

the **DECEMBER 2017** newsletter

Be *Inspired*

FOUNTAIN VIEW VILLAGE | a Senior Lifestyle community | FOUNTAIN HILLS, AZ 85268 | 480-836-5000

THIS MONTH'S *silver star*

IRENE FABENY

Irene Fabeny was born in Pittsburgh, Pa. When she was 19, her best friend set Irene up with her husband's best friend who was in the service and home on leave. It was love at first sight. The next time Steve came home on leave, they were married. Irene decided to cancel her schooling on the new IBM machines and travel with Steve as he flew B-17s in Louisiana, Nebraska, and Texas. In 1945, Steve was sent overseas for the war. Irene moved home with her father and sister. While there, she gave birth to their daughter, Patricia. Five years later, Steven Jr. was born. Steve told Irene they would someday live in Arizona and in 1959, the young family moved to the Arcadia area of Phoenix. Eventually, Irene worked for Motorola and stayed for 21 years. Steve had always wanted to build a home so after retirement, they moved to Punkin Center, just west of Roosevelt Lake, where they lived until Steve became ill. They sold their home and moved to a retirement area in Gilbert closer to their son in Prescott. The snow up north encouraged Steve to fulfill his goal of living in Fountain Hills. They were lucky enough to enjoy the opportunity to live on both sides of the beautiful Four Peaks Mountains. Before his passing in 2005, Steve and Irene enjoyed boating, fishing, water skiing, swimming, and socializing at Club Mirage. Irene is most proud of her two children, three grandsons, and two great-grandchildren. Fountain View Village was built in 2001. Irene always knew that someday she would live here. After one year of lonesome nights, Irene moved to Independent Living in 2007. Irene enjoys offering blood pressure checks on Thursdays. She's not a nurse, but was taught by the doctor (who provided this service prior) the importance of watching your blood pressure. Over the years, Irene has made many friends and has participated in more Brain Health University classes than any other resident to date. She is grateful for the kind and helpful staff, and thankful to live in a beautiful environment. These articles help bring us together and we realize what a small world we live in.



JOIN US THIS MONTH FOR *“it's a small world”*

“No act of kindness no matter how small is ever wasted.” — *Aesop*

As we participate in the holiday festivities and reflect on 2017, we all realize how truly fortunate we have been. Reach out to one another and get to know their story. You might be surprised how each of our lives are connected in one way or another. It's a small world, after all.



TRAIN YOUR BRAIN *search for games*

L	L	A	B	T	O	O	F	H	X	M	D	BASEBALL
M	B	C	C	D	I	A	M	D	L	O	G	BRIDGE
A	R	L	G	R	D	H	G	C	M	Y	P	CHECKERS
H	I	U	R	Y	O	C	H	I	B	I	B	CHES
J	D	E	E	C	L	Q	N	G	N	A	G	CLUE
O	G	T	K	H	S	O	U	G	S	R	I	CROQUET
N	E	E	O	E	E	R	P	E	D	E	N	DOMINOES
G	Y	N	P	S	C	O	B	O	T	C	R	FOOTBALL
G	C	N	K	S	N	A	N	S	N	C	U	GIN RUMMY
D	V	I	H	G	L	D	P	O	L	O	M	HOCKEY
S	B	S	E	L	B	B	A	R	C	S	M	MAHJONG
C	H	E	C	K	E	R	S	X	E	C	Y	MONOPOLY
												OLD MAID
												PING-PONG
												POKER
												POLO
												RUGBY
												SCRABBLE
												SOCCER
												TENNIS

IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

2017-2018

As the year comes to a close and the holidays roll in, we often reflect on the journeys we've shared as family, friends and community. No matter how vast our world may seem, we are all affected by the circumstance of others. The simplest gift we can offer one another is a smile — it can change our world. My wish for all of our Fountain View Village family is to have a happy and healthy end to an eventful 2017 and a beautiful beginning to 2018!

