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UPCOMING EVENTS

Thursday, December 13 at 7 p.m. in the Botetourt Room– David Wiley and friends will be joining us.

Tuesday, December 18 at 7 p.m. in the Botetourt Room– Music by Mill Mountain Theater Conservatory Students singing songs from musical and some of your favorite Christmas carols.

Thursday, December 20 at 3 p.m. in the Botetourt Room- The Glebe Scholar Lecture: "From the Glebe to the Amazon" with Ed Lynch.

New Touchtown App for your Smart Phone!

You should have received a username and password in your box for the new app that is now available for access. Refer to the app to find out the latest updates on our construction, dining menus, activities on campus and a resident directory. If you have any questions about the app or how to use it, please call Robin at 2180.

Touchtown-Channel 970

All calendar events and special announcements are displayed on television channel 970. Channel 970 and our community newsletters will help you stay up-to-date on program

A Few Phone Numbers of Interest...

Better Business Bureau Serving Western VA:

1-800-533-5501 or 1-540-342-3455

AARP: 1-800-424-2277

National Association of Area Aging:

1-800-677-1116

National Do Not Call List: 1-888-382-1222

Federal Trade Commission (to report abusive phone calls or file a complaint against a company with the Federal Government):

1-877-382-4357

Medicare Hotline: 1-800-633-4227



200 The Glebe Blvd, Daleville, VA 24083
Phone: 540-591-2100
Website: www.theglebe.org



Faith. Wellness. Community.

IT IS NOT HAPPY PEOPLE WHO ARE
THANKFUL
IT IS THANKFUL PEOPLE WHO ARE
HAPPY



Inside this issue:

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Gleanings from The Glebe



News & views by & for residents & staff of The Glebe

Webster's Dictionary describes Gratitude as the quality of being thankful; readiness to show appreciation for and to return kindness. Charlotte Yeatts embodies this word. Growing up, her mother told her she was near death as a baby. How she carried her little body on a pillow into the doctors office to find that she had an extreme GI problem, which if left unattended would have taken her little life. But, the doctors and nurses acted quickly and knew exactly what to do. Her mother had always told her that God had healed her for a reason and it was instilled in her to always be thankful for each day given her. Gratitude became a way of life for Charlotte. Growing up, she always knew she wanted to become a nurse. It was as if God had called her to the profession. It was the perfect avenue to help others and to return the kindness given to her as a baby.



Charlotte was born on the Eastern Shore of Virginia so when it came to college, she decided to stay close to home and attend Riverside School of Nursing in Newport News, VA. It would take three years with only two weeks off each year to obtain her RN degree. She met Don who was attending an apprentice school for ship building and they started dating in 1953. Because of the restrictions of both programs, they were not allowed to be married while in school. So they both concentrated on their schooling and then married in 1956. Charlotte worked as a nurse in Family Practice for 38 years. Many of the babies that she took care of, grew up and had babies of their own; serving them for one entire generation! Charlotte continued working up until her and Don decided to move into The Glebe in March 2006. Charlotte continues serving the community as a nurse by volunteering each

Continued on Page 8

Sundays: ** = Occurs Monthly MM = Mental Muscle Activities

9:30 a.m.-Sunday Morning Bible Study-Chapel-Led by resident June Johnston.

3:45 p.m.- Vesper Services-Botetourt Room –See details on page 11

5 p.m.-Sunday Reading-Parlor-Resident volunteers Lou Cook and Janet Miller read books to residents with low vision.

Mondays:

10 a.m.-Bible Study–Classroom F309– Led by Dr. Bob Moore of Bonsack Baptist. All are welcome to attend.

****10 a.m.- Food Committee Meeting-Private Dining Room-**Meeting is held the first Mondays of each month. Residents meet with Food Services Management about current menu and dining experiences.

1 p.m. to 3 p.m.– Dana Belle Kinzie’s Art Class– Art Studio– This art class is a pre-registered class and is currently full. Please direct all questions to Dana Belle for possible additions.

