

JOIN US THIS MONTH FOR

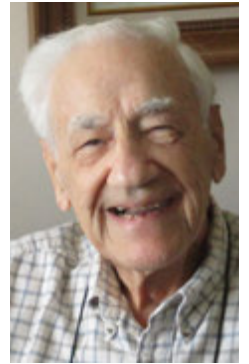
happy new year's band and dancing

Help us bring in the New Year with music and dancing on Dec 31. Then, on Jan. 1, you can start out your New Year's resolutions! But for now, resolve to attend this fun concert and dance on Sunday, Dec. 31. You'll be glad you did. Who is performing? The Mike Knauf Swing Quartet! They'll perform the songs you grew up with. So, go back in time and enjoy as we look back on 2017 and forward to 2018.

THIS MONTH'S *silver star*

MICKEY ELLYNE

Mickey Ellyne grew up on the west side of Chicago and attended Marshall High School. He served in the Army for four years as a medic earning the rank of Staff Sergeant. After training in the U.S., he went to Scotland and England and then Omaha Beach after the invasion — always following the action and setting up hospitals near airports. When asked what he did as a medic, he said, "just about everything except surgeries." He was in Paris on Liberation Day. "What a parade they had!" He was in England on V.E. Day. When his ship was planning to go through the Panama Canal, the war ended, and they went to New York where everyone was celebrating! "It was thrilling just to be there!"



After the war, he went on a blind date that his sister set up with a young lady named Ruth. They dated for about a year and a half before they got married. They were married for 67 years. Mickey and Ruth had four children: Jody, Mark, Lisa and Darcie. Ruth died at the age of 90 after being quite sick. Mickey also has eight grandchildren and one great-grandchild.

Mickey worked for a printing company for 40 years, ending as a manager of a shop with 200 employees. He loved his job and worked long hours six days a week. "I took Sunday off so I could mow the lawn." He finally retired at the age of 70. After retirement, he and his wife kept busy traveling all over the world, golfing, playing bridge and visiting family. They lived in Florida during the four winter months each year.

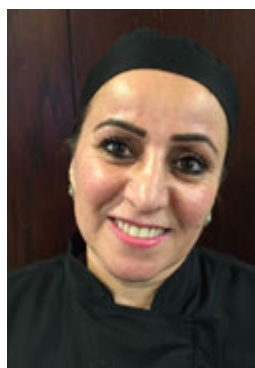
When you visit Mickey's apartment, you'll see that he loves his family as you see the dozens of pictures on the walls, dressers and even the refrigerator. He also loves art as you see artwork from around the world. He loves watching good war movies and listening to good music as you see his DVD collection and his iPod. He still has his own office where he spends time on his computer daily. Mickey also likes to get out and drive himself to shop or to various appointments. Mickey is 100 years young.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

For the past 18 years, LOULO has made thousands of nourishing and delicious breakfasts for all of the residents who have lived at Lincolnwood Place. She gets here before the sun comes up, rolls up her sleeves, and starts baking, scrambling and chopping. She prepares about 200 breakfasts each morning, for all of our residents. In addition to being a dedicated and hard-working employee, she also does it with a smile and great sense of humor. And whenever anyone asks her for something, her answer is always, "Yes!" Her duties are always done on time and she will do anything extra when asked. After breakfast is over, she then prepares and serves lunch to everyone. Loulo surely is a part of our Lincolnwood Place family and she deserves to be the HEART Hero of the Month!



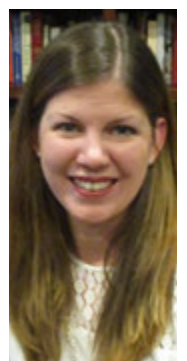
WORD FROM YOUR *executive director*

HOLIDAY CELEBRATIONS

2017 has been full of excitement, laughter, tears, new beginnings, old friends and celebration. Much like every year, we look to the future with reservation and anticipation of what the new year will bring. I am happy I have been given the opportunity to spend this year with you and look forward to the year ahead of us.

I want to wish each of you and your families the best of this holiday season and a very happy new year!

