

SEASONS | a Senior Lifestyle community | CINCINNATI, OH 45236 | 513-984-9400

JOIN US THIS MONTH FOR santa claus is coming to seasons!

Hum or sing "Santa Claus Is Coming to Town" while reading this article ...

Santa Claus really is coming to Seasons and we need you to invite all the children you know to come and visit with Santa and Mrs. Claus. (Ron and Bonnie Halderman are as close to the real deal as you can get when it comes to Santa lookalikes you're going to think you're at the North Pole.) It will be a true Winter Wonderland at Seasons on Sunday, Dec. 3. Mr. and Mrs. Claus will be here telling Christmas stories and listening to holiday wish lists. And, of course, there will be plenty of time for pictures with Santa - much better than the long lines at the mall. Plus,



there will be a holiday model train display in the Atrium along with a few holiday games.

The Holiday Train Display will be in the Atrium on Saturday and Sunday, Dec. 2 and 3. You're welcome to invite family and friends to visit the train display. Several groups are coming in to perform for the holidays. Check your calendar for dates and times. We'll be going to see the lights at Pyramid Hill Sculpture Park and to visit the holiday display at Krohns Conservatory. New Year's Eve will find us partying in the Atrium to the music of the Jeannine Groh Quartet. Chef Dennis will prepare a full spread of appetizers for everyone to enjoy. The balloons will drop at 9 p.m., as we welcome in 2018!

IT'S OUR PLEASURE TO SERVE YOU ... word from your executive director

NOTE FROM NICK

Happy Holidays! It is the family atmosphere that makes Seasons a wonderful place to call home. On Wednesday, Dec. 13, at 1:30 p.m., our family of residents and staff will come together for our Annual Holiday Party. Entertainment for the party will be from an "extended" family member — Micah Davis and his band, Natural Progression, will perform at the part. Micah is the son of Rachel Worsham, our part time Driver and Front Desk Assistant. I also understand that several residents are getting together to decorate gingerbread cookies for the party. It's going to be wonderful having our entire family together and I'm so glad that you're part of our family and community. Happy Holidays and Happy New Year!

THIS MONTH'S *silver star*

BOB MAIER

Bob was born at Christ Hospital, grew up in Kennedy Heights and has lived in Cincinnati his whole life. He went to



Withrow High School, along with several other residents at Seasons.

Bob met his wife at Kenwood Country Club at a July Fourth picnic and they were married 64 years. He was in the insurance business in several capacities and worked for several companies including AAA. Mary Lee taught kindergarten at Madeira Elementary for 22 years. They have four children — two live in California, one in Colorado and one in Indiana. He is the proud "Punky" to 10 grandchildren and five great-grandchildren.

For fun, Bob loves to play golf, and play chair volleyball for The Seasons Slammers. He enjoys attending the Pops and seeing plays at The Aronoff. With a big smile, Bob says the best thing about Seasons is the people. Thirty years ago he watched Seasons being built and is happy Seasons is now his home.

TRAIN YOUR **BRAIN** *search for games*

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calendar & activities DFC 2017