2:30 p.m.-Line Dancing Class- Exercise Room-Join dance instructor Jennifer Simmons. This class is fun and keeps you moving! It also improves your balance & endurance! **(MM)**

7 p.m.-BINGO-Botetourt Room- Join your friends for this fun game of chance! Coordinated by resident, Gerry Wilson.

2nd & 4th Mondays-Glebe Singers-Botetourt Room– Led by Resident Dr. Max Bertholf.

Tuesdays:

****10:30 a.m. Second Tuesday-Memoir Writers-Classroom** -This group meets and shares stories they have written to help guide them on the legacy writing process. Come join us! Bring your written stories to share with the group! **(MM)**

****11 a.m. Last Tuesday– Episcopal Service-Parlor–** See page 7 & 9 or details.

2 p.m.-3 p.m.– 1st & 3rd Tuesdays– Bookmobile visits the front circle.

1 p.m.-Spinning Threads-Craft Room-This group knits and crochets together to create amazing hats, scarves, and many other items for charities, family, and friends.

2 p.m.– Beginners & Refreshers Bridge– Front Lobby **(MM)** Resident-led by Susanne Barnett & Ruth Bokun.

7 p.m.- Party Bridge-Classroom-Led by resident volunteer Eula Rosenberger. Please contact Eula to join. Seasoned players are welcome. **(MM)**

Wednesdays

9:00 a.m.-Prayer Chapel-Parlor-Led by resident Carole Edwards. Join Carole and friends for a quick prayer session after your morning coffee.

JOIN US FOR THE CELEBRATION OF ACTIVE AGING WEEK

*“By
perseverance,
the snail reached
the ark.”*

*-Charles
Spurgeon*



September
Wellness
Center Visits

1,173

Monday, November 5

Scott Sarver, a dance master specializing in Colonial America dancing, will lead the event, which will be in the Botetourt Room from 12:30-2:15pm. Be prepared for historical tidbits, enjoyable entertainment, and step-by-step easy instruction to whisk you away to the good ol' days (1585-1783). We shall follow the founding Fathers in the Pursuit of Happiness! Snacks and refreshments will be provided.

Wednesday, November 7

Test your knowledge by competing in Jeopardy beginning at 1:00pm! We will turn the Group Exercise Room into a think tank as teams of up to six people compete. Sign ups for teams will be available in the activities binder located across from the receptionists desk by the front door. No team? No problem! We will combine individuals to make it as fair as possible.

Friday, November 9

Come join us to discover one way to utilize mindfulness and your body. We will offer two guided, seated, full-body progressive relaxation sessions in the Group Exercise Room. The first session is from 8:15-8:45am before Chair Yoga and the second session is from 10:00-10:30am right after Chair Yoga. If you want to learn to slow down and be in the moment, give one of these classes a try!

We had a scary good time at our first pumpkin class! Thank you to those who participated, hopefully your home is a little more festive and you got a great workout.



September
Fit 15

- | | | |
|-----------------|------------------|------------------|
| Pete Bain | Joyce Hile | Peggy Overstreet |
| Suzanne Barnett | Caroline Huntley | Patsy Parker |
| Brenda Dellis | Peggy Jeans | Carol Seddan |
| Dorothy Finger | Joyce McCall | Robbye Unger |
| Lois Flora | Janet Miller | Jackie Werb |
| Linda Gast | Nancy Misicko | |

****9 a.m.– Last Wednesday– Coffee & Conversations with Ellen–**Sign up is required in the Events book located in the front lobby.

****11 a.m. 3rd Wednesday– Residents Council– Botetourt Room–** All Residents are encouraged to attend.

12 p.m. 1st Wednesday– Daleville/Fincastle Lions Club– Game Room– Drop by and join the Lion’s Club for lunch to learn about community programs and initiatives.

1 p.m.–Duplicate Bridge–Classroom F309–Led by resident, Dr. Leon Jennings. Please register to play in the Duplicate Bridge Notebook at the front lobby podium. (MM)

****2:30 p.m. First Wednesday– Karen Carter’s Documentary Club– Parlor– (MM)** Showing

2:30 p.m.–Wii Bowling– Exercise Room–Led by resident Janet Miller. Join resident bowlers and show your virtual bowling skills! Join us for some friendly competition!

