

THIS IS Living



SPRING 2017

OHIOLIVING.ORG

It's a Brand New Day

ROCKYNOL is now  Ohio Living Rockynol



We have some exciting news to share with you. On October 28, 2016 our parent company, Ohio Presbyterian Retirement Services, changed its name to Ohio Living. As a result, our community's name has changed to Ohio Living Rockynol. Additionally, Senior Independence, our home health and hospice provider, has changed its name to Ohio Living Home Health & Hospice and our Foundation is now Ohio Living Foundation.

We are very excited about this change and believe it will bring a bright future as we continue to offer high-quality care and services to you under the unified name of Ohio Living.

Please rest assured that this rebranding effort is not the result of a merger,

acquisition or change in ownership. Our people, mission and ownership will remain the same.

We chose the name Ohio Living because we believe it embodies the essence of who we are as an organization – a community of people who celebrate living. It is our deepest desire to provide others with opportunities to live life to the fullest by joining alongside them to make each day count. This new brand is an expression of our organizational values and speaks to the principles we were founded on in caring for Ohioans, a charge which proudly remains our primary focus.

You'll notice we also removed the words retirement community from our name. This decision was based on research indicating

that many current and future prospective residents view the word retirement negatively.

Similarly, we have also changed from referring to our community as a continuing care retirement community to a life plan community which focuses on the vibrant, forward-looking nature of our community.

Additionally, we have adopted the tagline "Faith, Compassion, Community" to embrace our faith-based, not-for-profit culture and heritage.

We want to assure you that this change will not affect the care and services at Ohio Living Rockynol in any way. Our new brand represents a renewed commitment to our residents, families, staff and the Greater Akron community.



It's a life worth living

Residents from Ohio Living Rockynol know what it means to live life to its fullest everyday. We offer opportunities to socialize, gain knowledge, maintain fitness, worship, experience the arts and more! Below is a sampling of our many programs and activities:

Social and Cultural Opportunities

(Events occur both on and off campus)

- Board Game and Card Groups
- Volunteer Opportunities
- Restaurant Style and Private Dining
- Art Workshop and Craft Classes
- Movie Nights
- Resident Association and Committees
- Group Tours, Shopping and Day Trips
- Musical Performances, Concert and Theater
- Gardening

Educational Opportunities

(Offered in the spirit of enhancing knowledge and the importance of lifelong learning)

- Computer Center
- Readers Club
- Community Guest Speakers
- Live Video Conference Education

Centers & Services Offered

(Both on and off campus)

- Stonebridge Grille
- My Independence by Ohio Living Home Health & Hospice
- The Virginia Carrell Center
- Fitness Center and Fitness Classes
- Spiritual Life Programming
- Partnership with Shaw JCC of Akron's State-of-the-Art Fitness Center for Swimming and Enhanced Fitness

