

ACTIVITIES AT A GLANCE

- Dec. 1**
Guitarist Ernie Tolley
- Dec. 2**
Children of the Light
- Dec. 3**
Pianist Natalie Grimmes
- Dec. 8**
NiteHawks Swing Band
- Dec. 9**
Alexandria Harmonizers
- Dec. 10**
Christmas Music Outreach
- Dec. 15**
Old Dominion Trio Band
- Dec. 17**
Christmas Clogging
- Dec. 22**
Alexandria Citizens band
- Dec. 24**
Saxophone Quartet w/Jairo
- Dec. 29**
Rocking Chair Singers
- Dec. 31**
New Year's Celebration
Singer Charlie Lopez



LIBRARY NEWS

There have been some changes in the holdings of our more prolific authors- those that are currently writing two (or more) books per year and have been for some time. To allow shelf space for other author's new books, we have removed to the Hallway shelves some of their older works. The following directory locates these books in case you want to read them:

AUTHOR	LOCATION	AUTHOR	LOCATION
EVANOVICH	1 ST even	KELLERMAN	1 ST even
PYM	1 ST even	SHAKESPEARE	3 RD odd
AUEL	4 TH Lounge	BALDUCCI	5 TH even
GRAFTON	6 TH Lounge	GRISHAM	6 TH Lounge
	CLASSIC MYSTERY		4 TH odd

RESIDENT BIRTHDAYS

Residents who celebrate their birthday in December can enjoy a luncheon in their honor on December 27th in the Dining Room at 12:00 noon. Residents whose name is on the list can bring their spouse along to enjoy this moment with them.

Betty Hoyt	1	Barbara Wallace	3
Bonnie Cockrell	3	Margaret Nelson	5
Estelle Robinson	7	Mildred Marino	8
Pierette Logan	10	Edith Curley-Brown	11
Della Souders	11	Robert Glass	11
Pauline Jernberg	17	Joseph Johnson	19
Margarita DeRivero	21	John Leeper	22
Paul Albaugh	26	James Falk	31

COFFEE HOUR

JOIN US EVERY MONDAY AND THURSDAY MORNING AT 9:30 AM IN THE LOBBY FOR COFFEE HOUR

MONTHLY NEWSLETTER

December 2017

HERMITAGE NORTHERN VIRGINIA

ENRICHING LIFE'S JOURNEY



Celebrating
December

Write a Friend
Month

Bingo Month

Safe Toys and
Gifts Month

Eat a Red
Apple Day
December 1

International
Volunteer Day
December 5

Hanukkah
December 12-20

Look for an
Evergreen Day
December 19

Christmas Day
December 25

Make Cut-Out
Snowflakes Day
December 27

RESIDENT CHRISTMAS PARTY

Join us for our resident Christmas party celebration on Saturday December 16th from 5:00 pm to 7:00 pm in the Dining room. Residents, family and friends are invited. Please RSVP at 703-797-3800 by December 8th to know how many guest you will have

attend.

Let's gather together and make this Christmas memorable.



Children of the Light Dancers

Saturday December 2nd at 3:00 pm, please join Children of the Light Dancers performance in the Auditorium. This ministry of dance and drama has been bringing God's love to the Washington Metropolitan area since 1991. Their mission is to provide Christian discipleship to children and youth through the use of dance, equipping them to share God's love through "the

message" of the dances they perform and the ministry of prayer offered by the young dancers as they meet with the audience after each performance.



FESTIVAL OF LIGHTS

Thursday December 14th the bus leaves at 5:30 pm for a trip to the Bull Run Park Festival of Lights. Residents can experience 2.5 miles illuminated by holiday light displays. We drive the festival route from the comfort of the bus, turning off the headlights and just follow the magical glow.



*Alexandria
Citizens Band*

COMMUNITY TRIPS

AFRICAN AMERICAN MUSEUM



Tuesday December 5th at 10:30 am the bus leaves for a trip to the African American Museum.

“The National Museum of African American History and Culture is the only national museum devoted exclusively to the documentation of African American life, history, and culture.”

Sign up in the “trip folder” at the Reception desk for all trips

FRIDAY EVENING ENTERTAINMENT



Friday December 22nd Alexandria Citizens Band will perform at 7:00 pm in the Auditorium. They are a community organization comprising of volunteer members who bring musical entertainment to Northern Virginia, Alexandria, and the DC Metro area.

