



# Views from the Park

THE NEWS AND VIEWS OF RYDAL PARK

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## Holiday season unites Rydal Park

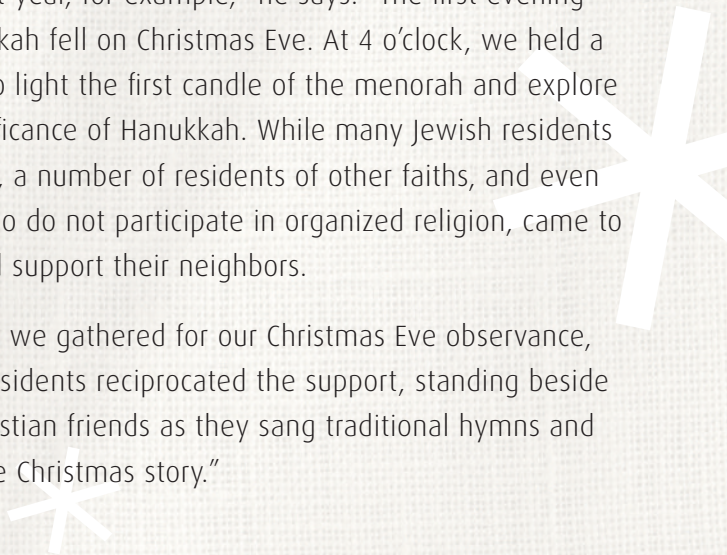
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**H**elping those who are less fortunate, getting in touch with our spiritual sides, spending time with family and friends — there are so many ways to give at this time of the year. For residents and team members at Rydal Park, the opportunities are endless, and the power of giving is ever present.

This community spirit of giving infuses each of us as we take time to reflect on our diverse and welcoming celebrations. The season's disparate religious observances, from Christmas to Hanukkah, from Bodhi Day to Kwanzaa, have some traditions in common — a festive meal, the exchanging of gifts and the affirmation of life.

Tom Summers, affectionately known to many as “God Guy,” is a spiritual leader at Rydal Park. He sees firsthand how the holiday season unites our community through celebration. “Take last year, for example,” he says. “The first evening of Hanukkah fell on Christmas Eve. At 4 o’clock, we held a service to light the first candle of the menorah and explore the significance of Hanukkah. While many Jewish residents attended, a number of residents of other faiths, and even those who do not participate in organized religion, came to learn and support their neighbors.

“Later, as we gathered for our Christmas Eve observance, Jewish residents reciprocated the support, standing beside their Christian friends as they sang traditional hymns and retold the Christmas story.”





In talking with Tom, you can tell that he has strong faith, both in his chosen religion and in the goodness of all people. He makes it a point to learn the name of every resident and team member with whom he comes in contact. "It's about building a relationship with someone," Tom says. "It doesn't matter what his or her faith is. At Rydal Park, we focus on what unites us — our desire to contribute to the world and make a difference."

This shared spirit of openness and giving isn't limited to the holiday season. Community members continuously explore their interests in spirituality, whether by attending services or engaging in the on-campus comparative religion class or with presenters visiting the community. These interactions lead to learning about other traditions and feeling connected with their followers. "We've hosted speakers from an enormous

breadth of faith traditions and experiences," Tom says. "Together, we learn about their beliefs, culture and heritage. People ask questions and engage with individuals they may have never met otherwise."

**"At Rydal Park, we focus on what unites us — our desire to contribute to the world and make a difference."**

As a community, Rydal Park embraces this philosophy of open-mindedness and acceptance. It is fortunate to have residents who come from a wide variety of backgrounds and belief systems, including those who do not subscribe to any organized religion.

"At Rydal Park, one of our biggest strengths is the grassroots support that our residents give to one another," says Tom. "This spirit of kindness and inclusion is something that runs throughout our entire community — not just during the holiday season, but all year long."

**We're all decked out for the holidays! Get to know us better by scheduling a visit this season! Give us a call at **215-814-0329**, and we'll be happy to arrange a festive tour with all the trimmings.**





## From the desk of Sarah

Recently, my mom got braces. Yep — at 77, she decided that enough was enough with her imperfect bite and made an investment. Her beautiful smile has long been her signature to all who know her, but when she looks in the mirror, she sees, well, crooked teeth. Age has nothing to do with treating ourselves as best as we can (nor does it necessarily diminish our vanity). While it's ever so important to share the bounty of our lives with those we love and reach out to those less fortunate, especially during this season of giving, it seems relevant to remember that gifting oneself often allows us to better give to others. And, while my mom's choice may not change the world, I know many others whose choices of self-giving have been lifesaving.

