

December 6 - 14

Hanukkah

December 22

Winter Solstice

REGENCY STAFF

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Executive Director

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Karmen Jones,
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Chris Goodwin,
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—*DECEMBER NEWSLETTER 2017*—



Hello Residents,

Merry Christmas! December is a wonderful month and full of exciting things at Regency.

Our annual Christmas Open House is scheduled for Thursday, December 7th, from 5:00 pm - 7:00 pm. Please invite your family and friends to join us for delicious food, holiday entertainment and fellowship.

We have a number of special guests who will join us this month, so please check your calendars and participate.

I hope you have had a great year and we look forward to serving you and your loved ones in the coming 2018 year.

Chris Blackerby,
Executive Director



Matisko World Orphan Choir

Every year the Matisko Choir (Matsiko is Ugandan for “hope”) drops by Regency when they are touring in our area. The International Children’s Network sponsors this group of children from Peru, India, Liberia and Mexico. As usual, the children were superb. They sang songs from their countries and danced with such energy that we all were tired when they finished their program! Donations collected while touring in the US will be taken back to their respective countries to provide an education and hopes of a brighter future.



Trick Or Treating At Regency

The preschool children from Homewood Church of Christ Day School came trick or treating. They brought their smiles, great costumes and big bags hoping to fill with candy. Our residents did not disappoint them! It is always interesting to see what costumes are popular. It appears the superheroes were a hit this year. Thank you, residents, for making this event a success and keeping Birmingham dentists in business!



Mary Kay Makes A Visit

Well, not Mary Kay herself, but a Mary Kay Cosmetics representative, Valerie Cunningham. Ladies from Assisted Living and Reflections received a free facial. It is nice to pamper yourself every now and then! Valerie also brought a gift for each lady. Thank you residents for coming out (yea Thelma) and thank YOU Valerie for providing smiles and clean skin! Just a side note, Valerie is the sister-in-law to our own Johnnie Cunningham in Berkshire! It's a small world after all!



National Nacho Day

Did you know... Nachos were invented by a maître d' named Ignacio Anaya in Mexico? He whipped up a batch for a group of hungry US military wives at a restaurant called the Victory Club. Ignacio fried tortilla chips and topped them with shredded cheese and jalapeños. He named them after his nickname, Nacho! Some residents opted for just cheese while a few added jalapeños. Coach said he had been trying to open his sinuses and the jalapeños did the trick! Olé!



Christmas Open House ***Don't Miss A Single Event***

December is FULL of activities that you will want to be a part of! We have new entertainers, children and a youth choir singing, instrumental music by students, a harp circle, Christmas version of the Saran Wrap Game, carolers and the fabulous Wild Cloggers, just to mention a few. Pick up a calendar and check out all the activities. Invite your neighbors to come to an event with you. This month is going to be FUN!



December 1st, 4th, 8th, 9th, and 14th ***Christmas Shopping Opportunities***

There will be several opportunities to go shopping in December besides Walmart. Mark your calendar for these dates:

- 1st** – Cracker Barrel
- 4th** – Christmas Tree Store
- 8th** – Ollie's
- 9th** – Paparazzi Accessories
- 14th** – Target



December 7th at 5:00 pm ***Christmas Open House***

Circle Thursday, December 7th on your calendar! Regency will host our Christmas Open House from 5:00 pm. - 7:00 pm. in Somerset and Berkshire. There will be delicious food, entertainment, Mr. and Mrs. Claus and great fellowship. Invite your family for all the fun festivities.



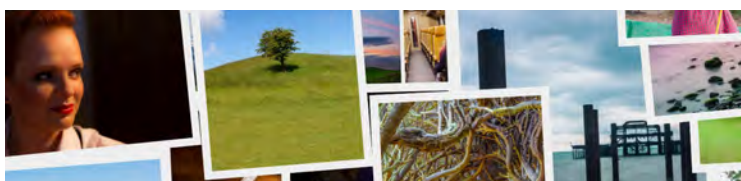
Wednesday, December 13th ***“Christmas In The Country”***

It's that time again for our monthly theme meal. Join us in Somerset's Dining Room at 5:00 pm for “Christmas in the Country.” Chef Austin and his team will knock it out of the park again with their delicious creations. Plus a few extra surprises. Transportation will be provided from Berkshire at 4:45 pm.



Tuesday, December 19th ***Christmas Lights Sightseeing***

Come see over 3.25 miles of custom made displays as they dance to the music played over the radio in perfect synchronization! Also, see Santa and his pals like you've never seen them... on vacation! The all-new Santa's Beach Party theme features custom built, giant, all-led displays! The bus leaves at 5:00 pm. Please sign up!



