

AdamsPlace Residential Living

1925 Memorial Boulevard – Murfreesboro TN 37129

April-May-June 2015 Newsletter

From the Director, Adam Coggin

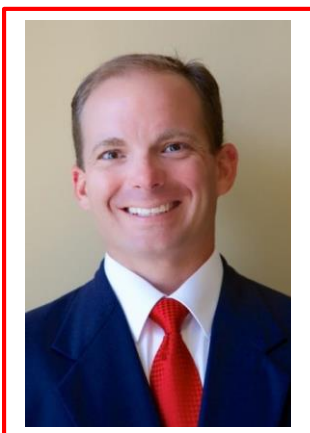


We are so delighted to have each and every one of you here at AdamsPlace. Several times a week when I talk to individuals about moving to AdamsPlace I cannot help but talk about what a wonderful community we have. As a community we learn to live with one another and enjoy each other's company. Not a day goes by that I don't think about the diversity of our community. When I walk through the halls I am humbly reminded of the lives and memories represented within these walls.

Everyone has a story and the stories held within AdamsPlace are without question remarkable. All of us as partners here at AdamsPlace are humbled and honored to show up for work every day. Because to work at AdamsPlace is to serve as a small part in your story. You all have served many different communities and have shaped the lives and "stories" of numerous people of which you have come into contact. It is our pleasure for AdamsPlace to be a small part of your story.



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As spring is here and summer quickly approaching there is always a chance of severe weather, possibly tornado watches, and tornado warnings. In the event of inclement weather we advise all residents that the safest place in the building is in our meeting room on the first floor. As a reminder we do not have an alarm system to alert of inclement weather. We encourage everyone to be aware of severe weather warnings and conditions.

Thank you for choosing AdamsPlace! - Adam



The Monthly Preview Meeting for all Residents

If you haven't yet attended the monthly Preview meeting, you ought to check it out. Come to the Meeting Room at 3:00 pm on the first Tuesday of the month. You'll hear from fellow residents about the activities that interest them which might be of interest to you, too. When you come, do bring a friend or neighbor to help get the word out about what will be happening around here in the ensuing weeks. The monthly Preview is fun and informative, with candy for all. Want to know what to do with your time?



The Preview meeting is the first Tuesday of every month (after Bingo) from 3:00 to 4:00 pm. Residents describe to each other details about upcoming activities for that month and promote events that hold personal interest. Coupons similar to those won at Bingo are given away, too!

WELCOME NEW RESIDENTS

Carl Langenhop - Apt. 207

Ed & Dot Howard – Apt. 107

Maxine Baldwin - 302

Rosemary Bane – Apt. 322

Marilyn Wells – Apt. 121

The Resident Council's Sandy Everett is in charge of hospitality, but so are we all:

If you haven't made contact with these newest residents, check at the Front Desk for an updated copy of the DIRECTORY – then you'll have their phone numbers!

PARTNER ANNIVERSARIES

APRIL

Betsy Bond – 4/9/2001 – 14 years

Anna Grace Lane – 4/2/2013 – 2 years

Lori Lewis – 4/20/2004 – 11 years

Brenda McCandless – 4/9/2014 – 1 year

MAY

Andrew Bass – 5/16/2008 – 7 years

Calli Blackwell – 5/27/2009 – 6 years

Ted Butler – 5/16/2013 – 2 years

Michael DeChirico – 5/8/2001 – 14 years

JUNE

Grace Oullette – 6/6/2007 – 8 years

Ruth Pacheco – 6/20/2007 – 8 years

Kelsey Webb – 6/1/2013 – 2 years

FROM BETSY BOND,
ACTIVITIES DIRECTOR

Hey, Everybody!

Here are some ideas about
how you can get FREE stuff.

Visit senior freebie websites:

-SeniorFreebees.com

-SeniorDiscounts.com

-Seniors.lovetoknow.com/
Freebies_for_Senior_Citizens

Take a class, play a game, or
enjoy a speaker at our local
senior citizens center:

St. Clair Street Senior Center

(Google that and you'll get
the link, which is part of
murfreesborotn.gov)

Phone 615-848-2550

Read newspapers and listen
to the radio to find local
restaurants that offer
specials for seniors:

Sometimes these are buy-
one-get-one-free dinners
available 1-2 nights a week.
Local businesses may give
freebies to seniors on
certain slower weekday
shopping days.

Keep your eyes open and
you'll be surprised at the
free stuff for seniors.

