

Ohio Living Vineyard on Catawba Resident Newsletter

Letter from the Administrator



The fall season continues to provide beautiful colors in our changing landscapes as we transition into the cooler months.

Our leaves are being cleaned up as they fall and our campus s being prepared for the winter months. I am hopeful for some more warm sunny days for all of us to get out and enjoy.

As we prepare for the holiday season, there will be many activities planned and on the calendar for you to enjoy.

The Spiritual Life Committee has worked diligently planning our 14th annual Memorial Service to celebrate the lives of residents and/or former residents that have passed in the last year. Please join us for the service in the Community Center at 3 PM on Sunday November 5.

The SilverSneakers exercise class on Wednesday mornings at 11AM is off to a great start. For anyone interested in joining the class, there is a \$2 charge per class for those that are not paid for by your insurance.

The Concord Salon at the Concord Apartments Gathering Room is open for business. Shannon Smith is the licensed hair stylist. Please call her directly to schedule appointments at 419.320.7025. Currently, Shannon works in the salon on Mondays until about noon.

The Fitness Studio in the Community Center is always open and available for all to use. The recumbent steppers are worn out and in need of replacing. We have started to raise almost \$9000 to replace the two machines. A fund

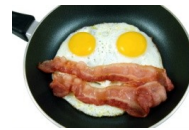
with the Ohio Living Foundation called 'Exercise Equipment' for all tax-deductable donations has been established. Envelopes are always available in the vestibule at the Community Center.

Please be mindful of the 15 MPH speed limit here on the Vineyard campus and remind any visitors you have of the speed limit as well.

If you are interested in volunteering some time on one of our committees that help provide many great programs for the Vineyard, answering phones in the office from time to time, or just spending some time visiting with some other residents that would enjoy a visit, there are many opportunities throughout our Vineyard community. Please inquire at the office.

Paul

Breakfast Bunch



The Breakfast Bunch is open to any male resident of our Ohio Living Vineyard on Catawba community. This group meets at our Community Center each Monday morning at 8:30 a.m. They decide where they would like to go for breakfast, and then carpool to a local restaurant. The group discusses items in the news and things of interest while enjoying their bacon and eggs. Individuals each pay for their own breakfast. New faces are always welcome.

Vineyard Fellowship

This group gathers on Monday mornings at 10:30 a.m. in our Community Center (except for the second Monday of the month). This is a





group of residents who meet to discuss and study the Christian gospel. They are led by a resident and sometimes enjoy

refreshments. Everyone is welcome to attend.

Dominoes



Do you like to play games? How about a good game of dominoes? There are many variations of this popular game. Dominoes are

played in the Gathering Room of the Concord Apartments on Mondays at 6:30 p.m. What a great way to have some fun with your friends and neighbors! New faces are always welcome.

Catholic Service



Commissioned Communion Ministers from Immaculate Conception parish will conduct a Catholic Communion Service

on: Tuesdays, 2:45 p.m. in the Gathering Room at the Concord Apartments.

*Prayers, Scripture reading with reflection and Holy Communion.

*All residents and guests are invited--- however, if you are not Catholic and not united with the Catholic Church, you are still invited to attend and join us in prayer but asked not to receive Holy Communion.

*The Catholic Communion service continues at the Chalet, 3:30 p.m. every Tuesday.

Please consider this an invitation and a warm welcome.

Yoga with Donna



Yoga classes are held on Tuesdays beginning at 3:00 p.m. in the Community Center. Classes are led by Certified Yoga Instructor, Donna Lueke. Most of the exercises and movements are performed while sitting in a chair. Those attending will receive instruction on stretching, posture, range of motion, balance, and breathing. Each exercise can be adapted for your ability. Classes last approximately 1 hour each. There is a charge of \$3 per person per class. Please give it a try!

Euchre



Playing cards can be so much fun. Here is your chance to enjoy a game. Euchre is played on Tuesday night at 6:30 in the Community Center. You do not have to come with a partner in order to play. You will be partnered with someone when you arrive. Not sure how to play the game but want to learn? They are always looking for a new neighbor to teach. Why not try it? You might just have a great time.

