

## The Back Page . . .

### Welcome New Cypress Members!

#### New November Move-ins

Fred & Ann Martin 7113 CCL  
Don & Barbara McClintock D-212  
Ann Christie D-310  
Ham & Julia Wade E-105



### Fitness and Wellness from Ashton Hennessy, Director of Fitness & Wellness

Monday, December 4th - Sunday, December 24th we will be running the "Fitness Freeze." Proudly earn a snowflake each week to help decorate the Sports and Fitness Center by exercising at least 3 days/week for 10 minutes or longer. Individual workouts will also help us achieve our overall community goal of 800+ visits in the month of December. Track our progress as we raise the temperature on the thermometer in the Sports and Fitness Center and prevent a dip in activity at the Cypress of Charlotte!

Ashton will be offering small group machine orientations in our new Fitness Center. If you are interested, please call Ashton at 704-714-5531 to schedule yours today. The small groups will consist of 2 to 4 people.

Ashton will be teaching Cardio Lite classes on Fridays December 8, 22 & 29 in place of Zumba. (Jessica is not able to teach Zumba on those days.)

No Classes Monday, December 25, 2017 or New Years Day Monday, January 1, 2018

### New Year's Eve Celebration Ringing in 2018 !!!

Sunday, December 31, 2017  
7:30 pm - 9:30 pm  
Copper Grille and Library



**\*31** Join other Cypress members to ring in the New Year. Champagne, beer, wine and hors d'oeuvre will be served.

*\*Sign up under #31 in the Activities Book.*

### Upcoming Events

#### Broadway Lights Series

##### "School of Rock"

Thursday, January 11, 2018  
Depart at 7:15 pm  
Belk Theater  
\$79.00

**\*11**

Based on the hit film, this hilarious new musical follows Dewey Finn, a wannabe rock star posing as a substitute teacher who turns a class of straight-A students into a guitar-playing, bass-slapping, mind-blowing rock band. This high-octane smash features 14 new songs from Andrew Lloyd Webber, all the original songs from the movie and musical theater's first-ever kids rock band playing their instruments live on stage. *\*Sign up under Upcoming Events by Dec. 15th.*



#### How Many Are Interested in "Phantom of the Opera"

**\*18**

Thursday, January 18, 2018  
Depart at 1:15 pm  
Belk Theater  
\$79.00

*\*We are trying to figure out how many are interested in seeing the Broadway Lights Show "Phantom of the Opera". Sign up NOW if you are interested in going. Minimum of 10 for bus trip.*

#### Women's Christmas Communion and Luncheon Myers Park Presbyterian Church

Tuesday, December 5, 2017  
Depart at 10:15 am - Return by 1:00 pm

**\*5**

All are welcome to join us on Tuesday, December 5th for the annual Women's Christmas Communion sponsored by Presbyterian Women of Myers Park Presbyterian Church. There will be a 10:30 am social in the narthex, an 11 am worship in the sanctuary, and a complimentary light lunch to follow in Oxford Hall.



Reverend Julie Hester will deliver the advent message. Prepare for Christ's birth with a time of inspiration, quiet, and fellowship with friends!

*\*Sign up under #5 in the Activities Book.*

# The Cypress of Charlotte

# Newsletter

DECEMBER, 2017



#### 6th Annual "Round the Table Sing"

Led by Bob Ivey  
with Handbells, Bass & Percussion  
Wednesday, December 6, 2017  
7:30 pm  
Community Hall



**\*6**

For the sixth year our own Bob Ivey will lead Cypress residents in the old English tradition of gathering around tables and singing the familiar carols and Christmas songs. A delightful time of singing will be led by Bob at the piano, joined by Brad Clark on percussion and Doug Burns on bass. Beginning with the opening handbell procession, the Hall will resound with songs from *Silent Night* to *We Wish You a Merry Christmas*. The Ivey Handbell Ensemble will perform Leroy Anderson's famous *Sleigh Ride*. This is an audience participation program, as we share in the *The Twelve Days of Christmas* and *Must Be Santa*. And, wait until you see who surprises us with chef Adam's famous flaming "figgy pudding!" *\*Sign up under #6.*

#### Trial Lawyer & Author Landis Wade "The Christmas Courtroom Adventure Series"

Friday, December 8, 2017  
5:00 pm  
Community Hall



**\*8**

Landis Wade is a trial lawyer, arbitrator, mediator and author who lives in Charlotte with his wife and two rescue dogs.

