

— DECEMBER NEWSLETTER 2017 —

**December 1**

Janelle Upton Violin/Piano Students Recital

December 3

Christmas Open House

December 4

Lakeway Children's Choir

December 6

Lunch at Arrow Hill Mansion

December 7

Christmas Parade

December 8

FUNtastic Friday: Wizard of Oz

December 10

First Baptist Church Living Christmas Tree

December 11

Lakeway Flute Choir

December 12

Pea Pickin' Hearts Singing

December 14

Trip to See Christmas Lights

December 15

Resident/Employee Christmas Party

December 16

Linda Snyder Violin Recital

December 18

Candlelight Dinner

December 22

Christmas Social

December 25

Christmas Day

December 28

Lindsay/Savannah Farmer Play Violin/Piano

December 30

New Year's Wine & Cheese Social

Hello Residents,

Christmas is right around the corner. Having the opportunity to enjoy Christmas with all of you is one of the highlights of this holiday to me. Valerie has the December calendar loaded full of activities just for you. Make sure you observe each and every day, otherwise you may miss out on some of the festivities.

Don't forget that we have a couple of areas in the building that you can reserve if you want to have a family get together. It's a first come, first serve basis. Also, if your family desires to eat here at Regency throughout the holidays, "Don't forget the reservation". All family and friends must make a reservation 24 hours in advance. If the reservation isn't made ahead of time, we will not be able to accommodate. Dietary "must" plan in advance for all guests. We are pleased to be able to have the opportunity to serve you and your family or friends.

Throughout this holiday season, I hope that each of you have a "VERY MERRY CHRISTMAS". We are so blessed to know each and every one of you!

Trudy Darnell,
Executive Director





Halloween – October 31st

Residents and employees dressed up and enjoyed the day. Memory Care employees dressed up as Care Bears, while Assisted Living employees were characters from Alice in Wonderland. The residents did a great job of dressing up, too. Frances Stubblefield won first place in her Dinosaur costume. 2nd went to Tim (aka Darth Vader). We had some delicious treats, played some fun games, and made lots of wonderful memories. That evening, we handed out treats to all the children who came by. We look forward to doing it again next year!



FUNtastic Friday: Mustache Bash – November 10th

I mustache you a question... Did you have a good time? Those who came sure did! We snacked on our cupcakes, cheese balls, and applesauce. We also enjoyed listening to Roger Baché singing. Everyone looked dashing in their mustaches. We are already looking forward to December's FUNtastic Friday on Friday, December 8th at 2:30 pm in the Parlor. Our theme for December is The Wizard of Oz. Come join the FUN!



Honoring our Veterans – November 11th

Residents gathered to give honor and recognition to our Veterans with a program in the Parlor. We are proud to have around 40 veterans living in our community. David Rutherford gave us some excellent information on the history of Veterans Day. Also, we had a very interesting guest this year — a pig named Gabriella — decked out in a patriotic dress. It certainly was a memorable program! May we always remember the sacrifices made to preserve our great Country. We thank you, Veterans, for all you have done to preserve our freedom. Our world is a better place because of you.



Nifty Nineties Celebration – November 13th

Do you know how many Nonagenarians (persons aged 90-99) live at Regency? Regency is home to 41 of them. If the Lord allows, we will have 2 residents to reach the 100 milestone next year! We had a great time getting to know those who have been blessed with 90+ years. We certainly learned a few things about how they grew up, what challenges in life they faced, and the advice they give the rest of us that have not reached this milestone yet. We will certainly plan another Nifty Nineties party in the near future!



