

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ART STUDIO APARTMENT — ASA
 AUDITORIUM I — A1
 AUDITORIUM II — A2
 BILLIARDS ROOM — BR
 CARD ROOM — CR
 COURTYARD — C
 DINING ROOM — DR
 FITNESS CENTER — FC
 GAME ROOM — GR
 LIBRARY — L
 LOBBY — LB
 MAIL ROOM — MR
 NEAR ELEVATORS ON DESIGNATED FLOOR — EV
 THE MANOR-ASSISTED LIVING LOBBY ON 2 — TM2
 THE PUB — P
 WELLNESS CENTER — WC

TRANSPORTATION SCHEDULE

- MONDAY, TUESDAY & FRIDAY:
 9 A.M.-3:30 P.M.
Medical Transport
- WEDNESDAY: 8:45-9:45 A.M.
General Errands: Banks, Cleaners, Etc.
- WEDNESDAY: 10-11:45 A.M.
Trip to Walmart and Mariano's
- WEDNESDAY & SUNDAY:
 12:30-4 P.M.
Scheduled Outings (See Activity Calendar)
- THURSDAY: 8:35-10 A.M.
Jewel-Osco
- THURSDAY: 10:15-11:30 A.M.
Lincolnwood Town Center, Walgreens, Target
- THURSDAY: 12:30-4 P.M.
Scheduled Outing for the Manor-See Activity Schedule
- SUNDAY: 10:15 A.M.-NOON
Mass At Queen of All Saints



