

Honor Takes Flight

The diversity of the collective life experiences of Rockhill's residents is astonishing. We have retired teachers, bankers, artists...some even worked at Rockhill as nurses or in administration.

We're also home to a sizeable group of veterans – a group that is diverse in itself. Some went overseas; some served here in the States in various ways. What they all have in common, however, is that at one point, they devoted their lives to their country.

Just a few months ago, Honor Flight Philadelphia recently hosted one of their "tours of honor" (a chartered trip for vets to Washington, D.C.) which was taken by the five Rockhill residents profiled here. It was a day to honor and entertain them, and most of all, a day to let them know just how much they are appreciated.



Name: Willard "Bud" Fluck

Branch of military: Army

Stationed in: Scotland, England, France, Holland, Germany, Belgium

Bud's job/assignment: To set up road blocks and other defensive positions to support infantries as they advanced. Also was an infantry soldier himself.

Career post-service: Taught English and Journalism, and became guidance counselor for Palisades School District for 29 years.

In Bud's own words...

"During my service, I recall two particular hours which we spent liberating prisoners in the village of Weetzen, Germany. We freed hundreds of British and Canadian Air Force men. The enemy shelling was relentless. I still can't believe I got through that day without getting hit by any shrapnel. People talk about running between raindrops – we were running between falling shrapnel that night."

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A grateful Colin Powell greets Bud.

Fondly Looking Back, Eagerly Looking Forward

Karen Lehman, President and CEO

I have often heard the saying that in order to know where you are going, you have to know where you have been. In other words, the past sets the stage for the future. Making a commitment to do something or to start a new practice will make us more likely to successfully follow through, as opposed to when we just talk

about it and don't commit. Maybe this is the reason so many of us start off the New Year with resolutions – it offers an opportunity to start over with a clean slate and make changes.

As I started reflecting on this past year, I thought it would be helpful to think about the most fulfilling moments here

at Rockhill in 2015. I also asked my fellow team members – staff representing different departments and levels of leadership – to share their most fulfilling and memorable moments from this past year.

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Name: William (Bill) Davidson

Branch of military: Marine Reserves for one year, Army for six

Stationed in: Fort Lee, Virginia; Yokohama, Japan; all over Korea

Bill's job/assignment: Personal effects NCO at a U.N. cemetery. (He took care of those that lost their lives.)

Career post-service: Worked for Bell of PA for 35 years.



In Bill's own words...

"What we did didn't take place in a combat zone, but it's still some of the most difficult and dreadful work that has to be done regularly during wartime. We kept our spirits high by keeping our senses of humor. We had to! It wasn't just the work we were doing which was enough in itself to bring us down...it was also the food rations that were never fresh and the fact that we had just two 78 RPM records for entertainment! Yet our camaraderie made our daily lives bearable."

Name: John Pavie

Branch of military: Army Air Corps

Stationed in: North Africa and Hethel, England. (Hethel Airbase is now a test track for Lotus Autos.)

John's job/assignment: S2 Intelligence

Career post-service: Freight claim investigator for Pennsylvania railroad and Administrator at IBM Trenton.



In John's own words...

"With S2 Intelligence, I was responsible for collecting and analyzing intelligence information about the enemy to determine what they were doing, or might do. What I recall most is the camaraderie I had with my group and working closely with Chaplain 'Pappy' Beck."

(Read up on Chaplain Beck and you'll understand why John remembers him so fondly!)

(Editor's note: We're sorry to announce that Mr. Pavie recently died. We are honored that this hero and gentleman called Rockhill home with his late wife Lettie for so many years.)

Name: Bob Oettel

Branch of military: Army (Signal Corps)

Stationed in: Europe (England, Scotland, Ireland, France, Belgium, Luxembourg, Holland, Germany)

Bob's job/assignment: Lineman. (He installed phones and telegraphs, and was responsible for gathering "in signal intelligence", which is explained below.)

Career post-service: Returned to his career at the U.S. Gauge Company until retiring in 1983 after 43 years working as a Swiss Automatic Machine Operator.



In Bob's own words...

"For me, being a lineman during wartime ranged from installing traditional communication devices (both phones and telegraphs) to gathering what is called 'in-signal intelligence' which was basically working to intercept enemy communications.

"The two most memorable WWII experiences for me couldn't be more different: the Malmedy Massacre and the day I received my discharge from the service. While witnessing the results of Malmedy was a nightmare, getting my discharge early enough in December of 1945 so I could be home for Christmas was a dream come true."

