

The Back Page . . .

Welcome New Cypress Members!

New December Move-ins

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*Bill & Sarah Cooper B-408*

*Larry & Claire Raymond 3615 CCD*

*Paul & Sylvia Kercher A-108*

### “Ask a Nurse”

10:30 - 11:30 am

See Below for Specific Dates

3...

There will be a nurse in the lobby from 10:30-11:30 am to answer any questions, check blood pressures and review any paperwork that members may have questions about such as MOST forms or Medical Information Forms. This is not a formal presentation but rather a drop-in. We will rotate each Villa as follows: **January 3 - Villa A; January 17 - Villa B; January 31 - Villa C** and will continue in February. Cottage members are encouraged to attend on any date they choose and all members are encouraged to go to a different building if their date does not suit them.

### Bereavement and Grief Support Group

Thursdays, January 3 & 24, 2019

2:00 pm

Met Room

3, 24

Our Bereavement Group meets in the Met room and is hosted each month by Dr. Valerie Balog or Lisa Cashion, both licensed counselors. All those grieving the loss of a loved one are encouraged to come to the Support Group.

### “Discovery Series”

with Rebecca Henley & Tammy Wilson

Tuesday, January 8, 2019

11:00 am

Art Room

8

Discovery Series with Rebecca Henley, OTR/L and Tammy Wilson, RN "Managing Incontinence". Learn how therapy and nursing can assist in ways to more effectively address issues related to incontinence, including strengthening exercises, life style changes, and ways the environment can contribute to episodes of incontinence."

### Upcoming Events

#### Super Bowl LIII

Sunday, February 3, 2019

6:00 pm

Community Hall



\*3

Super Bowl LIII will take place at Mercedes-Benz Stadium in Atlanta, home of the Falcons. It'll be the first Super Bowl hosted at the stadium, which opened in 2017. Kick off time to be determined. We will have hotdogs with all the fixings. Bring a buck to pick a square on the big board to guess the final score.

*\*Sign up NOW under Upcoming Events.*

#### Broadway Lights “Miss Saigon”

Thursday, February 21, 2019

Depart at 6:45 pm

Belk Theater

Tickets: \$84.50



\*21

Experience the acclaimed new production of the legendary musical *Miss Saigon*. In the last days of the Vietnam War, 17-year-old Kim is forced to work in a bar run by a notorious character known as the Engineer. There she meets and falls in love with an American G.I. named Chris but they are torn apart by the fall of Saigon. *\*Sign up now under Upcoming Events.*

#### CPCC Theater “Gypsy”

Sunday, February 24, 2019

Depart at 1:45 pm

Halton Theater

Tickets: \$19.00



\*24

The Arthur Laurents, Jule Styne and Stephen Sondheim musical *Gypsy* comes to the Halton stage for the first time this winter. Considered by many to be the greatest of all American musicals, *Gypsy* tells the story of Gypsy Rose Lee and her indomitable mother. Often called the King Lear of musicals, Mama Rose's Turn is a tour de force that climaxes an evening of musical theatre filled with amazing tunes like *Everything's Coming Up Roses*, *Let Me Entertain You* and the show stopping *You Gotta Get a Gimmick*. *Gypsy* promises to be a night of theatre to remember for a life time.

*\*Sign up for all the above upcoming activities in the Activities Book under the Upcoming Events tab.*

# The Cypress of Charlotte

## Newsletter

JANUARY, 2019

### Singer and Performer “George Demott”

Wednesday, January 9, 2019

7:30 pm

Community Hall

\*9

A mix of classic masculinity and charm, George DeMott captures the essence of the great singers of days gone by with his unique contemporary style. Singing opera to pop and everything in between, his performances have captured the hearts of listeners around the world. Classically trained, he holds degrees from UC Santa Barbara and the prestigious Eastman School of Music. In the opera world, he has performed several classic Tenor roles with Orlando, Glimmerglass, Virginia, Illinois, Peoria, and others. Additionally, George has also been the winner of several awards and competitions that include the 1993 Metropolitan Opera National Council Audition's regional finals in Los Angeles and he was also a recipient of the National Italian-American Foundation's Luciano Pavarotti Scholarship. His heart and voice shine in the new Pop-Opera genre. Come enjoy the amazing singer and performer George Demott. *\*Sign up under #9 in the Activities Book.*



