



Experiencing Improvement After a Fall

Last Halloween while resting at home, Jerry McClam noticed a sudden dizziness. Unsure of the cause, he sat up on the edge of the bed before falling over and hitting the nightstand. He couldn't move. "I lost all feeling in my extremities," said McClam. "I was literally paralyzed." He was taken to Prince George's County Hospital where doctors performed emergency surgery and diagnosed him with Central Cord Syndrome (CCS), an acute, cervical spinal cord injury. This syndrome affects patients age 50 and older who have sustained a cervical hyperextension injury or who have fallen.

After his surgery in November, he was taken to the National Rehabilitation Hospital (NRH) in Washington, D.C. where he began intense acute rehabilitation. He was not able to use his upper or lower extremities. He was not able to stand, walk, or use his arms or hands to perform even the simplest tasks such as feeding himself. He also suffered severe pain.

Fortunately, his family was able to find a post-acute rehabilitation center that had the necessary equipment and expertise to continue the intense rehabilitation that he had received at

Continued on page 11



Physical Therapist Neeraj Todankar, left, was key to Jerry McClam's recovery.

INSIDE: *Sharing Expertise | Guardian Campaign | People in the News | Calendar*

First person

At the beginning of a new year, we resolve to do acts of *teshuvah* (repentance), *tefillah* (prayer) and *tzedakah* (giving) as opportunities to make it a better year. In this season, I find myself thinking of *tzedakah*, our mission and our core values at Charles E. Smith Life Communities and how they resonate with all of us as we enter the Jewish New Year of 5778.

We are fortunate that our community experiences *tzedakah* every day on campus - when a volunteer offers time to enrich the living experience of our residents and when a team member finds the opportunity to do *tzedakah* when performing their job and fulfilling our mission.

A shining example of this is reflected by our colleague, Nancy Grossman. Prior to joining our team at Smith-Kogod Residence 10 years ago as a recreational therapist, Nancy was an active volunteer at the Hebrew Home. "When I was asked to join the CESLC team I couldn't believe that I was not only given the opportunity to have a job that I love, but to also enjoy the ability to do *tzedakah* every day I come to work," she says. As part of her job, Nancy often spends the High Holidays on campus assisting with residents who attend services.

She recalls how a Rosh Hashanah sermon given by Rabbi Michaels several years ago, inspired her to think of additional ways to incorporate the act of *tzedakah* into her job. Together, with residents from the 'Ladies Night Group,' who also attended that same service and were inspired by that sermon, they took action that year by distributing *tzedakah* boxes to residents of Smith-Kogod who wished to have one. By providing residents with *tzedakah* boxes, each individual was given an opportunity to fulfill the obligation of *tzedakah* and be part of the larger community.

As the leader of this organization, I am always humbled by these examples of *tzedakah* that capture the spirit of our team members and volunteers who are committed to positively impact the lives of those we serve.

Thank you for your unwavering support of our mission and essential services and programs we provide. Our commitment to you in this new year is to continue to live our values and fulfill your expectations as we work in partnership to provide quality services and meaningful experiences to our residents. I hope this new year is filled with health, happiness and sweet moments for you and your family. Shanah Tovah.



Bruce J. Lederman, *President/CEO*



Bruce J. Lederman

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Contact us: info@ceslc.org | www.smithlifecommunities.org



CESLC Wins 2017 Bronze National Quality Awards

The Hebrew Home of Greater Washington, Landow House and Cohen-Rosen House have been recognized as 2017 recipients of the Bronze-Commitment to Quality Award by the American Health Care Association and National Center for Assisted Living (AHCA/

NCAL). This honor is one of three progressive award levels given by the National Quality Award Program, presented by AHCA/NCAL. The program acknowledges association members across the nation that have demonstrated their commitment to improving quality of care for older adults and persons with disabilities.

"We are guided by our mission to ensure that we provide quality care to older adults in our community," said Deanna Enlow, Senior Vice President, Operations and Chief Operating Officer of Charles E. Smith Life Communities. "It is an honor to be acknowledged for our commitment to meet and exceed the expectations of the residents and family members we serve." ■

Legislative Victory to Protect Victims of Violence and Abuse

On May 25, 2017, Governor Hogan signed the Health Care Decisions Act into law. This law prohibits an individual from serving as a surrogate decision maker or health care agent for a patient if that individual is the subject of a protective order for that patient, or if that individual is the spouse of a patient who has a separation agreement or has filed for divorce.