In recent years, Landis has had fun writing about conflict in the legal world. He's the author of *The Christmas Courtroom Adventure Series*, a set of whimsical legal mysteries where Christmas is on trial and time is running out. He won the 2016 NC State Bar short story contest for his story "The Deliberation." He's a member of The Charlotte Writer's Club, Charlotte Lit and the NC Writer's Network. *\*Sign up under #8 in the Activities Book.*

#### Member Roundtable

Monday, December 11, 2017  
10:00 am  
Community Hall

Catherine Jenkins will be here on December 11th to introduce our interim Executive Director, Ray Johnson to all of you and to share the results of our recent Member Satisfaction Survey.

#### "The Speedway Club" and "Speedway Christmas" at Charlotte Motor Speedway

Thursday, December 7, 2017  
Depart at 4:30 pm  
Dinner & Tickets: \$45.00

**\*7**

We will first have a delicious dinner at the "Speedway Club" over looking the lit-up race track and then drive thru the holiday lights display.

"Speedway Christmas" at Charlotte Motor Speedway includes a three-mile course of over 3,000,000 holiday lights throughout the grounds with a lights-to-music drive-thru section, two full tunnels of lights, a beautiful 12 Days of Christmas display in the grandstands, a huge lights-to-music course through the new road course and themed displays along the course. *\*Sign up under #7.*

#### Member Holiday Party with the Doug Burns Band

Wednesday, December 13, 2017  
7:00 - 9:30 pm  
Community Hall

**\*13**

Cypress members get ready to celebrate the holidays with the Doug Burns Band. This band has been one of the South's most versatile and favorite dance and party bands for over 20 years. The band is located in Charlotte, N.C.

It will be an evening to remember as they entertain us with music from the 1930's, 40's, 50's and 60's, such as Glenn Miller,



Tommy and Jimmy Dorsey, Benny Goodman as well as a nice collection of other popular tunes. So, don your holiday apparel and plan to attend an exciting evening of music and dancing. Remember to let us know you are coming! Special Holiday Buffet from 5 pm to 8 pm will be served in the dining room.

*\*Sign up under #13 in the Activities Book.*

## Grief Support Guest Speaker Marge Brokaw "Self Care When Grieving at Holiday Time"

Tuesday, December 5, 2017  
1:00 - 2:30 pm  
Garden Room

**5** Marge Brokaw, a grief counselor with Hospice and Palliative Care will be our guest speaker. The loss of a loved one is often marked by emotional challenges, which many find intensified by the approaching holidays. Oftentimes people in grief wish they could somehow avoid the holidays all together. Come join us as we examine ways to blend grief and celebration over the holiday season.

## Symphony Pops "Magic of Christmas"

Saturday, December 2, 2017  
Depart at 6:45 pm  
Belk Theater

**\*2** Gather your loved ones and join us for a festive evening filled with soloists, sing-alongs, Santa, and, new this year, special guest violinist and artist-in-residence Mark O'Connor and his family band. *\*The deadline for sign ups has passed. Check with Activities for availability.*



## Holiday Meal Information

Sunday, December 24th

11 am - 2:00 pm - Christmas Eve Buffet  
Reservations Required  
No Evening Meal

Monday, December 25th

10:30 am - 2:00 pm - Christmas Day Brunch  
Reservations Required  
No Evening Meal

Sunday, December 31st

11 am - 2:00 pm - New Year's Eve Buffet  
Reservations Required  
No Evening Meal

Monday, January 1st

10:30 am - 2:00 pm - New Year's Day Brunch  
Reservations Required  
No Evening Meal

