



# LAKE POINTE LANDING

A SENIOR LIVING COMMUNITY

*Live the life you choose*

333 Thompson St. • Hendersonville, NC 28792 • (828) 693-7800

## Your Friendly Lake Pointe Landing Staff

General Manager .....	Rita Hood
Lifestyle Services .....	Amy Towery
Marketing .....	Erica Burrell/Ken DeZwaan
Business Office Manager .....	Tammy Grier
Food Service Director .....	Dan Knapp
Maintenance Director .....	Gary Gardella
Housekeeping Dir. ....	Juanita Offenburger
Resident Nurse .....	Lora Harris
Transportation .....	Cristina King

### OFFICE HOURS

Mon.–Fri.	8:30 a.m.–4:30 p.m.
Sat.–Sun.	8:30 a.m.–4 p.m.

### IMPORTANT NUMBERS

Office .....	(828) 693-7800
Fire, Police, Ambulance .....	911



## January 2019

### Happy 2019, Everyone!!

We survived the holidays and our December snowstorm and now it's on to having a great New Year!! We all resolve at the beginning of January to turn over a new leaf or change our old habits or reinvent ourselves. But maybe it's time to look at what's going on positively in our lives rather than focusing on the not so positive. We woke up this morning, so that's a plus!! We live in beautiful Western North Carolina and haven't had to witness the devastation from those awful fires that plagued California. We have great food—unlike folks in other countries and sadly enough here at home who face starvation on a daily basis. Our homes are warm, our clothes are not threadbare, our houses are lighted and emergency services are only a phone call away. We have wonderful cultural events happening nearby on a frequent basis, even in beautiful, small-town Hendersonville.

It's our privilege to live in a free country where brave souls have fought and died to keep it that way. We have marvelous medical care just down the street and a plethora of physicians to take care of any ailment that comes our way. Most of us are blessed with good health and good habits to maintain that good health. We all really want for nothing, especially those basic needs of daily living that others consider special treats. And finally, let's remember that at Lake Pointe Landing and The Bridge, we have a wonderful group of residents, families and associates who help each other, have fun together, and work together to make this the fabulous place that it is.

Rita Hood, General Manager

## TRIPS

### **Thurs. Jan. 3rd- Dinner Out to Carrabba's for Dinner**

We head to south Asheville for dinner at the delicious Carrabba's Italian Grill.

### **Saturday, Jan. 5th- Trip to See Hendersonville Symphony Orchestra**

This is the concert rescheduled from December.

### **Thurs. Jan. 10th- Trip to Flat Rock Cinema**

We are continuing to go to the Flat Rock Cinema for lunch and a movie. \$10.

### **Thurs. Jan. 17th- Trip to Sierra Nevada**

Limit 15 for this tour and lunch of the still new Sierra Nevada Brewery.

**Please Check  
Your January  
Trip Sheets for  
More Trips in the  
Month of January**

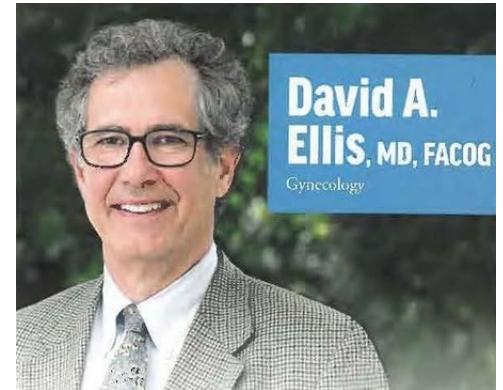


### **Hendersonville Public Library Seminar on LEARN HOW TO ACCESS DIGITAL RESOURCES ON YOUR PERSONAL DEVICES**

Want to learn how to use your smartphone, tablet, or computer to access library materials? Then join us for this FREE, librarian-led session for basic how-tos like searching for material, downloading apps and adjusting personal preferences. Bring your device and your library card. Friday, Jan. 11th from 1:30pm to 2:30pm.