This legislative victory was, in part, the result of a strong collaboration between the ElderSAFE™ Center and several key community partners, including the Jewish

Community Relations Council of Greater Washington (JCRC), Maryland Network Against Domestic Violence (MNADV), the Women's Law Center and the Sexual Assault /Spouse Abuse Resource Center (SARC).

"This law is an important achievement in helping to protect the rights of abused older adults," said Tovah Kasdin, director of the ElderSAFE Center. "We will continue to create awareness of elder abuse and advocate for laws that better protect survivors of violence so that they can live a life free of abuse." ■



Governor Hogan signed the Health Care Decisions Act into law which helps protect individuals from abuse at every age.

Offering Convenience to the Larger Community: Hirsh Health Center

“The Hirsh Health Center team have exceeded my expectations,” said Howard Niederman, a Ring House resident of almost two years. After suffering multiple heart failures, Niederman has had ten surgeries including two open heart surgeries and now has a pacemaker. He visits the Hirsh Health Center every six weeks to have his medication and vitals checked and to monitor his overall health.

Niederman relocated to the area from Florida to be closer to his son and grandchildren. Two of his close relatives are in the medical profession and as one would expect, they have high expectations for the medical care that he receives. According to Niederman, they are very pleased. “Dr. Singer has taken great care of me, I am fortunate that he is here,” he said.

Dr. Robert E. Singer, board-certified in geriatrics and family medicine, is one of four physicians who comprise the medical team at the Hirsh Health Center. Dr. Loren Wilkerson, board certified in geriatric medicine and internal medicine and Dr. Richard



Howard Niederman, Ring House resident

Jacobs, board certified in podiatric surgery and wound care, are part of the Hirsh Health Center medical team under the leadership of Dr. Elisa Gil-Pires, Vice President, Medical Affairs/Medical Director of Charles E. Smith Life Communities (CESLC). Dr. Gil-Pires is board certified in internal medicine, geriatric medicine and hospice and palliative care. “It is rare for a practice of this size to have three geriatric specialists - that sets us apart,” said Dr. Gil-Pires.

National Health Center Week is recognized in mid-August across the country. This year’s theme was “Celebrating America’s Health Centers: The Key to Healthier Communities.” The Hirsh Health Center offers convenient access to healthcare for CESLC residents and it is also open to adults ages 65 and older in the D.C. Metropolitan area.

The medical team currently provides care to some patients outside of CESLC from Rockville and Bethesda. The practice hopes that this number will increase. “Since we are one large entity, there is a perception that we only care for those who live here. I want people to know that we are open to the public and function just like any other practice,” said Dr. Gil-Pires. “Our practice is focused on the care of all older adults in this community.” To remain healthy and independent, older adults require convenient access to quality medical care and rehabilitative services uniquely focused on their needs.

Hirsh Health Center delivers high quality, cost effective, and most importantly, accessible care. Living in one of the CESLC residences offers access to our medical staff. Eighty four percent of Ring House residents are patients of the health center. Revitz House residents visit the health center to receive care in a clinical setting and also have the opportunity to receive “house calls” from Dr. Singer. CESLC residents may transition from one care setting to the next. For example, one may receive treatment

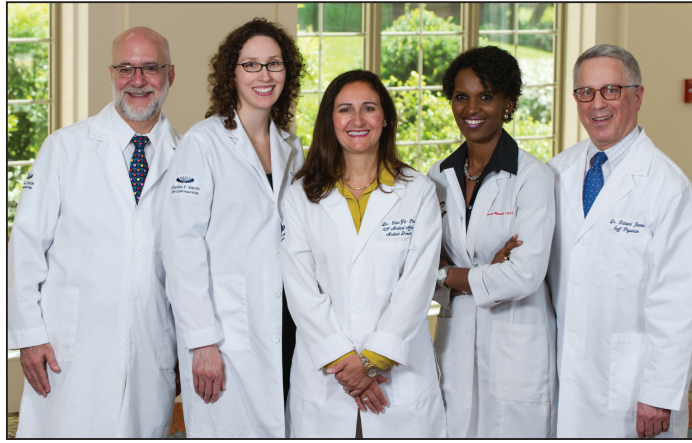
at the Hebrew Home of Greater Washington before moving to Ring House. The medical team at the Hirsh Health Center works with other providers on campus to ensure that the transition is as smooth and seamless as possible.

