

Happy New Year

January 1

New Year's Day

Dinner Tunes w/ James &
James

January 8

Lunch Outing: Logan's

January 20

Northwood Baptist Church
Choir

January 21

Martin Luther King, Jr. Day

January 24

Music by St. John Missionary
Baptist Church Choir

JANUARY NEWSLETTER 2019



Hello Residents,

We are ending another year and beginning a new. With the New Year comes many new resolutions and new attitudes towards life and things we want to change.

If you are an optimist, you stay up and enjoy bringing in the New Year with the people you love. If you are a pessimist, you stay up and make sure the old year ends along with all the things you hated about the previous year.

A new year brings new friends, new associates, and fresh beginnings. Make the most of each day; it is like you are writing a new book and you have 365 days to make it a great novel.

In the words of Albert Einstein, "Learn from yesterday, live for today and hope for tomorrow." May your new year be filled with great experiences, a vast amount of love, and tons of hope for things to come.

Sonja Edwards,
Executive Director



The Days of Christmas

We celebrated Christmas all month long with various activities and special events. We put on our jammies for pajama day. The managers showed off their baking skills with a special dessert potluck. We saw a live play of The Christmas Carol and so much more. It was truly the most wonderful time of the year!



Crafts w/Duncanville Middle School Ambassadors – December 13th

Thanks to the Duncanville Middle School Ambassadors program for sharing their morning with our Memory Care residents. Everyone enjoyed the fun and fellowship of doing Christmas crafts together.





Coffee and Chat with James Spann – December 17th

Regency residents and staff had the pleasure of meeting and chatting with everyone’s favorite meteorologist and radio/television personality, James Spann! He shared his personal life stories, left us with a message about giving and blessing others, and, of course, talked weather!



Christmas Carols with Taylorville – December 18th

The residents were blessed with a morning of singing from the most adorable Christmas carolers, the Pre-K classes of Taylorville school. They even brought special treats for everyone.





Dinner Tunes with James & James

January 1st at 4:30 pm

Come to the dining room and enjoy a jamming musical performance by James & James, the father son duo! Dinner is always more fun when we can tap our feet to the sound of songs.



Lunch Outing: Logan's

January 8th at 11:30 am

Load up & hit the road! To Logan's Roadhouse that is! Whether you eat a steak, a burger, a salad, or appetizers, this should be a delicious experience. The restaurant is located on Skyland Boulevard next to the Walmart Supercenter.



Northwood Church of Christ Choir

January 20th at 2:00 pm

Get ready to spend Sunday afternoon singing with the Northwood Church of Christ Choir. We will join in joyful sound as we worship the Lord in song.





Music by St. John Missionary Baptist Church Choir

January 24th at 6:30 pm

Enjoy an evening of fellowship and songs by the St. John M.B. Church of Pickensville, AL.

JANUARY JOKES

Q: What is the favorite Mexican food of snowman?

A: Brrrr- itos!

Q: What did the big furry hat say to the warm woolly scarf?

A: You hang around while I go on a head.

Q: Where do seals go to see movies?

A: The dive-in!

Q: If you live in an igloo, what's the worst thing about global warming?

A: No privacy!



***SAVE
THE
DATE***

February 1st — FUNtastic Friday



Ruth Massey

Ms. Ruth has been part of the Regency family for many years, coming to us after her house was destroyed in a terrible tornado. Despite any ups and downs throughout her life, she's continued to be a ray of sunshine with her, "child-like heart." Ms. Ruth grew up on a farm in Missouri, then moved to Florida where she spent most of her life. She was married to her late husband for 60 years and is the mother of two, Roger and Jackie. Ms. Ruth is quite the songbird and also enjoys collecting Raggedy Ann dolls. Thank you, Ms. Ruth Massey, for being the fun-spirited person that you are and for making Regency your home!

FUN FACTS



- In Scotland, the custom of first-footing is an important part of the celebration of Hogmanay, or New Year's Eve Day. The first foot to cross a threshold after midnight will predict the next year's fortune.
- Spain rings in the New Year by eating 12 grapes at midnight, 1 for every chime of the bell. The tradition is called Las doce uvas de la suerte (The twelve grapes of luck).
- Eating any ring-shaped treat symbolizes "coming full circle" and leads to good fortune.
- New Year's was once the time to swap presents.
- At the age of thirty-five, Martin Luther King, Jr. was the youngest man to have received the Nobel Peace Prize.

WELCOME NEW RESIDENTS!



Judy Butler

HAPPY BIRTHDAY!

Resident

Odessa Spencer Jan. 1
 Foy Barge Jan. 1
 Margaret New Jan. 8
 Marie Wills Jan. 14
 Donald Kehr Jan. 15
 Geraldine Brown Jan. 16
 James Vaughn Jan. 17
 Myrta Moore Jan. 19
 Marilyn Tall Jan. 21