### **Memorable Melody: 'Auld Lang Syne'**

Millions around the globe ring in the New Year by singing this Scottish folk song. The title translates to "Old Long Since," and the lyrics refer to remembering friends and days gone by. The ballad was passed down orally until poet Robert Burns wrote down the words and added new verses in the 1780s. Popular bandleader Guy Lombardo started the song's holiday tradition in 1929, when he played it at the stroke of midnight during a New Year's Eve broadcast from New York City.



Join us Friday, January 11 at 3:00 for a presentation by Dr. David Ellis, Chief Medical Officer at Pardee Hospital, speaking about Opioids: Past, Present and Future.

Dr. Ellis is also a board-certified obstetrician and gynecologist at Pardee Center for Gynecology. He has been a member of the Pardee team for over 30 years. Although Dr. Ellis specializes in women's well-being and health, his Inside Pardee talk will focus on the opioid epidemic sweeping through America.

Dr. Ellis's interest in this particular topic sparked when he read Sam Quinones', Dreamland: The True Tale of America's Opiate Epidemic. Since reading this nonfiction, Dr. Ellis has partnered with HopeRx in an effort to raise awareness about the opioid crisis both locally and regionally. He has interviewed with news stations, taken part in panels and delivered speeches on the topic of opioid abuse.

We are excited to hear Dr. Ellis speak on Friday, January 11 at 3:00pm in the Theater.



### Basic iPad Class, Plus More!

If you have questions about your iPad or how to use it, be sure to take time and attend this class! Tom Kaczmarek, Technical Trainer/Owner of Tech Easy 1, 2, 3, will be here for an eight-week course on Basic iPad uses. This will be his third time teaching this class at

Lake Pointe. He is going to break it up from his normal, basic iPad class to include some basic apps for Web browsing and communicating in the first 4 weeks and then switch over to the camera and photos apps the last 4 weeks. Contents will include Safari for Web, FaceTime, Messages, and the Mail app for the first half, and the Camera and Photos apps for the second.

The class will be two hours long from 1pm to 3pm in the Theater and will begin on Thursday, January 10th. The last class will be on Thursday, Feb. 28th.

### Book Club

If you enjoy reading and are always looking for a new, interesting book to read, then you should come join our Book Club! The Book Club meets on the 3rd Monday of every month at 1:30pm in the Living Room. Everyone who loves to read is welcome to join!

This month, they are reading the novel, *News of the World*, by Paulette Jiles. *News of the World*, published in 2016, tells the story of an elderly Civil War general traveling through Texas with a young girl rescued from a Native American tribe. Through their journey, they form a special bond; their relationship is set against the harsh landscape of the postwar south.

The LPL Book Club has a moderator for each meeting. They summarize the book and lead the discussion of the book by other members. Every month, a new moderator is elected to lead the following month.



### Resident Appreciation Breakfast

It's that time of year when Lake Pointe Landing wants to say THANK YOU to all the residents who choose to make Lake Pointe their home!! And we do it with a RESIDENT APPRECIATION BREAKFAST! We want you to know just how important each and every one of you are to us at Lake Pointe.

On Wednesday, Jan. 23rd, we invite you to a hearty, hot breakfast fit for a king, all prepared by Chef Dan and his staff! You don't need a reservation; just come and enjoy! Breakfast will be from 9am to 10:45am in the Dining Room.

### Holiday Party



Howard Hull waits for party to begin!



Getting some of Chef Dan's amazing Christmas cookies!

**Activities and Trips Are Subject to Change Due to Circumstances Beyond Our Control. Please Check Weekly Happenings and Table Talk for Updates!**

**CALENDAR KEY**

- DR ..... Dining Room
- TH ..... Theater
- LR ..... Living Room
- CH ..... Chapel
- AR ..... Activity Room
- PL ..... Pool
- FY ..... Foyer
- BRR ..... Blue Ridge Room
- NO ..... Nursing Office
- MR ..... Media Room

**Professional Appt.**

- Mon. .... 8am-12pm
- Tues. .... 1-4pm
- Wed. .... 8am-12pm  
                  1-4pm
- Thurs. .... 8am-12pm  
                  1pm-4pm

**Shopping Days**


Mondays ... 1 p.m., Ingles/Mall/CVS. Please note—on the *1st Monday of every month*, we go to Fresh Market and on the *2nd Monday of the month*, we go to Aldi Grocery.  
Wednesdays..... 1 p.m. Walmart

**Nursing Office Hours**

Monday through Friday from 7 a.m. to 3 p.m. in the Nurse's Office.

