

New Year's Day

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



BEGINNING
CALENDAR
CELEBRATION
CONFETTI
FIRST
FOOTBALL

FUN
JANUARY
MIDNIGHT
NEW
NOISEMAKERS
PARADE

PARTY
REFLECTION
RESOLUTIONS
ROSES
TIME
TRADITION

If you have any questions or comments, feel free to contact the Wellness & Lifestyles Department at any time.

Wellness & Lifestyles Director:

Rick Minichino

Assistant Wellness Director:

Nicole Barreto

Wellness Assistant:

Ryan Gill

561-514-5114



La Posada



January 2019



The Art of Living Well®



Legend of Rooms:

Main Clubhouse:

MIL: Meet in Lobby
LSG: La Sala Grande
LCR: Large Card Room
SCR: Small Card Room
CR: Craft Room
BC: BARcelona Lounge
AS: Aerobics Studio
TER: Waterfront Dining Room Terrace

Mallorca:

MMR: Mallorca Multipurpose Room (First Floor)
MCR: Mallorca Card Room (First Floor)
MFC: Mallorca Fitness Center (Second Floor)
PT: Palma Terrace

3400 Masterpiece Way · Palm Beach Gardens, FL 33410 · 561.514.5114

January Birthdays

Birthday Luncheon:
Wednesday, January 23rd at 12:30PM in the
Waterfront Dining Room

Isabelle Gold	1/1	Florence Kaslow	1/6
Doris Sloan	1/1	Herbert Berger	1/16
Tom Cray	1/2	George Hirschtritt	1/20
Naomi Rothstein	1/2	Richard Dickhaus	1/21
Ada Hyams	1/3	Marilyn Gordon	1/21
Rocco Micelotta	1/3	Joanne Russell	1/26
Barbara Markert	1/4	Saras Chadaga	1/28
Gerry Gelley	1/4	Sonia Berke	1/30
Annette Colvin	1/5	Jane Iacopucci	1/30
Eleanor Arena	1/5		

Wednesday, January 2nd

Night at the Movies

What: “The Guernsey Literary & Potato Peel Society”

When: Wednesday, January 2nd at 7:30PM

Where: La Sala Grande

Run Time: 2 Hrs 4 Min Rated: PG

Summary: In the aftermath of World War II, a writer forms an unexpected bond with the residents of Guernsey Island when she decides to write a book about their experiences during the war.



Monday, January 28th

Please Sign Up

What: Adults at Leisure Series at Kravis:
“Neil Berg’s 109 Years of Broadway”

When: Monday, January 28th at 1:15PM

Where: Meet in Lobby

Summary: Featuring stars from Broadway blockbusters such as *Phantom of the Opera*, *CATS* and *Wicked*, composer Neil Berg’s talent-packed tribute serves up the best of the Great White Way in world-class style. Known for Off Broadway’s *The Prince and the Pauper* and the rock musical *The 12*, Berg backs the sizzling vocalists with a



Tuesday, January 29th

Please Sign Up

What: Trip Out: Lighthouse Art Center & Lunch

When: Tuesday, January 29th at 10:00AM

Where: Meet in Lobby

Summary: The Lighthouse Art Center Gallery & School of Art is a not-for-profit art center dedicated to the visual arts whose mission is to inspire, engage and connect our community through a vibrant school of art, unique exhibitions and diverse special events.

Please remember to bring money for admission for the Art Center (\$5.00) and for lunch at U-Tiki Beach