7 p.m.–Card Games–Front Lobby by Fireplace–Join our card sharks and challenge them with your card playing skills! Each Wednesday in the front lobby area. (MM)

Thursdays

11 a.m.–Brain Fitness– Classroom—Exercise your brain and challenge your mind with a variety of fun and challenging puzzles using visual and mental concepts to keep your brain active. (MM)

****2:30 p.m. –Alzheimer’s Support Group–Parlor– 2nd Thursday of the month–** Join this support group led by Health Services Staff to provide support for those dealing with Alzheimer's in their family.

Fridays

7 p.m.–Film of the Week–Botetourt Room–See movie selection details on page 9. Movie suggestions are welcome! Suggestions can be dropped off in the designated pigeon hole located at the mailboxes, labeled “Movie Committee.”

****9:30 a.m. – Investment Forum–Game Room–3rd Friday of the month–** Interested in making investments? This forum will raise your awareness of investment options and trends. Led by local finance professionals. (MM)

11 a.m. Book Club– Private Dining Room–4th Friday of the month– MOVED TO 5th FRIDAY due to Thanksgiving holiday. We read a book each month and then come together to discuss it. Come join us! Large print and audio books are available.

Saturdays

10 a.m.–Indoor Bocce Ball–Exercise Room– Try your hand at this fun game!

1:30 p.m.–Ping Pong–Exercise Room–Drop by and play Ping Pong with your friends!

3 p.m.–Corn Hole–Exercise Room–Enjoy this classic game of bean (corn) bag toss.

ENTERTAINMENT/GUEST SPEAKERS



The Mayberry Deputy will be on "duty" in the Café on Monday, November 5 from 11:30 p.m. to 12:30 p.m. If you're lucky, he may give you a "ticket"!

Music by Double Play– Tuesday, November 6 at 3:30 in the Botetourt Room. Double Play flute and tuba has been active as a performing/touring ensemble since 1989. Based in Farmington Hills, Michigan; this husband and wife team has performed in 45 US states, the District of Columbia and Mexico. Performances feature music covering a span of 300 years (Baroque to Broadway); presenting as the "world's only full-time professional flute and tuba duo!". Double Play has appeared in venues and for organizations as varied as the Arizona Diamondbacks, to a 1779 Town Hall in Mt Washington, Massachusetts. Amy Ridings, flutist, and Patrick Sciannella, tubaist, create their own unique arrangements of many classical standards as well as presenting the occasional, actual flute and tuba composition!



Jones Family Broadway Patriotic Show–Saturday, November 11 at 7 p.m. in the Botetourt Room. The Jones family returns to The Glebe stage, featuring the music of Irving Berlin and George M. Cohan. Don't miss this uplifting and patriotic show!



Honoring Our Veteran's– Monday, November 12 at 2 p.m. in the Botetourt Room.



Come join us as we honor our Veteran's! Resident Veteran's who attend will be recognized. Please be sure to return the questionnaire placed in your mailbox. Music by Violinist, Leah Howard and Guest speaker, Dr. David Snead from Liberty University. He will be addressing veterans across America's wars to highlight their importance to the country on Veteran's Day. Dr. Snead has a Ph.D. in History from the University of Virginia. He has authored or edited five books including, *An American Soldier in World War I; An American B-24 Pilot in World War II; Bataan: Memoir of a U.S. Navy Ensign in the Philippines*. His research has focused on the experience of American soldiers in World War I and the United States in World War II.



Rootstone Jug Band– Thursday, November 29 at 7 p.m. in the Botetourt Room.

Rootstone Jug Band brings back a time before radios and recordings, when folk songs were a big part of rural life. The group has studied and mastered a range of regional styles. They will present old-time songs from Virginia along with music from the classic jug bands and songsters of Memphis. These songs are essential in American musical history, and in the hands and voice of Rootstone Jug Band, they come alive again! Don't miss this high energy performance that will take you back in time and share American's rich cultural heritage.