Take a family friend, for example. Last year, he lost his beloved wife of 50 years to Alzheimer's disease, which afflicted her at too young of an age and for too long. After his wife's initial diagnosis 10 years ago, our friend was despondent. What about their plans to retire and travel the world? Delight in the greatness of grandparenting together? Dreams were dashed, and, as you might expect, depression ensued. Then, about a year prior to his wife's passing, when she could no longer recognize those who adored her most, our friend met an old schoolmate of his wife's who had come to visit her.

As these two grieving people both nurtured this ailing angel, they began to nurture one another and, slowly, allow themselves the gift of love. At first, our friend resisted. He didn't want to feel happiness under such circumstances, and certainly not with another woman. But his children encouraged him, saying that it was time for him to allow himself a meaningful life, to practice self-care so that he could not only reap the rewards of new beginnings, but also be a better giver to others.

Gifting yourself can take the form of small gestures — taking a class, getting a massage, going out for a favorite meal or enjoying some retail therapy. It can also be something more substantial, like putting a plan in place for your future to alleviate worry and concern right now. Not changing how you live — but where. In almost every case, it means accepting that tomorrow doesn't have to be like today — that we can look to the future without rejecting or disrespecting the past.

How will you gift yourself this holiday season? Perhaps by considering a move to a community where your independence is revered, yet the promise of future care is guaranteed? To some, a move like that might feel like a selfish act. What about the house and all its memories? What will the kids say and feel? In the vast majority of cases, moving to a community like ours turns out to be a gift — not just for those who make the move, but also for all who love them. For families, it's a choice that brings certainty, peace of mind and the knowledge that someone they love is happy. And that brings smiles (both perfect and beautifully imperfect) all around!

On behalf of my entire team, I wish you peace, love and good health for the holidays and new year!

**Sarah Jolles**  
Executive Director of Sales & Marketing, Presby's Inspired Life  
[sarah.jolles@presbysinspiredlife.org](mailto:sarah.jolles@presbysinspiredlife.org)



## About Sarah

Sarah Jolles is the executive director of sales & marketing for Presby's Inspired Life. Sarah has held key leadership roles within the retirement living industry throughout Philadelphia and southern New Jersey and is knowledgeable in contract offerings, trends and the many intricacies of this rapidly advancing field.





# Residents of Rydal Park,..... **CITIZENS OF THE WORLD**

## **CURRENT EVENTS DISCUSSION CONNECTS THE GREATER COMMUNITY**

**R**ydal Park is home to an active and vibrant community of individuals who feel a strong connection to the wider world. Each resident and team member fosters this connection in his or her own way, be it through the media or discussion with friends and neighbors at Rydal Park or in the greater community. This desire for personal connection to current affairs inspired the formation of a resident-led current events discussion group that is now one of the most popular weekly meet-ups on campus.

Since its inception, the group has exploded from a few attendees to well over 50, on average. Each week, participants meet to discuss important issues making an impact on the local, national or world stage. Overseeing the discussion is a volunteer moderator from the group, who changes from week to week. He or she starts the conversation off with a topic that will inspire discussion and friendly debate. These issues have ranged from the familiar, such as constitutional questions and changes to laws, to the more obscure, such as how technology and robotics may lead to the downfall of the middle class. One thing is for sure — no one leaves the room without feeling inspired and challenged by the discussion.

Leo Keuhl, an active participant in the group, is a strong proponent of community service and engagement. He served in the Marine Corps and fought fires with his local volunteer fire company. Now, he continues to engage with the world, both through his involvements at Rydal Park and with local causes. A committed environmentalist, Leo created Rydal Park's Green Team and has singlehandedly contributed to the community's heightened focus on sustainability.

"Sure, we don't all agree on the issues facing our country, but we all listen to one another's opinions," says Leo. "Personally, I've modified my opinion on issues because of points other participants have made. They challenge me to think, and I like that."

