

December Socials

Deck the Halls

● **Friday, Dec. 1 - 2 p.m.** (AL)

Holiday Christmas Party

● **Friday, Dec. 8 - 4:30 p.m.** (GH)

Hot Cocoa and Cookies Social

● **Thursday, Dec. 14 - 1:30 p.m.** (AL)

Pizza Party

● **Wednesday, Dec. 20 - 11 a.m.** (ALCR)

Tea with the Ladies

● **Thursday, Dec. 21 - 1:30 p.m.** (ALGR2)

Coffee Social and Christmas Music

● **Friday, Dec. 22 - 11 a.m.** (AL)

Christmas Brunch

● **Monday, Dec. 25 - 11:30 a.m.** (DR)

Christmas Music & Memories

● **Monday, Dec. 25 - 1:30 p.m.** (AL)

Pre-New Year's Eve Social

● **Friday, Dec. 29 - 1:30 p.m.** (ALCR)



We currently have limited availability in Assisted Living and SpringHouse (Memory Care). Call 585-7008 for details. Let's us help your loved one!

DECEMBER 2017 IN THIS ISSUE:

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Patriots Colony at Williamsburg

6000 Patriots Colony Drive
Williamsburg, Virginia

757-220-9000

patriotscolony.org

find us on |

Berkeley events

Art from the Heart with Karen Toderò

- **Thursday, Dec. 7 - 1:30 p.m.** (AL2)

Create a watercolor painting as Karen provides instruction and assistance.

Happy Hour 3:30 p.m.

- **Tuesday, Dec. 5** (ALCR)
Happy Hour
- **Thursday, Dec. 7** (ALCR)
Happy Hour
Performance by Sugar and Spice
- **Tuesday, Dec. 12** (ALCR)
Winter Wonderland
Happy Hour
- **Thursday, Dec. 14** (ALCR)
Happy Hour
- **Thursday, Dec. 21** (ALCR)
Happy Hour
with Santa Claus
- **Tuesday, Dec. 26** (ALCR)
Happy Hour
- **Thursday, Dec. 28** (ALCR)
Happy Hour
Performance by James Curry



Welcome new neighbor

Katherine Martin, 214



December Birthday Celebration

- **Wednesday, Dec. 13**
1:30 p.m. (ALCR)

Baking Club:

- **Thursday, Dec. 28**
1:30 p.m. (BG) Frosted peppermint softies

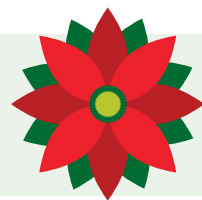
After Dinner Drinks

- **Wednesday, Dec. 13**
5:30 p.m. (AL)
- **Wednesday, Dec. 27**
5:30 p.m. (AL)



Musical Entertainment

- **Tuesday, Dec. 5 - 1:15 p.m.** (AL1)
Cathy Combs, sing-along
- **Tuesday, Dec. 5**
7:15 p.m. (GH)
Colony Christmas Concert
- **Thursday, Dec. 7 - 3:30 p.m.** (ALCR)
Performance by Sugar and Spice
- **Tuesday, Dec. 19 - 1:30 p.m.** (AL1)
Performance by David Tetrault
- **Thursday, Dec. 28 - 3:30 p.m.** (ALCR)
Performance by James Curry



Please donate your old eyeglasses to the James City Lions Club

Leave donated eyeglasses in the box located near the in-house resident mailboxes.

If you have any questions or want more information, feel free to reach out to the Activity Coordinators or independent living residents Phil and Phyllis Merrick at 757-258-0821.

BUS OUTINGS:

- **Friday, Dec. 1**
11 a.m. (AL)
Lunch at *Food for Thought*
- **Monday, Dec. 4**
1 p.m. (AL)
Shopping trip
- **Monday, Dec. 11**
2 p.m. (AL)
Scenic drive
- **Monday, Dec. 18**
1 p.m. (AL)
Shopping trip
- **Wednesday, Dec. 20**
6 p.m. (AL)
Celebration in Lights, scenic drive

Crafty Critters:



- **Friday, Dec. 8**
1:15 p.m. (AL2)
Holiday wreaths
- **Tuesday, Dec. 12**
1:30 p.m. (AL2)
Bottle cap snowman ornament

Dementia Support Group



- **Thursday, Dec. 7**
5:45 p.m. (CH)
- **Tuesday, Dec. 19**
5:45 p.m. (CH)

Tales of History with Vanessa Cole

- **Friday, Dec. 22 - 2 p.m.** (ALGR2)

CHRISTMAS AT HOME AND IN THE FIELD - Christmas is never easy during times of war, and the Civil War is no exception. By the time we get to the mid-19th century, most of our modern Christmas traditions are in place. Come celebrate Christmas (complete with caroling!) Victorian-style as we did during the Civil War both at home and in the field.