Masked Heroes! Residents enjoyed making their very own masks for Halloween.



Over twenty Assisted Living Residents worked together throughout the month of October to create this 1,000 piece puzzle.



Oreo the cat, enjoying an afternoon fall nap!



Residents enjoying Oktoberfest at Smith Mountain Lake



Hunter's Foray Trip led by Dr. Kenny Rowlette



Residents got up close and personal with the animals! Visits from The Petting Zoo and New Freedom Farms.



Dining Snap Shot

Dining services provides on average 400 meals a day including 180 meals to Health Care and Assistant Living, more than 50 meals in the café, anywhere from 30 to 40 takeout orders daily and approximately 120 meals in the Allegheny Dining Room. That adds up to 12,400 meals a month and 146,000 meals a year, not including the extra guests served at holidays, special functions, staff meals and marketing lunches and functions.

In October, the Allegheny Dining Room served:

- 1,047 Soups
- 71 Shrimp Cocktails
- 1,530 Salads
- 62 Beef Filets
- 53 Crab Cakes
- 111 Salmon Filets
- 1,394 Chef Specials
- 3,092 Total Entrees not including buffets
- 4,457 Side Items
- 642 Desserts
- 786 To-Go Orders



As we head into November, dining services is gearing up for another busy holiday season. Thanksgiving is always one of our biggest holiday meals and we look forward to serving you and your family. Please know, that in order to serve such a large number of people in a timely and efficient manner, we will be requiring reservations. Julie McNutt is taking reservations for dinner service nightly as well as for special holiday meals including Thanksgiving. Thanksgiving's meal begins at noon. Reservations can be made by calling 2163.

Submitted by Sam Long; Food and Beverage Manager and Amy Gray; Executive Chef

FUNDRAISER EVENT UPDATES

Bazaar Crafts & Bake Sale

This year's Bazaar was a huge success exceeding last year's sales! As of date, a total of \$3, 982.46 was deposited to The Glebe Benevolent Fund and Endowed Fund for Benevolence. Resident, Anne daCosta shared the following:

"How can we express our appreciation especially for those who donated their time and energies this past year. I can only say, "Thank You, Thank You!" I especially want to thank those residents who spent the day "working" the Bazaar to make it a success. A special thanks to Charlotte Yeatts, my Co-Chair. We can't forget those who came and purchased the goodies; edible, wooden, knitted, crocheted, and handmade items!"

Thank you to all who participated in The Glebe's First Annual Memorial Green Short Game

Tournament! It was a huge success! Special thanks to Pam Renga and Glebe volunteers: Marcia Ackers, Ruth Bokun, Bob Copenhaver, Larry Fischbach, Scotty Huber, Ray Lunsford, Janet Miller, Robbye Unger, Cathy Watson and Charlotte Yeatts who were instrumental in the success of this first event and helped raise \$4, 607 for The Glebe Endowed Fund for Benevolence! The Glebe share from the Golf Classic was \$15, 233 with a total of \$19,840 raised for The Glebe Endowed Fund for Benevolence.



SOCIALS AND DANCES



Happy Hour– Thursday, November 1 at 7:15 p.m. in the Botetourt Room. Enjoy music, dancing and socializing with your friends. Drinks available for purchase. Stephen Ward is the entertainer.

Come join us on Monday, November 5 at 12:30 p.m. in the Botetourt Room. Let's Celebrate Active Aging Week by moving!! Scott Sarver, a dance master specializing in Colonial America dancing, will lead the event. Be prepared for historical tidbits, enjoyable entertainment, and step-by-step easy instruction to whisk you away to the good ol' days (1585-1783). We shall follow the founding Fathers in the Pursuit of Happiness! Refer to the "Health and Fitness" page 15 for more details about special events happening during this week.

