



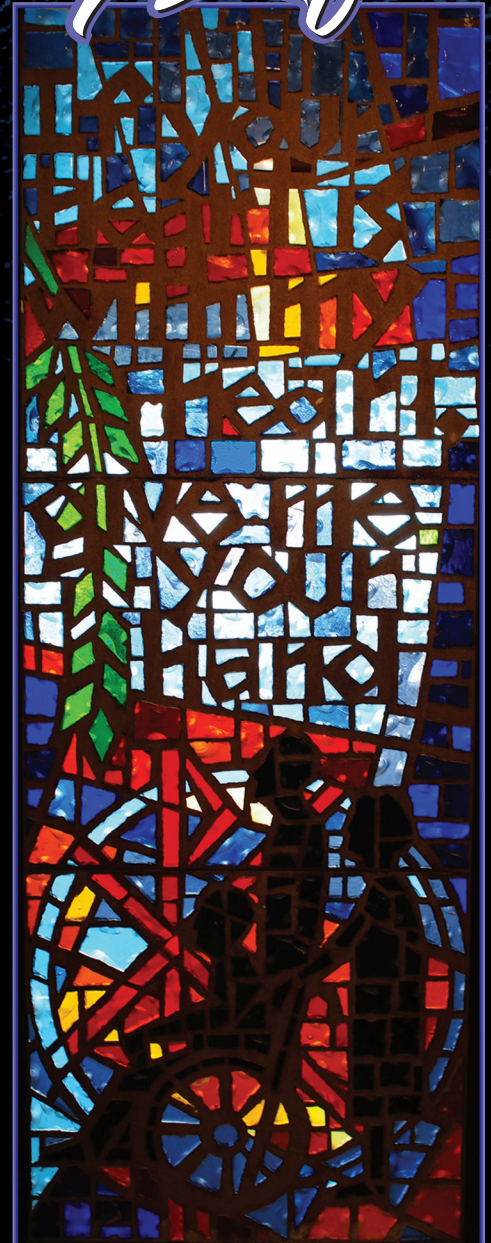
the
WESLEY
communities

LEGACY

Development Office Newsletter

Summer 2017

Celebrating Every Life





Celebrating -Every- Life

2016 Giving Report

The Wesley Communities and its affiliates (Wesley Glen and Wesley Ridge Retirement Communities, Wesley Hospice, Wesley At Home, and Wesley Woods at New Albany) celebrate the lives of those we serve. In this special edition of the *Legacy* newsletter, we're sharing stories from our company leaders about those who especially affected them last year.

Welcome to The Wesley Communities!



Thank you for making time to read our *Legacy* newsletter. This edition includes a center section that shares our 2016 Annual Report. We know that it is important to glance back at where we have been, hold ourselves fiscally accountable, share our successes, and reflect on our challenges. Most importantly, we want to take this opportunity to thank each of you for supporting our mission and advancing our work through your vast contributions of time, wisdom, and donations. We are humbled and encouraged by the generosity of our donors. We appreciate you well beyond what is expressed on the print of the next several pages.

We are going through exciting times of change and growth as an organization while holding true to our purpose and our rich history. Recently, I requested that our Board of Trustees consider a name change and a revised mission, vision and values statement. I am pleased to report that our Trustees unanimously agreed to move from referring to ourselves as “Methodist ElderCare Services” to ***“The Wesley Communities.”*** Our three communities, Wesley Glen, Wesley Ridge, and Wesley Woods at New Albany, remain the same. Strategically, we are working on a roll-out plan for the name change. We are producing a video in the coming months where I will

formally announce the name change. We will share the video with you in September.

Our mission statement was lengthy and very few people could repeat it. We know that a mission statement defines the “why” of our existence and it is important that it not only can be recited by residents and staff, but also that it speaks directly to why we all choose to be involved and remain a part of the “Wesley Way.”

I labored over each word of the new mission statement and can wholeheartedly state that I “own it” as the reason we exist as an organization. Our new mission statement is:

“We are a welcoming community of kindness and grace where residents and staff thrive.”

We will be educating and reinforcing our mission statement in many ways. One of those ways is reflected in this edition of the *Legacy* newsletter. Please enjoy the stories found within that share how our residents and staff thrive together in a welcoming community of grace and kindness. In this edition, we attempt to define and put to words what we feel in our hearts every day at The Wesley Communities. It is truly the “Wesley Way.” It is truly why we exist.