<p>9:45 ● Movers & Shakers with Kim A2 3</p> <p>10:30 ● Mass at Queen of All Saints LB</p> <p>11:00 ● Wii Bowling: Interested? Come & Learn A1</p> <p>1:00 ● Movie: See Flyer A1</p> <p>1:00 ● Outing: Holiday Jazz & Carols @ MG Lib LB</p> <p>2:30 ● Bingo A2</p> <p>7:00 ● Joyce Kossy's Sunday Evening Movie A1</p>	<p>10:00 ● Tai Chi with Francesca A2 4</p> <p>10:30 ● Catholic Mass CR</p> <p>12:30 ● Rummikub: Beginner's Welcome, come learn GR</p> <p>2:00 ● How to Get Around with Pace, Metra & C.T.A. A1</p> <p>2:00 ● No News & Views Today Due to Lecture A1</p> <p>3:00 ● Group Blackjack! Come Play 21 A2</p> <p>7:00 ● New Release Movie: See Flyer A1</p>	<p>10:00 ● Get Fit with Custom Home Care A2 5</p> <p>11:15 ● Ted Talk: Film & Discussion, see flyer A2</p> <p>1:00 ● Genesis Balance Class A1</p> <p>1:00 ● Poker Club A2</p> <p>2:00 ● Switchback: Brian & Marty Don't Miss It! DR</p> <p>7:00 ● New Release Movie: See Flyer A1</p>	<p>8:45 ● Walking Club goes to Mall LB 6</p> <p>10:00 ● Tai Chi with Francesca A2</p> <p>12:15 ● Men's Outing: See Invitation for Location LB</p> <p>1:00 ● PBS Documentary: See Flyer A1</p> <p>2:30 ● Wild Wednesday Word Game: Happy Hour P</p> <p>7:00 ● Movie: See Flyer A1</p>	<p>10:00 ● Gentle Stretching with Jessica A2 7</p> <p>11:00 ● Poker Club Newcomers Welcome A2</p> <p>1:00 ● Line Dancing with Louie A2</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>3:00 ● Blackjack (\$2 Buy In) A2</p> <p>3:00 ● Happy Hour featuring Who Am I? P</p> <p>7:00 ● Yan Skldman: Pianist A1</p>	<p>10:00 ● Genesis Fitness A2 8</p> <p>11:00 ● Short Story & Poetry Read Around LB</p> <p>12:00 ● Pizza Party, One Week Early! A2</p> <p>1:00 ● Genesis Balance Class A1</p> <p>1:00 ● Bridge Class CR</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:15 ● Bingo A2</p> <p>2:30 ● Fabulous Friday Happy Hour! P</p> <p>7:00 ● Sabbath Service: Herb Hibnick A1</p>	<p>10:00 ● Genesis Fitness A2 1</p> <p>1:00 ● Genesis Balance Class A1</p> <p>2:00 ● Short Story Club CR</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:15 ● Bingo A2</p> <p>2:30 ● Fabulous Friday Happy Hour! P</p> <p>7:00 ● Sabbath Service: Herb Hibnick A1</p>	<p>DIY: WILD WEEKEND WORD GAMES MR 2</p> <p>DIY: WEEKLY COLORING PAGES MR</p> <p>9:45 ● Fantastic 45 Min. Fitness Routine with Kim A2</p> <p>11:00 ● Wii Bowling: Interested? Come & Learn A1</p> <p>1:00 ● Music Memories: See Flyer L</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:30 ● Manor Concert: Bob Kalal TM2</p> <p>7:00 ● Eleanor Warrington: Holiday Show A1</p>
<p>9:45 ● Movers & Shakers with Kim A2 10</p> <p>10:30 ● Mass at Queen of All Saints LB</p> <p>11:00 ● Wii Bowling: Interested? Come & Learn A1</p> <p>1:00 ● Movie: See Flyer A1</p> <p>1:30 ● Maxwell St. Jr. Klezmer Band DR</p> <p>7:00 ● Herb Brandwein's Sunday Movie: See Flyer A1</p>	<p>10:00 ● Tai Chi with Francesca A2 11</p> <p>10:30 ● Catholic Mass CR</p> <p>12:30 ● Rummikub: Beginner's Welcome, come learn GR</p> <p>2:00 ● End of Year News & Views Review A1</p> <p>3:00 ● Group Blackjack! Come Play 21 A2</p> <p>7:00 ● Resident Association Meeting A1</p>	<p>HANUKKAH STARTS AT SUNSET 12</p> <p>10:00 ● Fit Forever with Jessica, A great workout A2</p> <p>11:15 ● Tuesday Trivia: Everyone Welcome A2</p> <p>1:00 ● Genesis Balance Class A1</p> <p>1:00 ● Poker Club A2</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:15 ● Bingo A2</p> <p>4:00 ● Hanukkah Menorah Lighting A1</p> <p>7:00 ● Vince Micari: Piano A2</p>	<p>8:45 ● Walking Club goes to Mall LB 13</p> <p>10:00 ● Tai Chi with Francesca A2</p> <p>11:15 ● ART: Coloring Pages & More A2</p> <p>1:00 ● PBS Documentary: See Flyer A1</p> <p>2:30 ● Wild Wednesday Word Game: Happy Hour P</p> <p>4:00 ● Hanukkah Menorah Lighting A1</p> <p>7:00 ● Movie: See Flyer A1</p>	<p>10:00 ● Yoga with Nichola A2 14</p> <p>11:00 ● Poker Club Newcomers Welcome A2</p> <p>1:00 ● Singalong with Mike & Arleen A1</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>3:00 ● Blackjack (\$2 Buy In) A2</p> <p>3:00 ● Happy Hour featuring Who Am I? P</p> <p>4:00 ● Hanukkah Menorah Lighting A1</p> <p>7:00 ● John Boda: Remembering Dean Martin A1</p>	<p>10:00 ● Genesis Fitness A2 15</p> <p>1:00 ● Genesis Balance Class A1</p> <p>1:30 ● Sandi Haynes Band Quartet DR</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:15 ● Bingo A2</p> <p>2:30 ● Fabulous Friday Happy Hour! P</p> <p>4:00 ● Hanukkah Menorah Lighting A1</p> <p>7:00 ● Sabbath Service: Herb Hibnick A1</p>	<p>10:00 ● Genesis Fitness A2 16</p> <p>DIY: WILD WEEKEND WORD GAMES MR</p> <p>DIY: WEEKLY COLORING PAGES MR</p> <p>9:45 ● Fantastic 45 Min. Fitness Routine with Kim A2</p> <p>1:00 ● Music Memories: See Flyer L</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:30 ● Manor Concert: Heather Braodakis Sings TM2</p> <p>4:00 ● Hanukkah Menorah Lighting A1</p> <p>7:00 ● Jeff Deutsch: Piano & Vocals A1</p>	
