the DECEMBER 2017 newsletter Beinspired

LINCOLNWOOD PLACE | a Senior Lifestyle community | LINCOLNWOOD, IL 60712 | 847-673-7166

THIS MONTH'S *silver star*

100 YEARS ... YOUNG!

Mickey Ellyne grew up on the west side of Chicago and attended Marshall High School. He served in the Army for four years as a medic earning the rank of Staff Sergeant. After training in the U.S., he went to Scotland and England and then Omaha beach after the invasion — always following the action and setting up hospitals near airports. When asked



what he did as a medic, he said, "Just about everything except surgeries." He was in Paris on Liberation Day. "What a parade they had!" He was in England on V.E. Day. When his ship was planning to go through the Panama Canal, the war ended, and they went to New York where everyone was celebrating! "It was thrilling just to be there!"

After the war, he went on a blind date that his sister set up with a young lady named Ruth. They dated for about a year and a half before they got married. They were married for 67 years. Mickey and Ruth had four children: Jody, Mark, Lisa and Darcie. Ruth died at the age of 90 after being quite sick. Mickey also has eight grandchildren and one great-grandchild.

Mickey worked for a printing company for 40 years, ending as a manager of a shop with 200 employees. He loved his job and worked long hours six days a week. "I took Sunday off so I could mow the lawn." He finally retired at the age of 70. After retirement, he and his wife kept busy traveling all over the world, golfing, playing bridge and visiting family. They lived in Florida during the four winter months each year.

When you visit Mickey's apartment, you'll see that he loves his family as you see the dozens of pictures on the walls, dressers and even the refrigerator. He also loves art as you see artwork from around the world. He loves watching good war movies and listening to good music as you see his DVD collection and his iPod. He still has his own office where he spends time on his computer daily. Mickey also likes to get out and drive himself to shop or to various appointments. Mickey is 100 years young.

IT'S OUR PLEASURE TO SERVE YOU ... word from your executive director

HAPPY HOLIDAYS!

2017 has been full of excitement, laughter, tears, new beginnings, old friends and celebration. Much like every year, we look to the future with reservation and anticipation of what the new year will bring. I am happy I have been given the opportunity to spend this year with you and look forward to the year ahead of us.

I want to wish each of you and your families the best of this holiday season and a very happy new year!

Sincerely, Autumn



JOIN US THIS MONTH FOR happy new year's band and dancing

Help us bring in the New Year with music and dancing on Dec. 31. Then, on Jan. 1, you can start out your New Year's resolutions! But for now, resolve to attend this fun concert and dance on Sunday, Dec. 31. You'll be glad you did. Who is performing? The Mike Knauf Swing Quartet! They'll perform the songs you grew up with. So, go back in time and enjoy as we look back on 2017 and forward to 2018.



TRAIN YOUR **BRAIN** search for games



calendar & activities DEC 2017

BE INSPIRED

- CONNECT GROW
- CONTRIBUTE MOVE
- FEEL REFLECT

LOCATIONS

ART STUDIO APARTMENT -ASAUDITORIUM I - AI AUDITORIUM II - A2 BILLIARDS ROOM -BRCARD ROOM -CRCOURTYARD -CDINING ROOM -DRFITNESS CENTER -FCGAME ROOM -GRLIBRARY -LLOBBY - LBMAIL ROOM -MRNEAR ELEVATORS ON DESIGNATED FLOOR $-EV_{-}$ THE MANOR-ASSISTED LIVING LOBBY ON $2 - TM_2$ THE PUB -PWELLNESS CENTER - WC

TRANSPORTATION SCHEDULE

MONDAY, TUESDAY & FRIDAY: 9 A.M.-3:30 P.M. Medical Transport

WEDNESDAY: 8:45-9:45 A.M. General Errands: Banks, Cleaners, Etc.

