

October 1 World Communion Sunday

October 2 The Alexanders

October 4 Pearl River Resort &Casino

October 9 Columbus Day

October 12 Phillip Bradbe

October 18 St. Luke

October 23 Men's Outing

October 28 St. Simon | St. Jude

October 31 Halloween Party



October Newsletter 2017



Hello Residents,

October 1st is "International Day of Older Persons." This is a special day for senior citizens all over the world. Some activities surrounding this day include displays of promotional material about the International Day of Older Persons that promote our seniors.

This October, Regency Retirement Village will get on the bandwagon and take this opportunity to present activities that promote healthy living and highlight various community service programs that cater to you. We celebrate our seniors!

> **Erica Peck-Love** Executive Director

RECENT EVENTS



Big Al Takes Regency – August

There was no better way to end the month than with birthday celebrations, football kickoff, and best of all, a visit from Big Al himself! He's a fan favorite in "Title Town" and the residents loved every minute of his fun visit!



Metro Animal Shelter – September

The residents enjoyed a fun visit to the local dog shelter. We brought along a gift basket full of doggie treats and toys! It was a great time for all.





Assisted Living Week 2017 – September 10th - 15th

We celebrated National Assisted Living Week with a week full of special activities. From penny auctions to competitive games/races with cash prizes, it was an action-packed, fun-filled week for all residents and staff! Thanks to all sponsors and to all who participated. We look forward to an even more eventful week next year!



The Tuscaloosa Barnyard – September 13th

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As part of our National Assisted Living Week, the Tuscaloosa Barnyard brought their mobile petting zoo to Regency! Many of the residents spent the morning reminiscing on their personal farm life, while making new animal friends!

UPCOMING EVENTS



October 2nd at 2:00 pm *The Alexanders*

It's time for the return of Regency favorites, The Alexanders. Join us in the Dining Room for a great afternoon of music!



October 4th at 8:30 am Pearl River Resort

We'll venture across the state line to Philadelphia, MS for a fun day trip! We'll depart at 8:30 am and return at 5:00 pm. All Regency family is welcome to attend. Please sign up at the info table near the activity board.







October 12th at 2:00 pm Music with Phillip Bradbe

Guitarist/vocalist, Phillip Bradbe, travels to various retirement homes, and his next stop is Regency of Tuscaloosa! Come out and hear great oldies and country tunes!



October 17th at 1:30 pm Paparazzi Jewelry Party

Shan Simon will be in the lobby for a Paparazzi Jewelry Party. All jewelry is \$5.



October 23rd at 5:30 pm Guys' Night Out

All of the Regency men are invited for a night out on the town, with dinner and watching Monday Night Football at Hooters Sports Bar.





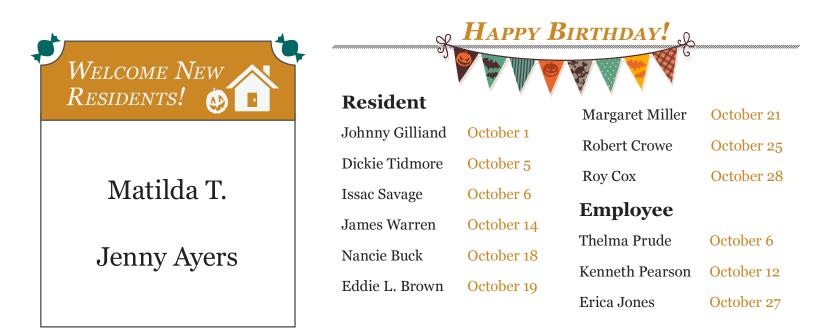
Mary Teer

Ms. Mary Teer is a generous and loving lady. She never meets a stranger! She joined the Regency family in November of 2016. She's a retired legal secretary and the widow of Mr. James Teer. After raising 2 children, she gained 7 beautiful grandchildren and 8 great grandchildren! She loves to go out and have a good time, as well as read, swim, and do jigsaw puzzles. Ms. Teer, thank you for choosing Regency as your home.

