

# The Kendalight

Kendal at Oberlin Residents Association

January 2019

Volume XXVI, Number 1

## Opportunity 2019! Come to the Fair!!

Thursday, January 31 - 11:00am-3:00pm -

This is Val the Volunteer, and Val is telling you NOT to miss the Opportunity Fair on Thursday, January 31. Nearly 50 of Kendal's most vital committees and interest groups are gearing up to occupy Heiser Auditorium and Lounge, as well as several satellite locations, from 11:00am to 3:00pm.

They're planning displays that will explain what they do and where you could fit in. This is your chance to talk to committee members, to find an opportunity to sign on to make a contribution of your time and talent and put your mark on this community.

Or you can just browse through the displays and get familiar with the inner workings that make this place tick. Val knows what Val's talking about.

It's going to be a Big Kendal Party, and you're invited. We'll see you there!



## Lads and Lassies!!!

### Come to our Annual Robbie Burns Dinner Friday, January 25

Dust off yer kilt, wear yer scarves and tartans of any kind, and join us in a celebration of all things Scottish.

**5:00pm** Bagpipe music in Heiser Lounge and grand march to Stephens Care Center & return.

**5:30pm** Address to the Haggis & Grace in Heiser Lounge.

**6:00pm** Dinner in Fox and Fell, followed by toasts and stories.



### Please sign up by Sunday, Jan. 20!

No charge for dinner, but...

- Donations to help pay the piper are really appreciated.
- To order a Scottish ale with your dinner, enclose \$2 per person in an envelope **with a note giving your name and number of persons.**

Place donations and payments in Carl Whitehouse's open mailbox. Any checks should be payable to Carl.

Residents who do not sign up for the Robert Burns dinner are welcome in the Langston, Penn, and Den.

## Tracey Lind Talks about Dementia from the Inside Out



A video of The Very Rev. Tracey Lind's November 30 presentation at the City Club of Cleveland Friday Forum will be shown to Kendal residents and staff by the Dementia Education Group. Tracey, who retired as Dean of Trinity Episcopal Cathedral in 2017, talks about her ongoing journey with Frontal Temporal Dementia. She was a compelling speaker at our January 2018 educational forum on dementia that marked the beginning of Kendal at Oberlin's 25th Anniversary Year.

The video will be shown in the Education Center Training Room on three different days: Thur., Jan. 24; Fri., Jan. 25; and Tues., Jan. 29. Showings each day will be at 7:15am, 11:45am, 3:30pm, and 7:15pm.

Sign-up sheets will be posted. Choose a convenient time to join other residents and staff to view the video and talk about it afterward.

Questions? Contact Carol Bojanowski.

**COFFEE HOUR WITH  
BARBARA THOMAS  
TUESDAY, JANUARY 8  
9:30AM - LANGSTON**

**AFTERNOON EXCHANGE  
BARBARA THOMAS  
TUESDAY, JANUARY 22  
4:00PM - AUDITORIUM**

## KNOW YOUR KORA COUNCIL

"Is your retirement community a Kibbutz or a Cruise Ship?" That question got my attention at the recent LeadingAge conference. It points to the difference between being a community where residents take active participation in the planning and carrying out of its shared life versus one where everything is done for residents by the "cruise director" and staff, one where the residents are passive consumers. I am so pleased that our Kendal at Oberlin is the "Kibbutz" model.

Kendal at Oberlin Residents Association (KORA) has a key role in the success of our participatory community. KORA, through its Council, initiates, supports, and coordinates the many, varied programs and special purpose groups in which residents are active.

The 2019 Council will be meeting for an initial orientation on January 10, where members will take their place on Council committees and receive assignments as liaisons to KORA standing committees. The liaison relationship of council members to the many groups that initiate and oversee the resident life of Kendal is among the most important work of the Council. Chairpersons of various committees should look to their liaisons for support and as the links to the Council. Liaison assignments will be announced at the KORA Council meeting on January 17.

The first major KORA event in 2019 will be an Opportunity Fair, Thursday, January 31, 11:00am-3:00pm. That day many of the Committees, Subcommittees, and Special Purpose Groups will be highlighted with displays and activities. The fair will be an excellent event for experiencing the scope of opportunities for personal involvement and enrichment here at Kendal at Oberlin.

2019 KORA Council Membership is posted on the KORA bulletin board across from the open mailboxes. Other information regarding KORA and the many aspects of its work is also available there. ~Gary Olin, President

## Winter LifeLong Learning Classes

For classes with fees, register and pay by calling Lorain County Community College at 440-366-4148 or in person at the first or second session.

**News & Views: Foreign Affairs:** Discussion of topics from the 2019 "Great Decisions" briefing book published by the Foreign Policy Association. **Fridays, 10:30am to noon.** No registration or fee. **Feb. 1: "Nuclear Negotiations: Back to the Future?"** with Al Carroll. (See p. 5.) **March 1: "Cyber Conflict and Geopolitics,"** with Larry Lannom. **All are welcome.**

**Oedipus and Greek Tragedy.** Thomas Van Nortwick, Nathan A. Greenberg Professor Emeritus of Classics, Oberlin College. Three-part course on Sophocles' "Oedipus Rex", its literary and historical context. The sessions address the origins and endurance of the tragic perspective in western literature, the history and physical circumstances of Greek theater performance, and the meaning of the play for our understanding of human experience. Copies of the text "The Three Theban Plays" (Robert Fagles, trans., Penguin Books, 1984) are available at MindFair Books or in copied form from the instructor. **Wed., Feb. 6, 13, and 20, 10:30am.** Fee: \$20. (Class 4368)

**Opera Preview: Dialogues of the Carmelites.** Jonathon Field, Director of the Oberlin Opera Theater, along with students from the production, previews "Dialogues of the Carmelites" by Francis Poulenc, which premiered in 1957 and is based on the martyrdom of Carmelite nuns who were guillotined during the French Revolution's Reign of Terror for refusing to abandon their vocation. **Thurs., March 7, 4:00pm.** No registration or fee. Call Oberlin College Central Ticket Office Service (775-8169) to buy tickets for a performance in Hall Auditorium on March 13, 15, or 16 at 8:00pm, or March 17 at 2:00pm. There will be Kendal buses to the matinee and one evening performance.

