

JULY NEWSLETTER 2017



Hello Residents,

I hope you are enjoying your summer. I found some really fun facts about summer I thought you would enjoy:

- The Eiffel Tower grows about 6 inches in the heat of the summer.
- If you love ice cream, the summer season should be your favorite. July is National Ice Cream Month.
- The first modern Olympic Games were held in the summer in 1896 in Athens, Greece.
- The “dog days of summer” refer to the dates from July 3rd to August 11th.
- For a July fun fact, Roman general Marc Antony named the month of July after Julius Caesar.
- July is national blueberry month.
- More thunderstorms occur during summer than any other time of year.
- Popsicles, a popular summer treat, were accidentally invented by an 11-year-old boy in San Francisco in 1905. He left a glass of soda sitting outside and by the next morning the soda had frozen. He began selling them at an amusement park in New Jersey. In the U.S., cherry is the number 1 flavor.

These facts are very interesting. Hope you enjoy your summer!!

Trudy Darnell,
Executive Director

July 2

Popsicles on the Patio

July 4

Independence Day

July 5

Cracker Jack Day

July 6

Pizza Party

July 7

Men's Club out to Breakfast
FUNtastic Friday — Favorite
Holiday

July 11

Lunch for Veterans
Entree Sampling w/Andrea

July 14

Trip to Bush's Beans Visitor
Center & Cafe

July 16

Sundae Sunday

July 18

Funeral Pre-Planning Luncheon
Charity Bingo

July 20

Motown Cloggers

July 21

Tea Party

July 25

Trip to College Square Mall

July 26

“Farm Fresh” Country Garden
Vegetable Lunch

July 28

Blessings of Grace Singing



Picnic Theme Dinner – Tuesday, May 23rd

Red & white checkered tablecloths helped set the atmosphere for our Picnic Theme Dinner. We had a wonderful meal of BBQ, baked beans, chips & potato salad. And who could forget the fresh watermelon?!? It was delicious!



Mug Party – Friday, May 26th

You just never know what we are going to cook up. We tried a new treat that everyone enjoyed, cake in a mug. Residents chose from vanilla, chocolate or blueberry. We also had Cheetos Puffs & applesauce. Everyone had their “mug shot” made. Several residents brought down their favorite mug & shared the story behind it. The most unusual mug belonged to Buck Buchanan. It was shaped like a toilet. We had a great afternoon — full of fun and laughter.



FUNtastic Friday - Sunglasses Day – Friday, June 2nd

As usual, our FUNtastic Friday was so much fun! For this FUNtastic Friday, we went out to the patio for some delicious homemade ice cream. The sun was shining bright, so it was very appropriate that this was Sunglasses Day. We had a lot of different types of sunglasses to wear & some great times. Entertainment was provided by Michelle Young. We are already looking forward to next month's theme, Favorite Holiday. Come join us & see what all the FUN is about.



Father's Banquet – Thursday, June 8th

All who came to our Annual Father's Banquet had a wonderful time! We enjoyed sharing time with friends and family. We feasted on steak, baked potatoes, green beans, corn on the cob, rolls and peach cobbler. The meal was delicious — special thanks to the Dietary Department for their hard work and preparation! We will look forward to next year's celebration!





Friday, July 7th at 2:30 pm

FUNtastic Friday - Favorite Holiday

Join us as we celebrate our monthly FUNtastic Friday. This month we will celebrate our Favorite Holidays. Is your favorite Christmas? Easter? Thanksgiving? Fourth of July? Whatever your favorite holiday is, be sure to dress for it. Wear your favorite Christmas shirt, Easter bonnet, or whatever would represent your favorite holiday. Join us in the Parlor at 2:30 pm and we will celebrate them all.



Monday, July 10th at 2:00 pm

Color Party

July is “Color Your World Month”, so let’s celebrate with a Color Party. Wear your favorite color & we will have some different colored treats.



