the DECEMBER 2017 newsletter

Inspired

EVERGREEN RETIREMENT COMMUNITY | a Senior Lifestyle community | CINCINNATI, OH 45215 | 513-948-2308

JOIN US THIS MONTH FOR

holiday happy hour

December, full of holidays and special moments, gives us all an occasion to share our values and memories. Come celebrate the holidays with your Evergreen neighbors on Tuesday, Dec. 19, from 4 until 5 p.m., in the Auditorium. Enjoy the wonderful holiday music by the Sociables and munch on the delicious hors d'oeuvres and the fine selection of beverages served



with lots of holiday cheer. To really get the spirit moving, we invite everyone to wear their special festive sweaters or ties. Everyone is invited. Happy Holidays!

IT'S OUR PLEASURE TO SERVE YOU ... word from your executive director

Hello and Happy Holidays to everyone at Evergreen Retirement Community! It is my pleasure to invite you to our Pancakes with Santa event on Dec. 9, from 9 to 11 a.m. Feel free to invite your families to come out and enjoy a super fun intergenerational event. There will be lots of fun holiday celebrations happening throughout the community in December, so look closely at your calendars so you don't miss a thing!

I would like to introduce Deepak Minocha as the new Administrator at Wellspring. We will be rolling out the "wine under the stars with Wellspring" event again, so please come down and get to know Deepak. He's a great guy! In addition, Wellspring was recently ranked in U.S. News and World Report as one of the nation's best nursing homes! Please congratulate the team when you see them and know that if you ever need rehab, the Wellspring team will be there to take excellent care of you!

We also have a new Home Health Director, Katie Dell. Please stop by the Office (next to copier just outside the elevator) and introduce yourself. She is excited to get to know each one of you and is at your service!

Also, New Year's resolutions are upon us, so we all have to start thinking about what we want to do in the upcoming year of 2018. What are your resolutions going to be? Stop by my Office and let me know! I would be interested to hear from you all! My candy dish is always full.

I sincerely wish you all the happiest of holidays! Cheers to the New Year!

— Liz Dinnesen, Executive Director

THIS MONTH'S silver star

VERNA KING

This month's Silver Star is awarded to Evergreen resident Verna King. Verna volunteered to teach our residents how to play the card game Pinochle. She provided



Evergreen resident Verna King

the residents with five lessons and now they have created a Pinochle Club that meets on Tuesdays afternoons, at 1 p.m., in the Game Room. If you know how to play Pinochle, come join the fun. Verna also organized the Saturday afternoon Scrabble Games which meet in the Atrium, at 1 p.m. If Scrabble is a game you enjoy, please plan to attend on Saturdays. Thank you Verna, for implementing both of these activities. You are our official "Game Queen."

TRAIN YOUR BRAIN search for games

LLABTOOFHXMD M B C C D I A M D L O G ARLGRDHGCMYP HIURYOCHIBIB JDEECLQNGNAG OGTKHSOUGSRI NEEOEERPEDEN GYNPSCOBOTCR GCNKSNANSNCU DVIHGLDPOLOM SBSELBBARCSM CHECKERSXECY

BASEBALL BRIDGE CHECKERS CHESS CLUE CROQUET DOMINOES FOOTBALL GIN RUMMY HOCKEY MAHJONG MONOPOLY OLD MAID PING-PONG POKER POLO RUGBY SCRABBLE SOCCER TENNIS