**Zen and Art.** Kevin Greenwood, Joan L. Danforth Curator of Asian Art, Allen Memorial Art Museum (AMAM). Three-session course introduces Chan (Zen) Buddhism. Zen originated in China around the 7th century as a synthesis of Indian Buddhism and traditional Chinese thought. As it spread to Japan in the 12th century and to Europe and North America in the 20th, each culture embraced Zen thought differently. These differences were reflected in the arts. **Mon., March 4, 11, and 18, 10:30am.** Fee: \$20. (Class 4169) An optional visit to the current exhibition at the AMAM related to the lecture series "Art and Being in the Garden of Ryōan-ji" is scheduled for Tues., March 19 at 10:30am.

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## Thank You from the Staff for the Holiday Fund

On December 14, \$53,407.62 donated by our wonderful residents was distributed to 178 grateful staff members (including three beauty salon employees). All were recipients of generous Holiday Fund gift checks! The largest check was \$407.43 and

the smallest was \$75.00. With each, KORA President Ann Francis sent a Holiday Gift Appreciation Message thanking staff recipients for all their services and support provided to our residents throughout the year.

Ann wrote, "You bring joy to our lives, contribute to our well-being, and for this we are grateful."

With warm gratitude we thank every Kendal resident for your generosity and kindness!

~Toni Merleno, Director of Human Resources & Operational Services

**Next KORA Council Meeting  
Thurs., Jan. 17 - 10:00am - AUD**

### **First Thursday Health Lecture**

No lecture on January 3.

### **Third Thursday Lecture**

#### **“A Life in Chamber Music: A Conversation with the Second Violinist of a Profes- sional String Quartet”**

**Jan. 17 - 7:15 AUD**

Mari Sato, second violinist of the Cleveland-based Cavani String Quartet, will discuss the life of a professional chamber musician.

Topics will include a brief history of the medium of string quartet as an art form and as a tour ensemble, programming of work, group dynamics, and the process from first rehearsal to stepping on stage for a concert.

Ms. Sato, daughter-in-law of residents Anne and Alan Lockwood, received her Bachelor of Music degree with distinction from the Cleveland Institute of Music and pursued graduate studies at the University of Michigan.

On the faculty of the Cleveland Institute of Music from 1995 to 2018, Ms. Sato now has the pleasure of working with the outstanding students at the Oberlin Conservatory.

### **Community Conversations “Kendal at Oberlin and Oberlin College:**

#### **A 25-Year Love Story”**

**Thurs., Jan. 10 - 7:15pm - AUD**

Nancy Cooper (OC '51), who moved to Kendal in 1998 after serving Oberlin College in a remarkable array of different administrative staff positions, has been impressed with the strong connections between the college and Kendal ever since its founding. She will consider the many ways in which Oberlin faculty, staff, and students contribute to our programming; how the College and Conservatory programs and concerts enrich our lives; and the support Kendal residents provide to the College, the Conservatory, and the Allen Memorial Art Museum.

### **Lunch Bunch:**

#### **Black River, Oberlin**

**Wednesday, January 9**

Join us for lunch (or breakfast – it's served all day!) at this favorite local restaurant. We visit it every Winter Term when Oberlin College is on break. Menu includes a variety of vegan and vegetarian dishes, as well as tasty burgers and wraps.

Bus leaves Heiser at 11:30am, returning about 2:00pm. No charge for bus to downtown Oberlin. Lunch at your expense.

Sign up on sheet on shelf under Activities bulletin board.

### **Oberlin Heritage Center Music of the**

#### **American Civil War**

**Tues., Jan. 15 - 7:15pm - AUD**

Timothy Krugman will weave together the role of music on the Civil War battlefield and the shifting mood of the nation and song over time. A Civil War Union re-enactor and history aficionado from Elyria, he will perform using guitar, banjo, and voice.

### **Loren Gerlach**

**Fri., Jan. 4 - 6:15pm - HL**

Loren Gerlach, resident Marjorie Porter's son, joins Judy Cook for a bonus after-dinner “song swap” around the fireplace. Come sing along!

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### **There's a Woman in the House!**

**Thurs., Jan. 3 - 4:00pm - AUD**

In fact, there are about 35 new women in our House in Washington, DC!

We're celebrating their election victories on the day of the official Washington swearing-in ceremony. Kendal resident Judy Riggle invites you to a tea party to learn the stories of the amazing new wave of women who ran for office and were elected.

Look at their diversity – a lesbian, a bisexual, an immigrant, an African-American from New England, a Muslim, a Native American. Those who ran for office but were defeated are also amazing – a kindergarten teacher from Oberlin, a Vietnamese refugee pediatrician from California. Join the party to welcome them. **All are welcome.**

*~Judy Riggle and the Women in the House Committee*

### **♪ Music at Kendal ♪**

#### **René Schiffer, principal cellist, Apollo's Fire**

**Wed., Jan. 16 - 7:15 - AUD**

At a fund-raising auction, Mary and Fred Behm won the privilege to host a concert by René Schiffer, principal cellist with Apollo's Fire. As the Cleveland Institute of Music writes, “René Schiffer is recognized as one of the most creative musicians on the international period-instrument scene. A native of Holland, he was a protégé of the great Dutch cellist Anner Bijlsma. He is particularly admired for his interpretation of the Bach cello suites, all of which he performs from memory.” He will be playing excerpts from the Bach cello suites as well as some modern pieces, including his own compositions.

You will have the opportunity to meet and talk with René after the concert while enjoying light refreshments.

### **Roman Rudnytsky, Piano**

**Thurs., Jan. 24 - 7:15 - AUD**

Youngstown State University Piano Professor Emeritus, he will play compositions by Mendelssohn, Beethoven, Bach, Albeniz, Chopin, and Liszt.

### **Chamber Music Fun**

**Tues., Jan. 1 - 3:00pm - HL**

Enjoy impromptu chamber music featuring a Mozart trio with clarinet, viola, and piano.