Friday, July 14th at 9:45 am

Trip to Bush’s Visitor Center

“Roll that beautiful bean footage” — we all remember that Bush’s Beans commercial, don’t we? We will travel to Chestnut Hill, TN to the Bush’s Beans Visitor Center. We will have lunch in the Bush’s Family Cafe (don’t worry — they have a lot more than baked beans). Then we will go through the Visitor Center. Bring your appetite and your curiosity. This will be a fun trip - come join us!



Friday, July 14th at 1:00 pm
First United Methodist
Kids Performing

Join us as we enjoy a program from those who have participated in First United Methodist Church's Fine Arts Camp. School aged children (K-5) will perform "Rescue in the Night", a story of Daniel and the Lion's Den. This talented group of kids are always such a blessing. Come support them and enjoy a wonderful program!



Wednesday, July 26th
"Farm Fresh" Country Garden Lunch

It's the time of year we get to enjoy some fresh, country vegetables. Green beans, corn, fresh tomatoes, and cucumbers, to name a few. We will be feasting upon these this month in place of our Waffle Brunch. On Monday, July 24th at 1:00 pm, we will gather in the Bingo Room to break the beans. Then on Wednesday, July 26th, we will enjoy the beans & other fresh vegetables at lunch time. This is always a delicious meal that everyone enjoys — don't miss it!



Tuesday, July 18th at 2:30 pm
Charity Bingo

Residents and the Morristown community will gather to play a fun game of Bingo and support a great cause. On Tuesday, July 18th, our Charity Bingo will take place in the Main Dining Room. We ask for a \$2 donation per card. All proceeds will benefit a local nonprofit organization. We offer some great prizes — be sure to come and play!



July
J.R. on vacation

We always like to let you know when we have changes in transportation. J.R. will be on vacation Monday, July 17th, through Friday, July 21st. As a result, we will not take a trip to Wal-mart on Tuesday, July 18th. We will offer van transportation on Monday, July 17th & Thursday, July 20th. We will not have a lunch outing on Friday, July 21st. We apologize for any inconvenience this causes.

**SAVE
 THE
 DATE**

August 01 – Barbara Turner Singing

August 04 – FUNtastic Friday — Backwards Day

August 08 – Nostalgia John

August 11 – Roger Baché Singing

August 14 – Music by Kathy Bunch

August 15 – Assisted Living

Memory Care Family Night

August 30 – Waffle Brunch



Elise Oakes

Elise was born in Grainger County, TN. She lived there until she went to Maryville College at age 16, where she earned her B.S. degree in Home Economics & Science. She also received degrees later from ETSU & Carson Newman. Elise moved to Hamblen County in 1951 to be the Home Agent with the UT Agricultural Extension. She married her husband, Roy, in 1952. Roy owned the Oakes Motor Company here in Morristown. They had 2 children, Karen & Tim. Elise was a substitute teacher for awhile before she received her teaching certification at the age of 40. She taught English at both West High & East High here in Morristown. She was also over the school newspaper at East High School.

Elise retired at age 62. Roy passed away in 2000. Elise has lived on all 3 floors at Regency. She is a member of the Regency Church Committee and has taught the resident-led Bible Study for many years. She says Regency is her, "home away from home." Elise has 6 grandchildren, and 15 (soon to be 16) great-grandchildren.

JULY FUN FACTS

- Contrary to popular belief, only two Founding Fathers signed the Declaration of Independence on July 4, 1776. The majority of signers penned their signatures on August 2, 1776.
- The holiday does not celebrate the *signing* of the Declaration; it celebrates the *adoption* of the Declaration of Independence by the Second Continental Congress.
- Independence Day became a federal holiday in 1870.
- Our country now boasts 318.9 million citizens, but on the first Fourth of July there were only 2.5 million.

WELCOME NEW RESIDENTS!



Carroll Acker

Ron Schnura

Kay McCampbell



HAPPY BIRTHDAY!