Health Screening



On Wednesdays, beginning at 3:00 in the afternoon, FREE blood pressure and blood sugar screenings are offered in the Gathering Room of the Concord Apartments. The tests are performed by a nurse from Ohio Living Home Health and Hospice. Testing can be conducted in a private setting. Refreshments are served.

Why not take advantage of this wonderful opportunity to take charge of your health?

Pinochle



Ohio Living Vineyard on Catawba residents get together to play pinochle on Wednesday evenings at

6:30 in the Gathering Room of the Concord Apartments. Everyone is welcome.

Communion Service



at the Community Center on the second Thursday of each month at 2:00 p.m. All who have been baptized and

believe that the Bread and Wine we receive is the Actual Body and Blood of our Lord and Savior Jesus Christ are invited to attend.

If you are unable to attend, we will come to your home. Please call Marlene Carpenter (419.797.6402) by Wednesday noon if you would like to attend so we will know how many to prepare for.

Birthday Party



The Party Planners would like to invite all Ohio Living Vineyard on Catawba residents

to the Community Center on Friday, December 1st at 1:00 p.m. to celebrate the birthdays from the second half of this year. Coffee, cake and ice cream will be served. Reservations are not required and there is no charge.

Christmas Rummage Sale



The Party Planners are having a Christmas Rummage and Bake Sale on Saturday, December 2, 2017 at the Community Center from 9-4. If you would like to donate any holiday items for the sale, please contact Royetta Floriana at 419-260-1943. Also, donated baked goods for the bake sale would be greatly appreciated! Thank You!

Vineyard Voices



The Vineyard Voices is comprised of all residents of Ohio Living Vineyard on Catawba. If you are a resident, you are a member of the Vineyard Voices. The Vineyard Voices meet on the first Tuesday of each month in the Community Center. Refreshments are served. Representatives from each of the activity groups, as well as staff members, report on what is happening with their group or department. This is a great opportunity to learn more about Ohio Living Vineyard on Catawba, be involved in your community, and hear about major projects, upcoming events and what is new. Please plan to join us. The next Vineyard Voices meeting will take place Tuesday, December 5th. The meeting will begin at 10:00 a.m.

Touch of Class



We are very pleased to announce that Port Clinton High School's choir, Touch of Class, will be here to perform a free concert on Wednesday, December 6th at 5:30 p.m. The performance will take place in the

Community Center. Reservations are not required.

Vineyard Night Out



All Ohio Living Vineyard on Catawba residents are invited to enjoy a dinner at Bar North Bistro on Thursday, December 7th. Everyone will meet at the Community Center at 4:30 p.m. and carpool to the restaurant. There will be plenty of drivers, so if you do not like to drive after dark you can ride with someone. Everyone will be ordering off the menu and will pay for their dinner. Reservations are required. Please sign up in the office before noon on December 4. When you sign up, please be sure to let us know if you are willing to drive or if you prefer a ride.

Office Closed



Ohio Living Vineyard on Catawba's office will be closing at 2:00 p.m. on Friday, December 8th.

Book Club



Our Book Club meets on the second Monday of each month in the Community Center at 10:30 a.m. This month, they will meet on Monday, December 11th. Book Club is led by a representative from Ida Rupp Public Library. She chooses a book and distributes them at the meeting. Residents then have until the next club meeting to enjoy the selection. Books are returned at the meeting when they are discussed. Participants share their thoughts, feelings, and opinions of the content, characters, and plot. Everyone is welcome. This

month's discussion will be on 'Christmas Bells' by Jennifer Chiaverini. Extra copies of the book are available on the counter in the library of the Community Center if you would like to participate.

Did You Know



Dear Vineyard Residents,

On the 2nd Monday of the month several people gather at 10:30 a.m. for a lively discussion in the Community Center. These folks come to share their impressions of the monthly book choice, brought to them by the Ida Rupp Library. Several are "Charter Members", having been a part of the Book Club for six years; others have joined more recently. There's always an open invitation to come and join in the fun. Copies of the book for each month are on the counter in the Vineyard library. Come join us on December 11 for a discussion **Christmas Bells**, by Jennifer Chiaverini.