## Afternoon Movie "Christmas with the Kranks"

Friday, December 22, 2017  
2:00 pm

Community Hall  
Rated: PG Length: 1hr. 39mins.  
Genre: Comedy



**\*22** When their only daughter Blair leaves the family nest, Luther and Nora Krank (Tim Allen and Jamie Lee Curtis) decide to book an island cruise to beat the yuletide blues and just skip the holidays. But their decision to boycott tradition has the whole neighborhood in an uproar, and when Blair calls on Christmas Eve to announce a surprise visit with her new fiancée, the Kranks have just twelve hours to perform a miracle and pull themselves and their neighbors together to throw the best celebration ever! *\*Sign up under #22*

## Afternoon Movie "Hello My Name is Doris"

Wednesday, December 27, 2017  
2:00 pm

Community Hall  
Rated: R Length: 1 hr. 35 mins.  
Genre: Comedy / Drama / Romance



**\*27** Sally Field immerses herself in the role of a woman who has dedicated her life to caring for her mother, only to wake one morning to the horrified realization that she's become "a crazy cat lady."

How Doris emerges from that state by sheer force of will gives this comedy-drama considerable charm and surprising power. *\*Sign up under #27 in the Activities Book.*

## Audibel Hearing Center

Tuesday, December 5, 2017  
10:00 - 11:00 am  
College Room

**5** Audibel Hearing visits on the 1st Tuesday this month for hearing aid cleaning and checks.

## Small Discussion Group

Monday, December 18, 2017  
10:30 am  
College Room

**18** Interesting topics! All views are welcome. Participation encouraged. Notice time change.

## Gentlecare Footcare

Thursday, December 21, 2017  
9:00 am - 11:00 am  
Art Room

**\*21** Gentlecare Footcare will be here Thursday, December 21st for basic footcare. *\*Sign up under #21 in the Act. Book.*

## Technology Assistance "Cyber Seniors"

Saturday, December 2, 2017  
11:00 am  
Library

**\*2** "Cyber Seniors" are high school students from Providence Day School. They will be here on Saturday, December 2nd to help you with iPads or cell phones or computers. *\*Sign up under #2 in the Act. Book.*

## The Gathering Weekly Ecumenical Worship & Fellowship

Every Tuesday, except the 26th  
7:15 pm  
Community Hall

**7...**

## Mah Jongg Play

Wednesday, December 6, 2017  
1:30 pm  
Game Room

**\*6**

## Christmas Jazz Program "A Jazz Carol-in"

Saturday, December 16, 2017  
Depart at 7:00 pm  
Sharon Presbyterian Church

**\*16** "A Jazz Carol-in" is the fourth annual Christmas jazz program at Sharon Presbyterian Church. In memory of Bob Ballantyne we would like to take a bus load of members to listen to many Christmas favorites by the Rick Bean Trio in a warm, café atmosphere complete with hot chocolate, cookies and maybe even snow. The program is free. *\*Sign up under #16 in the Activities Book.*



## OnSite Dermatology

Wednesday, December 6, 2017  
9:00 am - 1:00 pm  
College Room

**\*6** To make an appointment with OnSite Dermatology please call 877-345-5300 and ask for Lisa Adams. She will be glad to assist you.

## Tricia Harbaugh Book Club

"Holiday Luncheon"  
Monday, December 18, 2017  
11:00 am Meeting 12:00 pm Lunch  
Club Room

**18** Tricia Harbaugh book club members will gather for their Christmas Luncheon in the Club Room. A special guest, Phillip Lewis, author of *The Barrowfields* will join us. He will speak at 11:00 am before the luncheon at noon. All Cypress members wishing to hear him are invited to join the group at the 11:00 am hour.