WELLNESS EDUCATION

"Don't let the Flu Bug get YOU".—Tuesday, November 13 at 3:30 p.m. in the Botetourt Room. Tammy Muncey will discuss basic information about Influenza, importance of getting a flu shot, wellness strategies and an introduction to her new position at The Glebe as Infection Preventions Nurse.

COMMUNITY EVENTS

Clear Captions Hearing Resource– Thursday, November 1 at 3 p.m. in the Botetourt Room-John Hickey, ADA Specialist will present a new FREE resource for folks with hearing problems and assist with installation/training.

Crafternoon Tea– Friday, November 2 at 1 p.m. in the Classroom– An example of the Craft glass display is located outside the Allegheny Room. Dana Long will be hosting the class. Initial Cost is \$20 which includes the glass display and all the decorations. She will return in December and participants will change the display to a Christmas theme in which the cost will be \$10. Register in the Events book or call 2148.

DMV-To Go! Tuesday, November 13 from 9 a.m. to 4 p.m. in the Parlor and Front Circle. The wireless office on wheels will be here to assist with your DMV needs. Residents who park in the front circle, please be sure and move your vehicles to allow room for the bus. (They will park in the spaces to the right of the flag pole.)

The Glebe Legacy Club– Thursday, November 16 at Noon in the Allegheny Room– The Read Mountain Middle School sixth grade students will be on campus to discuss *School Days; Then and Now* with our participating residents. Please refer to your folder for question prompts. If you are interested in joining or would like to find out more information about the club, please call Vanessa at 2148.

Friday, November 30 at 1:30 p.m. in the Botetourt Room- Medicare and You: Shannon Abell with LOA (Local Office on Aging) will give us an update for 2019. He will go over the changes to Medicare for Parts A and B and D. If time permits, he will discuss Medicare scams. He will have lots of handouts and goodies! Don't miss it!

SPECIAL RESIDENT LED EVENTS

Karen Carter's Documentary Club– Wednesday, November 7 at 2:30 p.m. in the Parlor– *The Journey of Sacagawea.* "Sacagawea's contribution to the Lewis and Clark expedition has made her one on the most honored heroines in American history. Numerous statues have been erected in her name, and more mountains and lakes have been named for her than any other Native American woman. Produced in 2003 and Length is 60 minutes.

Australia Travels by Ivy & Pam Renga– Thursday, November 8 at 7 p.m. in the Botetourt Room- Come and hear about their recent trip to Australia.

Horst Travel Series– Thursday, November 15 at 7:15 p.m. in the Botetourt Room– Resident Horst Lonitz will share with us the movie that he created from his Italian escapade of Rome, Florence, Pisa, Milan, Verona, Venice, Assisi, Pompeii, Capri, Amalfi Coast and Monte Cassini.

Memoir Writers Annual Story Readings– Thursday, November 15 at 3 p.m. in the Botetourt Room. Residents will share a special memoir they have written. Come and learn something new about your Glebe friends. This group meets the 2nd Tuesday of each month in the Classroom and shares written stories with the group to help guide them in the legacy writing process. All are welcome!

A NEW WAY TO CONNECT! Sundays from 6:30 p.m. to 7:30 p.m. in the Parlor.

*Sunday
Storytelling*

Everyone has a story, some humorous, some not so humorous! Come and share in this age-old tradition as a way to bring people together and to build relationships! Bring your stories, jokes, and anecdotes! Facilitator, Ray Lunsford

Christmas Remembrance Fund: Money donated for employees to show appreciation for all they do. Suggested donation is \$1 for each day residents have lived at The Glebe in 2018. Resident's goal is \$65,000. Each donation is confidential and can be made at the Bank of Fincastle on the 2nd Floor. **Please donate before November 30.** The thermometer located in the cafe lobby indicates the total given. A festive party will be hosted by the residents for employees on December 10th. Please see Ann Brugh to help with decorating and refreshments.



*A little
reading
is all the
therapy
a person needs
sometimes.*

The Book Club will not meet on their regular 4th Friday due to the Thanksgiving holiday. They will be meet on **Friday, November 30 at 11 a.m. in the Private Dining room.** The group reads a book each month and then comes together to discuss it! All are welcome! Large print and audio books are available. For questions, please see Kay Schmeding.