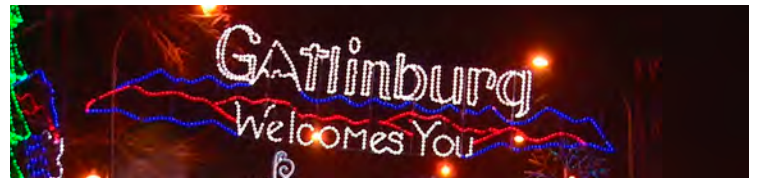
December 18th at 5:30 pm ***Resident Only Candlelight Dinner***

Andrea & the Dietary staff prepare a delicious holiday meal for Residents ONLY, no guests. Our Memory Care Residents will have their delicious treat at 4:30 pm in their Dining Room. All Independent and Assisted Residents will be served at 5:30 pm — 1st Floor and 3rd Floor residents in the Main Dining Room; 2nd Floor residents in the Parlor. This is always a special evening. We encourage everyone to attend.



December 10th at 6:00 pm ***First Baptist Church Living Christmas Tree***

This will be our third trip to the local First Baptist Church to view their Living Christmas Tree program. We really enjoyed this program last year! The Regency bus will leave at 6:00 pm to travel to the church. The Program is approximately an hour and a half long. There is no charge for this event. This trip will fill up quickly! Sign up in the Green Book soon.



December 14th at 5:30 pm ***Trip to Gatlinburg to See Christmas Lights***

Every year, we travel around the area to see the beautiful light displays for Christmas. This year, our residents requested we go to Gatlinburg/Pigeon Forge to see their lights. We will leave Regency at 5:30 pm. Please eat supper before we leave. This trip will fill up fast so be sure to sign up early.



December 15th at 2:00 pm
Resident & Employee
Christmas Party

All residents & employees are invited to join us in the Main Dining Room for our annual Christmas Party. The Dietary team will provide us some delicious treats. We will share some Christmas cheer & maybe even have a visit from some very special Christmas guests, Santa & Mrs. Claus! Don't miss this party — it is a great time for fellowship with residents and the Regency staff.



December 26th at 2:00 pm
White Elephant Exchange

Do you have something in your room that you would like to pass along to someone else? Did you receive a gift you simply do not have a use for? You do not need to purchase anything — just re-purpose something. Join Trudy in the Parlor at 2:00 pm on Tuesday, December 26th for the White Elephant Gift exchange. As they say, "One man's junk can be another person's treasure"



December
VIP Services

VIP is available 7 days a week from 7:00 am to 7:30 pm. They offer medication reminders, assistance with bathing, dressing, & pet care; transportation; extra cleaning; helping with parties and get-togethers; personal shopping, and errand services. There is so much VIP can help you with! See Evelyn.

December 18th - 22nd
J.R. on Vacation

J.R. will be on vacation December 18th - 22nd. We will offer only Van Transportation on Monday, December 18th, and Thursday, December 21st. We will not have a Wal-Mart trip, Out to Lunch trip or Sunshine Ride that week. We apologize for any inconvenience.

SAVE
THE
DATE

Jan. 05 — FUNtastic Friday

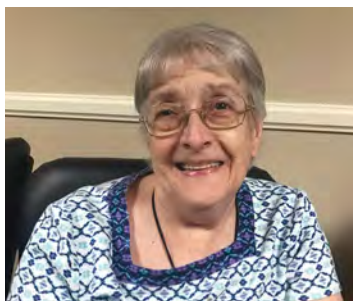
Jan. 07 — Theresa Clark 100th Birthday

Jan. 08 — Adrian Ray

Jan. 11 — Steve Carr

Jan. 15 — Music by Noteworthy

Jan. 16 — Charity Bingo/Barbara Turner



Maxine Pearson

Maxine was born in nearby Persia, the youngest of 10 children. She grew up on a farm and stayed there until she married her husband, Quinton, in June 1950. They lived in Whitesburg and Morristown throughout their marriage. They had two sons, Jim & Perry. Maxine worked at Lear Sigler for around 20 years. Quinton passed away in 2005.