WEDNESDAY: 10-11:45 A.M. Trip to Walmart and Mariano's

WEDNESDAY & SUNDAY: 12:30-4 P.M. Scheduled Outings (See Activity Calendar)

THURSDAY: 8:35-10 A.M. Jewel-Osco

THURSDAY: 10:15-11:30 A.M. Lincolnwood Town Center, Walgreens, Target

THURSDAY: 12:30-4 P.M. Scheduled Outing for the Manor-See Activity Schedule SUNDAY: 10:15 A.M.-NOON Mass At Queen of All Saints

www.SeniorLifestyle.com Activities are subject to change

7	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CT ASA						 10:00 • Genesis Fitness A2 1:00 • Genesis Balance Class A1 2:00 • Short Story Club CR 2:00 • Matinee Movie: See Flyer A1 2:15 • Bingo A2 2:30 • Fabulous Friday Happy Hour! P 7:00 • Sabbath Service: Herb Hibnick A1 	 DIY: WILD WEEKEND WORD GAMES MR DIY: WEEKLY COLORING PAGES MR 9:45 • Fantastic 45 Min. Fitness Routine with Kim A2 11:00 • Wii Bowling: Interested? Come & Learn A1 1:00 • Music Memories: See Flyer L 2:00 • Matinee Movie: See Flyer A1 2:30 • Manor Concert: Bob Kalal TM2 7:00 • Eleanor Warrington: Holiday Show A1
	9:45 • Movers & Shakers with Kim A2 3 10:30 • Mass at Queen of All Saints LB 11:00 • Wii Bowling: Interested? Come & Learn A1 1:00 • Movie: See Flyer A1 1:00 • Outing: Holiday Jazz & Carols @ MG Lib LB 2:30 • Bingo A2 7:00 • Joyce Kossy's Sunday Evening Movie A1	10:00Tai Chi with Francesca A2410:30Catholic Mass CR12:30Rummikub: Beginner's Welcome, come learn GR2:00How to Get Around with Pace, Metra & C.T.A. A12:00No News & Views Today Due to Lecture A13:00Group Blackjack! Come Play 21 A27:00New Release Movie: See Flyer A1	 10:00 • Get Fit with Custom Home Care A2 11:15 • Ted Talk: Film & Discussion, see flyer A2 1:00 • Genesis Balance Class A1 1:00 • Poker Club A2 2:00 • Switchback: Brian & Marty Don't Miss It! DR 7:00 • New Release Movie: See Flyer A1 	 8:45 Walking Club goes to Mall LB 6 10:00 Tai Chi with Francesca A2 12:15 Men's Outing: See Invitation for Location LB 1:00 PBS Documentary: See Flyer A1 2:30 Wild Wednesday Word Game: Happy Hour P 7:00 Movie: See Flyer A1 	 10:00 Gentle Stretching with Jessica A2 7 11:00 Poker Club Newcomers Welcome A2 1:00 Line Dancing with Louie A2 2:00 Matinee Movie: See Flyer A1 3:00 Blackjack (\$2 Buy In) A2 3:00 Happy Hour featuring Who Am I? P 7:00 Yan Skladman: Pianist A1 	 10:00 Genesis Fitness A2 11:00 Short Story & Poetry Read Around LB 12:00 Pizza Party, One Week Early! A2 1:00 Genesis Balance Class A1 1:00 Bridge Class CR 2:00 Matinee Movie: See Flyer A1 2:15 Bingo A2 2:30 Fabulous Friday Happy Hour! P 7:00 Sabbath Service: Herb Hibnick A1 	 DIY: WILD WEEKEND WORD GAMES MR DIY: WEEKLY COLORING PAGES MR 9:45 • Fantastic 45 Min. Fitness Routine with Kim A2 11:00 • Wii Bowling: Interested? Come & Learn A1 1:00 • Music Memories: See Flyer L 2:00 • Matinee Movie: See Flyer A1 2:30 • Manor Concert: Patrick Woods, Piano TM2 7:00 • Larry Levin: Keyboard, Songs & More A1
 2 2	9:45Movers & Shakers with Kim A21010:30Mass at Queen of All Saints LB11:00Wii Bowling: Interested? Come & Learn A11:00Movie: See Flyer A11:30Maxwell St. Jr. Klezmer Band DR7:00Herb Brandwein's Sunday Movie: See Flyer A1	 10:00 • Tai Chi with Francesca A2 10:30 • Catholic Mass CR 12:30 • Rummikub: Beginner's Welcome, come learn GR 2:00 • End of Year News & Views Review A1 3:00 • Group Blackjack! Come Play 21 A2 7:00 • Resident Association Meeting A1 	HANUKKAH STARTS AT SUNSET 12 10:00 • Fit Forever with Jessica, A great workout A2 11:15 • Tuesday Trivia: Everyone Welcome A2 1:00 • Genesis Balance Class A1 1:00 • Poker Club A2 2:00 • Matinee Movie: See Flyer A1 2:15 • Bingo A2 4:00 • Hanukkah Menorah Lighting A1 7:00 • Vince Micari: Piano A2	 8:45 Walking Club goes to Mall LB 13 10:00 Tai Chi with Francesca A2 11:15 ART: Coloring Pages & More A2 1:00 PBS Documentary: See Flyer A1 2:30 Wild Wednesday Word Game: Happy Hour P 4:00 Hanukkah Menorah Lighting A1 7:00 Movie: See Flyer A1 	 10:00 Yoga with Nichola A2 11:00 Poker Club Newcomers Welcome A2 1:00 Singalong with Mike & Arleen A1 2:00 Matinee Movie: See Flyer A1 3:00 Blackjack (\$2 Buy In) A2 3:00 Happy Hour featuring Who Am I? P 4:00 Hanukkah Menorah Lighting A1 7:00 John Boda: Remembering Dean Martin A1 	10:00 Genesis Fitness A2 1:00 Genesis Balance Class A1 1:30 Sandi Haynes Band Quartet DR 2:00 Matinee Movie: See Flyer A1 2:15 Bingo A2 2:30 Fabulous Friday Happy Hour! P 4:00 Hanukkah Menorah Lighting A1 7:00 Sabbath Service: Herb Hibnick A1	 DIY: WILD WEEKEND WORD GAMES MR DIY: WEEKLY COLORING PAGES MR 9:45 • Fantastic 45 Min. Fitness Routine with Kim A2 1:00 • Music Memories: See Flyer L 2:00 • Matinee Movie: See Flyer A1 2:30 • Matore Movie: See Flyer A1 2:30 • Matore Movie: Sings TM2 4:00 • Hanukkah Menorah Lighting A1 7:00 • Jeff Deutsch: Piano & Vocals A1