Have fun! - Betsy

Happy Birthday to these AdamsPlace Residents:

APRIL

3rd – Marilee Todd – Apt. 201

8th – Joyce Dossey – Apt. 212

10th –Dennis Martens – Apt. 301

15th – Ed Lanni – Apt. 215

20th – Hank Kajetzke – Apt. 211

21st – Betsy White – Apt. 303

26th – Lyla Russell – Apt. 311

MAY

11th – Bill Millsap – Apt. 224

19th – Sharon Koller – Apt. 308

23rd – Dot Howard – Apt. 107

30th – Bob Kucker – Apt. 327

31st – Pat Kajetzke – Apt. 211

JUNE

11th – Russell Stanley – Apt. 219

12th –Mary Calkin – Apt.109

12th – Dot Tracy – Apt. 325

16th – Liz Black – Apt. 332

18th – Jerry Gaither – Apt. 119

19th – Carolyn Marx – Apt. 319

26th – Janie Blair – Apt. 123

27th – Maxine Baldwin – Apt. 302



QUOTES

**"Success is
walking from
failure to failure
with no loss of
enthusiasm."**

-Winston Churchill

**"A successful
man is one who
can lay a firm
foundation
with the bricks
others have
thrown at him."**

-David Brinkley

**"No one can
make you feel
inferior without
your consent."**

-Eleanor Roosevelt

**"What seems to
us as bitter
trials are often
blessings
in disguise."**

-Oscar Wilde

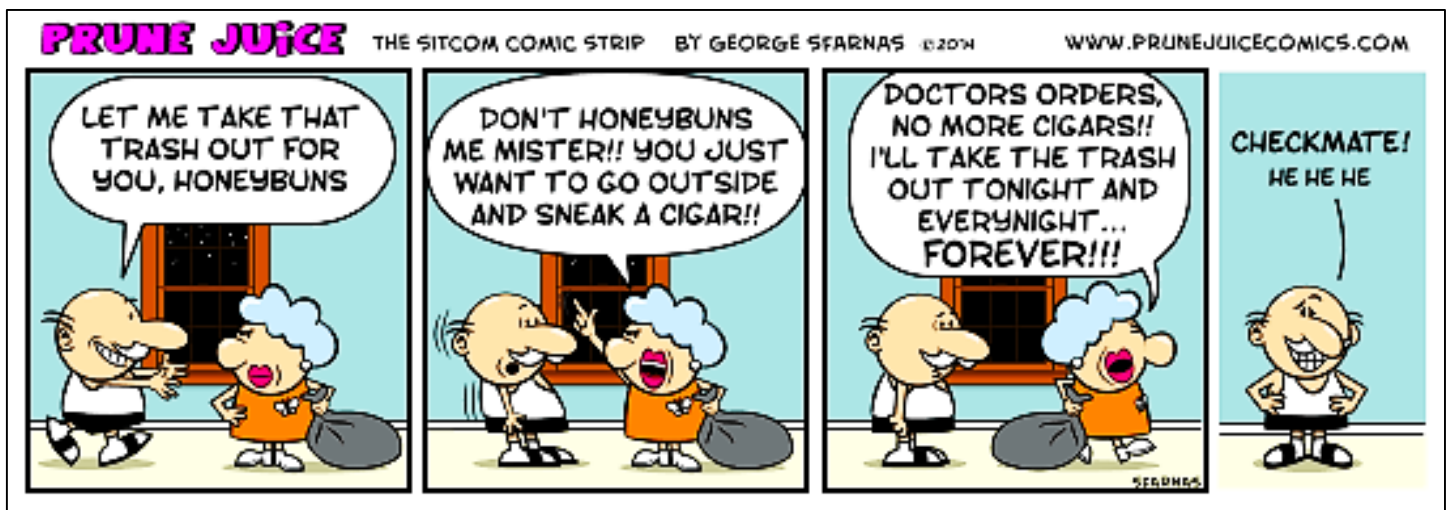
**"Courage is
resistance
to fear."**

-Mark Twain

JOKES FOR SENIORS

Can You Hear Me?

An old man went to the Doctor complaining that his wife could barely hear. The Doctor suggested a test to find out the extent of the problem. "Stand far behind her and ask her a question, and then slowly move up and see how far away you are when she first responds." The old man, excited to finally be working on a solution for the problem, runs home and sees his wife preparing supper. "Honey," the man asks, standing around 20 feet away, "what's for supper?" After receiving no response he tries it again 15 feet away, and again no response. Then again at 10 feet away and again no response. Finally at 5 feet away, he says, **"Honey what's for supper?"** She replies **"For the fourth time, it's lasagna!"**

