

PineCrest Post

PineCrest Retirement Community • 1302 Tom Temple Drive • 936-634-1054



May Birthdays

5 Marguerite Garrett
9 James Gibbs
10 Connie Hall
10 Jack Little
29 Bill Miller

June Birthdays

3 Helen Ramsey
11 Clare Herrick
14 Leonard Menius
14 Mabel Powers
15 Marty Houser
16 Newt Hamilton
17 Mary Raspberry
17 Bob Garrett
18 Marion Moore
27 Eloise Richardson
29 Margie Cammack
30 Patricia Bingham

July Birthdays

11 Melba Toigo
15 Mary Lou Power
22 George Thannisch
27 Al Brown
27 Paul Edwards
27 Louise Burrous

“The Value Edition”

My relationship with Jesus, family, friends, residents, staff and family members are all valuable to me. We talk about our possessions many times as being valuable because we can see a monetary benefit. However, it's the intangibles that are most rewarding and brings joy to our life. Having fun with family and friends and forming bonds with people is what makes life valuable.

I value the residents, family members and staff here at PineCrest. Without all of you, PineCrest would not be successful. It is a privilege and honor to work for a company with excellent core values. The ICARE values of Integrity, Compassion, Accountability, Respect and Excellence is the foundation of what makes this community great.

Valuing others as individuals and treating them with respect also brings value to our own lives. A few of my own personal values are treating others with respect, showing kindness and compassion, helping people, and forgiving others. These are areas I strive to do on a daily basis and know I fall short sometimes, but start over every day knowing these are my goals hoping to impact at least one person in a positive way with how I treat people.

VALUE to me means...

Visibly being an example of our ICARE values

Accounting for my own mistakes

Loving others and building positive relationships

Understanding and listening to the perspective of others

Excellence personally and professionally

Amy Thomas
Executive Director

In society, the things that are valued are splashed all over the media, often in the context of more is bigger and better: cars, clothes, houses... so much so that today you can buy a truck that costs as much as a small house, with the mortgage-sized car payment to go along with it. In the not-for-profit, faith based environment we are a part of at PineCrest, many of the things that we value aren't tangibles. Like integrity, compassion, excellence, service. This month in the Marketing Department, we are blessed to welcome two new women who bring much to the table in terms of value. They each bring experience, education, and expertise, but the one thing that stood out to me while interviewing both of them was their heart to serve. This quality, above others, let us know that they were the right fit for the job.

Emily Brashear is a proud graduate from Texas A&M University with a B.B.A. in Marketing. She is from the East Texas area, and is an active member in the community through her involvement in the Junior League of Lufkin. Previously, she worked in the finance industry as a Client Associate at Wells Fargo Advisors. She is happy and excited to serve as the new Marketing and Special Events Coordinator at PineCrest.



MAINTENANCE NEWS FLASH

All is going well in the maintenance department. The maintenance department is gearing up for spring. We fertilized the lawn, planted new trees and shrubs, and are looking at making some modifications in other areas to be more cost efficient.

We are still not as close as I would like to be on construction but are getting closer. We had some upgrades on the fire sprinkler system that needed to be done to compensate for the new area, this took longer than expected.

I hope everyone is having a blessed day and remember.....

**IF YOU BREAK IT,
WE WILL FIX IT!**

My thoughts on VALUE is that anytime you invest into someone or something thru the matter of time or resources, then this will add value not only to you but to the person that is receiving what you had to offer.

**Heath Foust
Plant Operations Director**

Rebecca Dilday is the new Community Outreach Liaison; she is a Licensed Vocational Nurse who has utilized her clinical skills throughout her marketing profession. She is a native to Angelina County and has 10 years of healthcare experience. Throughout her career as a nurse and community liaison she has been a driving positive force in the community by continuing to connect and serve the residents of Deep East Texas. Our department is finally complete, and we are looking forward to seeing what we can accomplish together.



**Vallie Cross
Marketing Director**

Dining Services

Food Committee Meeting will be held on Tuesday, May 2nd @ 1:30p. If you would like to attend and need more information please contact Iris Reddy our chairperson or Tammy Anderson, the Dining Services Director @ 936-633-1146.

Dining Services and Life Enrichment Department will be hosting our annual Ladies Luncheon in the Auditorium on Wednesday, May 3rd @ 11:00am. Please sign up before the deadline in the activities book on the buffet table located outside our main dining room.

We will be celebrating Cinco de Mayo by having a Mexican Food lunch in the main dining room on Friday, May 5th. Please wear your favorite Mexican theme clothing and join the fun.



Tammy Anderson
Dining Services Director



First Bank and Trust is here weekly on **Wednesday's** from **10:00 am to 2:00 pm** to take care of all of your banking needs. You must have an account with First Bank and Trust to utilize this service.