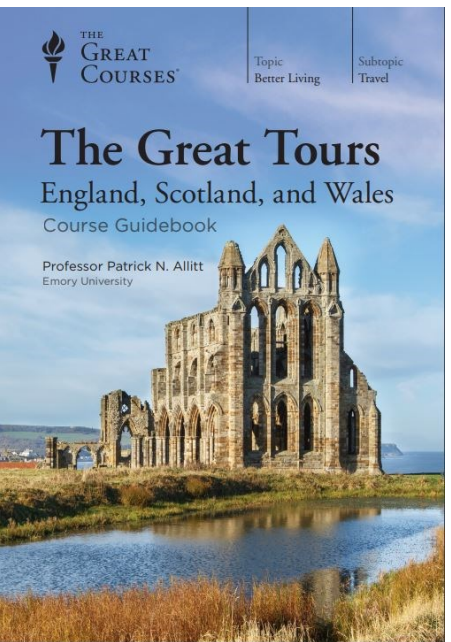
Thursdays in January

What: The Great Tours: England, Scotland and Wales

When: Thursdays in January (Beginning 1/3/19) at 1:00PM

Where: Mallorca Multipurpose Room

Summary: This course is an introduction to England, Scotland, and Wales, aimed at both visitors from abroad and armchair travelers. It describes and illustrates the places and areas most deserving of visitors’ attention, giving details of their history and anecdotes about the famous personalities associated with them. We begin with a set of historical lectures, introducing audiences to prehistoric, Roman, Anglo-Saxon, medieval, early modern, and modern Britain. Next comes a series of lectures on regions: two on Scotland, two on Wales, and one each on the English north, the Midlands, East Anglia, and the West Country. Two lectures are devoted to London, one to Oxford and Cambridge, and one to the Houses of Parliament and Buckingham Palace. A third group is dedicated to particular interests: four on literary Britain, and one each devoted to painting, seafaring, gardens, hiking, sports, and war memorials.



Wednesday, January 30th

What: “The King and I” in HD (2018 Version)

When: Wednesday, January 30th at 1:00PM

Where: Mallorca Multipurpose Room

Summary: In this film adaptation of the Rodgers & Hammerstein musical, widowed Welsh mother Anna becomes a governess and English tutor to the wives and many children of the stubborn King Mongkut of Siam . Anna and the king have a clash of personalities as she works to teach the royal family about the English language, customs and etiquette, and rushes to prepare a party for a group of European diplomats who must change their opinions about the king.



Wednesday, January 30th

Night at Movies

What: “Like Father”

When: Wednesday, January 30th at 7:30PM

Where: La Sala Grande

Run Time: 1 Hr 38 Mins Rated: PG-13

Summary: After she's left at the altar, a workaholic advertising executive ends up on her Caribbean honeymoon cruise with her estranged father.



Wednesday, January 23rd

Night at Movies

What: “Quincy”

When: Wednesday, January 23rd at 7:30PM

Where: Mallorca Multipurpose Room

Run Time: 2Hrs 4 Mins **Rated:** PG

Summary: An intimate look into the life of icon Quincy Jones. A unique force in music and popular culture for 70 years, Jones has transcended racial and cultural boundaries; his story is inextricably woven into the fabric of America.



Saturday, January 26th

What: Cirque Du Soleil: Kooza in HD

When: Saturday, January 26th at 1:00PM

Where: BARcelona

Summary: “Kooza” tells the story of The Innocent, a melancholy loner in search of his place in the world. This show is a return to the origins of *Cirque du Soleil*: It combines two circus traditions - acrobatic performance and the art of clowning. The show highlights the physical demands of human performance in all its splendor and fragility, presented in a colorful mélange that emphasizes bold slapstick humor.



Friday, January 4th

What: Vizcaya: Documentary & Trip Planning

When: Friday, January 4th at 1:00PM

Where: La Sala Grande

Summary: We will begin with a one-hour documentary, originally aired on PBS in 2009, that details the incredible vision of James Deering in constructing Vizcaya and the astounding confluence of talent that made it possible – and that made it unique in its time as well as today. Deering, vice president of the International Harvester Company, which produced agricultural equipment for a worldwide market, envisioned Vizcaya as his winter estate. He lived at Vizcaya from 1916 until his death in 1925. It took almost 10 years to construct Vizcaya – the architecture, gardens and fountains, to acquire the art and to hire artisans to create the masterpiece we now know today. Vizcaya details not just the marvel of its creation, but also that it continues to stand. Massive hurricanes, that of 1926 and 1992’s Hurricane Andrew were but two of the destructive storms to severely damage the museum – and yet it endured through the years. After the film we will discuss the logistics of a group tour to be planned in the future.