Sincerely,
Autumn



MANAGEMENT TEAM

Autumn Fuesz,
Executive Director

Mike Fehland, *Director of Resident Programs*

Victor Rios, *Director of Resident Services*

Amy Kraabel, *Director of Sales & Marketing*

Alice Han, *Director of Nursing Wellness*

Marissa Zahiruddin,
Dining Room Manager

Andrew Burke,
Administrator

Gary Resis, *Human Resource Director*

SENIOR LIFESTYLE
FAMILY-OWNED COMMUNITIES



assisted living

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ACTIVITY ROOM ON 2ND FLOOR — A2
- COURTYARD PATIO — CP
- DINING ROOM ON THE 1ST FLOOR — D1
- DINING ROOM ON THE 2ND FLOOR — D2
- LIBRARY ON THE 2ND FLOOR — Lib
- LINCOLNWOOD PLACE -INDEPENDENT LIVING — LWP
- LOBBY AREA ON 2ND FLOOR — L2
- TV ROOM ON 1ST FLOOR — TV1
- TV ROOM ON 2ND FLOOR — TV2

SENIOR LIFESTYLE MISSION

“To become the trusted leader in senior living services by creating great places to work and great places to live.”

SENIOR LIFESTYLE

*EMBRACE life.
 EMBRACE moments.
 EMBRACE connection.*

SENIOR LIFESTYLE VALUES

Hospitality, Excellence, Appreciation, Respect, & Teamwork

							9:00 ● Strength & Stretch Exercise TV2 1	9:00 ● Strength & Stretch Exercise TV2 2							
9:00 ● Get Fit While You Sit, That's It! TV2 3	9:00 ● Strength & Stretch Exercise TV2 4	9:00 ● Movement & More TV2 5	9:00 ● Strength & Stretch Exercise TV2 6	9:00 ● Movement & More TV2 7	9:00 ● Strength & Stretch Exercise TV2 8	9:00 ● Strength & Stretch Exercise TV2 9	9:00 ● Strength & Stretch Exercise TV2 10	9:00 ● Strength & Stretch Exercise TV2 11	9:00 ● Strength & Stretch Exercise TV2 12	9:00 ● Strength & Stretch Exercise TV2 13	9:00 ● Movement & More TV2 14	9:00 ● Strength & Stretch Exercise TV2 15	9:00 ● Strength & Stretch Exercise TV2 16		
10:00 ● Crossword Puzzle & Word Games TV2	10:00 ● Word Searches A2	10:00 ● TED Talks with Mike TV2	10:00 ● Hangman L2	10:00 ● Thursday Trivia L2	10:00 ● Musical Memories with Pierre TV2	10:00 ● Word Games & Puzzles A2	10:00 ● Crossword Puzzle & Word Games TV2	10:00 ● Crossword Puzzles TV2	HANUKKAH STARTS AT SUNSET 12	10:00 ● Scattergory Category Puzzles L2	10:00 ● Thursday Trivia L2	10:00 ● Musical Memories with Pierre TV2	10:00 ● Word Search & Puzzles A2		
11:00 ● Blackjack: Free with 1 prize winner A2	11:00 ● Catholic Mass LWP	11:00 ● Yahtzee A2	11:00 ● Yan Skladman: Piano L2	11:00 ● Music Therapy: Songs by Heart L2	11:00 ● Short Story Club TV2	11:00 ● Bingo: Free with 3 prize winners A2	11:00 ● Blackjack: Free with 1 prize winner A2	11:00 ● Catholic Mass LWP	11:00 ● Hanukkah & Christmas Crafts A2	11:00 ● Mihai Vlad: Violin L2	12:15 ● Lunch Outing: Bakers Square	11:00 ● Morning Chat & Plan Next Week TV2	11:00 ● Bingo: Free with 3 prize winners A2		
