

Gathering Points

(253) 756-0601

November 2018



FRANKE TOBEY JONES

POINT DEFIANCE-RUSTON SENIOR CENTER

Enjoy your age

Highlights



December

Recipe Greetings for the Holidays (3)
Nat'l. Cookie Day (4)
Bow Making Class (4)
Swag Class (5)
Mandala Coloring (5)
(FTJ Staff Holiday Party) **Senior Center Closes Early Today (1:45 p.m.) Yoga class will still occur (5)**
Holiday Greet. Cards (6)
Redwind Casino (7)
12 Days of Goodness (20) with a Seahawk legend
Holiday Party (13)
Investment Club (14)
Cookies in a Jar (14)
Canning w/Friends (14)
Molbaks Nursery (15)
Closed Christmas Day (25)

2019

Happy New Year!

January 2019

Closed New Year's Day (1)
Mandala Coloring (2)
Redwind Casino (4)
Volunteer Breakfast (5)
Investment Club (11)
CCS Dietician (15)
Pinochle Tournament (18)
Driver Safety Class (29)

February 2019

AARP Tax Preparation Begins (1)
Red Wind Casino (1)
Mandala Coloring (6)
Investment Club (8)



Monopoly Day

Did you know that there was a specified Monopoly Day? There is; and we are playing Monopoly on Monday, November 5, starting at 10:00 a.m. If you like Monopoly, sign up to see if you are the best tycoon at the Senior Center.

ClearCaption

Are you hard of hearing and have difficulty hearing what people say on your phone? You might qualify for a free phone and service that may eliminate difficulties hearing people on your phone. Come find out if you can take advantage of this program on Tuesday, November 20, at 11:00 a.m.

Mandalas

A mandala is a simple geometric shape that can take on the essence of a flower, animal or other item. Mandala coloring is an excellent way to promote relaxation, exercise the brain, work on hand/eye coordination and enhance your creativity. Come join in the fun. . .all materials will be provided on Wednesday, November 7, at 10:00 a.m.

Budget Tips for Banking

Having budget woes? Kim Summers, a financial expert from Sound Outreach will be here on Wednesday, November 7, at 1:00 p.m. to discuss budgeting for banking.

Greeting Cards

With the holidays right around the corner, you might want to start thinking about greeting cards you will send. Betty Withrow will be having another greeting card class on Thursday, November 8, at 11:00 a.m. You will make your card(s) and take them with you. Space is limited so sign up now!

Teapot Christmas Tree Class

Use a teapot of your own or purchase one from Janet Rothbart. You will make a beautiful holiday table decoration. Registration is required for this November 14 class that starts at 11:00 a.m.



Thanksgiving Party

Let's celebrate all the many things that we have to be thankful for this holiday season, starting with each other. Come socialize and be entertained, sip on punch and snack on goodies before having a turkey dinner at noon. The party starts on Thursday, November 15, at 11:10 with the Memorie Singers with lunch served at noon.

Thanksgiving Holidays

The Senior Center will be closed on Thursday, November 22, for Thanksgiving, but it will be open the day after, November 23. There will be a potluck for lunch on this day. If you would like to join us, please sign up at the front desk with your name and what you will bring.

Smart Phone Class

Is your smart phone smarter than you? It's time to remedy that situation. Learn all the wonderful things that smart phones can do on Friday, November 16, at 10:00 a.m. Space is limited so jump on the list now to reserve your place.

Spanish

As our Spanish class continues on, it is a place where you can learn Spanish if you don't know how to speak the language or just brush up. Join us on Thursdays, starting at 1:00 p.m.

Gifts in A Jar

It's that time of year, when Candy Gustafson teaches her Gifts in a Jar class. This session you will make a beautiful jar of soup to keep or give away. Please sign up in advance for the November 30 class.

*Local Trips

Red Wind Casino ~ Fri., November 2, 2018.

Bus leaves at 8:30 a.m. Cost: \$5.

SCHEDULING

Please call (253) 756-0601 to confirm events/classes. Unforeseen circumstances occasionally cause changes to the calendar.



1 ~ THURSDAY

10:00 Strength & Balance
 11:10 Zumba Gold
 12:00 Lunch
 12:30 Ping Pong
 1:00 Bingo
 1:00 Spanish
 2:00 Tap Dancing

2 ~ FRIDAY

8:30 *Red Wind Casino
 9:00 Therapeutic Yoga
 10:00 Pinochle
 10:10 Strength & Balance
 11:10 Ping Pong
 11:10 Wii Bowling
 12:00 *FTJ Lunch
 1:30 Body & Brain
 1:30 *Preserve for Hungry

5 ~ MONDAY

10:00 Strength & Balance
 10:00 *Monopoly Day
 11:10 Ping Pong
 12:00 Lunch
 12:30 Acupuncture



6 ~ TUESDAY

8:00 Sr. Ctr. HAM Net
 10:00 Pinochle
 10:00 Strength & Balance
 11:10 Walk 'n Bowl
 11:10 Ping Pong
 12:00 Lunch
 1:00 *Computer Lab
 1:00 Bingo
 2:00 *Tax Assistance
 2:15 Tuesday Movie Time

