



MONARCH LANDING



Branching Out

MAY 2018
ISSUE 17



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THE STORY OF THE STORYTELLER

Some people collect stamps, thimbles or salt and pepper shakers. Kate Clarke, a resident of Monarch Landing collects stories...her own and those of other people, and then generously shares them.

Kate has countless memories, and achievements of her own to tell. A native of South Africa, Kate worked there as a high school English teacher until 1969 when she, her husband and their three school-aged children moved to the U.S. Here, she earned her master's and then her PhD in social work, and continued to work in the school setting. An avid traveler, Kate has visited fabulous destinations including Russia, Turkey, Greece, Sweden, Scotland, England, Costa Rica and more. "I generally go overseas once each year, and travel in the U.S. once each year," she said.

Since moving to Monarch Landing almost seven years ago, Kate has been privy to the stories of her neighbors, as the columnist for the resident monthly newsletter. Life at the Landing features the story of one resident or couple living at Monarch Landing. Estimating that she's written about 30-40 residents/couples, Kate said she's never heard a story that hasn't drawn her in. "It's just so fascinating! The people here are so diverse and come here from so many different backgrounds. I have yet to interview anyone who is not amazingly fascinating. We have a retired FBI agent, pastors, CEOs, nurses, teachers...and everyone is so enthusiastic about their careers. And the residents who live here have traveled and come from all parts of the world. There are quite a few immigrants like myself. You find kindred spirits here."

Kate loves her role as the official storyteller. "I get to know the residents better. It's fascinating to hear about what people have done. It's very inspiring and expands my own horizons. And when they talk about struggles or challenges, I really admire their tenacity and emotional strength. I have never sat and talked with someone and felt bored," she said. "I've made close friends through the stories I've written. As we live together in the community, we learn from one another and grow!"

MARK'S LETTER

I have received questions recently from some residents related to where they can get information presented at the All Residents Meetings (ARM). First, I remind them that the meeting is the 2nd Wednesday of the month, and I encourage them to attend...due to my charming personality, if for nothing else.

The ARM meeting information is accessible to everyone. Anyone can:

- Watch recordings that are aired on MLTV
- Borrow a DVD from the Creative Arts Studio
- Look at the presentation on Odyssey

Farewell Henry.....Welcome Don

I'm sure everyone has heard Chef Henry is leaving Monarch Landing after many years of being here. Henry will be enjoying a warmer climate. I am sad to see Henry go, but happy for him to begin the next phase of his personal and professional life.

I'm sure you have seen Don Zajac roaming the dining room. Don comes to Monarch Landing with many years of experience that includes Cress Creek Country Club. Chef Don presented a 4-course tasting to some residents and staff as part of his interview process. The attendees gave Chef Don a hearty thumbs-up on quality, knowledge, and presentation. Please welcome Chef Don to Monarch Landing when you see him.



MARK TRNKA
EXECUTIVE DIRECTOR

LYFT

Monarch Landing has partnered with LYFT to offer our residents yet another transportation option. With this partnership, you do not need to have a Smart Phone and you do not have to use your credit card for payment. All rides are set -up through our Concierge and you will be billed for your ride on your Monarch Landing invoice. It couldn't be easier!

LYFT can be used for local rides, rides to and from the airport, and even rides to downtown Chicago. Your LYFT driver has been back-ground checked by the LYFT company and they carry insurance on each driver. Cost for the rides will depend on the type of vehicle chosen (you get to pick whether you want a regular car, a van or SUV, or even something luxurious) the distance of the ride, but the total cost for the ride will not be known until we actually go through the booking process.

Monarch Landing is excited to offer you this new transportation option: Monarch Landing drivers, American Taxi, PACE and Ride Assist Naperville. You choose what works best for you!

If you are interested in using LYFT for your next ride, please see the Concierge.

COMMUNITY LIFE NEWS

Resident Advisory Council (RAC)

The Resident Advisory Council has been kept up to date on the orientation program for new residents. As a tremendous wealth of information is offered when one moves in, it was decided to have four one-hour sessions over four weeks. Each of the sessions will have different personnel from Monarch Landing departments who meet with new residents, explaining the responsibilities and functions of those departments. There is plenty of opportunity for questions and concerns to be addressed, as well as feedback on the residents' adjustment to their new and different lifestyle.



JEAN CURTIS
RAC CHAIR

Northwestern Medicine has invited Monarch Landing to submit plans to develop a partnership with The Springs in the skilled nursing and rehab areas. The application is due at the end of July, and selections will be made in August. This will not affect the ongoing relationship with Edward Hospital in Naperville, which already partners with The Springs for that purpose.

The search for our new Chef is nearing its conclusion. The new Dining Room Manager position is also to be filled soon. Look for those announcements to be made shortly.