2:00 ● Ice Cream Cart and 1 to 1 visits	2:00 ● B I N G O for all TV1	2:00 ● Switchback: Singing Duo LWP	2:00 ● Jigsaw Puzzles D1	1:30 ● Sunday Drive on Thursday afternoon	2:00 ● Toss Games TV1	2:30 ● Heather Braoudakis: Singing L2	2:00 ● Ice Cream Cart and 1 to 1 visits	3:00 ● Drinks & Drawing TV1	2:00 ● Celebrating Hanukkah TV1	2:00 ● Movie Matinee TV1	2:00 ● Thursday Matinee Movie TV2	2:00 ● Movie Matinee TV2	2:30 ● Marina Ozaki: Piano & Singalong L2		
3:00 ● Sunday Matinee TV2	4:05 ● Singalong with Mike TV1	2:00 ● Movie Matinee TV2	3:00 ● High Tea D1	2:00 ● Thursday Matinee Movie TV2	3:00 ● Social Hour TV1	4:00 ● Reminiscence Social Hour A2	3:00 ● Sunday Matinee TV2	4:05 ● Singalong with Mike TV1	3:00 ● Chips & Salsa A2	3:00 ● High Tea D1	4:00 ● Lighting of Hanukkah Candle TV1	3:00 ● Social Hour TV2	4:00 ● Reminiscence Social Hour A2		
6:30 ● Documentary Movie TV2	6:30 ● Monday Night Movie TV2	4:00 ● Spa Time TV2	4:00 ● Cranium Crunches TV1	4:00 ● Mind Benders TV1	4:30 ● Sabbath Service with Rabbi Bossov L2	6:30 ● Saturday Night Movie TV2	6:30 ● Documentary Movie TV2	6:30 ● Monday Night Movie TV2	4:00 ● Lighting of Hanukkah Candle TV1	4:00 ● Lighting of Hanukkah Candle TV1	6:30 ● Words, Words, Words TV2	6:30 ● "Wheel of Fortune" Ch. 7 TV2	6:30 ● Saturday Night Movie TV2		
9:00 ● Get Fit While You Sit, That's It! TV2 10	9:00 ● Strength & Stretch Exercise TV2 11	9:00 ● Movement & More TV2 12	9:00 ● Strength & Stretch Exercise TV2 13	9:00 ● Movement & More TV2 14	9:00 ● Strength & Stretch Exercise TV2 15	9:00 ● Strength & Stretch Exercise TV2 16	9:00 ● Get Fit While You Sit, That's It! TV2 17	9:00 ● Strength & Stretch Exercise TV2 18	9:00 ● Movement & More TV2 19	9:00 ● Strength & Stretch Exercise TV2 20	9:00 ● Movement & More TV2 21	9:00 ● Strength & Stretch Exercise TV2 22	9:00 ● Strength & Stretch Exercise TV2 23		
10:00 ● Crossword Puzzle & Word Games TV2	10:00 ● Word Searches A2	10:00 ● Word Games TV2	10:00 ● Hangman L2	10:00 ● Thursday Trivia L2	10:00 ● Musical Memories with Pierre TV2	10:00 ● Word Search & Puzzles A2	10:00 ● Crossword Puzzle & Word Games TV2	10:00 ● Word Searches A2	10:00 ● TED Talks with Mike TV2	10:00 ● Hangman L2	10:00 ● Thursday Trivia L2	10:00 ● Musical Memories with Pierre TV2	10:00 ● Word Search & Puzzles A2		
11:00 ● Mental Aerobics: Mind Games 4U2do A2	11:00 ● Sue's Party Animals TV1	11:00 ● Hanukkah & Christmas Crafts A2	11:00 ● Steve Justman: Guitar L2	11:00 ● Music Therapy: Songs by Heart L2	11:00 ● Morning Chat & Plan Next Week TV2	11:00 ● Bingo: Free with 3 prize winners A2	11:00 ● Blackjack: Free with 1 prize winner A2	11:30 ● Storyteller Sandy Bertrand L2	11:00 ● Card Game: UNO! TV2	11:00 ● Steve Justman: Guitar L2	1:30 ● Sunday Drive on Thursday afternoon	11:00 ● Morning Chat & Plan Next Week TV2	11:00 ● Bingo: Free with 3 prize winners A2		