## Sunday Movies in Jameson House at 7:00pm

**Jan. 6 - RBG (2018)** Revelatory documentary looks at the exceptional life and career of U.S. Supreme Court Justice Ruth Bader Ginsburg. As she has developed her legal legacy, she also has become an unexpected pop culture icon. PG.

**Jan. 13 - The Philadelphia Story (1940)** After her ex-husband (Cary Grant) and a tabloid reporter (James Stewart) crash her high-society wedding, the intended bride (Katharine Hepburn) becomes painfully aware of certain truths about herself.

**Jan. 20 - Selma (2014).** This film chronicles Dr. Martin Luther King, Jr.'s campaign to secure equal voting rights and the epic 1965 march from Selma to Montgomery, to peacefully protest Alabama's segregated voting rights. PG-13.

**Jan. 27 - The Producers (1967)** A Broadway producer (Zero Mostel) and his accountant (Gene Wilder) concoct a get-rich-quick scheme to make a fortune by producing "Springtime for Hitler," a sure-fire flop. But it becomes a hit! PG.

## Saturday Night Documentary Jan. 5 - 7:15pm - AUD

**Chisholm '72: Unbought & Unbossed (2004)** This documentary was nominated for the Grand Prize at Sundance. It traces the career of Shirley Chisholm, the first black woman ever to run for President of the United States. A teacher in Harlem, her passion for progress brought her to local politics, a seat in Congress, and ultimately a run for the presidency in 1972.

~Donna VanRaaphorst

**A Question for Cat Owners** - Are you be interested in having a veterinarian come to Kendal at Oberlin? If so, contact Kathy Caldwell, chairperson of the Pet Projects Special Interest Group, to complete a survey.



## Art Gallery News

Three new exhibits have been mounted in our display spaces. The Kendal Gallery is showing the large colorful **semi-abstract oils and acrylics** of **Adele Marihatt**. A few depict idyllic children, sometimes upside down as reflections in a Koi Pond. Do not miss the five small boxes containing her peek-a-boo portraits over the water fountain! A reception is scheduled for Fri., Jan. 18, at 4:30pm in the Heiser Lounge.

The Friend's Gallery is showing photographs by **Deborah Campana**, Oberlin College Conservatory librarian, entitled "**Sighting and Resighting.**" Those mounted in black frames feature buildings and views of the surrounding countryside and the Oberlin

College Campus that she has photographed on trips to and from work between Oberlin and Amherst. The photographs in white frames were taken while travelling between Oberlin and Santa Fe, NM, shooting some while driving at fairly high speeds! A reception is scheduled for Wed., Jan. 16, at 2:30pm in the Friends Corner dining room.

The Community Gallery is showing the mixed media art of **Louise Luckenbill** entitled "**Let's Take a Trip on the Train.**" Her paintings illustrate what she saw, both inside the train and looking out of the window, while on several railroad trips across the United States. Louise's reception is scheduled for Fri., Jan. 11, at 4:30pm in Heiser Lounge.

**Mary and Tom Van Nortwick's Christmas collection** in the Curio Cabinet will be followed early this month by **Ron Price's collection of optical instruments** that will remain on display through February.

## Saturday Foreign Film Jan. 26 - 7:15pm - AUD

**Machuca (2004)** In Santiago, Chile's capital during the 1973 coup and Marxist government of controversial president Salvador Allende, Father McEnroe supports his leftist views by allowing free admission of proletarian kids to an elite Catholic prep school. As a result, Gonzalo Infante and Pedro Machuca, slum-raised son of the cleaning lady in the Infante's liberal bourgeois home, become classmates and buddies. And Gonzalo gets adopted by Pedro's slum family and gang. Then General Pinochet's coup ousts Allende and supporters such as McEnroe, changing the boys' relationship. Spanish with subtitles and some English. ~Dwight Call

## BIG BUS Tues., Jan. 8 Cleveland Museum of Art

For residents who have paid, meet at the Heiser Reception Desk at 9:15am. Our bus leaves at 9:30am, returning to Kendal by 3:00pm.

**Save the date!**

## BIG BUS Wed., Mar. 6 Butler Museum of American Art, Youngstown, OH

Bus leaves Heiser at 9:30am (sign in: 9:15am), returning to Kendal by 4:00pm. We'll tour the extensive Butler collection; listen to students from Youngstown State University's Dana School of Music perform in the atrium; and enjoy a catered lunch with options for GF and vegetarian plates.

The Arms Museum (and historic house) nearby is not part of our package but is available for a visit.

Watch for the sign-up sheet!



*Left to right:  
LeadingAge Ohio  
awards chair  
Michele Engel-  
bach, MANA  
managing director  
Dick Baznik,  
MANA consult-  
ant Anne Helm,  
and LeadingAge  
Ohio board chair  
Judy Budi*

## MANA Recognized for Service by LeadingAge Ohio

Management Assistance for Nonprofit Agencies (MANA) has received LeadingAge Ohio's 2018 award for excellence in voluntary service. The award was presented on August 30 at the group's annual conference in Columbus.

MANA was founded at Kendal at Oberlin in 2003 by the late resident Don Illig to help area organizations and to give retired professionals opportunities for continued practice. Since 2003, the group's volunteer consultants – including Kendal residents as well as others from the surrounding community – have worked on more than 70 engagements with about 60 different nonprofits and government agencies. Typical topics include leadership and governance issues, strategic and financial planning, mergers, and fundraising.

LeadingAge Ohio is the state chapter of the national organization that represents about 6,000 nonprofit organizations in the field of aging services. Kendal at Oberlin is an active member of both LeadingAge and LeadingAge Ohio.

Resident Dick Baznik succeeded Don Illig as managing director of MANA in 2012. He and fellow MANA consultant Anne Helm attended the conference to accept the award on behalf of the group.

Dick notes that MANA is always looking for additional consultants and encourages interested Kendal residents to get in touch with him.

## Time to Turn in Your Volunteer Hours for the Year-End Count

Kendal at Oberlin tries to exemplify Quaker values such as "volunteerism" and "service." Each January we ask Kendal residents to remember, collect and record all the volunteer hours contributed in service to Kendal at Oberlin or the wider community in the preceding year.