SUNDAY

MONDAY

TUFSDAY

WEDNESDAY

THURSDAY

FRIDAY

Exercise | AUD

11:30 • Beginning Exercise | AUD

Show @ Wellspring

4:00 • Sabbath Eve Services | AUD

Announced | AUD

9:45 • Advanced Exercise | AUD

11:30 • Beginning Exercise | AUD

1:15 • Diane Shields: The Siege

of Masada | AUD

4:00 • Sabbath Eve Services | AUD

7:00 • Pops Transportation**

Rosary | CH

11:30 • Employee Holiday

2:30 • Card Bingo | ACR

7:00 • Movie: To Be

Party AUD

4:00 • Sabbath Eve Services | AUD

Announced | AUD

11:30 • Beginning Exercise | AUD

1:15 • Diane Shields: The 1st

4:00 • Sabbath Eve Services | AUD

Announced | AUD

2:30 • Card Bingo | ACR

7:00 • Movie: To Be

Crusade 1096-1099 | AUD

29

11:00 • Brown Bag Cincinnati

Holiday Traditions**

7:00 • Movie: To Be Announced | AUD

11:00 • Pray the Rosary | CH

2:30 • Card Bingo | ACR

11:00 • Pray the Rosary | CH

2:00 • Resident Holiday

2:30 • Card Bingo | ACR

7:00 • Movie: To Be

AREA V*

AREA IV*

AREA III*

11:00 • Pray the

LIBRARY PICKUP

AND DELIVERY

9:45 • Advanced

SATURDAY

BE INSPIRED

- CONNECT GROW
- CONTRIBUTE MOVE
- FEEL RFFI FCT

LOCATIONS

ARTS AND CRAFTS ROOM - ACR

ASSISTED LIVING LOUNGE -AL-L

ATRIUM -ATM

AUDITORIUM -AUD

BILLIARDS ROOM -BR

CHAPEL - CH

DINING ROOM -DR

EXERCISE ROOM -ER

GAME ROOM -GRMANSION BAR -BAR

MANSION LIVING ROOM -MLR

PRIVATE DINING ROOM -PDR

SUNROOM -SR

THIRD FLOOR BUILDING THREE CARD LOUNGE -3 FL CL

WELLSPRING - WS

JANUARY'S TRANSPORTATION

AREA I -9,17,25AREA II -2,10,18,26,29

AREA III -3,11,19,22,30

AREA IV -4,12,15,23,31

AREA V -5,8,16,24

*CALL TRANSPORTATION **MUST SIGN UP

CALENDAR HOTLINE: 948-2316-3

Please sign up at the Activity Desk for Wellness Everyday TM Personal Training Certification.



www.SeniorLifestyle.com Activities are subject to change



10:00 • Church of Christ Service | WS

10:00 • St. James, Northminster and Wyoming Presbyterian

11:30 • Ruth Rubendunst, Piano | DR

1:30 • Catholic Service | WS 2:00 • Movie Matinee: To Be Announced | AUD

9:00 • St. Vivian

• Church of 10:00 Christ Service | WS

10:00 • St. James, Northminster and Wyoming

Presbyterian 11:30 • Ruth Rubendunst, Piano DR

1:30 • Catholic Service | WS

2:00 • Movie Matinee: To Be Announced AUD

9:00 • St. Vivian AREA III*

10

10:00 • Church of Christ Service | WS 10:00

• St. James, Northminster and Wyoming Presbyterian

11:30 • Ruth Rubendunst, Piano DR

CHRISTMAS EVE

11:30

11:30

1:30

9:00 • St. Vivian

4:00 • Mass | AUD

NEW YEAR'S EVE 9:00 • St. Vivian

10:00 • Church of Christ

Service | WS

10:00 • St. James, Northminster

Ruth Rubendunst,

• Catholic Service | WS

10:00 • Church of Christ Service | WS 10:00 • St. James, Northminster and

• Catholic Service | WS

Announced | AUD

2:00 • Movie Matinee: To Be

Wyoming Presbyterian

Ruth Rubendunst, Piano | DR

Piano | DR

and Wyoming Presbyterian

• Catholic Service | WS 2:00 • Judy Langdon Piano School Concert | AUD

AREA IV*

9:45 • Advanced

9:45 • Advanced Exercise | AUD

11:30 • Beginning Exercise | AUD

1:00 • Stitch 'n' Chat | SR 1:15 • Chair Yoga Class | AUD

Exercise | AUD

12:00 • Chef Tasting** | DR

1:00 • Stitch 'n' Chat | SR

2:00 • Resident Council

7:00 • Phoenix Woodwind

Trio | AUD

1:00 • Stitch 'n' Chat | SR

11:00 • 1st Seating for

12:15 • 2nd Seating for

2:00 • Movie To Be

1:00 • Stitch 'n' Chat | SR

9:45 • Advanced

24 CHRISTMAS

31

11:30 • Beginning Exercise | AUD

1:15 • Chair Yoga Class | AUD

Meeting | 3 FL CL

Exercise | AUD

11:30 • Beginning Exercise | AUD

1:15 • Chair Yoga Class | AUD

2:30 • Flower Arranging | ACR

7:15 • American Legion Swing

Band Concert | AUD

Christmas Meal** | DR

Christmas Meal** | DR

Announced AUD

7:00 • Cast Only Dress Rehearsal | AUD

AREA I* 8:30 • Kroger Shuttle 10:30 • Catholic Mass | WS

> 10:40 • Water Works @ Drake** 11:30 • Beginning Exercise | AUD 1:00 • Pinochle Club** | GR