**Post Office & Banks**

Tuesdays at 10am

Sunday	Monday	Tuesday
		<b>Happy New Year</b> <span style="float: right;">1</span>
6	7	8
<p><b>11am</b> Worship Service in the Theater  <b>2pm</b> H'ville Film Society Matinee Movie  <b>2pm</b> <b>Violinist Ted McManus-LR</b>  <b>3pm</b> Afternoon Tea</p>	<p><b>10am</b> Catholic MASS-CH  <b>10am</b> NIA Class-TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping Ingles/Mall/CVS  <b>1pm</b> Treasure Chest Open  <b>1pm</b> Men's Poker-MR  <b>1:30pm</b> Bingo- BRR \$  <b>3pm</b> Afternoon Tea-FY  <b>6:45pm</b> Game Night-LR  <b>7pm</b> <b>Captain Jack Concert-TH</b></p>	<p><b>12:30pm-2pm</b> New Year's Day Dinner Is Served in the Dining Room</p> <p><b>8:15am</b> Water Aerobics- Pool  <b>10am</b> Bible Study- CH  <b>10am</b> Line Dancing-TH  <b>10-3pm</b> <b>Mobile Optics-LR</b>  <b>10am</b> Trip to Banks &amp; Post Office  <b>1pm</b> Men's Poker- MR  <b>1:30pm</b> Mexican Train-BR  <b>3pm</b> <b>Travelogue-TH</b>  <b>3pm</b> Afternoon Tea- Foyer  <b>6:45pm</b> Mixed Bridge- TH</p>
13	14	15
<p><b>11am</b> Worship Service in the Theater  <b>12:30pm-2pm</b> <b>Sunday Dinner Is Served in the Dining Room</b>  <b>2pm</b> H'ville Film Society Matinee Movie  <b>3pm</b> Afternoon Tea</p>	<p><b>9:30am</b> Catholic Service-CH  <b>10am</b> NIA Class-TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping Ingles/Mall/CVS  <b>1pm</b> Treasure Chest Open  <b>1pm</b> <b>Duplicate Bridge-LR</b>  <b>1pm</b> Men's Poker-MR  <b>1:30pm</b> Bingo- BRR \$  <b>3pm</b> Afternoon Tea-FY  <b>6:45pm</b> Game Night-LR  <b>7pm</b> <b>Storyteller Sherry-TH</b></p>	<p><b>8:15am</b> Water Aerobics- Pool  <b>10am</b> Bible Study- CH  <b>10am</b> Line Dancing-TH  <b>10am</b> Trip to Banks &amp; Post Office  <b>1pm</b> Men's Poker- MR  <b>1:30pm</b> Mexican Train-LR  <b>2pm</b> LPL Chorus- CH  <b>3pm</b> <b>Travelogue-TH</b>  <b>3pm</b> Afternoon Tea- Foyer  <b>6:30pm</b> Games- LR  <b>6:45pm</b> Mixed Bridge- TH</p>
20	21	22
<p><b>11am</b> Worship Service in the Theater  <b>2pm</b> H'ville Film Society Matinee Movie  <b>3pm</b> Afternoon Tea</p>	<p><b>9:30am</b> Catholic Service-CH  <b>10am</b> NIA Class-TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping Ingles/Mall/CVS  <b>1pm</b> Treasure Chest Open  <b>1pm</b> Men's Poker-MR  <b>1:30pm</b> <b>Book Club-LR</b>  <b>1:30pm</b> Bingo- BRR \$  <b>3pm</b> Afternoon Tea-FY  <b>6:45pm</b> Game Night-LR  <b>7pm</b> <b>Magician Nick Roberts-TH</b></p>	<p><b>8:15am</b> Water Aerobics- Pool  <b>10am</b> Bible Study- CH  <b>10am</b> Line Dancing-TH  <b>10am</b> Trip to Banks &amp; Post Office  <b>1pm</b> Men's Poker- MR  <b>1:30pm</b> Mexican Train-LR  <b>2pm</b> LPL Chorus- CH  <b>3pm</b> <b>Travelogue-TH</b>  <b>3pm</b> Afternoon Tea- Foyer  <b>6:30pm</b> Games- LR  <b>6:45pm</b> Mixed Bridge- TH</p>
27	28	29
<p><b>11am</b> Worship Service in the Theater  <b>12:30pm-2pm</b> <b>Sunday Dinner Is Served in the Dining Room</b>  <b>2pm</b> H'ville Film Society Matinee Movie  <b>3pm</b> Afternoon Tea</p>	<p><b>9:30am</b> Catholic Service-CH  <b>10am</b> NIA Class-TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping Ingles/Mall/CVS  <b>1pm</b> Treasure Chest Open  <b>1pm</b> Men's Poker-MR  <b>1pm</b> <b>Duplicate Bridge-LR</b>  <b>1:30pm</b> Bingo- BRR \$  <b>3pm</b> Afternoon Tea-FY  <b>6:45pm</b> Game Night-LR  <b>7pm</b> <b>Mélange of Music Makers-TH</b></p>	<p><b>8:15am</b> Water Aerobics- Pool  <b>10am</b> Bible Study- CH  <b>10am</b> Line Dancing-TH  <b>10am</b> Trip to Banks &amp; Post Office  <b>1pm</b> Men's Poker- MR  <b>1:30pm</b> Mexican Train-LR  <b>2pm</b> LPL Chorus- CH  <b>3pm</b> <b>Travelogue-TH</b>  <b>3pm</b> Afternoon Tea- Foyer  <b>6:30pm</b> Games- LR  <b>6:45pm</b> Mixed Bridge- TH</p>