Another unique aspect of the Hirsh Health Center is that it can link patients to specialists outside of the practice.

Appointments with visiting specialists can include gynecology, dermatology, cardiology, ophthalmology and more.

Leah Furst is another Ring House resident who has benefitted from the convenience of the Hirsh Health Center. As a resident for the last ten years, Furst has visited the practice from the time she moved in. In late June, she suffered a fall in her bathroom and scraped her foot and bruised her face and arm. She went to the Hirsh Health Center to see Dr. Jacobs, a podiatrist and wound specialist. Furst said, "He has taken great care of me. I can't get better treatment any place else."

If you are in Rockville, Bethesda or the surrounding Montgomery County area, the team at Hirsh Health Center is here to be your primary geriatric care provider. To learn more about the Hirsh Health Center or to schedule an appointment, call **301.816.5004** Monday - Friday, 8:30 a.m. – 5 p.m. ■



The medical team at Hirsh Health Center

ElderSAFE™ Center Conducts Awareness Training at Rockville Internal Medicine Group

ElderSAFE™ Center Director Tovah Kasdin recently spoke with a group of doctors at the Rockville Internal Medicine Group practice. The discussion was centered on the warning signs of elder abuse and the importance of doctors as first responders in identifying and reporting elder abuse. Kasdin explained the proper reporting methods as many of the members of the practice believed that they had seen warning signs of abuse but were unsure of the appropriate steps to take. The ElderSAFE Center at Charles E. Smith Life Communities provides temporary shelter and advocacy for victims of elder abuse. ■



ElderSAFE™ Center Director Tovah Kasdin (left) speaks to group during awareness training

Builders of the Future Society Annual Luncheon

In June, Charles E. Smith Life Communities hosted the Builders of the Future Society annual luncheon, honoring its members for their contributions and planned gifts. President and CEO Bruce Lederman thanked members of the society for their commitment and shared how their support helps CESLC continue to fulfill its mission for many years to come. "We believe that through strategic planning and support from the community, we will maintain our financial stability, excellence in living options and the quality care that residents and their families expect," said Lederman.

The event was also an opportunity to showcase the West Campus Music Project. Lauren Latessa, musician in residence and director of the West Campus Music Project, spoke briefly about the purpose of the project and how it improves the lives of residents at Cohen-Rosen House, Landow House and Ring House. Sara Matayoshi and Jessica McKee, the other members of the trio, joined Latessa to perform two classical pieces for attendees.

Ring House resident Marjorie Wilde spoke during the program. She shared how thankful she is for the project and talked about the impact that this program has had on her life. She faced a number of challenges and losses before moving to Ring House and adjusting to a new life was difficult.



Meeting Latessa and attending the trio's rehearsals made a difference in Wilde's life. She started listening to recordings and even began to play the piano again. "At first I was lost," she said. "It isn't easy to learn something new. But it took all of my attention, concentration, and after two hours I actually could follow it. I cannot describe how this changed my life, not only because rehearsals are my favorite things, but I discovered that the sun hadn't set. The arc of my life began to go up again." ■



*Top left:
Frances Garfinkle and
Anna Yuter attend
the Builders of the
Future Society Annual
Luncheon.*

*Left:
West Campus trio
performs this summer
for Ring House
residents.*

Supporting our Team’s Experience

Charles E. Smith Life Communities (CESLC) cares not only for the well-being of our residents and patients but also for the success of our 1,000 team members. In keeping with our value of *limud*-commitment to growth and learning through quality, competence, personal and professional growth, we recognize the recent promotion of two Hebrew Home of Greater Washington nurses.



Clinical Team Manager Mathilda Fultang

Mathilda Fultang was promoted to clinical team manager. Fultang came to Charles E. Smith Life Communities nearly six years ago as a geriatric nursing assistant, later becoming a registered nurse in the post-acute care unit. She began her nursing career in her native country of Cameroon and describes herself as loving, punctual and a person who loves to learn.