### New Members Afternoon Tea

Wednesday, January 23, 2019

4:00 pm

Club Room



\*23

Welcome to all our new members who have moved into the Cypress in the last 4 months. For those of you who moved in this past year and were not able to attend our last new member tea back in September you are welcome to attend this month's new member tea. *\*Sign up under #23 in the Activities Book.*

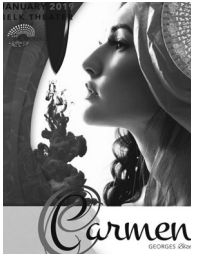
### Opera Carolina Bizet's “Carmen”

Thursday, January 24, 2019

Depart at 6:45 pm

Belk Theater

Tickets: \$30.00



\*24

Opera Carolina's home base for Grand Opera performances is in the heart of uptown Charlotte at the Belk and Knight Theaters. Whether you're attending your first opera or you've been a lifelong opera lover we know you will enjoy an amazing performance with Bizet's *Carmen*.

Carmen drinks, smokes and gets what she wants. But her wandering, gypsy spirit will ultimately prove her undoing. When she chooses bullfighter Escamillo over Don Jose, she meets her tragic demise. But, she's hardly tragic. She would rather live fully – even dangerously – than play it safe. Even in death, Carmen is a feminist heroine for the ages.

*\*Sign up under #24 in the Activities Book.*

### “Shen Yun”

Friday, January 25, 2019

Depart at 6:45 pm

Belk Theater

Tickets: \$98.00



\*25

*Shen Yun's* unique artistic vision expands theatrical experience into a multi-dimensional, inspiring journey through one of humanity's greatest treasures - the five millennia of traditional Chinese culture.

This epic production immerses you in stories reaching back to the most distant past. You'll explore realms even beyond our visible world. Featuring one of the world's oldest art forms, classical Chinese dance, along with patented scenographical effects and all-original orchestral works, *Shen Yun* opens a portal to a civilization of enchanting beauty and enlightening wisdom.

Traditional Chinese culture with its profoundly optimistic worldview and deep spiritual roots was displaced by communism in China. Today, only the New York based *Shen Yun* is keeping this precious heritage alive on stage. And it's an experience that will take your breath away. Join your Cypress friends for this very special night to remember.

*\*Sign up under #25 in the Activities Book.*

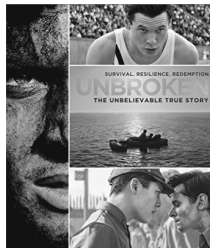
## Eddie Kelly's European History Class Returns

Thursdays in January  
11:00 am  
College Room

**\*3...** Cypress member, Eddie Kelly will teach a European History class beginning in January. Class will be on Thursdays at 11:00 am. He will begin his teaching with Italian and German Unification followed by Medieval Europe. **\*Sign up under #3 in the Activities Book.**

## Afternoon Movie "Unbroken: A Path to Redemption"

Friday, January 4, 2019  
2:00 pm in Community Hall  
Rated: PG-13, Length - 2hrs. 17mins.  
Biography / Drama



**\*4** This movie based on a true story is the sequel to *Unbroken*. As a boy, Louis "Louie" Zamperini is always in trouble, but with the help of his older brother, he turns his life around and channels his energy into running, later qualifying for the 1936 Olympics. When World War II breaks out, Louie enlists in the military. After his plane crashes in the Pacific, he survives an incredible 47 days adrift in a raft, until his capture by the Japanese navy. Sent to a POW camp, Louie becomes the favorite target of a particularly cruel prison commander. **\*Sign up under #4 in the Activities Book.**

## Afternoon Movie "Orphan Horse"

Wednesday, January 30, 2019  
2:00 pm in Community Hall  
Rated: Unrated, Length - 1hr. 41mins.  
Drama



**\*30** After running away from home, mistreated foster child Shelly, (Alexa Nisensen) hides in retired horse trainer Ben Crowley's, (Jon Voight) barn and befriends an orphaned foal. Shelly is offered shelter by the farmer. But when she's eventually discovered, will the stoic elderly rancher recognize the bond she's formed with the fiery fledgling and offer Shelly a place to stay or notify the authorities who are searching for her? **\*Sign up under #30 in the Activities Book.**

