

CALENDAR

**INFORMATION WELCOME**

To submit information, please email [community@stardem.com](mailto:community@stardem.com) or fax 410-770-4019. Items may be mailed to *The Star Democrat*, P.O. Box 600, Easton, MD 21601. News from clubs, churches and nonprofit groups will be accepted. Meetings not open to the public will not be published. The deadline for items to appear is TWO WEEKS in advance of the event. Please include a phone number and contact email addresses. Events are published as space allows.

**TODAY**

**CREEPLY CRAWLER CLASS**, Chesapeake Bay Environmental Center, Grasonville. 10 to 11:15 a.m. First Monday and Tuesday of each month. Theme: "Bones, Tracks and Scat." Be an animal detective and find out "who was in the woods" by using clues left behind. For ages 2 to 5. Includes story time, a craft, a hike, live animals and a snack. Rain or shine. Dress for the weather. Hikes are stroller accessible. Advance registration required. Cost: \$3 for members and \$5 for nonmembers. Info: [www.bayrestoration.org/creeple-crawlers](http://www.bayrestoration.org/creeple-crawlers).  
**BROWN BAG LUNCH**, St. Michaels library. Noon. "500 Years of African-American History" with Dr. Stephen Goldman, who will deploy the magic carpet of original newspapers to transport his listeners through history. Free. Info: 410-745-5877 or [www.tcfl.org](http://www.tcfl.org).  
**AARP MID-SHORE TAX AIDE**, Caroline County Public Library, Federalsburg. Noon to 4:30 p.m. Every Monday through April 16. Appointment required. Info: 410-754-8397.  
**COMMUNITY FOOD DISTRIBUTION**, at St. Michaels Community Center. 1 to 3 p.m. Every Monday and Wednesday. Food is transferred from the St. Vincent de Paul Food Bank and available to anyone in need. Limited to one visit per week, per family. Includes meats, dairy, fresh fruit, vegetables, bread and desserts.

**COLORING FOR TEENS AND ADULTS**, St. Michaels Library. 3:30 p.m. Come in and explore the relaxing process of coloring. Free. Info: 410-745-5877 or [www.tcfl.org](http://www.tcfl.org).  
**AARP MID-SHORE TAX AIDE**, Caroline County Public Library, Denton. 3:30 to 6:30 p.m. Every Monday through April 16. Appointment required. Info: 410-479-1343.  
**GROCERY BINGO**, Cordova fire hall. Doors open at 6 p.m., games begin at 6:45 p.m. Refreshments will be available. Info: 410-820-1283.

**TUESDAY, FEB. 6**

**MORNING STRETCH**, Martinak State Park Nature Center, Denton. 8 a.m. Every Tuesday and Thursday. Improve flexibility, core and balance. Bring a mat and towel.  
**WALK IT OUT**, Martinak State Park Nature Center, Denton. 8:45 a.m. Challenge yourself to walk faster. Every Tuesday and Thursday.  
**PATIENT VOLUNTEER TRAINING**, Compass Regional Hospice, Hope and Healing Center, Centreville. 9 a.m. to 3 p.m. Training session runs through Thursday, Feb. 8. Attending all three days of this session is required for volunteers who wish to provide companionship and support to patients and their loved ones in Queen Anne's, Kent and Caroline counties. Topics include an overview of hospice; the process of dying; spiritual care and its place in hospice care; the stages of grief; effective communications techniques; family dynamics; stress management; and self-care for caregivers. Registration required. Info: 443-262-4112, [civiliams@compassregionalhospice.org](mailto:civiliams@compassregionalhospice.org) or [www.compassregionalhospice.org/volunteers](http://www.compassregionalhospice.org/volunteers).  
**AARP MID-SHORE TAX AIDE**, Grasonville Senior Center. 9 a.m. to 3 p.m. Every Tuesday through April 10. Appointment required. Info: 410-827-6010.  
**PARTY BRIDGE**, Talbot Senior Center, Easton. 10 a.m. to 1 p.m. Every Tuesday. All levels welcome.  
**SENIOR STROLL**, Martinak State Park Nature Center, Denton. 10:30 a.m. Walk and exercise on the paved fitness trail. Every Tuesday and Thursday.  
**FRIVOLOUS FIBERS**, Yarn Boutique, Easton. 11 a.m. to 3 p.m. Every Tuesday. A knitting group. Info: [www.fiberartscenter.com](http://www.fiberartscenter.com).  
**AARP MID-SHORE TAX AIDE**, Caroline County Public Library, Denton. Noon to 3 p.m. Every Tuesday through April 10. Appointment required. Info: 410-479-1343.  
**MEET FOR A WALK**, Tuckahoe State Park office, Queen Anne. 12:30 p.m.  
**TOWN TALK**, Oxford Community Center. 1 p.m. Oxford Town Administrator, Clerk and Treasurer Cheryl Lewis will cover topics, such as wastewater construction, causeway drainage construction, status of the MEWS, floodplain, stormwater and sea level rise. There will be time for questions and answers. Free.  
**THRIFT CENTER AND FOOD PANTRY OPEN**, Society of St. Vincent de Paul, Easton. 1 to 4 p.m. Every Tuesday. Info: 410-770-4505 or [svdpeaston@gmail.com](mailto:svdpeaston@gmail.com).  
**COOL DOWN STRETCH**, Tuckahoe State Park office, Queen Anne. 1:30 p.m. An after-walk cool down.  
**LAKE WALK**, Tuckahoe State Park lake trail, Queen Anne. 2:15 p.m.  
**AFTERNOON YOGA**, Tuckahoe

