



**BE INSPIRED**

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

**LOCATIONS**

- ATRIUM — ATR
- AUDITORIUM — ADT
- BE FIT STUDIO — FS
- BILLIARDS ROOM — BR
- CHAPEL — CPL
- CONFERENCE ROOM — CR
- CREATIVE STUDIO — CS
- DINING ROOM — DR
- LIBRARY — LB
- POOL LAWN — PL
- SOCIAL HOUR AREA — SHA
- TERRACE LOUNGE — TL
- THEATER ROOM — TR

**TRANSPORTATION SCHEDULE**

- TUESDAY 9 AND 11 A.M.  
*Madeira Kroger and CVS*
- TUESDAY 2:30 P.M.  
*Banks in Madeira & Kenwood*
- TUESDAY LEAVE AT 1 P.M., PICKUP FROM MALL AT 2 AND 3 P.M.  
*Kenwood Towne Centre*
- WEDNESDAY DEC 6 AT 10 A.M.  
*Walmart*
- WEDNESDAY DEC 13 AT 10 A.M.  
*Dillonvale Shopping Center*
- WEDNESDAY DEC 20 AT 10 A.M.  
*Kohl's, JCPenney, Michaels*
- WEDNESDAY DEC 27 AT 10 A.M.  
*Target and Meijer*
- FRIDAY 9:30 A.M.  
*Montgomery Kroger*
- SATURDAY 12:45 AND 1:45 P.M.  
*Madeira Kroger and CVS*
- SUNDAY 12:45 AND 1:45 P.M.  
*Kenwood Towne Centre*

**CHANGING SEASON STYLING SALON**

TUESDAY - SATURDAY  
8:30 a.m.-5 p.m., 791-0222

**SENIOR LIFESTYLE**

EMBRACE *life.*

EMBRACE *moments.*

EMBRACE *connection.*

www.SeniorLifestyle.com  
Activities are subject to change



**3**

- 10:30 ● Catholic Service at the Courtyard
- 11:00 ● Train Display until 4 p.m. | ATR
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● Visit with Santa Claus | ATR
- 2:00 ● Pinochle and Euchre | SHA
- 2:00 ● Movie Matinee
- 2:30 ● Protestant Service at the Courtyard
- 6:00 ● Music with Wild Honey Band | ATR
- 7:00 ● Seasons Cinema

**10**

- 10:30 ● Catholic Service at the Courtyard
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● College Conservatory of Music Performance | ATR
- 2:00 ● Pinochle and Euchre | SHA
- 2:00 ● Movie Matinee
- 3:30 ● Protestant Service at the Courtyard
- 5:30 ● A Christmas Story at Aronoff
- 7:00 ● Seasons Cinema

**17**

- 10:30 ● Catholic Service at the Courtyard
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● Movie Matinee
- 2:00 ● Pinochle and Euchre | SHA
- 6:00 ● Klezmer Band with Hirsch Cohen | ATR
- 7:00 ● Seasons Cinema

**CHRISTMAS EVE 24**

- 10:30 ● Catholic Service at the Courtyard
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● Movie Matinee
- 2:00 ● Pinochle and Euchre | SHA
- 7:00 ● Seasons Cinema

**NEW YEAR'S EVE 31**

- 10:30 ● Catholic Service at the Courtyard
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● Movie Matinee
- 2:00 ● Pinochle and Euchre | SHA
- 7:00 ● Seasons Cinema
- 7:00 ● New Year's Eve Party | ATR

**BIRTHDAYS THIS MONTH**

DAN KATZ — 5th	PAUL KUHN — 12th	ROBERTA SLATER — 19th
DUTRO BLOCKSOM — 6th	SHIRLEY SEIPEL — 13th	KATHERINE WILSON — 19th
PAUL BADER — 7th	CHARLOTTE BISHOP — 15th	LUCILLE LANGEN — 21st
MARY KAY FEIGHERY — 7th	JANICE MOESSINGER — 16th	CAROL WIMBERG — 25th
BETTY TABORELLI — 8th	FERN FEDERLE — 16th	RUTH HOLLAND — 26th
MILDRED SWEPENHEISER — 9th	HELEN GREENBERG — 17th	DENNIS LITTLE — 31st
GAIL BLAIS — 11th	GINNY ORSINI — 18th	

**5**

- 9:30 ● Blood Pressure Clinic | SHA
- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball | ATR
- 11:00 ● Catholic Mass at the Courtyard
- 1:00 ● Shopping at Rookwood & Whole Foods
- 2:00 ● Secret Santa Name Exchange | ATR
- 2:00 ● Bingo! | CS
- 4:00 ● Wine and Beer Social | ATR
- 7:00 ● Game Night: Left, Right, Center | SHA
- 7:00 ● Jubilant Singers Holiday Performance | ATR

