binoculars which includes listening for and identifying bird sounds. **This program will be held at Woodside beginning at 6:30PM.**

Friday – September 15 – Woodside Movie Party: *The Imitation Game* – In 1939, newly created British intelligence agency MI6 recruits Cambridge mathematics alumnus Alan Turing (Benedict Cumberbatch) to crack Nazi codes, including Enigma -- which cryptanalysts had thought unbreakable. Turing's team, including Joan Clarke (Keira Knightley), analyze Enigma messages while he builds a machine to decipher them. Turing and team finally succeed and become heroes, but in 1952, the quiet genius encounters disgrace when authorities reveal he is gay and send him to prison. **Join us at Woodside beginning at 1:30PM.**



Wednesday – September 20 – *The History of Concord Coaches*, Peter James – The Abbot-Downing Historical Society was formed in 1977 by a group of Concord citizens. Until 2011, it was known as the Concord Coach Society. The name was changed to reflect the greater scope of activities of the Abbot-Downing Company. Its purpose is to collect and maintain vehicles, papers, pictures, tools, and other memorabilia relating to the Abbot-Downing Company and other manufacturers of horse drawn vehicles. Join us as Peter James, officer of Abbot-Downing Historical Society, presents the history of Concord Coaches. **Join us at Woodside beginning at 6:30 PM.**

Monday – September 25 – *Why Family Stories Matter*, Dan Darling – Are you like most people who feel that personal and family history is a very important part of their overall legacy? Yet only 1% of us take the time to preserve family stories. How can you take steps to capture these stories before they're lost? Dan Darling will share a presentation, "Why Family Stories Matter," where you will discover easy methods, along with tools and resources, to begin this important process, and learn about the many different ways these stories can be shared with family and friends.



Dan Darling, the owner of Heartstring Media, has years of experience telling stories professionally through theater and video production. Through his Memoir Mill personal history service he helps individuals, families, organizations and communities preserve their valuable histories, memories and life stories. He is Certified Legacy Planner and a lifetime member of the International Association of StoryKeepers. **This presentation will be held at Woodside beginning at 6:30PM.**



Wednesday – September 27 – *Laconia History - Points of Interest*, presented by Pat Tierney – Laconia Historical & Museum Society's Executive Director Pat Tierney takes us for a virtual "travel around town" to learn about various points of interest in Laconia's History. **This program will take place at Woodside beginning at 6:30PM.**



More beautiful days on Lake Winnisquam. We were lucky enough to see this adult loon couple feeding their chick!



Why Dakim BrainFitness?

Getting the most out of life depends on having a sharp mind and keeping it that way. And clinically-proven Dakim BrainFitness is the web-based brain training program created especially for Boomers, to help them do just that!

Plus, when you use Dakim BrainFitness consistently to boost your day-to-day brain power, you'll also be developing what brain researchers call a **cognitive reserve** (a reserve of neural connections), so that brain power - essential to performing at your best - will be there in the future when you need it.

So, if you want to boost your brain power today and perform at high levels for years to come, Dakim BrainFitness is what you're looking for. **Register with Brenda today at 366-1226.**



Taylor Community Yard Sale

It takes a village to raise a child... it takes a community of retirees to have a successful yard sale.

The team work, enthusiasm, and joy were evident all over our beautiful campus. Residents and visitors were smiling and greeting each other. In one neighborhood a woman even baked cookies for the workers.

A huge thank you to the steering committee, contributors of "stuff," table providers, greeters, traffic directors, sorters, pricers, sellers, cashiers, golf cart driver, photographers, hot dog griller, and provider of great weather!!



And hurray for \$2600 earned for the Sunshine Fund!

~ Peg Petrie
Coordinator

A Huge Success!!



Residents lingered under the tent to enjoy the company long after the sale was over.

Barbara Stockton Day (Cont. from Page 1)



Officer Michael Flaherty on behalf of the Taylor Community Board of Trustees and Resident Advocate Sara Allen on behalf of the Taylor Community Board of Advocates.

When presented with her birthday cake depicting Barbara at the age of 25, she said, "Well, that kind of looks like me!"

Auction to Support Granite United Way



NE Patriots
vs.
Carolina Panthers



Game Time 1pm - Sunday, October 1, 2017

**TWO tickets, with Transportation, Private Pre-Game Access to the Field, and a Lunch Reception
Total Value \$1,750**

- 7:45am meet at Londonderry Park & Ride, Exit 5 (4 Symmes Drive, Londonderry, NH 03058). Bus departs 8AM SHARP, and will return approx. 8PM.
- Patriots tickets, transportation and reception package are provided by Mark & Sally Stebbins, owners of PROCON Industries in Hooksett, as incentive to increase new giving to Granite United Way across New Hampshire. Mark & Sally Stebbins will be your hosts at the lunch reception.
- Tickets are good for this game date only and are not exchangeable for other dates.
- Funds raised from this auction will be donated to Granite United Way
- Minimum bid is \$1,000
- Bill updates will be posted on Touchtown
- Auction ends at 9:00am on 9/11 with the winner announced at Resident Town Hall

To bid on the tickets, please call Paula Glaude at 366-1240 or email pglaude@taylorcommunity.org



Good Neighbors Make Great Friends!