чү: Ч.	9:45 Movers & Shakers with Kim A2 10:30 Mass at Queen of All Saints LB 11:00 Wii Bowling: Interested? Come & Learn A1 1:00 Movie: See Flyer A1 2:00 Movie: See Flyer A1 2:00 Outing: NB Lib: George Lepauw on Piano LB 2:30 Bingo A2 4:00 Hanukkah Menorah Lighting A1 7:00 Joyce Kossy's Sunday Evening Movie A1	 10:00 Tai Chi with Francesca A2 10:30 Catholic Mass CR 12:30 Rummikub: Beginner's Welcome, come learn GR 2:00 News and Views with Lynn A1 3:00 Group Blackjack! Come Play 21 A2 4:00 Hanukkah Menorah Lighting A1 7:00 New Release Movie: See Flyer A1 	 10:00 Get Fit with Custom Home Care A2 11:15 Ted Talk: Film & Discussion, see flyer A2 1:00 Genesis Balance Class A1 1:00 Poker Club A2 2:00 Matinee Movie: See Flyer A1 2:15 Bingo A2 4:00 Hanukkah Menorah Lighting A1 7:00 Jim Kendros, Music & More A1 	 8:45 Walking Club goes to Mall LB 20 10:00 Tai Chi with Francesca A2 1:00 PBS Documentary: See Flyer A1 2:00 Music & The Brain, Holiday Song Edition A1 2:30 Wild Wednesday Word Game: Happy Hour P 4:00 Hanukkah Menorah Lighting Final Night! A1 7:00 Movie: See Flyer A1 7:00 Outing: Holiday Lights & Hot Cocoa LB 	WINTER BEGINS2110:00•Yoga with Nichola A211:00•Poker Club Newcomers Welcome A21:00•Line Dancing with Louie A22:00•Matinee Movie: See Flyer A13:00•Blackjack (\$2 Buy In) A23:00•Happy Hour featuring Who Am I? P7:00•Warren Moulton: Opera & More A1	 10:00 • Genesis Fitness A2 11:00 • Short Story & Poetry 222 Read Around LB 1:00 • Genesis Balance Class A1 1:00 • No Bridge Class Today, Returns in January CR 2:00 • Matinee Movie: See Flyer A1 2:15 • Bingo A2 2:30 • Fabulous Friday Happy Hour! P 7:00 • Sabbath Service: Herb Hibnick A1 	 DIY: WILD WEEKEND WORD GAMES MR DIY: WEEKLY COLORING PAGES MR 9:45 • Fantastic 45 Min. Fitness Routine with Kim A2 11:00 • Wii Bowling: Interested? Come & Learn A1 1:00 • Music Memories: See Flyer L 2:00 • Matinee Movie: See Flyer A1 2:30 • Manor Concert: Eleanor Warrington: Songs & Slides TM2 7:00 • Marina Ozaki: Piano & More A1
<i>o's</i>	CHRISTMAS EVE 24 9:45 • Movers & Shakers with Kim A2 10:30 • Mass at Queen of All Saints LB 11:00 • Wii Bowling: Interested? Come & Learn A1 1:00 • Matinee Movie: See Flyer A1 2:30 • Bingo A2 7:00 • Herb Brandwein's Sunday Movie: See Flyer A1	CHRISTMAS2510:00• Tai Chi with Francesca A210:30• Catholic Mass CR11:15• Weave, Knit & Crochet: Learn More A212:30• Rummikub: Beginner's Welcome, come learn GR2:00• No News & Views today due to Christmas A13:00• Group Blackjack! Come Play 21 A27:00• New Release Movie: See Flyer A1	10:00Fit Forever with Jessica, A great workout A22611:15Tuesday Trivia: Everyone Welcome A21:00Genesis Balance Class A11:00Poker Club A22:00Matinee Movie: See Flyer A12:15Bingo A27:00Tuesday Night Movie A1	 8:45 • Walking Club goes to Mall LB 27 10:00 • Tai Chi with Francesca A2 11:15 • ART: Coloring Pages & More A2 12:15 • Lunch Outing: TBD, see flyer LB 1:00 • PBS Documentary: See Flyer A1 2:30 • Wild Wednesday Word Game: Happy Hour P 7:00 • Opera Night: See Flyer A1 	 11:00 Poker Club Newcomers Welcome A2 2:00 Matinee Movie: See Flyer A1 3:00 Blackjack (\$2 Buy In) A2 3:00 Happy Hour featuring Who Am I? P 7:00 Paul McComas A1 	10:00Genesis Fitness A2291:00Genesis Balance Class A12:00Matinee Movie: See Flyer A12:15Bingo A22:30Fabulous Friday Happy Hour! P7:00Sabbath Service with Rabbi Axler A1	 DIY: WILD WEEKEND WORD GAMES MR 30 DIY: WEEKLY COLORING PAGES MR 9:45 • Fantastic 45 Min. Fitness Routine with Kim A2 11:00 • Wii Bowling: Interested? Come & Learn A1 1:00 • Music Memories: See Flyer L 2:00 • Matinee Movie: See Flyer A1
e	NEW YEAR'S EVE319:45Movers & Shakers with Kim A210:30Mass at Queen of All Saints LB11:00Wii Bowling: Interested? Come & Learn A12:30Bingo A23:30Happy New Year! Live Band Till 5:30 p.m. DR7:00Joyce Kossy's Sunday Evening Movie A1					"Each day offers a to celebrate. Find experience true bl —A	it and