Groups and discussions like this one also draw guest speakers from the greater community who are looking for a challenging exchange of ideas. "There is an amazing energy in the air here, from the influx of political leaders, educators and subject matter experts, as well as community members who want to join the conversation," says Phyllis Silver, who moved to Rydal Park two years ago with her sister, Joan.



**Sisters Phyllis and Joan Silver**

Phyllis recently moderated the group, and her topic centered around American political parties and how they fail to meet the needs of voters. "Our country has many different viewpoints, but we need to find common ground," she says. Phyllis appreciates the wide range of interests and passions among participants. "If you heard a list of what people are doing to contribute, the majority of involvements are outside the campus," she says.

Her sister, Joan, agrees that taking action is key. "One of the best ways that we can give back is to make our voices heard," she says. "When there is an issue I believe in, I not only cast my vote, but I call our elected officials and have a dialogue with them."

Diane King, a group participant and involved community member, puts it well when she says, "It's my duty, as a citizen and person, not just to know what's going on in the

world, but to impact that world. I may live at Rydal Park, but I also live in a community here in Jenkintown, in the Commonwealth of Pennsylvania and in the United States."

The current events discussion group fills an important niche at Rydal Park. In today's society, it has become increasingly difficult to have a civil discussion about serious matters, yet each week, engaged citizens come together to tackle the big issues, motivated by a desire to learn and a shared respect.



**IT'S MY DUTY, AS A CITIZEN AND PERSON, NOT JUST TO KNOW WHAT'S GOING ON IN THE WORLD, BUT TO IMPACT THAT WORLD.**



To learn more about the group and other enriching opportunities at Rydal Park, give us a call at **215-814-0329** or visit [ExploreRydalPark.org](http://ExploreRydalPark.org).

# The Ginger Snap Cocktail

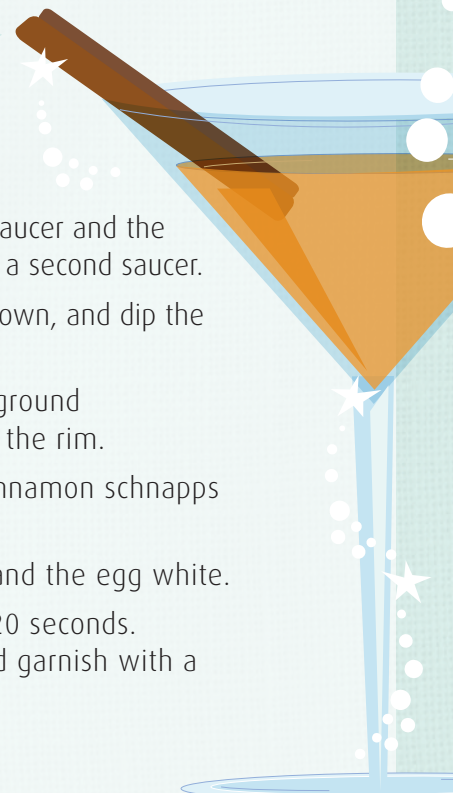
The perfect blend of naughty and nice, this snappy holiday favorite will warm you from head to toe on wintry days.

## Ingredients

- 1 oz. ginger beer
- Ice
- 1 tsp. ginger juice
- Pinch of ground cloves
- 1 1/2 oz. dark rum
- 1 tsp. cinnamon schnapps
- 1 egg white
- Ginger candy
- Cinnamon stick
- Ground gingerbread cookie (brown sugar can be substituted)

## Directions

1. Pour the ginger beer into one saucer and the ground gingerbread cookie into a second saucer.
2. Turn the martini glass upside down, and dip the rim into the ginger beer.
3. Dip the coated glass into the ground gingerbread cookie to garnish the rim.
4. Pour ginger juice, rum and cinnamon schnapps into a shaker over ice.
5. Add a dash of ground cloves and the egg white.
6. Shake vigorously for at least 20 seconds. Serve in the martini glass, and garnish with a cinnamon stick!



# UPCOMING EVENTS

# January

## NEW KIDS ON THE BLOCK

In its very first appearance at Rydal Park, the versatile Bobby Block Trio will perform songs from an eclectic variety of genres, including classic Sinatra hits, Big Band swing numbers, Broadway show tunes and even a touch of klezmer music!