Dairy Queen on the way back for a little treat. Register by Tuesday, November 27.

Upcoming Trips:

A Star City Christmas–Saturday, December 1 at First Baptist Church, Roanoke. Bus leaves at 2:15. Free Admission. Register by Thursday, November 29.

RSO Holiday POPS– Friday, December 7 at the Salem Civic Center. Bus leaves at 6:30 p.m. Cost is \$35 plus fees. Register by November 30.

RSO Holiday Brass– Destination 2- Saturday, December 15 at Cave Spring United Methodist Church. Bus leaves at 6:30 p.m. Cost is \$35 plus fees. Register by Monday, December 10.

LOCAL SHOPPING TRIPS

Please sign up in the Events Book located at the front lobby. There are no transportation fees for shopping trips. Local shopping trips do not require a minimum of sign ups.

Every Wednesday Botetourt Commons/Kroger/CVS at 10 a.m. Food Lion when requested

1st Thursday (November 4)

Walmart/Country Corner/Lowes at 1 p.m. to 3 p.m. (Bonsack)

2nd Thursday (November 8)

Valley View Mall at 10 a.m. to 3:30 p.m.

If you require assistance loading a scooter, please arrive 15 minutes prior to bus departure. Thank You!

**NOVEMBER "AT THE MOVIES"**

Friday evening movies begin at 7 p.m. in the Botetourt Room

November 2: Stagecoach (John Wayne) Adventure/Western– 1 hour 36 minutes

November 9: Megan Leavey (PG-13) Biography/Drama/War– 1 hour 56 minutes

November 16: A Beautiful Mind (PG-13) Biography/Drama– 2 hours 15 minutes

November 23: Happy Tears (R) Comedy, Drama– 1 hour 32 minutes

November 30: Special Live Event– David Browning plays Scrooge in *The Christmas Carol*

Suggestions Welcome! Watch for descriptions of upcoming movies on the Resident Board near the mailboxes. Next movie committee meeting is **December 13 at 3pm in the Game Room.** Place movie suggestions in the Movie Committee mailbox or give to any committee member.



Please Note that a \$3 transportation fee is charged to your account. Register for trips in the Events Book located in the front lobby. If less than six residents are registered for a trip, the trip may be cancelled. If you wish to be picked up at your cottage or at another entrance, please indicate "PU" beside your name and the location. ****Off Campus Ticketed Events****-If you have registered for a ticketed event and Resident Services has pre-purchased the ticket on your behalf, your account will be charged and you will be responsible for the cost of the ticket. If another resident uses your ticket due to your inability to attend, please notify Robin (2180) or Vanessa (2148) and indicate the name of the resident who needs to be charged for the ticket.



Election Day– Tuesday, November 6– Transportation will be provided to our local precinct. (Greenfield Elementary School)- at **10:30 a.m. and 4:30 p.m.** There are no transportation fees for this trip. Please register in the Events book no later than Monday, November 5.

Twelfth Annual Founder's Day Dinner: *Back to the Place I Belong*– Friday, November 9 at Fincastle United Methodist Church Family Life Center. Bus leaves at 6 p.m.– Presented by the Botetourt County Historical Society. Keynote Speaker is John Watson, author and retired curator of musical instruments at the Colonial Williamsburg Foundation. After a decade literally and figuratively under the microscope, the Hitchcock Spinet is returning home to Botetourt County. Cost is \$30 and includes speaker and dinner. Refer to the Events book for more information. Register by Monday, November 5.

Veteran's Day Program at Read Mountain Middle School-Monday, November 12 at 8:30 a.m.– Special guest speakers and music by the school band and choir. Reception following. All residents are invited to attend. Veteran's, please contact Vanessa at 2148 to be included in the program. Register by Friday, November 9.