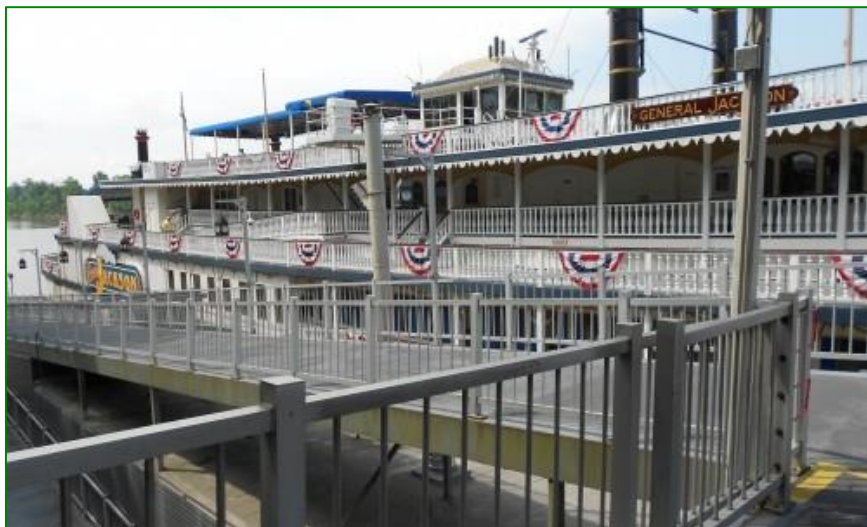


Memory Problems

A few older couples like to get together to talk about life and to have a good time. One day one of the men, Harry, started talking about this fantastic restaurant he went to the other night with his wife. "Really?" one of the men said; "What's it called?" After thinking for a few seconds, Harry said, "What are those good smelling flowers called again?" "Do you mean a rose?" the first man responded. "Yes, that's it!" he exclaimed. Looking over at his wife he said, **"Rose, what's that restaurant we went to the other night?"**

**We went to a Senior Day
on the General Jackson
Showboat in Nashville,**
cruising down the Cumberland
River, listening to musical
entertainment, & eating lunch.

This event was sponsored by:



Pictures top to bottom:

The General Jackson; our good musical entertainment; our bus driver Jim Pitchford among the tables of AdamsPlace residents; some residents watching out the windows; Flo Nicholson and Lyla Russell shaking a leg; a view of Nashville from the showboat.

FIRST FRIDAY AT FOUR – MTSU students perform here in our Parlor at 4:00 on the First Friday of each month during term

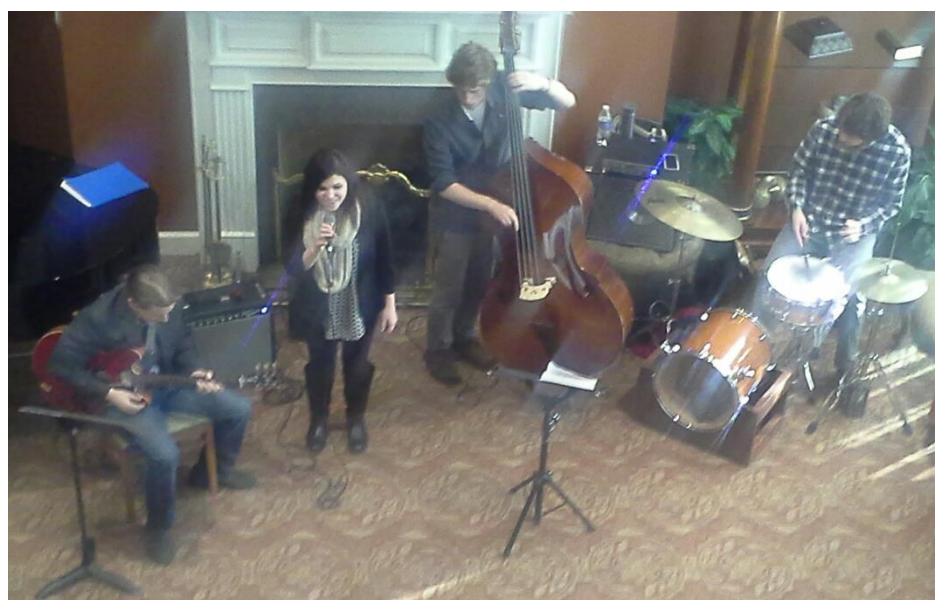


Classical Guitar: Jacob Miears

Trombones: *Knoxboro Bones*



Jazz Quartet: Nikki Elias, vocals
(along with guitar, bass, and drums)



Photos on this page taken by resident Dr. Guy Fortney who watches and snaps photos from the 2nd floor balcony.

Some other MTSU students have played here recently, including these musicians:



A young South Korean is already an extraordinary pianist; we were in awe of his mastery and talent.



MTSU Woodwind quartet *Azure Winds* – Dr. Carol Nies & the Double Bass Quartet from MTSU – Betsy's impromptu bass lesson

One of our favorite adult ensembles is the Harpeth Winds trio.



Julie Ditzel/flute, Harry Ditzel /French horn, and Rachel Grasso/clarinet, are all impeccable musicians who started out their musical careers playing together in the West Point Band.

They inspire us with a wide-ranging repertoire and the sense that we too are part of their network of old friends.

Guy Fortney took this shot of the trio as well as the two double bass photos above.

Left: **Lee Ann Newton, co-author with James A. Benson, discussed their book *Beneath the Shadows*, about a Civil War correspondence, displaying several Civil War era items, and described the co-author process.**

Lee Ann's photo was taken by resident Hank Kajetzke.

Right: **Local author Shirley Farris Jones talked with the residents about one of her books, *The Un-Civil War in Middle Tennessee*. Discussion focused on "Martha Ready Morgan: From Wife to Widow in 630 days."**

Shirley was recommended to us by resident Jean Garner.



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