BIBLE MUSEUM

Friday December 8th at 9:30 am the bus leaves for a trip to the Bible Museum.

This museum documents the narrative, history and impact of the Bible. “The Museum Collection claims to have amassed one of the largest assemblies of biblical artifacts and texts in the world through collaborations between private donors, institutions and other museums.”

GOOD NEWS FROM THE CHAPLAIN



*My mother, age 86
In front of the staircase at
Christmas*

When they saw the star, they rejoiced with exceeding great joy. Matthew 2:10

CARPENTER'S SHELTER DONATIONS

This Christmas season, we are asking residents, family, friends and team members, to help Carpenter's Shelter with donations such as can items, toiletries, tissue, etc., as part of an annual gift, during their greatest times of need. A box will be in the Lobby beginning December 1st, just place your items in it.

Thank You.

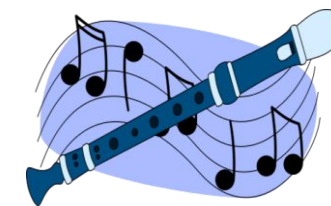
EEEERRRRWAAAA...WONGG...THUD!" Echoed loudly throughout the house and I dropped what I was doing and ran to the hallway. It was Christmas time and that very distinctive sound meant only one thing, someone tall enough to reach the cord that dangled from the ceiling in the hall was pulling down the attic steps. It was time to bring down the Christmas decorations!

Soon box after box would appear at the opening at the top of the steps and be passed down from the attic. 6,8,10... There were so many boxes I couldn't keep track. We had tons of Christmas decorations and each year my mother couldn't resist adding a few more.

My mother loved Christmas. When she “decked the halls” she'd deck the walls, the tree, the door, the bookshelves, the curtains, the lampshades... anything that didn't move. The whole family would help

COLONIAL RECORDERS

At 12:00 noon join Colonial Recorders for a Christmas program in the Dining Room.

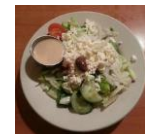


and when it was all done, the living room was a glowing and wonderful place.

It's probably no surprise that I still love Christmas decorations. Even now, five decades later, I know that part of the joy I feel when I putting up my own Christmas decorations or just admiring the handiwork of others, is a direct connection to the joy I experienced back then. That's what good traditions do for me. As the world continuously changes around me, they provide me with something familiar to connect my past with my present. They can help reassure me as I continue on into an uncertain future. During this Christmas season I pray that God will bless each of us with experiences that will fill us with a joy and a strength that will help sustain us continue on our daily journey through life.

LUNCH BUNCH

The bus leaves at 11:00 am for lunch at La Casa Restaurant and bar. Residents will enjoy this informal eatery/bar offering Italian & Greek favorites such as pizza, lasagna, gyros & souvlaki.



MONTHLY MOVIES



All I Want for Christmas – Sunday December 3rd, it's like *House Arrest*, but with all of the charm replaced by tinsel. Not based on the Mariah Carey song (but maybe it would have been better if it had been?). Worth one viewing for Leslie Nielsen as "Santa."

Christmas with the Kranks – Wednesday December 6th

Awful people celebrate Christmas too, you know! This Tim Allen/Jamie Lee Curtis comedy depends mostly on one's tolerance for oafish comedy and the manufactured elements of the holiday.

Four Christmases-Sunday-December 10th

This Christmas-themed romantic comedy film is about a couple visiting all four of their divorced parents' homes on Christmas Day. This movie stars Reese Witherspoon, Vince Vaughn, Dwight Yoakam, etc.

The Family Man Wednesday December 13th

Brett Ratner teams up with Nicolas Cage for his own twist on the *It's a Wonderful life* model. Saccharine beyond comprehension and a gingerbread cookie cutter script makes this acceptable, but never required holiday viewing.

Jack Frost Sunday December 17th

A magical harmonica brings rock star Jack Frost (Michael Keaton) back from the dead to inhabit the body of a snowman. Which is creepy as all hell — and a little sweet.

A Christmas Carol (2009) Wednesday December 20th,

Jim Carrey plays Ebenezer Scrooge at every age and all three of the visiting Ghosts. That didn't really *add* anything, but it's fun to say that. The highlight here is the film's frightening tone. Director Robert Zemeckis wanted to turn the spirit-filled tale into a certified ghost story.