State Park lake pavilion, Queen Anne. 3:15 p.m. Bring a mat and towel.  
**YOUTH CHESS CLUB**, Talbot County Free Library, Easton. 4:30 to 5:30 p.m. Every Tuesday. Led by Wala-Neh Labala. For ages 6 to 16. Participants in the program will learn to play and excel at chess. Snacks will be served. Free. Info: 410-822-1626 or [www.tcfl.org](http://www.tcfl.org).  
**TUESDAY NIGHT BINGO**, American Legion Post 29, Denton. 7:30 p.m. Every Tuesday. Info: 410-479-2708.  
**WEDNESDAY, FEB. 7**  
**YARN AND NEEDLE GROUP**, Talbot County Senior Center, Easton. 9:30 to 11:30 a.m. Every Wednesday. Some help given for knitting and crocheting. Open to members of the center at no cost. Info: 410-822-2869.  
**PUBLIC COMMENT MEETING**, Caroline County Public Library, small meeting room, Denton. 10:30 a.m. The state of Maryland has opened a 30 day public comment period on the draft Consolidated Plan Annual Performance and Evaluation Report (CAPER). The Consolidated Plan is a planning document required by the U.S. Department of Housing and Urban Development and is prepared by the Maryland Department of Housing and Community Development. It covers a five year period (July 1, 2015, to June 30, 2019) and is designed to coordinate federal and, to a lesser extent, state resources to provide decent housing, economic opportunities and an acceptable living environment for Maryland's citizens.  
**SENIOR LUNCHEON AND GATHERING**, St. Michaels Community Center. 10:30 to 11:30 a.m. activity and 11:30 a.m. to 12:30 p.m. lunch. A weekly lunch gathering of seniors enjoying a different activity each week and a freshly prepared meal delivered from Upper Shore Aging. Among the activities are monthly bingo, brain games, speakers and trivia. Info: 410-745-6073.  
**LEGION GRILL**, American Legion Post 70, Easton. 11 a.m. to 1:30 p.m. Specials and carryout available. Info: 410-822-9138.  
**AARP CHAPTER 1278 MEETING**, Souls Harbor Church of God, Cambridge. 12:30 p.m. Bring your lunch, beverages will be provided.  
**COMMUNITY FOOD DISTRIBUTION**, at St. Michaels Community Center. 1 to 3 p.m. Every Monday and Wednesday. Food is transferred from the St. Vincent de Paul Food Bank and available to anyone in need. Limited to one visit per week, per family. Includes meats, dairy, fresh fruit, vegetables, bread and desserts.  
**ADAPTIVE YOGA CLASS**, Talbot County Senior Center, Easton. 2:30 to 3:30 p.m. Free for individuals living with dementia and their care partners. Instructor Cyndi Prudhomme will teach participants simple breathing and meditation techniques to effectively calm the nervous system and create a greater sense of well-being. No prior yoga experience is necessary to participate. Hosted by Integrace Bayleigh Chase and the Samuel and Alexia Bratton Neurocognitive Clinic. Info: 410-763-7167 or [www.bayleighchase.org](http://www.bayleighchase.org).  
**MAKER SPACE**, St. Michaels library. 3:30 p.m. Children 6 and older can enjoy S.T.E.M. (science, technology, engineering and math) by building with LEGOs and ZOOBs. Free. Info: 410-745-5877 or [www.tcfl.org](http://www.tcfl.org).  
**AARP MID-SHORE TAX AIDE**, Caroline County Public Library, Greensboro. 3:30 to 6:30 p.m. Every Wednesday through April 11. Appointment required. Info: 410-482-2173.