event recap veterans day

Veterans Day at Lincolnwood Place was quite the day to honor the men and women who have served our country. Sixty men and women who live here are veterans. That must be a record! On Friday, Nov. 10, we took some time to say thank you to each of them. To do this, the Lincolnwood Police and Fire Honor Guard came to present colors and we sang the songs of each branch of the military. Residents stood as the flag came into the room and as we said the Pledge of Allegiance. The program ended with the singing of "God Bless America." We will not forget and we are forever grateful.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

For the past 18 years, LOULO has made thousands of nourishing and delicious breakfasts for all of the residents who have lived at

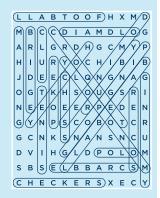
Lincolnwood Place. She gets here before the sun comes up, rolls up her sleeves, and starts baking, scrambling and chopping. She prepares about 200 breakfasts each morning, for all of our residents. In addition to being a dedicated and hard-working employee, she also does it with a smile and great sense of humor. And whenever anyone asks her for something, her answer is always, "Yes!" Her duties are always done on time and she will do anything extra when asked. After breakfast is over, she then prepares and serves lunch to everyone. Loulo surely is a part of our Lincolnwood Place family and she deserves to be this month's **HEART Hero!**



MANAGEMENT TEAM

Autumn Fuesz, Executive Director
Mike Fehland, Director of Resident Programs
Victor Rios, Director of Resident Services
Amy Kraabel, Director of Sales & Marketing
Maureen Broom, Dining Services Director
Steve Bowers, Director of Plant Operations
Andrew Burke, Administrator
Gary Resis, Human Resource Director

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SENIOR LIFESTYLE