Look for the 2018 form in your open mailbox. Please fill it out and place it in Box #121 by January 31.

A copy is also posted on the Volunteer Bulletin Board in the hallway near the Kendal Early Learning Center.

*~Volunteer Clearinghouse Committee*

## Writers Bloc Reading Thurs., Jan. 31 - 7:15 AUD

You're invited to the annual reading of original work presented by Writers Bloc members. These Kendal residents have been meeting for 15 years with Carol Tufts, Associate Professor of English at Oberlin College.

## Cookbooks for Sale!

Purchase your copy of this collection of recipes from Kendal residents, families, and staff from Sue Campbell or Jameson House nursing staff. Cost: \$10 in cash or a check made payable to "The Alzheimer's Association."

**News & Views: Foreign Affairs**  
No lecture on January 4.

## News & Views: Foreign Affairs Fri., Feb. 1 - 10:30am - AUD

Al Carroll, Kendal resident and retired nuclear physicist at Brookhaven National Labs, will speak on the topic "Nuclear Negotiations: Back to the Future?"

Nuclear weapons have not gone away, and the Trump administration has brought a new urgency, if not a new approach, to dealing with them. The President has met with Vladimir Putin as the New Start Treaty with Russia comes up for renewal in 2021, the first presidential summit ever with Kim Jong-un occurred to discuss denuclearizing the Korean Peninsula, and President Trump has de-certified the Obama nuclear deal with Iran.

To what degree should past nuclear talks guide future U.S. nuclear arms control negotiations? Can the art of the deal apply to stabilizing our nuclear future? **No registration or fee. All are welcome.**



## For the Vision-Impaired

### Low-Vision Support Group: "Our Ears Deserve More Respect"

**Thursday, January 10  
4:00pm - Green Room**

## The Kendalight Monthly Readings Have Been Cancelled

Future readings of *The Kendalight* on the first day of each month are cancelled due to lack of interest. **Note that Audio Announcements of daily programs and menus are available at 440-775-9868.**

## More About Kendal Residents

### Joyce and Barbaranne Benjamin

#### Joyce:

I was born in Minnesota, spent my childhood in Florida with my mother and two sisters, and moved to South Dakota for high school and college. My graduate degrees in communication were awarded by Penn State where I met Barb, my soul mate; we have been together since 1971.

My first academic position was at the University of Hawaii, followed by positions at Southwest Texas State University and The University of Toledo where Barb and I once served as faculty ambassadors in an exchange program with Florida A&M University. I spearheaded research into and development of distance learning teaching methodologies and rhetorical theory while in academe.

As a faculty member, I taught graduate and undergraduate classes and published over 50 academic articles as well as several textbooks. I presented my research nationally and internationally in Fukuoka, Japan; Florence, Italy; and Oxford, England. I served as chairperson, associate director of distance learning, and senior associate dean of the College of Language, Literature, and Social Science.

My hobbies include reading, especially science fiction and detective novels, travel, and vegetarian cooking for Barb. I have recently taken up sewing, a challenge for a left-handed klutz. My philanthropy includes supporting local libraries, animal protection, the ACLU, and LGBTQ organizations.

After retiring from academe, I transitioned to my authentic self with Barb's full support. We hope you feel free to talk to me or Barb if you have questions about the transgender experience from an individual's perspective.



#### Barbaranne:

I was blessed with loving parents who were models for empathy, compassion, and generosity. They provided me with a childhood of love and support – a wonderful foundation.

I attended Mansfield State College (now University) in Pennsylvania for my undergraduate degree and The Pennsylvania State University for my graduate degrees in communication and in communication disorders. At Penn State, I met the love of my life in an Oral Persuasion seminar; we were engaged two weeks later.

Our first jobs were in Hawaii where I worked at the Waianai Infant Stimulation Program as speech-language pathologist and then as director. At Southwest Texas State University, our next stop, I taught undergraduate and graduate courses, started the HILL Project (Handicapped Infant Learning Laboratory) funded by the Texas legislature, and wrote "A Special Child in the Family" that was published in English and in Spanish.

We spent the majority of our academic careers at The University of Toledo where I taught, published research efforts, and ended my career as associate dean in the College of Health Sciences. I was fortunate to obtain grants that helped my students and advanced academic fields from preschool multicultural issues to women under criminal justice control.

When we retired from academe, the love of my life transitioned full time to her authentic self. Joyce and I have

been enjoying retirement, being together, and traveling. We are dedicated readers, dog lovers, and appreciators of the fine arts. We have three borzoi (Russian wolfhounds) and two indoor cats.



### Gail Fowler

By way of geographic introduction, you could probably say I'm Tri-Coastal, having lived on both the East and the West Coast, while growing up on what some might call the North Coast, the Indiana shores of Lake Michigan.

A retired IT professional, I spent the majority of my 40+ year career in the San Francisco Bay Area, in large-scale application software development, primarily for banks and insurance companies, later consulting for IBM for several years. After returning in the late 1990s to Maryland, the home of my dad's side of the family, I finished my career as Director of Policy and Planning for the State of Maryland's Office of Information Technology, located in Annapolis.

I spent many years hosting international students, U.S. Naval Academy midshipmen, St. John's College graduate students, and Smithsonian Environmental Research Center summer interns. The majority of the international students were participating in intensive English programs and lived with me from one month to one year. I thoroughly enjoyed all my "ersatz" kids.

Always a walker, I've trekked in



Nepal's Annapurna region and the High Sierras, hiked (or walked, as the Brits would say) in England and Scotland, and spent one very long weekend on the Appalachian Trail in the Shenandoah.

With the help of (very patient) friends and classes, I took up quilting when I retired, learned something about a sewing machine, and enjoy making lap quilts and wall hangings. I also bought a Roadtrek, named her "VanGo, and spent several years traveling the U.S. as well as the Canadian Rockies.

Volunteer work has included shelter meals, ushering at our Episcopal church, as well as local theatres, serving on our community waterfront committee, and initiating walking and hosted coffee groups in my former community.

I like people and enjoy a good game of bridge!