Prancer Sunday December 24

The sad part about *Prancer* is that if a little ginger girl really started whining about how she had a flying reindeer in the barn, everyone would brush her off.

The Polar Express Monday December 25 at 4:00 pm on "in-house channel"

Despite soulless characters who look like walking, talking mall mannequins, Robert Zemecki's foray into motion capture animation is a whirlwind of imagination.

One Magic Christmas Monday December 25 at 4:00 pm on "in-house channel"

Mary Steenburgen stars as a working class woman who loses her faith and revives it *Christmas Carol*-style. Or with the help of Santa, because it is a Disney movie, after all.

Susan Slept Here Wednesday December 27th

A romantic comedy about an Academy Award-winning screenwriter falling in love with a 17-year-old vagrant put under house arrest in his swinging pad.

While You Were Sleeping Sunday December 31st

Sandra Bullock's romantic comedy of mismatched coma victim, is staged against Christmas, adding to the pressure surrounding the big reveal (the guy who was hit by a train *isn't* her fiancé!).



JOIN US FOR
MOVIE MATINEE
SUNDAY'S &
WEDNESDAY'S
AT 1:15 PM
IN THE LOBBY



Join us for our
12 days of
Christmas
Candy Gram
Delivery
beginning on
December 13th.
The Candy Grams
and mailbox will be
located in the
Lobby, residents
can send it to any
resident they so
choose, put it in the
mailbox that is
placed there and
Activities will
deliver.



MIRACLE ON 34TH STREET

Monday December 25th

Join us in the Lobby at 10:30 am for



Six-year-old Susan Walker is skeptical of the Christmas myth surrounding Santa Claus, a trait she perhaps learned from her mother, Dorey. When tasked with hiring the Santa who will pose with kids at Macy's, Dorey enlists a man with the curious name of Kris Kringle who claims to be Santa himself. His assertions are met with scoffs and threats of institutionalization, but a young lawyer, along with Susan and Dorey, comes to his defense.

STRAWBERRY PATCH

The Strawberry Patch is your store outlet to purchase clean, gently worn and some new clothing for men and women. They also have accessories, jewelry and shoes at very reasonable prices. All proceeds go to our community to help enhance our activities. Your contributions and patronage is greatly appreciated. Volunteers are welcome. Hours of operations are Wednesday, Friday, and Saturday from 10:00 am-2:00 pm. The Strawberry Patch is located on the Ground Level.

KENNEDY CENTER



The bus leaves at 4:30 pm for a 6:00 pm performance by New York-based **Mivos Quartet** at the Kennedy Center Millennium Stage.

Members of **Mivos Quartet** are violinists Olivia De Prato and Lauren Cauley, violist Victor Lowrie, and cellist Mariel Roberts.

GREENHOUSE PROJECT FORUM

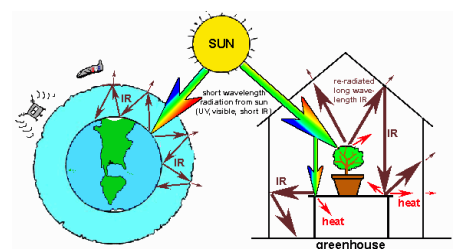
Wednesday December 6th and 20th at 1:30 pm residents can attend the Greenhouse project meeting in the Game Room.

While we await the grand opening the future gardeners will be planning their individual projects.

Gardening is a very therapeutic, healthful and rewarding experience.

The time and place of future monthly meetings will be announce in the Newsletter, in-house TV channel and flyers.

The date and time of our Master Gardener's presentation will be announced. Volunteers are needed for this project.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



DECEMBER 2017

HERMITAGE NORTHERN VIRGINIA



10:00 Fairlington UMC B
9:30 Sunday School Chp.
10:15 Blessed Sacrament B
11:00 Hermitage Worship 1SE
11:15 Daily Chronicles L
1:15 Movie Matinee L
1:30 American Holiday Festival B
4:00 Pianist Natalie Grimmes L
4:00 Christmas Around the World PRL
6:00 Game Night- Family Feud L

