

AUGUST NEWSLETTER 2017



Hello Residents,

We are in our last full month of summer already! Valerie sure has filled our calendar with loads of fun things to do this month. To those of you who aren't participating in the activities, I want to encourage you to try them. Get out of your apartment and make some new friends — watch a movie, read a book, exercise, play a game, go to worship service, walk in the Regency park, play bingo, go to Bible study, go to a party or simply sit in the massaging chair and enjoy some quiet time. As we all know, activities play a very important part in our health because they stimulate the brain and increase stamina. I know that I feel much better, not only physically but mentally, when I get out and exercise or socialize.

Here at Regency Retirement Village, we want to make sure we offer an activities program that you will enjoy. If you have any suggestions, Valerie has a meet and greet once a month so you can share your ideas with her and with the residents who attend. August is the month for American Adventures, so be adventurous and get out of that apartment and join in on the FUN!

Trudy Darnell,
Executive Director

August 1

Mingle w/Dietary

August 2

Dr. Sherrell w/KOC

August 3

NBA's Birthday Celebration

August 7

July, August, September
Birthday Party

August 8

Lunch for Veterans
Trip to Pelican's Snoballs

August 9

Swap Meet

August 10

Wheel of Fortune Game

August 12

Michael Reno Harrell

August 15

Assisted Living/Memory Care
Family Night

August 21

Total Solar Eclipse

August 22

Beach Theme Lunch
Trip Ollie's Bargain Outlet

August 29

Trip to Yoder's

August 30

Ladies Boat Ride & Lunch





Resident/Staff Talent Show – June 22nd

Wow! We have so many talented folks here at Regency! The evening started with a wonderful dance to “Tiny Bubbles” by the Regency Bubbettes (Barbara B, LeNoir F, Priscilla M, and Carolyn Q). The talent continued with: Cleon playing the organ; Alan singing & playing guitar; Alabama Redneck (Harold) telling jokes; Charles poetry reading; Don telling missionary experiences; and Mike’s magic show. Thanks to all who participated & to the parlor full of people who came to watch.



Trip to Smokies Ballgame – June 29th

Take me out to the ballgame! We had a wonderful time cheering on the Tennessee Smokies. The evening was lovely, the temperature perfect for a great evening at the ballpark. Several enjoyed some delicious ballpark burgers, hot dogs and pizza. We enjoyed the game and the atmosphere, and even got a visit from Smoky himself. To top the evening off — The Smokies won! We will plan another trip to see them play again!





FUNtastic Friday - Favorite Holiday – July 7th

We celebrated all holidays on FUNtastic Friday – Valentine’s Day, St. Patrick’s Day, Easter, 4th of July, Halloween, Thanksgiving & Christmas. We enjoyed delicious treats from each holiday, and we shared about our favorite holidays & why we enjoy them. Join us for our next FUNtastic Friday, August 4th at 2:30 pm. The theme is Backwards Day. Wear your clothes backwards and come join the FUN!



Cupcake Wars – July 12th

Some were a little nervous about the term “Cupcake Wars”. Several thought we were going to throw cupcakes at each other. While that might have been fun, this was a Cupcake Decorating Contest. A panel of judges selected 3 winners from the entries. Congratulations to Jean Brown – 1st place; Clydene Styles – 2nd place & Frances Stubblefield – 3rd place. We all felt like winners when we got to eat the cupcakes!





August 2nd at 2:00 pm

Dr. Chris Sherrell, Knoxville Orthopaedic

A Joint Replacement Orthopaedic Specialist, Dr. Christopher Sherrell, will be coming to Regency to talk about the particulars you need to know about hip & knee replacements and other issues concerning joints. This will be very informative, and there will be time for you to ask questions.



August 8th at 2:00 pm

Trip to Pelican's Snoballs

It is the hottest thing in town! Well, really the coolest, but this is the most popular destination in the Morristown area right now – Pelican's Snoballs. With the smooth, fluffy snow & over 100 flavors to choose from, there is something for everyone! Let's enjoy a cool treat during this hot summer.



August 10th at 6:00 pm

Wheel of Fortune

We've had so much fun playing The Price is Right and Family Feud, we decided to try another game show classic – Wheel of Fortune. Come try your luck at this fun game!



August 12th at 1:00 pm

Michael Reno Harrell
Singer/Storyteller

Join us as we listen to some delightful storytelling & music. Michael Reno Harrell has entertained us at Regency for many years. His talent as a singer, songwriter and storyteller is amazing. You will definitely not want to miss this program!



August 15th at 6:00 pm

Assisted Living/Memory Care
Family Night

Join us for our Quarterly Family Night! We always share a delicious meal & great fellowship with other families & the management staff. Residents are allowed to bring 5 guests. Each resident must RSVP for themselves and guests by calling the Front Desk no later than noon on Monday, August 14th.



