

PAMPERING

The ladies at the Atrium love getting their nails polished by the sisters from PennState's Gamma Phi Beta Sorority. The residents always enjoy spending time with the college gals and love to share stories about Penn State during the Pamper Program.



ANTICIPATING SPRING

Despite the cold and snowy weather we had in April, Atrium residents kept their spirits high in anticipation of the arrival of spring. Class participants were taught several basic painting techniques to create a background and a field of flowers. Everyone in the group had a fun time together working on their paintings and talking about their favorite spring flowers.



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VOLUNTEER WEEK


The best way to find yourself is to lose yourself in the service of others
~ Mahatma Gandhi

April 15 – 22, 2018 was NATIONAL VOLUNTEER WEEK and VPS celebrated their volunteers all week long. Monday morning we met in the creamery for donuts and coffee. Coffee was served in their new mugs with the new VPS logo. Monday night Linda Morrow was honored at the rose cologne volunteer dinner. Tuesday and Thursday, treats were set up in appreciation of all volunteers. Wednesday there was a volunteer scavenger hunt with fun prizes. Friday we had an informal gathering for a subway lunch. In addition there was a daily gift basket drawing. Winners included Norma Woika, Nancy Gamble, Cliff Wurster, Marion Deppen and Shirley Gray. Thank you to all volunteers who give so much to VPS, and our community.





A BEAUTIFUL VIEW OF A GREAT WAY OF LIFE.



RAINFALL/ SNOWFALL AT THE VILLAGE

by Marion Deppen

	SNOWFALL	RAIN
March		
-	28	.30
-	29	.35
April		
4.0	2	-
-	3	.70
Whitening	4	-
Dusting	6	-
Dusting	7	-
.35	9	-
-	11	Trace
-	12	.10
-	16	1.90
Flurries	17	-
Flurries	19	.20

MAY 2018

MAY IS:

5 - World Hand Hygiene Day
8 - World Red Cross Day
31 - World No Tobacco Day

PODIATRY CLINICS

Dr. O
(814-237-2204)
will be here May 23

Dr. Hoover and
Dr. Davidson will not
be here in May

LABORATORY HOURS

An employee from the
laboratory at Mount
Nittany Medical Center
visits our Wellness
Clinic every morning,
Monday — Friday,
starting at 8-8:15 am.

"THE NURSE IS IN" HOURS

Monday—Friday
9 – 11 am
By appointment
as needed

BETTER CELLPHONE CALLS

What is Wi-Fi calling? Instead of using your carrier’s network connection, you can make voice calls via a Wi-Fi network. That could mean using a Wi-Fi connection you have set up at home, Village Resident, or whatever Wi-Fi hotspot you happen to be on when you’re out and about, such as at a cafe or library. In most ways, it’s like any other phone call, and you still use regular phone numbers.

Why would I want that? Wi-Fi calling is especially useful when you’re in an area with weak carrier coverage. For example, when you’re in a building with spotty reception. With Wi-Fi, you can call a friend up even if you’re in a dingy, underground bar (assuming you can connect to the bar’s Wi-Fi, that is).

What carriers and phones support this service? All four major US carriers (T-Mobile, Sprint, AT&T and Verizon) provide built-in Wi-Fi calling. All of T-Mobile phones offer Wi-Fi calling built-in. As for Sprint, Wi-Fi calling is available on a number of iPhone models that run iOS 9.1 or higher. Several Android devices have the service as well, but you’ll need to check through your phone’s Settings menu to see if you have it. AT&T and Verizon offer Wi-Fi calling for much of their phone lineup.

Does it cost more? For domestic calls, it doesn’t cost any extra as such. But making calls over Wi-Fi can come out of your regular minutes allowance depending on your carrier and your phone plan. Be sure to read the policies of your carrier to see if any of their potential restrictions and charges relate to your situation.

On an iPhone just go to settings, Cellular, WiFi Calling and turn on. This is an FYI from Paul O’Hern

EVERYONE HAD A GREAT TIME AT THE MEET & GREET ICE CREAM SOCIAL WITH FORMER FOOTBALL LEGEND, LAVAR ARRINGTON TO KICK OFF BLUE/WHITE WEEKEND.



Poetry Corner

Everyone is welcome to the Poetry Group the 3rd Wednesday of every month at 3pm in the Creamery

Parting is all we know of heaven
And, all we need of hell.

Submitted by Philip Winsor

MEET THE COOKS

Meet Renee Reed

Renee has worked at the Village for 12 years. She started cooking at the age of 16. Renee graduated from Indian Valley’s Culinary Arts Program. After high school she attended Penn College of Technology where she volunteered at Le Jeune Chef Restaurant, interned at The Penn Stater and worked in the summer at the Lewistown Country Club. Renee is a 2005 graduate of Penn Tech with an Associate’s Degree in Culinary Applied Science. Renee then began her career at the Village in 2006. She is currently lead cook in Independent Living. She enjoys the residents at the Village and being able to have the opportunity to work with all different kinds of food. Her favorite food to cook is Lobster. Her favorite food to eat is Italian or Chinese.

