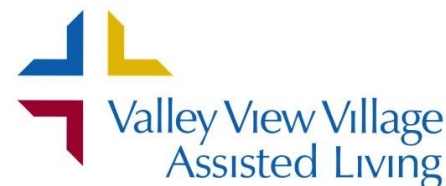


# TENANT TIMES NEWSLETTER



www.valleyviewvillage.org

First Quarter  
Jan-Mar 2019

## Shelly's Corner

Shelly Charter, Housing and Marketing Manager  
299-1740 scharter@elimcare.org

### Hello 2019!

In a blink of an eye, 2018 is all but a memory, and we look forward with great anticipation to 2019 and the memories we will make. It's been another wonderful year here; and none of that would be possible without our amazing tenants and their families!

Thanks to all of you who attended our Christmas Open House – we had a fantastic time! The weather was perfect, and it was just as warm inside filled with good food, music, family and good friends. You'll find some special pictures of that event in this newsletter and on our Facebook page.

In our continuing effort to be good stewards; we will be implementing a new dining room order procedure early in the New Year. Our staff will be taking orders for lunch and dinner early in the day. We will still offer the wide variety of choices, but will be better able to plan and manage having the orders earlier. This will especially come into play with our daily lunch and dinner specials. If you are planning on guests for lunch and/or supper and they want to order the special; we will need to know that in advance. We will be communicating that more in the tenant meeting in January. This will be a new process for us, and I'm sure we will have some kinks to work out, so thank you in advance for your grace and patience!

As we look ahead to 2019, may you all be blessed abundantly with good health, peace, joy and the love of family and friends.

My door is always open, so call or stop by if there's anything on your mind.

**Happy New Year!**

**Keep up with us at:**

**[www.valleyviewvillage.org](http://www.valleyviewvillage.org) or  
[www.facebook.com/ValleyViewVillage](https://www.facebook.com/ValleyViewVillage)**

## Upcoming Events

Jan 8 <sup>th</sup>	11:15am	Lunch Outing to "Culvers"
Jan 15 <sup>th</sup>	2pm	"Just Us Girls"
Jan 17 <sup>th</sup>	2pm	Music by Richie Lee
Jan 21 <sup>st</sup>	11:30am	Iowa Wild Hockey Game
Jan 22 <sup>nd</sup>	1:15pm	Afternoon Van Ride
Jan 29 <sup>th</sup>	2pm	"Social Club" Root Beer Floats
Jan 31 <sup>st</sup>	2pm	Movie & Popcorn "La La Land"

Feb 5 <sup>th</sup>	11:15am	Lunch Outing to "Nicks"
Feb 12 <sup>th</sup>	2pm	Music by Joe Klinfelter
Feb 19 <sup>th</sup>	2pm	"Just Us Girls"
Feb 26 <sup>th</sup>	2pm	Afternoon Van Ride
Feb 28 <sup>th</sup>	2pm	"Social Club" Show and Tell hour

Please remember that our calendar is subject to change. Keep up to date by viewing our full activity calendar at [www.valleyviewvillage.org](http://www.valleyviewvillage.org)

Exercise class is from 11-11:30 Mon-Fri  
Senior Fit is from 11-11:30 on Tues & Fri  
Men's Group meets every Friday at 9:30am  
Enjoy Bingo every Wednesday and Friday at 2pm  
Seating begins at 1:30

## We had some **BIG** Birthdays this year!



**Happy 104th, Ken & Happy 100th, Helen!**



### It's Iowa Wild Time!!! Monday, January 21st

Tickets and transportation provided!

Bus loads at 11:30am. Game starts at 12pm.

We may not be back until 3pm, so please bring money for concessions if desired.

We suggest \$20. Sign up with Melva!





# Wise and Well

Robyn Walker, RN Coordinator  
299-1741 [rwalker@elimcare.org](mailto:rwalker@elimcare.org)



## Happy New Year, everyone!

I hope everyone had wonderful and safe holidays. Now that we are settling into the winter months, here are a few things to remember to keep you safe:

Be sure that you are dressed appropriately when you go outside.

Be very careful of ice and snow on the ground and on the sidewalks.

If you have a fall please let the nursing staff know, so they can help you up off the ground or the floor. It's very important for everyone to wear their call pendant at **all** times, this is for your safety. Remember, nobody plans to fall! So again, please remember to dress warmly and to be aware of icy sidewalks and streets.

**Have a happy and safe winter everyone!**



### Caregiver Spotlight Kendra Roland

Kendra just celebrated her one year anniversary with us, she is on our night team. She realized about five years ago that she wanted to work with seniors because she wanted to help them on their life journey. In her time here she has learned that age doesn't define you; life can be enjoyed at any age- you are never too old to create memories or make new friends! One of her favorite memories is a special lady that was always kind and showed her with love; even on her worst days. Her advice to future caregivers is to have a commitment with humility and selflessness to this type of service. Kendra's dream is to one day have a homeless ministry. We are thankful for Kendra, and all she does to help our tenants on their life journey!

**Thank you Kendra, for your loving and dedicated service!**