## HIGH-KICKING HIGH SCHOOL

The talented members of the Cheltenham High School Touring Ensemble will bring their sparkling enthusiasm to the Rydal Park stage, performing high-energy song and dance numbers with musical accompaniment.

## ONE MAN. MANY TALENTS.

Joey Vincent likes to make people happy with his one-man musical entertainment show, blending comedy, impressions, singing, dancing and instrumentals.

## JEFFREY UHLIG

The talented Jeffrey Uhlig and a distinguished colleague will present an exciting musical event that you won't want to miss.

## OLE BLUE EYES IS BACK

Premier entertainer and vocalist Peter Scott Ruben will bring the music of Frank Sinatra and the Rat Pack to life, taking the audience back to that golden era of romantic lyrics and melodies in a truly memorable evening.

## A SALUTE TO THE FLAG

Mike Jesberg, a historical reenactor with a keen interest in the life of the common soldier, will give a presentation on the military flags of the American Revolution and the Civil War.

## A FRESH TWIST ON CENTURIES-OLD RECIPES

From 400-year-old recipes to 17th century cookbooks, can food ideas from the past work today? Culinary scholars from Penn State Abington answer those questions in the delicious presentation: "Cooking in the Archives: Bringing Historical Recipes to Life in a 21st-century Kitchen."

## HOW DOES YOUR WINTER GARDEN GROW?

In a talk every green thumb should attend, Jenny Rose Carey, senior director of the Pennsylvania Horticultural Society's Meadowbrook Farm, will share the beauty of the season through amazing photos and advice on design and sustainability.

## DISCOVERING COLUMBUS

The Historical Society of Pennsylvania will present, "The Mysterious Life, Origin and Mission of Christopher Columbus," a gripping, illuminating program revealing the true life of this mythologized adventurer.

## A CELEBRATION FIT FOR A KING

In honor of Martin Luther King, Jr. Day, we will celebrate the life of one of the greatest advocates for peace our country has ever known by giving back to the surrounding community.

## SPIRITED DISCUSSIONS

From comparative religious studies to current events to Jewish studies and Bible groups, Rydal Park's engaging discussion groups will spark healthy debate.

## SPIRITUAL SERVICES

Residents participate in weekly worship services, monthly Sabbath services and more.

## CLUBS, CLASSES AND CUISINE

This month, the Rydal Park schedule is filled to the brim with art classes, fitness programs, karaoke, movies, jazz brunches, smash comedies and much more.

## JANUARY TRIPS:

The new year will be rich in opportunities to explore our region's cultural destinations, including the Presbyterian Historical Society, the Woodmere Art Museum, the Maxfield Parrish Mural, the Philadelphia Orchestra, the Pennsylvania Ballet and more.

## A resolution to inspire

New Year's resolutions are an American tradition. Usually, they involve personal changes; the path to eating better, exercising more and breaking a bad habit always top the list. This year, we encourage you to consider a New Year's resolution that will be a positive change for many years to come — considering a move to an active and engaging community like Rydal Park. Here are a few ideas to get you started:

### 1. LET'S TALK FINANCES.

Whether you sit down with a financial planner or another expert, determining what you can afford, what your monthly budget will be and where your assets are located, is a good first step.

### 2. TALK TO YOUR FAMILY.

As the holidays are a time when families enjoy traditions together, it's a great opportunity to have an open discussion about how your move can bring new traditions and honor what's most precious to your family.

# UPCOMING EVENTS

# February

## FANCY FEET, CRAZY RHYTHMS

Dance partners Bob Butryn and Eva Brother perfectly choreograph their intricate and beautiful dance steps to provide an evening of fun and excitement to all.

## LOVE NOTES

Accompanied by guitar, saxophone and drums, singer Michelle Lordi will transform our auditorium into a sultry Valentine's nightclub, crooning popular romantic melodies perfect for the holiday.

## MARDI GRAS, BEADS AND ALL THAT JAZZ

The Barbone Street Jazz Band brings New Orleans to Rydal Park for Mardi Gras, creating a festive atmosphere, with gifts of beads and masks for everyone.

## ACTING PRESIDENT

Historian, impersonator and inspiring motivational speaker Steve Edenbo will transform himself into Thomas Jefferson, signer of the Declaration of Independence and third president of the United States.

