

Gathering Points

(253) 756-0601

January 2019



FRANKE TOBEY JONES

POINT DEFIANCE-RUSTON SENIOR CENTER

Enjoy your age

**HAPPY NEW
2019
YEAR**

February 2019

**AARP Tax Preparation
Begins Fri. & Sat.**

**Call for Appointment
Red Wind Casino (1)**

HAM Radio Meeting (6)

Investment Club (8)

Sr. Footcare (12 & 26)

Mandala Coloring (13)

Cookie Decorating (14)

CCS Footcare (15)

Potluck (15)

**Closed President's
Day (18)**

March 2019

**AARP Tax Preparation
(Fri. & Sat.)**

Red Wind Casino (1)

HAM Radio Mtg. (6)

Investment Club (8)

Mark Stern

Performing (8)

Waffles for Lunch (8)

Mandala Coloring (13)

Nat'l. Goof Off Day (22)

April 2019

**AARP Tax Preparation
(Fri. & Sat.)**

Mandala Coloring (3)

HAM Radio Mtg. (3)

Red Wind Casino (5)

Investment Club (12)

Wear Pajamas Day (16)

CCS Footcare (19)

May 2019

HAM Radio Mtg.(1)

Red Wind Casino (3)

Mandala Coloring (8)

Investment Club (10)

**Mark Stern Entertaining
& Taco Friday (10)**

Music and Lunch

This year, we are trying something new! Every other month, Mark Stern will be joining us (odd months through September). He will be at the Senior Center on the second Friday of the month at approximately 11:10 a.m. After his performance, we will have a special lunch. These lunches will vary from taco Fridays to hamburgers. On the menu January 11th is a baked potato bar you won't want to miss. Please join us by signing up in advance.

Pinochle



Tournament

If you enjoy playing Pinochle, join us on Friday, January 18, at 10:00 a.m. for a friendly tournament. The cost is \$8. Lunch will be provided; and cash prizes will be given out at the end of the tournament. Sign up in advance for fun and games!

Closures

I want to provide you with the closure schedule for 2019 so you can make plans around those days. I know you don't want to miss a thing at the Center. The following holidays are when the Senior Center will be closed.

- * January 1 - New Year's Day
- * February 18 - President's Day
- * May 27 - Memorial Day
- * July 4 - Independence Day
- * September 2 - Labor Day
- * November 28 - Thanksgiving
- * December 25 - Christmas Day

Inclement Weather



We may still have some inclement weather so I wanted to remind everyone about our policy. The Senior Center will follow the Tacoma 10 School District. If the school buses run two hours behind, the Senior Center will open two hours later. If the schools close, so will the Center. You can tune to your local television network or radio to check this information or you can go to the school's website at <https://www.tacomaschools.org/Pages/default.aspx>. Our goal is to keep you safe!

www.FrankeTobeyJones.com | [Facebook.com/Pt-Defiance-Ruston-Senior-Center](https://www.facebook.com/Pt-Defiance-Ruston-Senior-Center)



Volunteer Breakfast

Can you believe that we are in the new year? We can't let that go by without taking the time to thank all of our many wonderful volunteers! The breakfast this year will be on January 26th at 10:00 a.m. The menu this year will include a breakfast casserole, fruit and cinnamon rolls. Please sign up at the front desk!

AARP Driver Safety Class

There will be a driver safety class on January 29, at 9:00 a.m. Taking this class may allow you the opportunity to save a little on your car insurance. You would have to check with your insurance company to make sure. The class is \$20 if you are not a member and \$15 if you are with a membership card.



HAM Radio Meetings

Have you ever been curious about HAM Radios? If so, you are welcome to come to one of the monthly meetings. Meetings will be held in the classroom on the first Wednesday of the month starting at 12:30 p.m.

AARP Tax Preparation

Tax season will be upon us sooner than we would like; so it's time to start getting your paperwork together! The AARP Tax Volunteers will once again be at the Senior Center, providing this free tax preparation service to the public. Preparers will be onsite Fridays and Saturdays. Appointments will be necessary for Fridays and part of Saturday. Please call (253) 756-0601 closer to the end of January.

*Local Trips

Red Wind Casino ~ Fri., January 4, 2019.
Bus leaves at 8:30 a.m. Cost: \$5.

SCHEDULING

Please call (253) 756-0601 to confirm events/classes. Unforeseen circumstances occasionally cause changes to the calendar.