In 2012, Maxine’s physician suggested she move into Assisted Living, so she could have some socialization. Maxine loves to watch UT football and the Lady Vols. She was active in her church, Mt. Zion Baptist Church, until she moved to Regency. She has sung in church for many years, starting with her sisters and then in a quartet. The quartet was called The Never Ready Quartet, because they were never ready to sing when called upon. Maxine also played the piano. Maxine still enjoys gospel music and attends most of the entertainment.

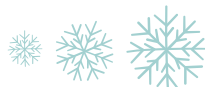
DECEMBER FUN FACTS

- An almanac prediction states that if snow falls on Christmas Day, Easter will be warm, green and sunny.
- The name December comes from the Latin decem for “ten”, as it was the 10th month in the Roman Calendar.
- “Jingle bells” was composed in 1857, and not for Christmas – it was meant to be a Thanksgiving song!

WELCOME NEW RESIDENTS!



Charles Penny
 Quillen Eiseman
 Richard Frazier
 Faye Bozeman
 Joann Moore



HAPPY BIRTHDAY!



Resident

Nellie Jo Taylor Dec. 1
 Charles Penny Dec. 5
 Jean Brown Dec. 6
 Roland Calvin Dec. 9
 Katie Burkhart Dec. 11
 Don Miller Dec. 11
 Priscilla Miller Dec. 12
 Pearl Henderson Dec. 18
 Rosa Rupp Dec. 18
 Elaine Hermey Dec. 20
 Audrey Oaks Dec. 24
 Dalphine Rainer Dec. 30
 Joel Galloway Dec. 31

Employee

Laura James Dec. 2
 Whitney England Dec. 5
 Crista Mahan Dec. 6
 Clint Wolfe Dec. 6
 Evelyn Kirkpatrick Dec. 10
 Andrea Inman Dec. 13
 Brenda Morneault Dec. 23
 Kinberly McClanahan Dec. 24
 Darlene Hodge Dec. 31

WORD FIND

B V E E M O P C K U J D G T Y D I C P P A S F L G
 W W C U X E Y O S D R E I D E L C A Q I T T J Q N
 I D K C P E N J I T T D J Z P H N N Z Z N W Z Y I
 Y P B E N B Y O F N N B Q V R S E D S J A L G R K
 I N A M W O N S R I S E I I P M W Y H L S L U M C
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CANDY CANE
 CAROLS
 CHIMNEY