When asked which of our core values she identifies with most, she says “*Tikkun Olam* – repairing the world through acts of kindness, compassion and caring. I try to be compassionate.” Fultang said “I believe that it is very important to take time to listen to the patients and residents under our care. I also listen to their feedback and find ways to support them in any way that I can.”

“Mathilda has shown strength as a charge nurse, working diligently with the residents, their families, the physicians and the staff on the skilled nursing unit,” said Director of Nursing Olivia Kitcher-Yamikeh. “She remains professional and focuses on the needs of our residents and families.”

Jennifer Sosa was also promoted to clinical team manager. She joined CESLC last summer as a float nurse on the same floor and quickly became familiar with the patients. She was referred to CESLC by one of our physicians with whom she worked with at an acute care nursing center. “Once I looked at the background, culture and history of the organization, I knew it would be a good fit,” Sosa said.

In her new role, her daily goals are to ensure that everything on her floor is flowing correctly and helping the patients improve. She guides her practice by the value of *Tzedek*. “Honesty and integrity are crucial when dealing with patients and their families,” she said.

Sosa thoroughly enjoys her work and finds it to be fulfilling. “I enjoy getting to interact more with patients and actually witness their progression,” she said. “It’s nice to see your work come to life.” She said she believes her work here has also helped her grow as a person and nursing professional while expanding her knowledge of interdisciplinary care.

“Jennifer portrays our vision and values in her everyday work. She is very kind, compassionate, caring and committed to our organization,” said Kitcher-Yamikeh. “She is loved by residents, families, and by her colleagues.” ■

Gift Planning with Impact

DONOR SPOTLIGHT

Shulamith Weisman

"I am grateful for the care my mother-in-law and her two sisters received at the Hebrew Home, part of Charles E. Smith Life Communities. My mother-in-law lived in long-term care, and her sisters both went home after effective rehabilitation at the Post-Acute Center. We felt we wanted to give something back, and the charitable gift annuity is a great way to support Charles E. Smith Life Communities while ensuring payments for the rest of my life."

—Shulamith Weisman



Charitable Gift Annuities: Leaving a Legacy



Elana Lipka,
director of Gift Planning

Charitable gift annuities allow adults aged 60 or older to supplement retirement income and provide future support of Charles E. Smith Life Communities (CESLC). The partially tax-free gift annuity payments continue for the life of the annuitants. Donors qualify to receive an income tax deduction for 30 to 50 percent of their contribution in the year they establish the gift. The tax deduction can be claimed for up to six years.

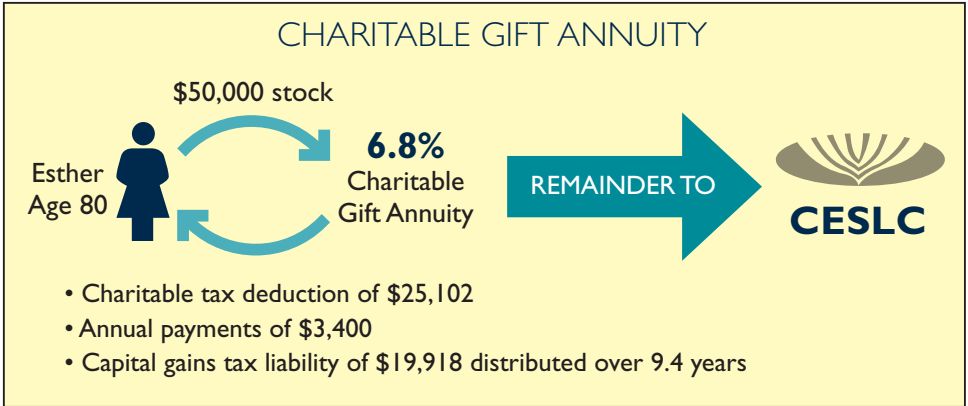
CESLC subscribes to annuity rates published and endorsed by the American Council on Gift Annuities. These rates are calculated with the intent to leave 30 to 50 percent of the original gift amount to CESLC after the annuitant has passed away.