— Jennifer Nealon

BE INSPIRED

- CONNECT
- GROW
- CONTRIBUTE
- MOVE
- FEEL
- REFLECT

LOCATIONS

- **REQUIRES SIGN-UP — **
 *MEET IN LOBBY — L
 AL ACTIVITY ROOM — AL
 AL CHAPEL — ALC
 AL COURTYARD — C
 AL FOUNTAIN TEA ROOM — ALF
 AL SITTING ROOM — ALS
 AL TRAINING ROOM — ALT
 BISTRO — B
 CONFERENCE ROOM — Conf
 FITNESS CENTER — F
 FOUNTAIN (AL) DINING ROOM — FDR
 FOUR PEAKS (IL) ART ROOM — IL
 FOUR PEAKS (IL) DINING ROOM — FPDR
 GALLERY — G
 GENERAL STORE — GS
 IL CHAPEL — ILC
 IL COURTYARD — Pool
 IL PUZZLE ROOM — ILP
 IL SITTING ROOM — ILS
 MARICOPA ROOM — M
 PUB — P
 RESIDENT APARTMENT — RA
 THEATRE — T
 TOWN SQUARE — TS
 WEST-GAME ROOM, IL 1ST FLOOR — CR

TRANSPORTATION SCHEDULE

- MONDAY, WEDNESDAY & FRIDAY
 8 a.m.-5 p.m.
 Doctor Appointments
 TUESDAY & THURSDAY
 9 a.m.-5 p.m.
 Errands and Outings:
 Calendar Events Only
 48-HOUR NOTICE FOR ALL APPOINTMENTS PENDING DRIVER AVAILABILITY
 Transportation Will Be Confirmed By the Concierge 24 Hours In Advance