## THE MUSEUM VISITS US

The history, storytelling and folktales of African-American culture will come to life in this fascinating presentation by a representative of the iconic African American Museum in Philadelphia.

## GRATITUDE AT WORK

A Penn State scholar will reveal life-transforming, career-changing insights from a breakthrough research project on gratitude communication in the workplace.

## HIGH SCHOOLERS HIT THE HIGH NOTES

The award-winning Jenkintown High School Choir will perform important songs from across the decades.

## SUPER SHINDIG

It's the BIG game, and Rydal Park will be blowing the roof off the joint with a great night of football and entertainment!



## A HOLIDAY FOR HEROES

In celebration of Black History Month, Rydal Park will present its annual program honoring the style, music, storytelling and accomplishments of African-Americans through history.

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## FEBRUARY TRIPS:

February will be filled with sweet opportunities for lovers of the arts, including excursions to Free Library of Philadelphia's Rare Book Department, the Philadelphia Orchestra, the Academy of Music, the Pennsylvania Ballet and more.



### 3. LET'S BE HONEST.

There's always that one closet in the house — you know, the one with the coat that you never wear anymore. It might also contain that food processor you always wanted to use but never found the time for. In the spirit of spring-cleaning, why not take a day to go through that closet and decide which items you really treasure and which ones could be donated to an appropriate cause? Down the road, you'll be thankful that you did!

### 4. IS IT DOWNSIZING OR RIGHTSIZING?

You may no longer need four bedrooms or want the hassle of house and lawn chores. Options that were really

important to you 20 years ago may be of less value now. This is where a community like Rydal Park can provide you with a modern, maintenance-free residence that you'll love! We offer spacious floor plans, with up to two bedrooms and two baths plus den!

### 5. NOW YOU'RE READY.

While we sincerely hope that you'll find a home with us at Rydal Park, we know that there are many options out there for you to explore. We encourage you to take your time to learn about them and compare your choices.



# UPCOMING EVENTS

# March

## SWING'S THE THING

Murray Itzenon's 15-piece Sounds of Swing Big Band will entertain the crowd with toe-tapping tunes of the swing era, perfect for listening and dancing.

## A CHOICE VOICE

Accompanied by piano, bass and drums, Katie Eagelson will lend her lovely voice to an enchanting evening of America's favorite music, sprinkled with French ballads.

## TRIO IN TUNE

With their warm voices and gentle guitars, Carolyn Hannan, Thom McBride and Marlene Williams will bring out the Irish in their audience, with beloved stories and ballads from America, Scotland and Ireland.

## DRESSED TO KILT

The adorable lassies of the Campbell School of Highland Dance, dressed in kilts and accompanied by bagpipes and drums, will acquaint the audience with the traditional dances of Scotland.

## TWEETS TAKE HEAT

In this thought-provoking, interactive session, entitled "The First Amendment, Twitter and the President," Penn State University scholars will explore the challenges facing the Constitution in general, and the First Amendment in particular, in the age of Twitter and President Donald Trump.

## THE VAST PAST

The Historical Society of Montgomery County will present an overview of the rich past of this important area, from abolition to business to its vast diversity.

## MARCH TRIPS:

April flowers will come early this year as Rydal Park visits the Philadelphia Flower Show, as well as the Philadelphia Orchestra, the Pennsylvania Ballet, the Arden Theatre and other interesting cultural destinations throughout the region.

## A CLOSER LOOK AT THE BILL OF RIGHTS

A representative from the National Constitution Center will explore the next big step after the signing of the Constitution and the first major additions to the document, as well as why these rights were not listed in the Constitution in the first place.

## DIGGING FOR ANSWERS

In this intriguing presentation, University of Pennsylvania professor Dr. Steve Phillips will delve deep into the Nile River's delta region, reviewing arguably the greatest discovery in the history of ancient Egyptian archaeology: the nearly intact tomb of the Late Period pharaoh, Psusennes.

## THE HIRSCHFIELD CENTURY

This riveting lecture will take the audience back in time to the 82-year era in which the famous artist Al Hirschfield recorded and defined so much of popular culture, especially through his drawings of Broadway and Hollywood productions.