Mary Breymaier
Adult Outreach Coordinator
Ida Rupp Public Library

Bell Ringing



We are very pleased to be able to support the Salvation Army's Red Kettle Campaign to help those in need in our area during the holidays and throughout the year. Once again, we will be ringing the bell. This year we will be in the vestibule at Kroger's. The dates/times will be on Tuesday, December 12th from 10:00 a.m. to 2:00 p.m. Also, Wednesday, December 13th from 12:00 noon to 2:00 p.m. And, Tuesday, December 19th from 10:00 a.m. to

2:00 p.m. For anyone wishing to participate, there is a sign-up sheet in the office. Times have been broken down into 1 hour increments. We greatly appreciate your support of this very worthy cause.

Ladies Lunch



The ladies of Ohio Living Vineyard on Catawba are invited to enjoy lunch at Ciao Bella on Wednesday, December 13th. We will all meet at the Community Center at 11:45 a.m. and carpool to the restaurant. Everyone will order off the menu and pay for their own lunch. Reservations are required. Please sign up in the office before noon on December 7. When you sign up, please be sure to let us know if you need a ride or if you are willing to drive.

Keyboard Concert



We are blessed to have a great musician come and perform a FREE concert every month. Pastor Bruce Rodgers is an accomplished pianist. On the second Thursday of each month, Pastor Bruce graces us with beautiful sounds from the keyboard. He plays a variety of music, including golden oldies, hit parade, big band music, classical, jazz and blues. He will be performing in our Community Center on Thursday, December 14th beginning at 11:00 a.m. Reservations are not required. Performances usually last about an hour.

Cookbook Dinner



Do you enjoy trying out new recipes? We have the perfect opportunity for you. Whether you like to try preparing new recipes or enjoy tasting new recipes, Cookbook Dinner is for you. Generally, a well-known chef is chosen, such as Rachel Ray or Martha Stewart. Then, those wishing to cook, choose a recipe from the specified chef, and prepare the recipe to share with everyone. If you do not want to try your hand in the kitchen, you are still welcome to attend. Those who prefer only the tasting end of new dishes, simply pay \$8 and enjoy all the creations. This month will be your favorite holiday recipes. The Cookbook Dinner will be held in the Community Center on Thursday, December 14th. Dinner will begin at 5:00. Reservations are required. Whether you are cooking or tasting, please be sure to sign up in the office before noon on December 11.

Fifth Grade Choir



Port Clinton City Schools Fifth Grade Choir will be here to perform for residents and friends on Friday, December 15th beginning at 11:00 a.m. Reservations are not required and there is no charge. These young people are a delight to hear and always give a wonderful performance. You will not want to miss this

Christmas Decorating



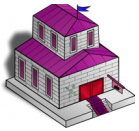
All Ohio Living Vineyard on Catawba residents are invited to The Chalet for Christmas

Cookie



cookie decorating on Friday, December 15th at 1:30 p.m. Amy will be baking the cookies, 1 dozen for each person. All you have to do is frost and decorate them any way you wish. All of the supplies will be provided for you. Then, they are yours to take home, eat, or give away as you wish. Reservations are required. There is no charge. Please call Kara or Sherrie at the office before noon on December 8 to RSVP.

Town Hall Meeting



Once each month, Administrator Paul Shaw holds a Town Hall meeting. These meetings are generally informal and held in an open forum. Meetings begin with Paul making announcements and sharing information on activities, projects, etc. The meeting is then opened up for anyone to ask questions, express appreciation, or share a concern. Everyone is encouraged to attend. The next Town Hall meeting will be held in the Community Center and is scheduled for Thursday, December 21st beginning at 10:00 a.m.

CIC Dinner



Each month, residents of Ohio Living Vineyard on Catawba have the opportunity to enjoy a private dinner at the Catawba Island Club. Those wishing to attend simply notify the Vineyard office that they would like to be included. They choose either Fried Perch or Grilled Sirloin for their entrée. All dinners include a salad, entrée, potato, vegetable, and dessert. Meals also include water and coffee. The cost is \$17 per meal payable to Ohio Living and collected when you sign up. This month, CIC Dinner will be held on Thursday, December 21st and it

will begin at 5:00 p.m. Those wishing to attend need to make their reservation to the Vineyard office before noon on December 18.