The Beauty Shop
Hours

Monday – Friday

8:00 am – 5:00 pm



Are you tired of staying in the Pineywoods? Are you searching for a vacation either to go visit family, cruise the Mediterranean, Fly the friendly sky's or just Get Away? Don't let the stress of driving to your event stop you from getting there.

Look no further PineCrest Home Health Offers transportation via motor vehicle to places like:

- ✓ The Houston Airports
- ✓ Local Shopping
- ✓ Doctor Appointments
- ✓ Out of Town Family Events

Drop Off and Pick Up, Stand by and/or Accompany. There are many more transportation service options available upon individual request.

Request for services are asked to be reserved at least 1 week prior to the event. These services are provided by our staff that has current driver's license and insurance.

The cost is \$16.05 per hour which may include a mileage fee if the PineCrest vehicle will be used.

- Contact Angel Branch, RN Director of PineCrest Home Health at 936-633-1165 to coordinator your trip with our Staffing Coordinator Odessa Kegler who will pair you up with a warm, friendly and competent Hospitality Companion.



In the event that the fire alarm is sounded, please take this seriously and take all precautions. **Stay put in your apartment**, in an area that you can hear the intercom. If instructed to evacuate, exit the building using the closest stair case to your apartment.

"The world's favorite season is the spring.
All things seem possible in May." - *Edwin Way Teale*

What a wonderful year thus far. Many new faces and lots of activities going on. I hope that you are getting out and enjoying things such as our great writing club hosted by Mr. Barber or the game of the month in the resident room (see calendar for days), our weekly exercises with Tiffany or our weekly BINGO or Mexican Train nights. Get involved and meet new people and ultimately... have fun!

This issue is dedicated to value. What a powerful word! In the near two years I have been blessed to be here, I can honestly say that I truly value this job and all the love it brings; from coworkers to you guys – MY PEEPS!

The value of relationships has always been important to me. I was always the kid that had a soft spot for people and animals, now my kids have this same love and want to bring ever stray home! The importance of friendship is huge. We all need those to chat with, cry to or just enjoy the companionship. All of these characteristics fit us perfect here at PineCrest. You guys are so valuable to me in the relationship we have. It is my "job" to make sure you guys have the opportunities to create and maintain these relationships and I hope I do just that. I plan monthly and put myself in your shoes so it's done with a lot of heart.

As I wrap up, I want you to know that I do value this community and all it has to offer. I would rent a room if I was able to! ☺

<<I am now over transportation! So if you have any concerns or questions about transportation, come see me. No, Heath is still here!! It just makes lots of sense for activities to handle transportation since I use the busses so much. Just letting you guys know this small change here.>>

Lots of love to you guys! If you have any questions or concerns, please call me at 936-633-1126.

Celsa Hurley
Life Enrichment Director

Brookshire Brothers

The onsite Brookshire Brothers is a satellite campus of the Gaslight Brookshire Brothers, and follows their pricing. The Brookshire Brothers is open

Monday– Thursday 10:00 am–3:00 pm

Closed from 12:00 to 12:20 and

the weekends and holidays

If you have specialty items that are not found in the store, turn in a list to Melony and she will purchase and have for pick up the following business day.

This is not to include deli and meat market items.

You are never too old
to set another goal or to
dream a new dream.
-C.S. Lewis

AUDIOLOGICAL SERVICES

The **third Friday of each month**, Audiological Services comes at no charge to check hearing aids.

You do not have to be a patient of Dr. Sally Muhlbach's to receive this service.

Sign up for an appointment in the Activities Book and please do not remove the sign-up sheets!

Dear PineCresters,

I was pleased to learn that the theme for this issue of our PineCrest Post is about the value of the life experiences we enjoy as residents at PineCrest. I don't think that there is any other place, which I know of, that offers all of us the wholesomely satisfying benefits that we enjoy here at our PineCrest home. For me personally, I think it is our many friendship opportunities and the great family atmosphere that makes our home such a special value to me. A man named Oscar Wilde who was born almost 165 years ago said it best about value when he stated: "Who, being loved, is poor?"

You may not recall any of the things that Mr. Wilde wrote but he was a famous Irish playwright, novelist, essayist, and poet. He lived from Oct 16, 1854 to Nov 30, 1900 and was best known for his epigrams which are pithy sayings or remarks expressing an idea in a clever and amusing way. He produced a quote about value when a character in one of his plays had a line about cynicism. This particular character was asked a question: What is a cynic? His answer was: "A cynic is a man who knows the price of everything and the value of nothing." Mr. Wilde also had something to say about a pessimist in another quote by declaring: "A pessimist is one who, when he has the choice of two evils, chooses both."

