

The Bishop Drumm Beat

September/October 2018



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Bishop Drumm Retirement Center

Reverence, Integrity, Compassion, and Excellence

Bishop Drumm Recognized for Outstanding Post-Acute Care

Bishop Drumm Retirement Center achieved top honors from two of the nation's leading health care organizations. Bishop Drumm earned The Joint Commission's Gold Seal of Approval® and named to the Iowa Nursing Home Quality Care Collaborative Honor Roll.

The Joint Commission's Gold Seal of Approval® for Nursing Care Center Accreditation demonstrates Bishop Drumm's continuous compliances with its performance standards. The Gold Seal of Approval® is a symbol of quality that reflects an organization's commitment to providing safe and effective resident care. As well as earning the Nursing Care Center Accreditation, Bishop Drumm also received the additional Post-Acute Care certification from The Joint Commission.

"The Gold Seal of Approval® is not mandatory for nursing homes. Rather it shows our commitment to provide quality care to our residents by going above and beyond what is mandated," explained Adam Braden, Administrator.

"All of our staff worked extremely hard to achieve this outstanding honor. We underwent a rigorous on-site survey by The Joint Commission expert surveyors that evaluated nursing care compliance, assistance with activities of daily living, staff education and training as well on on-site observations and interviews," explained Adam.

The National Nursing Home Quality Care Collaborative recognized Bishop Drumm for its health care quality. Nursing homes on the Nursing Home Quality Care Collaborative Honor Roll have achieved a set quality measure, which aligned with the top ten percent of nursing homes in the U.S.



Bishop Drumm Guild

The Guild does many things throughout the year to support Bishop Drumm. They are a group of dedicated individuals who spend hours organizing fund-raisers including craft and bake sales, garage sales, and weekly candy cart sales at Bishop Drumm. They will be finishing up with the Garage Sale every Thursday from 9:30 am to 1:30 pm. They are always looking for volunteers to join their group at the end of September. Membership is only \$10. Contact Dale for more info at dalehowe@mchsi.com. Thank you Guild volunteers!



Summer Fun

The Outside Scoop brought their pink truck to serve 6 gourmet flavors of ice cream for some summer fun. There was a line for over a half hour but everyone got some ice cream. They served over 200 scoops of ice cream. Along with eating their ice cream, everyone enjoyed listening to Royce play guitar and sing some of our favorite tunes. What a good time! We thank all those who helped make this event a success!



2nd Annual Pie Throwing Event

We had our 2nd Annual Pie Throwing Event to raise funds for the Alzheimer's Association. It was a lot of fun and the pies were filled to the brim by Almedina. Our top fundraiser and first thrower was Rachel Kelsey, Nurse Supervisor at Martina Place. Great job Rachel! April Young raised the next highest amount and was our second thrower. We had a drawing for the third thrower and the winner was Emily West. Our victims, but good sports receiving the pies in the face were; Adam, Chuck, and Chef Brian. We raised \$530.

Thanks to everyone for your support in the fight to cure Alzheimer's. You make a difference!

Pictured top left: Our throwers and pie receivers were; Chuck, Adam, April, Emily, Chef Brian in back, Rachel, and Courtney from the Alzheimer's Association; Top right: April throws at Chuck; Bottom left: Emily throws at Adam; Bottom right: Rachel throws at Chef Brian.



Bishop Drumm Retirement Center fair

We had a lot of activity going on. There were little pigs, chickens, golden pheasant, pigeons, and bunnies. We had crafts, a veggie table, jars of candy number guessing contest, cow chip throwing, talent show, painting, and of course, our fun pie eating contest. The building was full of kids, our residents and families.

There was a packed room for the talent show. We heard singing from Patty Entz, Julie Anderson and Father Pfeffer (pictured at right), Isabelle Warning, while Adam Braden, Merna Peterson and April Young played the piano. Teri Cadman painted a beautiful flower scene that was won by Russ Kruse from McAuley Terrace. Mary Long and Connie McCroskey provided their talent in the Husband Calling contest and Bob Peterson auctioned off Mary for fun. Our fair King and Queen were George and Maxine pictured with family. Owen, Brenda's nephew roused the crowd with his duck calling technique and our pie eating event as always, was fun to watch with Dudo in Maintenance finishing first (pictured left to right: Dudo, Todd, Chuck & Mike).

We thank Jacie and Alan Sander, Brenda Ballard's parents for bringing the animals for all to enjoy. We also had Brenda's grandma Velma, nephew Grant and her cousin Maggie along with Sister Harriott that helped residents enjoy the animals. We appreciated all those who helped make the fair an exciting event; Chef Brian and his team (some great food on a stick) Maintenance & Activity Teams, Brenda Ballard and many other staff members at Bishop Drumm.



Ethos Pilgrimage to Dublin, Ireland

In early October, Executive Director Heather Rehmer and Director of Mission Integration April Young will travel to Dublin, Ireland to participate in an Ethos Pilgrimage at the Mercy International Center. The five day program is designed for administrators, staff, and board members of Mercy ministries who want to deepen their rootedness in the Mercy story: past, present, and future. It will draw on the inspiration of the founding women of Mercy, engaging Mercy mission and leadership as it is lived today. Both Heather and April are eager to bring back what they learn to the Bishop Drumm campus! Stay tuned for pictures and stories from Ireland!