From 6 to 9 p.m. Wednesday, April 11, at the Easton fire hall, there will be a meet-and-greet, light refreshments, a lecture, and a time for questions and answers. Reservations are available at \$8 in advance and are strongly recommended. The cost will be \$10 at the door, if space is available. Send reservation checks to Bayside Quilters, P.O. Box 2672, Easton, MD 21601. Please include your email address for receipt. The receipt will be your ticket.

Members of the Dorchester Trailblazers 4-H Club recently gathered items to complete a service project to help homeless individuals in the area. The youth, their parents and club leaders assembled "blessing bags," which included items like socks, personal hygiene products, snack bars, bottled water and notes of encouragement. The club's president, Kaitlyn Bradley, said, "Our club chose this service project because of the great need in the community. It's important to give back and help others, and I am glad that my 4-H club could work together to make these 'blessing bags' to brighten someone's day and provide important necessities." The club will be distributing the "blessing bags" through the Salvation Army, and have plans to assist them with the setup of portable housing for individuals in need in the near future. To learn more about 4-H or the Trailblazers 4-H Club, visit [dchs.extension.umd.edu/dorchester-county](http://dchs.extension.umd.edu/dorchester-county)

**KIDS NATURE WALK**, Martinak State Park Nature Center, Denton. 4 p.m. Children under 5 must be accompanied by an adult.  
**CHILDREN'S MAKERS PROGRAM**, Talbot County Free Library, Easton. 4 to 5 p.m. For children 6 and older, who are invited to design and create gadgets and gizmos with guided instruction and a fun box full of supplies. Registration required. Free. Info: 410-822-1626, [lpowell@tcfl.org](mailto:lpowell@tcfl.org) or [www.tcfl.org](http://www.tcfl.org).  
**DINNER**, VFW Post 5118, Easton. 5 to 7 p.m. Serving spaghetti and meatballs. Other foods will be available. Open to the public. Cost: \$7.  
**PRESENTATION**, Oxford Community Center. 6 p.m. Part of the Frederick Douglass 200th birthday celebration. Presented by OCC and the John Wesley Preservation Society. Includes a panel discussion titled "Black History of Talbot County." This moderated panel, composed of African-Americans who have lived in Talbot County most of their lives, will entertain questions regarding education, employment and the role of the black church in Talbot County. The discussion will be followed by questions from the audience. Coffee/tea will be provided. Free.  
**LECTURE**, Robbins Heritage Center, Dorchester County Historical Society, Cambridge. 7 p.m. "Old Trinity Church: Its History and Its People" with the Rev. Dan Dunlap. Sponsored by the South Dorchester Folk Museum. Info: [www.sdfmuseum.net](http://www.sdfmuseum.net) or 410-228-6175.  
**SUSAN AND BARRY KOH LECTURE SERIES**, Temple B'nai Israel, Easton. 7:30 p.m. Rabbi Arnold L. Bienstock will explore the origins of Jewish mysticism in biblical Israel and rabbinic Judaism, and show how these early mystical expressions evolved in the medieval and modern periods. Free.