2:00 ● Ice Cream Cart and 1 to 1 visits	2:00 ● B I N G O for all TV1	2:00 ● Celebrating Hanukkah TV1	2:00 ● Card Games D1	1:30 ● Sunday Drive on Thursday afternoon	2:00 ● Quilt Making A2	2:30 ● Warren Moulton: Opera Singer L2	2:00 ● Ice Cream Cart and 1 to 1 visits	2:00 ● B I N G O for all TV1	2:00 ● Fan Tan A2	2:00 ● Card Games D1	2:00 ● Thursday Matinee Movie TV2	2:00 ● Quilt Making A2	2:30 ● Marina Ozaki: Piano & Singalong L2		
3:00 ● Sunday Matinee TV2	3:00 ● Drinks & Drawing TV1	3:00 ● Chips & Salsa A2	3:00 ● Cooking with Moika D1	2:00 ● Thursday Matinee Movie TV2	3:00 ● Crazy Question Social Hour TV1	4:00 ● Reminiscence Social Hour A2	3:00 ● Sunday Matinee TV2	3:00 ● Drinks & Drawing TV1	3:15 ● Men's Group Lib	3:00 ● Cooking with Moika D1	4:00 ● Sabbath Service with Rabbi Bossov L2	3:00 ● Crazy Question Social Hour TV1	4:00 ● Reminiscence Social Hour A2		
4:00 ● Lighting of Hanukkah Candle TV1	4:00 ● Lighting of Hanukkah Candle TV1	4:00 ● Lighting of Hanukkah Candle TV1	4:00 ● Lighting of Hanukkah Candle TV1	4:00 ● Lighting of Hanukkah Candle TV1	4:30 ● Sabbath Service with Rabbi Bossov L2	6:30 ● Saturday Night Movie TV2	4:00 ● Lighting of Hanukkah Candle TV1	4:00 ● Lighting of Hanukkah Candle TV1	4:00 ● Lighting of Hanukkah Candle TV1	4:00 ● Lighting of Hanukkah Candle TV1	6:30 ● Words, Words, Words TV2	4:30 ● Sabbath Service with Rabbi Bossov L2	4:00 ● Reminiscence Social Hour A2		
6:30 ● Documentary Movie TV2	6:30 ● Monday Night Movie TV2	6:30 ● "Wheel of Fortune" Ch. 7 A2	6:30 ● My Life Story A2	6:30 ● My Life Story A2	6:30 ● "Wheel of Fortune" Ch. 7 TV2	6:30 ● Saturday Night Movie TV2	6:30 ● Documentary Movie TV2	6:30 ● Monday Night Movie TV2	6:30 ● "Wheel of Fortune" Ch. 7 A2	6:30 ● My Life Story A2	6:30 ● Words, Words, Words TV2	6:30 ● "Wheel of Fortune" Ch. 7 TV2	6:30 ● Saturday Night Movie TV2		
CHRISTMAS EVE 24	CHRISTMAS 25	26	27	28	29	30	CHRISTMAS EVE 24	CHRISTMAS 25	26	27	28	29	30		
9:00 ● Get Fit While You Sit, That's It! TV2	9:00 ● Strength & Stretch Exercise TV2	9:00 ● Movement & More TV2	9:00 ● Strength & Stretch Exercise TV2	9:00 ● Movement & More TV2	9:00 ● Strength & Stretch Exercise TV2	9:00 ● Strength & Stretch Exercise TV2	9:00 ● Get Fit While You Sit, That's It! TV2	9:00 ● Strength & Stretch Exercise TV2	9:00 ● Movement & More TV2	9:00 ● Strength & Stretch Exercise TV2	9:00 ● Movement & More TV2	9:00 ● Strength & Stretch Exercise TV2	9:00 ● Strength & Stretch Exercise TV2		
10:00 ● Crossword Puzzle & Word Games TV2	10:00 ● Crossword Puzzles TV2	10:00 ● Word Games TV2	10:00 ● Scattergory Category Puzzles L2	10:00 ● Thursday Trivia L2	10:00 ● Musical Memories with Pierre TV2	10:00 ● Word Games & Puzzles A2	10:00 ● Crossword Puzzle & Word Games TV2	10:00 ● Crossword Puzzles TV2	10:00 ● Word Games TV2	10:00 ● Scattergory Category Puzzles L2	10:00 ● Thursday Trivia L2	10:00 ● Musical Memories with Pierre TV2	10:00 ● Word Games & Puzzles A2		