RSO Masterworks– Beethoven and Shostakovich– Sunday, November 18 at 2 p.m. at the Shaftman Performance Hall, Jefferson Center. The beauty and drama of Beethoven's monumental Seventh Symphony is truly mind altering. Virtuoso Natasha Paremski debuts as part of the RSO premiere of Shostakovich's Piano Concerto No. 2. Tickets are \$35 plus fees. Please put a check by your name if you have season tickets or if you have purchased a ticket. Resident services will purchase tickets for names not checked. Register by Tuesday, November 13

Dinner Out to Martin's Downtown Roanoke– Tuesday, November 20 at 4:30 p.m.- Casual dining on burgers, BBQ & other bar food in an open tavern setting. Tuesday is BOURBON & BBO NIGHT; Pulled Pork BBQ Sandwiches w/ a side item only \$6. 25% OFF all Ribs. \$5 OFF Livin' The Dream Platters. 4pm - 11pm (Bourbon specials until 9pm). Please refer to the Events book for menu. Register by Friday, November 9.



RSO Handel's Messiah– Tuesday, November 27 at 6:30 p.m. at the Shaftman Performance Hall, Jefferson Center. A triumph of music, Handel's Messiah is a matchless Holiday tradition. The exquisite choral writing and the finale "Hallelujah chorus" featuring David Steward Wiley and the brilliant sounds of the Chorus is breath-taking. Register by Tuesday, November 20.

Christmas Shopping at Cottage Gate, Westlake Shopping Center, Hardy– Thursday, November 29 at 12:30 p.m.- The Cottage Gate has a unique blend of gifts, gourmet foods, home decor items, Dept. 56, Jim Shore, Byers Choice, Willow Tree Angels, and so much more. We plan to stop at

The Gallery Walk

David Browning is our featured artist this month.

Join us for an Artist Reception on Friday, November 30 at 3:30 p.m. in the Classroom



years, I find that it is also what makes me more comfortable as a painter. To improvise on the canvas is thrilling to me and continues to offer a creative outlet as I grow and mature."

Submitted by Scotty Huber

A price list for the works of our featured artists can be found on the resident board located on the 3rd floor hallway of The Glebe Gallery.

David Browning, also known as "The Deputy" returns to The Glebe in November but, for the first time exhibiting his oil paintings on The Glebe Gallery.

David Browning is a Virginian who has been involved in performance art since his junior year of high school in Bristol, Virginia. Over the years, he has directed, performed in and produced many stage productions. All of this has led to a life long career, including the Mayberry Deputy, Lincoln, and Scrooge performances, which has brought fun to millions of people throughout the United States, Canada, and the Caribbean. His book "We Have Extra Security Tonight", written and published with Tom Perry/Laurie Hill Publishing is available, www.freestateofpatrick.com.

Recently David began a new venture into oil painting and has found a fresh voice for his artistic outlet. In his own words, "I have discovered that oils offer me a fine outlet for my ideas and it also allows for more manipulation of the paints. It gives me the opportunity to change or add ideas. As I have always been an improvisator entertainer over the



The Memory Café Thursday, November 29 at 3 p.m.

Support Group for People Living With Dementia

Meeting in the Classroom the last Thursday of each month

The Memory Café is a wonderfully welcoming place for individuals with Alzheimer's or any type of the dementias or other brain disorders. Additionally, it is helpful for people with all forms of mild cognitive impairment. Individual Memory Cafes focus on different aspects for a unique experience – The Glebe's memory Café will concentrate on education and discussing tips on living with dementia. But Mostly, our Memory Café is meant to make connections with those who are being challenged in a similar manner as you and your loved one.

