



WindsorMeade
WILLIAMSBURG

WHISTLER



*Heavenly Father,
Please help us to remember the birth
of Jesus with a loving spirit, to sing
our songs of joy along with the angels
in heaven and to live the true meaning
of Christmas all year through.
Amen*

.....
Luke 2:8-14 King James Version

*And there were in the same country shepherds abiding in the field,
keeping watch over their flock by night.*

*And, lo, the angel of the Lord came upon them, and the glory of
the Lord shone round about them: and they were sore afraid.*

*And the angel said unto them, Fear not: for, behold, I bring you
good tidings of great joy, which shall be to all people.*

*For unto you is born this day in the city of David a Saviour,
which is Christ the Lord.*

*And this shall be a sign unto you; Ye shall find the babe
wrapped in swaddling clothes, lying in a manger.*

*And suddenly there was with the angel a multitude of the heavenly
host praising God, and saying, Glory to God in the highest, and
on earth peace, good will toward men.*

THE WINDSORMEADE LEADERSHIP TEAM

Marilyn Gray
Executive Director

Robin Abbott
Assistant Executive
Director

Kevin Early
Director of Dining
& Catering

Patrick Kerr
Director of
Environmental Services

Sherri Sapp
Director of Nursing

Jean Christensen
Director of Marketing

Holly Hunt
Director of Lifestyles
& Wellness

Tracey Evans
Business Office Director

Holiday of Lights

Wednesday, December 13 | 5:00-7:00 pm | Windsor Hall

Enjoy the festive spirit of the holidays with friends and guests of WindsorMeade featuring strolling carolers, musical entertainment, a variety of hors d'oeuvres and beverages. This event is free of charge. Please wear your name tag. A shuttle will transport residents to and from the Clubhouse from 4:45-7:30 pm.

Cleftomaniacs

Friday, December 1 | 7:30 pm | Kensington Room

Celebrate the holidays with the William and Mary Cleftomaniacs, one of eleven coed a cappella groups at the college. This is one performance you don't want to miss!

Technology Assistance Available

The William and Mary Volunteers and the Technology Team are available to assist you with your technology needs. Please bring your laptop, tablet or smartphone.

William & Mary Volunteers

Saturday, December 2 | 12:00-2:00 pm | Library

Technology Team

Tuesday, December 5, 12 & 19 | 4:00 pm | Library

Jamestown Presbyterian

Girl Scout Daisy Troop

Daisy Troop

Sunday, December 3 | 1:00 pm | Windsor Hall

Don't we all wish we could look at the world through a Girl Scout Daisy's eyes? Throughout the holiday season our local Daisy troop has been preparing homemade cards and ornaments for you! Come meet these thoughtful young ladies.



William and Mary Wind Ensemble

Tuesday, December 5 | 7:00 pm | Kensington Room

The William & Mary Wind Ensemble brings together some of the college's most talented wind, brass, and percussion players. Delight in music from the 16th through the 21st centuries. This Christmas presentation is sure to please! Family and friends are welcome.

Sweet sounds of the season

New Town United Methodist Preschoolers

Thursday, December 7 | 10:00 am | Windsor Hall

Let the sweet sounds of preschoolers warm your heart this Christmas! Please meet in Windsor Hall.

Kingsmill Choraliers

Thursday, December 7 | 7:00 pm | Kensington Room

The Kingsmill Choraliers will provide joyful, uplifting entertainment that promises to touch your heart and soul.

Featuring WM resident Linda Hunt

The Quartet Rapport

Friday, December 8 | 7:30 pm | Kensington Room

For your listening pleasure this group will perform four-part a cappella harmony, singing music from Big Band to Beatles along with songs of the season. These ladies are a part of the *Magic of Harmony Show Chorus of Sweet Adelines International*.

Residents' Association Team Member Christmas Party

Thursday, December 14 | 3:00-5:00 pm | Kensington Room

Partake in a delightful Christmas celebration full of scrumptious food, fun and festivities in honor of the WindsorMeade team members.



Stress Management for the Holidays

Friday, December 15 | 10:00 am | Kensington Room

Southeastern Home Health Services will enlighten you with helpful tips and strategies to alleviate stress this holiday season.