Wednesday	Thursday	Friday	Saturday
<p>2</p> <p><b>8:30am</b> ROMEOs Meet-FY  <b>9am</b> Computer Help-MR  <b>10am</b> Exercise Class- TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping at Walmart                  2pm Resident Council Meets-BRR  <b>3pm</b> Afternoon Tea- Foyer</p>	<p>3</p> <p><b>8:15am</b> Water Aerobics With Tim-Pool  <b>9am</b> Coffee Social Hour- Café  <b>9:30am</b> Be Fit With Tim-TH  <b>11am</b> Adult Coloring- LR  <b>1:30pm</b> Rummikube- LR  <b>3pm</b> Afternoon Tea- FY</p>	<p>4</p> <p><b>10am</b> Get Moving Class With Barbara-TH  <b>10am</b> Treasure Chest Is Open-2nd Floor  <b>11am</b> Tai Chi Class-TH  <b>11am Holy Eucharist-CH</b>  <b>1pm</b> Shopping Walmart/Mall  <b>2pm Classical Guitarist Brad Earnhart-LR</b>  <b>3pm</b> Afternoon Tea-FY  <b>6:45pm</b> Game Night- LR  <b>7pm</b> Friday Night Movie- TH</p>	<p>5</p> <p><b>9am</b> Coffee Social Hour- Cafe  <b>1:30pm</b> Bingo- BRR  <b>2pm Trip to Hear the H'ville Symphony Orchestra</b>  <b>3pm</b> Afternoon Tea- FY</p>
<p>9</p> <p><b>8:30am</b> ROMEOs Meet-FY  <b>9am</b> Computer Help-MR  <b>10am</b> Exercise Class- TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping at Walmart  <b>2pm All Resident Meeting &amp; Monthly Birthday Party-TH</b>  <b>3pm</b> Afternoon Tea- Foyer  <b>6pm</b> Hand-n-Foot Game- LR</p>	<p>10</p> <p><b>8:15am</b> Water Aerobics With Tim-Pool  <b>9am</b> Coffee Social Hour- Café  <b>9:30am</b> Be Fit With Tim-TH  <b>11am Trip to Flat Rock Cinema</b>  <b>11am</b> Adult Coloring- LR  <b>1-3pm iPad Class-TH</b>  <b>1:30pm</b> Rummikube- LR  <b>3pm</b> Afternoon Tea- FY                  7pm Cribbage-LR  <b>7pm Paul Indelicato-TH</b></p>	<p>11</p> <p><b>10am</b> Get Moving Class With Barbara-TH  <b>10am</b> Treasure Chest Is Open-2nd Floor  <b>11am</b> Tai Chi Class-TH  <b>1pm</b> Shopping at Walmart/Mall  <b>1:30pm Library -LR</b>  <b>3pm</b> Afternoon Tea-FY  <b>3pm Dr. Ellis &amp; Opioid Crisis-TH</b>  <b>6:45pm</b> Game Night- LR  <b>7pm</b> Friday Night Movie- TH</p>	<p>12</p> <p><b>9am</b> Coffee Social Hour- Cafe  <b>1:30pm</b> Bingo- BRR  <b>3pm</b> Afternoon Tea- FY</p>