Resident

Virginia Holdsworth July 02
 Ruth Carpenter July 03
 Cleon Quear July 07
 Mike McPeak July 08
 Connie Reed July 10
 Barbara Buchanan July 20
 Linda Wilson July 25
 Ruth Hubbard July 29

Employee

Brooke Morgan July 08
 J.R. Bewley July 09
 Haley Griffin July 24
 Elizabeth Austin July 26
 Chrissy Rush July 27
 Brittany Jordan July 29
 April Allen July 31

WORD FIND

W A C R H G B C S M B C C U M A C I R E M A B S Y
 Y H L I S Z A R M V O A P J L S P A R A D E A K R
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|----------|-------------|-----------|--------------|------------|
| AMERICA | BASEBALL | FIREWORKS | HISTORY | PARADE |
| BALLOONS | CARNIVAL | FLAG | HOLIDAY | PATRIOTISM |
| BARBECUE | CELEBRATION | FREEDOM | INDEPENDENCE | STREAMERS |

CROSS-WORD

Across

- During the American _____, the colonies wanted to separate from Great Britain.
- The Star-Spangled _____ is the national anthem of the United States.
- It is fun to see the 4th of July parades and watch the _____ in the night sky.
- George _____ was the first president of the United States of America.

Down

- Independence is a word that also means _____.
- The 50 stars version of the American _____ was adopted on July 4th, 1960.
- Independence Day is a holiday celebrated in the United _____.
- The Declaration of _____ was adopted on July 4, 1776.
- The Fourth of July is considered a very _____ holiday.



EMPLOYEE OF THE YEAR

Lois Williams



Lois has been a Concierge with Regency since August, 2013. Lois was chosen as Morristown's Employee of the Year because of her positive attitude, great work ethic and overall concern

for our residents. She is the first smiling face many people meet. She is very involved with the residents and families. She always makes people feel comfortable and welcome. She always goes the extra mile and never leaves a job undone. Thank you, Lois, for being an exceptional employee and having such a heart for our residents!

EMPLOYEE OF THE MONTH

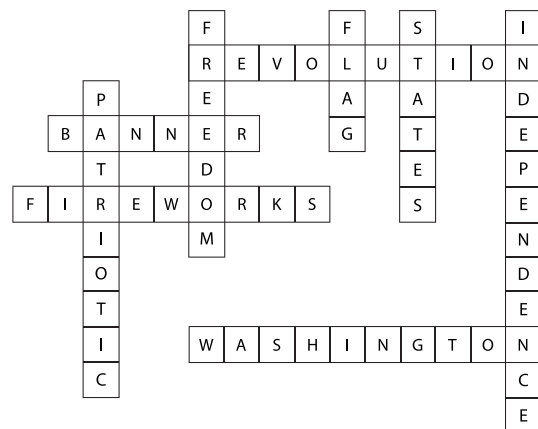
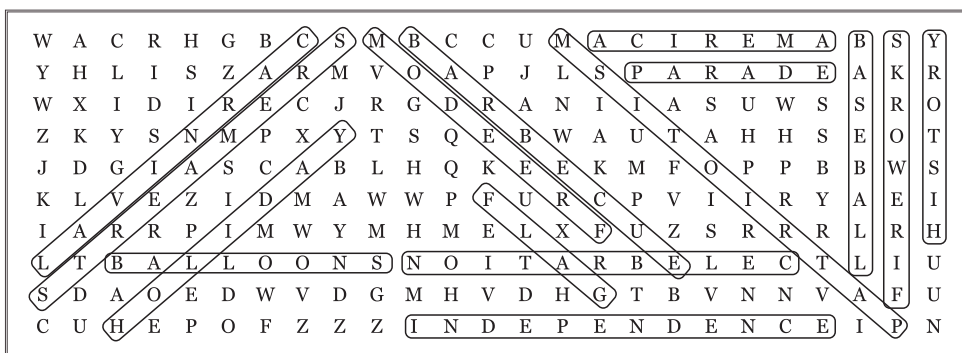
Annette Wyatt



Annette has been with Regency since March, 2010, when she was hired as a universal caregiver. In 2011, she became a caregiver in the VIP program. During this time, Annette earned

her degree in Healthcare Administration. In 2015, Annette became our Administrative Associate. Besides processing payroll, Annette assists with HR duties and other administrative tasks. She is loved by residents and staff. Annette's initiative, work ethic, and professionalism make her an exceptional employee. Congratulations, Annette!

ANSWER KEY:



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