Sincerely,

Margaret R. Carmany, CEO
The Wesley Communities

The Wesley Communities

Margaret (Peg) Carmany

President/Chief Executive Officer

I met Paul Meuser shortly after he moved to Wesley Glen in 2014. We connected immediately – he was at Capital University at the same time as my parents. His wit and wisdom began to impact my life in a wonderful way.

Paul was young, he was vibrant, and he was a contributor. He traveled, he volunteered, he exercised. He was calming, humble, helpful, and fun.

I knew that his sinus infection was just a blip in his health history. I knew that when the infection was revealed to be a brain tumor that he would fight the diagnosis and disease with grace and aplomb. And he did.

I'm so sorry he's gone. I know he is now without pain. And I know that my life and the lives of his family, friends, and acquaintances were all greatly enriched by the life of Paul Meuser. I'm grateful to have known him, even for just a short time.



Paul and Peg



The Wesley Communities

Christopher Nichols

Executive Director of Corporate Compliance

I was inspired in 2016 by two Wesley Glen employees. One, Curtis Ford, worked in the Dining Room; he and a resident made a strong personal connection. She confided to Curtis that when her time came, she didn't want to die alone. He remembered that and made a special point to visit her in the hospital to honor her wish.

The second is Beth Anderson, who has a very friendly relationship with a Wesley Glen resident, Barb. She visits Beth just about every day so Beth can tell her what activities are happening. When Beth is away from the office, Barb misses her. They've become good neighbors in the Virginia Gay building.



Beth and Christopher



Wesley Glen Retirement Community

Kathleen C. (Casey) King

Executive Director

During National Nursing Home Week last May, we were between Activity Coordinators in the Health Center. To ensure that Health Center residents could enjoy the festivities, staff from all areas (and even vendors!) pitched in to help. Tim Burkam from our physical therapy company served as ringmaster for our carnival, which featured games, cotton candy, hot dogs, a bearded lady, and a petting zoo; Phil Van Walsen and others created a mural of the world with resident handprints; others stepped up to make Mexican Day fantastico; and employees made sure residents from all care areas could take part in the fun. It was truly a team effort that came off beautifully for our residents.

Left: Carol Wallenfelsz and Casey King celebrate 2016 National Nursing Home Week Carnival at Wesley Glen

Wesley Hospice

LaTasha Goodwin

Executive Director

It's a privilege to care for the clients of Wesley Hospice. We also get to know their families. One who stays with me was the wife of patient who'd been an alcoholic and an abusive husband in his younger years. This brave woman stayed with her husband through everything. Eventually he found God and got into recovery. He became a different man.

She's the matriarch of her loving and faith-filled family. She cared for her husband during his illness and found time to volunteer in her community. Her husband's Hospice nurse, Nancy, said "She helped me more than I helped her." Nancy and the former patient's wife made such a connection that they continue to keep in touch.



LaTasha Goodwin

Wesley Woods at New Albany

Wendell Graves

Executive Director

I've been influenced in a positive way by Wesley Woods at New Albany's first resident, who wishes to remain anonymous.

The very first Wesley Woods at New Albany resident was born outside the United States, remembers World War II, and bravely came to the U.S. as a young person. The resident attended college (near where I grew up, funnily enough) and became a musician, married, had a family, and created a good life.

I feel thankful to be able to welcome Wesley Woods at New Albany's first resident. This resident is so positive and has high expectations for this phase of life -- enjoys visits and considers me a neighbor. I hope to have this kind of relationship with all my residents.



Wendell Graves

Wesley Ridge Retirement Community

Kathy Miller

Executive Director

Mary Muschar was a housekeeper in English Garden, our dementia care area at Wesley Ridge. She worked here for six years and was well liked by residents and her peers; she truly came to think of Wesley Ridge as a second home.



Mary Muschar

Mary was diagnosed with cancer last summer. Her disease progressed rapidly and she eventually became unable to work. She wanted to stay in Columbus instead of going to Pennsylvania where her daughter lives; it took some maneuvering, but we admitted her to the Robert A. Barnes Center here at Wesley Ridge for skilled nursing care. We loved Mary, so we treated her like family. I think it meant a lot to her to be here.

When Mary passed away, her family held a memorial service at Wesley Ridge. We're sure that's what she would have wanted.



Kathy Miller



Chuck and Cathy



The Wesley Communities
Cathy Wighton
Chief Development Officer

One of the first residents I met after starting work at The Wesley Communities was Chuck Woodfill. Chuck lives in a patio home at Wesley Ridge, but he's a regular visitor to the main building. One day in early spring, Chuck came a-visiting with tiny daffodils in Dixie cups. The message on the cup is below.