Thursday, December 28th ***Year In Pictures***

We had a lot of fun in 2017. Were you a part of the: museums, boiled crawfish, entertainers, fishing, Peach Park, Barons game, movies, pontooning, spinners, Oktoberfest, Bud's Cookies, etc? Check out a look at 2017 in pictures in Berkshire at 3:00 pm.



Friday, December 29th ***Goodbye 2017!***

It's time to say goodbye to 2017 and HELLO to 2018! Join us for our New Year's Eve, Eve, Eve Party! Hats, whistles, and food. Sheila and Mike Dempsey will entertain and we all will usher in 2018 with Auld Lang Syne. Everyone join us at 2:00 pm in Somerset's Dining Room. Please sign up!

***SAVE
THE
DATE***

Thursday, December 7th – Christmas Open House from 5:00 pm - 7:00 pm.



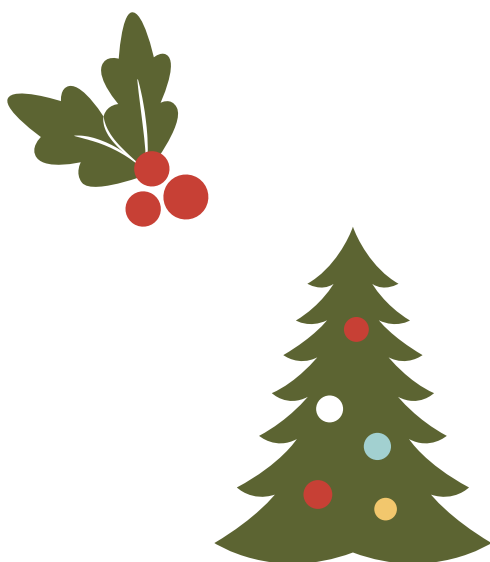
Beth Speakman

Growing up, Beth was an Air Force brat living in various places like Italy and Nebraska until age 7. After moving around a lot, Beth called Pleasant Grove home. She has two children and eight grandchildren. For twenty years, she was a Respiratory Therapist. What you might not know about Beth is she has designed and built furniture. Beth said she can remodel a house, lay tile, cabinetry, etc. - everything but plumbing! She is very active in our activities. Beth, we are glad you call Regency home.

DECEMBER FUN FACTS

- An almanac prediction states that if snow falls on Christmas Day, Easter will be warm, green and sunny.
- The name December comes from the Latin decem for “ten”, as it was the 10th month in the Roman Calendar.
- The term Yuletide comes from a Norse tradition of cutting and burning a tree to bring in the Winter Solstice. This was to last through 12 days – later known as the 12 days of Christmas.
- “Jingle bells” was composed in 1857, and not for Christmas – it was meant to be a Thanksgiving song!

❄️ ❄️ ❄️ **HAPPY BIRTHDAY!** ❄️ ❄️ ❄️



Resident

Marvin Perry	Dec. 5
George Quinn	Dec. 11
Stephanie Sautter	Dec. 16
Patrick Connors	Dec. 21
Charlotte Gagnier	Dec. 23
Joe Faught	Dec. 27
Jack Hoffman	Dec. 30

Employee

Christina Johnson	Dec. 5
Pauline Balfour	Dec. 6
Lisa Tinney	Dec. 8
Anita Smith	Dec. 9
Patricia Kines	Dec. 13
Yakisha Williams	Dec. 21
Kimberly Bell	Dec. 26
Nicole Smith	Dec. 29
Melanie Williams	Dec. 31

WORD FIND

B	V	E	E	M	O	P	C	K	U	J	D	G	T	Y	D	I	C	P	P	A	S	F	L	G
W	W	C	U	X	E	Y	O	S	D	R	E	I	D	E	L	C	A	Q	I	T	T	J	Q	N
I	D	K	C	P	E	N	J	I	T	T	D	J	Z	P	H	N	N	Z	Z	N	W	Z	Y	I
Y	P	B	E	N	B	Y	O	F	N	N	B	Q	V	R	S	E	D	S	J	A	L	G	R	K
I	N	A	M	W	O	N	S	R	I	S	E	I	I	P	M	W	Y	H	L	S	L	U	M	C
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H	E	E	V	S	X	Q	D	S	D	O	E	D	N	Q	A	V	H	W	J	A	W	L	B	E