each Tuesday night at the Christian Free Medical Clinic, a mission of Fincastle Baptist Church. Don goes with her and volunteers as a greeter. She feels her role at the Clinic is not only to assist the Doctor as a nurse, but to also lend listening ear and give encouragement to those in dire straits. Charlotte is quick to share that she is most thankful for her health, her family and friends. She is also thankful for her church, Pleasant Hill Baptist Church and enjoys singing praises to her God in the choir each Sunday! She has witnessed her husband, her daughter and her son face serious health issues and each has recovered. Her daughter reminds her to not worry about the "small stuff"! So, she and Don try to enjoy life to it's fullest! They love to hang out with their square dancing friends and dress up for themed parties. Charlotte enjoys oil painting and attends Dana Belle Kinzie's Art Class each Monday. She also participates in the Handicrafters Group and can often be seen taking pictures of activities for the newsletter and face book. She also takes pictures of all the staff for the annual Christmas party. She helps a few residents with their daily needs and is always willing to give a helping hand to fellow Glebe friends. When asked what advice she would give others, her response was, "Remember the little things you do for others is sometimes the best thing they appreciate; a smile, a hug and saying the words, 'I love you'."

Submitted by Vanessa Houston



Above: Charlotte and fellow volunteers at the Clinic holding a sign reminding them to "Start With A Smile".



CHAPLAIN'S CORNER

A word from The Glebe Chaplain, Gerald Carter

The Workers Are Few

As Jesus' Disciples, we are asked to be his Apostles and spread all that he has taught us to others. During this month of thanksgiving and harvest we must not forget to be workers in the spiritual harvest. This is the perfect time to share the Good News of Jesus as we share our gratitude and thanksgiving for all that he has done for us.

Then Jesus said to his disciples, "The harvest is plentiful but the workers are few." Ask the Lord of the harvest, therefore, to send out workers into his harvest field." Matthew 9:37-38

Thanksgiving Scripture

Thanksgiving is much more than a celebration on the fourth Thursday of November each year. It is a celebration 365 days of each year. Nothing reminds us of our need to be thankful to God more than his inspired Word. Here are a few selected verses that will help as we prepare our gratitude list denoting all the things for which you are thankful this year. Thanksgiving requires action. Whether we are praying, meditating, reading the Bible, or speaking, giving thanks requires an active mind focused on the wonderful things God has done for us through Jesus Christ. Practice thanksgiving every day!

Psalm 136:26 Give thanks to the God of heaven, For His lovingkindness (graciousness, mercy, compassion) endures forever.

Psalm 106:1 Praise ye the Lord. O give thanks unto the Lord; for he is good: for his mercy endureth forever.

Philippians 4:6-7 Don't be anxious about anything; rather, bring up all of your requests to God in your prayers and petitions, along with giving thanks. Then the peace of God that exceeds all understanding will keep your hearts and minds safe in Christ Jesus.

John 6:11 Jesus took the bread in his hands and gave thanks to God. Then he passed the bread to the people, and he did the same with the fish, until everyone had plenty to eat.

Colossians 4:2 Persevere in prayer, watching in it with thanksgiving.

Psalm 28:7 The Lord is my strength and my shield; in him my heart trusts, and I am helped;

my heart exults, and with my song I give thanks to him.

1 Corinthians 15:57 Thank God that he gives us the victory through our Lord Jesus Christ.

Psalms 95:2 Let us come before him with thanksgiving and sing joyful songs of praise.

Revelation 11:17 We give thanks to you, Lord God All-Powerful. You are the One who is and who was.

Colossians 3:15 Let the peace of the Messiah also rule in your hearts, to which you were called in one body, and be thankful.

2 Corinthians 2:14 Thanks be to God who leads us, wherever we are, on his own triumphant way and makes our knowledge of him spread throughout the world like a lovely perfume!

Psalm 69:30 Let me shout God's name with a praising song, Let me tell his greatness in a prayer of thanks.

Come Join Us For Sunday Vespers

Services begin at 3:45 p.m. in the Botetourt Room

4th: Rev. Allen Lenker, Summerdean Church of the Brethren

11th: Rev. Tim Dayton, First Christian Church

18th: Gerald Carter, Chaplain at The Glebe

25th: Rev. Jerry Marshall, Forest Grove Baptist Church

Episcopal Eucharist

Join us on **Tuesday, November 27 at 11 a.m.** in the **Parlor**. Father Willis Logan of Saint Mark's Episcopal Church in Fincastle will be preacher and celebrant. Everyone is Welcome!