**HANUKKAH STARTS AT SUNSET 12**

- DOOR DECORATIONS JUDGED
- 9:30 ● Blood Pressure Clinic | SHA
- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball | ATR
- 1:00 ● Gingerbread Cookie Decorating | CS
- 2:00 ● Bingo! | CS
- 3:00 ● Town Hall Everyone Welcome! | ADT
- 4:00 ● Wine and Beer Social | ATR
- 5:00 ● Dinner at Tony's Steakhouse
- 7:00 ● Game Night: Left, Right, Center | SHA

**19**

- 8:30 ● Men's Breakfast at Bob Evans
- 9:30 ● Blood Pressure Clinic | SHA
- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball | ATR
- 1:00 ● Roaring '20s Quartet | ATR
- 1:30 ● Book Group | CR
- 2:00 ● Bingo! | CS
- 4:00 ● Wine and Beer Social | ATR
- 7:00 ● Game Night: Left, Right, Center | SHA

**26**

- 9:30 ● Blood Pressure Clinic | SHA
- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball | ATR
- 2:00 ● Bingo with Prizes | CS
- 2:00 ● Bingo with Prizes | CS
- 4:00 ● Wine and Beer Social | ATR
- 7:00 ● Game Night: Left, Right, Center | SHA

**6**

- 10:00 ● Low Impact Exercise | ADT
- 10:00 ● News and Views | CS
- 1:00 ● Mind Games | ATR
- 2:00 ● Women's Bible Study | CS
- 2:00 ● Pool Sharks for Men | BR
- 2:00 ● Round Robin Social Bridge | TL
- 2:00 ● Indian Hill Middle School Choir Holiday Songs | ATR
- 6:00 ● Pyramid Hill Light Display
- 7:00 ● Mexican Train Dominoes | SHA

**13**

- 10:00 ● Low Impact Exercise | ADT
- 10:00 ● News and Views | CS
- 1:00 ● Mind Games | ATR
- 1:30 ● Resident & Staff Holiday Party | ATR
- 2:00 ● Women's Bible Study | CS
- 2:00 ● Pool Sharks for Men | BR
- 2:00 ● Round Robin Social Bridge | TL
- 7:00 ● Mexican Train Dominoes | SHA

**20**

- 9:00 ● Hill Audiology Hearing Aid Checks | SHA
- 10:00 ● Low Impact Exercise | ADT
- 10:00 ● News & Views | CS
- 1:00 ● Mind Games | ATR
- 1:00 ● The Martinaires Perform | ATR
- 2:00 ● Women's Bible Study | CS
- 2:00 ● Pool Sharks for Men | BR
- 2:00 ● Round Robin Social Bridge | TL
- 7:00 ● Mexican Train Dominoes | SHA

**27**

- 10:00 ● Low Impact Exercise | ADT
- 10:00 ● News & Views | CS
- 1:00 ● Mind Games | ATR
- 2:00 ● Women's Bible Study | CS
- 2:00 ● Pool Sharks for Men | BR
- 2:00 ● Round Robin Social Bridge | TL
- 7:00 ● Mexican Train Dominoes | SHA

**7**

- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Catholic Communion | CPL
- 1:00 ● Painting Class with Resident Artist Rhea Preschel | CS
- 1:00 ● Candy Sleighs with Jill | CS
- 3:30 ● Social Hour | SHA
- 7:00 ● Circle Singers Performance | ATR

**14**

- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Catholic Communion | CPL
- 11:15 ● Volunteer at Walnut Hills Soup Kitchen
- 12:00 ● Lunch & Laugh: Christmas Cartooning | ADT
- 1:00 ● Painting Class with Resident Artist Rhea Preschel | CS
- 3:30 ● Social Hour | SHA
- 7:00 ● Holiday Singalong with Jeanne Phillips | ATR

**WINTER BEGINS 21**

- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Catholic Communion | CPL
- 1:00 ● Painting Class with Resident Artist Rhea Preschel | CS
- 1:00 ● Peppermint Ornaments with Jill | CS
- 3:30 ● Social Hour | SHA
- 7:00 ● The Sociables | ATR

**28**

- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Catholic Communion | CPL
- 11:15 ● Volunteer at Walnut Hills Soup Kitchen
- 1:00 ● Painting Class with Resident Artist Rhea Preschel | CS
- 3:30 ● Social Hour | SHA
- 7:00 ● Laney and the Tramps | ATR

**1**

- HOLIDAY WRAPPING STATION OPENS | CS
- 9:30 ● Shopping at Montgomery Kroger
- 10:00 ● Yoga Class with Linda Becker | ADT
- 11:15 ● Lecture By Diane Shields: John Wayne | ADT
- 2:30 ● Tour, Dinner & Drinks: Shumrick & Leys
- 4:15 ● Sabbath Eve Service | CPL
- 7:00 ● Seasons Cinema