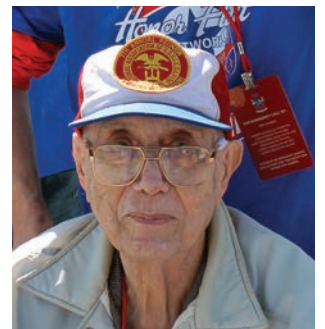
Name: Nelson Miller, Jr.

Branch of military: Navy (landing craft support)

Stationed in: Philadelphia Navy Yard; San Diego; Treasure Island in San Francisco; and in the Pacific: U.S.S. LCS #43; U.S.S. LCI #866; and the U.S.S. CV #21 "Boxer"

Nelson's job/assignment: Gunner

Career post-service: Tool and die designer for over four decades.



In Nelson's own words ...

"For everyone that thanked me on October 5 (the day of the Honor Flight trip), I want to thank right back. I've never felt such gratitude for the time I spent serving my country, and will always treasure the experience that Honor Flight gave to me." **RMC**

Continued from page 1...

Fondly Looking Back, Eagerly Looking Forward

The comments I received range from major events to rather simple or humble things:

- The Community's celebration of our 80th anniversary and the way that residents, team members and board of directors came together for a fun-filled and wonderful weekend of honoring all those who have served and given of their time, talent, and resources to make this community what it is today.
- The deficiency-free survey in Personal Care was a highlight not only for that program, but also for the whole community as we all shared in the honor that was awarded to us.
- The revision of our mission statement, the development of a vision statement and the creation of new values statements.
- Engaging Sodexo as our dining services partner and bringing new energy and quality to our food programs.
- Doubling our Giving Tree Benevolent Care fundraising goals! The increased engagement of many stakeholders.
- Receiving handwritten messages from family members that affirmed our work and care for loved ones.
- Coming to Rockhill for a job interview and being warmly greeted and welcomed.
- Sitting at the bedside of a resident on hospice and watching her face light up, and knowing that I had made a really positive connection with this resident and her family.
- The time a fellow team member told me that I bring sunshine to Rockhill.
- Sitting in a Sunday morning worship service and watching a resident couple who have been separated due to different care needs hold hands throughout the service.
- The countless acts of kindness that residents show to team members, from sharing cookies to providing a pillow when a team member had to kneel down on the floor.
- Just knowing that I am part of a larger community of caring people.



**Karen Lehman, Rockhill
President and CEO**

It may be hard to top these stories of happy and fulfilling moments that occurred this past year, but I hope to try! As we look ahead to 2016, I think there are a number of resolutions and goals that need our focus. We need to continue to do those things that are enriching and life-giving, and stretch ourselves to make changes in order to thrive amid the challenges that are coming in our industry, as well as with forces that are beyond our control.

There is a long list of goals that I'd like to see in 2016 but I will share my top five goals:

- Continuing the process of establishing strategic partnerships and alignments with others that bring greater expertise and efficiencies to our operations.
- Developing technology for home and community services, telemedicine, and to support aging in place. Fully implementing our electronic health record.
- Focus on outcomes such as quality indicators, re-admission rates and other benchmarking data that is being used in the health care industry.
- Continuing to build our culture of philanthropy. Challenge ourselves to build on the success that we have already achieved.
- Being a "learning community" for all stakeholders of Rockhill Mennonite Community. To continue a focus on team member retention, training and development, and advancing learning in retirement. Enhancing the vibrancy of all to strive toward being the best place to live and work!

Our mission statement says that we are a vibrant community providing purpose, dignity and compassion, centered in God's love. And our vision is that we enrich the lives of all served through innovation and creativity. In this New Year, it is my hope and prayer that the Rockhill community continues to strive toward this vision and the fulfillment of our mission.

Karen Lehman, President and CEO

Donor Appreciation

Thank you to the following for your kindness and generosity. Your gifts continue to contribute to the well-being of the people who live at the Community at Rockhill.

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 Zion Mennonite Church
 Wilbur Zipperlen

*Deceased

This listing acknowledges charitable contributions received between July 1, 2014 and December 31, 2015. Every effort has been made to ensure the accuracy of this list. If you wish to make a correction, please contact Juanita R. Nyce, Vice President of Organizational Advancement, at 215-257-2751, ext. 142. Thank you for your care and generosity.

The Gallery at Rockhill is excited to present...

Our gallery has showcased everything from paint on canvas, to photography, to historical artifacts. We're thrilled to announce that beginning in mid-February, we'll be featuring a form of art never before seen in our gallery – the astonishing quilts from artist Rachel Derstine.

Rachel is an award winning fiber artist living in Schwenksville, PA. At a very early age, she discovered her lifelong passion for the art of garment construction, and the world of opportunities quilting presented for color and design. Today, hand-dyed fabrics, textural couching, and free flowing machine quilting are prominent elements in her creations.