SUNDAY

BE INSPIRED• CONNECT• GROW• CONTRIBUTE• MOVE• FEEL• REFLECT			DAN KATZ — 5th DUTRO BLOCKSOM — 6th PAUL BADER — 7th MARY KAY FEIGHERY — 7th	BIRTHDAYS THIS MONTH PAUL KUHN – 12th SHIRLEY SEIPEL – 13th CHARLOTTE BISHOP – 15th JANICE MOESSINGER – 16th	ł
LOCATIONS ATRIUM – ATR AUDITORIUM – ADT			BETTY TABORELLI <i>— 8th</i> MILDRED SWEPPENHEISER <i>— 9th</i> GAIL BLAIS <i>— 11th</i>	FERN FEDERLE – 16th HELEN GREENBERG – 17th GINNY ORSINI – 18th	
BE FIT STUDIO – FS BILLIARDS ROOM – BR CHAPEL – CPL CONFERENCE ROOM – CR CREATIVE STUDIO – CS DINING ROOM – DR LIBRARY – LB POOL LAWN – PL SOCIAL HOUR AREA – SHA	 10:30 Catholic Service at the Courtyard the Courtyard To the Courtyard the Courty the Court the Cour	9:45Tai Chi Flow Class ADT411:00Protestant Service CPL12:00Protestant Service Christmas Luncheon DR12:30Arts and Crafts CS1:00Fiber Arts Needle Felting CS3:30Social Hour SHA7:00Holiday Music with Todd Hepburn ATR	9:30 Blood Pressure Clinic SHA 10:00 Low Impact Exercise 5 Class ADT 11:00 Chair Volleyball ATR 11:00 Catholic Mass at the Courtyard 1:00 Shopping at Rookwood & Whole Foods 2:00 Secret Santa Name Exchange ATR 2:00 Bingo! CS 4:00 Wine and Beer Social ATR 7:00 Game Night: Left, Right, Center SHA 7:00 Jubilant Singers Holiday Performance ATR	10:00 Low Impact Exercise ADT 6 10:00 News and Views CS 1:00 Mind Games ATR 2:00 Women's Bible Study CS 2:00 Pool Sharks for Men BR 2:00 Round Robin Social Bridge TL 2:00 Indian Hill Middle School Choir Holiday Songs ATR 6:00 Pyramid Hill Light Display 7:00 Mexican Train Dominoes SHA	10:0 11:0 1:0 3:3 7:0
TERRACE LOUNGE – TL THEATER ROOM – TR TRANSPORTATION SCHEDULE TUESDAY 9 AND 11 A.M. Madeira Kroger and CVS TUESDAY 2:30 P.M. Banks in Madeira & Kenwood TUESDAY LEAVE AT 1 P.M., PICKUP FROM MALL AT 2 AND 3 P.M.	 10:30 Catholic Service at the Courtyard 10 12:45 Kenwood Mall 1:00 Puzzle Pages on Program Table 1:45 Kenwood Mall 2:00 College Conservatory of Music Performance ATR 2:00 Pinochle and Euchre SHA 2:00 Movie Matinee 3:30 Protestant Service at the Courtyard 5:30 A Christmas Story at Aronoff 7:00 Seasons Cinema 	 10:00 Chair Dancing with Kate ADT 11 11:00 Protestant Service CPL 12:30 Arts and Crafts CS 12:45 Visit to Clermont Nursing Home 2:00 Writing Group, Everyone Welcome CR 3:30 Social Hour SHA 7:00 Lecture with Diane Shields: The 1st Crusade ADT 	HANUKKAH STARTS AT SUNSET 12 • DOOR DECORATIONS JUDGED 9:30 • Blood Pressure Clinic SHA 10:00 • Low Impact Exercise Class ADT 11:00 • Chair Volleyball ATR 1:00 • Gingerbread Cookie Decorating CS 2:00 • Bingo! CS 3:00 • Town Hall Everyone Welcome! ADT 4:00 • Wine and Beer Social ATR 5:00 • Dinner at Tony's Steakhouse 7:00 • Game Night: Left, Right, Center SHA	10:00 Low Impact Exercise ADT 13 10:00 News and Views CS 1:00 1:00 Mind Games ATR 1:30 1:30 Resident & Staff Holiday Party ATR 2:00 Women's Bible Study CS 2:00 Pool Sharks for Men BR 2:00 Round Robin Social Bridge TL 7:00 Mexican Train Dominoes SHA	10:0 11:0 11: 12:0 1:0 3:: 7:0
Kenwood Towne Centre WEDNESDAY DEC 6 AT 10 A.M.	10:30 • Catholic Service at the Courtyard 12:45 • Kenwood Mall	9:45 • Tai Chi Flow Class ADT 18	8:30 • Men's Breakfast at Bob Evans 9:30 • Blood Pressure	9:00 • Hill Audiology Hearing Aid Checks SHA	WIN ⁻

MONDAY

Walmart WEDNESDAY DEC 13 AT 10 A.M. Dillonvale Shopping Center

WEDNESDAY DEC 20 AT 10 A.M. Kohl's, JCPenney, Michaels

WEDNESDAY DEC 27 AT 10 A.M. Target and Meijer

> FRIDAY 9:30 A.M. Montgomery Kroger

SATURDAY 12:45 AND 1:45 P.M. Madeira Kroger and CVS

SUNDAY 12:45 AND 1:45 P.M. Kenwood Towne Centre

CHANGING SEASON STYLING SALON

TUESDAY - SATURDAY 8:30 a.m.-5 p.m., 791-0222

SENIOR LIFESTYLE EMBRACE *life*. EMBRACE moments. EMBRACE *connection*.