Resident Council Meeting

- **Friday, Dec. 15**
2 p.m. (ALCR)

All residents urged to attend and participate.

Activity Planning Meeting

- **Tuesday, Dec. 26**
1:30 p.m. (ALBC)

Resident and Dining Committee Meeting

- **Wednesday, Dec. 27**
1:15 p.m. (SDR)



BINGO

- **Every Monday - 3 p.m.** (AL2)
- **Every Wednesday - 3 p.m.** (AL2)
- **Every Friday - 30-Minute Bingo! - 3 p.m.** (AL2)

movie time!



- **Saturday, Dec. 2 - 2:30 p.m.** (ALCR)
"A Few Good Men" (1992)
 Tom Cruise & Jack Nicholson
- **Saturday, Dec. 9 - 2:30 p.m.** (ALCR)
"The Christmas Card" (2006)
 Edward Asner & John Newton
- **Saturday, Dec. 16 - 2:30 p.m.** (ALCR)
"Young Man with a Horn" (1950)
 Kirk Douglas & Lauren Bacall
- **Wednesday, Dec. 20 - 7 p.m.** (ALCR)
"Collateral Beauty" (2016)
 Will Smith & Edward Norton
- **Saturday, Dec. 23 - 2:30 p.m.** (ALCR)
"Sands of Iwo Jima" (1947)
 John Wayne & John Agar
- **Monday, Dec. 25 - 2 p.m.** (ALCR)
Resident Choice
- **Saturday, Dec. 30 - 2:30 p.m.** (ALCR)
"Titanic" (1997)
 Leonardo DiCaprio & Kate Winslet

Happy Birthday!

Henry Christner 12/19

Maxwell Burry 12/27

*If you want to be excluded from the birthday list, please let us know by the **15th of the month.***



Beauty Salon Services

HAIR:

- **Monday, NEW STYLIST**
 (Eleanor Calabrese)
9:30 a.m. to 5 p.m.
- **Tuesday** (Jeanette McWilliams)
7:30 a.m. to 4 p.m.
- **Friday** (Darlene O'Neal)
9:30 a.m. to 4:30 p.m.

MANICURES & PEDICURES:

- **Thursday** (Lisa)
9 a.m. to noon

Vespers

- **Every Sunday**
4 p.m. (ALCR)
 Sunday church service.

Shaping up

- **Every Monday through Friday**
2:30 p.m. (BG)

Morning Walk

- **Every Wednesday**
10:15 a.m. (AL)

Rosary Group

- **Every Friday**
9:30 a.m. (CH)
 Led by the chaplain.



Chaplain's Corner

- **Every Monday**
11 a.m. (CH)
 Led by the chaplain.

Dining Schedule

- 7:30 a.m.** Breakfast
- 11:30 a.m.** Lunch
- 4:30 p.m.** Dinner
- 11:30 a.m.** Sunday Brunch

Music Therapy

- **Every Saturday**
1 p.m. (AL1)

WEEK ONE

● Friday, Dec. 1

- 9:30** Rosary group (CH)
- 10:15** Keeping up with the times (AL)
- 10:30** Open gym (BG)
- 11:00** Outing: Food for Thought for lunch (AL)
- 2:00** Deck the Halls (AL)
- 2:30** Shaping up (BG)
- 3:00** 30-Minute BINGO (AL2)

● Saturday, Dec. 2

- 1:00** Music Therapy (AL1)
- 1:30** Facts and trivia (AL)
- 2:30** Movie time (ALCR) *A Few Good Men*
- 6:00** After dinner chat (AL)

- (AL) Assisted Living Sitting Area
- (ALL) Assisted Living Lobby
- (BG) Berkeley Gym Second Floor
- (CH) Chapel
- (CC) Convalescent Center
- (DR) Dining Room
- (GH) Grand Hall
- (SDR) Small Dining Room
- (ALBC) Berkeley Court Yard
- (AL1) Assisted Living TV Lounge First Floor
- (AL2) Assisted Living TV Lounge Second Floor
- (ALCR) Assisted Living Community Room
- (ALCR2) Assisted Living Community Room Second Floor
- (ALGR2) Assisted Living Game Room Second Floor (Fireplace Room)

WEEK TWO

● Sunday, Dec. 3

- 7:10** Hickory Neck Episcopal Church (AL)
- 10:10** St. Bede's bus (AL)
- 4:00** Vespers (ALCR)

● Monday, Dec. 4

- 10:15** Current events (AL)
- 10:30** Open gym (BG)
- 10:30** December spelling bee (AL)
- 11:00** Chaplain's Corner (CH)
- 1:00** Outing: Shopping trip (AL)
- 2:30** Shaping up (BG)
- 3:00** BINGO (AL2)
- 5:30** Poker night (ALCR)