Monday, January 28th

What: Christine Ebersole: “After the Ball” at Eissey Campus Theater

When: Monday, January 28th at 7:30PM

Where: Meet in Lobby

Summary: Christine Ebersole has captivated audiences throughout her performing career, from the Broadway stage to television series and specials, films, concert appearances, and recordings. Ms. Ebersole has received virtually every Off-Broadway award and her second Tony Award for Leading Actress in a Musical for her “dual role of a lifetime” as Edith Beale and Little Edie Beale in *Grey Gardens*. In addition to Broadway, film and TV, Ms. Ebersole has appeared in numerous halls throughout the country, including Carnegie Hall, Boston’s Symphony Hall and Tanglewood, and the Kennedy Center.



Tickets are \$40 and can be purchased at the Eissey Campus Theater Box Office at 561-207-5900. It is recommended that residents purchase their own tickets ASAP as the show will sell out. Please see Rick if you need assistance purchasing tickets.

Sunday, January 6th

Please Sign Up

What: National Symphony Orchestra of Romania at the Kravis Center

When: Sunday, January 6th at 1:15PM

Where: Meet in Lobby

Summary: Acclaimed as one of the world’s top youth ensembles, the National Symphony Orchestra of Romania has made a name for itself in recent years as Romania’s best and brightest orchestra. Touring regularly at leading venues throughout Europe, it has earned a reputation for delivering performances at the highest level characterized by virtuosity, abandon, joy and drama.



Monday, January 7th

What: BBC Documentary Series: Human Planet

When: Mondays in January at 3:00PM

Where: Mallorca Multipurpose Room

Summary: Human Planet, a cinematic experience, bringing you the most amazing human stories in the world today. Humans and wildlife surviving in the most extreme environments on Earth.



Tuesday, January 8th

What: Memory Training Centers of America

When: Tuesday, January 8th at 11:00AM

Where: La Sala Grande

Summary:

Since 2001, Memory Training Centers of America (MTCA) has provided cognitive evaluation and treatment services to individuals suffering from memory loss, as well as those who wish to prevent memory impairment. Their clinical and preventive programs have served thousands of individuals living in over 150 Senior Living Communities throughout the United States.

Meet director Liz Bicknell and learn more about what services can benefit you.



Wednesday, January 9th

Please Sign Up

What: Kravis on Broadway: "On Your Feet!"

When: Wednesday, January 9th at 1:15PM

Where: Meet in Lobby

Summary: "On Your Feet!" is the inspiring true story about heart, heritage and two people who believed in their talent, and each other, to become an international sensation: Gloria and Emilio Estefan.

Please see Rick if you help purchasing tickets.



Saturday, January 19th

Please Sign Up

What: Trip Out: The Benjamin School: The 23rd Annual Variety Show

When: Saturday, January 19th at 1:00PM

Where: Meet in Lobby

Summary: The annual Variety Show staged in Benjamin Hall is an extraordinary performing arts revue featuring Benjamin School students, parents, faculty and staff, as well as alumni guest appearances, in a culminating extravaganza of talent on parade - from dance and musical performances to choreography and set design.

Tickets are \$10 and will be charged to your account once you sign up.

The 23rd Annual Benjamin School Variety Show
Proudly Presents



Wednesday, January 9th

Night at Movies

What: "Crazy Rich Asians"

When: Wednesday, January 9th at 7:30PM

Where: La Sala Grande

Run Time: 2 Hrs **Rated:** PG -13

Summary: This contemporary romantic comedy, based on a global bestseller, follows native New Yorker Rachel Chu to Singapore to meet her boyfriend's family.



Friday, January 11th

What: Ashley Cooper After Dinner Show

When: Friday, January 11th at 7:00PM

Where: La Sala Grande

Summary: Raised in a household with his grandfather, he taught himself to sing & dance by indulging in his grandfather's favorite music and movies. Now, at the age of 35 and with over 1800 shows under his belt, he has made quite a name for himself, channeling some of the greatest entertainers.