October Fun Facts



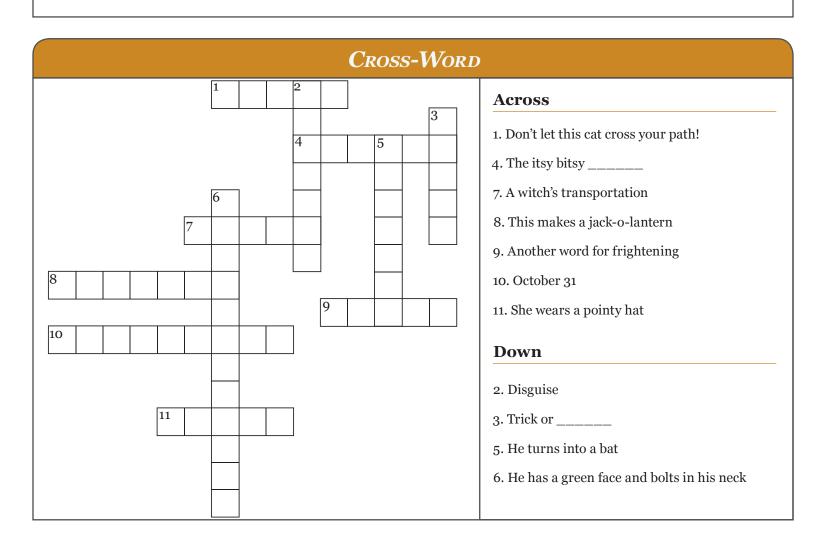
- Halloween's origins come from a Celtic festival for the dead called "Samhain." Celts believed the ghosts of the dead roamed Earth on this holiday, so people would dress in costumes and leave "treats" out on their front doors to appease the roaming spirits.
- In a few American towns, Halloween was originally referred to as "Cabbage Night." The name originated from a Scottish fortune-telling game, where girls used cabbage stumps to predict information about their future husbands.
- The moniker "Halloween" comes from the Catholics. Hallowmas is a three-day Catholic holiday where saints are honored and people pray for the recently deceased.





JUST FOR FUN Word Find С F Ν Т Κ В R В С F Ν Κ L Κ S S W F Κ Μ J Κ E G G S E S Κ Y Ν L U 0 Ν Η E Ι R Μ Ν R P R Y 0 В J Ζ E Ε W 0 L L А Η Η 0 S 0 W N С Ζ Ζ Α 0 W 0 Α Ν D Y J Α B Η Q Q R Т Ν Η Ζ 0 Т С Μ Ε V Μ Р Ι R Е С A S С Т G E Т А W С Т В S W R J С G Р Т Х Т Т Ζ Ν V L W Α С Κ Р Ι R V S S 0 W Ι Y E S E 0 Η U 0 Ε 0 Y Ζ R Ε Α Ν S 0 W L W Х D Ε Ν Y R Y Ι Κ Μ Y R E Ι P S Х A F Ε Y Y G Κ Κ U S S D 0 0

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Thank You, for your outstanding service & care!

Employee of the Year Ruby Lavender

That's Why We're Here

PLOYEE RECOGNITION PROGRAM



Ruby Lavender is a name that everyone knows well around Regency. She has been with us since 2011 and has had several roles in caring for our residents. She is currently in the position

of laundry care and services and is beloved for her kindness, sweet words and smile. Ruby does her job better than anyone else could ever dream of doing. She is dedicated and hard working. She gives of herself to make our residents' days brighter.

Employee of the Month

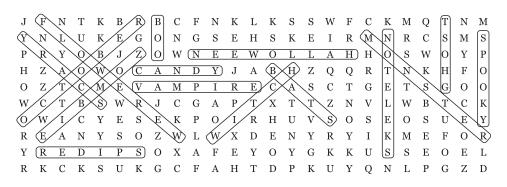
Janace Benson



Janace is a hard-working, dedicated, and compassionate caregiver. She's always willing to go the extra mile whenever needed and gives great care to the residents.

Janace has been employed with Regency since February 2017. Thank you, Ms. Janace Benson, for doing such a great job!

Answer Key:



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5001 Old Montgomery Highway | Tuscaloosa, AL 35405 | (205) 752-5500 | elove@regencytuscaloosa.com