There are three types of charitable gift annuities: immediate-payment, deferred-payment, and flexible deferred-payment, and they can benefit up to two people. CESLC requires a minimum gift of \$10,000 to establish a gift annuity. The charitable deduction can be claimed immediately. Payment start date and annuity rate differs for each of the three types of gift annuities.

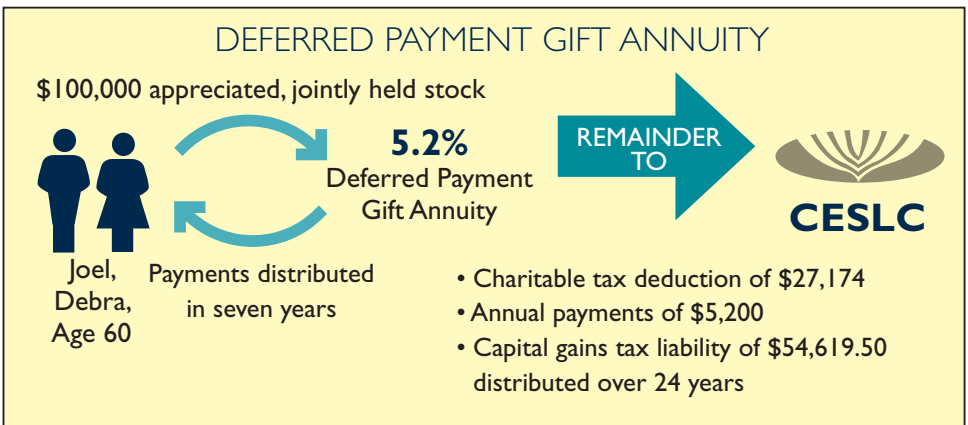
TO LEARN MORE ABOUT CHARITABLE GIFT ANNUITIES

or to receive a no-obligation personalized charitable gift annuity illustration, please contact Elana Lipka, director of Gift Planning at lipka@ceslc.org or **301.770.8342**. ■

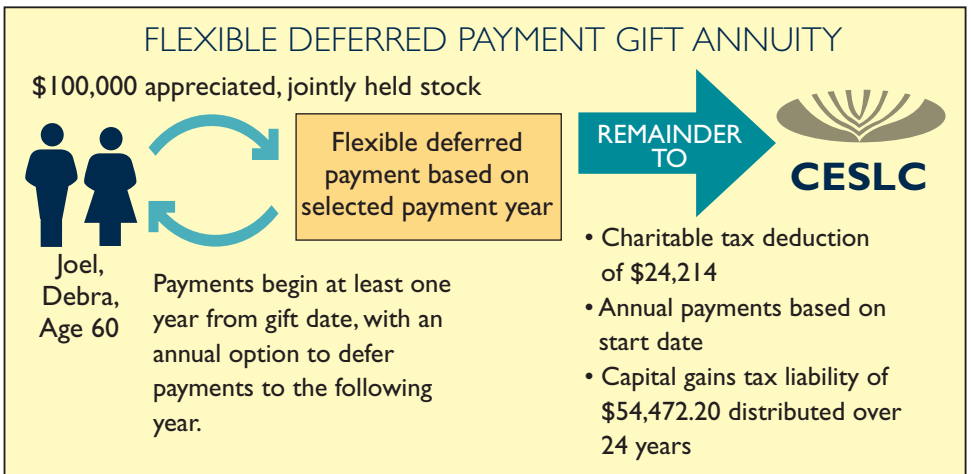
IMMEDIATE-PAYMENT GIFT ANNUITY: A charitable gift annuity can be funded with cash or appreciated stock. If stock is used, the donor receives two additional capital gains tax benefits – paying less in capital gains taxes and distributing the tax payments over the lifetime of the annuitant - if he or she is also the annuitant.



DEFERRED-PAYMENT GIFT ANNUITY: In the case of a deferred-payment gift annuity, the payment begins at least one year from the original gift date.



FLEXIBLE DEFERRED-PAYMENT GIFT ANNUITY: A flexible deferred-payment gift annuity offers the donor an option each year to defer their annuity payments to the next year.



In our mailbox



Dear Lauren,

Tuesday night gave me the glorious experience of hearing you, Jessica, and Sara underscore the resilience of Beethoven and Brahms with youthful skill and enthusiasm. Having enjoyed last year's Dvorak program, I was hoping to be moved and delighted by the work of you and your colleagues. You did not disappoint me; your efforts exceeded expectations. Thank you for bringing such beauty and grace to Ring House.