● Tuesday, Dec. 5

- 10:15** Doughnuts and coffee (AL)
- 10:30** Open gym (BG)
- 11:00** Tuesday trivia (AL)
- 1:15** Performance by Cathy Combs, sing-along (AL1)
- 2:30** King of Glory Lutheran Church (CC)
- 2:30** Shaping up (BG)
- 3:30** Happy Hour (ALCR)
- 7:15** Colony Christmas Concert (GH)

● Wednesday, Dec. 6

- 10:15** Morning walk (AL)
- 10:30** Open gym (BG)
- 11:00** Santa's workshop crossword (AL)
- 1:30** Manicures (AL2)
- 2:30** Shaping up (BG)
- 3:00** BINGO (AL2)

● Thursday, Dec. 7 Pearl Harbor Day

- 10:15** News and views (AL)
- 10:30** Open gym (BG)
- 10:30** Holiday talk scattergories (AL)
- 1:30** Art from the Heart with Karen (AL2)
- 2:30** Shaping up (BG)
- 3:30** Happy Hour Performance by Sugar and Spice (ALCR)
- 5:45** Dementia Support Group (CH)

● Friday, Dec. 8

- 9:30** Rosary group (CH)
- 10:15** Read all about it (AL)
- 10:30** Open gym (BG)
- 10:30** The story behind the carols (AL)
- 1:15** Crafty Critters: Holiday wreaths (AL2)
- 2:30** Shaping up (BG)
- 3:00** 30-Minute BINGO (AL2)
- 4:30** Holiday Christmas Party (GH)

● Saturday, Dec. 9

- 1:00** Music Therapy (AL1)
- 1:30** Facts and trivia (AL)
- 2:30** Movie time (ALCR) *The Christmas Card*
- 6:00** After dinner chat (AL)



WEEK THREE

● Sunday, Dec. 10

- 7:10 Hickory Neck Episcopal Church (AL)
- 10:10 St. Bede's bus (AL)
- 4:00 Vespers (ALCR)

● Monday, Dec. 11

- 10:15 Keeping up with the times (AL)
- 10:30 Open gym (BG)
- 10:30 Jeopardy (AL)
- 11:00 Chaplain's Corner (CH)
- 2:00 Outing: Scenic drive (AL)
- 2:30 Shaping up (BG)
- 3:00 BINGO (AL2)

● Tuesday, Dec. 12 HANUKKAH

- 10:15 Morning treats (AL)
- 10:30 Open gym (BG)
- 10:30 Catholic Mass (ALCR)
- 11:00 Winter Hangman (AL)
- 1:30 Crafty Critters: *Bottle cap snowman ornament* (AL2)
- 2:30 Shaping up (BG)
- 3:30 Winter Wonderland Happy Hour (ALCR)

● Wednesday, Dec. 13

- 10:15 Morning walk (AL)
- 10:30 Open gym (BG)

- 11:00 Dominoes (AL)
- 1:30 December Birthday Celebration (ALCR)
- 2:30 New Zion Baptist Church service (CC)
- 2:30 Shaping up (BG)
- 3:00 BINGO (AL2)
- 5:30 After dinner drinks (AL)

● Thursday, Dec. 14

- 10:15 Group chat (AL)
- 10:30 Open gym (BG)
- 11:00 WRL short talk and mobile library (AL1)
- 1:30 Hot Cocoa and Cookies Social (AL)
- 2:30 Shaping up (BG)
- 3:30 Happy Hour (ALCR)

● Friday, Dec. 15

- 9:30 Rosary group (CH)
- 10:15 Current events (AL)
- 10:30 Open gym (BG)
- 10:30 Gingerbread houses (AL2)
- 2:00 Resident Council Meeting (ALCR)
- 2:30 Shaping up (BG)
- 3:00 30-Minute BINGO (AL2)

● Saturday, Dec. 16

- 1:00 Music Therapy (AL1)
- 1:30 Facts and trivia (AL)
- 2:30 Movie time (ALCR) *Young Man with a Horn*
- 6:00 After dinner chat (AL)

WEEK FOUR

● Sunday, Dec. 17

- 7:10 Hickory Neck Episcopal Church (AL)
- 10:10 St. Bede's bus (AL)
- 4:00 Vespers (ALCR)

● Monday, Dec. 18

- 10:15 News and views (AL)
- 10:30 Open gym (BG)
- 10:30 Group crossword puzzle (AL)
- 11:00 Chaplain's Corner (CH)
- 1:00 Outing: Shopping trip (AL)
- 2:30 Shaping up (BG)
- 3:00 BINGO (AL2)
- 7:00 Longest Night Service (GH)

● Tuesday, Dec. 19

- 10:15 Doughnuts and coffee (AL)
- 10:30 Open gym (BG)
- 1:30 *Performance by David Tetrault, sing-along* (AL1)
- 2:30 Shaping up (BG)
- 3:00 Carols and lessons (ALCR)
- 5:45 Dementia Support Group (CH)



Activities run 30 minutes to one hour, except for outings and special events that will typically run two to four hours. Activities are subject to change. All supplies are accounted for daily.