## Art Class with Bruce Chandler

Wednesdays, January 9 & 23, 2019  
10:00 am - 1:00 pm  
Art Room

**\*9 & 23**

Are you interested in painting or craft making? Then this class is for you. This month will also focus on drawing. There is no fear of failure as there is no comparison or expectation about what you may or may not know or produce. Our experiences make us different, especially in art. Come enjoy the process...we would love to have you join us. **\*Sign up under #9 & #23.**

## Cypress Knitting Group Knitting, Needlepoint, Crochet

Wednesday, January 9 & 23, 2019  
1:00 pm  
Club Room



**\*9 & 23**

Please join other Cypress members and help us begin a knitting group. We will meet the 2nd and 4th Wednesdays of each month in the Club Room in the Clubhouse. Please bring your own supplies. We will share ideas, enjoy fellowship with one another and create beautiful items, some of which we hope to donate to a cause of our choice. For questions please call Lottie Goldman 704-557-9269.

**\*Sign up under #9 & #23 in the Activities Book.**

## Let's Play Dominoes

**\*10** Thursday, January 10, 2019  
7:30 pm  
Community Hall

**\*Sign up under #10 in the Activities Book.**



## Bingo! Bingo!! Bingo!!!

**16** Wednesday, January 16, 2019  
7:00 pm (note earlier time)  
Community Hall

Small bills appreciated; \$1.00 a card to play!!



## Cypress Clippers: Overseas Coupon Program

**10** Thursday, January 10  
1:00 pm - 3:00 pm  
Game Room



## "Lunch & Learn" w/ Dietitian Kathy Weidner

Tuesday, January 22, 2019  
12:00 pm Garden Room  
Topic: "Wintertime Diet"

**\*22**

Jack Frost is nipping at your nose and the eggnog just froze! It's easy to think it's time to hibernate with cold days and long nights... but it's really time to pour good nutrition into your body to help ward off winter colds, flu, and pneumonia! Join Kathy Weidner on Tuesday, January 22nd as she review the benefits of diet, vitamins C and D, herbs, spices, citrus, honey and hydration for your best defense against winter! Call Kathy to reserve a place at the table!

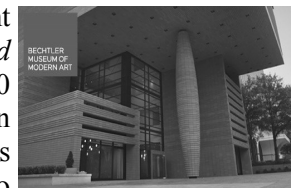
**\*Please call Kathy Weidner, RD, LDN, Cypress Dietitian for a reservation at the table 704-714-5551. (Please notice "Lunch & Learn" has been moved to Tuesday.)**

## "Bechtler Museum of Modern Art" & Lunch at "Halcyon, Flavors From the Earth"

Wednesday, January 30, 2019  
Depart at 10:00 am  
Admission: \$4.00 Bring money for lunch.

**\*30**

A docent will take us through two current exhibits. *Bechtler Unseen: Works from the 50s and 60s* is an exhibition that presents more than 100 works from the Bechtler collection that have never been on view to the public, highlighting works from well-known artists such as Joan Miró, Georges Braque, Jean (Hans) Arp and Pablo Picasso; as well as, extraordinary pieces by several artists whose works are rarely seen in the country. The second exhibit *Framing It!* examines the different considerations that go into displaying an artwork and how it affects perception of the piece from meaning to value. We will have lunch after our museum visit at "Halcyon, Flavors From the Earth." Please bring money for lunch. **\*Sign up under #30 in the Activities Book.**



## Small Discussion Group

Monday, January 7 & 21, 2019  
11:15 am  
College Room

**7 & 21**

We will now meet twice a month. We will ask participants to suggest discussion topics such as: How much personal freedom should we give up for security? What is the state of the union and where are we going? What is the impact of technology on jobs in the US?

We'll distribute a candidate list of 100 possible topics, but everyone is free to suggest their own. We'll then vote on three proposed topics to pick one for discussion in the meeting. All views are welcome and participation is encouraged.

## Harbaugh Book Club

Monday, January 21, 2019  
2:00 pm  
Club Room

**21**

This month our Book Club will read and discuss *A Fierce Radiance* by Lauren Belfer. Barbara Conder will facilitate.