## FEISTY FIRST FEMALE

In this engaging lecture, "Abigail Adams, One Feisty Female," the audience will learn why this patriotic, passionate, independent first lady and feminist was way ahead of her time.

## TALKING THE WALK

Award-winning journalist Natalie Pompilio will present unique walking tours from her guidebook, "Walking Philadelphia: 30 Walking Tours Exploring Art, Architecture, History, and Little-Known Gems." Stops will include foodie favorites, vintage boutiques, high-end shopping destinations, one-of-a-kind shops selling local goods and much more.

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# Recent Happenings



The former marketing office beginning its transformation into our state-of-the-art design center

Sales Counselor Patty Maloney enjoying the PAL International Food Fest with friends and residents, Bev Goldberg and Bernie Gross



Dr. Pierce Salguero of Penn State University presenting his fascinating wellness seminar, "Mindfulness and Beyond," in a three-part lecture series from Rydal University: "Being Your Best You"

Our high-energy sales & marketing team posing enthusiastically with the interactive art at the stunning Alverthorpe Manor during the Rydal Waters cocktail information session



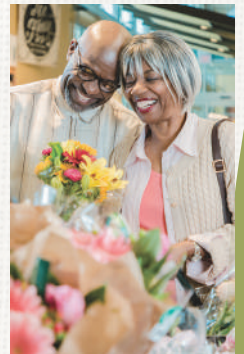
Bringing the crowd to a standing ovation, Jeffrey Uhlig and the Three Tenors thrill the audience with an outstanding performance



An afternoon of world travel as guests of Rydal Park delight in our International Wine Festival



OUR VIBRANT NEW COMMUNITY HAS ROOTS THAT RUN DEEP.



Rydal Waters will be a maintenance-free cottage expansion of Rydal Park, one of the area's premier Life Plan Communities for people 62 and better. Nestled on 33 lush acres above Rydal Park, Rydal Waters will offer a clubhouse with gym, outdoor heated pool, fire pit, dog park and more.



**RYDAL WATERS**  
AT RYDAL PARK

A Presby's Inspired Life Community

Exceptional. Without Exception.

Put down roots at Rydal Waters. To learn more, call **215-814-0329** or visit **ExploreRydalWaters.org**.

## RESIDENT SPOTLIGHT

# Opening your home and giving back



*A*s the holiday season approaches, our minds often turn to helping those in need. However, as the season winds down, and the cold of winter lingers on, the homeless population continues to be in dire need of assistance. Although about 15,000 people access shelter in Philadelphia each year, many people are turned away due to lack of space. Carol Young, a resident at Rydal Park, long ago recognized this critical need for shelter and decided that she could do something to address it.

In 1991, Carol founded the Philadelphia Interfaith Hospitality Network (PIHN), modeled on similar programs in cities around the country. The first family served by the Philadelphia program had been living in Love Park in Center City when volunteers opened their doors and led the family off the streets.

*“The simple gift of warmth and safety is the most valuable thing you can offer in situations like these.”*

After 28 years in operation, the program now has more than 1,500 volunteers helping Philadelphia’s homeless population.

After founding PIHN, Carol went on to serve as its president, directing the mission of the organization through critical years of outreach and development. She was instrumental in developing relationships with

churches and supporters who had a desire to help the cause. During this time, she lived the mission as she directed it, taking action in the boardroom and on the streets. “Our program is one of the few that has never closed. Once, we were almost closed, but each board member opened up his or her own home to keep it operational,” she relates. Carol found it important to be on the frontlines, interacting directly with those the program served, learning of their needs and finding new and innovative ways to help them leave the streets and find a sustainable housing solution.

Today, Carol continues her work with PIHN as a volunteer, including spending nights with families in need. “It’s the only place I’ve found where you’re allowed to sleep on the job,” she says with a glint in her eye. Through PIHN, Carol helps individuals and families find both short- and long-term housing solutions for those in crisis. The program uses a network of volunteers, citizens, businesses and congregations to find places for people to stay, taking a holistic approach to the homelessness problem. “We are a much-needed supplement to public shelters,” says Carol. “Because volunteers from our group often provide shelter in their private homes, we have more flexibility when it comes to housing families.”