1:30 • Bible Study | SR 2:30 • Flower Arranging | ACR 4:00 • Wellness Center

BP Screenings

4:00 • Brown Bag Happy Hour | GR 7:15 • Trivia with Jennifer | AUD

HANUKKAH STARTS AT SUNSET 12

Water Works @ Drake*

Beginning Exercise | AUD Pinochle Club** | GR

Flower Arranging | ACR
Wellness Center BP Screenings

Brown Bag Happy Hour |GR|

Irina and Jude Jewish Soul Music | AUD

Bible Study | SR

8:30 • Kroger Shuttle

1:30 • Bible Study | SR

4:00 • Wellness Center

4:00 • Holiday Happy

8:30 • Kroger Shuttle

1:30 • Bible Study | SR

4:00 • Wellness Center

4:00 • Brown Bag Happy

10:40 • Water Works @ Drake*

1:00 • Pinochle Club** | GR

BP Screenings

Hour with The

Sociables | AUD

10:40 • Water Works @ Drake**

1:00 • Pinochle Club** | GR

2:30 • Flower Arranging | ACR

BP Screenings

11:30 • Beginning Exercise | AUD

HANUKKAH BEGINS @ SUNDOWN

8:30 • Kroger Shuttle
9:00 • Audiologist Visit | SR

AREA V*

10:40

11:30

1:00

2:30

4:00

7:15

AREA IV*

AREA III*

AREA II*

• AREA I*

AREA V*

AREA IV*

9:45 • Advanced

11:30 • Beginning

9:45 • Advanced

11:30 • Beginning

9:45 • Advanced

11:30 • Beginning

9:45 • Advanced Exercise | AUD

11:30 • Beginning Exercise AUD

1:15 • Brain Games | ACR

2:00 • Chair Volleyball | AUD 7:00 • Resident Holiday Show | AUD

Exercise | AUD

Exercise | AUD

1:15 • Brain Games | ACR

2:00 • Chair Volleyball | AUD

7:15 • The Eastgate Players

Exercise | AUD

Exercise | AUD

1:15 • Brain Games | ACR

7:15 • Phil Degreg and

2:00 • Chair Volleyball | AUD

Friend(s) | AUD

Exercise | AUD

Show | AUD



AREA III*

8:30 • Kroger Shuttle

10:40 • Water Works @ Drake** 11:30 • Beginning Exercise | AUD

2:00 • Artist Studio with J** | ACR

3:15 • Confessions | CH

4:00 • Mass | AUD

AREA II*

8:30 • Kroger Shuttle

10:40 • Water Works @ Drake**

11:30 • Beginning

Exercise | AUD 6:30 • Holiday Lights

Trip to Coney** 7:00 • Bingo | AUD

WINTER BEGINS

AREA I*

AREA II*

9:45 • Advanced

Exercise | AUD 8:30 • Kroger Shuttle 11:00 • Pray the Rosary | CH 10:40 • Water Works @ Drake**