—Mollee Kruger to Lauren Latessa, Musician-in-Residence, West Campus

Mr. Lederman & Ms. Enlow,

I want to personally send a note of appreciation for the assistance by your team members during an incident in the Hebrew Home on Wednesday, April 26th. As you may be aware, we had just picked up our family dog (Finn) from the groomer just prior to visiting my father-in-law, Mr. Raymond Sexton. As we entered the Hebrew Home, we were not aware of the trail of blood Finn caused from the outside entry into the lobby. Your entire staff were so incredibly helpful and prompt to deal with the mess. Never once did anyone show any frustration to us during the clean-up. It is evident your entire staff are incredibly busy and dedicated to the quality of care to your patients. I also wanted to thank

Elaine Gebell for coming to Finn's rescue with socks to bandage Finn's paw. My father-in-law has just started his stay at the Hebrew Home and is making good progress on his recovery. We feel very blessed that my father-in-law is in such a caring and nurturing environment. Thank you again for your strong leadership of the Hebrew Home team, you both have created a culture of caring and respect in your interactions with the patients and their families.

—From Steve Cobourn, son-in-law of resident to Bruce Lederman, President and CEO and Deanna Enlow, Senior Vice President, Operations and Chief Operating Officer

High Holidays

5778 Volunteer Opportunities

Rosh Hashanah and Yom Kippur are a time for introspection, making amends and setting goals for the New Year. We invite you to be a part of our community during the High Holidays by volunteering your time. Charles E. Smith Life Communities will hold several religious services across campus during the High Holiday season. Assistance is needed in helping residents get to and from the services and with turning prayer book pages. No knowledge or experience is necessary and training will be provided. Individuals who are interested in volunteering at CESLC over the High Holidays should contact Monica Mayer at mayer@ceslc.org or **301.770.8333**. ■



Experiencing Improvement

Continued from page 1

NRH. "We chose Charles E. Smith Life Communities (CESLC) because of the environment, professionalism and care," said McClam. In December 2016, he was transferred from NRH acute rehabilitation to CESLC's Post-Acute Care Center at the Hebrew Home of Greater Washington.

Under the supervision of Program Director Ann Matesi and the direct care of Physical Therapist Neeraj Todankar and Occupational Therapist Scott Fernandez, an



Jerry McClam with Physical Therapist Richard Testo

aggressive therapy plan was implemented. "I had to relearn many of the movements that others take for granted," said McClam. According to Matesi, many patients with CCS make spontaneous recovery of motor function while others experience considerable recovery in the first six weeks post injury. McClam had to fight to regain every bit of movement in his extremities. He began with neuro-reeducation techniques to re-build his core strength, progressing to a focus on upper and lower extremity motor control.

According to his current Physical Therapist Richard Testo and Occupational Therapist Vidhi Shaw, McClam has shown tremendous motor skills improvement. He is now able to stand, walk and use his upper extremities to feed himself and perform daily living activities. "He has progressed a lot further in this time span than we imagined possible. His improvement is amazing," said Testo.

McClam said that his experience at CESLC has changed his entire outlook on life. A Buffalo, New York native and private investigator for nearly thirty years, McClam walked a lot while working and was fairly active. "As a private investigator, I was so busy that I didn't do much talking and listening. I have learned to take time with people, speak to them, be around them, and bring a smile to someone's face," he said. "I have more time to read and discuss the Bible and meet some really great people." As a father of five and grand-father of seven, McClam acknowledges his family's role in his progress and shares that "without their support and help, I would not have made it."

McClam is expected to be released soon and looks forward to taking up his old hobbies of playing drums with his jazz band and returning to his profession. "Stories like Jerry's make our work more meaningful," said Matesi. ■



SHOW YOUR SUPPORT!

Charles E. Smith Life Communities is committed to providing service excellence to older adults. We appreciate the support of the community as we strive to remain a provider of choice.

Donate today at www.smithlifecommunities.org.