### Recent Move-ins

**Tom and Jeanne Berger** moved from Oakland, ME, to a Kendal apartment in mid-December.

### Recent Transfers

Mary Beth McCalla moved from Whitier to Jameson House in late November.

**Find biographies of all residents, both newcomers and old-timers, in "Who's Here" on the Kendal library center bookcase.**



**Beth Dorf**

I was born in Akron, OH, and grew up in Cuyahoga Falls, OH. I attended the University of Akron, receiving a BS in Elementary Education.

After graduation in 1972, I moved to Wellington, OH, for a teaching position. I met my husband Wendell there a short time later; he was a history teacher at Wellington High School. We got married in 1979 at Christ Episcopal Church in Oberlin.

I enjoy spending time with my family. Wendell and I had two children. Sarah, our daughter, is now a family nurse practitioner. She and her husband Robert, a respiratory therapist, are the proud parents of six-year-old twins Allison and Lincoln.

Our son Alexander works in finance. He got married in May to Vanessa, a critical care flight nurse. After an eight-

year illness, Wendell died in December 1999. I remained in our family home for a total of 39 years.

I taught first grade in Wellington for 36 years. I was active in the Wellington Education Association and served as president for two years. I received a Master's Degree in the Art of Teaching from Marygrove College in Detroit, MI, in 2000. I retired from teaching in 2008.

I have continued to volunteer at the elementary school to work one-on-one with kindergarten students. I also participated in a book club comprised of current and retired faculty.

Our family has been active at Christ Church in Oberlin for many years. I taught Sunday school. I enjoy participating in Bible study and book study groups at the church.

While living in Wellington, I also belonged to the Friends of the Library. I served as secretary and president while on the Executive Committee. I also belonged to Sorosis Literary Club.

I am now looking forward to living at Kendal and taking advantage of many opportunities here.

### 2019 KatO Directories Coming Soon!

The 2019 Kendal at Oberlin telephone directory will be in your open mailbox toward the end of January. Watch for it!

### Kendal Kryptogram #167 - By Nina Love

WO SAL OLD FLZX HZF FCM AZJL Z OLD  
YCMT -- ZOP Z OLD UZEGUCOL, Z OLD  
OCYL, OLD BLLS, OLD LZXY, ZOP OLD  
LFLY.

~EALYSLXSCO

Solution to Kryptogram #166: "Yesterday is history. Tomorrow is a mystery. Today is a gift. That's why it's called the present." ~Bill Keane

#### IN MEMORIAM

ALICE KOHL  
DECEMBER 3, 2018

ANDREW FRIERSON  
DECEMBER 6, 2018

## Kendal Resale Shop Talk

*Benefitting Kendal Residents Assistance Fund and Community Charities*

Happy New Year! I hope everyone enjoyed the holiday season. The Kendal Resale Shop (KRS) enjoyed a very productive month, thanks to our donors, volunteers, and all the shoppers from the Kendal and Oberlin communities.

On the morning of December 10, our KRS team hosted our fifth annual "Twigbee Shop" for the students of the Kendal Early Learning Center (KELC) in the Café outside the Fox & Fell. For our "Twigbee Shop," KRS displays small items such as knick knacks, toys, scarves, and ties for the KELC students to select and purchase for members of their families.

Volunteers help the children select and wrap their gifts. It was a fun activity for the students, staff, and volunteers, as well as onlookers. Special thanks to our Twigbee volunteers Ruth Ann Clark, Charlotte Elsner, Betsy Mirel, Sandy Siebensschuh, Mary Simons, Carla VanDale, and Mary Van Nortwick for making this event so special. And thanks to our photographer Sally Nelson-Olin.

Resale Shop deposits to the Residents Assistance Fund for November totaled \$2,578. (See February's *Kendalight* for our 2018 RAF total.) Thanks to all our donors and shoppers!

**DID YOU KNOW?** Kendal Resale Shop's green "PLEASE HOLD" slips are good for the **same day only** and expire at 7:00pm when the shop closes, unless the item has been paid for by closing time or special arrangements have been made IN ADVANCE with the KRS Chair. When you have questions about the HOLD process or about a purchase you want to make, please contact Nancy Lombardi at 517-214-0025.

**THANK YOU!** Keep those donations coming and keep shopping the KRS!

~Nancy Lombardi, Chair, Kendal Resale Shop

## From The John Bartram Arboretum: Chestnut Tree

"Under a spreading chestnut tree, the village smithy stands." Oh, how we miss those American chestnuts (*Castanea dentata*) once native from southern Maine to Michigan and south to Mississippi and Alabama. They stood up to 100 feet tall and numbered in the billions. Chestnuts were late flowering and thus unaffected by seasonal frosts, so their fruit, much sweeter than that of the asiatic species, was an important source of food for wildlife and livestock. Once queen of the eastern American forest, they were reduced almost to memory when in the early 1900's a blight, *Endothia parasitica*, spread like wildfire. Only a few trees survived.

Scientists in the American Chestnut Foundation (ACF) and at other locations are trying to bring those back while at the same time they have been trying to backcross breed them with blight-resistant Chinese chestnuts (*Castanea mollissima*). The difficulty with the crossbreeding is that the blight-resistance is controlled by multiple genes, and finding the inheritance is a random process. So it has been necessary to generate large populations in search of the resistant ones. The desire is to find resistant hybrids which are morphologically indistinguishable from the American chestnut, thus maintaining their wonderful character-

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**Remember! Wear your name tag so newcomers (and old-timers) can tie your name to that face!**

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istics. A second approach has been used by researchers led by William Powell at the State University of New York College of Environmental Science and Forestry who have found the gene in the tree that can detoxify the acid the blight releases to kill the tree's cells. They now have genetically modified trees and are submitting paperwork to the USDA for review, a process which could take several years.

Here at Kendal, Charlotte Elsner planted a hybrid in 2002 on Wildflower hill, just to the east of the slanted mowed path near the higher west end of the hill. We do not know how resistant it will be to the blight, but it does appear to have characteristics strongly resembling the Chinese chestnut rather than the American chestnut. It now is producing fruit, which is displayed on the Arboretum display table along with a drawing made by Charlotte of both the typical tall American chestnut tree and the typical low-branching Chinese chestnut.