CANDY CANE

CAROLS

CHIMNEY

CHRISTMAS

DREIDEL

MENORAH

NATIVITY

NEW YEAR

POINSETTIA

PRESENTS

RUDOLPH

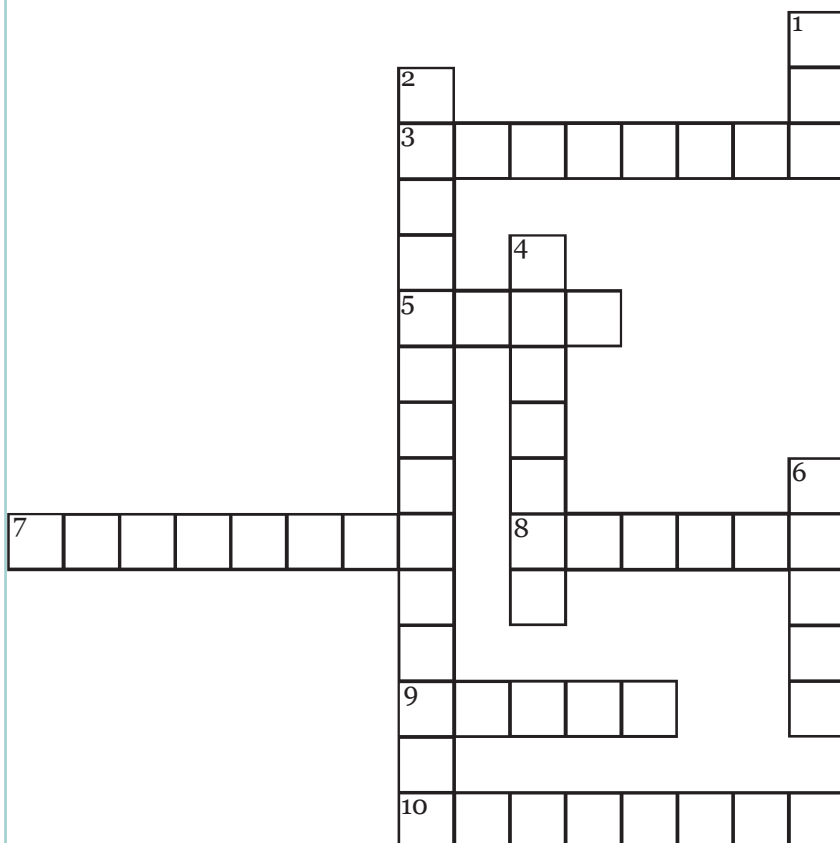
SANTA

SCARF

SNOWMAN

STOCKING

CROSS-WORD



Across

- What is the first name of Scrooge from the play A Christmas Carol?
- A ____ log is a specially selected log burnt around Christmas time.
- The first artificial Christmas tree was made of ____.
- Poinsettias are native to ____.
- How many reindeer pull Santa's sleigh?
- December birthstone.

Down

- Type of tree used for Christmas.
- Full name of president to ban Christmas trees from the White House.
- First US state to officially recognize Christmas as a holiday.
- December birth flower.

EMPLOYEE OF THE MONTH

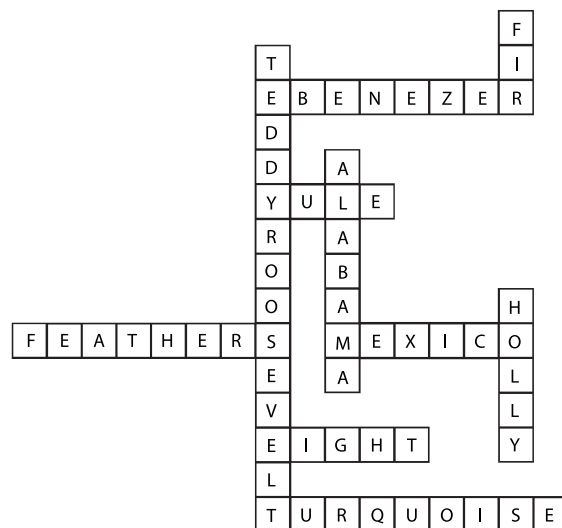
Earlesia Williams



Earlesia has five children (15, 13, 12, 10 and 2)! She has her hands full ALL the time! She was born in Birmingham but raised in Boston. Earlesia has been in Dietary for five and

half years. You might not know she is a Certified Nursing Assistant. Her advice to new employees is to be humble and always put the residents' needs above your own! Thank you, Earlesia, for going the extra mile!

ANSWER KEY:



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