The residents of Upper Taylor Home Drive held their Third Annual Pot Luck Picnic on Friday, August 11. The neighbors welcomed three new couples to the neighborhood, Dave and Diane Beaman, Judy and Bob Berry, and Elaine and Tom Gump. As often happens at Taylor – many "small world" connections were made.



Don Chapman, Bob and Judy Berry and Charlotte Leavitt



Elaine and Tom Gump, Dave and Diane Beaman and Mary Lou Grevatt

Recent Additions to the Woodside Library

Fiction:

- Stand the Storm, Breena Clarke
- Plum Spooky, Janet Evanovich
- Where the River Ends, Charles Martin
- The Devil Wins, Robert B. Parker
- The Fallen Angel, Daniel Silva



Enjoy a good book!

Welcome New Staff

Donna Gut, Chichester, joins our Salon Staff as Beautician. Donna attended Shirley's Beauty School in Manchester. In addition to her experience in hair styling, Donna has also worked at two facilities as an Activity Assistant.

Donna enjoys running/jogging (she has finished a half marathon and will run a 10K in January!) and watching football and hockey. Her favorite team is the Boston Bruins; she named her German Shepherd Bruin in 2011 when the Bruins won the Stanley Cup. She also has a Maine Coon Cat named Boston. Donna loves to laugh and have fun.

Derek Rossetti, Gilford, joins Taylor as Groundskeeper. He attends Plymouth State and is working towards a degree. Derek worked prior in tree service, a job he credits with teaching him a good work ethic.

Derek is proud coach of the Inter-Lakes Moultonborough football team. He loves to build rock walls in his spare time.

Welcome to Taylor Community!



Back Bay News & Events

Unavailable at Press Time!
Brenda will deliver personally.

A Friendly Reminder... Residents are asked to follow NH Fish & Game guidelines, and not put out birdfeeders until December 1 to avoid conflicts with our bear friends.



Back Bay Residents enjoy the day at the Annual BBQ.

Another Grand Opening!

On Friday evening, September 8th at 5:00pm, we will have the official ribbon cutting and bonfire at our beautiful new Fire Pit. We plan to have pizza, beer, wine and soft drinks, graciously provided by Michael Flaherty.

You have seen and heard all the construction behind Woodside and now we have one of the best permanent fire pits in the area, built by our own staff. Come and enjoy this special venue.

We haven't any seating, except on the wall, so remember to bring your own lawn chairs - and let the fun begin!

(Rain date: Friday, Sept. 15 at 5:00pm)



A note of appreciation from a resident...

"We owe a huge debt of gratitude to Bob Martin and his terrific crew who have done it once again! They have imagined an idea that came from the residents, designed, and built a beautiful patio and fire pit behind the Woodside building. At the end of last week they were finishing the landscaping surrounding the fire pit. We are extraordinarily thankful for all the hard work our Grounds staff put in to make this a special venue that will be well used by the community for years to come."

Recurring Campus Events

Sundays:

Sunday Brunch

Sundays, 11:00am to 2:00pm, Community Bistro
.....

Church Services

Sundays @ 2:00pm, Ledgeview

Mondays:

Stitch Witchery Quilters

Mondays @ 8:00am, Woodside
.....

Cozy Caps Knitters

Mondays @ 10:00am, Woodside
.....

Taylor Home Bingo

Mondays @ 10:00am, Taylor Home

Tuesdays:

Resident Cracker Barrel Coffee Hour

Tuesdays @ 10:00am, Fireside Dining Room
.....

Laconia Public Library Runs

Every Other Tuesday @ 10:30am (Call 366-1238)
.....

Shopping Bus to Belknap Mall

Tuesdays @ 1:00pm (Call Dial-A-Ride)
.....



Non-Fasting Blood Draws

Tuesdays @ 1:00pm, Woodside Wellness Office
.....

Adult Art & Coloring Group

Tuesdays @ 2:00pm, Taylor Home

Wednesdays:

Fasting Blood Draws

Wednesdays @ 6:30am, Woodside Wellness Office
.....

Cribbage Games

Wednesdays @ 10:00am, Woodside Card Room
.....