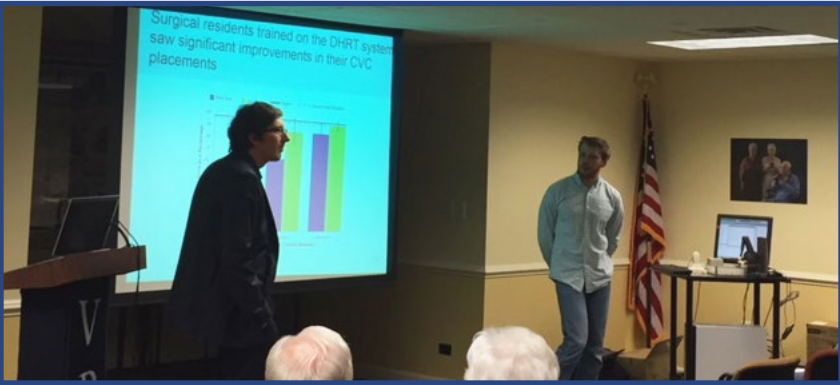


Renee’s interests include spending time with her daughter and husband, as well as family, church family and friends. She also enjoys visiting the local community park to feed the ducks and loves the outdoors.

THE VILLAGE CONTINUES ITS CLOSE AFFILIATION WITH PENN STATE UNIVERSITY



“Using Robotics to train future surgeons.” Dr. Moore along with a team of researchers have worked to transform medical training by the introduction of advanced robotic medical simulation training. This training allows the user to virtually practice on a diverse number of human anatomies and offers guided feedback. This presentation discussed the development of this system and its implementation into Hershey Medical Center’s surgical residency training program. Presenters were Dr. Jason Moore, Associate Professor in Mechanical Engineering and Mr. David Pepley, Mechanical Engineering Graduate Student. They even brought the technology along for residents to experiment with.



CONVERSATION WITH COLLEAGUES COLLOQUIUM

Conversation with Colleagues Colloquium is an ongoing monthly lecture series through the College of Earth and Mineral Sciences. John Hellmann, Senior Associate Dean for Graduate Education and Research arranges for the speakers to come to the Village to present about their research or area of expertise. Afterward, there is an opportunity for some residents to have lunch and chat with the presenter. In March, we welcomed “Duff” Gold to talk about “asteroids.”

(B.Sc., B.Sc. (Hons) and M.Sc.) in geology from the University of Natal, South Africa, and a Ph.D. in Geology from McGill University, Montreal, Canada. His thesis was on the evolution and emplacement mechanism of rare carbonate-bearing rocks with deep-seated roots in the upper mantle. He has emeritus status at Penn State. During his presentation, he spoke about an unusual mid-Jurassic age endogenic event that intruded kimberlite into coal seams in our back yard.



David Percy Gold was born in Natal, South Africa, the great-grandson of immigrants from Brecken, Scotland, and grew up in a rural farming community. After matriculating from Maritzburg College, a family school, he completed three degree



JUSTIN HUNDLEY~ PENN STATE HEAD RUGBY COACH VISITS THE VILLAGE

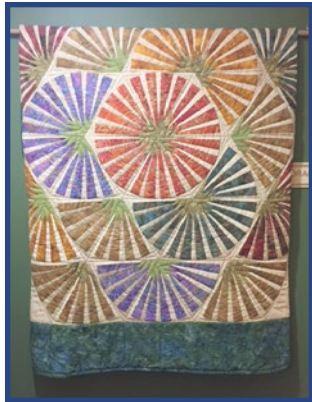
Penn State Head Men’s Rugby coach Justin Hundley came to the Village for a discussion on the game of Rugby. Coach Hundley discussed the history of the game and how it has evolved overtime. He also discussed the history and most importantly the future of Rugby at Penn State. Justin is also engaged to marry Kara Federowicz, VPS Fitness Coordinator!



Villagers attended a rugby game on a beautiful spring day!



SOME SPRING SIGHTINGS AT THE VILLAGE



LION AMBASSADORS

Several members of the Lion Ambassadors made a visit to the Village. The Lion Ambassadors are a unique group of students who work for the school in several capacities. Their main function is to serve the alumni association, but they also give tours around campus and host events for students/community members that highlight Penn State's history. They shared stories of their time at the university and were eager to hear about the resident's experiences! They did a little entertaining as well.



SINGING LIONS

The Singing Lions, Penn State University's premier singing and dancing performance ensemble made a visit to VPS. They are a student run group of 20 performers, a pianist and a drummer who perform and spread Penn State spirit to alumni chapters, schools, and retirement communities.



FUN TIMES BOWLING AT NORTHLAND, FOLLOWED BY LUNCH AT PANERA!



KARAOKE



CUB SCOUTS VISIT THE VILLAGE WOODSHOP



The Village woodshop members assisted Cub Scouts, Pack 375 in sawing out car models for their Pinewood Derby

Owen Andrew
Thank you for all your help cutting out our Pinewood Derby cars!
Ryan Wick
Cub Scouts - Pack 375
Tracy Nolan
Den Leader
Cody
Meredith
Kevin
Adam

MEET OUR NEWEST RESIDENTS!



Dick and Sue Aten



Christine Ehringer



Howard and Judy Held



Jerry and Ann Gross



John and Veda Kay Black



George Pedlow