School Supply Drive a Success!

In July a school supply drive was held across our campus. We collected over 755 items from McAuley Terrace, Martina Place, and Bishop Drumm! Supplies went to support the Johnston Partnership's Back-to-School Clinic held July 31st. Thank you to everyone who contributed to this great cause! We are so proud to be a part of the Johnston community!



Humility Helpers

Jennifer Worley and Barb Gross are 'lay' people (not sisters!) who fulfill a needed role at Bishop Drumm. Jennifer (pictured at left) is the Service Coordinator and Barb is the Pastoral Care Coordinator for the Sisters of Humility. Jennifer and Barb fill the role as 'family' for the sisters and it is a blessing to have them be a part of the Bishop Drumm family. We thank them for their service and all they do for our sisters.



SUPPORT GROUPS

Grief Support Group

First Wednesday of each month,
at 1pm

Bishop Drumm Chapel

Caregivers Support Group

Third Tuesday of each month,
at 1pm

Johnston Senior Center



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Sister Karen Yarkosky

Sister Karen grew up in the small town of Albia, Iowa. There was no Catholic school, but growing up the Sisters of Humility would come in the summers to teach catechism to the youth of her parish. When asked if she always felt called to religious life, she stated that she really didn't know what she wanted to do when she graduate from high school, she was only 17 years old. As it happened, following high school, Sister Karen had a cousin who worked for an insurance company in Des Moines. The cousin was engaged to be married and the insurance company asked if she knew of anyone who could take her place. Sister Karen took the position and moved into Saint Catherine's Hall, a home for working single young women. It was there that Sister Karen came to know the Sisters of Mercy.

After living at Saint Catherine's for a while, Sister Karen got to know Sister Mary Josette Carroll and the Sisters of Mercy who taught in some of the Des Moines schools. It was Sister Josette who asked young Karen Yarkosky if she'd ever considered religious life. Sister Karen answered that she knew God had a plan for her, but she didn't know what it was.

Shortly thereafter Sister Karen met the novitiate mistress and she entered the novitiate in Council Bluffs. During her novitiate she took college classes and prepared for Mercy ministry of service to those in need. She would spend the next 38 years teaching in Omaha, Des Moines, and New Mexico. It was during her time teaching in Des Moines that she was approached by some of the Sisters of Mercy who worked at Bishop Drumm to come join them.

Sister Karen said yes and spent 22 years at Bishop Drumm Retirement Center, retiring in 2008. Her fondest memories are of being able to spend

time with the residents. She has found they all appreciate someone coming to visit with them, even for a few minutes. She also enjoyed doing little things for the staff, getting to know them, telling them how the Sisters of Mercy originated,



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and encouraging them to carry on the spirit of Catherine McAuley, foundress of the Sisters of Mercy. She wanted to make sure all the staff knew they were appreciated and sought to encourage them and thank them every day.

This September Sister Karen will celebrate 73 years with the Sisters of Mercy. While she has officially

retired, she attends Mass daily at Our Lady of Peace Chapel along with her family. She also still enjoys meeting the staff and residents at Bishop Drumm, stopping in to say, "Hello," or, "How are you doing?"

After leading the mission of Bishop Drumm for over 20 years, Sister Karen wants to continue to carry spirit of Catherine McAuley's compassion to all residents and staff. She states, "I want residents to be cared for as if they are someone special. Each resident and person we meet are all unique and all children of God, and should be cared for as such. To care for people as Jesus would do it, as Catherine McAuley would do it, that's what we are all about. Helping others, helping those in need, that's why we're here."

Upcoming Events

SEPTEMBER

- 9 Grandparents Day**
Martina Place Assisted Living Activity Room,
2:30-3:30pm
- 11 Dart Services in Johnston Program**
by Catlin Curry, McAuley Terrace, 3pm
- 13 Wine & Cheese and Horse Carriage Rides**
Martina Place Assisted Living, 2pm
- 28 Mercy Day Celebration**
Our Lady of Peace Chapel, 9:30am
- 28 Joint Commission Celebration**
NE Dining Room, 10am

OCTOBER

- 4 Take a Stroll (all buildings)**
BD, MCAT, MP, 10:00am
- 4 Blessing of the Pets**
Bishop Drumm Courtyard, 10:15am
- 23 Christian Yoga**
Martina Place Assisted Living, 10:00am
- 26 Faith in Film- "Won't you be my neighbor"**
Bishop Drumm Activity Room, 2pm

Alzheimer's Walk



Mercy Day 2018

On Friday, September 28th Bishop Drumm will celebrate Mercy Day, our annual remembrance of when Catherine McAuley opened the first House of Mercy on Lower Baggot Street in Dublin, Ireland. Please join us for Mass at 9:30 followed by refreshments in the Activity Room!