

# JANUARY 2019



## GARDEN PLAZA AT CLEVELAND

A SENIOR LIVING COMMUNITY



### Garden Plaza Staff

Rebecca Sturtz - Executive Director  
Renee Curry - Business Office  
David Dailey - Hospitality  
Phila Goins - Sales Director  
Lynda Copley - Sales Associate  
Mark Landon - Maintenance  
Brandon Brewster - Wellness  
Elizabeth Abernathy - Dining  
Kate Patterson - Lifestyles



### Community Happenings!



I want to thank all of you for giving me the opportunity to serve you here at Garden Plaza! You have made coming in to work so easy. I have loved every minute of it! I hope you all know how much I love each of you. However, I am very excited to welcome Kate Patterson to the team as our new Lifestyles Services Director. She is a recent graduate from Lee University. She majored in Communications and has many new and fresh ideas to

bring to the table! You guys are going to love her. Make sure to bring suggestions to her about additions or changes you would like to see in this new upcoming year! Happy New Year's to you all!!




### January Birthdays!!!!

Robert Cantrell 1/03  
Cookie Ely 1/03  
Berta Gibson 1/26  
Jack Gish 1/24  
Patsy Griffin 1/14  
Gregory Holladay 1/01  
Betty Hollifield 1/07

Robert Taylor 1/04  
Lois Layne 1/05  
Dorothy Phillips 1/13  
Nancy Stephens 1/14  
Eddie Williams 1/21  
Patsy Metzner 1/22  
Leigh Saunders 1/24  
Betty Behling 1/25  
Jenny Zedwick 1/25  
Hellen Satterfield 1/26  
Peggy Noel 1/29

