

## Bird of Paradise Trip

Birds of a feather flock together, and so do Juniper Village at Bucks County residents taking a bus ride to the world's largest bird store, "Bird of Paradise" in Burlington, New Jersey! Our tour guide Melanie, an Avian Expert, provided an engaging and educational presentation. Introducing all to a variety of exotic birds such as; Parakeets, Toucan, Cockatiels, African Greys, and so many more! Interesting note - all baby parrots are DNA tested for Psittacosis, PBCD and Polyomavirus. So much fun exploring different colors, sizes and the variety of talking and chirping birds. Resident Mary Lou Sharkey, decided to be brave and make a new friend with Lucy the Parrot!



Our journey continued down Route 130 for lunch at Mastoris Diner-Restaurant, noted as a New Jersey icon. Residents reveled with the anticipation of tasting their world-famous cheese bread. Whether it's your first or one-hundredth visit, you'll be sure to experience a spectacular meal! Juniper Village at Bucks County voted to revisit both very soon! Won't you join us on our next adventure?



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# the village view january 2019



## Branching Out

A monthly contribution from our founder Lynne Katzmann

The word of the month is  
*...graciousness!*

**"The smallest good deed is better than the grandest intention."**

-Japanese proverb

I was recently in Japan with my family and while the trip was way too short—6 days — I came away with a very clear view of a culture that values respect, attentiveness and politeness — what I simply call graciousness.

I think I was struck by the difference in what I feel here. We are fiercely independent; some would say, self-oriented. In recent years, the common courtesies I knew as a child seem to be giving way to greater anger and frustration which people feel they are free to express.

Without passing judgement I can simply say, that it felt good to be in Japan. People went out of their way to help us find the right subways or to return lost items (really!!!). It showcased the stark change in our culture and made me wish for more graciousness in our daily lives here in America.

Graciousness starts with each of us. I am watching my words and actions now, more than I did before my trip. If we each did the same, perhaps common courtesy and respect would ease some of our country's painful issues. Will you try it with me?

## Welcome New Beginnings

The month of January or 'Janus' month', is named after Janus, the Roman god of beginnings and endings. Janus is also the god of gateways, doors and doorways. Fittingly this first month of the year is the time of new beginnings as well as ending of the year before. One might even say that new gateways and doorways open to us during this month – if only we open our eyes to see them. During this month of new beginnings, we challenge you to see the open doors of possibility for the new year and the changes you wish to make to improve yourself and the world around you.

Join us this month as we open the door to musical exploration. Enjoy live musical performances on one of our out trips. Learn more about the positive benefits of music through music therapy. Experience music in one of our participatory music programs such as vocal choirs, bell choirs or drumming circles. Use musical software technology to create your very own music. And gain new insight into music with our guest speakers who will cover a variety of musical genres in a fun and educational way. Be our guest for one of our Connect4Life health discussions about Glaucoma this month. We also invite you to participate in one of our volunteer projects benefitting children. And, as we are never one to pass on throwing a magnificent party, celebrate the birthdays of Dr. Martin Luther King, Jr. and our favorite musicians as we **Welcome New Beginnings** this month.

### This Month at Bucks County

JANUARY 3RD, AT 2:30 PM  
ELVIS IS IN THE BUILDING WITH JEFF KRICK

JANUARY 28TH, AT 9:30 AM  
TRIP: THE ACADEMY OF NATURAL SCIENCES AT DREXEL UNIVERSITY & LUNCH

JANUARY 31ST, AT PM 2:30 PM  
WELCOME IN THE NEW YEAR WITH "UPTOWN MUMMERS"

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