SPECIAL NOTE ABOUT HUGGING

Hugging is healthful.
 It helps the body's immune system.
 It cures depression.
 It reduces stress.
 It's rejuvenating.
 It has no unpleasant side effects.
 It is God's miracle drug!
 It is all natural; it contains no chemicals,
 no artificial ingredients, and no pesticides.
 Hugging is practically perfect.



I love getting a hug from Chuck every time he visits. He makes me feel so welcome!

The Wesley Communities
Jay Dorsey
Executive Director of Dining Services

My life has been positively impacted by Marilyn Sells Webb at Wesley Glen. Marilyn is a centenarian – she just turned 102! – who knows what she wants. We've celebrated her birthday each year since she was 95, and she always asks for a T-bone steak ("make it tender!"), a baked potato, and asparagus. She eats every bite. It's very hard to believe she's over one hundred years old.

I'm grateful to know Marilyn and all the residents who share their lives with us.



Marilyn and Jay

The Wesley Communities

Penny Monroe

Executive Director of Clinical Care

Rhonda Callaghan is a state-tested nursing assistant in the Health Center at Wesley Glen. I have known her for 11 years. Rhonda has consistently shown me what caring is all about. She always puts residents' needs first. I have seen residents' eyes light up when she walks in the room. Many have asked specifically to have her as their caregiver; she brings joy to those she cares for. Her dedication and "can do" attitude remind me that even when things are tough, there is always a way to get it done. She has a strong work ethic and cares deeply for the people she serves. Rhonda is a champion, and I am blessed to know her.



Rhonda and Penny

The Wesley Communities

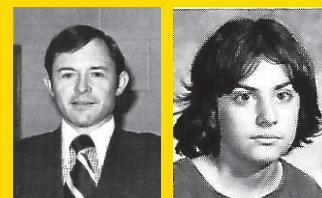
Nenad Matejic

Executive Director of Information Technology

I began working at The Wesley Communities in late 2016. Right after I started I had a "small world" moment: I discovered a Wesley Glen resident, Verrill Barnes, had been my guidance counselor at Woodward Park Middle School! I'm so glad to be working with The Wesley Communities. My colleagues and residents radiate positivity and friendliness; that good feeling stays with me even when I leave work for the day.



Nenad



*Verrill Barnes and Nenad
from their Woodward Park
Middle School days*

Wesley At Home

Leslie Morales

Executive Director

I was positively impacted in 2016 by Diane Peterson, the daughter of a Wesley At Home client. She sent me a note to tell me her mom feels like more than a client to us; she's treated like a good friend. Diane was thankful we took the time to get to know her mom so we could choose the best caregivers to suit her. She finished her note by saying the Wesley At Home team has made a tremendous difference in her mom's life. Mission accomplished!



Leslie Morales

2016 Annual Report

MOVING
FORWARD
into 2017

*Snapshots of
Growth in
2016*

Wesley Glen Retirement Community

We developed an interdisciplinary team and built a pulmonary rehabilitation program for people with chronic lung conditions to reduce hospitalization and increase quality of life.

In our continuing effort to meet and serve people where they are, we introduced Behavior-Based Ergonomics Therapy (BBET) at Wesley Ridge and Wesley Glen Retirement Communities. BBET is a non-medication-based program designed to reduce and even prevent behaviors associated with Alzheimer's and other dementias.

The BBET program has tools that are available at all times in a resource center located in special care areas.

Each resident has a customized memory box that contains special items provided by family and friends that offer comfort and familiarity.

Wesley Woods at New Albany

We broke ground on our newest community on 38 acres in New Albany. We look forward to welcoming new residents!



Wesley Ridge

Retirement Community

We opened the Harcum Fitness & Aquatic Center in September 2016. This beautiful facility offers a pool and a variety of exercise equipment and classes. It's a great addition to our community!

We implemented BBET at Wesley Ridge too. We have 30 residents and clients enrolled. It has been a great program to help our nurses and caregivers manage common behaviors. We can usually anticipate a behavior and supply a therapy from a resident's memory box. It works well for boredom, anxiety, and depression.

Wesley Ridge Adult Day Care Program continues to be an important part of the continuum of care at Wesley Ridge. It is housed on the second floor of the English Garden building. In 2016, we served over 42 families (from Franklin, Fairfield and Licking Counties) with a maintained average census of 14 clients per day.