## December Birthdays



Grady Hubbard	1
Marty Birnbaum	2
Bill Simon	2
Tat Kleckley	3
Ann Phillips	3
Bernie Piemont	3
Joel Webster	4
Walter Edwards	5
Marjorie Watson	8
M.T. Davis	9
Bill Kouri	9
Nance Turner	9
Anne Tuttle	10
Barbara Woodlief	10
Bee Hubbard	11
Bill Miller	12
Bill Hollenbach	14
Frances Thackston	14
Julianna Toth	14
Pat Updegraff	14
Jane Craven	15
Barbara Kouri	15
Joanne Ruff	15
Joyce Carter	16
Elena Giblin	19
Jane Hope	19
Gay Morris	21
George Duensing	22
Lottie Goldman	23
Lola Turner	23
John Geaney	25
Pat Terrell	26
Charles MacCallum	30
Claire Barnhardt	31
Helen Neff	31



Be sure to "like" our Facebook and Twitter pages for the latest updates on Cypress news and activities!



Dinner will NOT be served on Saturday, December 9 due to the Employee Holiday Party in Community Hall.

Call the hostess stand at 704-714-5511 by noon for meal delivery. Orders to be delivered at 2:30 pm.

First Wednesday Happy Hour will be in the Clubhouse Lobby on December 6th. 5:00 - 6:00 pm



## Duplicate Bridge

Thursdays in December  
12:45 pm  
Community Hall

**\*5...** Nancy Conison will direct duplicate bridge every Thursday in December. December 7th will meet in the Garden Room.

*\*Sign up in the Bridge Book at the Activities Desk. Please arrive by 12:45 pm as we start promptly.*

## Bible Study

Every Monday, except the 25th  
3:15 pm  
Community Hall

**4...** Our very own, Cypress member, Don Thomas is facilitating Bible Study. You are welcome to attend bible class any time that it fits your schedule.



## Balance with Tai Chi Mike

Tuesdays in December  
2:30 pm  
Sport Court

**5...** Tai Chi Mike teaches balance and stretching exercises to help you stay healthy. Class will now meet in the new Fitness Center in the Sport Court. We will meet on December 26th.

## Art Class with Bruce Chandler

Wednesday, December 20, 2017  
10:00am - 1:00 pm  
Art Room

**\*20** Participants may paint and Bruce will direct them as they wish or they may make an angel plaque. This angel is not a Christmas Decoration but one developed with collage and acrylic paint. Bible verses or quotes are a very nice touch for those who wish to add another dimension. *\*Sign up under #20.*

## Church at The Cypress

Sunday, December 10, 2017  
2:00 pm  
Community Hall

**10** Dr. Leighton Ford of Leighton Ford Ministries will be our guest preacher on Sunday, December 10th at 2 pm. All are welcome to attend Church at The Cypress. We look forward to seeing each of you. The Cypress Choir will sing for us. *Valet available until 2 pm.*

## Men's Breakfast

Monday, December 18, 2017  
Depart at 8:30 am  
Park 51 Cafe

**\*18** *\*Sign up under #18.*



## Trivia Game!

Friday, December 15  
5:00 pm  
Community Hall

**\*15** *\*Please sign up in the Activities Book under #15 to make a team of 4. (Seafood Buffet from 5-8 pm in the Dining Room.)*

## St. Vincent's Catholic Mass

**1** Friday, December 1, 2017  
11:15 am  
Stewart Health Center

## "Stampin' It Up" with Helen Patterson

Friday, December 8, 2017  
2:00 pm  
Art Room

**\*8** *\*Sign up under #8.*

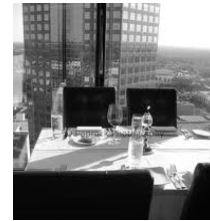
## Cypress Book Club "Christmas Tea"

**1** Friday, December 1, 2017  
2:30 pm  
Club Room



## Two Lunch Bunch Visits "Bentley's on 27"

Tuesday, December 12, 2017  
Wednesday December 13, 2017  
Depart at 11:15 am  
Bring money for lunch.