We all know that there are some people in this world who do not know the value of anything and always practice the art of pessimism but fortunately we do not find these kinds of people living here with us. I have never lived around a more caring group of people as the ones who live and work at PineCrest. And I think that those of us who reside here recognize the value of being able to live in this wonderful family friendly environment that we are very fortunate to call home.

As I end my remarks about the value of living at PineCrest, I must not forget that I had another purpose for writing. And that is to remind you of several important things to put on your calendar. First of all, our Treasurer Mary Ann Mewbourn is the one to see about paying your Temple Drive Residents Association dues and she is also accepting your donations to our Employee Appreciation Fund for 2017. Another thing, please note that our next Temple Drive Residents Association Meeting will be held on Wednesday May 10th at 1:30 PM in the Auditorium. Our Residents Association Vice President Bill Moreau has arranged a guest presenter from the Lufkin Police Department who will visit with us about how to make 911 calls properly and how to handle other emergencies.

I look forward to seeing all of you around our beautiful campus and at our upcoming residents meeting. But please bear with me as I would like to add one more quote. This one is by William W. Purkey who is a noted researcher, speaker, teacher and writer.

- "You've gotta dance like there's nobody watching, Love like you'll never be hurt, Sing like there's nobody listening, And live like it's heaven on earth."

Hope you are having a great year. Best to one and all.

Bill Philmon

Call the front desk if you need to be put on the transportation schedule. **Please call 24 hours in advance if at all possible.** The

Transportation Schedule is finalized and printed by 3pm the day before. The earliest the bus leaves is at 8:00 am for an 8:30 appointment and in the afternoon, the latest the bus leaves is **2:30 pm** for a 3:00 pm appointment. When ready to come back you may call the front desk or transportation cell phone 366-6733.

(Please do your best to not schedule appointments past 3pm so that the routes can end by 5pm.)



Weekly Activities – Get Involved

MONDAY

9:30 Exercise– Auditorium
1:30 Stitching Friends– Fireside Room
6:00 Table Games & Pool Shooter—Billiards

TUESDAY

9:30 Exercise– Auditorium
1:30 Errands Van
3:00 Ice cream– Bistro
6:00 Bingo– Auditorium

WEDNESDAY

9:30 Exercise– Auditorium
11:00 Chapel
6:00 Table Games/John Woodside Shoot out

THURSDAY

9:30 Exercise—Auditorium
1:30 Senior Yoga
2:15 Writing Club – Resident's Room
3:00 Ice cream– Bistro
6:00 Bridge– Resident's Room

FRIDAY

9:30 Exercise– Auditorium
1:30 Bus to Brookshires
6:00 Mexican Train– Auditorium **Come Join the Growing Group**

SATURDAY

9:30 Juice and Coffee – Bistro

SUNDAY

12:45 Sunday School– MPR
1:30 Chapel



It is my honor to introduce one our own Ms. Jan Duckett (our cook) and her granddaughter LaCarrias Starks. LaCarrias is 10 years old and attends Andersons Elementary in Lufkin. She received one of the high awards “The Honor Society Award” and was recognized for her accomplishment. Ms. Jan was so proud of Lacarrias and this picture of them says it all. Congratulations LaCarrias we love you and are so proud of your great accomplishment. Keep working hard and reach for the stars.



Congrats to Jeb Berstrom's son for being named teacher of the year at Spring Woods MS!



LOOK WHO GOT ENGAGED

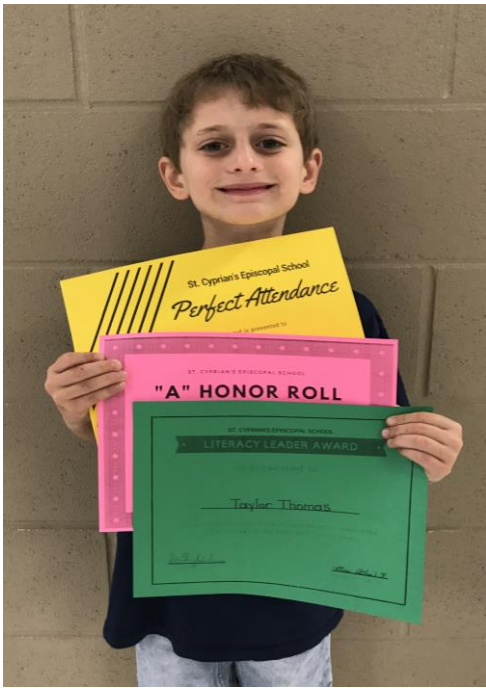


Heath and Cindy's son, Jake got engaged to Kelsey Howard on April 1, 2017. He proposed to her underneath a 100 year old oak tree close to the house where she was out doing a photo shoot. Everyone is so Happy for this engagement.