OFFICE HOURS

- MONDAY-FRIDAY
 7:45 a.m.-7:30 p.m.
 SATURDAY & SUNDAY
 9 a.m.-6 p.m.
 PHONE NUMBER: 480-836-5000

www.SeniorLifestyle.com
 Activities are subject to change



BIRTHDAYS THIS MONTH

ELEANOR CISAK, A149 — 5th JOHN PHILLIPS, C231 — 9th HOWARD LINVILLE, A41 — 10th CLARA KACYN, A130 — 16th GEORGE KNAVEL, C230 — 18th	NELS BAUMANN, A117 — 18th JOANNE WERNECKE, C316 — 22nd BETTY PANTUSO, A62 — 27th JOAN BOURGEOIS, A15 — 27th PATRICIA HUDSON, C146 — 28th
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<p>10:00 ● Movie Choice T 3</p> <p>1:00 ● Sunday Matinee: "Nothing Like the Holidays" T</p> <p>2:00 ● In-House Movie on Chnl 1960: "A Holiday Affair" RA</p> <p>2:30 ● Chapel Service ILC</p> <p>3:15 ● Trip: FH Community Chorus L</p> <p>3:30 ● Chapel Service ALC</p> <p>4:00 ● Puzzle Time ILP</p>	<p>7:00 ● Breakfast Buffet, 7-9 a.m. FPDR 4</p> <p>9:30 ● Sit & Fit, Move to the Music ALC</p> <p>10:30 ● Bingo Connection AL</p> <p>11:00 ● Resident Program Meeting P</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Movie: "Four Christmases" T</p> <p>1:30 ● One-on-One Visits RA</p> <p>2:00 ● Mexican Train, Dominoes ILP</p>	<p>8:30 ● Art with Eddie IL 5</p> <p>9:00 ● My Weekly Errands L</p> <p>9:30 ● Sit & Fit, Move to the Music ALC</p> <p>10:30 ● Bingo Connection AL</p> <p>11:30 ● Trip: Fort McDowell Casino L</p> <p>1:00 ● Gin Rummy CR</p> <p>1:00 ● Caring Friendship Group AL</p> <p>1:30 ● Rummikub ILP</p> <p>3:00 ● RX Matters TS</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 6</p> <p>10:30 ● Communion ALC</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Euchre ILP</p> <p>1:00 ● Act of Kindness in Our Small World GS</p> <p>1:30 ● Pretty Nails AL</p> <p>4:00 ● Happy Hour with Dallas West TS</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 7</p> <p>10:15 ● FVV Book Club G</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Hydration Station RA</p> <p>1:00 ● Gin Rummy CR</p> <p>1:00 ● Blood Pressure Checks F</p> <p>2:15 ● Birthday Bash B</p> <p>3:00 ● Marketing Event: Yappy Hour TS</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 8</p> <p>10:00 ● Menu Chat FPDR</p> <p>10:30 ● Bingo Connection AL</p> <p>11:00 ● You've Got Your Nerve; Movement Disorder Group G</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Movie: "The Circle" T</p> <p>2:30 ● Stockings & Snowmen Door Decor AL</p> <p>6:00 ● Trip: Winter Wonder at Scottsdale Bible Church L</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 9</p> <p>10:30 ● Bingo Connection AL</p> <p>11:45 ● Girl Scout Carolers FDR</p> <p>1:00 ● Movie: "The Circle" T</p> <p>2:00 ● Shoot the Ball, Billiards Anyone? P</p> <p>4:00 ● Puzzle Mania ILP</p> <p>6:00 ● In House Movie on Channel 1960 RA</p>
<p>10:00 ● Movie Choice T 10</p> <p>1:00 ● Sunday Matinee: "The Family Stone" T</p> <p>2:00 ● Movie: Chnl 1960 "New in Town" RA</p> <p>2:30 ● Chapel Service ILC</p> <p>3:30 ● Chapel Service ALC</p> <p>4:00 ● Puzzle Time ILP</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 11</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Movie: "Elf" T</p> <p>1:30 ● One-on-One Visits RA</p> <p>2:00 ● Hair Tinsel AL</p> <p>3:30 ● Bunko B</p>	<p style="text-align: center;">HANUKKAH STARTS AT SUNSET 12</p> <p>8:30 ● Art with Eddie IL</p> <p>9:00 ● My Weekly Errands L</p> <p>9:30 ● Sit & Fit, Move to the Music ALC</p> <p>10:30 ● Bingo Connection AL</p> <p>12:00 ● Art with Eddie IL</p> <p>1:00 ● Gin Rummy CR</p> <p>1:30 ● Bible Study ALC</p> <p>3:30 ● The Great Pretenders TS</p> <p>5:00 ● Hanukkah Sufganiyot TS</p> <p>5:30 ● Lighting of the Menorah TS</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 13</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Beginner Euchre ILP</p> <p>1:00 ● Satin Hands AL</p> <p>1:30 ● Pretty Nails AL</p> <p>4:00 ● Happy Hour with O'Boyles TS</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 14</p> <p>10:15 ● Trip: Small Town Tour L</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Hydration Station RA</p> <p>1:00 ● Gin Rummy CR</p> <p>1:00 ● Blood Pressure Checks F</p> <p>2:00 ● Local Outings **</p> <p>2:00 ● Ice Cream and Decorate Cookies B</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 15</p> <p>10:00 ● Hearing Solutions F</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● 20/20 Eyeglass Cleaning TS</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Movie: "Believe" T</p> <p>3:30 ● Joyful Sounds TS</p> <p>6:00 ● Dinner in M</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 16</p> <p>10:30 ● Bingo Connection AL</p> <p>1:00 ● Movie: "Believe" T</p> <p>2:00 ● Shoot the Ball, Billiards Anyone? P</p> <p>4:00 ● Puzzle Mania ILP</p> <p>6:00 ● In House Movie on Channel 1960 RA</p>