# Bayside Quilters to host Mary Fons April 11 in Easton

**EASTON** — Bayside Quilters of the Eastern Shore Inc. will present an evening program featuring Mary Fons in April. The event is open to the public, with reservations strongly recommended.

Mary Fons is a writer, quilter and designer living in Chicago, Ill. In 2010, Fons created *Quilty*, a weekly on-line how-to program for beginner quilters, and served four years as editor and creative director of *Quilty* magazine. Fons is a bi-monthly columnist for *Quilts*, Inc.,

"The Quilt Scout" at *Quilts*.com. She is co-host of "Love of Quilting" on public television alongside her mother, Marianne Fons.

Fons's first book, "Make + Love Quilts: Scrap Quilts for the 21st Century" was released June 2014 and "Dear Quilty," a retrospective and pattern book from the pages of *Quilty* magazine, was released in 2015. She lectures and teaches widely, and is an enthusiastic spokesperson for BabyLock sewing and quilting machines.

From 6 to 9 p.m. Wednesday, April 11, at the Easton fire hall, there will be a meet-and-greet, light refreshments, a lecture, and a time for questions and answers. Reservations are available at \$8 in advance and are strongly recommended. The cost will be \$10 at the door, if space is available. Send reservation checks to Bayside Quilters, P.O. Box 2672, Easton, MD 21601. Please include your email address for receipt. The receipt will be your ticket.

living options in its villas, cottages and apartment homes, as well as a continuum of supportive living services, including assisted living, neurocognitive support, outpatient and short-term rehabilitation, skilled nursing and diagnostic and treatment support through the Samuel and Alexia Bratton Neurocognitive Clinic.

For more information, call 410-763-7167 or visit [www.bayleighchase.org](http://www.bayleighchase.org).

# Dorchester 4-H members make 'blessing bags' for homeless

**CAMBRIDGE** — Members of the Dorchester Trailblazers 4-H Club recently gathered items to complete a service project to help homeless individuals in the area.

The youth, their parents and club leaders assembled "blessing bags," which included items like socks, personal hygiene products, snack bars, bottled water and notes of encouragement.

The club's president, Kaitlyn Bradley, said, "Our club chose this service project because of the great need in the community. It's important to give back and help others, and I am glad that my 4-H club could work together to make these 'blessing bags' to brighten someone's day and provide important necessities."

The club will be distributing the "blessing bags" through the Salvation Army, and have plans to assist them with the setup of portable housing for individuals in need in the near future.

To learn more about 4-H or the Trailblazers 4-H Club, visit [dchs.extension.umd.edu/dorchester-county](http://dchs.extension.umd.edu/dorchester-county)



Members of the Dorchester Trailblazers 4-H Club assembled "blessing bags" at a recent meeting for their service project

or contact the University of Maryland Extension, Dorchester County office, at 410-228-8800. 4-H is an equal opportunity program.

# Adaptive yoga classes available in Feb.

**EASTON** — Integrace Bayleigh Chase and the Samuel and Alexia Bratton Neurocognitive Clinic will offer free adaptive yoga classes for individuals living with dementia and their care partners this February at Brookletts Place — Talbot County Senior Center in Easton.

Classes will be held from 2:30 to 3:30 p.m. each Wednesday in February; Feb. 7, 14, 21 and 28. Instructor Cyndi Prudhomme will teach

participants simple breathing and meditation techniques to effectively calm the nervous system and create a greater sense of well-being. No prior yoga experience is necessary to participate.

Located on a 35-acre campus in historic Easton, Bayleigh Chase is a nonprofit life plan community that affords residents a lifestyle of flexibility and choice to live life on their own terms. Bayleigh Chase offers independent

living options in its villas, cottages and apartment homes, as well as a continuum of supportive living services, including assisted living, neurocognitive support, outpatient and short-term rehabilitation, skilled nursing and diagnostic and treatment support through the Samuel and Alexia Bratton Neurocognitive Clinic.

For more information, call 410-763-7167 or visit [www.bayleighchase.org](http://www.bayleighchase.org).