Sunday, January 20th

Please Sign Up

What: Theater Trips out on Sunday, January 20th: Kravis, Maltz and St. Patrick Church

When: Sunday January 20th (Times Noted Below)

Where: Meet in Lobby

Summary: There are 3 trips out to today that are either part of a season subscription or a limited engagement. The Miami City Ballet is performing "Dances at the Gathering" at The Kravis Center. "Mamma Mia" is playing at the Maltz Theatre, St. Patrick Church has a piano concert with a free-will offering. Residents who purchased tickets to Kravis or Maltz can choose to go to either. However, if you accidentally purchased tickets to both already, we will be making the bus available to Maltz again on Wednesday, January 30th. Residents will have to call the Maltz box office at 561-575-2233 to change their ticket to the 30th if they choose to do so. Please see Rick if you have any questions or need help with tickets.



Miami City Ballet at Kravis: Bus Departs 12:15PM
Maltz Theatre: Bus Departs 1:15PM
St. Patrick Church: Bus Departs 2:00PM



Wednesday, January 16th

Please Sign Up

What: Atlantic Classical Orchestra:
Masterworks 1: Romance & Revolution
When: Wednesday, January 16th at 7:00PM
Where: Meet in Lobby
Summary: The ACO celebrates the opening of its 29th season with three masterpieces: From Grieg's virtuoso Piano Concerto brought to life by Philippe Bianconi; to Beethoven's seminal 3rd Symphony filled with the values and fervency that fueled the French Revolution, and Paterson's gentle 21st Century portrait of Vermont's Green Mountains.

Tickets are \$30-\$60 and can be purchased on their website at www.atlanticclassicalorchestra.com. Please see Rick if you need help purchasing tickets

Wednesday, January 16th

Night at Movies

What: "Wild Oats"
When: Wednesday, January 16th at 7:30PM
Where: Mallorca Multipurpose Room
Run Time: 1 Hr 26 Mins **Rated:** PG-13
Summary: Everything changes for Eva when she receives a life insurance check accidentally made out for \$5 million instead of the expected \$50 thousand. She and her best friend take the money and head out for the adventure of a lifetime.



Friday, January 18th

Please Sign Up

What: Trip Out: Art Palm Beach
When: Friday, January 18th at 1:00PM
Where: Meet in Lobby
Summary: Art Palm Beach will welcome back to the Convention Center many returning exhibitors as well as introduce newcomers to the Palm Beach art scene. An estimated seventy international galleries present works of all forms of contemporary art. Be a part of art... Art Palm Beach!

Tickets are \$15.00 per person and will be charged to your account once you sign up.



Friday, January 18th

What: David Pedraza After Dinner Show
When: Friday, January 18th at 7:00PM
Where: BARcelona
Summary: One of our favorites, David Pedraza, will be performing an after dinner show of violin and viola. Pedraza, a native of Mexico, has a Professional Performance Certificate from Lynn University Conservatory of Music and recently finished his Masters of Music there.



Saturday, January 12th

Please Sign Up

What: Trip Out: Grandview Public Market
When: Saturday, January 12th at 11:00AM
Where: Meet in Lobby
Summary: We are thrilled to announce a new weekly Farmer's Market, proudly sponsored by Farriss Farm. The Farmer's Market will be open every Saturday from 9AM to 2PM and feature certified organic fruits, vegetables, herbs, flowers, meats, eggs, and baked goods from small regional farmers and craftsmen.



Monday, January 14th

Please Sign Up

What: Dinner Out: Seasons 52
When: Monday, January 14th at 5:00PM
Where: Meet in Lobby
Summary: Seasons 52 is on a mission—a mission to provide a better way to eat, that starts with food that is full-flavored and satisfies your cravings.



Tuesday, January 15th

Please Sign Up

What: Trip Out: The Elliott Museum and Lunch at Baha Grille
When: Tuesday, January 15th at 10:00AM
Where: Meet in Lobby
Summary: The Elliott Museum enriches the community through its wide variety of exhibits, collections, classes, and lectures, all designed to serve the interests of the people who live in and visit the Treasure Coast. You will enjoy our significant collection of classic cars, trucks, bicycles, and boats; baseball memorabilia; local history; Americana; a variety of art; a tribute to actress Frances Langford; and even a Foucault Pendulum.

Ticket Prices are \$14.00 per person. Remember to bring money for lunch.