Finance Committee (FC)

The My Monarch Idea (MMI) 1st quarter report is available in the information center. Your ideas are great. Please keep submitting them on the forms located in the information center.



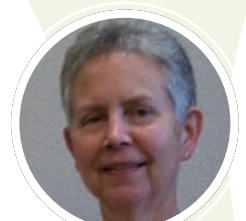
BOB RICKERT
FC CO-CHAIR

As a reminder, the procedure for processing the My Monarch Ideas is:

- The new MMI is assigned to the general services, dining, sales & marketing or community life committee. A few ideas are submitted directly to management.
- The committee chairs present the MMI's to their groups for their review and recommendations.
- Each Quarter the committee chair person submits their proposal for review by the staff.
- Staff makes the final decision and assigns execution responsibility for implementing approved ideas.
- The finance committee issues updates which are posted in the Arts studio and on Odyssey.

The Springs Committee (FC)

The Springs Committee is in the process of interviewing the managers of the Health Center. This will help us learn more about their jobs and practical information about how each part relates to the whole.



ANNETTE GABLIN
SRC CHAIR

LIFE AT THE LANDING

Mary Hafertepe (Part 2)

by resident Kate Clarke

After 7 years of teaching English and Drama, Mary became the Primary Director of Drama and Musicals at West Chicago High School. She loved collaborating with the Music Department when directing musicals. She also began to collaborate with local elementary schools involving younger children attending these schools. She found and performed plays casting younger kids, who played munchkins, town children, etc. in plays such as *The Wizard of Oz*, *The Music Man*, *Joseph and the Technicolor Dreamcoat*, and *The Sound of Music*. This developed in young children a love of theater, and some stayed on until high school.

Mary's job afforded her the chance to travel overseas, escorting a group of students to Wales on a student exchange program. They stayed a month during the summer with Welsh families and had the opportunity of attending Welsh schools and seeing the country on field trips. Travel was to become a much-treasured part of Mary's life and education.

Determined and eager to keep learning, Mary spent several summers attending summer school at North Eastern University in Boston, MA. The courses were held on Martha's Vineyard. The university hired teachers from all over the country to teach summer school there. Mary very much enjoyed this mode of summer learning, which culminated in her achieving her Master's degree in Writing and Teaching of Writing. She graduated in 1996. She had now finally finished what she started years back at the University of Minnesota. Mary says she cared much more about the learning than achieving the degree.



Mary's own writing took the form of producing examples of different types of writing for students to model, such as extended definition, opinion essays, personal portraits, etc. She also wrote bios for students and fellow teachers who were to receive awards. During the 28 years Mary spent at West Chicago High School, she directed or assisted a

director with 56 plays and musicals. She touched the lives of many, many students. She retired in 2010.

Retirement, as most of us discover, does not herald in the end of learning. Rather, it offers great opportunities for broadening the mind. World travel is one of them. Mary had done a fair amount of traveling before retiring – to Italy, Switzerland, Scotland, France, to mention but a few. After retirement she cruised on the Danube, Rhine, and Mosel rivers. She could now actually experience that which, before, she had only read about. In Turkey she followed in the footsteps of St. Paul, visited the Parthenon on the Acropolis in Athens, and attended a performance of the Passion Play at Oberammergau. She experienced St. Petersburg during the white nights. She also visited the island of Hong Kong. Hailing from the Twin Cities in Minnesota, she felt ancient connections and close to home in the Scandinavian countries.

She is now eager to explore what Monarch Landing has to offer. An avid reader, she is looking forward to the Book Club and is very interested in the play reading group. Mary is looking forward to playing Bridge. She appreciates the opportunity for exercise offered here, especially in a warm pool. I predict that Mary will find the retirement life here both stimulating and rewarding.

NATIONAL OCCUPATIONAL THERAPY MONTH AT THE THE SPRINGS AT MONARCH LANDING

A team of 12 professionals is responsible for getting guests of The Springs Health and Rehab Center of Monarch Landing, back on their feet, pursuing their interests and hobbies, returning to their homes, and/or achieving the highest degree of independence possible! "We have physical and occupational therapists, as well as personal therapy assistants and certified occupational therapy assistants, all working together to promote the

optimal independence of our guests," said Natalia McIlveen PT/DPT, therapy program manager at The Springs.

April was National Occupational Therapy Month, and the team got together to pose for some fun photos. "We have a really great team and I'm so proud of their dedication to the guests!" Natalia said.



EVENT PHOTOS



CAUTIONARY CUES

FLIGHT OF THE PHOENIX?

by Gideon Haynes

I wanted to take a moment to update everyone on two fronts, both of which are safety related: Pigeons and Fire Systems! While some of us might set our feathered friends a blaze we are taking different steps to move them on from the Maple Crossing Courtyard. If you are not aware we have had an ever-growing flock of pigeons for about a year, mainly making their presence known on the North side of campus. Pigeons are not just a nuisance, but also a safety concern based on the mess they leave behind along with being known carriers of disease such as e. coli, salmonella, and listeria. Monarch Landing is partnering with ABC Wildlife to deter the pigeons but need your help. Please refrain from feeding the birds, especially from the ground within the Maple Crossing courtyard. We do have areas throughout the campus where residents do in fact feed birds using finch and songbird style feeders. These activities can certainly continue. I will update everyone throughout the year on our progress.