2 LIFESTYLE



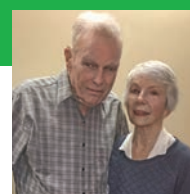
Turn Your Real Estate into Income

3 ARTS & LIFE



The Upside of Rightsizing

4 AMAZING RESIDENTS



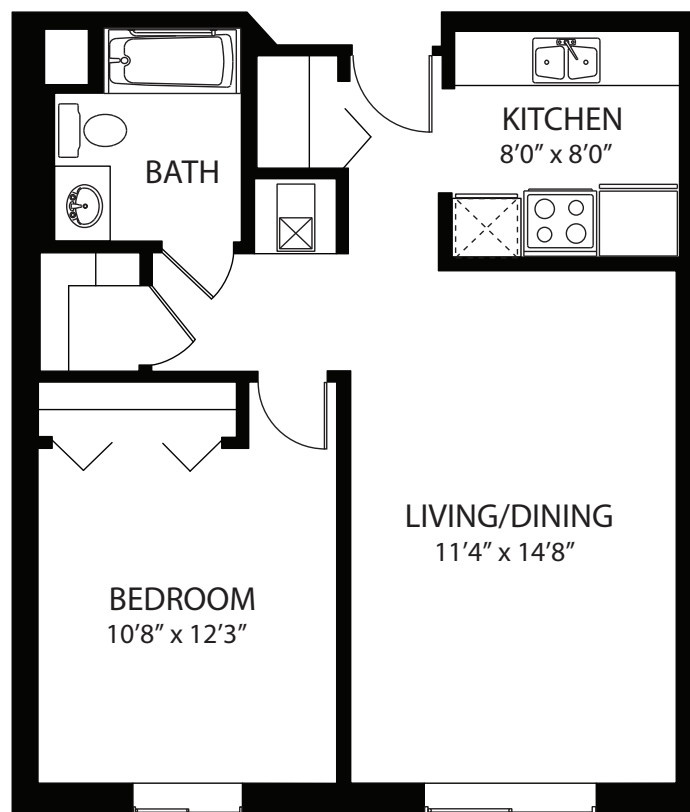
Meet Allen and Phyllis Arkett

SUMMER SPECIAL!

We invite you to tour our beautiful new model apartment and learn how to get \$2500 in savings!

One-bedroom deluxe apartment sized perfectly for you!

If you are in search of a one-bedroom apartment that works well for you, then we have the perfect fit!



The one-bedroom features:

- 575 square feet
- Fully-equipped kitchen
- Individually-controlled heating and air conditioning
- Complimentary laundry rooms
- Pre-wired for telephone and cable TV
- Spacious closets and storage
- Emergency call system
- Chef-prepared, cooked-to-order meals
- Housekeeping services
- Basic cable TV and all utilities except telephone
- Transportation to professional appointments
- Emergency, safety and security systems
- Fitness center

To set up a personal tour and receive this exciting offer, call 330.867.2150 prior to August 1, 2017.

Call the Experts and Services Available

BEAUTY & BARBER SERVICES

The Salon

Tuesday thru Friday 9 a.m. to 3 p.m.
330.867.2150, ext. 240

DINING

Tree Side and Private Dining Room Available

Lunch 11:30 a.m. to 1 p.m.

Monday thru Friday

Dinner 4:30 p.m. to 6 p.m.

Monday thru Saturday

Sunday Brunch 11 a.m. to 1 p.m.

DRY CLEANING

Free pick-up and delivery

Esprit Cleaning 330.668.2610

Fussy Cleaners 330.352.8946

HEARING SERVICES

Provides on-campus service

Audiophone Akron

Dr. Brian Smith | 330.434.5101

HOME HEALTH SERVICES

Ohio Living

Home Health & Hospice

Call 330.873.3468

Offering as much help as you need by providing home health and home care services.

HOSPICE CARE

Ohio Living

Home Health & Hospice

Call 330.873.3468

Dedicated to providing care for patients and families in the place they call home, 24 hours a day, 7 days a week.

NOTARY SERVICES

Available Monday thru Friday
9 a.m. to 4 p.m.

PHARMACY DELIVERY

Sand Run Pharmacy

330.864.2138

PODIATRY

Provides on-campus service
Dr. Kenneth Shaneh

PET SERVICES

Cathy's Critter Care

330.328.1173

Ruth's Pet Sitting

330-622-3096

SEAMSTRESS / ALTERATIONS

The Traveling Seamstress

Joyce Knight

330.630.5889



Construction Update

Over the last few years Ohio Living Rockynol has undergone a significant upgrade! Our brand new 64-unit assisted living building is now complete. Visit main street where we now have a spa & salon, computer lounge, activity room and Cozy Corner for shopping. All of this compliments our life plan community that includes independent living, assisted living, memory care, rehab and long-term nursing care.

Host your next event at Ohio Living Rockynol

Looking for a great place to host and cater your events? Look no further. We offer a variety of private spaces in which you can entertain or hold your next meeting. Impress your guests with food prepared by our award-winning Chefs! Big or small we've got you covered.

Call 330.867.2150, ext. 201 today to book your next event.



Turn your real estate into income

In spring, many people are beginning to think of selling their home, vacation house or other property. But, the mere thought of this can be overwhelming. It can take a great deal of time, effort and money – even if you enlist the help of a professional.

However, there is a more appealing alternative that benefits you and Ohio Living Rockynol. Instead of selling your property, you can use it to fund a charitable gift with the Ohio Living Foundation and receive fixed payments for life that are partially tax-free.