People in the news



Left to right: Tracy Strong, Health Facilities Association of Maryland, Deanna Enlow, Senior Vice President, Operations & Chief Operating Officer, Delegate Ariana Kelly, Bruce Lederman, President & CEO, Terri Tanner-Hill, Chief Financial Officer

Legislative Visit

Maryland Delegate Ariana Kelly, a member of the Health and Government Operations Committee (HGO), visited our campus in June to meet with leadership and learn more about how changes to Medicaid might affect Maryland, specifically Montgomery County, residents in skilled nursing home facilities. As Chair of the Health Occupations and Long-Term Care Subcommittee, Kelly is also an advocate for health facilities and issues related to health care and health insurance. ■

Amity Club Visits the Hebrew Home

Members of The Amity Club of Washington visited campus to present their annual contribution to the Hebrew Home of Greater Washington and to take a tour to learn more about our services and programs. President Jeffrey B. Rosen and Treasurer Mitchell L. Glassman met with Board of Governors member Jacki Rams, who is also Vice Chair of the Development Committee and Lauren Fielding, director of Annual Giving.

The Amity Club of Washington is a private, Jewish social club made up of local Washingtonians that value charity and community. The organization has supported the Hebrew Home of Greater Washington for over thirty years. ■



Left to right: Jeffrey Rosen, Jacki Rams, and Mitchell Glassman tour the Wasserman Residence

Guardian Campaign Volunteers Continue to Raise Support and Awareness

Charles E. Smith Life Communities (CESLC) kicked off its 59th annual Guardian Campaign this year. The Guardian Campaign is a volunteer-led effort that raises charitable contributions to help fulfill CESLC's mission in specific ways:

- Provide services to the most vulnerable and needy older adults in our area and offering advocacy and temporary shelter to victims of elder abuse.
- Deliver programs and services that make CESLC uniquely Jewish and superior in quality.
- Offer older adults the dignity of choice in residential living and care.

A group of 28 volunteers dedicate their time to reach out to their professional and personal networks, educating them about the importance of Charles E. Smith Life Communities in the community.

"I have been involved with Charles E. Smith Life Communities for almost ten years, and the Guardian Campaign has allowed me to reach out and educate family and friends about the significant impact their generosity can have on our organization," said Guardian Campaign Co-chair Paula Robinson. "Every contribution makes a difference in enhancing the lives of the residents and members of our community."

Guardian Campaign contributions have an overall impact on the whole community at CESLC and specifically at the Hebrew Home of Greater Washington helping to offset the \$1 million in undercompensated and uncompensated care the Hebrew Home provides each year.

Community support of the Guardian Campaign enables the organization to maintain critical services for older adults in our community. The demand for high quality

“Every contribution makes a difference in enhancing the lives of the residents and members of our community.”

— Paula Robinson, Guardian Campaign Co-chair

care and superior services for older adults will increase in the coming years: by 2025, the 75 and older population is projected to grow 41 percent in Montgomery County.

"These are not just statistics," said Director of Annual Giving Lauren Fielding. "These are people who will benefit from

the generous contributions that come in thanks to the enduring work of our Guardian Campaign volunteers. We are incredibly grateful for their commitment and can't thank them enough for all their efforts."

TO LEARN HOW TO MAKE A DONATION OR BECOME INVOLVED

with the Guardian Campaign, contact Lauren Fielding, director, Annual Giving at **301.816.7746**. ■

Our calendar

SEPTEMBER.....

20–22 Rosh Hashanah



29–30 Yom Kippur

OCTOBER.....

15 **THE HOMERUN**
10k, 5k, and Fun Run



Bring family and friends to support CESLC by registering to participate or volunteer.
8:30 a.m. Federal Plaza, Rockville
Registration: www.smithlifecommunities.org

29 Bagel Brunch

Topic: *Retire Your Way: Plan Now for Success*
Speakers: Lizabeth Wagger, Financial Advisor, First Financial Group and Amy K. Harbison, CPCC, ACC, Certified Transition Coach, Open Window Coaching
9:30 a.m. Brunch | 9:45 a.m. Discussion
Wasserman Residence
6121 Montrose Road, Rockville, MD
Registration: www.smithlifecommunities.org



Lizabeth Wagger



Amy Harbison

NOVEMBER.....