8:30 The Juicing Experience DR
9:30 Coffee Hour/ PRL
10:00 Current Events 2Lge
10:00 Modified Balancing A
10:30 Functional Fitness A
11:15 Daily Chronicles L
11:30 Prelude to Lunch w/Jim L
1:30 Connect Four 2Lge
2:00 Shanghai Rummy 5 Lge
2:00 Resident/Team member interview L
3:00 Scenic Ride B
4:00 Mystery Game Central L
6:00 Lights/Camera/Action L

8:30 The Juicing Experience DR
9:15 Giant Shopping B
10:00 Let's get Crafty- 2 Lge.
10:00 Fall Prevention Exercise 3SO
10:30 African American Museum Trip B
10:30 Functional Fitness 3SO
11:15 Daily Chronicles L
1:30 Variety Game 2Lge
2:00 Caroling by the Fireside L
3:00 Afternoon Tea L
4:00 Brainteasers L
6:15 Hymn-Sing 1 SE

8:30 The Juicing Experience DR
9:30 Swimming B
9:45 Walkers Path 6
10:15 Tai Chi GLSE
10:30 Catholic Mass GR
11:00 Bible Reflections w/Chris Chp.
11:15 Daily Chronicles L
1:30 Movie Matinee- L
2:00 Senior Balance 2SE
2:00 Activity Meeting GR
3:00 Take Pack 2 Lge
4:00 Word Phrases or Expressions L
6:00 Dance Fever L

8:30 The Juicing Experience DR
9:30 Coffee Hour L
10:00 Current Events 2Lge
10:00 Fall Prevention Exercise 3SO
10:30 Music & Nail Painting GLSE
10:30 Functional Fitness 3SO
11:15 Daily Chronicles L
1:30 Puzzle Time 2Lge
2:00 Happy Hour/Holiday Bake Off A
2:00 Sing-along with David HCC3
4:00 Travelogue/Tours L
4:30 Kennedy Center B
6:00 The Golden Girls L

8:30 The Juicing Experience DR
9:30 Bank/Pharmacy Friday B
9:30 Nancy Drew Mysteries L
10:00 Get up and Dance 2 lge
10:00 Modified Balancing A
10:30 Functional Fitness A
11:15 Daily Chronicles L
2:00 Dialogue Forum Lib.
3:00 Bingo A
4:00 Word Game L
6:00 NiteHawks Swing Band L

9:30 Nail Excel B
10:30 Hollywood Hits L
Christmas songs we love
11:15 Daily Chronicles L
2:00 Yoga with Bonnie 3 SO
3:00 Children of the Light Dancers A
6:00 Highway to Heaven L

10:00 Fairlington UMC B
9:30 Sunday School Chp.
10:15 Blessed Sacrament B
11:00 Hermitage Worship 1SE
11:15 Daily Chronicles L
1:15 Movie Matinee L
3:00 Christmas Music Outreach L
6:00 Game Night- Jeopardy L

8:30 The Juicing Experience DR
9:30 Coffee Hour/ PRL
10:00 Current Events 2Lge
10:00 Modified Balancing A
10:15 Holiday Show B
10:30 Functional Fitness A
11:00 Gentlemen's Luncheon at Martin's Tavern B
11:15 Daily Chronicles L
11:30 Prelude to Lunch w/Jim L
1:30 Christmas Traditions/Cuisine
1:30 Connect Four 2Lge
2:30 Shanghai Rummy 5 Lge
3:00 Scenic Ride B
4:00 Mystery Game Central L
6:00 Lights/Camera/Action L

8:30 The Juicing Experience DR
9:15 Target Shopping B
9:30 Messiah Menders CA
10:00 Let's get Crafty-Gingerbread House 2 Lge.
10:00 Fall Prevention Exercise A
10:30 Functional Fitness A
11:15 Daily Chronicles L
11:00 Red Hat Luncheon DR
1:30 Variety Game 2Lge.
2:00 Resident/Team member Interviews L
3:00 Tea/Sing-a-long w/Gideon L
4:00 Brainteasers L
6:15 Hymn-Sing 1 SE
First Day of Hanukkah

8:30 The Juicing Experience DR
9:30 Swimming B
10:00 Hand Dancing 2Lge
10:15 Tai Chi GLSE
10:30 Catholic Mass GR
11:00 Bible Reflections w/Chris Chp.
11:15 Daily Chronicles L
12:00 Colonial Recorders DR
1:30 Green House Project GR
1:30 Movie Matinee- L
2:00 Senior Balance 2SE
3:00 Go Fishing 2 Lge
4:00 Word Phrases or Expressions L
6:00 Dance Fever L