If you'd like to learn more about this opportunity and whether it could be right for you, call **Jim Hickey**, director of gift planning, at 440.821.7369.



Community Calendar

All events are free unless otherwise noted. Please call the number listed on the event to RSVP.

Lunch and Learn

A program provided by Ohio Living Rockynol and Ohio Living Home Health & Hospice. Join us for a **complimentary lunch** and an informational lecture in the Stonebridge Grill. Enter at 1150 West Market. Please RSVP to Mary Sullivan at 330.867.2150, ext. 201 or msullivan@ohioliving.org.

Wed. | June 20 | 11:30 a.m.

Drive Safe

A driver's license symbolizes freedom, independence, being employed, fun, spontaneity, and involvement in social and religious activities. Join us for some valuable insights on Driving Safe as we Age.

Wed. | July 25 | 11:30 a.m.

Eating Smart

Red meat is not bad for you. Now, blue-green meat, that's bad for you! Join us for a lively discussion on smart eating.

Wed. | Aug. 23 | 11:30 a.m.

Memory Fitness

Memory Fitness is important at any age, but especially as we get older. Please join us to learn about the brain and how we can keep it active and sharp. We will cover things like: Change Your Brain, Change Your Life; The Big Wide World and Your Brain; Not All In Your

Head – The Body and Mind; Hey Genius!

Senior Connections

This program is generously sponsored by the residents of Ohio Living Rockynol with assistance from University Circle, Inc., serving seniors in retirement communities with video conferencing programs in Ohio and across the country. We welcome area seniors to this program which is held on Tuesday's at 1 p.m. in the Hugh and Myrna Porter Chapel.

Tues. | June 13 | 1 p.m.
Cleveland History Center

Women of the Western Reserve

Meet the talented, inspired, creative and innovative women of the Western Reserve. These admirable women were pioneers, philanthropists, musicians, doctors, judges, educators, suffragettes, legislators and so much more. As time progressed, so did their roles.

Tues. | June 20 | 1 p.m.
Cleveland History Center

Garrett Morgan: Cleveland's Civic-Minded Inventor

Garret Morgan, the son of former slaves, moved north from the segregated south

and went on to become a self-made business man in Cleveland. Hear the story about how his inventions like the first safety hood, a breathing apparatus like a gas mask and the traffic light revolutionized public safety during his lifetime.

Thurs. | June 22 | 1 p.m.
Cleveland History Center

Trip and Docent Tour at the Cleveland History Center

This trip is for Ohio Living Rockynol residents only.

Tues. | June 27 | 1 p.m.

Hometown Heroes

This highly interactive program presented by Dennis Sutcliffe will test your knowledge of Cleveland's hometown heroes. Some of the celebrities are easy to identify, while others present more of a challenge!

Tuesday | July 11 @ 1 p.m.

Truth, Justice and the Cleveland Way

Join Dennis Sutcliffe as he presents Jerry Siegel and Joe Shuster, two kids from Glenville High School, created the world's most enduring Superhero. Meet the original Superman and learn how he was influenced by the boys' lives in Cleveland!



The Upside of Rightsizing

Presented by Lee-Ann Spacek

Thursday | June 7 | 2:30 p.m.

Independent Apartments | 1148 West Market Street

At any time in our lives, making a plan today can make your future more comfortable and appealing. Whether you think you will move or stay in your current home, organizing and de-cluttering makes you feel better. And should you decide to make a move, you will be prepared and ready.

Lee-Ann is the principal and owner of North Coast Residential Relocation. She is a real estate and relocation professional who specializes in helping seniors who are considering making a move. She is dedicated to helping her clients make the transition to a place that fits their needs and lifestyle with respect, dignity and peace of mind. Lee-Ann has 30 years of experience in management, and her degree is from Baldwin-Wallace College in Communications. Refreshments will be served.

Please RSVP to Mary Sullivan at 330.867.2150, ext. 201 or msullivan@ohioliving.org.



Attention Veterans!

Veterans who have faithfully served our country may be eligible to apply for

The Honorable Service Grant Program

For more information, please call 330.867.2150, ext. 201

Must not currently be residing in an Ohio Living community.

Check out the new look of our social media channels!