● Wednesday, Dec. 20

- 10:15 Morning walk (AL)
- 10:30 Open gym (BG)
- 11:00 **Pizza Party** (ALCR)
- 1:30 Manicures (AL2)
- 2:30 Shaping up (BG)
- 3:00 BINGO (AL2)
- 6:00 **Outing: Celebration in Lights**, scenic drive (AL)
- 7:00 **Movie night** (ALCR)
Collateral Beauty

● Thursday, Dec. 21

WINTER BEGINS

- 10:15 Current events (AL)
- 10:30 Open gym (BG)
- 11:00 Who am I? (AL)
- 1:30 **Tea with the Ladies** (ALGR2)
- 2:30 Shaping up (BG)
- 3:30 **Happy Hour with Santa Claus** (ALCR)

● Friday, Dec. 22

- 9:30 Rosary group (CH)
- 10:15 Read all about it (AL)
- 10:30 Open gym (BG)
- 11:00 **Coffee Social and Christmas Music** (AL)
- 2:00 **Tales of History** (ALGR2)
- 2:30 Shaping up (BG)
- 3:00 30-Minute BINGO (AL2)

● Saturday, Dec. 23

- 1:00 Music Therapy (AL1)
- 1:30 Facts and trivia (AL)
- 2:30 **Movie time** (ALCR)
Sands of Iwo Jima
- 6:00 After dinner chat (AL)

WEEK FIVE

● Sunday, Dec. 24

CHRISTMAS EVE

- 7:10 Hickory Neck
Episcopal Church (AL)
- 10:10 St. Bede's bus (AL)
- 4:00 Vespers (ALCR)

● Monday, Dec. 25

CHRISTMAS DAY

- 9:30 TV Christmas parade (AL1)
- 11:00 Christmas trivia (AL)
- 11:30 **Christmas brunch** (DR)
- 1:30 **Christmas music and memories** (AL)
- 2:00 **Movie time** (ALCR)
Resident choice

● Tuesday, Dec. 26

- 10:15 Morning treats (AL)
- 10:30 Open gym (BG)
- 10:30 December trivia (AL)
- 11:00 Christmas reminiscing (AL)
- 1:30 Word games (AL)
- 1:30 **Activity Planning Meeting** (ALBC)
- 2:30 Shaping up (BG)
- 3:30 **Happy Hour** (ALCR)

● Wednesday, Dec. 27

- 10:15 Morning walk (AL)
- 10:30 Open gym (BG)
- 11:00 Word in a word (AL)
- 1:15 **Resident and Dining Committee Meeting** (SDR)
- 2:30 Shaping up (BG)
- 3:00 BINGO (AL2)
- 5:30 **After Dinner Drinks** (AL)

● Thursday, Dec. 28

- 10:15 Current events (AL)
- 10:30 Open gym (BG)
- 10:30 Bowling (ALCR)
- 1:30 **Baking club: frosted peppermint softies** (BG)
- 2:30 Shaping up (BG)
- 3:30 **Happy Hour**
Performance by James Curry (ALCR)

● Friday, Dec. 29

- 9:30 Rosary group (CH)
- 10:15 Current events (AL)
- 11:00 Java or juice (AL)
- 1:30 **Pre-New Year's Eve Social** (ALCR)
- 2:30 Shaping up (BG)
- 3:00 30-Minute BINGO (AL2)

● Saturday, Dec. 30

- 1:00 Music Therapy (AL1)
- 1:30 Facts and trivia (AL)
- 2:30 **Movie time** (ALCR)
Titanic
- 6:00 After dinner chat (AL)

WEEK SIX

● Sunday, Dec. 31

NEW YEAR'S EVE

- 7:10 Hickory Neck
Episcopal Church (AL)
- 10:10 St. Bede's bus (AL)
- 4:00 Vespers (ALCR)



6000 Patriots Colony Drive
Williamsburg, VA 23188



DECEMBER 2017

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



Berkeley TELEPHONE NUMBERS

- **Health Services Administrator:**
Karl Keffer, **585-7050**
- **Assisted Living Director:**
Tammy Johnson, **585-7043**
- **Front Desk: 220-9000**
- **Berkeley Dining Room: 585-7001**
- **Billing Coordinator:**
Megan Meyers, **585-7055**
- **Activities Coordinator: 585-7024**
- **Chaplain:** Travis Greenman, **585-7069**
- **Transportation: 585-7078**
- **Fitness Manager:**
Sean Bush, **585-7053**
- **Marketing Manager:**
Scott Hay, **585-7008**