To understand more, go to:

<https://www.acf.org/our-work/backcross-breeding/>

<https://geneticliteracyproject.org/2018/04/12/reviving-the-american-chestnut>

~Anne Helm for the Arboretum Committee

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## Can You Volunteer to Ride on the Kendal Bus to Drug Mart or IGA?

Kendal's Social Services wants to develop a small group of volunteers to ride on the Kendal bus to IGA or Drug Mart once a week to help other residents with their shopping.

Some of the ways to help Kendal shoppers might include reading ingredient information on labels, reaching items on too-low or too-high shelves, or using the printed in-store aisle listings to help locate merchandise.

We hope to get four volunteers, so that each one would ride the bus only once a month.

If you have questions or would like to help form this small group, contact Elizabeth Hole, Care and Nurturing Committee.



## In Celebration of the Success of the 25th Anniversary Resident Assistance Fund Initiative...

The response to this Initiative has been a remarkable affirmation of Kendal's spirit of mutual support from Board members, residents, families, staff, friends, vendors.

In December, a non-management Kendal staff member sent a touching message in response to seeing the list of donors:

"...I just finished reading the special donor report I received in the mail. The tears are flowing. How humbled and grateful I feel to be part of something so special as Kendal at Oberlin. It also stirs up the poignant losses of beautiful people who have had a deep impact on the lives of so many in the Kendal, Oberlin, and world communities. My personal life has been shaped by so many of the wise elders we serve and have come to know so deeply. This report makes me endeavor to be better, try harder, do more.

This season is a reminder to do and be and live to our full potential every day. I'm so thankful this was sent out – and now was the perfect time."

## New Prints in Friends Corner

Here's an example of how our extended Oberlin community works together.

When the Community Foundation of Lorain County exhibited David Jansheski's prints here at Kendal, residents in the Stephens Care Center who eat in Friends Corner Dining Room said how much they liked them.

After identifying prints that residents liked, Sue Campbell, Kendal's Community Nutritionist and Friends Corner manager, and Art Committee member Mary Behm worked with the Community Foundation to have nine of the prints donated to Kendal for Friends Corner. Their retail value ranged from \$350 to \$2,000. Workshop Gallery offered to frame them at a reduced cost. Members of the Art Committee donated over \$1,000 to pay for the framing. These beautiful prints are now installed in Friends Corner, along with some favorite pieces that were already there, giving fresh interest to a frequently used room.

We appreciate very much the generosity of the community and residents in making this happen, adding to Kendal's wonderful art collection.

## It's Time for Mystery Theater! Calling all actors and actresses!

The Mystery Theater presentation of "Mardi Gras at Dupre Chateau" will take place on Sunday, March 10, at 3:00pm in Heiser Auditorium.

As before, directors Angie Church and Belinda Varner from night-shift housekeeping are looking for performers to fill the roles of **four characters** and **nine understudies**. If you are looking for fun, the greatest mystery yet, and lots of laughter, join our cast!

**Open auditions: Sat., Jan., 19, in the Green Room at 2:00pm.** Rehearsals will be Saturdays, 2:00-3:00pm.

Our Mystery Theater in March will be a masquerade party. Masks and beads will be provided – or you can bring your own! During intermission, you'll be offered snacks and drinks for a mini Mardi Gras celebration.

**Mark Sunday, March 10, on your calendar! And watch for the Mystery Theater sign-up sheet next month.**

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## Play Readers: Anton Chekhov's "The Boor" and "A Marriage Proposal"

**Fri., Jan. 18 - 1:30pm - AUD; Sat., Jan.19 - 7:15pm - AUD**

May the farce be with you! Although American audiences often fail to find the humor in such author-labeled "comedies" as "Uncle Vanya" and "The Cherry Orchard," Chekhov's farces leave no doubt that he means to leave his audience laughing. A strong egalitarian, advocating the freeing of serfs, among other things, and one of the early feminists of the era, Chekhov pokes endlessly at the Russian middle class, hoping for the amusement of all.

In these two one-act plays, Louise Shoemaker, Bill Siebensschuh, and Malcolm Peel have won the three roles in "The Boor." Margaret-Ann Ellis, Grover Zinn, and Allen Huszti will romp in "A Marriage Proposal." Maxine Houck will be directing both.

Join us for fin-de-siecle fun and feminism! Cookies and punch will be served for conversation and plaudits after the Saturday evening performance. Come hear Chekhov lampoon the bourgeoisie in Russia and in all of us. And laugh or chuckle: your choice.

Because there are no scene breaks, no playgoers will be admitted to Heiser Auditorium after the plays begin.

~Maxine Houck

### Need to Change a Date for a Scheduled Event? Or Make Some Other Correction??

Notify *The Kendalight* and WKAO so we can update your announcement on the website or elsewhere!

## Monthly Dementia-Friendly Discussion Group Thurs., Jan. 24 - 10:30am Green Room.



I appreciate friends coming to visit me in the Care Center or just passing through to say hello. But often if I'm with a care partner or family member, they will ask THEM how I am as if I weren't there. When you visit me in my room or meet me in the hall, ask ME how I am, not my care partner or family member.

**STAY CONNECTED!**

## Join *The New Yorker* Discussion Group

**Thurs., Jan. 17 - 4:00pm - Green Rm**

Do you read *The New Yorker*? A group at Kendal meets on the third Thursday of the month to discuss various topics featured in the past month's issues.

After the meeting, the discussion may continue at dinner at *The New Yorker* table in the Fox and Fell.

Contact Bob Hefner for more information and to get on the email list.

## Saturday Walks

From now through March, those desiring to walk off the Kendal campus assemble at the Heiser Reception Desk at 9:00am every Saturday.

Those present will decide whether to walk on that day (weather permitting) and car pool to the destination. The walks are usually 1-3 miles and are leisurely. Come join us! Questions? Contact Philip Pritchett.

## Meditation Group Resumes in January

Beginning in January, Judi Bachrach's mediation group will continue to meet from 4:00-5:00pm each Tuesday and Thursday in the Fitness/Relaxation Room. In addition, she is adding a Wednesday group in Whittier Lounge from 10:30-11:30am for experienced meditators, sitting together for an hour in silence.