<p>9:45 ● Movers & Shakers with Kim A2 17</p> <p>10:30 ● Mass at Queen of All Saints LB</p> <p>11:00 ● Wii Bowling: Interested? Come & Learn A1</p> <p>1:00 ● Movie: See Flyer A1</p> <p>2:00 ● Outing: NB Lib: George Lepauw on Piano LB</p> <p>2:30 ● Bingo A2</p> <p>4:00 ● Hanukkah Menorah Lighting A1</p> <p>7:00 ● Joyce Kossy's Sunday Evening Movie A1</p>	<p>10:00 ● Tai Chi with Francesca A2 18</p> <p>10:30 ● Catholic Mass CR</p> <p>12:30 ● Rummikub: Beginner's Welcome, come learn GR</p> <p>2:00 ● News and Views with Lynn A1</p> <p>3:00 ● Group Blackjack! Come Play 21 A2</p> <p>4:00 ● Hanukkah Menorah Lighting A1</p> <p>7:00 ● New Release Movie: See Flyer A1</p>	<p>10:00 ● Get Fit with Custom Home Care A2 19</p> <p>11:15 ● Ted Talk: Film & Discussion, see flyer A2</p> <p>1:00 ● Genesis Balance Class A1</p> <p>1:00 ● Poker Club A2</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:15 ● Bingo A2</p> <p>4:00 ● Hanukkah Menorah Lighting A1</p> <p>7:00 ● Jim Kendros, Music & More A1</p>	<p>8:45 ● Walking Club goes to Mall LB 20</p> <p>10:00 ● Tai Chi with Francesca A2</p> <p>1:00 ● PBS Documentary: See Flyer A1</p> <p>2:00 ● Music & The Brain, Holiday Song Edition A1</p> <p>2:30 ● Wild Wednesday Word Game: Happy Hour P</p> <p>4:00 ● Hanukkah Menorah Lighting Final Night! A1</p> <p>7:00 ● Movie: See Flyer A1</p> <p>7:00 ● Outing: Holiday Lights & Hot Cocoa LB</p>	<p>WINTER BEGINS 21</p> <p>10:00 ● Yoga with Nichola A2</p> <p>11:00 ● Poker Club Newcomers Welcome A2</p> <p>1:00 ● Line Dancing with Louie A2</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>3:00 ● Blackjack (\$2 Buy In) A2</p> <p>3:00 ● Happy Hour featuring Who Am I? P</p> <p>7:00 ● Warren Moulton: Opera & More A1</p>	<p>10:00 ● Genesis Fitness A2 22</p> <p>11:00 ● Short Story & Poetry Read Around LB</p> <p>1:00 ● Genesis Balance Class A1</p> <p>1:00 ● No Bridge Class Today, Returns in January CR</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:15 ● Bingo A2</p> <p>2:30 ● Fabulous Friday Happy Hour! P</p> <p>7:00 ● Sabbath Service: Herb Hibnick A1</p>	<p>DIY: WILD WEEKEND WORD GAMES MR 23</p> <p>DIY: WEEKLY COLORING PAGES MR</p> <p>9:45 ● Fantastic 45 Min. Fitness Routine with Kim A2</p> <p>11:00 ● Wii Bowling: Interested? Come & Learn A1</p> <p>1:00 ● Music Memories: See Flyer L</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:30 ● Manor Concert: Eleanor Warrington: Songs & Slides TM2</p> <p>7:00 ● Marina Ozaki: Piano & More A1</p>	
<p>CHRISTMAS EVE 24</p> <p>9:45 ● Movers & Shakers with Kim A2</p> <p>10:30 ● Mass at Queen of All Saints LB</p> <p>11:00 ● Wii Bowling: Interested? Come & Learn A1</p> <p>1:00 ● Matinee Movie: See Flyer A1</p> <p>2:30 ● Bingo A2</p> <p>7:00 ● Herb Brandwein's Sunday Movie: See Flyer A1</p>	<p>CHRISTMAS 25</p> <p>10:00 ● Tai Chi with Francesca A2</p> <p>10:30 ● Catholic Mass CR</p> <p>11:15 ● Weave, Knit & Crochet: Learn More A2</p> <p>12:30 ● Rummikub: Beginner's Welcome, come learn GR</p> <p>2:00 ● No News & Views today due to Christmas A1</p> <p>3:00 ● Group Blackjack! Come Play 21 A2</p> <p>7:00 ● New Release Movie: See Flyer A1</p>	<p>10:00 ● Fit Forever with Jessica, A great workout A2 26</p> <p>11:15 ● Tuesday Trivia: Everyone Welcome A2</p> <p>1:00 ● Genesis Balance Class A1</p> <p>1:00 ● Poker Club A2</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:15 ● Bingo A2</p> <p>7:00 ● Tuesday Night Movie A1</p>	<p>8:45 ● Walking Club goes to Mall LB 27</p> <p>10:00 ● Tai Chi with Francesca A2</p> <p>11:15 ● ART: Coloring Pages & More A2</p> <p>12:15 ● Lunch Outing: TBD, see flyer LB</p> <p>1:00 ● PBS Documentary: See Flyer A1</p> <p>2:30 ● Wild Wednesday Word Game: Happy Hour P</p> <p>7:00 ● Opera Night: See Flyer A1</p>	<p>11:00 ● Poker Club Newcomers Welcome A2 28</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>3:00 ● Blackjack (\$2 Buy In) A2</p> <p>3:00 ● Happy Hour featuring Who Am I? P</p> <p>7:00 ● Paul McComas A1</p>	<p>10:00 ● Genesis Fitness A2 29</p> <p>1:00 ● Genesis Balance Class A1</p> <p>2:00 ● Matinee Movie: See Flyer A1</p> <p>2:15 ● Bingo A2</p> <p>2:30 ● Fabulous Friday Happy Hour! P</p> <p>7:00 ● Sabbath Service with Rabbi Axler A1</p>	<p>DIY: WILD WEEKEND WORD GAMES MR 30</p> <p>DIY: WEEKLY COLORING PAGES MR</p> <p>9:45 ● Fantastic 45 Min. Fitness Routine with Kim A2</p> <p>11:00 ● Wii Bowling: Interested? Come & Learn A1</p> <p>1:00 ● Music Memories: See Flyer L</p> <p>2:00 ● Matinee Movie: See Flyer A1</p>	
<p>NEW YEAR'S EVE 31</p> <p>9:45 ● Movers & Shakers with Kim A2</p> <p>10:30 ● Mass at Queen of All Saints LB</p> <p>11:00 ● Wii Bowling: Interested? Come & Learn A1</p> <p>2:30 ● Bingo A2</p> <p>3:30 ● Happy New Year! Live Band Till 5:30 p.m. DR</p> <p>7:00 ● Joyce Kossy's Sunday Evening Movie A1</p>							