## \*12 & 13

Stunning panoramic views and world-class service come together on the 27th floor of the unique space at 201 South College Street atop The Charlotte Plaza Building. Outstanding food, service and décor make this particular lunch outing a must which is why we are offering two Lunch Bunch visits to Bentley's in December. Bentley's on 27 is known for its contemporary, upscale American French cuisine. Please sign up for the day that suits your schedule best.

*\*Sign up under #12 or #13 in the Activities Book for the day that suits you.*

## Holiday Concert by The Cypress Singers

Monday, December 11, 2017  
7:30 pm  
Community Hall



**\*11** Join the Cypress Singers as they offer their annual Holiday Concert directed by Marilyn Bellmann. Each year the Cypress Singers perform a special concert for us in December. This year is no exception. The Cypress Singers will present their annual Holiday Concert on Monday, December 11th at 7:30 pm in the Community Hall. Mark your calendars and join us for this special evening of holiday entertainment. The members have been busy preparing their voices for festive selections that will "make the season bright."

*\*Sign up under #11 in the Activities Book.*

## Charlotte Ballet Dress Rehearsal

### "Nutcracker"

Friday, December 8, 2017  
Depart at 12:45 pm  
Belk Theater  
Tickets: \$12.00



**\*8** The Charlotte Ballet is partnering with the Mecklenburg County Park & Recreation Department to offer discounted tickets for seniors to a dress rehearsal performance of the Nutcracker. The senior dress rehearsal will be held on Friday, December 8, 2017 at 1:30pm at the Belk Theater.

A Charlotte Ballet performance transforms the artist and audience. The artists become storytellers, tools for the choreographers and motion for the music. For the audience a performance can lift you out of the everyday, take you to new worlds and give you a moment to pause or feel exhilarated. Be transformed this season. *\*Sign up under #8 in the Activities Book.*

### Activities

Julianna Toth A  
\*Jo Claire Dulin B  
Ray McCorkle C  
Paulette Cohen D  
Mary Fisher E  
Lee Vann, Cottages  
Quincy Collins, Board Liaison

### Building & Grounds

Jon Wilda A  
Pat Schaffer B  
Sue Howell C  
Gay Morris D  
\*Bill McElwain E  
Nancy Budd, Cottages  
Jim Vann, Board Liaison

### Finance

Shep Speight B  
George Duensing C  
Bill Shipley D  
\*Gayle Wylie E  
Angus Lander, Cottages  
Don McIver, Cottages  
Bob Smathers, Cottages  
Joan Geuss, A, Board Liaison

### Food & Beverage

Fran Watt A  
Mary Ann Grossmann B  
Jane Rudisill C  
Barbara Kouri D  
Sue McElwain E  
\*Vera Godwin, Cottages  
Audrey Bittner, Board Liaison

### Health & Safety

Ann Spence A  
Cathy Sweet B  
Audrey Taylor C  
Sue Childers D  
\*Jean McVerry D  
Connie Stuppign E  
J.W. Barts, Cottages  
Bill Kouri, Board Liaison

### Owner's Assoc. Board of Directors

Wayne Godwin, President  
Dick Barnhardt, Vice-President  
Audrey Bittner  
Quincy Collins  
Joan Geuss  
Bill Kouri  
Jim Vann

*\*Denotes Chairperson*

## "The Beauty & Magic of Christmas & Hanukkah"

with Rosanne Losee  
Wednesday, December 20, 2017  
5:00 pm - 6:00 pm  
Community Hall



**\*20** Come take an entertaining and interesting journey into the magical holidays of Christmas & Hanukkah. We'll visit the history of Christmas and Hanukkah, their food and culture, the beautiful music and peek in on around the world customs!

Rosanne Losee, created her own business called *Inquiring Minds Lifelong Learning*. She presents enriching, entertaining and educational presentations designed specifically for senior adults. She is a retired librarian who has a long and happy history sharing *Lifelong Learning* with senior communities here in Charlotte. She graduated from City University of New York and received her MLIS degree from UNCG Graduate School. Wine and Cheese will be served.

*\*Sign up under #20 in the Activities Book.*