She has been guiding meditations to cultivate deeper awareness of ourselves and the world around us. We learn different techniques to release our busy thoughts and feelings. The byproduct of stretching this under-used skill is an effective way to manage chronic pain, anxiety, and stress.

Contact Judi Bachrach if you have any questions.

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**New resident at Kendal?  
Or been here "forever"?  
Please wear your name tag!**

## Table Tennis Report

At year's end, a stream of residents, children, and grandchildren kept the scene at the alcove table lively. During the Christmas week, activity at our three auditorium tables slowed some, but the average of nine players per session kept them busy. As the year turns, we expect the flow to quicken. If you've been an onlooker to date, now's the time to plunge in. ~*Sidney Rosenfeld*

## UU Kendal Gathering

**"The Crisis for  
Guatemalan Immigrants"  
Wed., Jan. 16 - 4:00pm - AUD**

Guatemalans are risking everything to immigrate to the U.S. Why are they committing themselves to such an uncertain and dangerous journey? What role has the U.S. played in creating a government in Guatemala that does not invest in its poorest people? John Gates, chair of the Santa Elena Project of Accompaniment (SEPA), and Bill Fuchsman, SEPA treasurer, will discuss how the dearth of opportunity in Guatemala results in poor people feeling they have no other choice but to come to the U.S. **All are welcome.**

## Social Services

**Lunch with the Kims  
Tues., Jan. 15 - 12:00pm - Den**

Join Kim Preston and Kim Peters to explore topics of interest to us all. Bring your lunch or purchase it at Langston. **All are welcome.**

## RELIGIOUS SERVICES AT KENDAL

**Episcopal Service** Holy Communion  
Sat., Jan. 12, 11:00am, Gathering Rm.  
Father Brian Wilbert

## Scripture Contemplation

Sun., Jan. 6 and Jan. 20, 3:00pm, Whittier Lounge

## Society of Friends

Sundays, 10:30am, Education Center



## Bridge Results

**Dec. 3:** 1st, Connie Bimber; 2nd, Beverly Fordyce

**Dec. 10:** 1st, Jan Van Doren; 2nd, Tomo Ijiri; 3rd, Eileen Dettman

**Dec. 17:** 1st, Rachel Fordyce; 2nd, Connie Bimber

## Kendal United Fellowship Sat., Jan. 12 - AUD

**9:30am - Food and fellowship**

**10:15am - Dale Preston**

The Big Picture at First Church:

where have we been, where are we going, how are we going to get there?

**All are welcome.**

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## Did You Know?

**You can call 775-9868 to hear  
announcements and menus of  
the day.**

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## *The* Kendalight

Monthly newsletter of the  
Kendal at Oberlin Residents Association,  
600 Kendal Dr., Oberlin, OH 44074

Consulting Editor: Robert Baldwin

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Sally Nelson-Olin, Gary Olin

Production: Don VanDyke

- Deadline for the February 2019 issue of *The Kendalight* is January 15.
- Editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: [kite600@yahoo.com](mailto:kite600@yahoo.com)
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



## Dining and Nutrition Services

### Intergenerational Gathering

**Wed., Jan. 30, 3:00pm, Langston**

Bring your crazy hats for the annual Mad Hatter's Tea Party and let's have some fun. ~Lisa Wilken, Langston Mgr.

### Solo Diners Cancelled in January

Join us again on Thurs., Feb. 14, 5:30pm, in the Den. We meet on the 2nd Thursday of the month.

### Dining Notes From Ann Pilisy:

Remember we live in a community. In consideration of others, please practice good habits.

**A few reminders** (shared with me by Kendal residents):

- Be aware of the door/entry into the kitchen in Fox & Fell, near the dessert

buffet. Allow some space for staff to access this door, coming into the dining room and going back into the kitchen. If a resident has left needed space in the line, please do not cut in front of this considerate person.

- Avoid congregating in the doorway of Fox & Fell. This is a busy area for all to enter and exit the dining room. Space is needed for all our residents as well as wheelchairs and rollators.
- Always use utensils to take any food from the buffet tables, including cookies and the bread baskets.
- The Langston and the Fox & Fell each have five courtesy rollators for community use at meals. Please cooperate with staff when they need to take a trayed rollator for others to use.

### Food Composting Trial Still Underway

The Environmental Concerns Committee has purchased 1,400 more green compostable bags, thanks to the support the residents have given the two-month trial. For the foreseeable future, please continue to bring your green compostable bag filled with home **food waste only** to Langston and put it on a tray on the conveyor belt. Congratulations on keeping excess garbage out of the landfill by recycling compostable material.

~Dina Schoonmaker,  
Environmental Concerns Committee

### Focus Groups About Dining End This Month

The Focus on Dining Groups will be wrapping up in January. You may wish to attend one of these last sessions:

January 8, 2:30pm  
January 10, 10:00am  
January 14, 2:30pm  
January 17, 10:00am  
January 23, 2:30pm  
January 30, 10:00am

We have completed ten groups, and appreciate the opportunity to learn your thoughts and discuss these proposals as we ponder the possibilities!

~Greg Zebe, Dining Services Director

### Weather Emergency Meal Delivery

If potentially extreme weather such as actual or wind chill temperatures in the low to mid-teens, heavy snow, or icy conditions is predicted over the dinner hour, Kendal Administration may declare an extreme weather situation.

In that case, cottage residents have the option to order a boxed dinner which will be delivered to their home. Before 2:00pm, WKAO will broadcast an announcement and two options for your meal. Please call the Dining Room/Catering Manager's office at 775-9801 between 2:00pm and 4:30pm to place your meal order. Delivery will be between 5:15pm and 6:00pm. Please note that you will likely need to reheat your meal.