August 21st at 2:00 pm

Total Eclipse Party

A total Solar Eclipse will occur on Monday, August 21st. The last time we had a Total Solar Eclipse was 1918, and there is not another forecasted again until 2024, so this may be a once in a lifetime experience. We will have the special glasses available for viewing the eclipse. Come watch history!



August 30th at 9:00 am

Ladies Boat Ride & Lunch

Our ladies will take a trip to enjoy a relaxing boat ride on Douglas Lake and then return to The Point in Dandridge for lunch. There will be very limited space on this trip due to the space on the boat. Be sure to sign up in the Green Transportation Book located on 2nd Floor outside the Coffee Shop.

**SAVE
THE
DATE**

September 01 — FUNtastic Friday - Fashion
Disaster Day

September 10 — Grandparents' Day Social

September 12 — Lunch 4 Heroes

September 14 — Bluegrass & BBQ

September 19 — Charity Bingo

September 26 — The Legends Show



Margaret Lee

Margaret was born in Biloxi, MS. When she was 12 years old, her family moved to Chicago. She trained at Augustana Hospital in Chicago to become a Registered Nurse. In 1946, she married Robert E. Lee. After Robert finished school, they moved to California. When they came back to Mississippi, Margaret was the County Nurse. They had 2 children, Janice & Lynn. When Robert passed away, Margaret moved to Tennessee to be near Janice. She says everyone at Regency is friendly and helpful. She has 4 grandchildren and 1 great-grandchild.



WELCOME NEW RESIDENTS!



Bill Farley

Lynne Richardson

Robert Cantwell

Bill & Evelyn Marquis

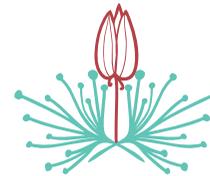
AUGUST FUN FACTS



- Origin of August's name: August was the 6th month in the early Roman calendar, named after Julius Caesar Augustus.
- August has two birthstones, PERIDOT and SARDONYX: Peridot is among the oldest known gemstones. It ranges from olive to lime green, sometimes with a brownish tinge. Sardonyx is a gem with white and brown bands and it is believed to have mystical powers: it eliminates negative thinking!
- August 24th. On this day in A.D 79, Mount Vesuvius erupted and destroyed the cities of Pompeii, Stabiae and Herculaneum.



HAPPY BIRTHDAY!



Resident

David Rutherford	August 01
Mildred Welch	August 01
Robert Fain	August 02
Billie Jean Olaker	August 03
Joe Aurigemma	August 10
Buck Buchanan	August 12
Jay Sams	August 12
Lynn Stubblefield	August 18

Ira Gulley	August 19
Mo Oakley	August 20
Kay Peters	August 21
Robert Cantwell	August 22
Fred Strange	August 22
Tom Bogardus	August 23
Faye Morgan	August 28
Bob Lynch	August 31

Employee

Gail Hoffman	August 04
Sandra "Dee" Wylie	August 12
Tim Haszard	August 15
Melissa Lovell	August 25
Elizabeth Easterly	August 28
Cathy Long	August 29
Amber Moseley	August 30

