

Gathering Points

(253) 756-0601

December 2018



FRANKE TOBEY JONES

POINT DEFIANCE-RUSTON SENIOR CENTER

Enjoy your age



January 2019

Closed New Year's Day (1)

Redwind Casino (4)

Volunteer Breakfast (5)

Mandala Coloring (9)

Investment Club (11)

Mark Stern

Performs (11)

Baked Potato Bar (11)

CCS Dietician (15)

Pinochle Tourney (18)

Driver Safety Class (29)

February 2019

AARP Tax Preparation

Begins (1)

Red Wind Casino (1)

Investment Club (8)

Mandala Coloring (13)

Potluck (15)

Closed President's

Day (18)

March 2019

AARP Tax Preparation

(M, F & Sat.) Call

for appointment

Investment Club (8)

Mark Stern

Performing (8)

Waffles for Lunch (8)

Mandala Coloring (13)

Nat'l. Goof Off Day (22)

April 2019

AARP Tax Preparation

(M, F & Sat.) Call

for appointment

Mandala Coloring (3)

Red Wind Casino (5)

Mark Stern

Performing (10)

Taco Friday (10)

Wear Pajamas Day (16)



Holiday Hours

It's a busy time of the year with lots of good times and cheer, but, as many of you know, the Senior Center's hours can be a little different than usual. On December 5, Franke Tobey Jones has the staff holiday party. In order for the Senior Center staff to attend, the Center will close at 1:30 p.m.; however, the yoga class will still be held. I'm sorry for any inconvenience this might cause. If you ride the shuttle, please be sure to tell them the pickup time is 1:00 p.m. Also, the Senior Center will be closed on Tuesday, December 25th for Christmas and Tuesday, January 1, 2019, for New Year's Day. Catholic Community Services will be closed on Wednesday, December 26; however, lunch will be served (menu to be announced). Thank you for your understanding and have a wonderful holiday season!



Bows & Swags

Are you attending the Swaggin' with Candy and Dennis at 10:00 a.m. on Wednesday, December 5th? If so, you may want to join the Bow Making Class on Tuesday, December 4th at 11:00 a.m. Please be sure to sign up in advance. These will be very popular classes.

Financial Workshops

Continuing her series on finances, Kim Summers will be at the Senior Center on Tuesday, December 4 and Wednesday, December 12, at 1:00 p.m. If you have questions regarding your personal finances, this is your opportunity to have them answered. Please register for this class.

Holiday Craft Classes

Are you sending greeting cards tis year? Betty Withrow will be having another greeting card class on Thursday, December 6, at 11:00 a.m. On Friday, December 7, at 11:00 a.m. she will be teaching a soap class. These beautiful soaps make great presents (or you can keep them for yourself. I won't tell.) Space is limited so sign up for one or both classes now!



Holiday Party

Let the merriment begin! Our holiday party will be held on Thursday, December 13, 2018. Lynn Vrooman will bring joy and song as she entertains us beginning at approximately 11:10 a.m. There will be holiday goodies to nibble and eat, punch and eggnog to follow the pace. Carmen will be cooking and at noon a turkey will be served and the raffle items drawn. Come join the party!

12 DAYS OF GOODNESS



The Seahawk Legends

The 20th of December, beginning at 11:30 a.m. the Senior Center will be hosting the 12 Days of Goodness with Seahawk legends Alonzo Mitz and Hillary Butler along with his family. Additional legends may join them, but they were unannounced at the time of this printing. Join us for lunch where you will be able to visit our legend and share Seahawk memories! You must register for this event!

*Local Trips

Red Wind Casino ~ Fri., December 7, 2018. Bus leaves at 8:30 a.m. Cost: \$5.

Molbaks ~ Sat., December 15, 2018
Bus leaves at 9:00 a.m. Cost: \$10.



The Senior Center staff would like to wish each and every one of you a joyous holiday season; and thank you for allowing us to be a part of your lives in 2018. May your holidays and the year to come be filled with love, happiness and good health!