~Greg Zebe, Dining Services Director

## Meet, Greet, and Eat Returns on Mon., Jan. 28!

Meet, Greet and Eat gives Kendal residents an opportunity to share a meal with other residents with whom they don't usually eat. Sign up in advance, come to the Heiser Lounge at 5:30pm (wearing your name tag), and draw a number which will correspond to your table in the Fox and Fell or William Penn Room. Sign-up sheets will be posted below the open mailboxes on Mon., Jan. 21; deadline for signing is noon, Sat., Jan. 26. Usual dining options are available in Langston and Fox and Fell. ~Sheila Eckstein, Sharon Furrow, Kay Rider, Priscilla Steinberg

## Recycling Update

Lori Sprosty, Recycling Coordinator for the city of Oberlin, has updated recycling instructions for Kendal's Environmental Concerns Committee.

### Do Recycle (items must be empty, clean, and dry):

**Paper** - ALL, including mail.

**Plastic** - Water bottles, soda bottles, shampoo bottles, especially those with necks; milk jugs, detergent containers. Disregard recycling numerals 1-7.

**Cardboard** - Flattened, liners removed. Place behind paper receptacle.

**Metal** - Aluminum and food cans.

**Glass** - Bottles, jars.

**Cartons** - Milk and juice.

### Do Not Recycle:

**Tubs, cups, and lids** (yogurt, cottage cheese containers, etc.), regardless of recycling number.

**Hinged (foldable) plastic containers**, regardless of recycling number.

If item is not on the above list, place it in TRASH. ALL food items go into green biodegradable bags (near napkin return), then onto the Langston conveyor belt for COMPOSTING.

For more information, contact: [recycle@cityofoberlin.com](mailto:recycle@cityofoberlin.com) or call Lori at 440-935-0096. Or call Jerry Berner.



SUN	MON	TUE	WED	THU	FRI	SAT
<b>January 2019</b>  CCR = Crossroads Room GaRm = Gathering Room HL = Heiser Lounge WCH = Warner Concert Hall WHT = Whittier Lounge Bold = at Kendal tx = Tickets needed = Kendal Bus		<b>1</b>  Chamber Music Fun 3:00pm HL	<b>2</b>  	<b>3</b>  Tea Party Celebrating New Women in US House 4:00pm AUD  No Health Lecture	<b>4</b>  No News & Views  Bonus Song Swap with Loren Gerlach 6:15pm HL	<b>5</b>  Walk in Park 9:00am Heiser  Film: Chisholm '72 7:15pm AUD
<b>6</b> Quaker Worship 10:30am Ed Ctr  Scripture Contemplation 3:00pm WHT  Film: RBG 7:00pm Jameson  <u>English Country            Dancing, every Sun-            day, 7:15pm AUD</u>	<b>7</b> <u>Bible Study every            Mon., 10:00am            Crossroads</u>  Bridge 6:30pm Green Rm.	<b>8</b> Big Bus Trip: Cleve. Mus. of Art 9:15am-3:00pm (Must have pur- chased ticket)  Coffee Hour with Barbara Thomas 9:30am Langston  No Tuesday Tea at AMAM	<b>9</b>  LUNCH BUNCH: Black River, Oberlin 11:30am-2:00pm   Song Swap with Judy Cook 7:00pm AUD	<b>10</b>  Low-Vision Group 4:00pm Green Rm  Community Conversations "KatO and OC" Nancy Cooper 7:15pm AUD	<b>11</b>  Art Reception: Louise Luckenbill 4:30pm HL	<b>12</b> Walk in Park 9:00am Heiser  Kendal United Fellowship 9:30am AUD  Episcopal Serv. 11:00am GaRm  Met Opera HD "Adriana LeCouvreur" (Cilea) (tx) 12:55pm Apollo
<b>13</b> Quaker Worship 10:30am Ed Ctr  Film: The Phila- delphia Story 7:00pm Jameson	<b>14</b> Suggestions & Concerns 2:00pm CCR  Bridge 6:30pm Green Rm.  Sonny Rollins Jazz Ensemble 7:30pm Clonick Hall in Kohl	<b>15</b> Grief Support Group 10:30am to Noon WHT  Lunch with the Kims Noon Den  OHC: Music of the American Civil War 7:15pm AUD	<b>16</b> Art Reception: Deborah Campana 2:30pm Friends Cor- ner Dining Room  Unitarian Univ. "The Crisis for Guatemalan Immigrants" 4:00pm AUD  René Schiffer, Cello 7:15pm AUD  Oberlin Orchestra & College Choir 7:30pm Finney	<b>17</b> KORA Council 10:00am AUD  3rd Thursday Lecture "A Life in Chamber Music" 7:15pm AUD	<b>18</b> Play Readers: 2 Anton Chekhov Plays 1:30pm AUD  Art Reception: Adele Marihatt 4:30pm HL  Remembering Len Garver: Rod Knight runs Len's trolley 5:00pm HL	<b>19</b> Walk in Park 9:00am Heiser  Play Readers: 2 Anton Chekhov Plays 7:15pm AUD
<b>20</b> Quaker Worship 10:30am Ed Ctr  Scripture Contemplation 3:00pm WHT  Film: Selma 7:00pm Jameson	<b>21</b>  Bridge Rm. 6:30pm Green Rm.	<b>22</b>  Afternoon Exchange Barbara Thomas 4:00pm AUD	<b>23</b>  Song Swap with Judy Cook 7:00pm AUD	<b>24</b>  Dementia-Friendly Group 10:30am Green Rm  Roman Rudnytsky, Piano 7:15pm AUD	<b>25</b>  Burns Dinner 5:00pm Music HL 5:30pm Address to Haggis HL 6:00pm Dinner F&F  Arnie Tanimoto & Eric Tinkerhess, Viola da Gambas 7:30pm Kulas	<b>26</b> Walk in Park 9:00am Heiser  Film: Machuca 7:15pm AUD
<b>27</b> Quaker Worship 10:30am Ed Ctr  Film: The Producers 7:00pm Jameson	<b>28</b> Meet, Greet, and Eat (sign up) 5:30pm Fox & Fell  Bridge 6:30pm Green Rm.	<b>29</b>  	<b>30</b> Mad Hatter's Tea Party 3:00pm Langston	<b>31</b>  KORA Opportunity Fair 11:00am-3:00pm Heiser  Writers Bloc Reading 7:15 AUD	<b>2019 monthly            planning guides            are in the Cardinal            Shop now. Stop by            and take a look!</b>	