7 ~ WEDNESDAY

9:00 *Tai Chi
 10:00 Mexican Train Dom.
 10:00 *Mandala Coloring
 10:10 Strength & Balance
 11:10 Ping Pong
 12:00 Lunch
 1:00 *Bank Budget Tips
 2:00 Therapeutic Yoga
 3:30 Line Dancing

8 ~ THURSDAY

10:00 Strength & Balance
 11:00 Greeting Cards
 11:05 Zumba Gold
 12:00 Lunch
 12:30 Ping Pong
 1:00 Bingo
 1:00 Spanish
 2:00 Tap Dancing

9 ~ FRIDAY

9:00 *Investment Club
 10:00 Pinochle
 10:00 Strength & Balance
 11:10 Ping Pong
 11:10 Wii Bowling
 12:00 *FTJ Lunch
 1:30 Body & Brain

12 ~ MONDAY

10:00 Strength & Balance
 11:10 Ping Pong
 12:00 Lunch
 12:30 Acupuncture

13 ~ TUESDAY

8:00 Sr. Ctr. HAM Net
 9:00 *Senior Footcare
 10:00 Strength & Balance
 10:00 Pinochle
 11:10 Walk 'n Bowl
 11:10 Ping Pong
 12:00 Lunch
 1:00 Bingo
 2:15 Tuesday Movie Time

14 ~ WEDNESDAY

9:00 *Tai Chi
 10:00 Mexican Train Dom.
 10:10 Strength & Balance
 11:00 *Teapot Tree Class
 11:10 Ping Pong
 12:00 Lunch
 1:00 *Going for Budget
 2:00 Therapeutic Yoga
 3:30 Line Dancing

15 ~ THURSDAY

10:00 Strength & Balance
 11:10 *Thanks. Party
 12:00 *Holiday Meal
 12:30 Ping Pong
 1:00 Bingo
 1:00 Beginning Spanish
 2:00 Tap Dancing



16 ~ FRIDAY

9:00 Therapeutic Yoga
 10:00 Pinochle
 10:00 *Smart Phone Class
 10:10 Strength & Balance
 11:10 Ping Pong
 11:10 Wii Bowling
 12:00 *FTJ Lunch
 1:30 Body & Brain Class
 3:00 *Canning w/Friends

17 ~ SATURDAY

11:00 *Gardening

19 ~ MONDAY

10:00 Strength & Balance
 11:10 Ping Pong
 12:00 Lunch
 12:30 Acupuncture

20 ~ TUESDAY

8:00 Sr. Ctr. HAM Net
 10:00 Pinochle
 10:00 Strength & Balance
 11:00 *ClearCaptions
 11:10 Walk 'n Bowl
 11:10 Ping Pong
 12:00 Lunch
 1:00 *Computer Lab
 1:00 Bingo
 2:00 *Tax Assistance
 2:15 Tuesday Movie Time



21 ~ WEDNESDAY

9:00 * Tai Chi
 10:00 Mexican Train Dom.
 10:10 Strength & Balance
 11:00 *Fraud, What Is It?
 11:10 Ping Pong
 12:00 Lunch
 2:00 Therapeutic Yoga
 3:30 Line Dancing

22 ~ THURSDAY

Closed for Thanksgiving

23 ~ FRIDAY

9:00 Therapeutic Yoga
 10:00 Pinochle
 10:10 Strength & Balance
 11:10 Ping Pong
 12:00 *Potluck

26 ~ MONDAY

10:00 Strength & Balance
 11:10 Ping Pong
 12:00 Lunch
 12:30 Acupuncture

27 ~ TUESDAY

8:00 Sr. Ctr. HAM Net
 9:00 *Senior Footcare
 10:00 Pinochle
 10:00 Strength & Balance
 11:10 Walk 'n Bowl
 11:10 Ping Pong
 12:00 Lunch
 1:00 Bingo
 2:15 Tuesday Movie Time

28 ~ WEDNESDAY

9:00 *Tai Chi
 10:00 Mexican Train Dom.

28 ~ WEDNESDAY CONT'D.

10:10 Strength & Balance
 11:10 Ping Pong
 12:00 Lunch
 2:00 Therapeutic Yoga
 3:30 Line Dancing

29 ~ THURSDAY

10:00 Strength & Balance
 11:10 Zumba Gold
 12:00 Lunch
 12:30 Ping Pong
 1:00 Bingo
 1:00 Beginning Spanish
 2:00 Tap Dancing

30 ~ FRIDAY

9:00 Therapeutic Yoga
 10:00 Pinochle
 10:10 Strength & Balance
 10:30 *Gifts in a Jar (Soup)
 11:10 Ping Pong
 11:10 Wii Bowling
 12:00 *FTJ Lunch
 1:30 Body & Brain

Inclement Weather

The Senior Center will follow the Tacoma 10 School District schedule during inclement weather. Please check your local radio/TV stations. *Your safety is our primary concern.*

SCHEDULING

**Sometimes calendar changes occur due to circumstances beyond our control. Please call to confirm.*

*COST

Please ask at the front desk if there is a fee for the class of your interest.

*REGISTRATION

Please sign up for classes / events at the front desk, in the office or by calling (253) 756-0601.

Calendar available at www.franketobeyjones.com