8:30 The Juicing Experience DR
9:30 Coffee Hour L
10:00 Current Events 2Lge
10:00 Fall Prevention Exercise 3SO
10:30 Music & Nail Painting GLSE
10:30 Functional Fitness 3SO
11:15 Daily Chronicles L
1:30 Puzzle Time 2Lge
2:00 Happy Hour- Karaoke Christmas L
2:00 Sing-along with David HCC3
4:00 Travelogue/Tours L
5:30 Festival of Lights B
Bull Run Park
6:00 The Golden Girls L

8:30 The Juicing Experience DR
9:30 Nancy Drew Mysteries L
9:30 Botanical Gardens Train Exhibit Trip B
9:30 Bank/Pharmacy Friday B
10:00 Get up and Dance 2 lge
10:00 Modified Balancing A
10:30 Functional Fitness A
11:15 Daily Chronicles L
2:00 Dialogue Forum BN
3:00 Bingo A
4:00 Trivia L
6:15 Old Dominion Trio Band L

9:30 Nail Excel B
10:30 Hollywood Hits L
Christmas songs we love
11:15 Daily Chronicles L
2:00 Yoga w/Bonnie 3SO
3:30 Trivia L
5:00 Christmas to Remember DR
Elvis/Neil Diamond

10:00 Fairlington UMC B
9:30 Sunday School Chp.
10:15 Blessed Sacrament B
11:00 Hermitage Worship 1SE
11:15 Daily Chronicles L
1:15 Movie Matinee L
4:00 Christmas Clogging A
w/Bill Guey-lee and Friends
6:00 Game Night- Lingo L

8:30 The Juicing Experience DR
9:30 Coffee Hour/ L
10:00 Current Events 2Lge
10:00 Modified Balancing A
10:30 Functional Fitness A
11:15 Daily Chronicles L
11:30 Prelude to Lunch w/Jim L
1:30 20 Questions 2Lge
2:00 Artifacts w/Terri Lee L
2:00 Shanghai Rummy 5 Lge
4:00 Mystery Game Central L
5:30 Scenic Ride - Lights by Night Old Town B
6:00 Lights/Camera/Action

8:30 The Juicing Experience DR
9:15 Safeway Shopping B
10:00 Let's get Crafty-Candy Cane 2 Lge.
Ornaments
10:00 Fall Prevention Exercise A
10:30 Functional Fitness A
11:15 Daily Chronicles L
1:30 Variety Game 2Lge.
2:00 Library Comm. Mtg. Lib.
2:00 Resident/Team Member Interviews L
3:00 Afternoon Tea L
4:00 Brainteasers L
6:15 Hymn-Sing 1 SE

8:30 The Juicing Experience DR
9:30 Swimming B
10:00 Oldies but Goldies 2Lge
10:15 Tai Chi GLSE
10:30 Catholic Mass GR
11:00 Bible Reflections w/Chris Chp.
11:00 Lunch Bunch- La Casa B
11:15 Daily Chronicles L
1:30 Movie Matinee- L
2:00 Senior Balance 2SE
3:00 Matching Game 2 Lge.
3:30 Resident Association Mtg. L
4:30 Word Phrases or Expressions L
6:00 Dance Fever L

8:30 The Juicing Experience DR
9:00 Coffee Hour L
10:00 St. John's Senior Saints L
10:00 Fall Prevention Exercise 3SO
10:30 Music & Nail Painting GLSE
10:30 Functional Fitness 3SO
11:15 Daily Chronicles L
1:30 Puzzle Time 2Lge
2:00 Happy Hour- w/Bradley/Davis L
2:00 Sing-along with David HCC3
4:00 Christmas w/Levine Band Music L
6:00 The Golden Girls L
Winter Begins

8:30 The Juicing Experience DR
9:30 Bank/Pharmacy Friday B
9:30 Nancy Drew Mysteries L
10:00 Modified Balancing A
10:00 Get up and Dance 2 lge
10:30 Functional Fitness A
11:15 Daily Chronicles L
2:00 Caroling with Depts. L
2:00 Dialogue Forum- Lib
3:00 Bingo A
4:00 Christmas Scramble L
7:00 Alexandria Citizens Band L

