## Spring 2018 The Ingleside at Rock Creek CONNECTION

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News and views from your friends at Ingleside at Rock Creek

### Winter's Gone. Spring into Action.

### IT'S A GO! BREAKING NEW GROUND

It's official. Ingleside at Rock Creek formally began a new chapter in its venerable history. The ground breaking ceremony for the upcoming addition, Creekside at Ingleside at Rock Creek, was indeed a celebration of a dream realized. The highly anticipated ground breaking was highlighted by keynote speaker Washington DC Mayor Muriel Bowser.

Dignitaries, Ingleside leadership and Ingleside at Rock Creek residents enjoyed a reception following the ceremony.





DC Mayor Muriel Bowser talks about the impact Creekside will have on the community.





Creekside offers the best in sophisticated retirement living with the ultimate in modern amenities and services. A Center for Healthy Living is included that will offer a day spa, bistro and classrooms as well as multi-purpose room and meditation room.



There is obviously something special about Creekside at Ingleside at Rock Creek since this incredible new addition is 100% RESERVED and in record time! Consider this... that means every floorplan, every view offered, every location has enticed some of Washington DC's most sophisticated and progressive seniors to make Creekside their new home.

Although Creekside is indeed sold out, you can still become a part of Washington DC's premier retirement community. You can make plans to enjoy an enviable lifestyle and a secure future by reserving a spot on the **Creekside Waitlist**. *In addition, there is limited occupancy available* for Classic residences at Ingleside at Rock Creek. Call 202-360-4520 to learn more about availability.





# Highlight your personal style. Your home. Your masterpiece.





Prefer a more traditional interior that's classic and timeless? Or an updated and trendy contemporary style? We invite you to visit us and meet with Ann Standrod, Manager, Residence Personalizations, about the exciting opportunities available to help create your perfect space.

The spacious residences at Creekside are designed to create bright, comfortable environments perfect for relaxing and entertaining. Best of all, Creekside residential options offer plenty of room for personalization so you can create a home that reflects your personal tastes and complements your lifestyle. Whichever floorplan you choose, there are exciting possibilities for individuality; from cabinets to hardwood flooring, paint selection to appliances, we can help create the new home that is distinctively you. We invite you to visit us and consult with our on-staff design expert about the exciting possibilities.



# Meet the neighbors



### Gordon and Olivia Brown

When Gordon and Olivia Brown move into their beautiful, brand-new Creekside apartment home, several of their friends will be coming with them. The Browns live just six blocks away from Ingleside at Rock Creek, and they're looking forward to remaining in their beloved neighborhood, where they've lived for 54 years.

The Browns already know people who live at Ingleside at Rock Creek. "We also know a lot of people who are moving into Creekside at the same time, including our

neighbors across the street and some neighbors down the street," Olivia says.

Olivia, a native of London, England, and Gordon, a GI on leave, met on a blind date in San Francisco, where Olivia was working at the St. Francis Hotel. "I had another boyfriend in England I was going to go back to," Olivia says. But after a three-year courtship, Gordon won her heart and they married. Gordon joined the Foreign Service after leaving the Army; for most of his career, they lived in the Middle East and raised their three children.

Now that they're older, the Browns are ready to be free of the burdens of home ownership. "We wanted a place where you moved to once, and no matter what happened to your health, you'd be there," Gordon says. When they move into Creekside, they'll still be able to play tennis on the courts they're used to, shop at the stores they know so well, and continue to enjoy Rock Creek Park. Once they move, they'll still be right at home. Gordon and Olivia decided to move to Creekside while they're still able to handle things themselves. Gordon advises: "Do it while you can. That created the timing, and the location created the choice."



# Why Choose Ingleside at Rock Creek?

#### Engaged Living. It's more than just a tagline. It's a way of life.

Where we choose to live is often times an indicator of our outlook on life. The people in those places, colleagues, friends, family and neighbors, can determine how we feel and what those places mean to us. These choices create a special personality from which a culture develops.

At Ingleside at Rock Creek, the residents, the staff and the organization itself have come together to define what we refer to as Engaged Living. The best way to understand what Engaged Living means is to talk to the people who live or work at Ingleside at Rock Creek. You'll discover a deep commitment of the staff to the organization. For our staff members, working at Ingleside at Rock Creek is more than a job—it's a place where they connect and feel a sense of pride in service

The residents of Ingleside at Rock Creek are the very definition of Engaged Living. You'll discover shared interests and common connections that truly are the hallmark of the community's culture. These influences can make all the difference when it comes to calling a place a home.









### Winter's Gone! Spring into Action.

It was a long winter and a fickle spring, but now with spring finally in the air, it's time to get moving. Ingleside at Rock Creek residents believe that keeping active is a key to good health. Our emphasis on total wellness includes plenty of opportunities to reap consistent health benefits and enhance your lifestyle by keeping on the move!

Having a broad Wellness program with numerous amenities, state-ofthe-art weight and cardiovascular equipment, a heated pool, Tai Chi/ Yoga/Aerobics classes and more, is essential in this day and age.

Ingleside at Rock Creek residents stay healthy and active through a number of activities and classes designed to stimulate the body, mind and spirit in an engaging environment that also encourages socialization and best of all, FUN.

# upcoming EVENTS



To learn more about Ingleside at Rock Creek and Creekside please join us at

#### **MAGGIANO'S LITTLE ITALY**

5333 Wisconsin Ave NW, Washington, DC ON TUESDAY, JUNE 5TH 2:00 PM - 4:00 PM for Wine & Hors d'oeuvres —OR—

#### INFORMATIONAL PRESENTATION

3050 Military Road NW, Washington, DC ON WEDNESDAY, JULY 11TH 2:00 PM - 4:00 PM for Wine & Hors d'oeuvres Complimentary valet parking available in the garage

Space will be limited so call 202- 360-4520 to RSVP.



# **ARTFUL LIVING**

Ingleside at Rock Creek is truly a haven for the arts. With so many creative residents it's no wonder that the community boasts one of the largest art studios of any community in the area. On any given day you'll find sculptors, glass mosaic artists, painters or quilters engaged with one another. The spacious studio's location with its large windows overlooking the ravine, is perfectly situated to provide soft ambient light for works in progress and finished pieces on display. Ingleside at Rock Creek and its residents support and appreciate the arts by offering classes, workshops, exhibits, and informative and entertaining lectures throughout the year.