This program affords our seniors and adults with disabilities a safe and secure daycare environment that is supervised by a registered nurse, has dedicated staff to help with the activities of daily living (bathing, eating, etc.), and provides activities to keep them mentally, physically and socially engaged. The program also provides caregivers some respite and allows them to work, attend appointments, or volunteer while knowing their loved ones are safe and well cared for.

The Adult Day Care Program continues to partner with our clients and their families with case management to include the overall health of the client, support groups, education, and links to other community resources should they need them. This year we provided over 3,500 meals; we provided 1,470 transportation services; and had approximately 40 volunteers who put in over 1,700 hours of their time to support the program.

The program receives funding support from the United Way of Fairfield County, the Veterans' Administration, and donations. The Catholic Social Services Senior Companion Program works with our staff to provide companionship to clients.

Wesley Hospice

Wesley Hospice provided care for 85 families during 2016. We offer a wide range of services to our patients and their families including medical equipment, supplies, and comfort medications; 24/7 access to our Hospice team; home visits by Hospice nurse; Hospice aide visits to assist with personal care; social services provided by social worker; counseling and spiritual support for patient and caregivers and much more. We provide four levels of care: Routine Home Care, Crisis Care, General In-Patient Care, and Respite Care.

We strive to make the most of each day for our patients and their loved ones by providing compassion and support, wherever they call home.

Wesley At Home

Sometimes older people encounter challenges in terms of health, routines and priorities. In 2016, Wesley At Home helped **273** such people.

The Wesley At Home team believes graceful aging is fostered by living where and how you want. We offer a cost-effective program that doesn't require our clients to move from their homes. We develop a plan that identifies clients' unique needs and then personalize services to promote wellness, safety and independence wherever they call home.

If you or someone you love might find life fuller or a bit easier with the assistance of Wesley At Home, please call (614) 633-9826 or email us at WAH@mecsrc.com to learn more.

LEGACY GIVING CLUB

You've made a real impact by donating to The Wesley Communities. Your gifts have changed our residents' and clients' lives for the better!

As a way for us to express our deep gratitude for their generosity, we list the members of our 2016 Legacy Giving Club below.

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 Shannon Neiswonger
 Lorraine H. Neuburger
 Michelle Nicholson
 The Oberst Families
 Patricia L. O'Brien
 Brock A. Ondaiko
 The Osburn Family
 Priti A. Pandya

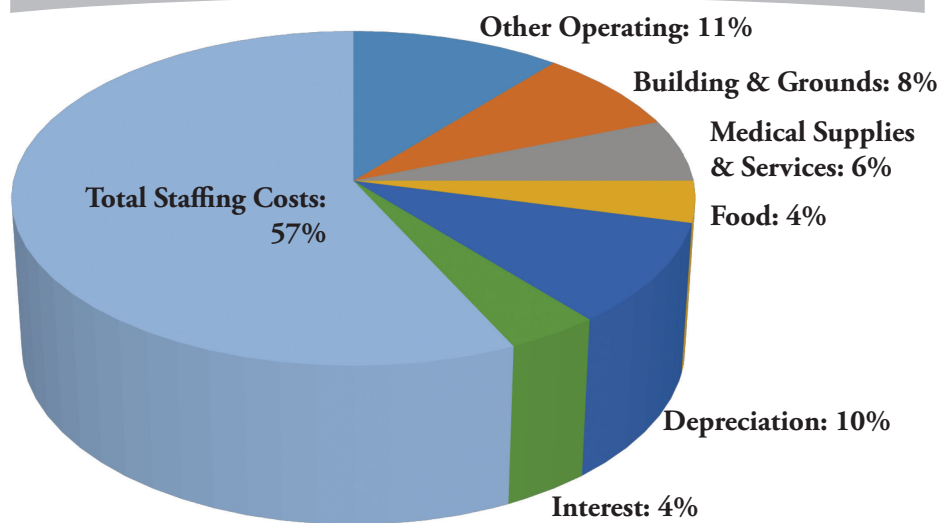
PepsiCo
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 Pam Riddle, Danah, Trish
 and Families
 Melissa Robol
 Robert G. Rogers and
 Janet H. Goin
 Rosemarie Rohletter
 The Rosenson Family
 Tyler Ross
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 Emily Salmen
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 Lisa Wilson
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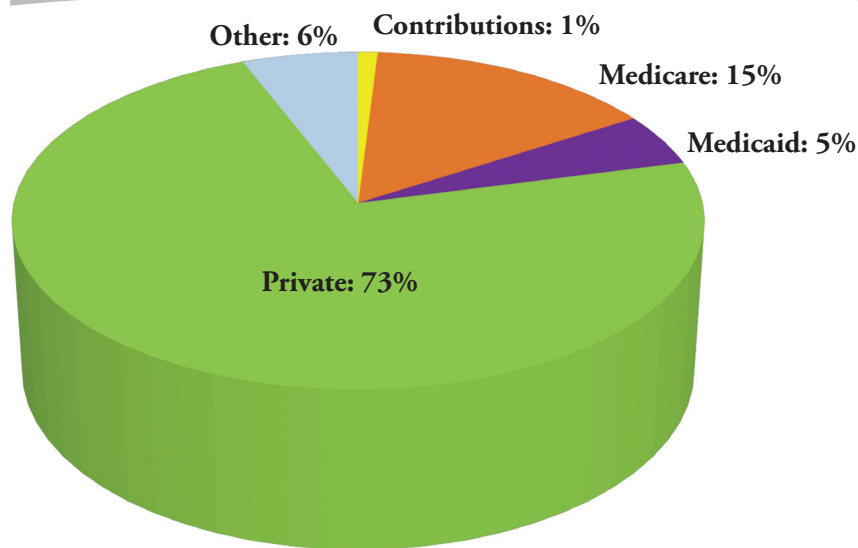
***An asterisk (*) indicates
 donor is deceased.***