Peninsula Concert Band Christmas Program

Mark your calendars

Monday, December 18 | 7:30 pm | Kensington Room

For more than 60 years, this non-profit concert band has been performing in the Tidewater area. You won't want to miss this phenomenal holiday performance!

Norma Champion's Student Piano Recital

Wednesday, December 20 | 3:00 pm | Kensington Room

Mrs. C's students return to "tickle the ivories" in this special holiday recital. Refreshments will be served.

Holiday Sing-a-long

Tis the season

Thursday, December 21 | 2:00 pm | Kensington Room

Lift your voice in song at our 5th annual community holiday sing-a-long. WM resident, Randy Cabell and pianist, Nancy Lanier will lead us in song. Refreshments will be provided.

Christmas Lessons & Carols

Sunday, December 24 | 4:00 pm | Kensington Room

Come join this holiday tradition as WindsorMeade worships and celebrates the reason for the season. Everyone is welcome.



WindsorMeade DAY TRIPPERS SERIES



Lewis Ginter GardenFest of Lights

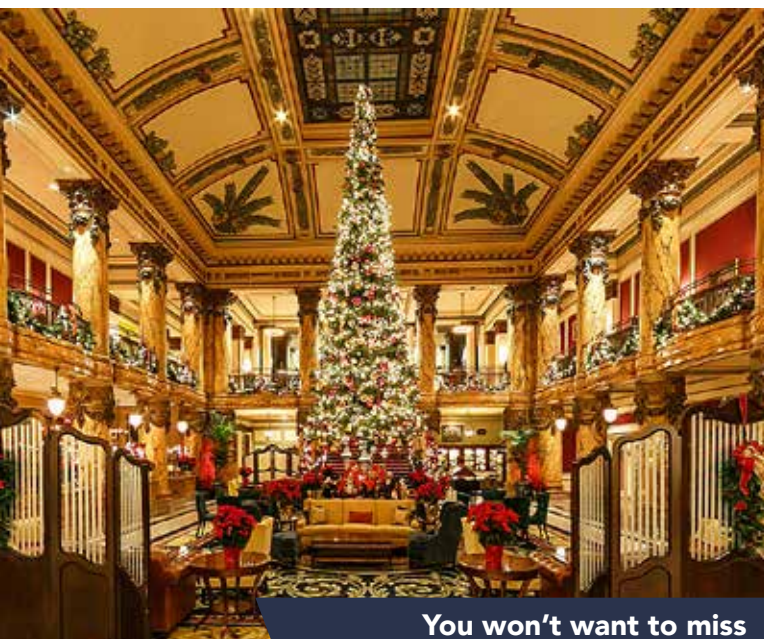
Thursday, December 7 | 2:45 pm | Depart WH Activity Level III

Enjoy an early-evening exploration of Dominion Energy GardenFest of Lights with a knowledgeable garden guide. Admire the unique handcrafted botanical decorations, the enchantment of model trains and lavish seasonal displays. Afterwards enjoy dinner on-your-own in the Robin's Tea House. As darkness falls and the magical light display is revealed, you will be inspired by the seasons stunning view. Cost is \$17, charged to your account. Dinner is on-your-own. Space is limited! Sign up in the Message Center by 12/1. No refunds after this date.

The Messiah at Williamsburg United Methodist Church

Friday, December 1 | 5:45 pm | Depart WH Activity Level I

For the 19th year, WUMC will offer the community an amazing presentation of Handel's masterpiece, *The Messiah*. A 150 member choir and professional orchestra make this concert a "must" for this Christmas. There is no charge for this concert. A sign up sheet was previously placed in the Message Center. Please check for last minute availability.



You won't want to miss The Jefferson Hotel at Christmas

Lemaire, The Jefferson Hotel

Monday, December 4 & 11 | 5:00 pm | Depart WH Activity Level II

Lemaire brings a fresh, modern culinary experience to one of Virginia's most iconic attractions – *The Jefferson Hotel*. Explore the holiday decor, see the annual gingerbread display and visit the gift shop. Enjoy dinner at *Lemaire* on 12/4 or 12/11. Limited seating available. Dinner is on-your-own. Sign up in the Message Center by 12/1.

