

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ARTS AND CRAFTS ROOM — ACR
- ASSISTED LIVING LOUNGE — AL-L
- ATRIUM — ATM
- AUDITORIUM — AUD
- BILLIARDS ROOM — BR
- CHAPEL — CH
- DINING ROOM — DR
- EXERCISE ROOM — ER
- GAME ROOM — GR
- MANSION BAR — BAR
- MANSION LIVING ROOM — MLR
- PRIVATE DINING ROOM — PDR
- SUNROOM — SR
- THIRD FLOOR BUILDING THREE CARD LOUNGE — 3 FL CL
- WELLSPRING — WS

JANUARY'S TRANSPORTATION

- AREA I — 9,17,25
- AREA II — 2,10,18,26,29
- AREA III — 3,11,19,22,30
- AREA IV — 4,12,15,23,31
- AREA V — 5,8,16,24

*CALL TRANSPORTATION
**MUST SIGN UP
CALENDAR HOTLINE:
948-2316-3

Please sign up at the Activity Desk for Wellness Everyday™ Personal Training Certification.



www.SeniorLifestyle.com
Activities are subject to change

<p>9:00 ● St. Vivian</p> <p>10:00 ● Church of Christ Service WS</p> <p>10:00 ● St. James, Northminster and Wyoming Presbyterian</p> <p>11:30 ● Ruth Rubendunst, Piano DR</p> <p>1:30 ● Catholic Service WS</p> <p>2:00 ● Movie Matinee: To Be Announced AUD</p> <p style="text-align: right;">3</p>	<p>● AREA V*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Stitch 'n' Chat SR</p> <p>1:15 ● Chair Yoga Class AUD</p> <p>7:00 ● Cast Only Dress Rehearsal AUD</p> <p style="text-align: right;">4</p>	<p>● AREA I*</p> <p>8:30 ● Kroger Shuttle</p> <p>10:30 ● Catholic Mass WS</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Pinochle Club** GR</p> <p>1:30 ● Bible Study SR</p> <p>2:30 ● Flower Arranging ACR</p> <p>4:00 ● Wellness Center BP Screenings</p> <p>4:00 ● Brown Bag Happy Hour GR</p> <p>7:15 ● Trivia with Jennifer AUD</p> <p style="text-align: right;">5</p>	<p>● AREA II*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:15 ● Brain Games ACR</p> <p>2:00 ● Chair Volleyball AUD</p> <p>7:00 ● Resident Holiday Show AUD</p> <p style="text-align: right;">6</p>	<p>● AREA III*</p> <p>8:30 ● Kroger Shuttle</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>2:00 ● Artist Studio with J** ACR</p> <p>3:15 ● Confessions CH</p> <p>4:00 ● Mass AUD</p> <p style="text-align: right;">7</p>	<p>● AREA IV*</p> <p>● LIBRARY PICKUP AND DELIVERY</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:00 ● Pray the Rosary CH</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:15 ● Diane Shields: The Siege of Masada AUD</p> <p>2:30 ● Card Bingo ACR</p> <p>4:00 ● Sabbath Eve Services AUD</p> <p>7:00 ● Movie: To Be Announced AUD</p> <p>7:00 ● Pops Transportation**</p> <p style="text-align: right;">8</p>	<p>9:30 ● Wii Bowling AUD</p> <p>11:00 ● Current Events ACR</p> <p>1:00 ● Billiards BR</p> <p>1:00 ● Scrabble Game ATM</p> <p>4:00 ● Catholic Mass AUD</p> <p>7:00 ● Cards 3 FL CL</p> <p>7:15 ● Ellen Gould Sings, Guitar, Piano, Banjo, Fiddle AUD</p> <p style="text-align: right;">9</p>
<p>9:00 ● St. Vivian</p> <p>10:00 ● Church of Christ Service WS</p> <p>10:00 ● St. James, Northminster and Wyoming Presbyterian</p> <p>11:30 ● Ruth Rubendunst, Piano DR</p> <p>1:30 ● Catholic Service WS</p> <p>2:00 ● Movie Matinee: To Be Announced AUD</p> <p style="text-align: right;">10</p>	<p>● AREA IV*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>12:00 ● Chef Tasting** DR</p> <p>1:00 ● Stitch 'n' Chat SR</p> <p>1:15 ● Chair Yoga Class AUD</p> <p>2:00 ● Resident Council Meeting 3 FL CL</p> <p>7:00 ● Phoenix Woodwind Trio AUD</p> <p style="text-align: right;">11</p>	<p>HANUKKAH STARTS AT SUNSET</p> <p>● AREA V*</p> <p>HANUKKAH BEGINS @ SUNDOWN</p> <p>8:30 ● Kroger Shuttle</p> <p>9:00 ● Audiologist Visit SR</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Pinochle Club** GR</p> <p>1:30 ● Bible Study SR</p> <p>2:30 ● Flower Arranging ACR</p> <p>4:00 ● Wellness Center BP Screenings</p> <p>4:00 ● Brown Bag Happy Hour GR</p> <p>7:15 ● Irina and Jude Jewish Soul Music AUD</p> <p style="text-align: right;">12</p>	<p>● AREA I*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:15 ● Brain Games ACR</p> <p>2:00 ● Chair Volleyball AUD</p> <p>7:15 ● The Eastgate Players Show AUD</p> <p style="text-align: right;">13</p>	<p>● AREA II*</p> <p>8:30 ● Kroger Shuttle</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>6:30 ● Holiday Lights Trip to Coney**</p> <p>7:00 ● Bingo AUD</p> <p style="text-align: right;">14</p>	<p>● AREA III*</p> <p>11:00 ● Pray the Rosary CH</p> <p>11:00 ● Brown Bag Cincinnati Holiday Traditions**</p> <p>11:30 ● Employee Holiday Party AUD</p> <p>2:30 ● Card Bingo ACR</p> <p>4:00 ● Sabbath Eve Services AUD</p> <p>7:00 ● Movie: To Be Announced AUD</p> <p style="text-align: right;">15</p>	<p>9:30 ● Wii Bowling AUD</p> <p>11:00 ● Current Events ACR</p> <p>1:00 ● Billiards BR</p> <p>1:00 ● Scrabble Game ATM</p> <p>4:00 ● Catholic Mass AUD</p> <p>7:00 ● Cards 3 FL CL</p> <p>7:15 ● Bob Pollack Holiday Music AUD</p> <p style="text-align: right;">16</p>