Holiday Gathering

All Ohio Living Vineyard on Catawba residents are invited to the Community Center on Friday, December 22nd at 2:00 p.m. for a holiday gathering of friends. We will be serving coffee and cookies, listening to some holiday music, and enjoying the company of our Vineyard family. There is no charge. Reservations are required. Please call the office before noon on December 19 if you plan to attend.

Merry Christmas



The Ohio Living Vineyard on Catawba staff would like to wish each of you a very Merry Christmas! We hope that your holidays are filled with the love of family and friends. We would also like to remind you that the office will be closed on Monday, December 25th.

Bell Ringing



We are very pleased to be able to support the Salvation Army's Red Kettle Campaign to help those in need in our area during the holidays and throughout the year. Once again, we will be ringing the bell. This year we will be in the vestibule at Kroger's. The dates/times will be on Tuesday, December 12th from 10:00 a.m. to 2:00 p.m. Also, Wednesday, December 13th from 12:00 noon to 2:00 p.m. And,

Tuesday, December 19th from 10:00 a.m. to 2:00 p.m. For anyone wishing to participate, there is a sign-up sheet in the office. Times have been broken down into 1 hour increments. We greatly appreciate your support of this very worthy cause.

Winter Weather



This is just a reminder of our policy on parking, etc. for the winter months.

If you live in the Concord Apartments, you are asked to be aware of the forecast for snow. When snow is predicted, please move your car to the top side of the parking lot the evening before we are due to get snow. This will allow the snow removal crews to completely clear the parking lot early in the morning. After the snow has been cleared from the bottom side of the lot, you are welcome to move your car back to where you would normally park.

If you live in a condo/villa and you must get out for an appointment, please notify the office as soon as possible. We will relay this information to the snow removal crews and make the effort to have your drive cleared for you to keep your appointment.

We greatly appreciate your cooperation and patience. Snow removal on campus is a major project. Your safety is our first concern!

Support For Our Troops



We continue to accept donations for packages to be mailed to American soldiers overseas. There is a basket in Paul's office where you can donate items. Monetary donations to help offset the cost of postage are also accepted.

Thank you for your support of this very worthy cause.

Fitness Studio



Ohio Living Vineyard on Catawba's Fitness Studio is located within the Community Center. The Fitness Studio is open for anyone to use during normal business hours and is open to residents anytime. There is a variety of equipment that is easy and convenient to use. Please remember to sign in on the clipboard located on the wall each time that you work out. Also, **there is a waiver that needs to be signed by each person who uses the fitness studio. The forms are available in the office.** Anyone wishing to receive instruction on any of the equipment in the Fitness Studio is encouraged to request instruction from our Administrator, Paul Shaw. Remember, all workouts can be customized to meet your abilities. **We are raising money to replace the recumbent steppers. Donation envelopes are located in the vestibule of the Community Center for anyone wishing to make a contribution.**

Library



Ohio Living Vineyard on Catawba is fortunate to have two libraries right here on campus. One is located in the Community Center, the other is located in the Gathering Room of the Concord Apartments. The books at the Community Center are all hard cover books, while those at the Gathering Room are all paper backs. All of the books in both libraries have been

donated and we continue to accept donations. Library cards are not required. Simply choose your books, enjoy them, and return them to the library you got them from when you are finished reading them. In addition, daily newspapers are also available in both libraries for all to enjoy. The Toledo Blade is delivered daily to the Community Center and the News Herald is delivered daily to the Gathering Room. We do ask that you enjoy these newspapers in the common areas and not take them back to your home.

Reminders



If you have a question or a concern about anything within our fabulous Ohio Living Community, please contact the office to schedule an appointment to meet with our Administrator, Paul Shaw. Paul strongly believes in an open door policy and will listen to you.

From the Maintenance Dept



Work orders should be completed when you require maintenance and/or repair to your home. Work orders can be found in the Gathering Room of the Concord Apartments and in the Library of the Community Center. If you are not able to get to either of these places, simply contact the office by calling 419.797.3100 and we will complete a work order for you.