11:00 ● Mental Aerobics: Mind Games 4U2do A2	11:00 ● Christmas Music TV2	11:00 ● Card Making A2	11:00 ● Jim Kendros: Piano TV1	11:00 ● Music Therapy: Songs by Heart L2	11:00 ● Morning Chat & Plan Next Week TV2	11:00 ● Bingo: Free with 3 prize winners A2	11:00 ● Mental Aerobics: Mind Games 4U2do A2	11:00 ● Christmas Music TV2	11:00 ● Jigsaw Puzzles A2	11:00 ● Jim Kendros: Piano TV1	12:15 ● Lunch Outing: Longhorn Steakhouse	11:00 ● Morning Chat & Plan Next Week TV2	11:00 ● Bingo: Free with 3 prize winners A2		
2:00 ● Ice Cream Cart and 1 to 1 visits	2:00 ● Elves Bingo TV1	2:00 ● Jigsaw Puzzles A2	2:00 ● Rummikub D1	1:30 ● Sunday Drive on Thursday afternoon	2:00 ● Toss Games TV1	2:30 ● Warren Moulton: Opera Singer L2	2:00 ● Ice Cream Cart and 1 to 1 visits	2:00 ● Elves Bingo TV1	3:00 ● Chips & Salsa A2	2:00 ● Rummikub D1	2:00 ● Thursday Matinee Movie TV2	2:00 ● Toss Games TV1	2:30 ● Marina Ozaki: Piano & Singalong L2		
3:00 ● Sunday Matinee TV2	3:00 ● Christmas Movie TV2	3:00 ● Chips & Salsa A2	3:00 ● High Tea D1	2:00 ● Thursday Matinee Movie TV2	3:00 ● Social Hour TV1	4:00 ● Reminiscence Social Hour A2	3:00 ● Sunday Matinee TV2	3:00 ● Christmas Movie TV2	4:00 ● Spa Time TV2	3:00 ● High Tea D1	4:00 ● Sabbath Service with Rabbi Bossov L2	3:00 ● Social Hour TV1	4:00 ● Reminiscence Social Hour A2		
6:30 ● Documentary Movie TV2	6:30 ● Monday Night Movie TV2	4:00 ● Spa Time TV2	4:00 ● Math Quiz TV1	4:00 ● Mind Benders TV1	4:30 ● Sabbath Service with Rabbi Bossov L2	6:30 ● Saturday Night Movie TV2	6:30 ● Documentary Movie TV2	6:30 ● Monday Night Movie TV2	6:30 ● "Wheel of Fortune" Ch. 7 A2	4:00 ● Math Quiz TV1	6:30 ● Words, Words, Words TV2	4:30 ● Sabbath Service with Rabbi Bossov L2	4:00 ● Reminiscence Social Hour A2		
NEW YEAR'S EVE 31							30	NEW YEAR'S EVE 31							30
9:00 ● Get Fit While You Sit, That's It! TV2							9:00 ● Strength & Stretch Exercise TV2	9:00 ● Get Fit While You Sit, That's It! TV2							9:00 ● Strength & Stretch Exercise TV2
10:00 ● Crossword Puzzle & Word Games TV2							10:00 ● Crossword Puzzle & Word Games TV2	10:00 ● Crossword Puzzle & Word Games TV2							10:00 ● Crossword Puzzle & Word Games TV2
11:00 ● Blackjack: Free with 1 prize winner A2							11:00 ● Blackjack: Free with 1 prize winner A2	11:00 ● Blackjack: Free with 1 prize winner A2							11:00 ● Blackjack: Free with 1 prize winner A2
2:00 ● New Year's Eve Ice Cream Social L2							2:00 ● New Year's Eve Ice Cream Social L2	2:00 ● New Year's Eve Ice Cream Social L2							2:00 ● New Year's Eve Ice Cream Social L2
3:00 ● Sunday Matinee TV2							3:00 ● Sunday Matinee TV2	3:00 ● Sunday Matinee TV2							3:00 ● Sunday Matinee TV2
6:30 ● Documentary Movie TV2							6:30 ● Documentary Movie TV2	6:30 ● Documentary Movie TV2							6:30 ● Documentary Movie TV2

“Each day offers a reason to celebrate. Find it and experience true bliss.”
 —Amy Leigh Mercree