Celebrate the holidays with the TRADOC Band

Monday, December 4 | 6:15 pm | Depart WH Activity Level I

Come celebrate the season with the *U.S. Army Training & Doctrine Command Band* at Saint Bede Catholic Church. Limited seating available. Enjoy this free holiday concert! Sign up in the Message Center by 12/1.

Lunch Bunch to Opus 9

Friday, December 8 | 11:10 am | Depart WH Activity Level I

Enjoy lunch on-your-own at the award winning Opus 9. Space is limited. The diverse options on the menu are sure to please. Sign up in the Message Center by 12/1.

Williamsburg Community Chapel Annual Christmas Concert

Saturday, December 9 | 1:30 pm | Depart WH Activity Level I

The Minister of Worship, Ted Cornell, will lead more than 150 singers and instrumentalists to present *Beautiful Savior*, a concert celebrating the joy and significance of Christ's birth. Complimentary tickets are limited! Sign up in the Message Center by 12/4.

A Season of Spectacular Sounds

Christmas with the Williamsburg Choral Guild

Sunday, December 10 | 12:30 pm | Depart WH Activity Level I

Enjoy the spectacular sounds of the season with a Christmas concert at St. Martin's Episcopal Church. While there is no charge for the concert, food donations will be accepted. Sign up in the Message Center by 12/4.



Holiday Scenic Drive

Tuesday, December 12 | 7:15 pm | Depart WH Activity Level I

Brighten your holidays with a tour around town as you enjoy festively decorated and brightly illuminated houses. These twinkling colorful lights will surely warm your heart. Sign up in the Message Center by 12/7. A minimum of 8 participants is required.



Celebration in Lights

Monday, December 18 | 7:00 pm Depart WH | Activity Level I

Celebration in Lights is a two mile drive through sparkling holiday light displays in Newport News Park. Sign up in the Message Center by 12/14. A minimum of 8 participants is required.



Vienna Boys Choir

Wednesday, December 20 | 6:45 pm Depart WH | Activity Level I

Saint Bede Catholic Church is hosting the *Vienna Boys Choir*. This choir of young boys traces its history back as far as the 13th century. They will sing some of the best-loved holiday music ever written. Space is limited! Cost is \$28.50, charged to your account. Sign up in the Message Center by 12/13. No refunds after this date.

Bing Crosby: The Christmas Specials

Saturday, December 2 | 2:00 pm | Kensington Room

Turn back time with Bing Crosby in this treasured holiday showcase featuring Bob Hope, Mary Martin and Robert Goulet. Not Rated, 134 mins.

Movie Matinées



Miracle on 31st Street

Saturday, December 9 | 2:00 pm | Kensington Room

Macy's department store Santa, Edmund Gwenn, claims his name is Kris Kringle and is declared insane and put on trial. Rated G, 98 mins.

Polar Express

Friday, December 22 | 2:00 pm | Kensington Room

A young boy embarks on a magical adventure to the North Pole on the *Polar Express*. During his adventure he learns about friendship, love, bravery and the spirit of Christmas. Rated G, 100 mins.

It's a Wonderful Life

Saturday, December 23 | 2:00 pm | Kensington Room

This timeless film with James Stewart continues to warm the hearts of audiences with its powerful message. Not rated, 130 mins.