Reminder for Dining Services



We would like to take this opportunity to remind everyone of a few procedures associated with our Dining Service program. If you need to make any changes to the meals that you signed up for, whether you will not be able to attend, if you expect to arrive late, if you would like to have the meal delivered to you at your home, or if you would like to be added for a meal - Please call our office as soon as possible so that we can make the change for you. All changes must be made through Ohio Living Vineyard on Catawba's office. Also, while we would encourage everyone to enjoy served dinners in the dining room of the Community Center with your neighbors and friends, delivery of these meals is available. However, there is a charge of \$1 per meal to have these meals delivered to your home. *This \$1 is to be paid to the caterer when they deliver the meal.* We are very pleased to be able to offer this amenity to our residents. We thank you for your cooperation and for helping to make this program a success.

The Vineyard Shop



The Vineyard Shop, located just off the Gathering Room in the Concord Apartments, is open on Mondays, Wednesdays, and Fridays from 2:00 p.m. to 4:00 p.m. Items for sale include jewelry, home décor, gifts, convenience items and new and gently used household articles and accessories at bargain prices.

Golf News



I hope each of you had a meaningful, wonderful Thanksgiving! It's always been my favorite holiday of the year!

And now, it also means to me that it's time to plan for the very special, popular, fun, upcoming **2018 Mid-Winter Indoor Golf Putting Event**, for all residents and staff, which will be held in January & February.

For those of you interested in playing in this event for the first time or for some of you who have played this event before but would like a bit of a refresher, here are some items you should know about this short but fun event:

- Unlike the recently completed outdoor Tournament, in this indoor event, you play 4 matches, one on each of four days and each match taking about 45 minutes or less.
- The temperature during the event is always about 72 degrees, with no rain, no hot sun, no snow and no wind! We play inside regardless of what it's doing outside and, during the event, refreshments are available for Players, Referees and Spectators!
- *Anyone can do this...*even if you've never golfed before...*unless you just don't want to have fun (Guaranteed!)*...and even if you use a cane, walker, wheelchair or scooter! If you don't have a putter and ball...not a problem! Even if you're having balance problems, we've had experience helping with that too!
- Herman Shackleweiner, famed Sports Columnist and Editor/Reporter for the famous Catawba Island newspaper... The NEWSFLASH...will be here, in person, all 4 days! Herman...(who, other than Kasey, is Rico's closest friend) also told Rico and Sherrie

that two issues of the nationally acclaimed newspaper...The NEWSFLASH will be published for the **2018 Mid-Winter Indoor Golf Putting Event**.

The 1st issue of The NEWSFLASH will be delivered to your mailbox during the week of December 4, 2017. From that first issue, you'll "likely increase your IQ potential & capacity about many profound topics," including learning some important items about this upcoming 2018 fun event...how to register, when to register, along with where & when the also fun/hands-on Mid-Winter Indoor Golf Putting Event Information Meeting will be held.

The 2nd issue of The NEWSFLASH will be distributed the week of February 5, 2048, after the 3rd day of the 4 day event as been completed. This issue covers all of the Players, Referees & Spectators, along with all of the action, plus some fun stuff! Here is a schedule of the days & times during which each player's four matches should be played. *(Rico will help you with this!)*

Mid-Winter Golf Schedule

Day #1 Thursday, January 25, 2018
 Day #2 Tuesday, January 30, 2018
 Day #3 Thursday, February 1, 2018
 Day #4, Friday, February 9, 2018

Rico

Old Eyeglasses



Our local Lions Club continues to collect old eyeglasses and sunglasses. Collection boxes are located in the library of the Community Center and

in the laundry room at the Concord Apartments.

Old Medication



Anyone wishing to get rid of old medication can bring it to the Vineyard Voices meeting and place it in the jar labeled 'Old Medication'. This container will then be taken to the designated location and disposed of properly. Old medications can only be accepted during the Vineyard Voices meetings. Please do not bring them to the office at other times.

Beauty Shop



Did you know that you can get your hair done right here? Shannon Smith is providing a variety of hair services at The Concord Salon. She is here each Monday. Appointments must be made by calling Shannon directly at 419.320.7025. She asks that you leave a message with your phone number if you get her answering machine and she will call you back.

Merry
Christmas



Ohio Living

Vineyard on Catawba

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419.797.3100 | ohioliving.org/vineyardoncatawba