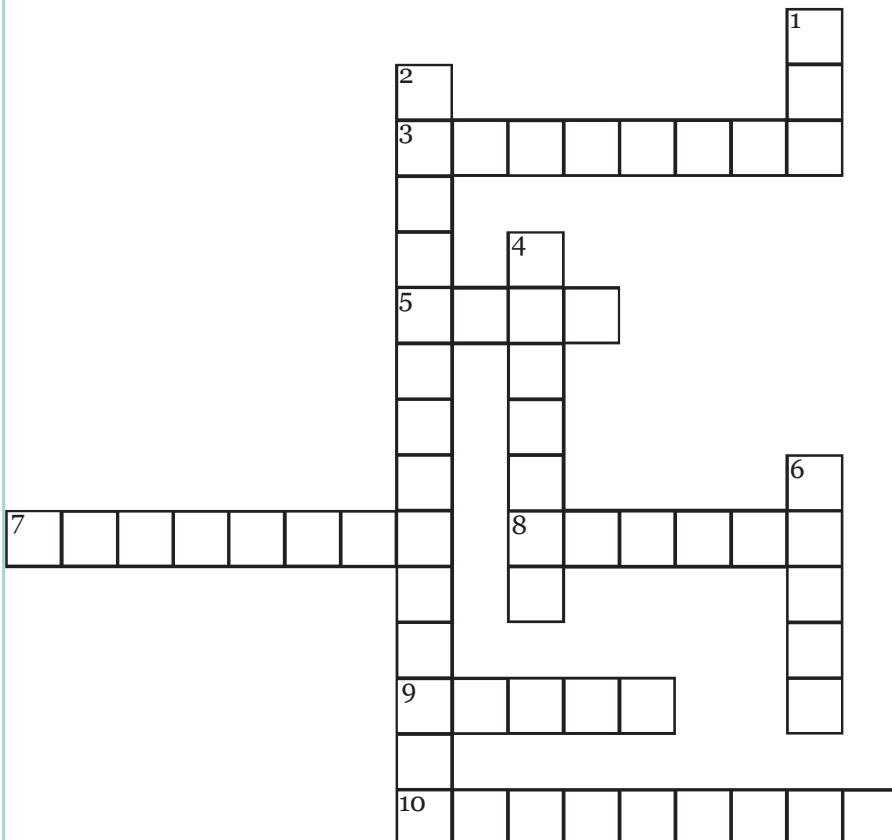
CHRISTMAS
 DREIDEL
 MENORAH

NATIVITY
 NEW YEAR
 POINSETTIA

PRESENTS
 RUDOLPH
 SANTA

SCARF
 SNOWMAN
 STOCKING

CROSS-WORD



Across

3. What is the first name of Scrooge from the play A Christmas Carol?
5. A ___ log is a specially selected log burnt around Christmas time.
7. The first artificial Christmas tree was made of ___.
8. Poinsettias are native to ___.
9. How many reindeer pull Santa's sleigh?
10. December birthstone.

Down

1. Type of tree used for Christmas.
2. Full name of president to ban Christmas trees from the White House.
4. First US state to officially recognize Christmas as a holiday.
6. December birth flower.

EMPLOYEE OF THE YEAR

Lois Williams



Lois has been a Concierge with Regency since August, 2013. Lois was chosen as Morristown's Employee of the Year because of her positive attitude, great work ethic and overall concern

for our residents. She is the first smiling face many people meet. She is very involved with the residents and families. She always makes people feel comfortable and welcome. She always goes the extra mile and never leaves a job undone. Thank you, Lois, for being an exceptional employee and having such a heart for our residents!

EMPLOYEE OF THE MONTH

Adrien Inman

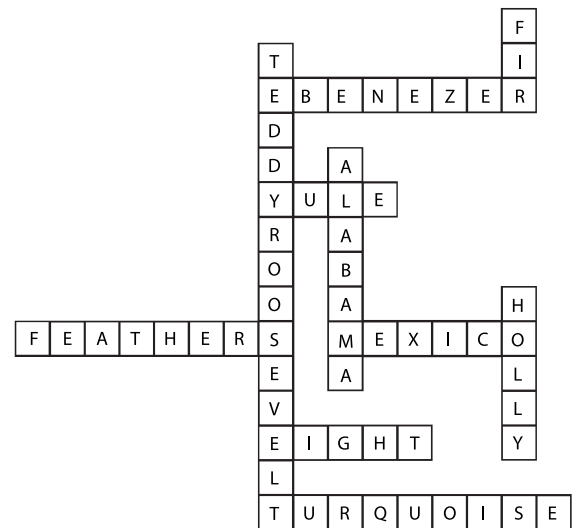


Adrien Inman has been employed with Regency as a Prep Cook since August 2016. He has such a wonderful attitude. The residents love him! They all want to adopt him. He

was nominated by several residents. They say, "Adrien is very friendly", "He is nice to everyone", "He is the best!" Adrien is a hard worker with a great smile. Adrien, thanks for all you do to make Regency a better place for our residents!

ANSWER KEY:

B V E E M O P C K U J D G T Y D I C P P A S F L G
 W W C U X E Y O S D R E I D E L C A Q I T T J Q N
 I D K C P E N J I T T D J Z P H N N Z Z N W Z Y I
 Y P B E N B Y O F N N B Q V R S E D S J A L G R K
 I N A M W O N S R I S E I I P M W Y H L S L U M C
 Y T I V I T A N F A K E S C R G Y C T J O D I H O
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