Tammy's Grands at Easter – from left to right: Rayne, Maddox & Olivia





Amy Thomas' Taylor has been on the "A" Honor Roll and received Perfect Attendance every semester this year. This semester he also received the Literacy Award for his outstanding accomplishment in reading.

Robert Porter, Lead Dietary Aide
Attended the "Fred Pryor" seminars for Basic Supervision. We are so proud of him!



Odessa Kegler, Staffing Coordinator for PineCrest Home Health; Attended Fred Pryor "Basic Supervision" seminar On April 10, 2017. Congratulations on her completion in that course



Candy Meyer, Lead Wait Staff
Attended the "Fred Pryor" seminars for Basic Supervision. We are so proud of her!



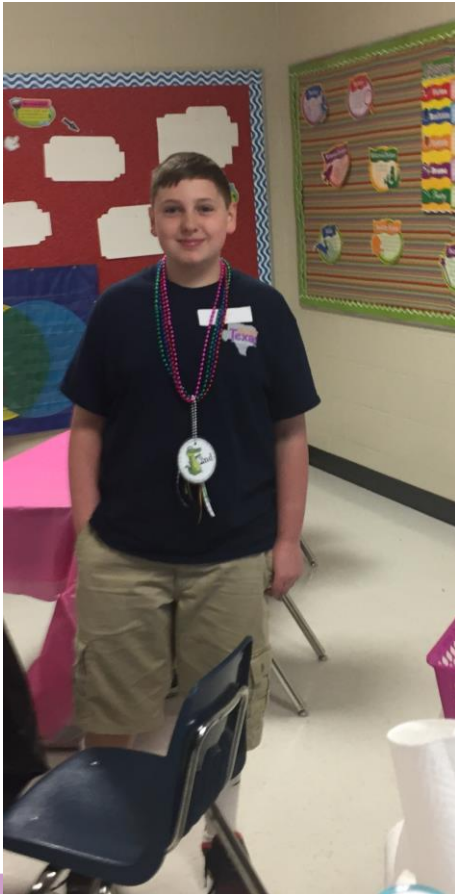


SUPERVISORY AND LEADERSHIP CLASS

Anthony Jacot, Verta Bosquez, and Thomas Thacker all went to a Fred Pryor seminar on leadership and supervisory. They told me they learned a lot and are excited about future opportunities to take more classes from the Fred Pryor Institute.



Karla's son, Kaedon, won 3rd place in the St. Cyprian's Bayou Bash 6th & 7th grade bake off for his Peanut Butter Pie.



St. Cyprian's Middle School Destination Imagination (DI) Team won 3rd place in the region & won DI's most prestigious award: DaVinci Award. Pictured below is Karla's son, Kaedon with his classmates.





Celsa's Easter Gang! Just missing our oldest daughter Reagan who is in college in CA and our older son, Kevin Jr. who is in college in Abilene. BLESSED!!!



PROM SEASON! Celsa's daughter, Chandlyr attending the Huntington Jr/Sr Prom



PROM SEASON! Monica's daughter, Morgan attending the Huntington Jr/Sr Prom



Monica's son, Dylan got his driver's license! Watch out world!!

PineCrest Retirement Community
Methodist Retirement Community Affiliate
1302 Tom Temple Drive
Lufkin, Texas 75904
(936) 634-1054



The PineCrest Post

Updates and news for the Residents of PineCrest Retirement Community

Amy Thomas, Executive Director
Angel Johnson– Branch– Home Health Director
Carol Chmielewski– Accountant
Celsa Hurley –Life Enrichment Director
Chris McKenzie– IT/ Technical Support Specialist
Hannah Pierce, Administrator
Heath Foust– Physical Plant Director
Karen Lazarine– Assisted Living Director
Kim Hagler –Human Resources Coordinator
Monica Duran –Director of Nursing
Shari Palacios, Executive Assistant
Tammy Anderson–Dining Services Director
Vallie Cross – Marketing Director

Kendra Bristol – Life Enrichment Coordinator, Assisted Living/MS
Karla Kendrick–Life Enrichment Coordinator, Healthcare/Rehab
Emily Brashear – Marketing & Events Coordinator
Amy Lawrence–Admissions Coordinator
Rebecca Dilday – Senior Living Counselor

Susan Rouse– Interim Assistant Director of Nursing
Pennie Covington– Billing
Debbie Mullen– MDS Coordinator
Sandra Walker– Medical Records
Shange Blount– Assistant Food Service Director
Janie Havard– Front Desk Receptionist