White Christmas

Saturday, December 30 | 2:00 pm | Kensington Room

A successful song-and-dance team become romantically involved with a sister act and team up to save the failing Vermont inn of their former commanding general. Not Rated, 120 mins.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
December Birthdays Sandra Rasmussen . December 2 Charlotte Copley ... December 4 Robin Church December 9 Tine Kerlin..... December 11 John Golden December 11 Dottie Perley..... December 11 Ruth Hiller December 12 Stuart Woodcock ... December 13 Billie Wilkes..... December 13 Peter Foster December 17 Connie Link..... December 17 Joanne Bloomwell . December 19 Vivian Moline December 21 Ed Elliott December 24 Leslie Harris December 24 Dick Gilmore December 24 Howard Perley..... December 26 Carolyn Alliss December 29 Mary Kay Bilyeu December 30 Peggy Piemonte December 30			Salon Hours Tuesdays – Carol 9:00 am – 2:00 pm Wednesdays – Eileen 9:00 am – 4:00 pm Barber Shop Session Thursdays 11:00 am – 1:00 pm Massage Hours Tuesdays & Thursdays 10:00 am – 2:00 pm			1 7:30 am Aqua Fit - WC 9:30 am Circuit 101 - WC 9:30 am Matoaka Volunteers - Depart WH 10:00 am Supervised Fitness - WC 5:45 pm The Messiah at WUMC - Depart WH 7:30 pm Cleftomaniacs - KR	2 9:00 am Zumba - WC 9:00 am-1:00 pm Shuffleboard & Cornhole - KR 9:55 am Core Fusion - WC 10:30 am Stretch and Flow - WC 12:00-2:00 pm W & M Volunteers - Library 1:00-8:00 pm Ping Pong - WC 2:00 pm Musical Theatre Matinée presents: <i>Bing Crosby: The Christmas Specials</i> - KR 2:15 pm WSO Holiday Pops at Kimball - Depart WH
3 8:00 am-8:00 pm Ping Pong - WC 8:40 am Shuttle to St. Bede Catholic Church - Depart WH 10:30 am Church Shuttle - Depart WH 1:00 pm Jamestown Presbyterian Daisy Troop - WH 2:30 pm You Choose Shuttle - Depart WH 4:00 pm Worship Service - AH 5:30-7:00 pm Bingo - Bistro 7:30 pm Game Night - Bistro	4 7:30 am Aqua Fit - WC 9:30 am Muscle Fit - WC 10:00 am Supervised Fitness - WC 5:00 pm Lemaire, The Jefferson Hotel - Depart WH 6:15 pm Celebrate the holidays with the TRADOC Band - Depart WH	5 8:30 am Muscle Fit - WC 9:30 am Functional Balance - WC 10:20 am Functional Balance - WC 10:30 am Navigate - CH 10:30 am Caregiver's Support Group - CH 1:00-3:00 pm Ping Pong - WC 4:00 pm Technology Team - Library 7:00 pm W & M Wind Ensemble - KR	6 7:30 am Aqua Fit - WC 9:30 am Muscle Fit - WC 10:00 am Supervised Fitness - WC 6:00 pm Dr. Batte - KR	7 Pearl Harbor Remembrance Day 8:30 am Muscle Fit - WC 9:30 am Chair Yoga - KR 10:00 am New Town United Methodist Preschoolers - WH 10:00 am-12:00 pm WRL Library - Library 1:45 pm You Choose Shuttle - Depart WH 2:30 pm Tai Chi - WC 2:45 pm Lewis Ginter GardenFest of Lights - Depart WH 7:00 pm Kingsmill Choralliers - KR	8 7:30 am Aqua Fit - WC 9:30 am Circuit 101 - WC 9:30 am Matoaka Volunteers - Depart WH 10:00 am Supervised Fitness - WC 10:45 am AMF Williamsburg Bowling Outing - Depart WH 11:10 am Lunch Bunch to Opus 9 - Depart WH 6:15 pm VSO Holiday Pops at Ferguson Center - Depart WH 7:30 pm The Quartet Rapport - KR	9 9:00 am Zumba - WC 9:00 am-1:00 pm Shuffleboard & Cornhole - KR 9:55 am Core Fusion - WC 10:30 am Stretch and Flow - WC 1:00-8:00 pm Ping Pong - WC 1:30 pm Williamsburg Community Chapel Annual Christmas Concert - Depart WH 2:00 pm Movie Matinée presents: <i>Miracle on 31st Street</i> - KR	