<p>9:00 ● St. Vivian</p> <p>10:00 ● Church of Christ Service WS</p> <p>10:00 ● St. James, Northminster and Wyoming Presbyterian</p> <p>11:30 ● Ruth Rubendunst, Piano DR</p> <p>1:30 ● Catholic Service WS</p> <p>2:00 ● Judy Langdon Piano School Concert AUD</p> <p style="text-align: right;">17</p>	<p>● AREA III*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Stitch 'n' Chat SR</p> <p>1:15 ● Chair Yoga Class AUD</p> <p>2:30 ● Flower Arranging ACR</p> <p>7:15 ● American Legion Swing Band Concert AUD</p> <p style="text-align: right;">18</p>	<p>● AREA IV*</p> <p>8:30 ● Kroger Shuttle</p> <p>10:40 ● Water Works @ Drake**</p> <p>1:00 ● Pinochle Club** GR</p> <p>1:30 ● Bible Study SR</p> <p>4:00 ● Wellness Center BP Screenings</p> <p>4:00 ● Holiday Happy Hour with The Sociables AUD</p> <p style="text-align: right;">19</p>	<p>● AREA V*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:15 ● Brain Games ACR</p> <p>2:00 ● Chair Volleyball AUD</p> <p>7:15 ● Phil Degreg and Friend(s) AUD</p> <p style="text-align: right;">20</p>	<p>WINTER BEGINS</p> <p>● AREA I*</p> <p>8:30 ● Kroger Shuttle</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:30 ● Wyoming Music Club Concert AUD</p> <p>2:00 ● Artist Studio with J** ACR</p> <p>3:30 ● Protestant Communion AUD</p> <p>5:00 ● Dine Out @ the National Exemplar**</p> <p>7:00 ● Bingo AUD</p> <p style="text-align: right;">21</p>	<p>● AREA II*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:00 ● Pray the Rosary CH</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:15 ● Diane Shields: The 1st Crusade 1096-1099 AUD</p> <p>2:30 ● Card Bingo ACR</p> <p>4:00 ● Sabbath Eve Services AUD</p> <p>7:00 ● Movie: To Be Announced AUD</p> <p style="text-align: right;">22</p>	<p>9:30 ● Wii Bowling AUD</p> <p>11:00 ● Current Events ACR</p> <p>1:00 ● Billiards BR</p> <p>1:00 ● Scrabble Game ATM</p> <p>4:00 ● Catholic Mass AUD</p> <p>7:00 ● Cards 3 FL CL</p> <p>7:15 ● Bill Roth Piano & Sings AUD</p> <p style="text-align: right;">23</p>
<p>CHRISTMAS EVE</p> <p>9:00 ● St. Vivian</p> <p>10:00 ● Church of Christ Service WS</p> <p>10:00 ● St. James, Northminster and Wyoming Presbyterian</p> <p>11:30 ● Ruth Rubendunst, Piano DR</p> <p>1:30 ● Catholic Service WS</p> <p>4:00 ● Mass AUD</p> <p style="text-align: right;">24</p>	<p>CHRISTMAS</p> <p>11:00 ● 1st Seating for Christmas Meal** DR</p> <p>12:15 ● 2nd Seating for Christmas Meal** DR</p> <p>1:00 ● Stitch 'n' Chat SR</p> <p>2:00 ● Movie To Be Announced AUD</p> <p style="text-align: right;">25</p>	<p>● AREA III*</p> <p>8:30 ● Kroger Shuttle</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Pinochle Club** GR</p> <p>1:30 ● Bible Study SR</p> <p>2:30 ● Flower Arranging ACR</p> <p>4:00 ● Wellness Center BP Screenings</p> <p>4:00 ● Brown Bag Happy Hour GR</p> <p style="text-align: right;">26</p>	<p>● AREA IV*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:15 ● Brain Games ACR</p> <p>2:00 ● Chair Volleyball AUD</p> <p>3:15 ● Book Club 3 FL CL</p> <p>4:30 ● Birthday Dinner** DR</p> <p style="text-align: right;">27</p>	<p>● AREA V*</p> <p>8:30 ● Kroger Shuttle</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>7:00 ● Bingo AUD</p> <p style="text-align: right;">28</p>	<p>● AREA I*</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:00 ● Pray the Rosary CH</p> <p>11:30 ● Beginning Exercise AUD</p> <p>2:30 ● Card Bingo ACR</p> <p>4:00 ● Sabbath Eve Services AUD</p> <p>7:00 ● Movie: To Be Announced AUD</p> <p style="text-align: right;">29</p>	<p>9:30 ● Wii Bowling AUD</p> <p>11:00 ● Current Events ACR</p> <p>1:00 ● Billiards BR</p> <p>1:00 ● Scrabble Game ATM</p> <p>4:00 ● Catholic Mass AUD</p> <p>7:00 ● Cards 3 FL CL</p> <p>7:15 ● Full Moon Ranch Trio AUD</p> <p style="text-align: right;">30</p>
<p>NEW YEAR'S EVE</p> <p>9:00 ● St. Vivian</p> <p>10:00 ● Church of Christ Service WS</p> <p>10:00 ● St. James, Northminster and Wyoming Presbyterian</p> <p>11:30 ● Ruth Rubendunst, Piano DR</p> <p>1:30 ● Catholic Service WS</p> <p>2:00 ● Movie Matinee: To Be Announced AUD</p> <p style="text-align: right;">31</p>						