www.SeniorLifestyle.com Activities are subject to change



TUESDAY

WEDNESDAY

THURSDAY

KATHE

RUTH

DEN

FRIDAY

SATURDAY

	HOLIDAY WRAPPING STATION OPENS CS	10:00 • Low Impact Exercise Class ADT 2
RTA SLATER — 19th	9:30 • Shopping at	10:00 • Train Display until
RINE WILSON — 19th	Montgomery Kroger 10:00 • Yoga Class with Linda	4 p.m. ATR
LE LANGEN — 21st	Becker ADT	11:00 • Chair Volleyball with Cliff ATR
)L WIMBERG — 25th	11:15 • Lecture By Diane Shields:	11:00 • Pool Sharks for Men BR
HOLLAND — 26th	John Wayne ADT 2:30 • Tour, Dinner & Drinks:	12:45 • Madeira Kroger
INIS LITTLE — 31st	Shumrick & Leys	1:45 • Madeira Kroger
Ŭ	4:15 • Sabbath Eve Service CPL	2:00 • Bingo CS
	7:00 • Seasons Cinema	7:00 • Seasons Cinema
Low Impact Exercise Class ADT 7	9:30 • Shopping at Montgomery Kroger 8	10:00 • Low Impact Exercise Class ADT 9
Catholic Communion CPL	10:00 • Yoga Class with Linda Becker ADT	11:00 • Chair Volleyball with Cliff ATR
Painting Class with Resident Artist Rhea	10:00 • December Birthday	11:00 • Pool Sharks for Men BR12:45 • Madeira Kroger
Preschel CS Candy Sleighs with Jill CS	Brunch TL 1:00 • Outing to Krohns	1:00 • Holiday Pops: Ticket Holders Only
Social Hour SHA	Conservatory 4:15 • Sabbath Eve Service Led	1:45 • Madeira Kroger
Circle Singers	4.15 • Sabbath Eve Service Led by Rabbi Elaina CPL	2:00 Bingo CS
Performance ATR	7:00 • Seasons Cinema	4:30 • Music with Mike Pendell ATR 7:00 • Seasons Cinema
Low Impact Exercise Class ADT 14	9:30 • Shopping at Montgomery 15	10:00 • Low Impact
Catholic	Montgomery IO Kroger	Exercise Class ADT 16 11:00 • Chair Volleyball
Communion CPL	9:30 • "Nutcracker" Ballet,	with Cliff ATR
Volunteer at Walnut Hills Soup Kitchen	Ticket Holders Only	11:00 • Pool Sharks for Men BR
Lunch & Laugh: Christmas Cartooning ADT	10:00 • Yoga Class with Linda Becker ADT	11:00 • Greeting Card Class with Blaise CS
Painting Class with Resident	1:00 • Sharonville Chorus	12:45 • Madeira Kroger
Artist Rhea Preschel CS Social Hour SHA	Performs ATR	1:45 • Madeira Kroger
Holiday Singalong with	4:15 • Sabbath Eve Service CPL	2:00 • Bingo CS
Jeanne Phillips ATR	7:00 • Seasons Cinema	7:00 • Seasons Cinema
GINS 21	9:30 • Shopping at Montgomery 22	10:00 • Low Impact Exercise 23
Low Impact Exercise	Montgomery ZZ Kroger	Exercise Z S Class ADT
Class ADT	10:00 • Yoga Class with	11:00 • Chair Volleyball
Catholic Communion CPL	Linda Becker ADT	with Cliff ATR
Painting Class with Resident Artist Rhea Preschel CS	10:00 • Secret Santa Brunch CS	11:00 • Pool Sharks for Men BR
Peppermint Ornaments	4:15 • Sabbath Eve	12:45 • Madeira Kroger
with Jill CS	Service Led by Edie Yakutis CPL	1:45 • Madeira Kroger
Social Hour SHA The Sociables ATR	7:00 • Seasons Cinema	2:00 • Bingo CS
		7:00 • Seasons Cinema
Low Impact	9:30 • Shopping at	10:00 • Low Impact 70
Exercise Class ADT 28	Montgomery 29	Exercise Class ADT 30
Catholic Communion CPL Volunteer at Walnut	Kroger 10:00 • Yoga Class with	11:00 • Chair Volleyball with Cliff ATR
Hills Soup Kitchen	Linda Becker ADT	11:00 • Pool Sharks for Men BR
Painting Class with Resident Artist Rhea	10:30 • Ladies' Lunch at	11:00 • Create & Learn
Preschel CS	Mimi's Cafe	with Jenny CS
Social Hour SHA	2:00 • Movie & Popcorn Lion ADT	12:45 • Madeira Kroger 1:45 • Madeira Kroger
Laney and the Tramps ATR	4:15 • Sabbath Eve Service CPL	2:00 • Bingo CS
	7:00 • Seasons Cinema	7:00 • Seasons Cinema
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"Each day offers a reason to celebrate. Find it and experience true bliss." -Amy Leigh Mercree

event recap creative costumes, games and fiber arts



Fiber Arts Class — Check out the batik napkins we made



Trick-or-Treat Spectacular! Thanks to everyone for making it such a great event for the trick-or-treaters.



Game and Pizza Night with Horizon

THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

ALBENO "BENO" CARMICHAEL

We know him as Beno, the Cook with the big smile. Beno has worked at Seasons for two years as one of our Cooks. He is happy to be at Seasons because of the diversity in the tasks he gets to do in the Kitchen, but most of all, he loves the residents. He credit his mom for sparking his interest in cooking. He always helped her in the kitchen when she was preparing food



for family get-togethers. Beno has always loved how food brings people together. He is originally from Pensacola, Fla. and his family moved to Cincinnati in 2009 to be closer to family. He graduated from Aiken High School in 2011 and he currently lives in Mt. Airy. For fun, Beno likes to be with his family and friends, travel, play video games, read mystery books and cook lasagna for his family and friends.

MANAGEMENT TEAM

Nick Carson, Executive Director Jill James, Director of Resident Programs Tricia Feitlinger, Director of Resident Services Staci Fluehr, Business Office Manager Liz Bangel-Stehlin, Director of Sales & Marketing Dennis Glosser, Dining Services Director Tina Smiley, Director of Housekeeping Shaun Kidd, Director of Maintenance

TRAIN YOUR **BRAIN** *solution*

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SENIOR LIFESTYLE



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