We update our Facebook page and Twitter feed daily to bring you the latest trends in active aging and care, offer words of encouragement for caregivers, and provide a sneak peek of what life at Ohio Living Rockynol is all about – we even have a YouTube channel! Want to join the growing conversation? We're just a click away.



<https://www.facebook.com/RockynolRetirementLiving/>

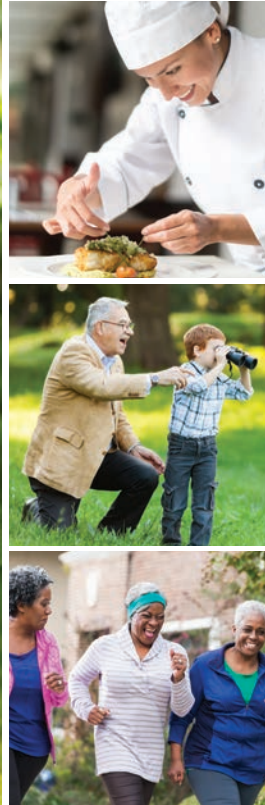


<https://twitter.com/OhioLivingRN>

This is Living has been brought to you by your friends at Ohio Living Rockynol.

Executive Director Kara Hanzie
Director of Marketing Mary Sullivan
Creative Services Dyan Trent

For more information or to schedule a free lunch and tour, call 330.867.2150.



Ohio Living

Rockynol

1150 West Market Street
Akron, Ohio 44313
www.rockynol.org

330.867.2150



Amazing Residents

Allen & Phyllis Arkett

In 2012, when **Allen & Phyllis Arkett** decided to make a change, they chose Ohio Living Rockynol. “In our minds, if we were going to move, the place would be Ohio Living Rockynol,” said Allen. According to Phyllis, “We were originally introduced to the community in 1989, when we were going for a trip and my dad stayed at Ohio Living Rockynol for respite in the Health Care Center. His only complaint was that he wasn’t allowed to smoke his pipe here!” Over the years, Allen and Phyllis attended many of our resident and community activities which eventually led to their decision to move here.

The Arkett’s first met in high school, even though they went to different schools. They met again when Phyllis visited her brother at Lafayette College, where Allen went to school. She did not know Allen was there at that time, she thought he went into the Army. He returned to Lafayette after the Army, and the rest is history. Or, as they both said, “It was just meant to be.”

They married at the age of 23. Allen became an Engineer and Project Manager for Babcock & Wilcox, and the couple moved to Ohio from New Jersey when Allen’s company relocated their offices. Phyllis was a medical technician before having children and then went back to work when the couple had two kids in college.

Their apartment home is filled with beautiful antiques which are clearly a collection of a lifetime. Phyllis was active in many organizations in their community of Norton. She was active in

the historical society, city council and many civic organizations. They have enjoyed an active lifestyle, and always included their three children in golf, tennis, sailing and skiing.

Allen and Phyllis agreed that they love their apartment, their balcony and the view. “We think Ohio Living Rockynol has exceptional services and the attitude of the staff is always great!” The Life Care Commitment is something they did not know about prior to moving here, but it certainly provides an added level of security knowing that Ohio Living Rockynol will be there for future needs. They also love the variety of people here – doctors, lawyers, engineers, secretaries, teachers, bookkeepers – you name it, we have it!

When asked to talk about something they do that no one would guess, Allen said, “I have played the cello since I was about seven or eight.” He played with the Medina Symphony for many years and has been a part of many community orchestras. When asked if he ever plays for our community, his wife answered, “He waits to be asked.” As for Phyllis, Allen answered for her, “She taught all of our kids to play tennis.” The truth of the matter is that Phyllis was always involved in athletic endeavors such as golf, figure skating, skiing, sailing and her all time favorite, tennis.

When asked what people should know about living at Ohio Living Rockynol, they replied, “It fits!”

Retirement –

a time to enjoy all the things you never had time to do when you worked.

Ohio Living Rockynol –

the place that gives you the freedom and opportunity to do that!



Ohio Living Rockynol is within minutes of major highways, renowned museums, quality theater and entertainment, professional sporting teams and events, as well as numerous golf and recreational facilities.