10 8:00 am-8:00 pm Ping Pong - WC 8:40 am Shuttle to St. Bede Catholic Church - Depart WH 10:30 am Church Shuttle - Depart WH 12:30 pm Christmas with the Williamsburg Choral Guild - Depart WH 4:00 pm Worship Service - KR 5:30-7:00 pm Bingo - Bistro 7:30 pm Game Night - Bistro	11 7:30 am Aqua Fit - WC 9:30 am Muscle Fit - WC 10:00 am Supervised Fitness - WC 2:00 pm Flying with the Royal Air Force - KR 5:00 pm Lemaire, The Jefferson Hotel - Depart WH	12 Hanukkah begins at sundown 8:30 am Muscle Fit - WC 9:30 am Functional Balance - WC 10:00 am Resident's Association Meeting - KR 10:20 am Functional Balance - WC 1:00-3:00 pm Ping Pong - WC 4:00 pm Technology Team - Library 7:15 pm Holiday Scenic Drive - Depart WH 	13 7:30 am Aqua Fit - WC 9:30 am Muscle Fit - WC 10:00 am Supervised Fitness - WC 5:00-7:00 pm Holiday of Lights - WH	14 8:30 am Muscle Fit - WC 9:30 am Chair Yoga - WC 10:30 am Chair Yoga - WC 10:30 am Chaplain's Chat - AR 1:45 pm You Choose Shuttle - Depart WH 2:30 pm Tai Chi - WC 3:00-5:00 pm Residents' Association Team Member Christmas Party - KR	15 7:30 am Aqua Fit - WC 9:30 am Circuit 101 - WC 9:30 am Matoaka Volunteers - Depart WH 10:00 am Supervised Fitness - WC 10:00 am Stress Management for the Holidays - KR 6:45 pm VSO Handel's Messiah at First Baptist Church - Depart WH 7:15 pm VSO Williamsburg Classic Series: Holiday Brass at St. Bede - Depart WH	16 9:00 am Zumba - WC 9:00 am-1:00 pm Shuffleboard & Cornhole - KR 9:55 am Core Fusion - WC 10:30 am Stretch and Flow - WC 1:00-8:00 pm Ping Pong - WC	
17 8:00 am-8:00 pm Ping Pong - WC 8:40 am Shuttle to St. Bede Catholic Church - Depart WH 10:30 am Church Shuttle - Depart WH 2:30 pm You Choose Shuttle - Depart WH 4:00 pm Worship Service - AH 5:30-7:00 pm Bingo - Bistro 7:30 pm Game Night - Bistro	18 7:30 am Aqua Fit - WC 9:30 am Muscle Fit - WC 10:00 am Supervised Fitness - WC 7:00 pm Celebration in Lights - Depart WH 7:30 pm Peninsula Concert Band Christmas Program - KR	19 8:30 am Muscle Fit - WC 9:30 am Functional Balance - WC 10:20 am Functional Balance - WC 1:00-3:00 pm Ping Pong - WC 4:00 pm Technology Team - Library	20 7:30 am Aqua Fit - WC 9:30 am Muscle Fit - WC 10:00 am Supervised Fitness - WC 3:00 pm Norma Champion's Student Piano Recital - KR 6:00 pm Dr. Batte - KR 6:45 pm Vienna Boys Choir - Depart WH	21 Winter begins 8:30 am Muscle Fit - WC 9:30 am Chair Yoga - KR 1:45 pm You Choose Shuttle - Depart WH 2:00 pm Holiday Sing-a-long - KR 2:30 pm Tai Chi - WC	22 7:30 am Aqua Fit - WC 9:30 am Circuit 101 - WC 10:00 am Supervised Fitness - WC 2:00 pm Movie Matinée presents: <i>Polar Express</i> - KR	23 9:00 am Zumba - WC 9:00 am-1:00 pm Shuffleboard & Cornhole - KR 9:55 am Core Fusion - WC 10:30 am Stretch and Flow - WC 1:00-8:00 pm Ping Pong - WC 2:00 pm Movie Matinée presents: <i>It's a Wonderful Life</i> - KR	
24 8:00 am-8:00 pm Ping Pong - WC 8:40 am Shuttle to St. Bede Catholic Church - Depart WH 10:30 am Church Shuttle - Depart WH 2:30 pm You Choose Shuttle - Depart WH 4:00 pm Shuttle to St. Bede Catholic Church - Depart WH 10:30 am Church Shuttle - Depart WH 2:30 pm You Choose Shuttle - Depart WH 4:00 pm Worship Service - KR 7:30 pm Game Night - Bistro New Year's Eve 	25 Christmas 	26 8:30 am Muscle Fit - WC 9:30 am Functional Balance - WC 10:20 am Functional Balance - WC 1:00-3:00 pm Ping Pong - WC	27 7:30 am Aqua Fit - WC 9:30 am Muscle Fit - WC 10:00 am Supervised Fitness - WC	28 8:30 am Muscle Fit - WC 9:30 am Chair Yoga - KR 1:45 pm You Choose Shuttle - Depart WH 2:30 pm Tai Chi - WC	29 7:30 am Aqua Fit - WC 9:30 am Circuit 101 - WC 10:00 am Supervised Fitness - WC	30 9:00 am Zumba - WC 9:00 am-1:00 pm Shuffleboard & Cornhole - KR 9:55 am Core Fusion - WC 10:30 am Stretch and Flow - WC 1:00-8:00 pm Ping Pong - WC 2:00 pm Movie Matinée presents: <i>White Christmas</i> - KR	