<p>16</p> <p><b>8:30am</b> ROMEOs Meet-FY                  9am Computer Help-MR  <b>10am</b> Exercise Class- TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping at Walmart  <b>2pm Michelangelo's Sistine Chapel-TH</b>  <b>3pm</b> Afternoon Tea- Foyer  <b>6pm</b> Hand-n-Foot Game- LR</p>	<p>17</p> <p><b>8:15am</b> Water Aerobics With Tim-Pool  <b>9am</b> Coffee Social Hour- Café  <b>9:30am</b> Be Fit With Tim-TH  <b>10:45am Trip to Sierra Nevada for Tour &amp; Lunch</b>  <b>11am</b> Adult Coloring- LR  <b>1-3pm iPad Class-TH</b>  <b>1:30pm</b> Rummikube- LR  <b>3pm</b> Afternoon Tea- FY</p>	<p>18</p> <p><b>10am</b> Get Moving Class With Barbara-TH  <b>10am</b> Treasure Chest Is Open-2nd Floor  <b>11am</b> Tai Chi Class-TH  <b>1pm</b> Shopping at Walmart/Mall  <b>1:30pm H'ville Public Library Visit-LR</b>  <b>3pm</b> Afternoon Tea-FY  <b>3pm Trivia With AI-LR</b>  <b>6:45pm</b> Game Night- LR  <b>7pm</b> Friday Night Movie- TH</p>	<p>19</p> <p><b>9am</b> Coffee Social Hour- Cafe  <b>1:30pm</b> Bingo- BRR  <b>3pm</b> Afternoon Tea- FY</p>
<p>23</p> <p><b>8:30am</b> ROMEOs Meet-FY  <b>9am</b> Computer Help-MR  <b>9-10:30am Resident Appreciation Breakfast-DR</b>  <b>10am</b> Exercise Class- TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping at Walmart  <b>2pm Guitarist Dan Keller-LR</b>  <b>3pm</b> Afternoon Tea- Foyer  <b>6pm</b> Hand-n-Foot Game- LR</p>	<p>24</p> <p><b>8:15am</b> Water Aerobics With Tim-Pool  <b>9am</b> Coffee Social Hour- Café  <b>9:30am</b> Be Fit With Tim-TH  <b>11am</b> Adult Coloring- LR  <b>1-3pm iPad Class-TH</b>  <b>1:30pm</b> Rummikube- LR  <b>3pm</b> Afternoon Tea- FY</p>	<p>25</p> <p><b>10am</b> Get Moving Class With Barbara-TH  <b>10am</b> Treasure Chest Is Open-2nd Floor  <b>11am</b> Tai Chi Class-TH  <b>1pm</b> Shopping at Walmart/Mall  <b>3pm</b> Afternoon Tea-FY  <b>4pm Wine &amp; Cheese Social-LR</b>  <b>6:45pm</b> Game Night- LR  <b>7pm</b> Friday Night Movie- TH</p>	<p>26</p> <p><b>9am</b> Coffee Social Hour- Cafe  <b>1:30pm</b> Bingo- BRR  <b>3pm</b> Afternoon Tea- FY</p>
<p>30</p> <p><b>8:30am</b> ROMEOs Meet-FY  <b>9am</b> Computer Help-MR  <b>10am</b> Exercise Class- TH  <b>11am</b> Chair Yoga Class-TH  <b>1pm</b> Shopping at Walmart  <b>2pm Michelangelo's Artwork-TH</b>  <b>3pm</b> Afternoon Tea- Foyer  <b>6pm</b> Hand-n-Foot Game- LR</p>	<p>31</p> <p><b>8:15am</b> Water Aerobics With Tim-Pool  <b>9am</b> Coffee Social Hour- Café  <b>9:30am</b> Be Fit With Tim-TH  <b>11am</b> Adult Coloring- LR  <b>1-3pm iPad Class-TH</b>  <b>1:30pm</b> Rummikube- LR  <b>3pm</b> Afternoon Tea- FY</p>		