"Each day offers a reason to celebrate. Find it and experience true bliss."
 —Amy Leigh Mercree

EVENT RECAP

veterans day

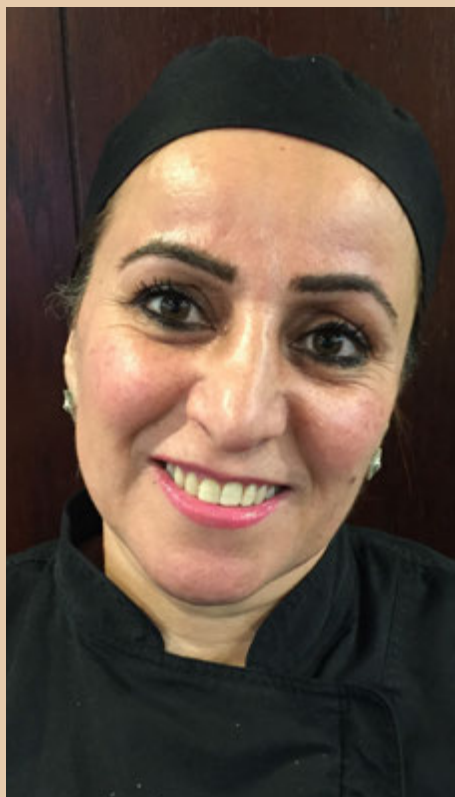
Veterans Day at Lincolnwood Place was quite the day to honor the men and women who have served our country. Sixty men and women who live here are veterans. That must be a record! On Friday, Nov. 10, we took some time to say thank you to each of them. To do this, the Lincolnwood Police and Fire Honor Guard came to present colors and we sang the songs of each branch of the military. Residents stood as the flag came into the room and as we said the Pledge of Allegiance. The program ended with the singing of "God Bless America." We will not forget and we are forever grateful.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

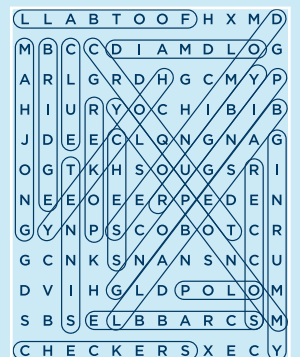
For the past 18 years, LOULO has made thousands of nourishing and delicious breakfasts for all of the residents who have lived at Lincolnwood Place. She gets here before the sun comes up, rolls up her sleeves, and starts baking, scrambling and chopping. She prepares about 200 breakfasts each morning, for all of our residents. In addition to being a dedicated and hard-working employee, she also does it with a smile and great sense of humor. And whenever anyone asks her for something, her answer is always, "Yes!" Her duties are always done on time and she will do anything extra when asked. After breakfast is over, she then prepares and serves lunch to everyone. Loulo surely is a part of our Lincolnwood Place family and she deserves to be this month's HEART Hero!



MANAGEMENT TEAM

- Autumn Fuesz, *Executive Director*
- Mike Fehland, *Director of Resident Programs*
- Victor Rios, *Director of Resident Services*
- Amy Kraabel, *Director of Sales & Marketing*
- Maureen Broom, *Dining Services Director*
- Steve Bowers, *Director of Plant Operations*
- Andrew Burke, *Administrator*
- Gary Resis, *Human Resource Director*

TRAIN
YOUR
BRAIN
solution



SENIOR LIFESTYLE
FAMILY-OWNED COMMUNITIES