As you talk to Carol about her work, it’s clear that she’s incredibly passionate about what she and the program have been able to achieve in the greater Philadelphia area. “I’ve been very fortunate in my life to have safe and comfortable housing. My husband and I have been married for 58 years, and we’re going on our seventh year as residents of Rydal Park. Every day, I’m thankful for the life we’ve been able to make together,” says Carol. “Through PIHN, I’m able to give back to others who haven’t been so fortunate. Spending a night in a sleeping bag is just one way to show love and caring for my neighbors, whoever they may be.”

The residents and team members of the Rydal Park community are proud to support Carol and her work with the impactful organization she founded. Her passion and drive for giving back represent the core values that embody the spirit of our community, and we look forward to hearing of Carol’s continued success in helping the underserved homeless population.

# Meet *the* team



## Meet Kate Cristini,

a new dining services manager that pairs deliciously with the fresh dining outlook at Rydal Park

**Q: Rydal Park has a motto of “Exceptional. Without Exception.” How do you infuse that spirit into the dining experience at Rydal Park?**

**A:** It’s a team approach, really. Our chefs craft amazing dishes and are constantly innovating, which really makes Rydal Park unique.

However, the food is only a part of the total experience. It’s the dining services team’s job to present the chef’s hard work on the plate. Every dish should be a feast for the senses. Not only do we want the meal to taste delicious, but it should also appeal to the eye and inspire the nose! My team strives for an immersive and delectable dining experience.

**Q: That’s a great way to look at the dining experience. How do you compete with the many eclectic culinary choices available to Rydal Park residents as they dine out in Philly and travel the world?**

**A:** I think the key word here is “fresh.” Our chefs use only fresh, farm-to-table ingredients in their dishes. Through their delicious creations, we’re able to keep the experiences fresh in our restaurants. With an ever-changing menu, each meal brings with it new tastes to share and enjoy with our guests. By keeping the focus on fresh ingredients and excellent customer service, we create a welcoming, friendly atmosphere. That — along with extraordinary new flavor experiences — is what we work hard to achieve.

**Q: We’re very excited to welcome you to the Rydal Park family, and we know that our residents are going to benefit from your experience. Do you have any parting thoughts?**

**A:** I’ve been introducing myself to everyone as they’ve come in to dine. I’m very interested in hearing feedback from all of our guests. The Rydal Park motto of “Exceptional. Without Exception.” sets a high bar of excellence that both my team and I aspire to reach with every dish we serve.

**Q: Hi there, Kate! We really appreciate you taking the time to speak with us for Views From the Park today — we know how busy the restaurants can be! You’ve been at Rydal Park for a couple of months now, so could you share some of your experiences?**

**A:** Let me just say that I absolutely love working here at Rydal Park! I have really enjoyed getting to know the residents and my other team members. Everyone is very kind and welcoming! I’ve spent my entire career working in communities like Rydal Park, and my experience here has been second to none.

**Q: Let’s talk about that experience a bit. Can you share some of your background?**

**A:** My mom was a director in a community like Rydal Park when I was young. She would often bring me to work with her, where I’d assist with resident programs. Through this experience, I learned the value of actively listening to others and applying their feedback to make positive changes. I’ve been very fortunate to spend my career meeting and learning from residents like those here at Rydal Park.

**Q: You have a spirit of service, for sure! A unique part of your role is that you really get to know the residents. How does this help you to personalize your service?**

**A:** Relationships are the key to what we do as a dining services team. We really enjoy getting to know the residents personally, including their likes and dislikes. By doing so, not only can my team plan a better experience, but we can also suggest new and inventive dishes that we know residents will love. Additionally, we can relay that information to the chefs, which helps them create exceptional and fresh flavor profiles.



# RYDAL PARK

A Presby's Inspired Life Community

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RYDAL, PA 19046

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**CELEBRATE THE  
season of giving!**

**215-814-0329**



# *Views from the Park*

THE NEWS AND VIEWS OF RYDAL PARK

Gifts of huge savings  
are in store for the  
holidays! **Commit  
now, move later  
and save big.**

INSIDE THIS ISSUE...

**HOLIDAY SEASON UNITES RYDAL PARK**

**RESIDENTS OF RYDAL PARK,  
CITIZENS OF THE WORLD**

**A RESOLUTION TO INSPIRE**

**AND MUCH MORE!**