**8**

- 9:30 ● Shopping at Montgomery Kroger
- 10:00 ● Yoga Class with Linda Becker | ADT
- 10:00 ● December Birthday Brunch | TL
- 1:00 ● Outing to Krohns Conservatory
- 4:15 ● Sabbath Eve Service Led by Rabbi Elaine | CPL
- 7:00 ● Seasons Cinema

**15**

- 9:30 ● Shopping at Montgomery Kroger
- 9:30 ● "Nutcracker" Ballet, Ticket Holders Only
- 10:00 ● Yoga Class with Linda Becker | ADT
- 1:00 ● Sharonville Chorus Performs | ATR
- 4:15 ● Sabbath Eve Service | CPL
- 7:00 ● Seasons Cinema

**22**

- 9:30 ● Shopping at Montgomery Kroger
- 10:00 ● Yoga Class with Linda Becker | ADT
- 10:00 ● Secret Santa Brunch | CS
- 4:15 ● Sabbath Eve Service Led by Edie Yakutis | CPL
- 7:00 ● Seasons Cinema

**29**

- 9:30 ● Shopping at Montgomery Kroger
- 10:00 ● Yoga Class with Linda Becker | ADT
- 10:30 ● Ladies' Lunch at Mimi's Cafe
- 2:00 ● Movie & Popcorn Lion | ADT
- 4:15 ● Sabbath Eve Service | CPL
- 7:00 ● Seasons Cinema

**2**

- 10:00 ● Low Impact Exercise Class | ADT
- 10:00 ● Train Display until 4 p.m. | ATR
- 11:00 ● Chair Volleyball with Cliff | ATR
- 11:00 ● Pool Sharks for Men | BR
- 12:45 ● Madeira Kroger
- 1:45 ● Madeira Kroger
- 2:00 ● Bingo | CS
- 7:00 ● Seasons Cinema

**9**

- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball with Cliff | ATR
- 11:00 ● Pool Sharks for Men | BR
- 12:45 ● Madeira Kroger
- 1:00 ● Holiday Pops: Ticket Holders Only
- 1:45 ● Madeira Kroger
- 2:00 ● Bingo | CS
- 4:30 ● Music with Mike Pendell | ATR
- 7:00 ● Seasons Cinema

**16**

- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball with Cliff | ATR
- 11:00 ● Pool Sharks for Men | BR
- 11:00 ● Greeting Card Class with Blaise | CS
- 12:45 ● Madeira Kroger
- 1:45 ● Madeira Kroger
- 2:00 ● Bingo | CS
- 7:00 ● Seasons Cinema

**23**

- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball with Cliff | ATR
- 11:00 ● Pool Sharks for Men | BR
- 12:45 ● Madeira Kroger
- 1:45 ● Madeira Kroger
- 2:00 ● Bingo | CS
- 7:00 ● Seasons Cinema

**30**

- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball with Cliff | ATR
- 11:00 ● Pool Sharks for Men | BR
- 11:00 ● Create & Learn with Jenny | CS
- 12:45 ● Madeira Kroger
- 1:45 ● Madeira Kroger
- 2:00 ● Bingo | CS
- 7:00 ● Seasons Cinema



"Each day offers a reason to celebrate. Find it and experience true bliss."  
—Amy Leigh Mercree

EVENT RECAP

# creative costumes, games and fiber arts



Fiber Arts Class — Check out the batik napkins we made.



Trick-or-Treat Spectacular! Thanks to everyone for making it such a great event for the trick-or-treaters.



Game and Pizza Night with Horizon

## THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

ALBENO  
"BENO" CARMICHAEL

We know him as Beno, the Cook with the big smile. Beno has worked at Seasons for two years as one of our Cooks. He is happy to be at Seasons because of the diversity in the tasks he gets to do in the Kitchen, but most of all, he loves the residents. He credit his mom for sparking his interest in cooking. He always helped her in the kitchen when she was preparing food for family get-togethers. Beno has always loved how food brings people together. He is originally from Pensacola, Fla. and his family moved to Cincinnati in 2009 to be closer to family. He graduated from Aiken High School in 2011 and he currently lives in Mt. Airy. For fun, Beno likes to be with his family and friends, travel, play video games, read mystery books and cook lasagna for his family and friends.



## MANAGEMENT TEAM

- Nick Carson, *Executive Director*
- Jill James, *Director of Resident Programs*
- Tricia Feitlinger, *Director of Resident Services*
- Staci Fluehr, *Business Office Manager*
- Liz Bangel-Stehlin, *Director of Sales & Marketing*
- Dennis Glosser, *Dining Services Director*
- Tina Smiley, *Director of Housekeeping*
- Shaun Kidd, *Director of Maintenance*

## TRAIN YOUR BRAIN solution