## Poker Night

Every Tuesday  
Beginning on the 8th  
7:15 pm  
Game Room



**8...**

Join other Cypress members to play poker every Tuesday in the game room at 7:15 pm. All are welcome. For questions please call Joanne Hardie 704-643-2310.

## January Birthdays



|                    |    |
|--------------------|----|
| Ellen Both         | 1  |
| Jesse Craven       | 1  |
| Toinette Jacobs    | 1  |
| Frances Barts      | 2  |
| Fran Watt          | 4  |
| Paul Williams      | 4  |
| Josh Chamberlain   | 5  |
| Bob Smathers       | 5  |
| Jo Hirsch          | 6  |
| Ann Martin         | 6  |
| Joy Stuart         | 7  |
| Lee Peery          | 8  |
| Stowe Wyant        | 10 |
| Judy Nichols       | 11 |
| Patricia Stultz    | 11 |
| Dick Neff          | 16 |
| Gwen Brady         | 17 |
| Jenny Teague       | 18 |
| Ruth Whitley       | 21 |
| Bill Hensley       | 23 |
| Cathy Duensing     | 25 |
| Mary Frances Baker | 27 |
| Bob Chapman        | 28 |
| John Gray          | 29 |
| Jack Byrne         | 30 |



## Join Us! Cypress Singers

Fridays in January  
Beginning January 11th  
1:15 pm  
Villa B Social Room

**\*11**

The Cypress Singers are inviting anyone with singing experience to join us for our Spring concert rehearsals. **If you are interested please call Sophie Wachter at 704-643-7442.** We will begin rehearsals on Friday, January 11th in the B building social room from 1:15 to 2:15 pm. We look forward to singing with you.

## Movie Outing "Green Book"

Wednesday, January 2, 2019  
Depart at 12:45 pm  
Regal Manor Theater

**\*2** Green Book is a powerful story with two Oscar-worthy performances. Dr. Don Shirley is a world-class African-American pianist who's about to embark on a concert tour in the Deep South in 1962. In need of a driver and protection, Shirley recruits Tony Lip, a tough-talking bouncer from an Italian-American neighborhood in the Bronx. Despite their differences, the two men soon develop an unexpected bond while confronting racism and danger in an era of segregation.

*\*Sign up under #2 in the Activities Book.*



## Evening Social Bridge

Monday, January 21, 2019  
7:30 pm  
Community Hall

**\*21** Call Madeline Lerne at 704-554-9075 if you have questions. All are welcome. *\*Sign up under #21.*

## French Rummy

Wednesday, January 2, 2019  
Friday, January 25, 2019  
7:30 pm  
Community Hall

**\*2, 25** The card game "French Rummy," as it's called, is a card game somewhat similar to Gin Rummy and is easy to learn. *\*Sign up under #2 & #25.*

## "Stampin' It Up" with Helen Patterson

Friday, January 11, 2019  
2:00 pm  
Art Room

**\*11** Stampin' It Up craft class will be held on the 2nd Friday of each month. Led by Helen Patterson.



## Charlotte Symphony "Rachmaninoff Symphonic Dances"

Saturday, January 26, 2019  
Depart at 6:45 pm for Knight Theater

**\*26** *\*Sign up in the Activities Book under the Symphony Tab for a ride only to the Symphony. Please purchase your own tickets by calling 704-972-2000.*



## LUNCH BUNCH

## Lunch Bunch Visits "Fresh Chef Kitchen"

Wednesday, January 16, 2019  
Depart at 11:15 am  
Bring money for lunch.

**\*16**

Fresh Chef Kitchen has salads, fresh wraps, sandwiches, pasta, burgers, fish and more. The salads are a full meal, topped with a grilled meat such as Hawaiian or blackened chicken, beef tenderloin, teriyaki beef, salmon or herb shrimp. You'll find the same ingredients at the center of the wraps menu and they can be added to Pasta Alfredo. Sides ranging from French fries to Kale Salad to burgundy mushrooms to Cilantro Rice.