Veterans Coffee Hour

3rd Wednesday of the Month @ 10:00am
Lake Room at Ledgeview
.....

Book Discussion with Lois Brady

1st Wednesday of the Month @ 10:30am
Woodside 3rd-Floor Lounge
.....

Memoirs Group

Wednesdays @ 11:00am, Woodside Library
.....

Shopping Bus to Tilton

Wednesdays @ 12:30pm (Call Dial-A-Ride)
.....



Woodside/Ledges Food Forum

2nd Wednesday of the Month @ 2:00pm, Woodside

Recurring Campus Events

Thursdays:

Woodcarvers

Thursdays @ 9:00am, Woodside Wet Craft Room
.....



Shopping Bus to Hannaford's/Walmart

Thursdays @ 9:00am (Call Dial-A-Ride)
.....

Taylor Community Chorus Rehearsals

Thursdays @ 2:00pm, Taylor Home
.....

Needle Arts Group

Thursdays @ 2:00pm, Taylor Home

Fridays:

Le Cercle Francais de Laconia

Fridays @ 10:00am, Fireside Dining Room
.....

Taylor Home Bingo - Fridays, 10:00am, Taylor Home

Saturdays:

Saturday Entertainment at Ledgeview

Saturdays @ 2:00pm, Second Floor
.....

Community Social & Buffet

3rd Saturday of the Month @ 5:00pm, Woodside
(RSVP at 366-1449 by Wednesday prior)
.....

Saturday Night at the Movies

Saturdays @ 7:00pm, Woodside
(7:30pm on Community Social & Buffet Nights)

Saturday Night at the Movies Woodside Theater



September 2 at 7:00pm –
Mamma Mia!

September 9 at 7:00pm –
A Chorus Line

September 16 at 7:30pm –
Field of Dreams

September 23 at 7:00pm –
We The People; The Market Basket Effect

September 30 at 7:00pm –
Call Me Madam

The Independent Resident Association of the Laconia Campus would like to thank all the residents that have sent in their dues at this time. We certainly appreciate your contributions. If some people have forgotten, we are still accepting money at this time.

Thank you!

~ Sharon Guild, Treasurer

Trip Reminders

Advance RSVP required; call Brenda at 366-1226.

Squam Lakes Science Center

Fri., 9/1 @ 8:45am

Leah's Softball Game, Memorial Park

Wed., 9/6 @ 6:30pm

(Call Tammy, 366-1206, if you'd like a ride)

Lunch at Johnson's Steak & Seafood

Thurs., 9/7 @ 11:00am

WOW Trail Walk (2nd Half)

Thurs., 9/7 @ 2:00pm

(Call Tammy for this one, 366-1206)

Meredith Sculpture Walk

Fri., 9/8 @ 8:45am

Laconia Multicultural Festival

Sat., 9/9 @ 10:00am

Patriots Day Ceremonies, Meredith

Mon., 9/11 @ 10:30am

Seaplane Tours of Lake Winnepesaukee

Wed., 9/13 (Brenda to supply pick-up times)

Dinner at Angelina's

Wed., 9/13 @ 4:15pm

Strawbery Banke Tour

Fri., 9/15 @ 8:15am

Lectures, Programs & Special Events

Please Note: Musical Programs at Ledgeview are listed separately below.

Men's Breakfast

Wed., Sept. 6 @ 7:45am, Woodside

Dick Stuart speaks on Sri Lanka.

Please RSVP to John Larson at 524-7131 by 9/4.

American Red Cross Blood Drive

Wed., Sept. 6, 12:30pm – 6:00pm, Woodside

Please register by calling 1-800-REDCROSS or online at www.redcrossblood.org

Woodside Fire Pit Grand Opening

Fri., Sept. 8 @ 5:00pm, Woodside (Rain date 9/15)

IRA Barbecue

Sun., Sept. 10 @ Noon, Woodside Tent Area

Resident Lecture Series: Birding
Cook Anderson

Mon., Sept. 11 @ 6:30pm, Woodside

Woodside Movie Party: The Imitation Game

Fri., Sept. 15 @ 1:00pm, Woodside

Community Social & Buffet

Sat., Sept. 16 @ 5:00pm, Woodside

Please RSVP at 366-1449 by Sept. 13.



Notice of Meeting Change

The October IRA and Resident Town Hall Meetings have been moved to Monday, October 2.

Meeting Reminders

Playreaders

Mon., September 4 @ 1:00pm, Woodside

Taylor Community Chorus Rehearsal

Thurs., September 7 @ 2:00pm, Taylor Home Atrium

IRA Executive Committee

Mon., September 11 @ 9:30am, Woodside

Resident Town Hall

Mon., September 11 @ 11:00am, Woodside

Playreaders

Mon., September 11 @ 1:00pm, Woodside



In Memoriam

Robert Daniell

October 31, 1933 – August 9, 2017

Taylor Resident since 2017

A Note to Taylor Community Residents...