**"Like" Us on Facebook:  
Garden Plaza at Cleveland  
Independent and Assisted  
Living Community**

 Find us on  
**Facebook**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>6 9:45 <span style="background-color: #DC143C; padding: 2px;">CR</span> Sunday School 1:00 <span style="background-color: #90EE90; padding: 2px;">SR</span> Jigsaw Puzzles 1:30 <span style="background-color: #4682B4; padding: 2px;">AT</span> Hot Chocolate Social 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Church Service with Central Church of Christ 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Chicken Foot</p>	<p>7 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Forever Fit Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes 12:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Health Restoration Massage 1:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Afternoon Exercise with Bands 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Scrabble 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p><b>New Year's Day</b> 1 9:15 <span style="background-color: #000000; padding: 2px;">C</span> Devotions 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Sit &amp; Be Fit Exercise <b>10:30 <span style="background-color: #00FF00; padding: 2px;">O</span> North Walmart Shopping</b> 11:00 <span style="background-color: #8B4513; padding: 2px;">AR</span> Learn to Play Bridge 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Therapeutic Coloring 2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Bingo 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Documentary Hour 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Poker Night</p>	<p>2 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Staying Strong Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes 2:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Hot Chocolate Social 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>3 <b>7:45 <span style="background-color: #00FF00; padding: 2px;">O</span> Out To Breakfast</b> 9:00 <span style="background-color: #000000; padding: 2px;">C</span> Devotions 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Staying Sharp Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Exercise <b>11:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Choir Practice</b> 1:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Afternoon Tea 2:00 <span style="background-color: #8B4513; padding: 2px;">AR</span> Crafts 6:30 <span style="background-color: #8B4513; padding: 2px;">L5</span> Rook Card Game</p>	<p>4 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Chair Yoga 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Manicures 2:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Popcorn Social &amp; Brain Trivia 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Jewelry Making 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>5 9:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Coffee Social 11:00 <span style="background-color: #8B4513; padding: 2px;">BI</span> Billiards 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train 2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Bingo <b>4:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Evening Piano with Motok</b> 6:30 <span style="background-color: #8B4513; padding: 2px;">L5</span> Movie Spectacular</p>
<p>13 9:45 <span style="background-color: #DC143C; padding: 2px;">CR</span> Sunday School 1:00 <span style="background-color: #90EE90; padding: 2px;">SR</span> Jigsaw Puzzles 1:30 <span style="background-color: #4682B4; padding: 2px;">AT</span> Hot Chocolate Social 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Church Service with Nathan Ridgeway 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Chicken Foot</p>	<p>14 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Forever Fit Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes 1:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Afternoon Exercise with Bands 2:00 <span style="background-color: #4682B4; padding: 2px;">LB</span> Poetry Corner 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Scrabble 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>15 9:15 <span style="background-color: #000000; padding: 2px;">C</span> Devotions 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Sit &amp; Be Fit Exercise <b>10:30 <span style="background-color: #00FF00; padding: 2px;">O</span> North Walmart Shopping</b> 11:00 <span style="background-color: #8B4513; padding: 2px;">AR</span> Learn to Play Bridge <b>1:00 <span style="background-color: #E6E6FA; padding: 2px;">2L</span> Mary Kay Makeovers</b> 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Therapeutic Coloring 2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Bingo 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Documentary Hour 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Poker Night</p>	<p>16 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Staying Strong Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes <b>10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Cornhole</b> 2:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Hot Chocolate Social 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>17 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Staying Sharp Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Exercise <b>10:30 <span style="background-color: #00FF00; padding: 2px;">O</span> Out to Lunch</b> <b>11:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Choir Practice</b> 1:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Afternoon Tea 2:00 <span style="background-color: #8B4513; padding: 2px;">AR</span> Crafts 6:30 <span style="background-color: #8B4513; padding: 2px;">L5</span> Rook Card Game</p>	<p>18 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Chair Yoga 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Manicures 2:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Popcorn Social &amp; Brain Trivia 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Jewelry Making 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>19 9:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Coffee Social 11:00 <span style="background-color: #8B4513; padding: 2px;">BI</span> Billiards 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train 2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Bingo <b>4:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Evening Piano with Motok</b> 6:30 <span style="background-color: #8B4513; padding: 2px;">L5</span> Movie Spectacular</p>
<p>20 9:45 <span style="background-color: #DC143C; padding: 2px;">CR</span> Sunday School 1:00 <span style="background-color: #90EE90; padding: 2px;">SR</span> Jigsaw Puzzles 1:30 <span style="background-color: #4682B4; padding: 2px;">AT</span> Hot Chocolate Social 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Church Service with North Cleveland Church of God 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Chicken Foot</p>	<p><b>Martin Luther King Jr. Day</b> 21 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Forever Fit Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes 1:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Afternoon Exercise with Bands 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Scrabble 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>22 9:15 <span style="background-color: #000000; padding: 2px;">C</span> Devotions 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Sit &amp; Be Fit Exercise <b>10:30 <span style="background-color: #00FF00; padding: 2px;">O</span> North Walmart Shopping</b> 11:00 <span style="background-color: #8B4513; padding: 2px;">AR</span> Learn to Play Bridge 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Therapeutic Coloring 2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Bingo 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Documentary Hour 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Poker Night</p>	<p>23 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Staying Strong Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes <b>10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Cornhole</b> 2:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Hot Chocolate Social 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>24 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Staying Sharp Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Exercise <b>10:30 <span style="background-color: #00FF00; padding: 2px;">O</span> Out to Lunch</b> <b>11:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Choir Practice</b> 1:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Afternoon Tea 2:00 <span style="background-color: #8B4513; padding: 2px;">AR</span> Crafts 6:30 <span style="background-color: #8B4513; padding: 2px;">L5</span> Rook Card Game</p>	<p>25 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Chair Yoga 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Manicures <b>2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Monthly Birthday Party</b> 2:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Popcorn Social &amp; Brain Trivia 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Jewelry Making 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>26 9:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Coffee Social 11:00 <span style="background-color: #8B4513; padding: 2px;">BI</span> Billiards 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train 2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Bingo <b>4:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Evening Piano with Motok</b> 6:30 <span style="background-color: #8B4513; padding: 2px;">L5</span> Movie Spectacular</p>
<p>27 9:45 <span style="background-color: #DC143C; padding: 2px;">CR</span> Sunday School 1:00 <span style="background-color: #90EE90; padding: 2px;">SR</span> Jigsaw Puzzles 1:30 <span style="background-color: #4682B4; padding: 2px;">AT</span> Hot Chocolate Social 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Church Service with Phillip Looney 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Chicken Foot</p>	<p>28 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Forever Fit Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes 1:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Afternoon Exercise with Bands 2:00 <span style="background-color: #4682B4; padding: 2px;">LB</span> Poetry Corner <b>2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Townhall Meeting</b> 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Scrabble 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>29 9:15 <span style="background-color: #000000; padding: 2px;">C</span> Devotions 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Sit &amp; Be Fit Exercise <b>10:30 <span style="background-color: #00FF00; padding: 2px;">O</span> North Walmart Shopping</b> 11:00 <span style="background-color: #8B4513; padding: 2px;">AR</span> Learn to Play Bridge 1:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Therapeutic Coloring 2:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Bingo 3:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Documentary Hour 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Poker Night</p>	<p>30 9:00 <span style="background-color: #ADD8E6; padding: 2px;">P</span> Aquafitness with Cindy 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Staying Strong Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Mexican Train Dominoes <b>10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Cornhole</b> <b>10:30 <span style="background-color: #00FF00; padding: 2px;">O</span> Food City</b> 2:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Hot Chocolate Social 6:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Joker Card Game</p>	<p>31 10:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Staying Sharp Exercise 10:30 <span style="background-color: #DC143C; padding: 2px;">CR</span> Exercise <b>11:00 <span style="background-color: #DC143C; padding: 2px;">CR</span> Choir Practice</b> 1:00 <span style="background-color: #4682B4; padding: 2px;">AT</span> Afternoon Tea 2:00 <span style="background-color: #8B4513; padding: 2px;">AR</span> Crafts <b>4:30 <span style="background-color: #00FF00; padding: 2px;">O</span> Out to Dinner</b> 6:30 <span style="background-color: #8B4513; padding: 2px;">L5</span> Rook Card Game</p>	