9:30 Hair Cuttery B
10:30 Hollywood Hits L
Christmas songs we love
11:15 Daily Chronicles L
1:30 Music Appreciation L
w/Victor/Anne Golkov
3:30 Trivia L
6:00 Highway to Heaven L

10:00 Fairlington UMC B
9:30 Sunday School Chp.
10:15 Blessed Sacrament B
11:00 Hermitage Worship 1SE
11:15 Daily Chronicles L
1:15 Movie Matinee L
4:00 Saxophone Quartet w/Jairo L

9:00 Coffee/Christmas Conversation L
10:30 Movie Classic-
Christmas on 34th Street
11:45 Daily Chronicle L
2:00 Reminiscing Christmas Pass L
4:00 Movie- The Polar Express Ch.2
6:00 Movie- One Magic Christmas Ch.2
Christmas Day

8:30 The Juicing Experience DR
9:15 Walmart/Wegmans Shopping B
10:00 Let's get Crafty-New Year's Crafts 2 Lge
10:00 Fall Prevention Exercise 3SO
10:30 Functional Fitness 3SO
11:15 Daily Chronicles L
1:30 Matching Game 2Lge
2:00 Resident/Team Member Interviews L
2:00 Floor Decorations 3/4
3:00 Afternoon Tea L
4:00 Brainteasers L
6:15 Hymn-Sing 1 SE
Kwanzaa Begins

8:30 The Juicing Experience DR
9:30 Swimming B
9:45 Walkers Path 6
10:00 Oldies but Goldies 2Lge
10:15 Tai Chi GLSE
10:30 Catholic Mass GR
11:00 Bible Reflections w/Chris Chp.
11:15 Daily Chronicles L
12:00 Birthday Luncheon DR
1:30 Movie Matinee- L
2:00 Senior Balance 2SE
3:00 Guess Who 2 Lge
4:00 Word Phrases or Expressions L
6:00 Dance Fever L

8:30 The Juicing Experience DR
9:30 Coffee Hour L
10:00 Current Events 2Lge
10:00 Fall Prevention Exercise 2SO
10:30 Music & Nail Painting GLSE
10:30 Functional Fitness 2SO
10:30 Film- Ch 2
11:15 Daily Chronicles L
1:30 Puzzle Time 2Lge
2:00 Happy Hour- Christmas Reviews 2017 A
4:00 Travelogue/Tours L
6:00 The Golden Girls L

8:30 The Juicing Experience DR
9:30 Bank/Pharmacy Friday B
9:30 Alexandria Lyceum Trip B
9:30 Nancy Drew Mysteries L
10:00 Modified Balancing A
10:00 Get up and Dance 2 lge
10:30 Functional Fitness A
11:15 Daily Chronicles L
2:00 Dialogue Forum- BN
3:00 Bingo A
4:00 Word Scramble L
6:15 Rocking Chairs Singers L

10:30 Hollywood Hits L
Songs of Yesterday
11:15 Daily Chronicles L
2:00 Yoga w/Bonnie 3SO
3:30 Trivia L
6:00 Highway to Heaven L

10:00 Fairlington UMC B
9:30 Sunday School Chp.
10:15 Blessed Sacrament B
11:00 Hermitage Worship 1SE
11:15 Daily Chronicles L
1:15 Movie Matinee L
2:00 Scenic Ride B
4:00 Reflections 2017 L
6:00 New Year's Eve Celebration L
w/Singer Charlie Lopez
New Year's Eve

**TWELVE DAYS OF CHRISTMAS
CANDY GRAM DELIVERY
COUNTDOWN**

Code Guide:
A-Auditorium
BN - Book Nook
BRW- Breezeway
B- Bus Ride
BS-Beauty Shop
CA-Creative Arts Room
Ch.2-Channel 2
Chp. -Chapel
DR-Dining Room
FR-Fitness Room
GL-Garden Level
GLSW-Garden Level Showcase Window
GR-Game Room

GR-Game Room
L-Lobby
Lge-Lounge
LG-Laurel Grove
Lib-Library 1-1st Floor
2-2nd Floor 3-3rd Floor 4-4th Floor
5-5th Floor
6-6th Floor P -Penthouse
OA- Outside Auditorium
SE-Solarium Even
SO-Solarium Odd
PGL- Patio Garden Level Even Side
PRL-Projection in Lobby
SDR-Staff Development Room
O- Outdoors