### Jazz Musician Dan Keller

Dan lives in Asheville and has been a full-time jazz musician and music teacher for the past 10 years, sharing the stage with some of Asheville's most accomplished musicians and performing for audiences across the U.S. His music strikes a balance between paying homage to the rich history and tradition of jazz and moving forward with progressive rhythms, harmonies and the like. His first love is the jazz repertoire, but he also enjoys interpreting Classical music and pop tunes. We are excited to hear him play for us on **Wednesday, Jan. 23rd at 2pm in the Living Room.**

### Storytelling With Sherry Lovett

Sit back, relax, and let storyteller Sherry Lovett take you to another place as she spins her tales with only her voice.

Sherry Lovett has been a middle school teacher, elementary media specialist, homeschooler, educational cooperative leader, teaching artist for Penland School of Crafts, workshop facilitator, and, through it all, a storyteller. Through mystical Celtic stories, haunting ballads, historical narratives, and wise and wonderful folktales, Sherry swirls together a magical stew to delight audiences from school assemblies to a variety of adult performances. She connects with her audiences through universal themes and delivers stories with beautiful language and graceful movements. Her mission is to inspire, encourage, entertain, and connect with people through the art of storytelling.

**Event is Monday night, Jan. 14th at 7pm in the Theater**



### Nick Roberts Traveling Magic Show

Nick Roberts is a magician and entertainer all the way from Knoxville, TN! Nick started singing in church with his parents as a toddler. At age 10, he received a magic kit and he took magic lessons when he was only 14. Since then, his act has taken him all across the southeastern US, and he has performed for countless senior-living facilities, county fairs, churches, schools, private parties, corporate banquets, fundraisers and at theme parks and on cruise ships. Don't miss him on **Monday night, Jan. 21st at 7pm in the Theater.**



### Travelogues on ENGLAND

Our travelogues were so popular this past year, that we are keeping them going in the New Year. This month, we will be traveling to the country of England.

**On Tuesday, Jan. 8th** we will go inside Westminster

Abbey, Parliament and Big Ben. See the hidden worlds of the House of Commons, the House of Lords, and see the myth, legend and royal extortion that happened in Westminster Abbey.

**Tuesday, Jan. 15th**, we'll visit The Tower of London, standing guard over the city of London for nearly 1,000 years.

**Tuesday, Jan. 22nd**, we'll visit Highclere Castle, the 1,300-year old castle that is the setting of Downton Abbey.

**Tuesday, Jan. 29th**, we'll have a guided tour of southwest England to see the cathedrals, ancient cities, mysterious structures, castles, and treacherous coastlines.



### The Works of Michelangelo by Ari Landau

This two part series will begin with Michelangelo's Sistine Chapel Ceiling on Wednesday, Jan. 16th at 2pm in the Theater. In 1483 Pope Sixtus IV conducted the first Mass in his newly constructed private chapel in St. Peter's Basilica. The Sistine Chapel is used by the Roman Catholic cardinals to elect each new Pope. In 1508 Michelangelo was commissioned by Pope Julius II to paint the Sistine Chapel ceiling. In 1512, after fifty-four months of arduous labor, the world's most magnificent fresco was completed. Our journey will enrich and inspire us as we are absorbed by this wondrous human masterpiece.