As all are aware we had Fox Valley Fire and Safety inspect all of our dry pipe fire systems after continued failures in Maple Crossing. I am happy to report that the clubhouse, Birch Terrace and Cottonwood Court all had the correct schedule 10 main line piping installed (opposed to schedule 7 which was installed but has since been replaced in Maple Crossing). To ensure all systems remain in good working order with no disruptions moving forward, Monarch Landing will be hiring a third party engineering firm to inspect our dry pipe systems. The process of bringing a third party engineer firm in is to provide quality assurance to the work being done by Fox Valley and ensure no steps are missed in maintaining our systems. I expect all work and inspections related to the fire systems to be completed in the month of May.

In the mean time, if you have questions related to pigeons, fires, or both, please feel free to reach out to me or anyone else within General Services.

ON THE FLY

Employee Recognition

RYAN TESNOW (PREP COOK)

Ryan's efforts are often behind the scenes and unnoticed by many, but he is an exemplary employee, a joy to work with, and an all-around shining light at The Springs. He embodies the hospitality promises to anticipate needs and pay attention to detail. I have had multiple co-workers report "it is ok, Ryan is working with me today," and "I don't have to worry ever when Ryan is here." Ryan takes notice of the preferences and patterns of every floor and will set up his day to ensure that he meets those needs. He acts to be "survey ready" at all times and initiates cleaning protocol with such detail. He is gracious and understanding of the needs of those around him. The Springs is a better place with Ryan!



HIGHLIGHTS IN THE MAY 2018 ACTIVITIES CALENDAR

by Sherry DeFillippo, Lifestyle Manager

There's so much happening this month . . . be sure to pick up an activities calendar and read your "Note from Sherry" every week!! Check your activities calendar for times and locations.

As usual, please watch your "Note from Sherry" and MLTV-950 for updates, cancellations, and additions to this calendar.

May 3 – National Day of Prayer Program at 1:00 p.m.

May 5 – \$6 Jewelry Guy jewelry show and sale. Get those graduation and summer birthday gifts here!!

May 7 – DreamyNite Linen Sale. The best sheets you will EVER sleep on!

May 9 – Speaker John Lynn will talk about, "Main St., Illinois." John has ridden his bicycle across the United States and Europe. This time John gives us a tour of the charms and personalities of our Illinois towns that he has photographed over 30 years.

May 9 – Democratic candidate for State Representative, Val Montgomery.

May 10 – Speaker Matt Pozen will present part 2 of a program he began in April. The title is, "World Religions - Perspectives in Suffering."

May 16 – Historian Jim Gibbons is back to continue his "Decades Series," with his focus on the 1940's.

May 16 – Speaker Todd Fink will present, "Bouncing Back – New Perspectives on Resilience."

May 18 – Democratic Candidate for State Senate, Laura Ellman, will visit.

May 21 – Garden Tea Party! Ticketed event.

May 21 – Glen Ellyn-Wheaton Chorale will present a musical program titled, "Love is in the Air!"

May 23 – Historian Jim Weren will discuss, "The Newburgh Conspiracy."

May 24 – the Wheaton Park District Silvertone's will present their patriotic program just in time for Memorial Day, titled, "I Pledge Allegiance!"

May 29 – Dr. Leslie Wolf will present a program titled, "Judaism."

TRAVEL CLUB EXCURSIONS

Wednesday, August 1st - Tempel Farm

Watch these beautiful Lipizzans go through their routine of jumps and steps as they demonstrate their strength, beauty and precision of movements. After the performance, enjoy a self-guided tour through the stallion stable and visit the foals in the pasture. Riders, trainers and handlers will be present to answer questions.

Tuesday, August 7th - The Shedd Aquarium

Monarch Landing is partnering with the Naperville Park District for this trip to the Shedd. The fee will cover round trip transportation to the Shedd and the Group All-Access Pass that will include admission to the Abbott Oceanarium, Aquatic Presentation, Wild Reef, Special Exhibit of Amphibians, the 4-D Experience, and its galleries. Bus transportation will be provided for the trip to NPD's gathering point.

Wednesday, August 15th - Drury Lane-Oakbrook's "CAT ON A HOT TIN ROOF"

This drama by Tennessee Williams set in the plantation home in the Mississippi Delta examines the relationships among the family members of Big Daddy Pollitt, particularly between son, Brick and Brick's wife, Maggie "the Cat". Lunch location will be advised.



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