“Each day offers a reason to celebrate. Find it and experience true bliss.”
—Amy Leigh Mercree

EVENT RECAP

evergreen travels to west virginia for the new river gorge train trip

The Evergreen Travelers hopped on our bus to enjoyed an autumn getaway to Huntington, W.Va. There we took a journey aboard the marvelously restored historic train to view the beautiful fall foliage following the New River Gorge and participate in the Hinton Railroad Days Festival. We had premium tickets, so we were in the nicer club car and were served both breakfast and dinner in our car. Each of the 30 cars was different and it was fascinating to see them. Many a nostalgic story was told along the way. There was also live music on board singing old train songs. The three day trip also included a visit to the Heritage Village museum. We had docent guided tours of the many relocated log buildings loaded with historically chronological displays of different living vignettes from the pioneer days to the 1940s. We also visited the general store and transportation history building. On the way back to Cincinnati, we

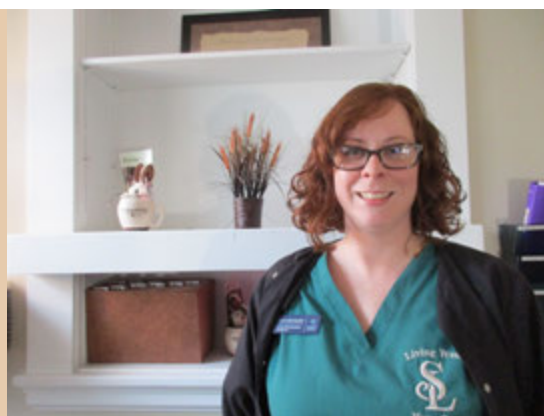
stopped in Portsmouth to view the 2,000 feet of murals representing 200 years of history. It was wonderfully hand painted on the flood walls along the Ohio River. The weather was chilly, but the rain held off for just the right moments and the trees were just beginning their peak of color. Fun was had by all.



THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

Congratulations to COURTNEY PAYNE, our Employee of the Month for December. Courtney has worked at Evergreen for 15 years and has worked here since she was 15 years old. She began her career as a Dining Room Server, then worked as an Assisted Living Attendant, and is now currently the Home Health Scheduler. She has a great attitude and amazing work ethic. She comes to work each day with a smile on her face and a willingness to help where needed in her Department. In fact, she has helped to run the Home Health Department for the past few months until a new Manager was hired. Thank you Courtney, for your dedication; we are lucky to have you as part of our team.



Evergreen employee Courtney Payne

TRAIN YOUR BRAIN solution

