

# GreenFields Weekly

Forming Friendships. Making Moments.  
January 7 – 13, 2019

PLEASE NOTE: THE CALENDAR IS SUBJECT TO CHANGE.

## Monday, January 7

**8:00** Bus for Dr. (L, Sign-Up)  
**10:00** Better Balance (FH)  
**1:00** Caregiver Support Group (IC)  
**2:00** Afternoon Bridge (CER)

## Tuesday, January 8

*Emily Returns!*

**9:30** Yoga 101 (FH)  
**9:30** Open Art Studio (CER)  
**10:00** Pilates 101 (FH)  
**10:00** Women's Bible Study (IC)  
**12:00** Men's Lunch Outing (L, Sign-Up)  
**1:30** Kevin's Corner (MPR)  
**3:00** Spiritual Life Com. Mtg. (AC)  
**7:30** Documentary – *The Breadwinner* (MPR)



In this animated tale based on a best-selling novel, life under Taliban rule in Afghanistan is already hard for 11-year-old Parvana, but with her father in jail, she's forced to don male clothing and become the family breadwinner. Starring Saara Chaudry, Ali Rizvi Badshah, Soma Bhatia, Shaista Latif and Laar Sadiq. **Rated PG-13** and 1 hour and 33 minutes long.

## Wednesday, January 9

**8:00** Bus for Dr. (L, Sign-Up)  
**9:00** Geneva Hearing (CER, Sign-Up)  
**10:00** Sit & Be Strong (MPR)  
**11:00** ESO Listeners Club (FH) ●  
**11:30** Chair Yoga (MPR)  
**1:00** Pinochle (CER)  
**2:30** Wellness Com. Mtg. (IC)  
**4:00** Chapel Service (FH)  
**6:00** Tech Support with Reese (CR, Sign-Up)  
**6:30** Open Bridge Club (MPR)

## Thursday, January 10

**8:00** Bus for Dr. (L, Sign-Up)  
**9:30** Advanced Yoga (FH)  
**1:00** Hearts (AC)  
**2:00** U.S.S. Constitution Presentation by Don Peck (FH) ●  
**3:00** Thirsty Thursday (CR)  
**7:00** What's Up Doc: Current Research on Reversal of Cognitive Decline Part One (FH) ●

## Friday, January 11

**8:30** Bus for Shopping (L, Sign-Up)  
**10:00** Mindful Movement (FH)  
**10:00** BYO Craft Project (CER)  
**1:00** Bingo (FH)  
**1:00** Mahjong (AC)  
**2:30** German Language Society Kick-Off Party (MPR)  
**7:30** Documentary – *Generation Wealth* (MPR)



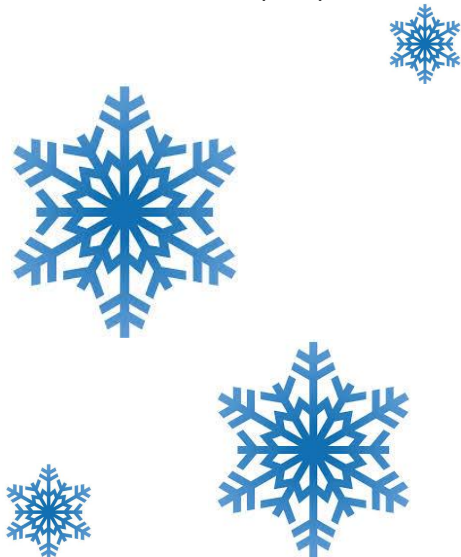
For many, the American Dream has become a nightmare, with the quest for material possessions outpacing people's earning potential. Using her 25-year body of work, photographer and filmmaker Lauren Greenfield examines our wealth-obsessed society. **Rated R** and 1 hour and 46 minutes long.

## Saturday, January 12

**9:00** Open Wii Bowling (FH, Sign-Up)  
**9:30** Blood Pressure Check and Coffee with the Fire Department (CR)  
**9:30** Art Club (CER)  
**10:00** Billiards (3rd Floor)  
**10:00** Ping Pong (2<sup>nd</sup> Floor)  
**11:00** Bistro Chili Bowl  
**6:30** Country and Bluegrass Jam Session (FH)

## Sunday, January 13

**8:20** Bus Rides to Church (Sign-Up)  
**10:30** Catholic Communion (FH)  
**11:00** Sunday Brunch (Sign-Up)  
**1:00** ESO Outing (L, Sign-Up)  
**3:00** Hand & Foot (CER)



## Thank You Spotlight!

Thank you, thank you, thank you to all the GreenFields movie buffs! Be on the lookout for another Movie Forum Check-In in 2019!

## Did You Know?

Paper coffee cups and soup/ice cream containers **cannot** be recycled because of the coding.

## Save the Dates!

**Saturday, Jan. 19**  
~Ikebana Demo

**Monday, Jan. 21**  
~Martin Luther King Jr. Day Program

**Tuesday, Jan. 22**  
~Pen Pal Outing

**Friday, Jan. 25**  
~Lifelong Journey Series: Hospice and Palliative Care

**Sunday, Jan. 27**  
~ESO Outing  
~Private Suite Chicago Steel Hockey Outing

**Monday, Jan. 28**  
~Songwriting Workshop (We're going to write a song in honor of GreenFields' 7<sup>th</sup> Anniversary that will be professionally produced!)

**Friday, Feb. 8**  
~Leslie Goddard: The Colorful History of the Little Black Dress


**Friday, Feb. 22**  
~Geneva Public Library Geography Bee

**Friday, Mar. 1**  
~Mardi Gras Party

## Abbreviation Key:

AC – Assisted Living  
Conference Room  
B – Bistro  
CER – Creative Expressions Room  
CL – Computer Lab  
CR – Club Room  
FH – Friendship Hall  
IC – Independent Living Conference Room  
L – Lobby  
MRP – Multipurpose Room  
OT – Outdoor Terrace  
WPA – Willows Patio  
● – Life Long Learning Committee Hosted Event





Jim Kendros returns for the

## ESO Listeners Club

Wednesday, January 9th  
11:00 a.m.

Friendship Hall

Kendros includes funny and serious stories about the composers, gives insights into the historical background of each piece, and shows various video clips.


You'll get a sneak peak into the Haydn's "Surprise" Symphony concert!

PosterMyWall.com

*GreenFields Resident Don Peck Presents...*

## The U.S.S. Constitution

*The oldest commissioned Naval vessel still afloat!*



Thursday, January 10th  
2:00-3:30 p.m.  
Friendship Hall

PosterMyWall.com



### Feedback About Recent Activities Or Ideas for New Ones?

Reach out to Emily Abrahamson, Life Enrichment Coordinator, at ext. 7928, [Emily.Abrahamson@myFSO.org](mailto:Emily.Abrahamson@myFSO.org), leave a note with the Concierge or stop by Office C113.



## German Language Society Kick-Off Party!

Friday, January 11th  
2:30 - 3:30 p.m.  
Multi-Purpose Room

Gather with others that would like to speak or learn German! German-inspired drinks and bites will be served!

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*Join us for a*

## Country and Bluegrass Jam



MONTHLY

SATURDAY, JANUARY 12TH AT 6:30 P.M.  
FRIENDSHIP HALL

Come listen or join in!

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