1 ~ TUESDAY



Closed New Year's Day

2 ~ WEDNESDAY

9:00 *Tai Chi
10:00 Mexican Train Dom.
10:10 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 *HAM Radio Meeting*
2:00 Therapeutic Yoga
3:30 *Line Dancing*



3 ~ THURSDAY

10:00 Strength & Balance
11:05 Zumba Gold
12:00 Lunch
12:30 Ping Pong
1:00 Bingo
1:00 Spanish
2:00 *Tap Dancing*

4 ~ FRIDAY

8:30 **Red Wind Casino*
9:00 Therapeutic Yoga
10:00 Pinochle
10:00 Strength & Balance
11:10 Ping Pong
11:10 *Wii Bowling*
12:00 **FTJ Lunch*
1:30 Body & Brain
1:30 **Canning w/Friends*

7 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 *Acupuncture*

8 ~ TUESDAY

8:00 *Sr. Ctr. HAM Net*
9:00 *Senior Footcare
10:00 Strength & Balance
10:00 Pinochle
11:10 Walk 'n Bowl
11:10 Ping Pong
12:00 Lunch
1:00 Bingo

9 ~ WEDNESDAY

9:00 *Tai Chi
10:00 Mexican Train Dom.
10:10 Strength & Balance
11:00 **Mandala Class*
11:10 Ping Pong
12:00 Lunch
1:00 **Fraud Workshop*

9 ~ TUESDAY CONT'D.

2:00 Therapeutic Yoga
3:30 *Line Dancing*

10 ~ THURSDAY

10:00 Strength & Balance
11:10 Zumba Gold
12:00 Lunch
12:30 Ping Pong
1:00 Bingo
1:00 Beginning Spanish
2:00 *Tap Dancing*

11 ~ FRIDAY

9:00 **Investment Club*
9:00 Therapeutic Yoga
10:00 Pinochle
10:10 Strength & Balance
11:10 **Mark Stern*
12:00 **Baked Potato Bar*
1:30 Body & Brain Class



14 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 *Acupuncture*

15 ~ TUESDAY

8:00 *Sr. Ctr. HAM Net*
10:00 Pinochle
10:00 Strength & Balance
11:00 *CCS Dietician -Susie Fox*
11:10 Walk 'n Bowl
11:10 Ping Pong
12:00 Lunch
1:00 **Computer Lab*
1:00 Bingo
2:00 **Tax Assistance*



16 ~ WEDNESDAY

9:00 *Tai Chi
10:00 Mexican Train Dom.
10:10 Strength & Balance
11:10 Ping Pong
12:00 Lunch
2:00 Therapeutic Yoga
3:30 *Line Dancing*

17 ~ THURSDAY

10:00 Strength & Balance Class
11:10 Zumba Gold
12:00 Lunch
1:00 Ping Pong
1:00 Bingo
1:00 Beginning Spanish
2:00 *Tap Dancing*

18 ~ FRIDAY

9:00 Therapeutic Yoga
10:00 **Pinochle Tournament*
10:10 Strength & Balance
11:10 Ping Pong
12:00 **FTJ Lunch*
1:30 Body & Brain

21 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 *Acupuncture*

22 ~ TUESDAY

8:00 *Sr. Ctr. HAM Net*
9:00 **Senior Footcare*
10:00 Pinochle
10:00 Strength & Balance
11:10 Walk 'n Bowl
11:10 Ping Pong
12:00 Lunch
1:00 Bingo

23 ~ WEDNESDAY

9:00 *Tai Chi
10:00 Mexican Train Dom.
10:10 Strength & Balance
11:10 Ping Pong
12:00 Lunch
1:00 **Credit Scores*
2:00 Therapeutic Yoga
3:30 *Line Dancing*

24 ~ THURSDAY

10:00 Strength & Balance
11:10 Zumba Gold
12:00 Lunch
12:30 Ping Pong
1:00 Bingo
1:00 Beginning Spanish
2:00 *Tap Dancing*

25 ~ FRIDAY

9:00 Therapeutic Yoga
10:00 Pinochle
10:10 Strength & Balance
11:10 Ping Pong
11:10 *Wii Bowling*
12:00 **FTJ Lunch*
1:30 Body & Brain

26 ~ SATURDAY

10:00 **Volunteer Breakfast*



28 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong

28 ~ MONDAY CONT'D.

12:00 Lunch
12:30 *Acupuncture*

29 ~ TUESDAY

8:00 *Sr. Ctr. HAM Net*
9:00 **AARP Driver Safety Class*



10:00 Strength & Balance
10:00 Pinochle
11:10 Walk 'n Bowl
11:10 Ping Pong
12:00 Lunch
1:00 Bingo

30 ~ WEDNESDAY

9:00 *Tai Chi
10:00 Mexican Train Dom.
10:10 Strength & Balance
11:10 Ping Pong
12:00 Lunch
2:00 Therapeutic Yoga
3:30 *Line Dancing*

31 ~ THURSDAY

10:00 Strength & Balance Class
11:10 Zumba Gold
12:00 Lunch
12:30 Ping Pong
1:00 Bingo
1:00 Beginning Spanish
2:00 *Tap Dancing*

SCHEDULING

**Sometimes calendar changes occur due to circumstances beyond our control. Please call to confirm.*

*COST

Please ask at the front desk if there is a fee for the class of your interest.

*REGISTRATION

Please sign up for classes / events at the front desk, in the office or by calling (253) 756-0601.

Calendar available at www.franketobeyjones.com