# Seafood and canning show and sale to be held Feb. 18

**CAMBRIDGE** — In the heart of the land where canneries were situated at every crossroads, the Seafood and Canning Show and Sale will be held from 10 a.m. until 4 p.m. Sunday, Feb. 18, at the East New Market Volunteer Fire Department.

Vendors and displays from Havre de Grace to the Eastern Shore of Virginia will be on hand for this first-ever agriculture- and heritage-related event. Collectors of canning- and seafood-related memorabilia, as well as those who love the history, art and culture of this time period in Delmarva history, must plan to attend.

Beginning as early as the 1850s, fruits and meats were being canned in tin cans rather than preserved in glass containers on the East-

ern Shore, with tomatoes, corn and peas being the most canned by 1870. The canning of oysters and fruits was highly profitable for the canning houses, as well.

This history of the canning and seafood packing industry is interwoven with that of the farmers, watermen, their families and laborers of that same time period. A tremendous part of the population profited by the success of these farm goods processors and seafood houses. The entrepreneurial spirit of the cannery owners cannot be discredited in this story either.

The connection to this heritage is readily evident and collections began for many by simply storing away personal mementos from their own family story. Tokens,

labels, crates, cans and much more help to put substance to this agricultural and seafood era, which is enhanced by the stories of the workers themselves.

Quality exhibitors and dealers will be on hand at this event and can be expected to share the stories of the businesses and the families that relate to their offerings. To those who have not experienced this particular history or hobby, this will be a perfect time to become introduced.

Originally started as a means to extend the selling life of oysters and fruits, canning was adapted to tomatoes, peas, corn and sweet potatoes very soon after. In terms of productivity, Dorchester County packed

far more cases of tomatoes than any other county on the Eastern Shore of Maryland and Virginia, and in the state of Delaware in the early 1900s. In record breaking 1913, Dorchester packed almost 1,100,000 cases of tomatoes versus the runner up Caroline County with almost 750,000 cases.

The earliest of record, the James Wallace and Son packing house, began in 1870 with oysters and fruit. Many others followed suit with canneries for fruits and vegetables. With the oyster industry beginning to take off, John Morgan Clayton began the J.M. Clayton Company in 1890. His company was positioned to do well with a plant in Hoopersville, shucking and packing oysters.

Within several years J.M. Clayton began a crab picking operation which would revolutionize the way people buy, prepare and eat crabs. In the early 1920s, Clayton moved the business to Cambridge, where it has been operating ever since.

There are no fruit and vegetable canneries in Dorchester County any more, and only a handful of seafood packers.

For those who wish to experience the seafood heritage, you can still visit these plants, get tours and see the shuckers and pickers in action.


For those interested in local agricultural canning and the community that was part of that, one can only see the remnants of those lost days — tokens of pay, cans and

labels, picking tickets, baskets, boxes, crates and more pay homage to the work of thousands of workers and farmers over the years.

J.M. Clayton Company will be sponsoring the first Seafood and Canning Show and Sale. The doors open at 10 a.m. and items will be on display and for sale until 4 p.m.

This is a production of the Dorchester County Historical Society, which is a nonprofit organization located in Cambridge. Admission to the event is free, although donations are appreciated. For more information about this event, call 410-228-7953 or email [dchs@verizon.net](mailto:dchs@verizon.net). For more information about renting tables for this event, call 410-228-7953 or 443-786-8522. Table rental is \$20 for one and \$35 for two.

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**Skipjack volunteer orientation meeting set for Feb. 19**

**CAMBRIDGE** — Become a volunteer for the *Nathan of Dorchester* — a 25 year old skipjack. Volunteers are needed as crew, docents, maintenance and administrative personnel. There will be an orientation meeting from 6 to 8 p.m. Monday, Feb. 19, at the Dorchester County Public Library in Cambridge, 303 Gay St. Meet the crew and enjoy refreshments. For more information about the meeting or to RSVP, call Pat Johnson at 443-521-2214 or email [Info@skipjack-nathan.org](mailto:Info@skipjack-nathan.org). To find out more about the nonprofit volunteer organization, visit [www.skipjack-nathan.org](http://www.skipjack-nathan.org).

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