Your staff,

Candy
Beth
Kate





3 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 Acupuncture

4 ~ TUESDAY

8:00 Sr. Ctr. HAM Net
10:00 Pinochle
10:00 Strength & Balance
11:00 *Bow Making Class
11:10 Walk 'n Bowl
11:10 Ping Pong
12:00 Lunch
1:00 *Financial Workshop
1:00 Bingo
2:00 *Computer Lab
2:30 *Tax Assistance



5 ~ WEDNESDAY

9:00 *Tai Chi
10:00 Mexican Train Dom.
10:00 *Swaggin' w/Candy and Dennis
10:10 Strength & Balance
11:10 Ping Pong
12:00 Lunch
1:30 **CTR. CLOSURE** (FTJ Staff Party)
2:00 Therapeutic Yoga



6 ~ THURSDAY

10:00 Strength & Balance
11:00 *Greeting Cards
11:05 Zumba Gold
12:00 Lunch
12:30 Ping Pong
1:00 Bingo
1:00 Spanish
2:00 Tap Dancing

7 ~ FRIDAY

8:30 *Red Wind Casino
9:00 Therapeutic Yoga
10:00 Pinochle
10:00 Strength & Balance
11:00 *Soap Class
11:10 Ping Pong
11:10 Wii Bowling
12:00 *FTJ Lunch
1:30 Body & Brain



10 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 Acupuncture

11 ~ TUESDAY

8:00 Sr. Ctr. HAM Net
9:00 *Senior Footcare
10:00 Strength & Balance
10:00 Pinochle
11:10 Walk 'n Bowl
11:10 Ping Pong
12:00 Lunch
1:00 Bingo

12 ~ WEDNESDAY

9:00 *Tai Chi
10:00 Mexican Train Dom.
10:10 Strength & Balance
11:00 *Mandala Class
11:10 Ping Pong
12:00 Lunch
1:00 *Financial Workshop
2:00 Therapeutic Yoga

13 ~ THURSDAY

10:00 S & B Class
11:10 **No** Zumba Gold
11:10 *Holiday Party
12:00 *Holiday Meal
12:30 Ping Pong
1:00 Bingo
1:00 Beginning Spanish
2:00 Tap Dancing



14 ~ FRIDAY

9:00 *Investment Club
9:00 Therapeutic Yoga
10:00 Pinochle
10:10 Strength & Balance
10:30 *Cookies in a Jar
11:10 Ping Pong
11:10 Wii Bowling
12:00 *FTJ Lunch
1:30 Body & Brain Class
3:00 *Canning w/Friends



15 ~ SATURDAY

9:00 *Molbaks

17 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 Acupuncture

18 ~ TUESDAY

8:00 Sr. Ctr. HAM Net
10:00 Pinochle
10:00 Strength & Balance
11:10 Walk 'n Bowl
11:10 Ping Pong

18 ~ TUESDAY CONT'D.

12:00 Lunch
1:00 *Computer Lab
1:00 Bingo
2:00 *Tax Assistance

19 ~ WEDNESDAY

9:00 * Tai Chi
10:00 Mexican Train Dom.
10:10 Strength & Balance
11:10 Ping Pong
12:00 Lunch
2:00 Therapeutic Yoga

20 ~ THURSDAY

10:00 S & B Class
11:10 **No** Zumba Gold
11:30 12 Days of Goodness (Seahawk Legends)
12:00 Lunch
1:00 Ping Pong
1:00 Bingo
1:00 Beginning Spanish



21 ~ FRIDAY

9:00 Therapeutic Yoga
9:00 CCS Footcare
10:00 Pinochle
10:10 Strength & Balance
11:10 Ping Pong
12:00 *FTJ Lunch
1:30 Body & Brain

24 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 Acupuncture

25 ~ TUESDAY

CLOSED Ho, Ho, Ho Christmas Day



26 ~ WEDNESDAY

9:00 *Tai Chi
10:00 Mexican Train Dom.
10:10 Strength & Balance
11:10 Ping Pong
12:00 Lunch
2:00 Therapeutic Yoga

27 ~ THURSDAY

10:00 Strength & Balance
11:10 Zumba Gold
12:00 Lunch
12:30 Ping Pong
1:00 Bingo
1:00 Beginning Spanish

28 ~ FRIDAY

9:00 Therapeutic Yoga
10:00 Pinochle
10:10 Strength & Balance
11:10 Ping Pong
11:10 Wii Bowling
12:00 *FTJ Lunch
1:30 Body & Brain

3 ~ MONDAY

10:00 Strength & Balance
11:10 Ping Pong
12:00 Lunch
12:30 Acupuncture



Inclement Weather

The Senior Center will follow the Tacoma 10 School District schedule during inclement weather. Please check your local radio/TV stations. Your safety is our primary concern.

SCHEDULING

*Sometimes calendar changes occur due to circumstances beyond our control. Please call to confirm.

*COST

Please ask at the front desk if there is a fee for the class of your interest.

*REGISTRATION

Please sign up for classes / events at the front desk, in the office or by calling (253) 756-0601.

Calendar available at www.franketobeyjones.com