<p>10:00 ● Movie Choice T 17</p> <p>1:00 ● Sunday Matinee: "Love Actually" T</p> <p>2:00 ● In-House Movie: Chnl 1960: "Holiday Affair" RA</p> <p>2:30 ● Chapel Service ILC</p> <p>3:30 ● Chapel Service ALC</p> <p>4:00 ● Puzzle Time ILP</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 18</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● FHCHE Music Performance TS</p> <p>1:00 ● Monday Matinee: "Christmas Vacation" T</p> <p>1:30 ● One-on-One Visits RA</p> <p>2:00 ● Mexican Train, Dominoes ILP</p> <p>5:30 ● Trip: Zoo Lights L</p>	<p>8:30 ● Art with Eddie IL 19</p> <p>9:00 ● My Weekly Errands L</p> <p>9:30 ● Sit & Fit, Move to the Music ALC</p> <p>10:30 ● Bingo Connection AL</p> <p>11:30 ● Trip: Talking Stick Casino L</p> <p>1:00 ● Trip: Target/Dollar Tree L</p> <p>1:00 ● Gin Rummy CR</p> <p>1:30 ● Rummikub ILP</p> <p>2:00 ● Pet Dr. Visits RA</p> <p>3:00 ● Holiday Singalong TS</p> <p>6:00 ● Trip: Holiday Lights of FH L</p>	<p>9:00 ● New Resident Breakfast M 20</p> <p>9:30 ● Sit & Fit, Move to the Music ALC</p> <p>10:30 ● Communion ALC</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Euchre ILP</p> <p>1:30 ● Pretty Nails AL</p> <p>4:00 ● Happy Hour with Gene Mann TS</p>	<p style="text-align: center;">WINTER BEGINS 21</p> <p>9:30 ● Sit & Fit, Move to the Music ALC</p> <p>10:30 ● Bingo Connection AL</p> <p>10:30 ● AL/IL Resident Council P</p> <p>11:00 ● Trip: PV Mall L</p> <p>12:30 ● Hydration Station RA</p> <p>1:00 ● Blood Pressure Checks F</p> <p>1:00 ● Gin Rummy CR</p> <p>2:00 ● Ice Cream Cones B</p> <p>3:00 ● Village Epicureans ILC</p> <p>5:30 ● Trip: Winter Wonderland L</p>	<p style="text-align: center;">NO BINGO AL 22</p> <p>9:30 ● Sit & Fit, Move to the Music ALC</p> <p>10:00 ● Menu Chat FPDR</p> <p>10:30 ● McDowell Mountain Preschoolers, Holiday Program TS</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Movie: "Christmas Eve" T</p> <p>3:00 ● White Elephant Gift Exchange TS</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 23</p> <p>10:30 ● Bingo Connection AL</p> <p>1:00 ● Movie: "Christmas Eve" T</p> <p>2:00 ● Shoot the Ball, Billiards Anyone? P</p> <p>3:00 ● Barbershop Quartet TS</p> <p>4:00 ● Puzzle Mania ILP</p> <p>6:00 ● In House Movie on Channel 1960 RA</p>
<p style="text-align: center;">CHRISTMAS EVE 24</p> <p>● DINING HOURS: 11 A.M. TO 4 P.M.</p> <p>10:00 ● Movie Choice T</p> <p>1:00 ● Sunday Matinee: "Last Holiday" T</p> <p>2:00 ● In-House Movie on Chnl 1960: "This Christmas" RA</p> <p>2:30 ● Chapel Service ILC</p> <p>3:30 ● Chapel Service ALC</p> <p>4:00 ● Puzzle Time ILP</p>	<p style="text-align: center;">CHRISTMAS 25</p> <p>● DINING HOURS: 11 A.M. TO 4 P.M.</p> <p>8:00 ● Disney Parks Magical Christmas Celebration on ABC RA</p> <p>10:00 ● Garden Stroll Pool</p> <p>1:00 ● Movie: "The Nativity Story" T</p> <p>3:00 ● Puzzle Time AL</p> <p>5:00 ● Social Visits with Friends P</p>	<p>8:30 ● Art with Eddie IL 26</p> <p>9:00 ● My Weekly Errands L</p> <p>9:30 ● Sit & Fit, Move to the Music ALC</p> <p>10:30 ● Bingo Connection AL</p> <p>11:30 ● Lunch Out: Lakeshore Restaurant at Saguaro Lake L</p> <p>12:00 ● Art with Eddie IL</p> <p>1:00 ● Gin Rummy CR</p> <p>1:30 ● Bible Study ALC</p> <p>3:00 ● Game: Apples to Apples AL</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 27</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Beginner Euchre ILP</p> <p>1:30 ● Pretty Nails AL</p> <p>4:00 ● Happy Hour with Dave Karl TS</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 28</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Hydration Station RA</p> <p>1:00 ● Gin Rummy CR</p> <p>1:00 ● Blood Pressure Checks F</p> <p>2:00 ● What's the Scoop? B</p> <p>2:30 ● Game: Up the River P</p> <p>4:30 ● Resident Regional Dining M</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 29</p> <p>10:30 ● Bingo Connection AL</p> <p>12:30 ● Water Workout Pool</p> <p>1:00 ● Movie: "The Lost City of Z" T</p> <p>2:30 ● It's a Small World, Miniatures TS</p>	<p>9:30 ● Sit & Fit, Move to the Music ALC 30</p> <p>10:30 ● Bingo Connection AL</p> <p>1:00 ● Movie: "The Lost City of Z" T</p> <p>2:00 ● Shoot the Ball, Billiards Anyone? P</p> <p>4:00 ● Puzzle Mania ILP</p> <p>6:00 ● In House Movie on Channel 1960 RA</p>