Remember This Lecture Series

How Heart Health Affects Brain Health

Speaker: Rebecca Gottesman, MD, PhD

Associate Professor of Neurology, with a joint appointment in Epidemiology at the Johns Hopkins Bloomberg School of Public Health

5:30 p.m. Registration and Buffet Dinner | 6 p.m. Program | Free event

Landow House Theater | 1799 E. Jefferson Street, Rockville

RSVP required to berkman@ceslc.org | 301.816.5052

7 Open House at Ring House

1 p.m. – 3 p.m.

Tour our independent living residence

RSVP: **301.816.5052**

8 Game Day at Ring House

10 a.m. – 3 p.m. Lunch at noon, \$5

1801 E. Jefferson Street, Rockville

Free transportation from Leisure World,
9:30 a.m.

RSVP: **301.816.5052**

8 Community Movie Night

If You're Not in the Obit, Eat Breakfast | Movie screening and panel discussion

In this heartwarming documentary, Carl Reiner tracks down celebrated nonagenarians and centenarians including Mel Brooks, 90, Dick Van Dyke, 91, Norman Lear, 94 and Betty White, 95, who show that the later years can be the happiest and most rewarding.

6:45 p.m. | VisArts of Rockville | **Information 301.770.8329**

NOVEMBER *continued*

15 Faith Leaders Luncheon Seminar
Walking Together: Strategies for Faith Leaders, Allied Professionals and Community Partners to assist Older Victims of Abuse
11 a.m. – 2 p.m.
Wasserman Residence, Social Hall
Information 301.770.8329
www.smithlifecommunities.org

19 President's Circle Dinner
6:30 p.m.
U.S. Navy Memorial Museum
701 Pennsylvania Avenue, NW
Washington, DC
The President's Circle Dinner is generously hosted by the Jonathan S. and Patricia G. England Foundation
Complimentary valet parking
Dietary laws observed.
Info: **301.816.7746**

29 Remember This: Lecture Series
Alzheimer's Disease: What does age have to do with it?
Speaker: Marie A. Bernard, MD, Deputy Director of the National Institute on Aging (NIA) at the National Institutes of Health (NIH).
5:30 p.m. Registration and Light Supper | 6 p.m. Program | Free event
Landow House Theater | 1799 E. Jefferson Street, Rockville
RSVP required to berkman@ceslc.org | 301.816.5052

DECEMBER

7 Donor Thank You!

Join us for an evening with Cory Kahaney, one of America's premiere stand up comedienne. She recently appeared on *The Late Show* with Stephen Colbert, was a hit on the 2016 season of *America's Got Talent* and was featured in *Catskills on Broadway*. Cory has performed a record 7 times on *The Late, Late Show* with Craig Ferguson and is also a regular on *The View*, *Fox & Friends* and *The Moms*. Cory is best known as a grand finalist on NBC's *Last Comic Standing* and was named *Best Comedian* in NYC by Backstage and *Best Female Comedian NYC* by the Manhattan Association of Cabarets.



6:30 p.m. | AMP at Pike and Rose

This event is complimentary for households with 2017 gifts of \$500 or more to Charles E. Smith Life Communities. Cocktails and dinner are included.

For more information contact 301.770.8329



To register and learn more about community events, resident programs, and news for families, visit www.smithlifecommunities.org.

Contact us:

301.770.8448 | www.smithlifecommunities.org

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|---|--|--|--|
| Hebrew Home
Post-Acute Care
Center and
long-term care
301.770.8476 | Cohen-Rosen House
301.816.5050 | ElderSAFE™ Center
301.816.5099 | Hirsh Health Center
301.816.5004 |
| | Landow House
301.816.5050 | Revitz House
301.770.8450 | Ring House
301.816.5012 |



Online now at
www.smithlifecommunities.org:

- Registration for all events
- Volunteer and career opportunities



Charles E. Smith
Life Communities

HEBREW HOME OF GREATER WASHINGTON
COHEN-ROSEN HOUSE • ELDERSAFE™ CENTER
HIRSH HEALTH CENTER • LANDOW HOUSE
REVITZ HOUSE • RING HOUSE

6121 Montrose Road | Rockville, MD 20852

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Permit #2913
Suburban, MD



Rosh Hashanah services at the Hebrew Home, 1935.



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