Don't miss the opportunity to see her amazing work!

THE GALLERY AT ROCKHILL PRESENTS

RACHEL DERSTINE

February 13 – April 1, 2016

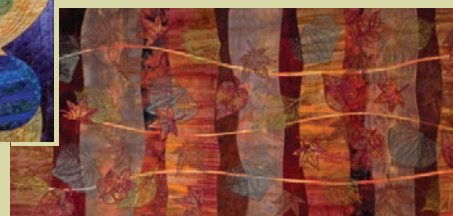
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Jeanne Meissner

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Rockhill Executive Leadership Team:

Karen Lehman, President and CEO
215-257-2751, ext. 124
klehman@communityatrockhill.org

Carol DeLancey, Vice President of Health Services
215-257-2751, ext. 175
cdelancey@communityatrockhill.org

Alisa Miller, Interim CFO
215-257-2751, ext. 123
amiller@communityatrockhill.org

Juanita Nyce, Vice President of Organizational Advancement
215-257-2751, ext. 142
jnyce@communityatrockhill.org

Kristin Thim, Vice President of Human Resources
215-257-2751, ext. 126
kthim@communityatrockhill.org

Celebrating the Giving Tree

Juanita Nyce, Vice President of Organizational Advancement

Thanks to each of you who have made a gift (or gifts) in support of the Giving Tree and the Benevolent Care Fund.

The 2015 Giving Tree was a tremendous success. We benefited from the generous support we received from residents, families, our board and executives, employees, businesses, and friends in the community. Over 240 contributions were received, exceeding the goal of 220.

Together we raised \$41,050, exceeding our \$25,000 goal! The funds raised will provide immediate support for residents who have outlived their resources through no fault of their own.

The Giving Tree advocate taskforce gave countless hours of service. We're grateful to these individuals who contributed their time, effort, and donations:

Edna Bergman

Marian and Ralph Bleiler

Kerry Furiga

Fred Geib

Stan Hagberg

Kathryn B. Landis

Isabel Lehman

Alice McCauley

Peg Morrow

Jeanette Webster

Paul Witter

Louise Wolfgang

Helen Zartman



Ron Hertzler, Chair of the Rockhill Board, opened the dedication of the Giving Tree.

Congratulations, Rockhill, on your 80th anniversary! Univest values our long-time relationship and enjoyed celebrating this milestone with you during your recent anniversary events. Both of our organizations have a rich local history and remain committed to strengthening our community and serving others. In that spirit of serving others, we wanted to take this opportunity to share some helpful information with your residents on elder financial abuse.

The stats are shocking – one in every five Americans age 65 or older has been abused financially, according to a 2010 survey by the Investor Protection Trust, a financial-education organization. According to Metropolitan Life Insurance Co., financial abuse cost older Americans at least \$2.9 billion in 2010! There are several types of schemes out there including intimidation, power of attorney, home repair fraud, home loan fraud, identity theft and phishing, sweetheart scams, and lottery/marketing fraud, to name a few.

One common scam is done via the telephone. Scammers trick the elderly by calling from an 876 number which is a Jamaican area code, but is easily confused with a toll-free number. As soon as the victim answers the phone they are congratulated for winning the Jamaican lottery, but are directed to pay the tax money first. The money is requested through a wire from Western Union, Green Dot Card or in a creative way such as putting \$100 bills in each page of a magazine.

Don't let yourself become a victim. Here are some simple tips to prevent phone scams:

- Don't pay any money to collect supposed sweepstakes winnings
- Never wire money to anyone with whom you are not familiar
- Don't provide anyone with personal information such as bank account, pin numbers or Social Security numbers
- Report a phone scam to your local authorities

As the population of older adults continues to grow, the risk for the financial exploitation of this group is also on the rise. Be sure to take particular care to educate and protect yourself.

If you would like to speak to a Univest representative for additional information on this topic or are looking for other financial guidance, please contact our offices at 888-723-5571.



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We are a vibrant community providing purpose, dignity, and compassion, centered in God's love.



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THE COMMUNITY AT ROCKHILL

3250 STATE ROAD

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The Community at Rockhill
3250 State Road • Sellersville, PA 18960
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“I should **have done this by now!**”



One of the many things that make Rockhill so special is the variety of personalities and rich histories that make up our community. But one thing that so many have in common? They wonder why they didn't join us sooner!

Isn't it time you made the move
to worry-free living?

We have models ready to show right now. For details and to schedule your personalized tour, call Cathy at 215-257-2751, ext. 211.

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