The second presentation will be on Wednesday, Jan. 30th at 2pm in the Theater and will focus on Michelangelo Buonarroti, who lived for 88 years from 1475-1564. He was a sculptor, architect, painter, poet and engineer, a genius equal to Leonardo da Vinci and Raphael. We will enjoy his artistic creations: The Pieta, David, Holy Family (Doni Tondo), Moses, Medici Tombs, St. Peter's Basilica Dome and the Sistine Chapel's Last Judgment fresco. Come join us for a fascinating trip.



### Patio Home

Josie Lanquist .....	PH 150-E....6
Emil Klimach .....	PH 150-B....17
Al Vincoli .....	PH 30-A....17
Hugh Murphree .....	PH 103-A....20
Evelyn Bowman .....	PH 283-D....29

### Villas

Bonnie Wells .....	Villa 106....1
Sharon Mitchell .....	Villa 112....5
Robert Adams .....	Villa 76....6
Sarah Walrath .....	Villa 203....8
Martha Adams .....	Villa 76....9
Mary Jean Welsh .....	Villa 73....14
Marilyn Dalton .....	Villa 110....16
Anita Drake .....	Villa 67....16
Ed Cottrell .....	Villa 211....17
John Wells .....	Villa 106....18
Pat Argue .....	Villa 83....22
Donald Tatreau .....	Villa 64....23
Toby Treinis .....	Villa 54....23
Alan Bruce .....	Villa 59....30
George Piloto .....	Villa 53....30
Dona Green .....	Villa 44....31

### Apartments

Myrl Jean Hughes .....	Apt 367....1
Gloria Rodberg .....	Apt 208....1
Mabel Dominey .....	Apt 353....4
Patricia Conlon .....	Apt 235....6
Margaret Bost .....	Apt 226....9
Howard Hull .....	Apt 410....12
David Morrison .....	Apt 326....12
Wilbur Boot .....	Apt 324....13
Berniece Lloyd .....	Apt 359....13
George Roberts .....	Apt 331....21
Joyce Armstong .....	Apt 363....24
Jack Craig .....	Apt 404....26
Rosaline Berkow .....	Apt 227....29
Joyce Burnette .....	Apt 224....31

## Laugh Lines

### What's the Word for That?

Every day, you see them and encounter them, or they may even be part of you. But what are they called? Here are some common things that you may not have known have names:

*Acnestis.* This is the area between your shoulder blades—and why back-scratchers come in handy.

*Aglet.* It's the plastic or metal piece on the end of a shoelace.

*Glabella.* Look in the mirror for the space between your eyebrows.

*Griffonage.* Are you guilty of this? It's illegible handwriting.

*Nurdle.* Yes, that squiggle of toothpaste you squeeze onto your toothbrush has a name.

*Philtrum.* You'll find this little groove between your nose and upper lip.

*Zarf.* A familiar sight at coffee shops, this is the protective cardboard sleeve on a to-go cup of coffee or other hot beverage.

# January 2019

Welcome 2019 with greetings to our newcomers!! There is much to do with your time here at Lake Pointe, so mark your calendars now for events you want to attend.

## **Dining Room**

Newcomers, couples, and singles are invited to join groups and meet residents at their tables. When you check in with the hostess, you are introduced to other residents and seated with them. Dining is more than just food, it's a social time, too.

## **Theater Talk**

Events are all publicized in advance through literature distributed by our Lifestyle Coordinator. December had Ethan Ulsan, a Charlotte professional pianist giving a jazzed-up concert. He doesn't bring music to read and does the whole concert by memory. The Boys & Girls Club of Hendersonville came with 20 children singing holiday songs from song sheets with the Director on the piano. The event closed with ice cream for everyone.

Our longtime favorite entertainer is Paul Indelicato, a former Las Vegas performer and monthly entertainer at Lake Pointe. He sings, dances, and uses electronic background music that works to sound like a full band! Don't miss Paul's events as he fills the theater with people when he comes here.

We had a huge snowstorm in December and it kept us inside for days, but our Lifestyle Director provided seamless backup events filling in the time. The Maintenance crew had the roads and sidewalks clear of snow in no time! Happy 2019! Hope to see you at some of our events.~ John Hanson, Apt 213

Lake Pointe Landing  
333 Thompson St.  
Hendersonville, NC 28792