*\*Sign up under #16 in the Activities Book.*



## Fall Croquet Tournament

Saturdays, January 5 & 12, 2019  
9:00 am Community Hall

## Winter Croquet

Saturdays, January 19 & 26, 2019  
9:00 am Community Hall



## Audibel Hearing

Tuesday, January 8, 2019  
10:00 - 11:00 am  
Game Room

**8** Audibel Hearing will visit on the second Tuesday in January for hearing aid checks. Drop in any time during the hour to have your hearing aid cleaned or adjusted or just to ask McKenzie Pierce questions.

## Dance Lessons and Line Dancing with Nickolai

Saturdays, January 5 & 19  
3:00 pm  
Community Hall

**\*5, 19**

*\*Sign up under #5 & #19 in the Activities Book.*

## Monday and Thursday Chef's Dinners

Mondays & Thursdays in January  
5:00 pm  
Community Hall



**\*7...**

Come join us ring in the New Year with a trip around the world. Each month we will be featuring a new country and create themed Chef's Dinners. We will compliment the amazing food with wines from the region as well. In January we will celebrate Argentina. At 5:00 pm you are invited to join "Wine Time." At 6:00 pm a special Chef's dinner will be served. Please sign up at the Concierge desk three days before each event. It is an opportunity to mingle. All are welcome to sign up and a great time is guaranteed. *We will begin on Monday, January 7th.*



## Trivia Night!

Friday, January 18  
5:00 pm  
Community Hall

**\*18**

*\*Please sign up in the Activities Book under #18 to make a team of 4. (Dinner Buffet from 5-8 pm)*

## Men's Breakfast

Monday, January 14, 2019  
(2nd Monday due to MLK Holiday)  
Depart at 8:30 am  
Park 51 Café  
*\*Sign up under #14.*

**\*14**



## Social Bridge

Every Tuesday in January  
Beginning Tuesday, January 8  
1:00 pm  
College Room

**\*8...**

All are welcome to play bridge every Tuesday in the College Room. We will resume play on January 8th. *\*Please call Cypress members Mary Lou McCurry 704-542-3990 or Mary Fisher 704-496-9296 to sign up.*

## St. Vincent Mass

Friday, January 4, 2019  
11:15 am in SHC

**4**

## "Cyber Seniors"

Saturday, January 12, 2019  
11:00 am  
Library

**12**

"Cyber Seniors" are high school students from Providence Day School. They will be here on January 12th to help you with iPads or iPhones or computers.

## The Gathering Weekly Ecumenical Worship & Fellowship with Hymn Sing on January 8th

**8...**

Every Tuesday  
7:15 pm  
Community Hall

## Mah Jongg

Wednesdays, January 2, 16 & 30  
1:00 pm  
Game Room

**\*2, 16, 30**

Join other friends at the Cypress to play a game of Mah Jongg. *\*Sign up under #2, #16 & #30.*

## Duplicate Bridge

**\*3..**

Every Thursday  
12:45 pm  
Community Hall

*\*Sign up in the Bridge Book.*

### Activities

Julianne Toth A  
Caroline Tate B  
Ray McCorkle C  
\*Paulette Cohen D  
Mary Fisher E  
Frances Barts, Cottages  
Dick Barnhardt, Board Liaison

### Building & Grounds

Pat Updegraff A  
Ken Sweet B  
Sue Howell C  
\*Gay Morris D  
Rudy Stuppig E  
Nancy Budd, Cottages  
Quincy Collins, Board Liaison

### Finance

Shep Speight B  
Ray Weir E  
Angus Lander, Cottages  
Bob Smathers, Cottages  
\*Wayne Godwin, Cottages

### Food & Beverage

Fran Watt A  
Cathy Sweet B  
\*Jane Rudisill C  
Alethia Ross D  
Nance Turner E  
FeFe Booth, Cottages  
Don McIver, Board Liaison

### Health & Safety

Ann Lathrop A  
Patty Miller B  
Audrey Taylor C  
Sue Childers D  
\*Jean McVerry D  
Connie Stuppig E  
J.W. Barts, Cottages  
Audrey Bittner, Board Liaison

### Owner's Assoc. Board of Directors

Gayle Wylie, President  
Joan Geuss, Vice-President  
Audrey Bittner  
Quincy Collins  
Dick Barnhardt  
Don McIver  
\*Denotes Chairperson