Dear Friends,

I just want to let you know how much comfort and belonging I felt from the many cards and sincere expressions from you with regard to my wife's recent death. It was so very kind and caring of you.

~ Bryan Walker

Musical Entertainment at Ledgeview

Saturdays at 2:00pm

September 2 – Jan Rosen

September 9 – Bill Parker

September 16 – Rick King

September 23 – Bob King

September 30 – Jackie Lee Fairhurst



The Community Bistro

Daily Specials **Grab & Go Meals**
More Choices! **Sunday Brunch!**

Monday, Wednesday and Friday - 11:45am - 6:45pm
Tuesday and Thursday: 11:45am - 3:45pm and
5:00 - 7:00pm for Dinner (**Please RSVP for
Dinner at 366-1481**).

Grab & Go - from 11:45am

Sunday Brunch - 11:00am - 2:00pm

**Delivery Available for Lunch and Dinner
Monday through Friday!**

Daily Specials

Monday 9/4: Baked Salmon with Orange Honey Glaze, Jasmine Rice and Asparagus

Tuesday 9/5: Baked Chicken with Gravy, Mashed Potatoes and Carrots

Wednesday 9/6: Beef Pot Pie, Roasted Potatoes and Chef's Choice Vegetable

Thursday 9/7: Stuffed Shells with Tossed Salad and Garlic Breadsticks

Friday 9/8: Fried Cod with French Fries and Roasted Corn

Monday 9/11: Lobster Roll with French Fries and Coleslaw

Tuesday 9/12: Chicken Broccoli Alfredo over Pasta with Garlic Bread

Wednesday 9/13: Barbecue Pork Sandwich with Mashed Sweet Potatoes and Fruit Salad

Thursday 9/14: Shepherd's Pie with Gravy and Broccoli-Cauliflower Blend

Friday 9/15: Baked Haddock with Steamed Rice, Carrots and Peas.



The Lake Room at Ledgeview

Breakfast and the Noon Meal are served daily in **The Lake Room**, 7:30 – 9:00am and Noon – 1:00pm.

Supper is served on Monday, Wednesday, Friday, Saturday and Sunday, 5:00 – 6:30pm (please join us at The Bistro Tuesday and Thursday nights).

Please make your reservations at 366-1202.

For Weekly Lake Room menus call 366-1231.



Dial-A-Ride operates on the Laconia Campus Monday - Friday from 8am to 4pm, with extended hours Tuesday and Thursday evenings (until 7pm) and Sunday morning transportation to church. **Please do plan ahead: Call to RSVP Monday through Friday, 8am to Noon, 366-1234.**

Special!

Enjoy 10% OFF at the Bistro if you have a September birthday.

IRA Community Social & Buffet Saturday, September 16

Appetizers: Warm Spinach Dip with Pita Chips; Tomato & Mozzarella Skewers; Fresh Seasonal Fruit Tray

~Caesar Salad~

Entrée Selections: Apricot Glazed Pork Loin; Lemon Chicken; Seafood Stuffed Cod w/ Sherry Cream Sauce

Side Choices: Mashed Sweet Potatoes; Scalloped Potatoes; Wax Bean; Roasted Brussels Sprouts w/ Bacon

Dessert Selections: Pumpkin Pie; Lemon Layer Cake; Cookies & Cream Pie; SF/GF Baked Apple Sundae with Caramel Sauce

\$18 per person

Please RSVP at 366-1449 by Sept. 13.



Dinner Specials – Tuesday, September 5

Grilled Delmonico Steak \$18

Sautéed Shrimp with Lemon Butter \$18

Side Choices: Cheddar Mashed Potatoes, Pasta, Beets, Asparagus
Caesar Salad or Clam Chowder

Dinner Specials – Thursday, September 7

Roasted Turkey \$16

Baked Haddock \$18

Side Choices: Mashed Potatoes, Butternut Squash, Green Beans
Spinach Salad or Corn Chowder

Dinner Specials – Tuesday, September 12

Roasted Cornish Hen \$18

Grilled Salmon with Caramelized Onions \$18

Side Choices: Roasted Potatoes, Rice Pilaf, Steamed Broccoli, Brussels Sprouts
House Salad or Butternut Bisque

Dinner Specials – Thursday, September 14

Grilled Tenderloin Tips \$18

Sautéed Scallops \$20

Side Choices: Mashed Potatoes, Sautéed Mushrooms, Roasted Summer Squash, Carrots
Green Salad or Seafood Chowder