11:30 • Beginning Exercise | AUD 1:30 • Wyoming Music Club Concert AUD

2:00 • Artist Studio with J** | ACR

3:30 • Protestant Communion | AUD 5:00 • Dine Out @ the National

Exemplar* 7:00 • Bingo AUD

AREA V*

Exercise AUD 1:15 • Brain Games | ACR

2:00 • Chair Volleyball | AUD 3:15 • Book Club | 3 FL CL

4:30 • Birthday

8:30 • Kroger Shuttle **10:40** • Water Works

@ Drake* 11:30 • Beginning

Exercise AUD 7:00 • Bingo | AUD

• AREA I* 9:45 • Advanced

> Exercise | AUD 11:00 • Pray the Rosary | CH

11:30 • Beginning Exercise | AUD 2:30 • Card Bingo | ACR

4:00 • Sabbath Eve Services | AUD **7:00** • Movie: To Be

Announced | AUD

9:30 • Wii Bowling | AUD

11:00 • Current Events | ACR

1:00 • Billiards | BR

1:00 • Scrabble Game ATM

4:00 • Catholic Mass | AUD 7:00 • Cards | 3 FL CL

7:15 • Ellen Gould Sings, Guitar, Piano, Banjo, Fiddle AUD

9:00 • Pancakes with

Santa | DR 9:30 • Wii Bowling | AUD

11:00 • Current Events | ACR

1:00 • Billiards | BR

1:00 • Scrabble Game ATM

4:00 • Catholic Mass | AUD

7:00 • Cards | 3 FL CL

9:30 • Wii 16 Bowling | AUD

11:00 • Current Events | ACR

1:00 • Billiards | BR

1:00 • Scrabble Game | ATM

4:00 • Catholic Mass | AUD

7:00 • Cards | 3 FL CL 7:15 • Bob Pollack Holiday

Music | AUD

9:30 • Wii Bowling | AUD

11:00 • Current Events | ACR 1:00 • Billiards | BR

1:00 • Scrabble Game ATM

4:00 • Catholic Mass | AUD 7:00 • Cards | 3 FL CL

7:15 • Bill Roth Piano

9:30 • Wii

& Sings | AUD

30 Bowling | AUD 11:00 • Current Events | ACR

1:00 • Billiards | BR

1:00 • Scrabble Game ATM 4:00 • Catholic Mass | AUD

7:00 • Cards | 3 FL CL

7:15 • Full Moon Ranch Trio | AUD



"Each day offers a reason to celebrate. Find it and experience true bliss."

—Amy Leigh Mercree

EVENT RECAP

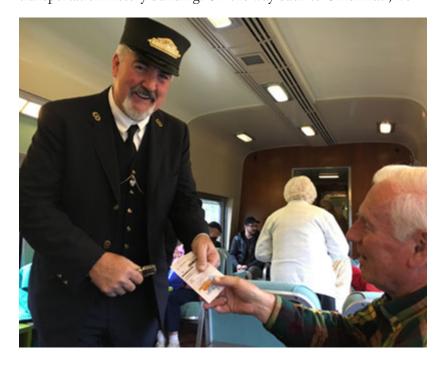
evergreen travels to west virginia for the new river gorge train trip

The Evergreen Travelers hopped on our bus to enjoyed an autumn getaway to Huntington, W.Va. There we took a journey aboard the marvelously restored historic train to view the beautiful fall foliage following the New River Gorge and participate in the Hinton Railroad Days Festival. We had premium tickets, so we were in the nicer club car and were served both breakfast and dinner in our car. Each of the 30 cars was different and it was fascinating to see them. Many a nostalgic story was told along the way. There was also live music on board singing old train songs. The three day trip also included a visit to the Heritage Village museum. We had docent guided tours of the many relocated log buildings loaded with historically chronological displays of different living vignettes from the pioneer days to the 1940s. We also visited the general store and transportation history building. On the way back to Cincinnati, we

stopped in Portsmouth to view the 2,000 feet of murals representing

200 years of history. It was wonderfully hand painted on the flood walls along the Ohio River. The weather was chilly, but the rain held off for just the right moments and the trees were just beginning their peak of color. Fun was had by all.







THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

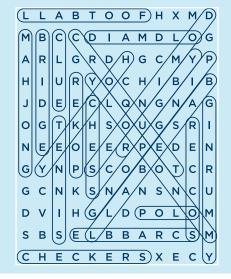
Congratulations to COURTNEY
PAYNE, our Employee of the Month
for December. Courtney has worked at
Evergreen for 15 years and has worked
here since she was 15 years old. She began
her career as a Dining Room Server,



Evergreen employee Courtney Payne

then worked as an Assisted Living Attendant, and is now currently the Home Health Scheduler. She has a great attitude and amazing work ethic. She comes to work each day with a smile on her face and a willingness to help where needed in her Department. In fact, she has helped to run the Home Health Department for the past few months until a new Manager was hired. Thank you Courtney, for your dedication; we are lucky to have you as part of our team.

TRAIN YOUR **BRAIN** solution



SENIOR LIFESTYLE