*We strive to list all names accurately. Please contact the Development Office at (614) 595-5088 or
 developmentoffice@mecsrc.com if you have a correction. Thank you!*

2016 Consolidated Expense by Class



2016 Consolidated Income by Source



the
WESLEY
communities

Our Mission

We are a welcoming community of kindness and grace where residents and staff thrive.

Our Vision

To create vibrant communities by focusing on all aspects of wellness for residents, clients, and staff.

Our Values

We Know our business.
We Understand the people we serve.
We Care about you.

Know. Understand. Care.

The Wesley Communities Board of Trustees

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The Wesley Communities

Dawn Schaffner

Chief Operating Officer

I've worked with Methodist ElderCare Services for 23 years. During that time, I've seen firsthand the phenomenal loving care the staff at our communities provides.

Hugh and Janet Schaffner, my parents-in-law, lived in Baltimore, Ohio for many years, but health problems were beginning to concern their children. Even though it was very hard for them to leave their longtime home, they decided to move to a retirement community

I encouraged Hugh, Janet, my husband and my brother-in-law to look at a range of communities before choosing one. They did, and they decided Wesley Ridge offered the best care and services. It makes me think of the old Hallmark commercial (paraphrased): "Wesley Ridge, when you care enough to choose the very best." Hugh and Janet are glad to call Wesley Ridge home. It took some adjustment, but they're settled and comfortable. We're happy and relieved to know they're safe and cared for.

It's a blessing to know the staff who are caring for people I love.



Janet, Hugh, and Dawn



The Wesley Communities

Ann Wenell

Executive Director of Marketing

I know my job isn't just a job. I know it when I arrive at Wesley Ridge and see my neighbor, resident John Kirker.

He greets me with a smile, offers me a piece of candy, and briefs me on his life and goings-on in the community. John is a constant reminder to me that we provide an environment that nurtures and serves senior adults in a way that helps them thrive and truly enjoy this chapter of life. Every time I see John, I remember that my job isn't just a job...it's a mission. John has a plaque outside his door that reads "I'm Third," meaning God first, others second, himself third. Such beautiful priorities to live by.

I am truly blessed to be in this place right now.



Ann and John



2229 Taylor Park Drive
Reynoldsburg, OH 43068

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A Note about the Cover...

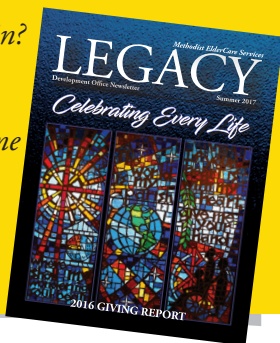
The beautiful faceted glass triptych is from the lobby at Wesley Glen Retirement Community. From the left, the panels read:

Where shall my wondering soul begin?

The world is my parish.

*If your heart is with my heart, give me
your hand.*

All are quotes from John Wesley, the
founder of Methodism.



8 T H A N N U A L
WESLEY GLEN | WESLEY RIDGE | WESLEY WOODS

WESLEY CHARITY GOLF CLASSIC

Monday, September 11, 2017

New Albany Country Club
1 Club Lane, New Albany, OH 43054

For information, please contact Mary LeMaster at (614) 207-3382

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