AMF Bowling Outing

Friday, December 8 | 10:45 am | Depart WH | Activity Level II

Join fellow residents and WM team members for an outing to AMF Bowling in Williamsburg! Enjoy two hours of unlimited bowling including shoe rentals. There is no cost for this outing, but you must sign up in the Message Center by 12/5.

Chair Yoga

December 14 | 9:30 & 10:30 am | Wellness Center

Chair Yoga will be held in the Wellness Center on this date. There will be two class sessions to accommodate all participants. No registration required.

Snowball Fight Bingo

Now until December 27

It's not too late to participate in Snowball Fight Bingo! Call the Wellness Center to register today!

Specialty Class: Mat Yoga

Thursdays starting in January | 10:30 am | Wellness Center

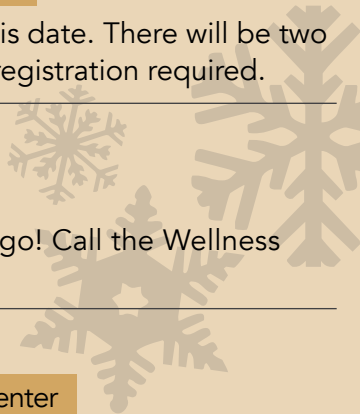
Beginning in January, the Specialty Class offering will be a mat-based Yoga class. This will be offered in addition to the regular Chair Yoga class. This class is a more advanced, mat-based class on the floor. All residents will be required to have a signed medical release from their doctor before participating in the class. Please call the Wellness Center with questions or to pick up a medical release form.

Ponderings From Pastor Bill

It's the most wonderful time of the year! Since our very creation, man was yearning for a savior and two thousand years ago we were given the greatest gift of all, the birth of Christ. Let's celebrate this year by remembering one of Christ's best loved quotes, "Love one another."

– John 13:34

*Chaplain's Chat is held on the 2nd Thursday of each month in the Activities Room at 10:30 am.



Flying with the Royal Air Force

Monday, December 11
2:00 pm | Kensington Room

Ron Shimmons, family member of WM residents Dr. and Mrs. Whitney, will share aspects of his illustrious career while flying with the *Royal Air Force*. He flew many types of aircraft, including Spitfires and U2 spy planes. Ron will also discuss his fascinating experiences with the United Kingdom's *Air Accident Investigation Branch*.

Dining

Thursday Nights at the Bistro

Simmering Soups & Stews

Thursday, December 7 & 21
4:00-7:00 pm | \$15

Comforting Casseroles

Thursday, December 14 & 28
4:00-7:00 pm | \$15

Holiday Menus

Celebrate the holidays at WindsorMeade with your family and friends. Reservations are on a first come first served basis, so don't delay. Make your reservation today by calling 941-3634.

Christmas Eve

Sunday, December 24
4:00-7:00 pm | MDR

Christmas Day

Monday, December 25
11:00 am-3:00 pm | MDR

New Year's Eve

Sunday, December 31
5:30-8:00 pm | MDR