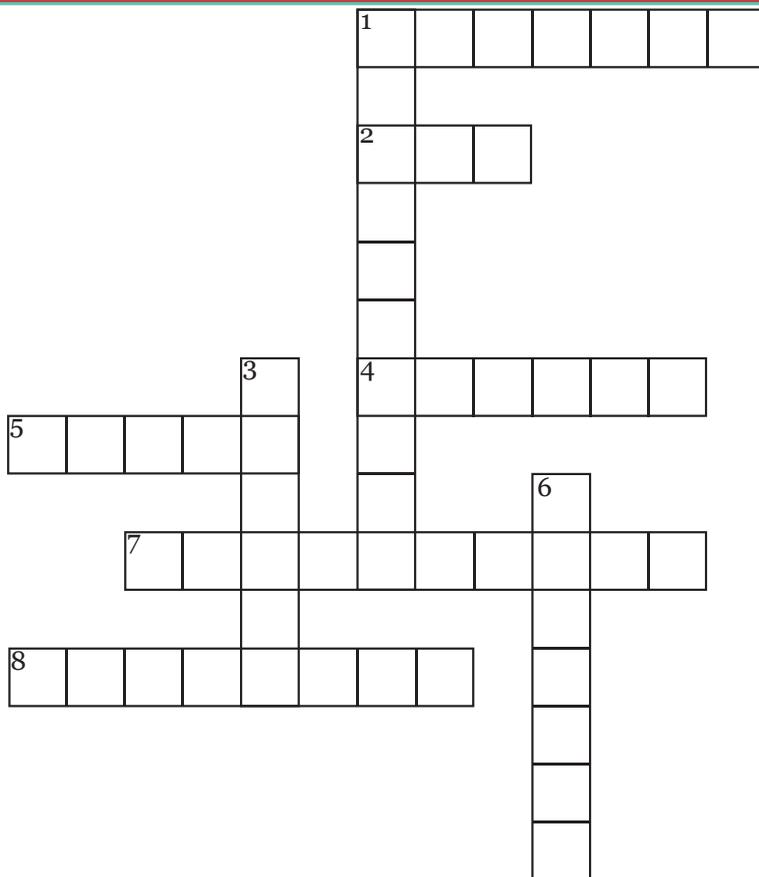


WORD FIND

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 S R E T S A O C R E L L O R E L O I A N Q M B W A
 E I P I B D S W L L N E O V E T V O K K I H K I K
 D K M M L C J C C C X S L I R A P X K E J H W M W
 A W O G I F I F N W A F Y L C Y M G N O S W S M P
 R K X N M S E P A E L P V A S B E A C H U T V I I
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|---------|-----------|---------|---------------|-----------|
| BEACH | CARNIVAL | FISHING | POOL | SUNSCREEN |
| BIKES | COOKOUTS | PARADES | POPSICLES | SWIMMING |
| CAMPING | FIREFLIES | PICNICS | ROLLERCOASTER | VACATION |

CROSS-WORD



Across

1. Green, brown and slimy.
2. Use this to fish for crabs in the pools.
4. Season after spring.
5. Place with lots of sand.
7. A game people like to play at the beach.
8. What you wear to get into the pool.

Down

1. Build using lots of sand and shells.
3. Little creatures used to live in them.
6. Wear these on your feet to be cool.



EMPLOYEE OF THE YEAR

Lois Williams



Lois has been a Concierge with Regency since August, 2013. Lois was chosen as Morristown's Employee of the Year because of her positive attitude, great work ethic and overall concern

for our residents. She is the first smiling face many people meet. She is very involved with the residents and families. She always makes people feel comfortable and welcome. She always goes the extra mile and never leaves a job undone. Thank you, Lois, for being an exceptional employee and having such a heart for our residents!

EMPLOYEE OF THE MONTH

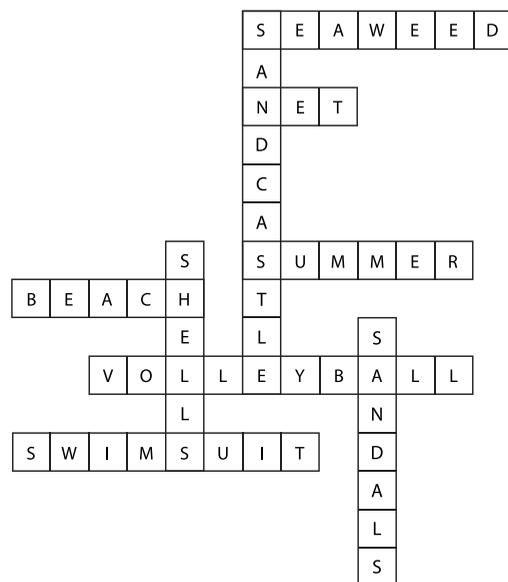
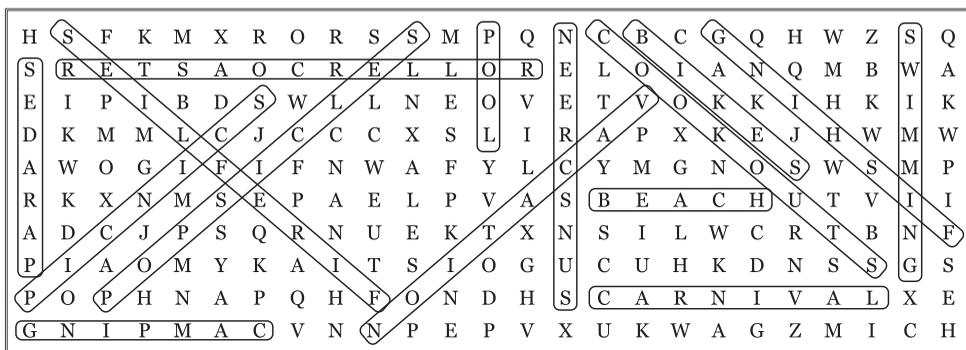
Elizabeth Easterly



Elizabeth is a Caregiver in Memory Care. She has a wonderful sense of humor that the residents love. She is kind, caring, and compassionate. She brings a smile to everyone's face. She is

fun to be around, but she also works very hard, helping out wherever she is needed. Thank you, Elizabeth, for being an exceptional employee! We appreciate you!

ANSWER KEY:



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