Employee

Phillip Green Jan. 4
 TaPatrick Smith Jan. 11
 Vickey Burch Jan. 12

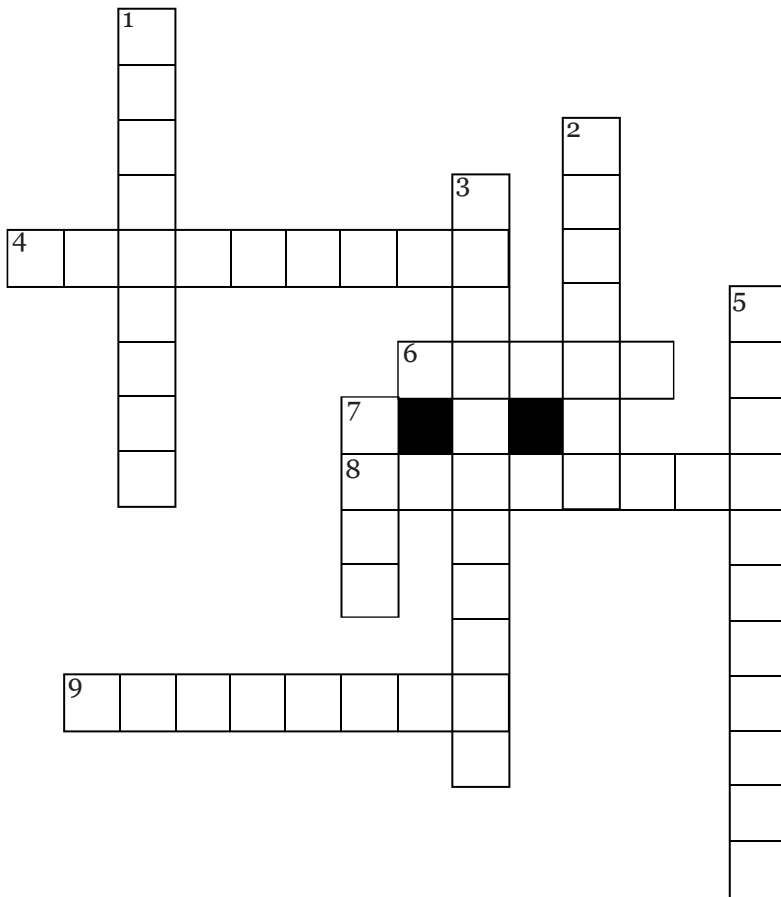


WORD FIND

Y C E Q T Y Y C J R K R N D G V M U R N T J P M S
 B O E Q U A L I T Y E I E E Q Y V S T O W A P K T
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|-------------|-----------|----------|------------|-------------|
| CARNATION | COUNTDOWN | GARNET | NEWYEAR | REFLECTION |
| CHAMPAGNE | EQUALITY | KISS | NOISEMAKER | RESOLUTIONS |
| CIVILRIGHTS | FIREWORKS | MIDNIGHT | PARTY | SPARKLER |

CROSS-WORD



Across

4. Ring in New Year with this drink.
6. Janus is the _____ God of gateways.
8. Martin Luther King Jr. strove for this _____.
9. January is the coldest month of the year in this Hemisphere.

Down

1. January birth flower.
2. Gaelic term for "good health".
3. Reflect on the past year and make these.
5. The practice of making New Year's resolutions, said to have begun with the _____.
7. Turn over a new _____.

EMPLOYEE OF THE YEAR

Mattie Underwood



Mattie is truly one of a kind. She's humble, caring, dedicated, and compassionate. She has made an impact on the lives of the residents in which she serves as well as her fellow coworkers. She provides exceptional care and often goes beyond the call of duty to enrich the lives of others. Mattie is the blue-print of a great caregiver. Thank you, Mattie, for your hard work and pure heart.

EMPLOYEE OF THE MONTH

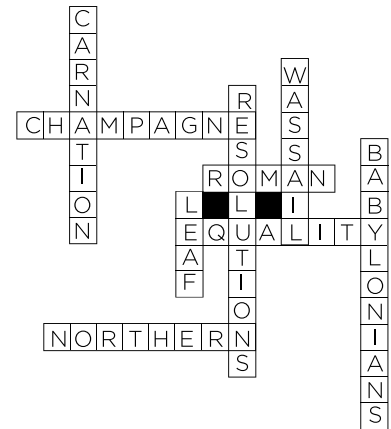
Patricia Rutledge





Patricia is a hardworking and dedicated caregiver and a valuable asset to the Regency family. She has served for almost 7 years in various capacities. Whether it's serving as a kitchen aid or filling in for activities, she is truly a team player who leads with a caring heart. Thank you, Patricia, for all that you do for the Regency residents.

ANSWER KEY:

Y	C	E	Q	T	Y	C	J	R	K	R	N	D	G	V	M	U	R	N	T	J	P	M	S	
B	O	E	Q	U	A	L	I	T	Y	E	I	E	E	Q	Y	V	S	T	O	W	A	P	K	T
E	U	D	R	L	A	V	D	U	D	H	K	P	L	W	C	N	O	W	I	R	K	R	G	H
K	N	G	L	Q	E	V	R	L	H	U	W	A	V	K	Y	R	M	S	T	X	O	T	E	G
S	T	H	G	I	R	L	I	V	I	C	V	F	M	I	R	E	N	Y	C	W	G	Y	T	I
E	D	N	O	I	T	A	N	R	A	C	W	K	X	E	G	A	A	G	E	U	A	G	X	N
H	O	S	S	I	K	X	R	Q	J	A	S	V	H	F	S	I	P	R	L	R	R	B	G	D
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N	N	J	G	V	Z	C	H	A	M	P	A	G	N	E	V	F	O	P	E	W	E	V	P	M
Q	W	Z	F	Z	P	L	X	W	M	T	L	Y	C	P	B	W	I	N	R	X	T	I	V	Q



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