NEW YEAR'S EVE **31**

10:00 ● **Movie Choice** | T

2:30 ● **Chapel Service** | ILC

3:30 ● **Chapel Service** | ALC

3:30 ● **New Year's Eve Celebration with Joan Martin** | TS

4:00 ● **Puzzle Time** | ILP

5:00 ● **2017 A Year in Review** | TS



"Each day offers a reason to celebrate. Find it and experience true bliss."
 —Amy Leigh Mercree

EVENT RECAP

tasty treats

One of our favorite senses is our sense of taste. In October, we learned about the flavors our tongue captures, combined with our sense of smell and how they create the natural flavors we enjoy. Because it's on the tip of our tongue, we taste sweet first. The basic tastes of sweet, salty, sour, and bitter make up the zones on our tongue. We are thankful for our residents who like to participate in activities and capture an opportunity to learn something new, or at least enjoy tasty treats of the seasons among friendly people.



REMEMBERING 2017



MANAGEMENT TEAM

Jennifer Nealon, *Executive Director*
 Teri Larson, *Director of Resident Programs*
 Penny McKean, *Business Office Manager*
 Cheryl Maguire, *Director of Sales & Marketing*
 James Rhodes, *Dining Services Director*
 Marc Hardie, *Associate Director of Dining Services*
 Ann Ellis, RN, BSN, *Director of Nursing Wellness*
 Johnie Belville, *Director of Plant Operations*
 Adriana Andreeva, RN, *Health and Wellness Director*
 Melanie Bartola, *Administrator*
 Ron Waldo, *Sales Counselor*
 Camille Lopez, RN, *Wellness Nurse*

THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

ROGER JOHNSON grew up on a farm outside of Willmar, Minn. When he turned 18, he attended vocational school for auto mechanics. He worked for Northwest Airlines in Minneapolis for several years, but liked the small-town feel and moved back. He was employed by the power plant for 10 years and the public works department for 24 years in the City of Willmar (a town similar in size to Fountain Hills). Roger raised three children — Tim, Liisa, and Amy. When his life took a different direction, he moved to Fountain Hills in 2003 with his wife, Lisa. Here he raised two more children — Meghann and Alex. He is very proud of his eight grandchildren and three great-grandchildren. Roger has had many hobbies over the years, including golfing, fishing, hunting, and racing cars on a dirt track. He sang in a barbershop quartet for 35 years, sang in a comedy quartet for seven years, and gave a comical report at 7:20 a.m. each morning on a local radio station, impersonating Ole, Lena, Sven, and Lars in the Wisconsin/Minnesota area. Roger bicycled from the State of Washington down the coast of Oregon to the Redwood Forest — 460 miles in six days! At age 55, Roger ran a marathon in Duluth, Minn. in four-and-a-half hours. Roger came out of retirement in 2004 to drive bus trips for FVV. His sense of humor is enjoyed by many. He took a short break when his youngest son attended the University of Montana and lived in Missoula for a year. He returned in 2016 and enjoys being with residents, hearing their stories, playing gin rummy and euchre, and appreciates the friendships he has acquired with residents and coworkers in a community that feels like family.



TRAIN YOUR BRAIN solution

